



VI BIEG PRZEŁAJOWY MARYNARSKA DYCHA - 10 KM

B4SPORT

Wydarzenie:
Organizator:

VI BIEG PRZEŁAJOWY MARYNARSKA DYCHA
CENTRUM SZKOLENIA MARYNARKI WOJENNEJ
(CSMW)

Data:
Miejsce:
Dystans:

2021-09-26
Ustka
10 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8km	Różn	Tempo min/km	Tempo km/h
1	JEFIMCZYK Norbert	26	1 BATALION ZMECHANIZOWANY	M18-29	1	00:36:03.25		4:30	13.3 (100%)
2	HAJDUKIEWICZ Rafał	23	12 WBOT	M30-39	1	00:37:18.20	+00:01:14 (3.3%)	4:39	12.9 (97.0%)
3	BOKACZ Piotr	5		M30-39	2	00:39:02.70	+00:02:59 (7.7%)	4:52	12.3 (92.5%)
4	ŚWIĘCICKI Arkadiusz	98	KSZTAŁTOMANIA	M40-49	1	00:43:24.45	+00:07:21 (16.9%)	5:25	11.1 (83.5%)
5	WEGNER Przemysław	103	MOWI	M40-49	2	00:43:59.55	+00:07:56 (18.0%)	5:29	10.9 (82.0%)
6	STEC Jakub	114	BEST BEASTS	M30-39	3	00:45:36.55	+00:09:33 (20.9%)	5:42	10.5 (78.9%)
7	GUZIK Piotr	21	USB USTKA	M18-29	2	00:45:50.50	+00:09:47 (21.4%)	5:43	10.5 (78.9%)
8	ANDRYSKOWSKI Zdzisław	112	KOLARZ POL	M50-59	1	00:46:06.35	+00:10:03 (21.8%)	5:45	10.4 (78.2%)
9	KOCZOROWSKI Paweł	34	W.P.K. SŁOŃ TEAM USTKA	M40-49	3	00:46:41.10	+00:10:37 (22.8%)	5:50	10.3 (77.4%)
10	UROWSKI Wojciech	102	TRI TUR CHOJNICE	M40-49	4	00:46:41.70	+00:10:38 (22.8%)	5:50	10.3 (77.4%)
11	DREWNIAK Tomasz	14		M40-49	5	00:47:18.10	+00:11:14 (23.8%)	5:54	10.1 (75.9%)
12	KAMIŃSKI Marcin	31		M40-49	6	00:47:24.30	+00:11:21 (23.9%)	5:55	10.1 (75.9%)
13	PĘKAŁA Piotr	72	SP MANOWO/SOSW KOSZALIN	M50-59	2	00:47:24.75	+00:11:21 (24.0%)	5:55	10.1 (75.9%)
14	WIELGAT Łukasz	104	KB BRYZA POSTOMINO	M30-39	4	00:47:59.30	+00:11:56 (24.9%)	5:59	10 (75.2%)
15	KOLIŃSKI Krzysztof	35		M40-49	7	00:48:14.85	+00:12:11 (25.3%)	6:01	10 (75.2%)
16	ŚWIDERSKI Michał	96		M18-29	3	00:48:41.20	+00:12:37 (25.9%)	6:05	9.9 (74.4%)
17	KAMIŃSKI Radosław	29	12 WBOT	M30-39	5	00:49:07.85	+00:13:04 (26.6%)	6:08	9.8 (73.7%)
18	FIJĄŁKA Ryszard	18		M50-59	3	00:49:28.00	+00:13:24 (27.1%)	6:11	9.7 (72.9%)
19	WŁAŚNIAK Łukasz	106		M30-39	6	00:49:32.05	+00:13:28 (27.2%)	6:11	9.7 (72.9%)
20	NOWAK Paweł	65	BALTIC SEALS	M18-29	4	00:50:02.65	+00:13:59 (28.0%)	6:15	9.6 (72.2%)
21	GRZECHULSKI Piotr	20	MORSKA JEDNOSTKA RAKIETOWA	M40-49	8	00:50:46.50	+00:14:43 (29.0%)	6:20	9.5 (71.4%)
22	TOMCZAK Dominik	100	MORSKA JEDNOSTKA RAKIETOWA	M50-59	4	00:50:59.40	+00:14:56 (29.3%)	6:22	9.4 (70.7%)
23	SZYSZKO Stanisław	95	12 WIELKOPOLSKA BRYGADA OBRONY TERYTORIALNEJ	M30-39	7	00:51:03.75	+00:15:00 (29.4%)	6:22	9.4 (70.7%)
24	WILCZOPOLSKI Ernest	105		M18-29	5	00:51:09.10	+00:15:05 (29.5%)	6:23	9.4 (70.7%)
25	GRÓDECKI Krzysztof	19	21BLT	M30-39	8	00:51:49.35	+00:15:46 (30.4%)	6:28	9.3 (69.9%)
26	KWAŚNIAK Zdzisław	51	PRO DYSTANS	M60+	1	00:51:51.15	+00:15:47 (30.5%)	6:28	9.3 (69.9%)
27	SKOMOROWSKI Michał	88	MOWI RUNNING TEAM	M30-39	9	00:52:04.00	+00:16:00 (30.8%)	6:30	9.2 (69.2%)

