

VI BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organizator: Rowerowa Brzoza
Data: 2015-09-19
Miejsce: Przyłęki-Brzoza
Dystans: 10 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SIERACKI Kamil	7	SHETTLESTON HARRIERS	M2	1			00:00:02	00:16:11	00:31:18.40	00:31:20.85		3:07	19.2 (100%)
2	KABAT Damian	2	WMLKS POMORZE STARGARD SZCZECIŃSKI	M1	1	WMLKS Pomorze Stargard Szczeciński		00:00:02	00:16:12	00:31:24.95	00:31:27.65	+00:00:06 (0.3%)	3:08	19.1 (99.5%)
3	RACZYŃSKI Mikołaj	545	RWT W BYDGOSZCZY	M2	2	RWT w Bydgoszczy	Raczyńscy	00:00:01	00:16:16	00:32:47.15	00:32:48.80	+00:01:28 (4.5%)	3:16	18.3 (95.3%)
4	NARTOWSKI Kamil	10	RWT W BYDGOSZCZY	M3	1	RWT w Bydgoszczy		00:00:01	00:16:15	00:32:53.80	00:32:55.40	+00:01:35 (4.8%)	3:17	18.2 (94.8%)
5	POLAŃSKI Tomasz	601	B4SPORT	M4	1			00:00:02	00:17:16	00:34:21.65	00:34:23.65	+00:03:03 (8.9%)	3:26	17.5 (91.1%)
6	KŁOPOTEK Damian	333	CSAIU	M3	2	CSAIU		00:00:04	00:17:13	00:34:30.35	00:34:34.85	+00:03:11 (9.3%)	3:27	17.4 (90.6%)
7	KRYSKE Bartosz	11	4RUN TEAM BYDGOSZCZ	M3	3	JW2980	KRYSKE	00:00:02	00:17:15	00:34:36.85	00:34:38.85	+00:03:18 (9.6%)	3:27	17.3 (90.1%)
8	TUCZYŃSKI Sylwester	44	BYDGOSKIE OKONIE	M2	3			00:00:03	00:17:16	00:34:57.15	00:35:00.45	+00:03:38 (10.4%)	3:29	17.2 (89.6%)
9	KULPA Michał	619	SPORT ZDROWIE KONDYCJA	M2	4		Kulpa	00:00:03	00:17:17	00:35:04.05	00:35:07.45	+00:03:45 (10.7%)	3:30	17.1 (89.1%)
10	KOŚMIEJA Marcin	547	TKKF KOLEJARZ BYDGOSZCZ	M3	4			00:00:04	00:17:58	00:35:09.65	00:35:14.00	+00:03:51 (11.0%)	3:31	17.1 (89.1%)
11	SERAFIŃSKI Maciej	423	OSP KOWALEWEK /KB AKTYWNI KONIN	M1	2	OSP	Serafińscy	00:00:03	00:17:24	00:35:19.45	00:35:22.65	+00:04:01 (11.4%)	3:31	17 (88.5%)
12	GÓRNY Maciej	531	CSLOG GRUPA	M3	5	CSLog Grupa		00:00:02	00:17:44	00:35:53.25	00:35:55.55	+00:04:34 (12.8%)	3:35	16.7 (87.0%)
13	MUDZIEJEWSKI Jarosław	595	TKKF KOLEJARZ BYDGOSZCZ	M4	2			00:00:03	00:18:03	00:36:04.15	00:36:07.70	+00:04:45 (13.2%)	3:36	16.6 (86.5%)
14	ŚLIWIŃSKI Dariusz	480	KWP W BYDGOSZCZY	M2	5	KWP w Bydgoszczy		00:00:03	00:17:54	00:36:19.00	00:36:22.75	+00:05:00 (13.8%)	3:37	16.5 (85.9%)
15	KOWALCZYK Marek	382	KWP W BYDGOSZCZY	M3	6	KWP w Bydgoszczy		00:00:02	00:18:04	00:36:33.70	00:36:36.65	+00:05:15 (14.4%)	3:39	16.4 (85.4%)
16	GACZKOWSKI Robert	300	ŻNIŃSKI KLUB BIEGACZA 1992	M4	3			00:00:03	00:18:17	00:36:33.95	00:36:37.00	+00:05:15 (14.4%)	3:39	16.4 (85.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	MAŁECKI Jakub	141	RWT W BYDGOSZCZY	M3	7	RWT w Bydgoszczy	nie	00:00:03	00:18:03	00:36:36.15	00:36:39.85	+00:05:17 (14.5%)	3:39	16.4 (85.4%)
18	WALENDZIAK Klaudiusz	532	CSLOG GRUPA	M4	4	CSLog Grupa		00:00:01	00:18:20	00:36:39.85	00:36:41.70	+00:05:21 (14.6%)	3:40	16.4 (85.4%)
19	SZYMAŃSKI Piotr	16		M5	1			00:00:02	00:18:18	00:36:52.75	00:36:55.45	+00:05:34 (15.1%)	3:41	16.3 (84.9%)
20	JAGIEŁA Jarosław	12	TKKF KOLEJARZ BYDGOSZCZ	M4	5	nie	Jagięła-Jedras	00:00:03	00:18:27	00:37:08.25	00:37:11.50	+00:05:49 (15.7%)	3:42	16.2 (84.4%)
21	MACZYŃSKI Grzegorz	205	TKKF KOLEJARZ BYDGOSZCZ	M4	6			00:00:02	00:18:28	00:37:11.85	00:37:14.20	+00:05:53 (15.8%)	3:43	16.1 (83.9%)
22	DEPTUŁA Grzegorz	182	VII LO BYDGOSZCZ	M3	8			00:00:04	00:19:06	00:37:26.95	00:37:31.05	+00:06:08 (16.4%)	3:44	16 (83.3%)
23	KRYSKE Mariusz	140	4RUN TEAM BYDGOSZCZ	M3	9		KRYSKE	00:00:04	00:18:49	00:37:33.45	00:37:38.05	+00:06:15 (16.6%)	3:45	16 (83.3%)
24	NIEDZIAŁKOWSKI Patryk	275	BYDGOSKIE OKONIE	M2	6			00:00:04	00:18:46	00:37:45.65	00:37:50.50	+00:06:27 (17.1%)	3:46	15.9 (82.8%)
25	WIWATOWSKI Michał	228	PRZYŁĘKI	M3	10			00:00:04	00:19:09	00:37:55.55	00:37:59.90	+00:06:37 (17.5%)	3:47	15.8 (82.3%)
26	BALCERZAK Marcin	587	JW3293 POWIDZ	M4	7	JW3293 Powidz		00:00:04	00:19:08	00:38:03.45	00:38:07.85	+00:06:45 (17.7%)	3:48	15.8 (82.3%)
27	BIAŁEK Dawid	486	KWP W BYDGOSZCZY	M2	7	KWP w Bydgoszczy		00:00:05	00:19:04	00:38:25.85	00:38:31.15	+00:07:07 (18.5%)	3:50	15.6 (81.3%)
28	ŻAL Robert	466	NCIA CSU BYDGOSZCZ	M3	11	NCIA CSU Bydgoszcz		00:00:03	00:18:52	00:38:31.25	00:38:34.30	+00:07:12 (18.7%)	3:51	15.6 (81.3%)
