

VI BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Organizator: Rowerowa Brzoza
Data: 2015-09-19
Miejsce: Przyłęki-Brzoza
Dystans: 10 km

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Klasyfikacja: M4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	POLAŃSKI Tomasz	601	B4SPORT	M4	1			00:00:02	00:17:16	00:34:21.65	00:34:23.65		3:26	17.5 (100%)
2	MUDZIEJEWSKI Jarosław	595	TKKF KOLEJARZ BYDGOSZCZ	M4	2			00:00:03	00:18:03	00:36:04.15	00:36:07.70	+00:01:42 (4.7%)	3:36	16.6 (94.9%)
3	GACZKOWSKI Robert	300	ŻNIŃSKI KLUB BIEGACZA 1992	M4	3			00:00:03	00:18:17	00:36:33.95	00:36:37.00	+00:02:12 (6.0%)	3:39	16.4 (93.7%)
4	WALENDZIAK Klaudiusz	532	CSLOG GRUPA	M4	4	CSLog Grupa		00:00:01	00:18:20	00:36:39.85	00:36:41.70	+00:02:18 (6.3%)	3:40	16.4 (93.7%)
5	JAGIEŁA Jarosław	12	TKKF KOLEJARZ BYDGOSZCZ	M4	5	nie	Jagięła-Jedras	00:00:03	00:18:27	00:37:08.25	00:37:11.50	+00:02:46 (7.5%)	3:42	16.2 (92.6%)
6	MACZYŃSKI Grzegorz	205	TKKF KOLEJARZ BYDGOSZCZ	M4	6			00:00:02	00:18:28	00:37:11.85	00:37:14.20	+00:02:50 (7.6%)	3:43	16.1 (92.0%)
7	BALCERZAK Marcin	587	JW3293 POWIDZ	M4	7	JW3293 Powidz		00:00:04	00:19:08	00:38:03.45	00:38:07.85	+00:03:41 (9.7%)	3:48	15.8 (90.3%)
8	DĘBSKI Włodzimierz	448	RWT W BYDGOSZCZY	M4	8	RWT w Bydgoszczy		00:00:04	00:19:26	00:38:57.20	00:39:01.40	+00:04:35 (11.8%)	3:53	15.4 (88.0%)
9	SPYCHAŁSKI Waldemar	339	ZABIEGANI ŁOCHOWICE	M4	9			00:00:06	00:19:23	00:39:06.70	00:39:13.45	+00:04:45 (12.1%)	3:54	15.3 (87.4%)
10	MOROSZCZAK Bogumił	121	4RUN TEAM BYDGOSZCZ	M4	10	SŁUŻBA OCHRONY POCZTA POLSKA	MOROSZCZAK	00:00:05	00:19:24	00:39:16.25	00:39:21.55	+00:04:54 (12.5%)	3:55	15.3 (87.4%)
11	ZIĘTAK Andrzej	501	-	M4	11			00:00:03	00:19:04	00:39:23.60	00:39:26.85	+00:05:01 (12.8%)	3:56	15.2 (86.9%)
12	RETECKI Krzysztof	221	BOGMAR OSTROMECKO	M4	12	Służba Więzienna		00:00:04	00:19:27	00:39:31.60	00:39:35.80	+00:05:09 (13.1%)	3:57	15.2 (86.9%)
13	KOPEĆ Waldemar	502	JW4228	M4	13	JW4228		00:00:10	00:19:35	00:39:49.30	00:39:59.35	+00:05:27 (13.7%)	3:58	15.1 (86.3%)
14	DUCHIŃSKI Wojciech	196	BRZOZA BIEGA	M4	14	Inspektorat Wsparcia Sił Zbrojnych		00:00:09	00:20:12	00:40:03.05	00:40:12.15	+00:05:41 (14.2%)	4:00	15 (85.7%)
15	CHOLEWIŃSKI Dariusz	133	HURAGAN MIEDZYŃ	M4	15			00:00:07	00:20:34	00:40:15.35	00:40:23.25	+00:05:53 (14.6%)	4:01	14.9 (85.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	CHOJNACKI Krzysztof	376	RUN BYDGOSZCZ	M4	16			00:00:09	00:19:47	00:40:26.55	00:40:36.45	+00:06:04 (15.0%)	4:02	14.8 (84.6%)
