



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

VI Bieg Rybaka
Stowarzyszenie Sportowe Grupa Biegowa
Rundorfina, Gmina Czaplinek
2023-09-23
Czaplinek
10 km

VI BIEG RYBAKA - 10 KM

B4SPORT



Klasyfikacja: K-Czaplinek

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	BOREK Monika	20		K40-49	1	00:21:46	00:44:13.40		4:25	13.6 (100%)
2	CYGAN Małgorzata	31		K30-39	1	00:22:03	00:44:50.70	+00:00:37 (1.4%)	4:29	13.4 (98.5%)
3	WASIŃSKA Weronika	173		K18-29	1	00:22:57	00:47:03.99	+00:02:50 (6.0%)	4:42	12.8 (94.1%)
4	STORCZYK-RAK Agnieszka	152		K30-39	2	00:23:33	00:47:32.64	+00:03:19 (7.0%)	4:45	12.6 (92.6%)
5	SIELATYCKA Olga	147	EL TORO DE ORO	K40-49	2	00:23:57	00:48:41.67	+00:04:28 (9.2%)	4:52	12.3 (90.4%)
6	MASIALSKA Anna	114		K40-49	3	00:24:03	00:49:05.89	+00:04:52 (9.9%)	4:54	12.2 (89.7%)
7	KUROWSKA Olga	194	SHELTIES RACE	K40-49	4	00:25:26	00:50:41.12	+00:06:27 (12.7%)	5:04	11.8 (86.8%)
8	FEDOROWIAT-NOWACKA Małgorzata	38	EL TORO DE ORO	K50-59	1	00:25:34	00:52:11.75	+00:07:58 (15.3%)	5:13	11.5 (84.6%)
9	MAKUCH Katarzyna	105	EL TORO DE ORO	K40-49	5	00:25:34	00:52:12.46	+00:07:59 (15.3%)	5:13	11.5 (84.6%)
10	WOJCIECHOWSKA Wanda	181		K50-59	2	00:25:40	00:52:17.73	+00:08:04 (15.4%)	5:13	11.5 (84.6%)
11	LEWANDOWSKA Julia	323		K18-29	2	00:25:30	00:53:56.89	+00:09:43 (18.0%)	5:23	11.1 (81.6%)
12	KOZAK Marta	85		K40-49	6	00:27:03	00:54:55.35	+00:10:41 (19.5%)	5:29	10.9 (80.1%)
13	BARTON Krystyna	5	PRZECHLEWO	K60-69	1	00:27:00	00:55:14.28	+00:11:00 (19.9%)	5:31	10.9 (80.1%)
14	NATKANIEC Wiesława	122		K50-59	3	00:27:53	00:57:24.07	+00:13:10 (23.0%)	5:44	10.5 (77.2%)
15	BUJNOWSKA Karolina	25		K40-49	7	00:27:48	00:57:24.50	+00:13:11 (23.0%)	5:44	10.5 (77.2%)
16	HEJŁASZ Katarzyna	57		K40-49	8	00:27:55	00:57:50.76	+00:13:37 (23.5%)	5:47	10.4 (76.5%)
17	KLEJDA Agnieszka	77	BIEGACZE JÓZEFA NOJI	K30-39	3	00:28:54	00:59:21.61	+00:15:08 (25.5%)	5:56	10.1 (74.3%)
18	LASOTA Irena	198		K70+	1	00:29:47	00:59:35.81	+00:15:22 (25.8%)	5:57	10.1 (74.3%)
19	FRYDRYCHOWICZ Lilianna	40	SENIORKA	K60-69	2	00:30:36	01:02:47.46	+00:18:34 (29.6%)	6:16	9.6 (70.6%)
20	WORONA Agnieszka	184		K40-49	9	00:31:22	01:03:50.46	+00:19:37 (30.7%)	6:23	9.4 (69.1%)

Znaleziono 20 wynik(ów)