29	KALATA Łukasz	348	CSAIU	M2	8	CSAiU		00:00:04	00:19:03	00:38:36.50	00:38:41.25	+00:07:18 (18.9%)	3:51	15.5 (80.7%)
30	GROCHOWIAK Piotr	105	.	M3	12			00:00:23	00:19:24	00:38:43.00	00:39:06.00	+00:07:24 (19.1%)	3:52	15.5 (80.7%)
31	URYNOWICZ Marek	213	CSLOG GRUPA	M3	13	CSLog Grupa		00:00:06	00:19:05	00:38:49.15	00:38:55.30	+00:07:30 (19.4%)	3:52	15.5 (80.7%)
32	SOWA Wojciech	340	CSAIU	M3	14	CSAiU		00:00:03	00:19:11	00:38:52.70	00:38:56.25	+00:07:34 (19.5%)	3:53	15.4 (80.2%)
33	DĘBSKI Włodzimierz	448	RWT W BYDGOSZCZY	M4	8	RWT w Bydgoszczy		00:00:04	00:19:26	00:38:57.20	00:39:01.40	+00:07:38 (19.6%)	3:53	15.4 (80.2%)
34	LIBERA Maksymilian	249	BYDGOSKIE OKONIE	M1	3		Libera	00:00:04	00:19:34	00:38:58.80	00:39:03.25	+00:07:40 (19.7%)	3:53	15.4 (80.2%)
35	SPYCHAŁSKI Waldemar	339	ZABIEGANI ŁOCHOWICE	M4	9			00:00:06	00:19:23	00:39:06.70	00:39:13.45	+00:07:48 (20.0%)	3:54	15.3 (79.7%)
36	ŁAZ Kamil	335	RUN BYDGOSZCZ	M3	15			00:00:07	00:19:55	00:39:13.30	00:39:20.70	+00:07:54 (20.2%)	3:55	15.3 (79.7%)
37	MOROSZCZAK Bogumił	121	4RUN TEAM BYDGOSZCZ	M4	10	SŁUŻBA OCHRONY POCZTA POLSKA	MOROSZCZAK	00:00:05	00:19:24	00:39:16.25	00:39:21.55	+00:07:57 (20.3%)	3:55	15.3 (79.7%)
38	RYBAK Łukasz	408	BIEGAJ W NIEMCZU	M3	16		K.Ł.RYBAK	00:00:03	00:19:25	00:39:16.85	00:39:20.20	+00:07:58 (20.3%)	3:55	15.3 (79.7%)
39	ZIÓŁKOWSKI Mariusz	489	CSLOG	M3	17	CSLog Grupa		00:00:08	00:19:38	00:39:18.05	00:39:26.10	+00:07:59 (20.3%)	3:55	15.3 (79.7%)

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40	SZYSZKA Mariusz	484	4RUN TEAM BYDGOSZCZ	M3	18			00:00:04	00:19:39	00:39:18.50	00:39:23.45	+00:08:00 (20.4%)	3:55	15.3 (79.7%)
41	ZIĘTAK Andrzej	501	-	M4	11			00:00:03	00:19:04	00:39:23.60	00:39:26.85	+00:08:05 (20.5%)	3:56	15.2 (79.2%)
42	CICHOŃCZUK Antoni	1	FLOTA GDYNIA	M6	1	FLOTA Gdynia		00:00:02	00:19:37	00:39:24.05	00:39:26.75	+00:08:05 (20.5%)	3:56	15.2 (79.2%)
43	RETECKI Krzysztof	221	BOGMAR OSTROMECKO	M4	12	Służba Więzienna		00:00:04	00:19:27	00:39:31.60	00:39:35.80	+00:08:13 (20.8%)	3:57	15.2 (79.2%)
44	JAGODZIŃSKI Mateusz	379	BYDGOSKIE OKONIE	M2	9			00:00:05	00:20:02	00:39:45.85	00:39:51.15	+00:08:27 (21.3%)	3:58	15.1 (78.6%)
45	KOPEĆ Waldemar	502	JW4228	M4	13	JW4228		00:00:10	00:19:35	00:39:49.30	00:39:59.35	+00:08:30 (21.4%)	3:58	15.1 (78.6%)
46	BALMOWSKI Radosław	410	II PUŁK INŻYNIERYJNY INOWROCŁAW	M3	19	II Pułk Inżynieryjny Inowrocław		00:00:05	00:19:25	00:39:54.50	00:39:59.80	+00:08:36 (21.6%)	3:59	15 (78.1%)
47	SZERSZEŃ Kamil	296	RWT W BYDGOSZCZY	M3	20	RWT w Bydgoszczy		00:00:03	00:19:41	00:40:00.30	00:40:04.20	+00:08:41 (21.7%)	4:00	15 (78.1%)
48	DUCHIŃSKI Wojciech	196	BRZOZA BIEGA	M4	14	Inspektorat Wsparcia Sił Zbrojnych		00:00:09	00:20:12	00:40:03.05	00:40:12.15	+00:08:44 (21.8%)	4:00	15 (78.1%)
49	CHOLEWIŃSKI Dariusz	133	HURAGAN MIEDZYŃ	M4	15			00:00:07	00:20:34	00:40:15.35	00:40:23.25	+00:08:56 (22.2%)	4:01	14.9 (77.6%)
50	OBRĘBSKI Grzegorz	421	SIEBIEGA	M3	21			00:00:17	00:20:03	00:40:17.55	00:40:35.00	+00:08:59 (22.3%)	4:01	14.9 (77.6%)
51	LIS Piotr	289	GEOGRAFIA WOJSKOWA TORUŃ	M3	22	Geografia Wojskowa Toruń	NIE	00:00:05	00:19:46	00:40:23.80	00:40:29.15	+00:09:05 (22.5%)	4:02	14.9 (77.6%)
52	KLÓSKA Fabian	560		M2	10			00:00:05	00:19:47	00:40:26.10	00:40:31.95	+00:09:07 (22.6%)	4:02	14.8 (77.1%)
53	CHOJNACKI Krzysztof	376	RUN BYDGOSZCZ	M4	16			00:00:09	00:19:47	00:40:26.55	00:40:36.45	+00:09:08 (22.6%)	4:02	14.8 (77.1%)
54	SZYCHOWSKI Jarosław	303	TKKF KOLEJARZ BYDGOSZCZ	M2	11		Szychowscy	00:00:07	00:20:29	00:40:34.15	00:40:41.75	+00:09:15 (22.8%)	4:03	14.8 (77.1%)
55	JĘDRAL Janusz	386	KWP W BYDGOSZCZY	M4	17	KWP w Bydgoszczy		00:00:05	00:19:42	00:40:45.70	00:40:51.05	+00:09:27 (23.2%)	4:04	14.7 (76.6%)
56	SZCZEPANIAK Cezary	280	JUVENTUS	M3	23			00:00:05	00:20:05	00:40:48.00	00:40:53.65	+00:09:29 (23.3%)	4:04	14.7 (76.6%)
57	BODNAR Jan	328	CSAIU	M5	2	CSAIU		00:00:03	00:19:54	00:40:52.65	00:40:56.25	+00:09:34 (23.4%)	4:05	14.7 (76.6%)
58	PURWIN Piotr	239	CYTADELA GRUDZIĄDZ	M4	18	Cytadela Grudziądz		00:00:23	00:20:11	00:41:04.15	00:41:27.90	+00:09:45 (23.8%)	4:06	14.6 (76.0%)
