



**Wydarzenie:**  
**Organizator:**

**Data:**  
**Miejsce:**  
**Dystans:**

**VI Bieg Rybaka**  
Stowarzyszenie Sportowe Grupa Biegowa  
Runderfina, Gmina Czaplinek  
2023-09-23  
Czaplinek  
5 km

## VI BIEG RYBAKA - NW 5 KM

B4SPORT



Klasyfikacja: K-Czaplinek

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>WOJTCZAK Urszula</b>	<b>182</b>	CZAPELKI	K40-49	1	<b>00:33:39.28</b>		6:43	8.9 (100%)
2	<b>NIEDŹWIEDŹ Ewa</b>	<b>123</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K60-69	1	<b>00:37:42.75</b>	+00:04:03 (10.8%)	7:32	8 (89.9%)
3	<b>PODGÓRSKA Agata</b>	<b>135</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K40-49	2	<b>00:38:18.40</b>	+00:04:39 (12.1%)	7:39	7.8 (87.6%)
4	<b>JAROSZEWICZ Joanna</b>	<b>63</b>		K40-49	3	<b>00:38:21.65</b>	+00:04:42 (12.3%)	7:40	7.8 (87.6%)
5	<b>RUTA Grażyna</b>	<b>142</b>	CHODZĘ BO LUBIĘ	K60-69	2	<b>00:38:28.51</b>	+00:04:49 (12.5%)	7:41	7.8 (87.6%)
6	<b>MAŁYSZEWICZ Teresa</b>	<b>110</b>		K50-59	1	<b>00:39:43.45</b>	+00:06:04 (15.3%)	7:56	7.6 (85.4%)
7	<b>SZYLAK Katarzyna</b>	<b>164</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K40-49	4	<b>00:39:59.23</b>	+00:06:19 (15.8%)	7:59	7.5 (84.3%)
8	<b>HRYBOWICZ Joanna</b>	<b>59</b>	RUNDORFINA	K40-49	5	<b>00:40:23.13</b>	+00:06:43 (16.7%)	8:04	7.4 (83.1%)
9	<b>WITCZAK Dorota</b>	<b>178</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K50-59	2	<b>00:40:28.27</b>	+00:06:48 (16.8%)	8:05	7.4 (83.1%)
10	<b>FURMAN Bożenka</b>	<b>41</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	6	<b>00:40:45.89</b>	+00:07:06 (17.4%)	8:09	7.4 (83.1%)
11	<b>KIELING Anna</b>	<b>73</b>	GULKS BARWICE	K60-69	3	<b>00:40:52.21</b>	+00:07:12 (17.7%)	8:10	7.3 (82.0%)
12	<b>DOMAŃSKA Bogumiła</b>	<b>37</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K50-59	3	<b>00:40:55.61</b>	+00:07:16 (17.8%)	8:11	7.3 (82.0%)
13	<b>SKOWROŃSKA - ŁOPIŃSKA Genowefa</b>	<b>148</b>	FABRYKA NORDICA TRZCIANKA	K70+	1	<b>00:41:04.03</b>	+00:07:24 (18.0%)	8:12	7.3 (82.0%)
14	<b>MAĆKOWSKA Anna</b>	<b>103</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	7	<b>00:42:11.30</b>	+00:08:32 (20.2%)	8:26	7.1 (79.8%)
15	<b>ILCZYSZYN Magdalena</b>	<b>60</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	8	<b>00:42:29.50</b>	+00:08:50 (20.8%)	8:29	7.1 (79.8%)
16	<b>HAMULAK Jolanta</b>	<b>56</b>		K50-59	4	<b>00:42:37.42</b>	+00:08:58 (21.0%)	8:31	7 (78.7%)
17	<b>KOZIARZ Joanna</b>	<b>87</b>		K50-59	5	<b>00:43:26.89</b>	+00:09:47 (22.5%)	8:41	6.9 (77.5%)
18	<b>KILJAŃSKA Ewa</b>	<b>74</b>		K30-39	1	<b>00:43:29.25</b>	+00:09:49 (22.6%)	8:41	6.9 (77.5%)
19	<b>KORZENIOWSKA Karolina</b>	<b>82</b>		K30-39	2	<b>00:43:39.93</b>	+00:10:00 (22.9%)	8:43	6.9 (77.5%)
20	<b>ŚLEDŹ Magdalena</b>	<b>167</b>		K30-39	3	<b>00:43:43.94</b>	+00:10:04 (23.0%)	8:44	6.9 (77.5%)
21	<b>MARCINKIEWICZ Sylwia</b>	<b>113</b>		K40-49	9	<b>00:43:50.58</b>	+00:10:11 (23.2%)	8:46	6.8 (76.4%)
22	<b>PIETRZYK Danuta</b>	<b>132</b>	LILLSPORT	K40-49	10	<b>00:44:06.66</b>	+00:10:27 (23.7%)	8:49	6.8 (76.4%)
23	<b>BIADON Agnieszka</b>	<b>8</b>	LILLSPORT	K40-49	11	<b>00:44:07.15</b>	+00:10:27 (23.7%)	8:49	6.8 (76.4%)
24	<b>BIĄLKOWSKA Beata</b>	<b>397</b>		K40-49	12	<b>00:44:29.83</b>	+00:10:50 (24.4%)	8:53	6.7 (75.3%)
25	<b>CZEREPIAK Dorota</b>	<b>32</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K30-39	4	<b>00:45:00.42</b>	+00:11:21 (25.2%)	9:00	6.7 (75.3%)
26	<b>BOJCZUK Monika</b>	<b>14</b>		K40-49	13	<b>00:45:16.78</b>	+00:11:37 (25.7%)	9:03	6.6 (74.2%)
27	<b>PAJOR Romualda</b>	<b>130</b>	STOWARZYSZENIE NASZA ŚWIERCZYNA	K60-69	4	<b>00:45:31.67</b>	+00:11:52 (26.1%)	9:06	6.6 (74.2%)

