



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

VI Bieg Rybaka
Stowarzyszenie Sportowe Grupa Biegowa
Runderfina, Gmina Czaplinek
2023-09-23
Czaplinek
5 km

VI BIEG RYBAKA - NW 5 KM

B4SPORT



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WOJTCZAK Urszula	182	CZAPELKI	K40-49	1	00:33:39.28		6:43	8.9 (100%)
2	NIEDŹWIEDŹ Ewa	123	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K60-69	1	00:37:42.75	+00:04:03 (10.8%)	7:32	8 (89.9%)
3	PODGÓRSKA Agata	135	KLUB SPORTOWY HUSARIA SZCZECINEK	K40-49	2	00:38:18.40	+00:04:39 (12.1%)	7:39	7.8 (87.6%)
4	JAROSZEWICZ Joanna	63		K40-49	3	00:38:21.65	+00:04:42 (12.3%)	7:40	7.8 (87.6%)
5	RUTA Grażyna	142	CHODZĘ BO LUBIĘ	K60-69	2	00:38:28.51	+00:04:49 (12.5%)	7:41	7.8 (87.6%)
6	MAŁYSZEWICZ Teresa	110		K50-59	1	00:39:43.45	+00:06:04 (15.3%)	7:56	7.6 (85.4%)
7	SZYLAK Katarzyna	164	KLUB SPORTOWY HUSARIA SZCZECINEK	K40-49	4	00:39:59.23	+00:06:19 (15.8%)	7:59	7.5 (84.3%)
8	HRYBOWICZ Joanna	59	RUNDORFINA	K40-49	5	00:40:23.13	+00:06:43 (16.7%)	8:04	7.4 (83.1%)
9	WITCZAK Dorota	178	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K50-59	2	00:40:28.27	+00:06:48 (16.8%)	8:05	7.4 (83.1%)
10	FURMAN Bożenka	41	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	6	00:40:45.89	+00:07:06 (17.4%)	8:09	7.4 (83.1%)
11	KIELING Anna	73	GULKS BARWICE	K60-69	3	00:40:52.21	+00:07:12 (17.7%)	8:10	7.3 (82.0%)
12	DOMAŃSKA Bogumiła	37	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K50-59	3	00:40:55.61	+00:07:16 (17.8%)	8:11	7.3 (82.0%)
13	SKOWROŃSKA - ŁOPIŃSKA Genowefa	148	FABRYKA NORDICA TRZCIANKA	K70+	1	00:41:04.03	+00:07:24 (18.0%)	8:12	7.3 (82.0%)
14	MAĆKOWSKA Anna	103	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	7	00:42:11.30	+00:08:32 (20.2%)	8:26	7.1 (79.8%)
15	ILCZYSZYN Magdalena	60	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	8	00:42:29.50	+00:08:50 (20.8%)	8:29	7.1 (79.8%)
16	HAMULAK Jolanta	56		K50-59	4	00:42:37.42	+00:08:58 (21.0%)	8:31	7 (78.7%)
17	KOZIARZ Joanna	87		K50-59	5	00:43:26.89	+00:09:47 (22.5%)	8:41	6.9 (77.5%)
18	KILJAŃSKA Ewa	74		K30-39	1	00:43:29.25	+00:09:49 (22.6%)	8:41	6.9 (77.5%)
19	KORZENIOWSKA Karolina	82		K30-39	2	00:43:39.93	+00:10:00 (22.9%)	8:43	6.9 (77.5%)
20	ŚLEDŹ Magdalena	167		K30-39	3	00:43:43.94	+00:10:04 (23.0%)	8:44	6.9 (77.5%)
21	MARCINKIEWICZ Sylwia	113		K40-49	9	00:43:50.58	+00:10:11 (23.2%)	8:46	6.8 (76.4%)
22	PIETRZYK Danuta	132	LILLSPORT	K40-49	10	00:44:06.66	+00:10:27 (23.7%)	8:49	6.8 (76.4%)
23	BIADON Agnieszka	8	LILLSPORT	K40-49	11	00:44:07.15	+00:10:27 (23.7%)	8:49	6.8 (76.4%)
24	BIĄŁKOWSKA Beata	397		K40-49	12	00:44:29.83	+00:10:50 (24.4%)	8:53	6.7 (75.3%)
25	CZEREPIAK Dorota	32	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K30-39	4	00:45:00.42	+00:11:21 (25.2%)	9:00	6.7 (75.3%)
26	BOJCZUK Monika	14		K40-49	13	00:45:16.78	+00:11:37 (25.7%)	9:03	6.6 (74.2%)
27	PAJOR Romualda	130	STOWARZYSZENIE NASZA ŚWIERCZYNA	K60-69	4	00:45:31.67	+00:11:52 (26.1%)	9:06	6.6 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	DERKACZ Renata	36	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K40-49	14	00:45:33.62	+00:11:54 (26.1%)	9:06	6.6 (74.2%)
29	KANECKA Beata	69	WŁÓCZYKIJE US WAŁCZ	K50-59	6	00:46:21.47	+00:12:42 (27.4%)	9:16	6.5 (73.0%)
30	ROMANÓW Małgorzata	140		K50-59	7	00:47:09.76	+00:13:30 (28.6%)	9:25	6.4 (71.9%)
31	ZAKRZEWSKA(JAŃCZAK) Krystyna	187		K50-59	8	00:47:09.99	+00:13:30 (28.6%)	9:25	6.4 (71.9%)
32	DĄBROWSKA Katarzyna	34	RUNDORFINA	K40-49	15	00:47:10.42	+00:13:31 (28.7%)	9:26	6.4 (71.9%)
33	LEWANDOWSKA Katarzyna	97		K40-49	16	00:49:15.02	+00:15:35 (31.7%)	9:51	6.1 (68.5%)
34	MROCZKO-SZYMAŃSKA Joanna	349		K40-49	17	00:52:45.55	+00:19:06 (36.2%)	10:33	5.7 (64.0%)
35	BÓRKOWSKA Małgorzata	354		K60-69	5	00:52:45.65	+00:19:06 (36.2%)	10:33	5.7 (64.0%)
36	GAJEWSKA Krystyna	42		K60-69	6	01:00:54.00	+00:27:14 (44.7%)	12:10	4.9 (55.1%)
37	JĘDRZEJSKA Ewa	65		K60-69	7	01:02:39.53	+00:29:00 (46.3%)	12:31	4.8 (53.9%)
38	JAWDYŃSKA Teresa	64		K70+	2	01:13:42.19	+00:40:02 (54.3%)	14:44	4.1 (46.1%)

Znaleziono 38 wynik(ów)