59	STANIEC Tomasz	514	NIEZRZESZONY	M4	19			00:00:08	00:20:29	00:41:18.60	00:41:27.20	+00:10:00 (24.2%)	4:07	14.5 (75.5%)
60	JANICKI Rafał	584	SŁUŻBA WIĘZIENNA, AŚ W BYDGOSZCZY	M3	24	Służba Więzienna, AŚ w Bydgoszczy		00:00:02	00:20:15	00:41:18.80	00:41:21.55	+00:10:00 (24.2%)	4:07	14.5 (75.5%)
61	ŻAROŃ Sławomir	53	EBUD-PRZEMYSŁÓWKA	M5	3		Żaroń	00:00:04	00:20:39	00:41:19.15	00:41:24.10	+00:10:00 (24.2%)	4:08	14.5 (75.5%)

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62	FUKSIEWICZ Michał	264	JW4385	M4	20	JW4385		00:00:10	00:20:18	00:41:23.45	00:41:33.80	+00:10:05 (24.4%)	4:08	14.5 (75.5%)
63	WIŚNIEWSKI Leszek	156	BRZOZA	M4	21		Wiśniewscy Leszek Jakub	00:00:09	00:20:17	00:41:26.15	00:41:35.35	+00:10:07 (24.4%)	4:08	14.5 (75.5%)
64	PILACHOWSKI Mariusz	189	NIE	M3	25	tak		00:00:14	00:20:58	00:41:27.30	00:41:41.55	+00:10:08 (24.5%)	4:08	14.5 (75.5%)
65	STRABEL Łukasz	529	RUNSPACE.PL / HARPAGAN KUYAVIA	M2	12			00:00:04	00:20:47	00:41:30.35	00:41:34.65	+00:10:11 (24.6%)	4:09	14.5 (75.5%)
66	NAWROCKI Mariusz	302	SYLWIA FOTO-PASJA	M3	26		NAWROCCY	00:00:06	00:20:46	00:41:30.55	00:41:36.80	+00:10:12 (24.6%)	4:09	14.5 (75.5%)
67	WIŚNIEWSKI Rafał	469	CSLOG GRUPA	M3	27	CSLog Grupa		00:00:08	00:20:17	00:41:32.00	00:41:40.60	+00:10:13 (24.6%)	4:09	14.4 (75.0%)
68	BUKOWIŃSKI Michał	602	KLUB HANI & ANTKA	M3	28			00:00:09	00:20:18	00:41:33.40	00:41:42.60	+00:10:15 (24.7%)	4:09	14.4 (75.0%)
69	WIŚNIEWSKI Zbigniew	20	BRZOZA BIEGA	M4	22		Wiśniewski Olimpin	00:00:03	00:21:10	00:41:35.25	00:41:38.50	+00:10:16 (24.7%)	4:09	14.4 (75.0%)
70	ZWIEWKA Sebastian	93	BUSHIDO	M3	29			00:00:07	00:20:29	00:41:36.25	00:41:43.95	+00:10:17 (24.8%)	4:09	14.4 (75.0%)
71	NISZCZOTA Karol	413	BRZOZA BIEGA	M4	23			00:00:09	00:21:07	00:41:41.30	00:41:50.55	+00:10:22 (24.9%)	4:10	14.4 (75.0%)
72	GRALIK Jędrzej	45	BYDGOSKIE OKONIE	M2	13		Gralik	00:00:05	00:20:34	00:41:42.95	00:41:48.00	+00:10:24 (25.0%)	4:10	14.4 (75.0%)
73	NOWAK Przemysław	278	KABEL TEAM BYDGOSZCZ	M3	30			00:00:08	00:20:45	00:41:43.40	00:41:51.60	+00:10:25 (25.0%)	4:10	14.4 (75.0%)
74	WIŚNIEWSKI Jan	152	CSLOG GRUPA	M4	24	CSLog Grupa	Wiśniewski	00:00:08	00:20:21	00:41:46.15	00:41:54.75	+00:10:27 (25.0%)	4:10	14.4 (75.0%)
75	DAŃCZUK Jerzy	318	RWT W BYDGOSZCZY	M5	4	RWT w Bydgoszczy		00:00:08	00:20:49	00:41:46.80	00:41:55.25	+00:10:28 (25.1%)	4:10	14.4 (75.0%)
76	ZBOIŃSKI Filip	271	TKKF KOLEJARZ BYDGOSZCZ	M3	31			00:00:07	00:20:57	00:41:48.50	00:41:56.00	+00:10:30 (25.1%)	4:10	14.3 (74.5%)
77	WALKUSZ Marek	494	BRZOZA BIEGA	M4	25			00:00:09	00:21:06	00:41:50.95	00:42:00.55	+00:10:32 (25.2%)	4:11	14.3 (74.5%)
78	BZDAWKA Tomasz	188	NAKIELSKI KLUB BIEGACZA	M4	26		Bzdawka	00:00:04	00:20:06	00:42:02.35	00:42:06.85	+00:10:43 (25.5%)	4:12	14.3 (74.5%)
79	GOLINOWSKI Darek	181	KOBYLARNIA	M4	27			00:00:02	00:20:12	00:42:05.25	00:42:08.05	+00:10:46 (25.6%)	4:12	14.3 (74.5%)
80	SYNAKIEWICZ Tomasz	195	BANK SPÓŁDZIELCZY W NAKLE NAD NOTECIĄ	M3	32			00:00:17	00:20:52	00:42:08.25	00:42:25.35	+00:10:49 (25.7%)	4:12	14.2 (74.0%)
81	MUSS Aleksander	558	SKLEP BIEGACZA BYDGOSZCZ	M4	28			00:00:10	00:21:04	00:42:11.30	00:42:21.80	+00:10:52 (25.8%)	4:13	14.2 (74.0%)
82	MEYER Marek	347	RUN BYDGOSZCZ	M4	29			00:00:05	00:21:02	00:42:13.20	00:42:18.75	+00:10:54 (25.8%)	4:13	14.2 (74.0%)
83	KUŚNIEREK Bartosz	591	PAŁUKI RUNNING TEAM	M2	14			00:00:15	00:21:14	00:42:19.70	00:42:35.00	+00:11:01 (26.0%)	4:14	14.2 (74.0%)
83	KRAMARZ Nikodem	569	BRAK	M1	4			00:00:12	00:21:28	00:42:19.70	00:42:32.05	+00:11:01 (26.0%)	4:14	14.2 (74.0%)
85	PRZYBYLSKI Maciej	215	NIEZRZESZONY	M4	30			00:00:08	00:20:29	00:42:20.95	00:42:29.55	+00:11:02 (26.1%)	4:14	14.2 (74.0%)

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86	CZARNECKI Piotr	168	BRZOZA BIEGA	M3	33		Czarneccy	00:00:09	00:21:12	00:42:21.30	00:42:30.35	+00:11:02 (26.1%)	4:14	14.2 (74.0%)
87	HASS Adam	316	BRAK	M3	34		Hass	00:00:10	00:20:50	00:42:26.35	00:42:36.55	+00:11:07 (26.2%)	4:14	14.1 (73.4%)
88	LEWANDOWSKI Rafał	332	VENI, CUCURRI, VICI.	M3	35			00:00:06	00:20:47	00:42:27.40	00:42:33.40	+00:11:09 (26.3%)	4:14	14.1 (73.4%)