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28	<b>DERKACZ Renata</b>	<b>36</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	14	<b>00:45:33.62</b>	+00:11:54 (26.1%)	9:06	6.6 (74.2%)
29	<b>KANECKA Beata</b>	<b>69</b>	WŁÓCZYKIJE US WAŁCZ	K50-59	6	<b>00:46:21.47</b>	+00:12:42 (27.4%)	9:16	6.5 (73.0%)
30	<b>ROMANÓW Małgorzata</b>	<b>140</b>		K50-59	7	<b>00:47:09.76</b>	+00:13:30 (28.6%)	9:25	6.4 (71.9%)
31	<b>ZAKRZEWSKA(JAŃCZAK) Krystyna</b>	<b>187</b>		K50-59	8	<b>00:47:09.99</b>	+00:13:30 (28.6%)	9:25	6.4 (71.9%)
32	<b>DĄBROWSKA Katarzyna</b>	<b>34</b>	RUNDORFINA	K40-49	15	<b>00:47:10.42</b>	+00:13:31 (28.7%)	9:26	6.4 (71.9%)
33	<b>LEWANDOWSKA Katarzyna</b>	<b>97</b>		K40-49	16	<b>00:49:15.02</b>	+00:15:35 (31.7%)	9:51	6.1 (68.5%)
34	<b>MROCZKO-SZYMAŃSKA Joanna</b>	<b>349</b>		K40-49	17	<b>00:52:45.55</b>	+00:19:06 (36.2%)	10:33	5.7 (64.0%)
35	<b>BÓRKOWSKA Małgorzata</b>	<b>354</b>		K60-69	5	<b>00:52:45.65</b>	+00:19:06 (36.2%)	10:33	5.7 (64.0%)
36	<b>GAJEWSKA Krystyna</b>	<b>42</b>		K60-69	6	<b>01:00:54.00</b>	+00:27:14 (44.7%)	12:10	4.9 (55.1%)
37	<b>JĘDRZEJSKA Ewa</b>	<b>65</b>		K60-69	7	<b>01:02:39.53</b>	+00:29:00 (46.3%)	12:31	4.8 (53.9%)
38	<b>JAWDYŃSKA Teresa</b>	<b>64</b>		K70+	2	<b>01:13:42.19</b>	+00:40:02 (54.3%)	14:44	4.1 (46.1%)

Znaleziono 38 wynik(ów)