17	JĘDRAL Janusz	386	KWP W BYDGOSZCZY	M4	17	KWP w Bydgoszczy		00:00:05	00:19:42	00:40:45.70	00:40:51.05	+00:06:24 (15.7%)	4:04	14.7 (84.0%)
18	PURWIN Piotr	239	CYTADELA GRUDZIĄDZ	M4	18	Cytadela Grudziądz		00:00:23	00:20:11	00:41:04.15	00:41:27.90	+00:06:42 (16.3%)	4:06	14.6 (83.4%)
19	STANIEC Tomasz	514	NIEZRZESZONY	M4	19			00:00:08	00:20:29	00:41:18.60	00:41:27.20	+00:06:56 (16.8%)	4:07	14.5 (82.9%)
20	FUKSIEWICZ Michał	264	JW4385	M4	20	JW4385		00:00:10	00:20:18	00:41:23.45	00:41:33.80	+00:07:01 (17.0%)	4:08	14.5 (82.9%)
21	WIŚNIEWSKI Leszek	156	BRZOZA	M4	21		Wiśniewscy Leszek Jakub	00:00:09	00:20:17	00:41:26.15	00:41:35.35	+00:07:04 (17.1%)	4:08	14.5 (82.9%)
22	WIŚNIEWSKI Zbigniew	20	BRZOZA BIEGA	M4	22		Wiśniewski Olimpin	00:00:03	00:21:10	00:41:35.25	00:41:38.50	+00:07:13 (17.4%)	4:09	14.4 (82.3%)
23	NISZCZOTA Karol	413	BRZOZA BIEGA	M4	23			00:00:09	00:21:07	00:41:41.30	00:41:50.55	+00:07:19 (17.6%)	4:10	14.4 (82.3%)
24	WIŚNIEWSKI Jan	152	CSLOG GRUPA	M4	24	CSLog Grupa	Wiśniewski	00:00:08	00:20:21	00:41:46.15	00:41:54.75	+00:07:24 (17.7%)	4:10	14.4 (82.3%)
25	WALKUSZ Marek	494	BRZOZA BIEGA	M4	25			00:00:09	00:21:06	00:41:50.95	00:42:00.55	+00:07:29 (17.9%)	4:11	14.3 (81.7%)
26	BZDAWKA Tomasz	188	NAKIELSKI KLUB BIEGACZA	M4	26		Bzdawka	00:00:04	00:20:06	00:42:02.35	00:42:06.85	+00:07:40 (18.3%)	4:12	14.3 (81.7%)
27	GOLINOWSKI Darek	181	KOBYLARNIA	M4	27			00:00:02	00:20:12	00:42:05.25	00:42:08.05	+00:07:43 (18.4%)	4:12	14.3 (81.7%)
28	MUSS Aleksander	558	SKLEP BIEGACZA BYDGOSZCZ	M4	28			00:00:10	00:21:04	00:42:11.30	00:42:21.80	+00:07:49 (18.6%)	4:13	14.2 (81.1%)
29	MEYER Marek	347	RUN BYDGOSZCZ	M4	29			00:00:05	00:21:02	00:42:13.20	00:42:18.75	+00:07:51 (18.6%)	4:13	14.2 (81.1%)
30	PRZYBYLSKI Maciej	215	NIEZRZESZONY	M4	30			00:00:08	00:20:29	00:42:20.95	00:42:29.55	+00:07:59 (18.9%)	4:14	14.2 (81.1%)
31	RÓŻNOWSKI Dariusz	621		M4	31			00:00:07	00:20:55	00:42:42.75	00:42:50.65	+00:08:21 (19.6%)	4:16	14 (80.0%)
32	KAZUBOWSKI Jacek	442	45PLUS	M4	32			00:00:07	00:21:25	00:42:44.75	00:42:52.15	+00:08:23 (19.6%)	4:16	14 (80.0%)
33	MACIEJEWSKI Rafał	265	PAŁUKI RUNNING TEAM	M4	33			00:00:15	00:21:15	00:42:52.85	00:43:08.15	+00:08:31 (19.9%)	4:17	14 (80.0%)
34	FEDYCZKOWSKI Edward	482	NCIA CSU BYDGOSZCZ	M4	34	NCIA CSU Bydgoszcz		00:00:15	00:21:12	00:42:56.50	00:43:12.40	+00:08:34 (20.0%)	4:17	14 (80.0%)