89	RÓŻNOWSKI Dariusz	621		M4	31			00:00:07	00:20:55	00:42:42.75	00:42:50.65	+00:11:24 (26.7%)	4:16	14 (72.9%)
90	KAZUBOWSKI Jacek	442	45PLUS	M4	32			00:00:07	00:21:25	00:42:44.75	00:42:52.15	+00:11:26 (26.8%)	4:16	14 (72.9%)
91	CZEPEK Aleksander	102	BRZOZA BIEGA	M5	5			00:00:04	00:21:31	00:42:46.05	00:42:50.05	+00:11:27 (26.8%)	4:16	14 (72.9%)
92	MICHALIK Łukasz	247	BRZOZA BIEGA	M3	36			00:00:04	00:21:19	00:42:49.65	00:42:53.65	+00:11:31 (26.9%)	4:16	14 (72.9%)
93	MACIEJEWSKI Rafał	265	PAŁUKI RUNNING TEAM	M4	33			00:00:15	00:21:15	00:42:52.85	00:43:08.15	+00:11:34 (27.0%)	4:17	14 (72.9%)
94	FEDYCZKOWSKI Edward	482	NCIA CSU BYDGOSZCZ	M4	34	NCIA CSU Bydgoszcz		00:00:15	00:21:12	00:42:56.50	00:43:12.40	+00:11:38 (27.1%)	4:17	14 (72.9%)
95	KUŁAKOWSKI Krzysztof	449	BYDGOSZCZ	M3	37			00:00:14	00:20:58	00:43:01.00	00:43:15.05	+00:11:42 (27.2%)	4:18	13.9 (72.4%)
96	CZARNECKI Grzegorz	167	BRZOZA BIEGA	M3	38		Czarneccy	00:00:09	00:21:36	00:43:10.40	00:43:19.75	+00:11:52 (27.5%)	4:19	13.9 (72.4%)
97	PAWŁOWSKI Radosław	86	JFTC SU	M4	35	JFTC SU	TAK	00:00:05	00:20:51	00:43:14.25	00:43:19.50	+00:11:55 (27.6%)	4:19	13.9 (72.4%)
98	OSIŃSKI Karol	402	PAŁUKI RUNNING TEAM	M3	39			00:00:14	00:21:45	00:43:16.00	00:43:30.95	+00:11:57 (27.6%)	4:19	13.9 (72.4%)
99	KULPA Marcin	211	CSLOG GRUPA	M3	40	CSLog Grupa		00:00:08	00:20:54	00:43:20.15	00:43:28.45	+00:12:01 (27.8%)	4:20	13.8 (71.9%)
100	KOWALSKI Jacek	412	BRAK	M3	41			00:00:05	00:21:30	00:43:21.05	00:43:26.90	+00:12:02 (27.8%)	4:20	13.8 (71.9%)
101	KOŁODZIEJSKI Mieczysław	148	BRAK	M4	36			00:00:21	00:21:12	00:43:24.90	00:43:46.65	+00:12:06 (27.9%)	4:20	13.8 (71.9%)
102	WOLNY Piotr	244	BRZOZA BIEGA	M5	6		Wolni na start !	00:01:06		00:43:26.20	00:44:32.90	+00:12:07 (27.9%)	4:20	13.8 (71.9%)
103	BLUKACZ Grzegorz	343	CSAIU	M4	37	CSAiU	Nie	00:00:11	00:21:39	00:43:40.80	00:43:52.35	+00:12:22 (28.3%)	4:22	13.7 (71.4%)
104	SZOPIŃSKI Rafał	503	BRAK	M3	42			00:00:13	00:20:49	00:43:43.90	00:43:57.70	+00:12:25 (28.4%)	4:22	13.7 (71.4%)
105	BERNAŚ Janusz	485	II PUŁK INŻYNIERYJNY INOWROCŁAW	M3	43	II Pułk Inżynieryjny Inowrocław		00:00:06	00:21:39	00:43:45.20	00:43:51.35	+00:12:26 (28.4%)	4:22	13.7 (71.4%)
106	WRZESIŃSKI Wojciech	433	RUN BYDGOSZCZ	M4	38			00:00:13	00:21:47	00:43:45.50	00:43:58.90	+00:12:27 (28.5%)	4:22	13.7 (71.4%)
107	NOWAK Rafał	146	CIELE	M2	15			00:00:08	00:21:21	00:43:47.85	00:43:56.35	+00:12:29 (28.5%)	4:22	13.7 (71.4%)
108	LISEWSKI Piotr	128	NIEZRZESZONY	M5	7			00:00:16	00:22:10	00:43:48.90	00:44:05.75	+00:12:30 (28.5%)	4:22	13.7 (71.4%)
109	BUDZYŃSKI Tomasz	222	TWIERDZA CHEŁMNO	M4	39			00:00:15	00:21:18	00:43:49.05	00:44:04.80	+00:12:30 (28.6%)	4:22	13.7 (71.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
110	GZYL Mikołaj	356	'EXODUS'	M3	44			00:00:15	00:21:43	00:43:51.85	00:44:07.30	+00:12:33 (28.6%)	4:23	13.7 (71.4%)
111	SKRZYPCZAK Dariusz	483	NCIA CSU BYDGOSZCZ	M4	40	NCIA CSU Bydgoszcz		00:00:21	00:22:12	00:43:51.90	00:44:13.25	+00:12:33 (28.6%)	4:23	13.7 (71.4%)
112	PIECUCH Michał	440	JW4228	M2	16	JW4228		00:00:10	00:21:15	00:43:52.35	00:44:03.20	+00:12:33 (28.6%)	4:23	13.7 (71.4%)
113	MICHAŁKIEWICZ Adrian	596	T2/4	M2	17			00:00:19	00:21:44	00:43:55.70	00:44:15.50	+00:12:37 (28.7%)	4:23	13.7 (71.4%)
114	ZAKURZEWSKI Tomasz	178	BRZOZA BIEGA	M4	41			00:00:09	00:21:19	00:44:02.60	00:44:12.50	+00:12:44 (28.9%)	4:24	13.6 (70.8%)
115	FRYCKOWSKI Adam	391	BRAK	M4	42	straż		00:00:13	00:21:55	00:44:03.80	00:44:17.05	+00:12:45 (29.0%)	4:24	13.6 (70.8%)
116	KAMIŃSKI Arkadiusz	130	CSLOG	M3	45	Cslog		00:00:08	00:21:12	00:44:06.55	00:44:14.85	+00:12:48 (29.0%)	4:24	13.6 (70.8%)
117	NITKA Ireneusz	111	NAKIELSKI KLUB BIEGACZA	M4	43	SW Potulice		00:00:44	00:23:15	00:44:09.25	00:44:54.00	+00:12:50 (29.1%)	4:25	13.6 (70.8%)
118	DUTKOWSKI Tomasz	565	MMPJ TEAM	M3	46			00:00:35	00:22:00	00:44:14.20	00:44:49.55	+00:12:55 (29.2%)	4:25	13.6 (70.8%)
119	LIPIŃSKI Krzysztof	64	LIPAS	M4	44			00:00:17	00:22:08	00:44:14.70	00:44:31.70	+00:12:56 (29.2%)	4:25	13.6 (70.8%)
