



**Wydarzenie:**  
**Organizator:**

**Data:**  
**Miejsce:**  
**Dystans:**

**VI Bieg Rybaka**  
Stowarzyszenie Sportowe Grupa Biegowa  
Rundorfina, Gmina Czaplinek  
2023-09-23  
Czaplinek  
10 km

## VI BIEG RYBAKA - 10 KM

B4SPORT



Klasyfikacja: K-Czaplinek

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>BOREK Monika</b>	<b>20</b>		K40-49	1	00:21:46	<b>00:44:13.40</b>		4:25	13.6 (100%)
2	<b>CYGAN Małgorzata</b>	<b>31</b>		K30-39	1	00:22:03	<b>00:44:50.70</b>	+00:00:37 (1.4%)	4:29	13.4 (98.5%)
3	<b>WASIŃSKA Weronika</b>	<b>173</b>		K18-29	1	00:22:57	<b>00:47:03.99</b>	+00:02:50 (6.0%)	4:42	12.8 (94.1%)
4	<b>STORCZYK-RAK Agnieszka</b>	<b>152</b>		K30-39	2	00:23:33	<b>00:47:32.64</b>	+00:03:19 (7.0%)	4:45	12.6 (92.6%)
5	<b>SIELATYCKA Olga</b>	<b>147</b>	EL TORO DE ORO	K40-49	2	00:23:57	<b>00:48:41.67</b>	+00:04:28 (9.2%)	4:52	12.3 (90.4%)
6	<b>MASIALSKA Anna</b>	<b>114</b>		K40-49	3	00:24:03	<b>00:49:05.89</b>	+00:04:52 (9.9%)	4:54	12.2 (89.7%)
7	<b>KUROWSKA Olga</b>	<b>194</b>	SHELTIES RACE	K40-49	4	00:25:26	<b>00:50:41.12</b>	+00:06:27 (12.7%)	5:04	11.8 (86.8%)
8	<b>FEDOROWIAT-NOWACKA Małgorzata</b>	<b>38</b>	EL TORO DE ORO	K50-59	1	00:25:34	<b>00:52:11.75</b>	+00:07:58 (15.3%)	5:13	11.5 (84.6%)
9	<b>MAKUCH Katarzyna</b>	<b>105</b>	EL TORO DE ORO	K40-49	5	00:25:34	<b>00:52:12.46</b>	+00:07:59 (15.3%)	5:13	11.5 (84.6%)
10	<b>WOJCIECHOWSKA Wanda</b>	<b>181</b>		K50-59	2	00:25:40	<b>00:52:17.73</b>	+00:08:04 (15.4%)	5:13	11.5 (84.6%)
11	<b>LEWANDOWSKA Julia</b>	<b>323</b>		K18-29	2	00:25:30	<b>00:53:56.89</b>	+00:09:43 (18.0%)	5:23	11.1 (81.6%)
12	<b>KOZAK Marta</b>	<b>85</b>		K40-49	6	00:27:03	<b>00:54:55.35</b>	+00:10:41 (19.5%)	5:29	10.9 (80.1%)
13	<b>BARTON Krystyna</b>	<b>5</b>	PRZECHLEWO	K60-69	1	00:27:00	<b>00:55:14.28</b>	+00:11:00 (19.9%)	5:31	10.9 (80.1%)
14	<b>NATKANIEC Wiesława</b>	<b>122</b>		K50-59	3	00:27:53	<b>00:57:24.07</b>	+00:13:10 (23.0%)	5:44	10.5 (77.2%)
15	<b>BUJNOWSKA Karolina</b>	<b>25</b>		K40-49	7	00:27:48	<b>00:57:24.50</b>	+00:13:11 (23.0%)	5:44	10.5 (77.2%)
16	<b>HEJŁASZ Katarzyna</b>	<b>57</b>		K40-49	8	00:27:55	<b>00:57:50.76</b>	+00:13:37 (23.5%)	5:47	10.4 (76.5%)
17	<b>KLEJDA Agnieszka</b>	<b>77</b>	BIEGACZE JÓZEFA NOJI	K30-39	3	00:28:54	<b>00:59:21.61</b>	+00:15:08 (25.5%)	5:56	10.1 (74.3%)
18	<b>LASOTA Irena</b>	<b>198</b>		K70+	1	00:29:47	<b>00:59:35.81</b>	+00:15:22 (25.8%)	5:57	10.1 (74.3%)
19	<b>FRYDRYCHOWICZ Lilianna</b>	<b>40</b>	SENIORKA	K60-69	2	00:30:36	<b>01:02:47.46</b>	+00:18:34 (29.6%)	6:16	9.6 (70.6%)
20	<b>WORONA Agnieszka</b>	<b>184</b>		K40-49	9	00:31:22	<b>01:03:50.46</b>	+00:19:37 (30.7%)	6:23	9.4 (69.1%)

Znaleziono 20 wynik(ów)