35	PAWŁOWSKI Radosław	86	JFTC SU	M4	35	JFTC SU	TAK	00:00:05	00:20:51	00:43:14.25	00:43:19.50	+00:08:52 (20.5%)	4:19	13.9 (79.4%)
36	KOŁODZIEJSKI Mieczysław	148	BRAK	M4	36			00:00:21	00:21:12	00:43:24.90	00:43:46.65	+00:09:03 (20.9%)	4:20	13.8 (78.9%)
37	BLUKACZ Grzegorz	343	CSAIU	M4	37	CSAIU	Nie	00:00:11	00:21:39	00:43:40.80	00:43:52.35	+00:09:19 (21.3%)	4:22	13.7 (78.3%)
38	WRZESIŃSKI Wojciech	433	RUN BYDGOSZCZ	M4	38			00:00:13	00:21:47	00:43:45.50	00:43:58.90	+00:09:23 (21.5%)	4:22	13.7 (78.3%)

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39	BUDZYŃSKI Tomasz	222	TWIERDZA CHEŁMNO	M4	39			00:00:15	00:21:18	00:43:49.05	00:44:04.80	+00:09:27 (21.6%)	4:22	13.7 (78.3%)
40	SKRZYPCZAK Dariusz	483	NCIA CSU BYDGOSZCZ	M4	40	NCIA CSU Bydgoszcz		00:00:21	00:22:12	00:43:51.90	00:44:13.25	+00:09:30 (21.7%)	4:23	13.7 (78.3%)
41	ZAKURZEWSKI Tomasz	178	BRZOZA BIEGA	M4	41			00:00:09	00:21:19	00:44:02.60	00:44:12.50	+00:09:40 (22.0%)	4:24	13.6 (77.7%)
42	FRYCKOWSKI Adam	391	BRAK	M4	42	straż		00:00:13	00:21:55	00:44:03.80	00:44:17.05	+00:09:42 (22.0%)	4:24	13.6 (77.7%)
43	NITKA Ireneusz	111	NAKIELSKI KLUB BIEGACZA	M4	43	SW Potulice		00:00:44	00:23:15	00:44:09.25	00:44:54.00	+00:09:47 (22.2%)	4:25	13.6 (77.7%)
44	LIPIŃSKI Krzysztof	64	LIPAS	M4	44			00:00:17	00:22:08	00:44:14.70	00:44:31.70	+00:09:53 (22.3%)	4:25	13.6 (77.7%)
45	GRZEGORZEWSKI Rafał	495	BRZOZA BIEGA	M4	45			00:00:07	00:21:30	00:44:19.05	00:44:26.45	+00:09:57 (22.5%)	4:25	13.5 (77.1%)
46	BONIECKI Piotr	292	GEOGRAFIA WOJSKOWA TORUŃ	M4	46	Geografia Wojskowa Toruń	Tak	00:00:10	00:21:49	00:44:38.55	00:44:48.95	+00:10:16 (23.0%)	4:27	13.4 (76.6%)
47	SŁODOWNIK Rafał	185	-	M4	47			00:00:09	00:22:15	00:44:52.15	00:45:01.65	+00:10:30 (23.4%)	4:29	13.4 (76.6%)
48	JABŁOŃSKI Marcin	99	BBL	M4	48			00:00:22	00:22:26	00:45:09.35	00:45:31.50	+00:10:47 (23.9%)	4:30	13.3 (76.0%)
49	KANIA Dariusz	214	SKS ŻNIN	M4	49			00:00:08	00:21:37	00:45:15.45	00:45:24.05	+00:10:53 (24.1%)	4:31	13.3 (76.0%)
50	KUBIAK Sławomir	455	-	M4	50			00:00:21	00:22:53	00:45:20.75	00:45:41.85	+00:10:59 (24.2%)	4:32	13.2 (75.4%)
51	DRÓBKA Krzysztof	477	NIEZRZESZONY	M4	51	II Pułk Inżynieryjny Inowrocław		00:00:12	00:22:25	00:45:27.50	00:45:39.85	+00:11:05 (24.4%)	4:32	13.2 (75.4%)
52	WARYLEWSKI Dariusz	79	GALA24.PL TEAM	M4	52			00:00:24	00:22:31	00:45:44.85	00:46:09.50	+00:11:23 (24.9%)	4:34	13.1 (74.9%)
53	KLINIKOWSKI Jacek	119	POLSKA	M4	53	OSP w Świekatowie		00:00:40	00:23:28	00:45:52.20	00:46:32.20	+00:11:30 (25.1%)	4:35	13.1 (74.9%)