120	ŚLUSARSKI Przemysław	113	BRAK	M3	47			00:00:28	00:22:17	00:44:17.55	00:44:46.50	+00:12:59 (29.3%)	4:25	13.5 (70.3%)
121	SKOTARCZAK Wiktor	526	MARUNTHON.COM	M1	5			00:00:12	00:21:37	00:44:18.80	00:44:31.15	+00:13:00 (29.4%)	4:25	13.5 (70.3%)
122	GRZEGORZEWSKI Rafał	495	BRZOZA BIEGA	M4	45			00:00:07	00:21:30	00:44:19.05	00:44:26.45	+00:13:00 (29.4%)	4:25	13.5 (70.3%)
123	HĘŚ Leszek	425	VELUX GNIEZNO	M2	18			00:00:12	00:22:13	00:44:26.00	00:44:38.35	+00:13:07 (29.5%)	4:26	13.5 (70.3%)
124	JURAS Łukasz	306	KOMENDA MIEJSKA POLICJI W TORUNIU	M3	48	Komenda Miejska Policji w Toruniu		00:00:08	00:22:02	00:44:33.50	00:44:42.15	+00:13:15 (29.7%)	4:27	13.5 (70.3%)
125	KRUSZKA Łukasz	387	KWP W BYDGOSZCZY	M3	49	KWP w Bydgoszczy		00:00:13	00:22:13	00:44:36.90	00:44:49.95	+00:13:18 (29.8%)	4:27	13.5 (70.3%)
126	BONIECKI Piotr	292	GEOGRAFIA WOJSKOWA TORUŃ	M4	46	Geografia Wojskowa Toruń	Tak	00:00:10	00:21:49	00:44:38.55	00:44:48.95	+00:13:20 (29.9%)	4:27	13.4 (69.8%)
127	GRUBA Marek	419	NIEZRZESZONY	M2	19		GRUBA	00:00:11	00:22:17	00:44:38.80	00:44:50.20	+00:13:20 (29.9%)	4:27	13.4 (69.8%)
128	STROMCZYŃSKI Wiesław	117	RWT W BYDGOSZCZY	M5	8	pracownik cywilny wojska		00:00:11	00:22:22	00:44:44.70	00:44:56.55	+00:13:26 (30.0%)	4:28	13.4 (69.8%)
129	NALEWALSKI Paweł	255	-	M3	50			00:00:15	00:22:07	00:44:49.30	00:45:04.35	+00:13:30 (30.2%)	4:28	13.4 (69.8%)
130	SŁODOWNIK Rafał	185	-	M4	47			00:00:09	00:22:15	00:44:52.15	00:45:01.65	+00:13:33 (30.2%)	4:29	13.4 (69.8%)
131	GLIWKA Artur	96	1. BLWL INOWROCŁAW	M3	51	1. BLWL Inowrocław		00:00:11	00:22:17	00:44:59.60	00:45:11.05	+00:13:41 (30.4%)	4:30	13.3 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
132	STRYSIK Tomasz	165	CSLOG GRUPA	M3	52	CSLog Grupa		00:00:08	00:21:44	00:44:59.70	00:45:07.90	+00:13:41 (30.4%)	4:29	13.3 (69.3%)
133	GRALIK Kacper	299	BYDGOSKIE OKONIE	M1	6		Gralik	00:00:06	00:22:22	00:45:03.20	00:45:10.05	+00:13:44 (30.5%)	4:30	13.3 (69.3%)
134	TRZCIŃSKI Franciszek	184	SIR START / MLKS NADWIŚLANIN CHEŁMNO	M5	9	Tak		00:00:04	00:22:10	00:45:07.10	00:45:11.75	+00:13:48 (30.6%)	4:30	13.3 (69.3%)
135	BĄCZKOWSKI Michał	478	SISU OWB TEAM	M3	53		Bączkowscy	00:00:02	00:21:43	00:45:08.25	00:45:11.05	+00:13:49 (30.6%)	4:30	13.3 (69.3%)
136	JÓZWIAK Marek	450	BRZOZA BIEGA	M5	10			00:00:22	00:22:27	00:45:08.80	00:45:31.55	+00:13:50 (30.7%)	4:30	13.3 (69.3%)
137	JABŁOŃSKI Marcin	99	BBL	M4	48			00:00:22	00:22:26	00:45:09.35	00:45:31.50	+00:13:50 (30.7%)	4:30	13.3 (69.3%)
138	KANARKOWSKI Stanisław	262	NIEZRZESZONY	M5	11			00:00:07	00:21:46	00:45:11.35	00:45:18.80	+00:13:52 (30.7%)	4:31	13.3 (69.3%)
139	KOŁODZIEJCZYK Łukasz	499	NCIA CSU BYDGOSZCZ	M3	54	NCIA CSU Bydgoszcz		00:00:16	00:22:07	00:45:11.40	00:45:27.75	+00:13:53 (30.7%)	4:31	13.3 (69.3%)
140	MIELCAREK Jędrzej	394	BRAK	M2	20		Mielcarek	00:00:14	00:22:29	00:45:14.90	00:45:28.95	+00:13:56 (30.8%)	4:31	13.3 (69.3%)
140	NICZYPORUK Andrzej	202	CSLOG GRUPA	M3	55	CSLog Grupa		00:00:09	00:22:07	00:45:14.90	00:45:24.25	+00:13:56 (30.8%)	4:31	13.3 (69.3%)
142	KANIA Dariusz	214	SKS ŻNIN	M4	49			00:00:08	00:21:37	00:45:15.45	00:45:24.05	+00:13:57 (30.8%)	4:31	13.3 (69.3%)
143	LEBA Rafał	362	JW4385	M3	56	JW4385		00:00:31	00:22:18	00:45:18.30	00:45:49.75	+00:13:59 (30.9%)	4:31	13.2 (68.8%)
144	KUBIAK Sławomir	455	-	M4	50			00:00:21	00:22:53	00:45:20.75	00:45:41.85	+00:14:02 (31.0%)	4:32	13.2 (68.8%)
145	BOINSKI Sebastian	258		M3	57			00:00:20	00:22:35	00:45:21.90	00:45:42.65	+00:14:03 (31.0%)	4:32	13.2 (68.8%)
146	KRZEMKOWSKI Paweł	351	FORDON	M3	58			00:00:24	00:22:23	00:45:23.75	00:45:48.10	+00:14:05 (31.0%)	4:32	13.2 (68.8%)
147	MRUK Tomasz	285	STRAŻ MIEJSKA W BYDGOSZCZY	M3	59	Straż Miejska w Bydgoszczy		00:00:39	00:23:25	00:45:27.40	00:46:06.50	+00:14:09 (31.1%)	4:32	13.2 (68.8%)
148	DRÓBKA Krzysztof	477	NIEZRZESZONY	M4	51	II Pułk Inżynieryjny Inowrocław		00:00:12	00:22:25	00:45:27.50	00:45:39.85	+00:14:09 (31.1%)	4:32	13.2 (68.8%)
149	KARWASZ Andrzej	30	START PAKOŚĆ	M3	60			00:00:00		00:45:28.65	00:45:28.65	+00:14:10 (31.2%)	4:32	13.2 (68.8%)
