



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

VI Bieg Rybaka
Stowarzyszenie Sportowe Grupa Biegowa
Rundorfina, Gmina Czaplinek
2023-09-23
Czaplinek
5 km

VI BIEG RYBAKA - 5 KM

B4SPORT



Klasyfikacja: M-Czaplinek

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WOJTONISZAK Łukasz	183		M30-39	1	00:18:12.28		3:38	16.5 (100%)
2	WARDOCH Rafał	361	TEAM TERMINATOR	M18-29	1	00:18:14.03	+00:00:01 (0.2%)	3:38	16.5 (100%)
3	CHMIELEWSKI Tomasz	29	VO2MAX RACING TEAM	M40-49	1	00:18:20.00	+00:00:07 (0.7%)	3:40	16.4 (99.4%)
4	KASIELSKI Rafał	363	TEAM TERMINATOR	M18-29	2	00:18:40.00	+00:00:27 (2.5%)	3:44	16.1 (97.6%)
5	TOMKOWSKI Przemysław	169	CHRYSTUS KRÓLEM	M30-39	2	00:18:47.96	+00:00:35 (3.2%)	3:45	16 (97.0%)
6	ORGANKA Marcin	129	TRUCHT ŁOBEZ	M40-49	2	00:18:53.81	+00:00:41 (3.7%)	3:46	15.9 (96.4%)
7	BŁASZCZYK Piotr	13		M40-49	3	00:19:28.97	+00:01:16 (6.6%)	3:53	15.4 (93.3%)
8	SZLAPAK Krzysztof	163	GRUPA BIEGOWA MAŻ I ŻONA	M50-59	1	00:20:14.75	+00:02:02 (10.1%)	4:02	14.8 (89.7%)
9	MINCEWICZ Piotr	119	TEAMTERMINATORUN	M40-49	4	00:20:21.28	+00:02:08 (10.6%)	4:04	14.7 (89.1%)
10	ZIELIŃSKI Piotr	366	TERMINATOR	M40-49	5	00:20:22.56	+00:02:10 (10.7%)	4:04	14.7 (89.1%)
11	LIPIŃSKI Sebastian	98		M30-39	3	00:20:32.81	+00:02:20 (11.4%)	4:06	14.6 (88.5%)
12	RYNDAK Mariusz	143		M60-69	1	00:20:35.34	+00:02:23 (11.6%)	4:07	14.6 (88.5%)
13	CIASTOŃ Tomasz	200		M40-49	6	00:21:00.28	+00:02:47 (13.3%)	4:12	14.3 (86.7%)
14	OLKOWSKI Tomasz	128		M30-39	4	00:21:18.65	+00:03:06 (14.6%)	4:15	14.1 (85.5%)
15	DEMSKI Tomasz	35	TEAM TERMINATORUN	M30-39	5	00:21:33.57	+00:03:21 (15.6%)	4:18	13.9 (84.2%)
16	KATRYCZ Zbigniew	71	STOWARZYSZENIE NASZA ŚWIERCZYNA	M60-69	2	00:21:41.53	+00:03:29 (16.1%)	4:20	13.8 (83.6%)
17	GRACZYK Albert	48		M18-29	3	00:21:42.00	+00:03:29 (16.1%)	4:20	13.8 (83.6%)
18	OGONOWSKI Marek	127	BOJOWI AMATORZY	M50-59	2	00:21:50.75	+00:03:38 (16.7%)	4:22	13.7 (83.0%)
19	BENECKI Krzysztof	7		M40-49	7	00:21:52.94	+00:03:40 (16.8%)	4:22	13.7 (83.0%)
20	ZAWORA Wiesław	189	TEAM TERMINATORUN	M50-59	3	00:22:29.60	+00:04:17 (19.1%)	4:29	13.3 (80.6%)
21	BARANOWSKI Łukasz	4	EL TORO DE ORO	M30-39	6	00:22:45.69	+00:04:33 (20.0%)	4:33	13.2 (80.0%)
22	SZCZUKOCKI Marcin	364		M18-29	4	00:22:48.03	+00:04:35 (20.2%)	4:33	13.2 (80.0%)
23	OSTROWSKI Marian	337		M60-69	3	00:22:52.09	+00:04:39 (20.4%)	4:34	13.1 (79.4%)
24	KOZIARZ Mirosław	86		M50-59	4	00:22:54.17	+00:04:41 (20.5%)	4:34	13.1 (79.4%)
25	ANTONIAK Krzysztof	1	BOJOWI AMATORZY	M40-49	8	00:23:11.94	+00:04:59 (21.5%)	4:38	12.9 (78.2%)
