



VI BIEG RYBAKA - NW 5 KM

B4SPORT

Wydarzenie:
Organizator:

VI Bieg Rybaka
Stowarzyszenie Sportowe Grupa Biegowa
Rundorfina, Gmina Czaplinek
2023-09-23
Czaplinek
5 km

Data:
Miejsce:
Dystans:



Klasyfikacja: K40-49

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|-------------------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 1 | WOJTCZAK Urszula | 182 | CZAPELKI | K40-49 | 1 | 00:33:39.28 | | 6:43 | 8.9 (100%) |
| 2 | PODGÓRSKA Agata | 135 | KLUB SPORTOWY HUSARIA SZCZECINEK | K40-49 | 2 | 00:38:18.40 | +00:04:39 (12.1%) | 7:39 | 7.8 (87.6%) |
| 3 | JAROSZEWICZ Joanna | 63 | | K40-49 | 3 | 00:38:21.65 | +00:04:42 (12.3%) | 7:40 | 7.8 (87.6%) |
| 4 | SZYLAK Katarzyna | 164 | KLUB SPORTOWY HUSARIA SZCZECINEK | K40-49 | 4 | 00:39:59.23 | +00:06:19 (15.8%) | 7:59 | 7.5 (84.3%) |
| 5 | HRYBOWICZ Joanna | 59 | RUNDORFINA | K40-49 | 5 | 00:40:23.13 | +00:06:43 (16.7%) | 8:04 | 7.4 (83.1%) |
| 6 | FURMAN Bożenka | 41 | BŁYSKAWICE N.W TEAM KALISZ POMORSKI | K40-49 | 6 | 00:40:45.89 | +00:07:06 (17.4%) | 8:09 | 7.4 (83.1%) |
| 7 | MAĆKOWSKA Anna | 103 | BŁYSKAWICE N.W TEAM KALISZ POMORSKI | K40-49 | 7 | 00:42:11.30 | +00:08:32 (20.2%) | 8:26 | 7.1 (79.8%) |
| 8 | ILCZYSZYN Magdalena | 60 | BŁYSKAWICE N.W TEAM KALISZ POMORSKI | K40-49 | 8 | 00:42:29.50 | +00:08:50 (20.8%) | 8:29 | 7.1 (79.8%) |
| 9 | MARCINKIEWICZ Sylwia | 113 | | K40-49 | 9 | 00:43:50.58 | +00:10:11 (23.2%) | 8:46 | 6.8 (76.4%) |
| 10 | PIETRZYK Danuta | 132 | LILLSPORT | K40-49 | 10 | 00:44:06.66 | +00:10:27 (23.7%) | 8:49 | 6.8 (76.4%) |
| 11 | BIADON Agnieszka | 8 | LILLSPORT | K40-49 | 11 | 00:44:07.15 | +00:10:27 (23.7%) | 8:49 | 6.8 (76.4%) |
| 12 | BIĄLKOWSKA Beata | 397 | | K40-49 | 12 | 00:44:29.83 | +00:10:50 (24.4%) | 8:53 | 6.7 (75.3%) |
| 13 | BOJCZUK Monika | 14 | | K40-49 | 13 | 00:45:16.78 | +00:11:37 (25.7%) | 9:03 | 6.6 (74.2%) |
| 14 | DERKACZ Renata | 36 | BŁYSKAWICE N.W TEAM KALISZ POMORSKI | K40-49 | 14 | 00:45:33.62 | +00:11:54 (26.1%) | 9:06 | 6.6 (74.2%) |
| 15 | DĄBROWSKA Katarzyna | 34 | RUNDORFINA | K40-49 | 15 | 00:47:10.42 | +00:13:31 (28.7%) | 9:26 | 6.4 (71.9%) |
| 16 | LEWANDOWSKA Katarzyna | 97 | | K40-49 | 16 | 00:49:15.02 | +00:15:35 (31.7%) | 9:51 | 6.1 (68.5%) |
| 17 | MROCZKO-SZYMAŃSKA Joanna | 349 | | K40-49 | 17 | 00:52:45.55 | +00:19:06 (36.2%) | 10:33 | 5.7 (64.0%) |

Znaleziono 17 wynik(ów)