150	NADRAJKOWSKI Adam	400	II PUŁK INŻYNIERYJNY INOWROCŁAW	M5	12	II Pułk Inżynieryjny Inowrocław		00:00:15	00:22:31	00:45:31.20	00:45:46.25	+00:14:12 (31.2%)	4:33	13.2 (68.8%)
151	KATULSKI Radosław	470	BBL INOWROCŁAW	M3	61			00:00:15	00:22:49	00:45:32.85	00:45:48.75	+00:14:14 (31.3%)	4:33	13.2 (68.8%)
152	GMYS Tomasz	522	BRAK	M3	62			00:00:22	00:22:24	00:45:35.05	00:45:57.30	+00:14:16 (31.3%)	4:33	13.2 (68.8%)
153	GROMADA Marcin	380	SETA	M3	63			00:00:20	00:22:53	00:45:35.40	00:45:55.65	+00:14:17 (31.3%)	4:33	13.2 (68.8%)
154	MAGDZIARZ Jakub	427	KANCELARIA-HMM	M3	64			00:00:26	00:23:39	00:45:36.40	00:46:03.20	+00:14:18 (31.4%)	4:33	13.2 (68.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
155	CYL Dawid	153	RUN BYDGOSZCZ	M3	65			00:00:19	00:23:29	00:45:39.95	00:45:59.60	+00:14:21 (31.4%)	4:34	13.1 (68.2%)
156	JAKUĆ Krzysztof	580	LOKATOR NIERUCHOMOŚCI PIŁA	M3	66			00:00:11	00:22:45	00:45:40.00	00:45:51.25	+00:14:21 (31.4%)	4:34	13.1 (68.2%)
157	WARYLEWSKI Dariusz	79	GALA24.PL TEAM	M4	52			00:00:24	00:22:31	00:45:44.85	00:46:09.50	+00:14:26 (31.6%)	4:34	13.1 (68.2%)
158	ŻAROŃ Maciej	49	DRINKBUS TEAM RUNNING	M3	67		Żaroń	00:00:12	00:23:33	00:45:49.60	00:46:02.55	+00:14:31 (31.7%)	4:35	13.1 (68.2%)
159	KLINIKOWSKI Jacek	119	POLSKA	M4	53	OSP w Świekatowie		00:00:40	00:23:28	00:45:52.20	00:46:32.20	+00:14:33 (31.7%)	4:35	13.1 (68.2%)
160	KRUK Łukasz	294	GEOGRAFIA WOJSKOWA TORUŃ	M3	68	Geografia Wojskowa Toruń	nie	00:00:23	00:23:35	00:45:54.65	00:46:18.30	+00:14:36 (31.8%)	4:35	13.1 (68.2%)
161	DAGIEL Aleksander	329	GKMA LOUIS TEAM	M3	69			00:00:20	00:22:53	00:45:55.20	00:46:15.60	+00:14:36 (31.8%)	4:35	13.1 (68.2%)
162	WALCZAK Sławomir	550	PAŁUKI RUNNING TEAM	M3	70			00:00:41	00:23:44	00:45:56.20	00:46:38.15	+00:14:37 (31.8%)	4:35	13.1 (68.2%)
163	KAŻMIERSKI Mirosław	155	JANIKOWO NA SPORTOWO	M4	54			00:00:18	00:22:09	00:45:56.35	00:46:14.70	+00:14:37 (31.9%)	4:35	13.1 (68.2%)
164	KUTYŁA Krzysztof	566	VII LICEUM OGÓLNOKSZTAŁCĄCE	M4	55			00:00:11	00:22:36	00:46:00.00	00:46:11.45	+00:14:41 (31.9%)	4:36	13 (67.7%)
165	WDOWCZYK Piotr	541	II PUŁK INŻYNIERYJNY INOWROCŁAW	M3	71	II Pułk Inżynieryjny Inowrocław		00:00:10	00:22:32	00:46:05.45	00:46:16.35	+00:14:47 (32.1%)	4:36	13 (67.7%)
166	BURAK Maciej	599	II PUŁK INŻYNIERYJNY INOWROCŁAW	M3	72	II Pułk Inżynieryjny Inowrocław		00:00:11	00:22:45	00:46:08.85	00:46:20.10	+00:14:50 (32.2%)	4:36	13 (67.7%)
167	RACZYŃSKI Krzysztof	544	-	M5	13		Raczyńscy	00:00:11	00:23:17	00:46:11.50	00:46:22.60	+00:14:53 (32.2%)	4:37	13 (67.7%)
168	BIĄŁOUS Krzysztof	89	NIEZRZESZONY	M5	14			00:00:12	00:22:51	00:46:13.40	00:46:25.75	+00:14:55 (32.3%)	4:37	13 (67.7%)
169	PASZKIET Remi	40	BARCIN BIEGA	M3	73			00:00:12	00:22:29	00:46:15.50	00:46:28.05	+00:14:57 (32.3%)	4:37	13 (67.7%)
170	KRUCZKOWSKI Piotr	393	KRYSPOORT BYDGOSZCZ	M5	15			00:00:23	00:22:26	00:46:16.10	00:46:39.40	+00:14:57 (32.3%)	4:37	13 (67.7%)
171	WYSOCKI Jerzy	284	STRAŻ MIEJSKA W BYDGOSZCZY	M5	16	Straż Miejska w Bydgoszczy		00:00:38	00:23:30	00:46:16.60	00:46:55.45	+00:14:58 (32.3%)	4:37	13 (67.7%)
172	GRABOWSKI Krzysztof	212	NIE ZRZESZONY	M4	56			00:00:03	00:21:14	00:46:16.75	00:46:20.30	+00:14:58 (32.4%)	4:37	13 (67.7%)
173	POPIELA Maksymilian	192	BANK SPÓŁDZIELCZY W NAKLE NAD NOTECIĄ	M3	74			00:00:16	00:22:40	00:46:19.60	00:46:36.15	+00:15:01 (32.4%)	4:38	12.9 (67.2%)
174	KISIEL Dariusz	481	NCIA CSU BYDGOSZCZ	M4	57	NCIA CSU Bydgoszcz		00:00:21	00:23:09	00:46:23.90	00:46:45.25	+00:15:05 (32.5%)	4:38	12.9 (67.2%)
175	APANASIEWICZ Bartosz	600	RUNSPACE.PL	M3	75			00:00:19	00:22:51	00:46:26.70	00:46:45.80	+00:15:08 (32.6%)	4:38	12.9 (67.2%)
176	KULKA Marek	118	BRAK	M5	17			00:00:17	00:22:47	00:46:32.10	00:46:49.95	+00:15:13 (32.7%)	4:39	12.9 (67.2%)
177	GRABOWSKI Grzegorz	554	FUNDACJA AKTYWNE TRZEMESZNO	M5	18		tak	00:00:16	00:23:06	00:46:32.75	00:46:49.10	+00:15:14 (32.7%)	4:39	12.9 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
178	JĘDRZEJCZYK Mikołaj	112	NAKIELSKI KLUB BIEGACZA	M4	58			00:00:41	00:23:33	00:46:38.25	00:47:20.10	+00:15:19 (32.9%)	4:39	12.9 (67.2%)