54	KAŹMIERSKI Mirosław	155	JANIKOWO NA SPORTOWO	M4	54			00:00:18	00:22:09	00:45:56.35	00:46:14.70	+00:11:34 (25.2%)	4:35	13.1 (74.9%)
55	KUTYŁA Krzysztof	566	VII LICEUM OGÓLNOKSZTAŁCĄCE	M4	55			00:00:11	00:22:36	00:46:00.00	00:46:11.45	+00:11:38 (25.3%)	4:36	13 (74.3%)
56	GRABOWSKI Krzysztof	212	NIE ZRZESZONY	M4	56			00:00:03	00:21:14	00:46:16.75	00:46:20.30	+00:11:55 (25.8%)	4:37	13 (74.3%)
57	KISIEL Dariusz	481	NCIA CSU BYDGOSZCZ	M4	57	NCIA CSU Bydgoszcz		00:00:21	00:23:09	00:46:23.90	00:46:45.25	+00:12:02 (25.9%)	4:38	12.9 (73.7%)
58	JĘDRZEJCZYK Mikołaj	112	NAKIELSKI KLUB BIEGACZA	M4	58			00:00:41	00:23:33	00:46:38.25	00:47:20.10	+00:12:16 (26.3%)	4:39	12.9 (73.7%)
59	MURAS Michał	337	JW4385	M4	59	JW4385		00:00:31	00:23:21	00:46:38.35	00:47:09.40	+00:12:16 (26.3%)	4:39	12.9 (73.7%)
60	STANISZEWSKI Krzysztof	179	2 RWT SP BYDGOSZCZ	M4	60	2 RWT SP BYDGOSZCZ		00:00:22	00:23:13	00:46:50.60	00:47:13.10	+00:12:28 (26.6%)	4:41	12.8 (73.1%)
61	SERAFIŃSKI Robert	424	KB AKTYWNI KONIN	M4	61		Serafińscy	00:00:36	00:23:22	00:47:00.75	00:47:37.60	+00:12:39 (26.9%)	4:42	12.8 (73.1%)

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62	KURS Jarosław	256	TKKF KOLEJARZ BYDGOSZCZ	M4	62			00:00:30	00:23:30	00:47:03.40	00:47:34.00	+00:12:41 (27.0%)	4:42	12.7 (72.6%)
63	WIŚNIEWSKI Janusz	26	CARBON TEAM TORUŃ	M4	63	wojsko		00:00:25	00:23:49	00:47:04.70	00:47:29.85	+00:12:43 (27.0%)	4:42	12.7 (72.6%)
64	KOSMEJA Piotr	282	STRAŻ MIEJSKA W BYDGOSZCZY	M4	64	Straż Miejska w Bydgoszczy		00:00:38	00:23:31	00:47:07.30	00:47:45.55	+00:12:45 (27.1%)	4:42	12.7 (72.6%)
65	LIPSKI Krzysztof	166	ALLIANZ RUNNING TEAM	M4	65		Lipski	00:00:35	00:24:16	00:47:14.30	00:47:49.50	+00:12:52 (27.3%)	4:43	12.7 (72.6%)
66	HAREMZA Mariusz	125	KOBYLARNIA	M4	66			00:00:10	00:23:22	00:47:17.55	00:47:27.80	+00:12:55 (27.3%)	4:43	12.7 (72.6%)
67	WODA Janusz	604	SZKOCJA	M4	67			00:00:13	00:24:05	00:47:27.85	00:47:40.90	+00:13:06 (27.6%)	4:44	12.6 (72.0%)
68	HOLICZKO Mirosław	24	JW 1515 BYDGOSZCZ	M4	68			00:00:18	00:23:28	00:47:27.90	00:47:46.35	+00:13:06 (27.6%)	4:44	12.6 (72.0%)
69	PIOTROWSKI Dariusz	87	BYDGOSZCZ	M4	69			00:00:21	00:23:30	00:47:30.70	00:47:51.85	+00:13:09 (27.7%)	4:45	12.6 (72.0%)
70	STERNAL Tomasz	277	BRAK	M4	70			00:00:24	00:23:54	00:47:33.60	00:47:58.25	+00:13:11 (27.8%)	4:45	12.6 (72.0%)
71	MARCIŃSKI Robert	151	2 RWT SP BYDGOSZCZ	M4	71	2 RWT SP BYDGOSZCZ		00:00:43	00:23:42	00:47:35.30	00:48:18.30	+00:13:13 (27.8%)	4:45	12.6 (72.0%)