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28	KAMIŃSKI Marcin	30		M30-39	10	00:52:12.50	+00:16:09 (30.9%)	6:31	9.2 (69.2%)
29	BLUMA Tomasz	4		M30-39	11	00:52:30.45	+00:16:27 (31.3%)	6:33	9.1 (68.4%)
30	ZIELONKA Mateusz	108	BALTIC SEALS/ 7BOW	M30-39	12	00:53:16.10	+00:17:12 (32.3%)	6:39	9 (67.7%)
31	PIŁAT Paweł	74	BEST BEASTS	M30-39	13	00:53:48.70	+00:17:45 (33.0%)	6:43	8.9 (66.9%)
32	SZAJERKA Krzysztof	93		M50-59	5	00:54:49.35	+00:18:46 (34.2%)	6:51	8.8 (66.2%)
33	KOZIOŁ Krzysztof	41	MORS TEAM LĘBORK	M40-49	9	00:55:47.75	+00:19:44 (35.4%)	6:58	8.6 (64.7%)
34	KOSIEDOWSKI Sebastian	39	USB USTKA	M40-49	10	00:55:54.55	+00:19:51 (35.5%)	6:59	8.6 (64.7%)
35	CIESZYŃSKI Łukasz	9		M30-39	14	00:56:40.65	+00:20:37 (36.4%)	7:05	8.5 (63.9%)
36	KONWIŃSKI Michał	38	MORSKA JEDNOSTKA RAKIETOWA	M18-29	6	00:56:42.45	+00:20:39 (36.4%)	7:05	8.5 (63.9%)
37	HAŁAS Piotr	24		M30-39	15	00:58:13.75	+00:22:10 (38.1%)	7:16	8.2 (61.7%)
38	RZYMYSZKIEWICZ-FIJAŁKA Miłosz	86		M18-29	7	00:58:50.90	+00:22:47 (38.7%)	7:21	8.2 (61.7%)
39	KRUKOWSKI Łukasz	43		M30-39	16	00:59:04.55	+00:23:01 (39.0%)	7:23	8.1 (60.9%)
40	RUSZKOWSKI Arkadiusz	85	MORS TEAM LĘBORK	M30-39	17	00:59:10.35	+00:23:07 (39.1%)	7:23	8.1 (60.9%)
41	ŚWIDERSKI Łukasz	97		M30-39	18	00:59:12.55	+00:23:09 (39.1%)	7:24	8.1 (60.9%)
42	KRUKOWSKI Tadeusz	42		M60+	2	00:59:27.95	+00:23:24 (39.4%)	7:25	8.1 (60.9%)
43	TÓRZ Andrzej	101	USTKA	M60+	3	00:59:45.10	+00:23:41 (39.7%)	7:28	8 (60.2%)
44	MUSZYŃSKI Marcel	60	12 WBOT 125BLP LESZNO	M18-29	8	01:00:14.65	+00:24:11 (40.2%)	7:31	8 (60.2%)
45	KUREK Adrian	47		M40-49	11	01:00:25.45	+00:24:22 (40.3%)	7:33	7.9 (59.4%)
46	KANIA Brajan	32	-	M18-29	9	01:00:45.05	+00:24:41 (40.7%)	7:35	7.9 (59.4%)
47	ZAGRODZKI Ireneusz	107	KB TUPOT USTKA	M60+	4	01:01:05.55	+00:25:02 (41.0%)	7:38	7.9 (59.4%)
48	BATIUK Rafał	3		M40-49	12	01:01:35.70	+00:25:32 (41.5%)	7:41	7.8 (58.6%)
49	BAŁUCH Paweł	2		M30-39	19	01:01:49.15	+00:25:45 (41.7%)	7:43	7.8 (58.6%)
50	NIWIŃSKI Grzegorz	62	K.B. TUPOT USTKA	M60+	5	01:01:58.15	+00:25:54 (41.8%)	7:44	7.7 (57.9%)
51	OLEKSY Andrzej	68	SAM SOBIE BIEGAM	M60+	6	01:02:55.00	+00:26:51 (42.7%)	7:51	7.6 (57.1%)
52	DOBOSZ Romuald	12	'TUPOT'USTKA	M60+	7	01:03:45.75	+00:27:42 (43.5%)	7:58	7.5 (56.4%)
53	NOWACKI Marek	63	CS MW USTKA	M40-49	13	01:05:49.60	+00:29:46 (45.2%)	8:13	7.3 (54.9%)
54	POKORNY Edward	79	TUPOT USTKA	M60+	8	01:09:07.25	+00:33:04 (47.8%)	8:38	6.9 (51.9%)
55	MARCZAK Andrzej	56	W.P.K SŁOŃ TEAM USTKA	M60+	9	01:12:04.95	+00:36:01 (50.0%)	9:00	6.7 (50.4%)

Znaleziono 55 wynik(ów)