179	MURAS Michał	337	JW4385	M4	59	JW4385		00:00:31	00:23:21	00:46:38.35	00:47:09.40	+00:15:19 (32.9%)	4:39	12.9 (67.2%)
180	RYBAK Krzysztof	270	DOCENT FELGA TEAM	M5	19		K.Ł.RYBAK	00:00:07	00:23:02	00:46:43.10	00:46:51.00	+00:15:24 (33.0%)	4:40	12.8 (66.7%)
181	GRYCZKA Karol	226	BRZOZA	M1	7			00:00:37	00:23:52	00:46:45.35	00:47:23.10	+00:15:26 (33.0%)	4:40	12.8 (66.7%)
182	CHRZĄSTKOWSKI Lucjan	157	EL-AKTYWNI ELBLĄG	M6	2			00:00:13	00:23:03	00:46:46.85	00:47:00.70	+00:15:28 (33.1%)	4:40	12.8 (66.7%)
183	RZEMPOWSKI Marcin	82	BRZOZA BIEGA	M3	76			00:00:06	00:23:24	00:46:48.40	00:46:54.65	+00:15:30 (33.1%)	4:40	12.8 (66.7%)
184	ŻYWICA Adam	74	BRZOZA BIEGA	M3	77			00:00:06	00:23:24	00:46:48.80	00:46:54.95	+00:15:30 (33.1%)	4:40	12.8 (66.7%)
185	STANISZEWSKI Krzysztof	179	2 RWT SP BYDGOSZCZ	M4	60	2 RWT SP BYDGOSZCZ		00:00:22	00:23:13	00:46:50.60	00:47:13.10	+00:15:32 (33.2%)	4:41	12.8 (66.7%)
186	KOWALSKI Paweł	378	KOWALE TEAM	M3	78			00:00:21	00:23:10	00:46:51.75	00:47:13.15	+00:15:33 (33.2%)	4:41	12.8 (66.7%)
187	PILECKI Piotr	246	BRZOZA BIEGA	M3	79			00:00:28	00:23:17	00:46:52.15	00:47:20.25	+00:15:33 (33.2%)	4:41	12.8 (66.7%)
188	GRYCZKA Piotr	70	BRZOZA	M5	20			00:00:23	00:23:19	00:46:53.70	00:47:17.65	+00:15:35 (33.2%)	4:41	12.8 (66.7%)
189	TYLUTKI Radosław	326	BARCIN BIEGA	M3	80			00:00:12	00:23:15	00:46:55.85	00:47:08.70	+00:15:37 (33.3%)	4:41	12.8 (66.7%)
190	WIŚNIEWSKI Piotr	286	INOWROCŁAWSKI KLUB KYOKUSHIN	M1	8		Wiśniewscy	00:00:36	00:24:03	00:46:55.95	00:47:32.85	+00:15:37 (33.3%)	4:41	12.8 (66.7%)
191	SZPOJDA Grzegorz	496	-	M3	81			00:00:46	00:23:25	00:46:57.50	00:47:43.75	+00:15:39 (33.3%)	4:41	12.8 (66.7%)
192	SERAFIŃSKI Robert	424	KB AKTYWNI KONIN	M4	61		Serafińscy	00:00:36	00:23:22	00:47:00.75	00:47:37.60	+00:15:42 (33.4%)	4:42	12.8 (66.7%)
193	SZTEJKA Damian	101	BRAK	M3	82			00:00:19	00:23:49	00:47:02.10	00:47:21.60	+00:15:43 (33.4%)	4:42	12.8 (66.7%)
194	KURS Jarosław	256	TKKF KOLEJARZ BYDGOSZCZ	M4	62			00:00:30	00:23:30	00:47:03.40	00:47:34.00	+00:15:45 (33.5%)	4:42	12.7 (66.1%)
195	WIŚNIEWSKI Janusz	26	CARBON TEAM TORUŃ	M4	63	wojsko		00:00:25	00:23:49	00:47:04.70	00:47:29.85	+00:15:46 (33.5%)	4:42	12.7 (66.1%)
196	DĘBSKI Adrian	497	BYDGOSZCZ	M2	21	Inspektorat Wsparcia Sił Zbrojnych		00:00:17	00:22:36	00:47:06.50	00:47:24.25	+00:15:48 (33.5%)	4:42	12.7 (66.1%)
197	KOSMEJA Piotr	282	STRAŻ MIEJSKA W BYDGOSZCZY	M4	64	Straż Miejska w Bydgoszczy		00:00:38	00:23:31	00:47:07.30	00:47:45.55	+00:15:48 (33.6%)	4:42	12.7 (66.1%)
198	ZIÓLKOWSKI Mieczysław	409	ZGUBILEM SPONSORA	M5	21	OCHRONA MIENIA I OSÓB		00:00:07	00:22:37	00:47:08.90	00:47:16.00	+00:15:50 (33.6%)	4:42	12.7 (66.1%)
199	KOWALSKI Krzysztof	42	KRUSZYN KRAJEŃSKI	M3	83			00:00:33	00:23:24	00:47:12.40	00:47:45.45	+00:15:54 (33.7%)	4:43	12.7 (66.1%)
200	LIPSKI Krzysztof	166	ALLIANZ RUNNING TEAM	M4	65		Lipski	00:00:35	00:24:16	00:47:14.30	00:47:49.50	+00:15:55 (33.7%)	4:43	12.7 (66.1%)
201	SZWARC Paweł	61	RUN BYDGOSZCZ	M3	84			00:00:33	00:24:19	00:47:15.95	00:47:49.60	+00:15:57 (33.8%)	4:43	12.7 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
202	HAREMZA Mariusz	125	KOBYLARNIA	M4	66			00:00:10	00:23:22	00:47:17.55	00:47:27.80	+00:15:59 (33.8%)	4:43	12.7 (66.1%)
203	KOSTRZAK Dominik	324	PROPONEO.PL	M3	85			00:00:16	00:23:21	00:47:19.10	00:47:35.75	+00:16:00 (33.8%)	4:43	12.7 (66.1%)
204	BRZOZOWSKI Marcin	209	BRZOZA TRI TEAM	M2	22		Brzozowscy	00:00:27	00:23:46	00:47:19.25	00:47:47.20	+00:16:00 (33.8%)	4:44	12.7 (66.1%)
205	SIKORA Antoni	623		M6	3			00:00:11	00:23:25	00:47:25.05	00:47:36.45	+00:16:06 (34.0%)	4:44	12.7 (66.1%)
206	HERMELIN Wojciech	426	KANCELARIA-HMM	M3	86			00:00:27	00:23:38	00:47:25.85	00:47:53.80	+00:16:07 (34.0%)	4:44	12.6 (65.6%)
207	WODA Janusz	604	SZKOCJA	M4	67			00:00:13	00:24:05	00:47:27.85	00:47:40.90	+00:16:09 (34.0%)	4:44	12.6 (65.6%)
208	HOLICZKO Mirosław	24	JW 1515 BYDGOSZCZ	M4	68			00:00:18	00:23:28	00:47:27.90	00:47:46.35	+00:16:09 (34.0%)	4:44	12.6 (65.6%)
209	GAWLIKOWSKI Przemek	375	12 WOG TORUŃ	M3	87	12 WOG Toruń		00:00:07	00:23:32	00:47:30.65	00:47:38.55	+00:16:12 (34.1%)	4:45	12.6 (65.6%)