72	LEWANDOWSKI Tomasz	198	CSLOG GRUPA	M4	72	CSLog Grupa		00:00:09	00:22:48	00:47:35.50	00:47:44.55	+00:13:13 (27.8%)	4:45	12.6 (72.0%)
73	MACIEJEWSKI Sławomir	288	GEOGRAFIA WOJSKOWA TORUŃ	M4	73	Geografia Wojskowa Toruń	NIE	00:00:44	00:23:53	00:48:00.55	00:48:44.90	+00:13:38 (28.4%)	4:48	12.5 (71.4%)
74	AUGUSTYNOWICZ Andrzej	85	RWT W BYDGOSZCZY	M4	74	RWT w Bydgoszczy		00:00:17	00:24:48	00:48:13.65	00:48:30.80	+00:13:52 (28.8%)	4:49	12.4 (70.9%)
75	GŁOWSKI Aleksander	461	SGF	M4	75			00:00:24	00:23:34	00:48:14.75	00:48:39.70	+00:13:53 (28.8%)	4:49	12.4 (70.9%)
76	STEMPNIAK Krzysztof	197	NIEZRZESZONY	M4	76			00:00:23	00:24:01	00:48:15.85	00:48:39.45	+00:13:54 (28.8%)	4:49	12.4 (70.9%)
77	PODSIEDLIK Zbigniew	381	JW4385	M4	77	JW4385		00:00:18	00:23:42	00:48:22.85	00:48:41.30	+00:14:01 (29.0%)	4:50	12.4 (70.9%)
78	BARCZAK Marek	131	2 RWT SP BYDGOSZCZ	M4	78	2 RWT SP BYDGOSZCZ		00:00:09	00:23:39	00:48:25.15	00:48:34.75	+00:14:03 (29.0%)	4:50	12.4 (70.9%)
79	SIEMIENIECKI Dariusz	315	SIEMIENIECKI	M4	79	żołnierz zawodowy		00:00:36	00:25:01	00:48:41.65	00:49:17.95	+00:14:20 (29.4%)	4:52	12.3 (70.3%)
80	PODLASZEWSKI Jacek	349	VENI,CUCURRI,VICI	M4	80			00:00:06	00:23:55	00:48:44.05	00:48:50.40	+00:14:22 (29.5%)	4:52	12.3 (70.3%)
81	MALIK Rafał	567	-	M4	81			00:00:31	00:24:30	00:48:46.40	00:49:17.50	+00:14:24 (29.5%)	4:52	12.3 (70.3%)
82	PRZYBYŁOWSKI Robert	110	INDYWIDUALNIE	M4	82			00:00:39	00:24:24	00:48:52.95	00:49:32.25	+00:14:31 (29.7%)	4:53	12.3 (70.3%)
83	GRODEK Krzysztof	237	CYTADELA GRUDZIĄDZ	M4	83	Cytadela Grudziądz		00:00:23	00:23:48	00:49:01.60	00:49:24.65	+00:14:39 (29.9%)	4:54	12.2 (69.7%)
84	ORŁOWSKI Janusz	232	RUN BYDGOSZCZ	M4	84			00:00:19	00:24:09	00:49:03.95	00:49:23.40	+00:14:42 (30.0%)	4:54	12.2 (69.7%)

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85	SUCHOMSKI Marek	462	OPENTAX24.PL	M4	85		SUCHOMSCY	00:00:26	00:24:57	00:49:05.10	00:49:31.85	+00:14:43 (30.0%)	4:54	12.2 (69.7%)
86	LANGE Waldemar	263	JFTC SU	M4	86	JFTC SU		00:00:48	00:25:21	00:49:11.55	00:49:59.60	+00:14:49 (30.2%)	4:55	12.2 (69.7%)
87	GRZENIA Jacek	590	MJG INVESTMENTS	M4	87			00:00:12	00:23:42	00:49:15.15	00:49:27.70	+00:14:53 (30.2%)	4:55	12.2 (69.7%)
88	SCIGOCKI Waldemar	50	-	M4	88			00:00:16	00:23:57	00:49:22.35	00:49:39.30	+00:15:00 (30.4%)	4:56	12.1 (69.1%)
89	LUDWINIAK Bogdan	414	45PLUS	M4	89			00:00:46	00:24:32	00:49:24.75	00:50:10.80	+00:15:03 (30.5%)	4:56	12.1 (69.1%)