26	SZCZEPANIK Wojciech	161	TEAM TERMINATORUN	M40-49	9	00:23:31.34	+00:05:19 (22.6%)	4:42	12.8 (77.6%)
27	RUDZIŃSKI Józef	141		M60-69	4	00:23:42.11	+00:05:29 (23.2%)	4:44	12.7 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	SYDONOWICZ Łukasz	158		M18-29	5	00:23:52.34	+00:05:40 (23.7%)	4:46	12.6 (76.4%)
29	KILIJĄŃSKI Andrzej	75	BOJOWI AMATORZY	M40-49	10	00:23:56.16	+00:05:43 (23.9%)	4:47	12.5 (75.8%)
30	GRZYB Stanisław	52		M50-59	5	00:23:59.12	+00:05:46 (24.1%)	4:47	12.5 (75.8%)
31	GEMBIAK Tomasz	355		M30-39	7	00:24:04.79	+00:05:52 (24.4%)	4:48	12.5 (75.8%)
32	POLACZEK Jakub	136	TEAMTERMINATORUN	M15-17	1	00:24:40.25	+00:06:27 (26.2%)	4:56	12.2 (73.9%)
33	ZIMNICKI Tomasz	191		M30-39	8	00:24:58.71	+00:06:46 (27.1%)	4:59	12 (72.7%)
34	BIERNAT Tomek	11	EL TORO DE ORO	M40-49	11	00:24:59.52	+00:06:47 (27.2%)	4:59	12 (72.7%)
35	HAMULAK Dariusz	55	BIAŁOGARD BIEGA	M50-59	6	00:25:01.96	+00:06:49 (27.3%)	5:00	12 (72.7%)
36	JASIK Andrzej	317		M30-39	9	00:25:12.38	+00:07:00 (27.8%)	5:02	11.9 (72.1%)
37	GZUBICKI Piotr	54	EL TORO DE ORO	M40-49	12	00:25:56.40	+00:07:44 (29.8%)	5:11	11.6 (70.3%)
38	ŁUCZEJKO Sławomir	100		M50-59	7	00:26:11.51	+00:07:59 (30.5%)	5:14	11.5 (69.7%)
39	KALINA Karol	68		M30-39	10	00:26:18.30	+00:08:06 (30.8%)	5:15	11.4 (69.1%)
40	KACZOR Sławomir	67		M40-49	13	00:26:31.40	+00:08:19 (31.4%)	5:18	11.3 (68.5%)
41	BUTOWICZ Adam	26		M60-69	5	00:26:46.51	+00:08:34 (32.0%)	5:21	11.2 (67.9%)
42	HAKKA Arkadiusz	342		M40-49	14	00:26:59.44	+00:08:47 (32.6%)	5:23	11.1 (67.3%)
43	BUZAŁA Walenty	27	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M60-69	6	00:27:31.34	+00:09:19 (33.9%)	5:30	10.9 (66.1%)
44	SZCZECHOWSKI Sebastian	160	TERMINATORUN	M40-49	15	00:27:37.34	+00:09:25 (34.1%)	5:31	10.9 (66.1%)
45	MACIEJEWSKI Andrzej	102		M50-59	8	00:28:00.52	+00:09:48 (35.0%)	5:36	10.7 (64.8%)
46	SŁOMKA Maciej	149	STOWARZYSZENIE NASZA ŚWIERCZYNA	M50-59	9	00:28:17.38	+00:10:05 (35.6%)	5:39	10.6 (64.2%)
47	WITEK Staszek	179		M60-69	7	00:28:17.46	+00:10:05 (35.7%)	5:39	10.6 (64.2%)
48	KRUŻYŃSKI Mariusz	89	MARIO	M30-39	11	00:28:29.12	+00:10:16 (36.1%)	5:41	10.5 (63.6%)
49	WAŚNIEWSKI Arek	174	RUNDORFINA	M50-59	10	00:28:51.91	+00:10:39 (36.9%)	5:46	10.4 (63.0%)
50	CHOJNACKI Krzysztof	330		M40-49	16	00:29:57.78	+00:11:45 (39.2%)	5:59	10 (60.6%)
51	GRAJEK Grzegorz	49	WOLF TEAM	M30-39	12	00:33:01.59	+00:14:49 (44.9%)	6:36	9.1 (55.2%)
52	WROBLEWSKI Jerzy	185	PARKRUN	M60-69	8	00:35:05.06	+00:16:52 (48.1%)	7:01	8.6 (52.1%)
53	HRYNIEWICZ Rafał	325		M40-49	17	00:35:17.98	+00:17:05 (48.4%)	7:03	8.5 (51.5%)

Znaleziono 53 wynik(ów)