90	GOGOLIN Zbigniew	585	CHARBON TEAM TORUŃ	M4	90			00:00:30	00:24:39	00:49:25.75	00:49:56.60	+00:15:04 (30.5%)	4:56	12.1 (69.1%)
91	ZNANIECKI Michał	206	BBL INOWROCŁAW	M4	91		Znaniecty	00:00:32	00:25:03	00:49:27.25	00:49:59.80	+00:15:05 (30.5%)	4:56	12.1 (69.1%)
92	CHABORA Arkadiusz	134	2 RWT SP BYDGOSZCZ	M4	92	2 RWT SP BYDGOSZCZ		00:00:36	00:24:38	00:49:44.20	00:50:20.90	+00:15:22 (30.9%)	4:58	12.1 (69.1%)
93	MRÓZ Robert	116	NIEZRZESZONY	M4	93			00:00:39	00:25:19	00:49:46.55	00:50:26.25	+00:15:24 (31.0%)	4:58	12.1 (69.1%)
94	KUŻMA Wojciech	217	KLITRI	M4	94			00:00:12	00:24:04	00:49:58.15	00:50:10.80	+00:15:36 (31.2%)	4:59	12 (68.6%)
95	JAWORSKI Krzysztof	69	NIEZRZESZONY	M4	95			00:00:22	00:24:53	00:50:04.85	00:50:26.95	+00:15:43 (31.4%)	5:00	12 (68.6%)
96	SZESZUŁA Michał	84	WIELKOPOLSCY BIEGACZE	M4	96			00:00:41	00:25:35	00:50:07.50	00:50:48.85	+00:15:45 (31.4%)	5:00	12 (68.6%)
97	SZYDŁO Sławomir	429	MMPJ TEAM	M4	97			00:00:33	00:24:11	00:50:16.55	00:50:49.90	+00:15:54 (31.7%)	5:01	11.9 (68.0%)
98	DZIEŁAK Andrzej	145	JURMET	M4	98			00:00:25	00:26:50	00:50:43.35	00:51:08.50	+00:16:21 (32.3%)	5:04	11.8 (67.4%)
99	DUNAJEWSKI Marcin	614		M4	99		Dunajewscy	00:00:14	00:25:17	00:50:46.75	00:51:01.40	+00:16:25 (32.3%)	5:04	11.8 (67.4%)
100	LITKE Marek	517	JW4228	M4	100	JW4228		00:00:11	00:24:37	00:50:58.40	00:51:10.15	+00:16:36 (32.6%)	5:05	11.8 (67.4%)
101	RYŚNIK Dariusz	536	ŻANDARMI Z BYDGOSZCZY	M4	101	Żandarmi z Bydgoszczy		00:00:29	00:24:58	00:51:08.30	00:51:37.45	+00:16:46 (32.8%)	5:06	11.7 (66.9%)
102	JĘDRA Andrzej	62	BRAK	M4	102			00:00:45	00:25:00	00:51:13.15	00:51:58.50	+00:16:51 (32.9%)	5:07	11.7 (66.9%)
103	DEREZINSKI Tadeusz	464	FAT	M4	103			00:00:16	00:25:11	00:51:29.75	00:51:46.25	+00:17:08 (33.3%)	5:09	11.7 (66.9%)
104	GOŁĘBIEWSKI Jerzy	259	BRAK	M4	104			00:00:38	00:24:42	00:51:37.50	00:52:16.30	+00:17:15 (33.4%)	5:09	11.6 (66.3%)
105	KLINIEWSKI Piotr	559	BRZOZA BIEGA	M4	105			00:00:37	00:26:19	00:51:48.15	00:52:25.40	+00:17:26 (33.7%)	5:10	11.6 (66.3%)
106	DUL Andrzej	577	2 RWT SP BYDGOSZCZ	M4	106	2 RWT SP BYDGOSZCZ		00:00:27	00:25:15	00:51:59.95	00:52:27.80	+00:17:38 (33.9%)	5:12	11.5 (65.7%)
107	SIERADZKI Wojciech	397	STRAŻ POŻARNA	M4	107	Straż Pożarna		00:00:21	00:25:32	00:52:21.15	00:52:42.20	+00:17:59 (34.4%)	5:14	11.5 (65.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	WOJCIECHOWSKI Jarosław	78	TEAM MYŚLĘCINEK	M4	108		J. E. Wojciechowsky	00:00:30	00:26:14	00:52:30.15	00:53:00.45	+00:18:08 (34.6%)	5:15	11.4 (65.1%)
109	RATAJ Maciej	36	.	M4	109			00:00:21	00:24:38	00:52:30.35	00:52:51.70	+00:18:08 (34.6%)	5:15	11.4 (65.1%)
110	KOSTRZEWSKI Aleksander	235	CYTADELA GRUDZIĄDZ	M4	110	Cytadela Grudziądz		00:00:23	00:25:29	00:52:53.95	00:53:17.25	+00:18:32 (35.0%)	5:17	11.3 (64.6%)
111	SLINKO Sebastian	138	2 RWT SP BYDGOSZCZ	M4	111	2 RWT SP BYDGOSZCZ		00:00:42	00:25:16	00:52:58.55	00:53:41.25	+00:18:36 (35.1%)	5:17	11.3 (64.6%)
112	BIESIADA Tomasz	581	TRISPACE	M4	112			00:00:06	00:26:40	00:53:08.95	00:53:14.95	+00:18:47 (35.4%)	5:18	11.3 (64.6%)
113	KAZIMIERCZAK Tomasz	593	BRAK	M4	113			00:00:27	00:26:54	00:53:33.40	00:54:00.75	+00:19:11 (35.8%)	5:21	11.2 (64.0%)
114	MIROWSKI Mariusz	37	NIE DOTYCZY	M4	114			00:00:37	00:27:18	00:53:51.80	00:54:29.60	+00:19:30 (36.2%)	5:23	11.1 (63.4%)
115	SIERACKI Jarosław	392	JFTC SU	M4	115	JFTC SU		00:00:47	00:26:10	00:53:57.65	00:54:44.65	+00:19:36 (36.3%)	5:23	11.1 (63.4%)
116	MACIEJCZYK Piotr	534	DOCENT FELGA TEAM	M4	116			00:00:08	00:24:58	00:53:57.90	00:54:06.20	+00:19:36 (36.3%)	5:23	11.1 (63.4%)
117	STĘPIEŃ Tomasz	430	SF	M4	117		SF	00:00:42	00:24:46	00:54:00.95	00:54:43.65	+00:19:39 (36.4%)	5:24	11.1 (63.4%)
118	KASZOWICZ Marek	231	RWT W BYDGOSZCZY	M4	118	RWT w Bydgoszczy		00:00:38	00:27:18	00:54:10.05	00:54:48.10	+00:19:48 (36.6%)	5:25	11.1 (63.4%)
119	KOZIAK Roman	106	2 RWT SP BYDGOSZCZ	M4	119	2 RWT SP BYDGOSZCZ		00:00:44	00:25:50	00:54:35.30	00:55:19.45	+00:20:13 (37.1%)	5:27	11 (62.9%)
120	TUPAJKA Tomasz	404	NIEZRZESZONY	M4	120			00:00:47	00:26:27	00:54:35.35	00:55:23.25	+00:20:13 (37.1%)	5:27	11 (62.9%)
121	SIERANT Oskar	543	ZAWISZA	M4	121			00:00:08	00:24:20	00:54:37.55	00:54:46.30	+00:20:15 (37.1%)	5:27	11 (62.9%)
122	GAŚSIOROWSKI Robert	91	RUN BYDGOSZCZ	M4	122			00:00:33	00:27:16	00:55:44.15	00:56:17.20	+00:21:22 (38.4%)	5:34	10.8 (61.7%)
123	SŁOMSKI Dariusz	422	11 WOG	M4	123	11 WOG		00:00:52	00:27:20	00:55:46.25	00:56:38.50	+00:21:24 (38.4%)	5:34	10.8 (61.7%)
124	WILLMA Jarosław	17	BRZOZA BIEGA	M4	124			00:00:09	00:27:10	00:55:59.55	00:56:08.85	+00:21:37 (38.6%)	5:35	10.7 (61.1%)
125	FURMAŃSKI Arkadiusz	346	TRZYNASTKA	M4	125			00:00:11	00:25:38	00:56:06.25	00:56:17.35	+00:21:44 (38.8%)	5:36	10.7 (61.1%)
126	WIŚNIEWSKI Tomasz	290	BRAK	M4	126		Wiśniewscy	00:00:36	00:28:41	00:56:16.70	00:56:52.95	+00:21:55 (38.9%)	5:37	10.7 (61.1%)
127	OKRASKA Marcin	617		M4	127			00:00:41	00:28:27	00:57:14.50	00:57:55.85	+00:22:52 (40.0%)	5:43	10.5 (60.0%)
128	SIMIŃSKI Maciej	594	BRAK	M4	128			00:00:45	00:28:09	00:57:41.10	00:58:26.70	+00:23:19 (40.4%)	5:46	10.4 (59.4%)
129	JANKOWSKI Tomasz	174	JANKESTEAM	M4	129		Jankowski	00:00:37	00:29:34	00:57:49.15	00:58:26.50	+00:23:27 (40.6%)	5:46	10.4 (59.4%)
130	BUDZIAK Bartosz	403	NO NAME	M4	130			00:00:13	00:28:57	00:57:58.00	00:58:11.00	+00:23:36 (40.7%)	5:47	10.4 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
131	JASZCZ Tomasz	574	JANIKOWO NA SPORTOWO	M4	131			00:00:23	00:28:33	00:58:27.90	00:58:51.25	+00:24:06 (41.2%)	5:50	10.3 (58.9%)
132	RAMBOWICZ Andrzej	43	ROWEROWA BRZOZA	M4	132			00:00:49	00:27:52	00:58:35.85	00:59:25.55	+00:24:14 (41.4%)	5:51	10.2 (58.3%)
133	MATUSZAK Radosław	305	JFTC SU	M4	133	JFTC SU		00:00:49	00:28:37	00:58:42.00	00:59:31.00	+00:24:20 (41.5%)	5:52	10.2 (58.3%)
134	MŁODZIK Adam	608	1. BLOG BYDGOSZCZ	M4	134	1. Blog Bydgoszcz		00:00:15	00:29:03	00:59:24.75	00:59:39.80	+00:25:03 (42.2%)	5:56	10.1 (57.7%)
135	ZIELASKOWSKI Aleksander	507	CSLOG GRUPA	M4	135	żołnierz zawodowy		00:00:10	00:29:03	01:00:03.65	01:00:13.75	+00:25:42 (42.8%)	6:00	10 (57.1%)
136	SOSNOWSKI Tomasz	139	2 RWT SP BYDGOSZCZ	M4	136	2 RWT SP BYDGOSZCZ		00:00:42	00:29:05	01:00:23.85	01:01:06.25	+00:26:02 (43.1%)	6:02	9.9 (56.6%)
137	GRABOWSKI Piotr	225	BRZOZA BIEGA	M4	137			00:00:36	00:29:39	01:01:21.60	01:01:58.55	+00:26:59 (44.0%)	6:08	9.8 (56.0%)
138	JANKOWSKI Roman	444	NIEZRZESZONY	M4	138			00:00:48	00:30:22	01:01:44.25	01:02:32.65	+00:27:22 (44.3%)	6:10	9.7 (55.4%)
139	CEGIELSKI Maciej	327	ŻANDARMI Z BYDGOSZCZY	M4	139	Tak	Nie	00:00:30	00:30:16	01:02:35.85	01:03:05.90	+00:28:14 (45.1%)	6:15	9.6 (54.9%)
140	LISIECKI Jacek	453	AJ	M4	140			00:00:48	00:31:13	01:03:14.15	01:04:03.10	+00:28:52 (45.7%)	6:19	9.5 (54.3%)
141	SZMAŃDA Tomasz	223	TEAM SPEED BIG TONY	M4	141		Team Speed Big Tony	00:00:10	00:31:13	01:05:48.15	01:05:58.65	+00:31:26 (47.8%)	6:34	9.1 (52.0%)
142	KAWA Marcin	73	BYDGOSZCZ	M4	142			00:00:43	00:32:22	01:06:27.30	01:07:10.45	+00:32:05 (48.3%)	6:38	9 (51.4%)
143	MODRZEJEWSKI Grzegorz	467	BRAK	M4	143			00:00:49	00:30:55	01:08:17.80	01:09:07.30	+00:33:56 (49.7%)	6:49	8.8 (50.3%)
144	WIŚNIEWSKA Elżbieta	199	BRZOZA BIEGA	M4	144		Wiśniewski Olimpin	00:00:35	00:34:03	01:09:58.20	01:10:33.85	+00:35:36 (50.9%)	6:59	8.6 (49.1%)
145	ROGULSKI Mariusz	230	POLSKA	M4	145			00:00:20	00:25:46	01:22:13.25	01:22:34.00	+00:47:51 (58.2%)	8:13	7.3 (41.7%)

Znaleziono 145 wynik(ów)