210	PIOTROWSKI Dariusz	87	BYDGOSZCZ	M4	69			00:00:21	00:23:30	00:47:30.70	00:47:51.85	+00:16:12 (34.1%)	4:45	12.6 (65.6%)
211	HORODYSKI Maciej	562	WŁOCLAWEK	M6	4			00:00:34	00:23:51	00:47:31.85	00:48:06.20	+00:16:13 (34.1%)	4:45	12.6 (65.6%)
212	STERNAL Tomasz	277	BRAK	M4	70			00:00:24	00:23:54	00:47:33.60	00:47:58.25	+00:16:15 (34.2%)	4:45	12.6 (65.6%)
213	MARCIŃSKI Robert	151	2 RWT SP BYDGOSZCZ	M4	71	2 RWT SP BYDGOSZCZ		00:00:43	00:23:42	00:47:35.30	00:48:18.30	+00:16:16 (34.2%)	4:45	12.6 (65.6%)
214	LEWANDOWSKI Tomasz	198	CSLOG GRUPA	M4	72	CSLog Grupa		00:00:09	00:22:48	00:47:35.50	00:47:44.55	+00:16:17 (34.2%)	4:45	12.6 (65.6%)
215	KANAREK Szymon	519	1. BLWL	M3	88	1. BLWL		00:00:14	00:23:52	00:47:38.15	00:47:52.90	+00:16:19 (34.3%)	4:45	12.6 (65.6%)
216	ROŚCISZEWSKI Łukasz	34	TEAM MYŚLĘCINEK	M3	89			00:00:22	00:23:47	00:47:48.75	00:48:11.45	+00:16:30 (34.5%)	4:46	12.5 (65.1%)
216	ŚWIERCZYŃSKI Robert	142	2 RWT SP BYDGOSZCZ	M5	22	2 RWT SP BYDGOSZCZ		00:00:36	00:23:43	00:47:48.75	00:48:25.45	+00:16:30 (34.5%)	4:46	12.5 (65.1%)
218	KLIMEK Paweł	320	N/Z	M2	23	-	Klimek	00:00:13	00:22:41	00:47:50.00	00:48:03.40	+00:16:31 (34.6%)	4:47	12.5 (65.1%)
219	WÓDKOWSKI Zbigniew	435	NIEZRZESZONY	M6	5			00:00:17	00:23:39	00:47:51.45	00:48:08.55	+00:16:33 (34.6%)	4:47	12.5 (65.1%)
220	CZAJEWSKI Tomasz	154	2 RWT SP BYDGOSZCZ	M3	90	2 RWT SP BYDGOSZCZ		00:00:43	00:23:41	00:47:53.00	00:48:36.60	+00:16:34 (34.6%)	4:47	12.5 (65.1%)
221	OGRODOWICZ Mark	582	POLSKA RUNNING TEAM	M5	23			00:00:29	00:23:50	00:47:56.25	00:48:25.40	+00:16:37 (34.7%)	4:47	12.5 (65.1%)
222	MACIEJEWSKI Sławomir	288	GEOGRAFIA WOJSKOWA TORUŃ	M4	73	Geografia Wojskowa Toruń	NIE	00:00:44	00:23:53	00:48:00.55	00:48:44.90	+00:16:42 (34.8%)	4:48	12.5 (65.1%)
223	NOCEK Paweł	612	1. BLOG BYDGOSZCZ	M3	91	1. Blog Bydgoszcz		00:00:11	00:22:29	00:48:02.75	00:48:14.20	+00:16:44 (34.8%)	4:48	12.5 (65.1%)
224	WIŚNIEWSKI Mikołaj	180	BRZOZA BIEGA	M1	9		Wiśniewski Olimpin	00:00:06	00:24:20	00:48:08.70	00:48:15.00	+00:16:50 (35.0%)	4:48	12.5 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
225	BERNACIAK Mateusz	624		M2	24			00:00:49	00:23:50	00:48:12.20	00:49:01.55	+00:16:53 (35.1%)	4:49	12.4 (64.6%)
226	AUGUSTYNOWICZ Andrzej	85	RWT W BYDGOSZCZY	M4	74	RWT w Bydgoszczy		00:00:17	00:24:48	00:48:13.65	00:48:30.80	+00:16:55 (35.1%)	4:49	12.4 (64.6%)
227	GŁOWSKI Aleksander	461	SGF	M4	75			00:00:24	00:23:34	00:48:14.75	00:48:39.70	+00:16:56 (35.1%)	4:49	12.4 (64.6%)
228	DRZEWIECKI Dariusz	293	GEOGRAFIA WOJSKOWA TORUŃ	M3	92	Geografia Wojskowa Toruń	nie	00:00:43	00:24:21	00:48:15.40	00:48:59.20	+00:16:57 (35.1%)	4:49	12.4 (64.6%)
229	STEMPNIAK Krzysztof	197	NIEZRZESZONY	M4	76			00:00:23	00:24:01	00:48:15.85	00:48:39.45	+00:16:57 (35.1%)	4:49	12.4 (64.6%)
230	SYNAKIEWICZ Piotr	92	ES-TEAM	M3	93		eS-Team	00:00:11	00:23:21	00:48:18.15	00:48:29.75	+00:16:59 (35.2%)	4:49	12.4 (64.6%)
231	PODSIEDLIK Zbigniew	381	JW4385	M4	77	JW4385		00:00:18	00:23:42	00:48:22.85	00:48:41.30	+00:17:04 (35.3%)	4:50	12.4 (64.6%)
232	BARCZAK Marek	131	2 RWT SP BYDGOSZCZ	M4	78	2 RWT SP BYDGOSZCZ		00:00:09	00:23:39	00:48:25.15	00:48:34.75	+00:17:06 (35.3%)	4:50	12.4 (64.6%)
233	LEWANDOWSKI Bartosz	557	MARUNTHON	M3	94			00:00:32	00:23:50	00:48:26.70	00:48:58.95	+00:17:08 (35.4%)	4:50	12.4 (64.6%)
234	RZEMEK Sławomir	363	ERZET	M3	95			00:00:35	00:24:18	00:48:29.55	00:49:05.45	+00:17:11 (35.4%)	4:51	12.4 (64.6%)
235	SPYCHALSKI Bartosz	553	MIEDZYŃ	M1	10			00:00:26	00:23:55	00:48:31.20	00:48:57.20	+00:17:12 (35.5%)	4:51	12.4 (64.6%)
236	JANKOWSKI Kacper	173	JANKESTEAM	M1	11		Jankowski	00:00:30	00:23:37	00:48:31.80	00:49:01.85	+00:17:13 (35.5%)	4:51	12.4 (64.6%)
237	JANKOWSKI Maciej	176	JANKESTEAM	M1	12		Jankowski	00:00:29	00:23:38	00:48:34.05	00:49:03.60	+00:17:15 (35.5%)	4:51	12.4 (64.6%)
238	KRAJEWSKI Dariusz	241	2 RWT SP BYDGOSZCZ	M5	24	2 RWT SP BYDGOSZCZ	Nie	00:00:47	00:23:34	00:48:40.90	00:49:28.60	+00:17:22 (35.7%)	4:52	12.3 (64.1%)
239	SIEMIENIECKI Dariusz	315	SIEMIENIECKI	M4	79	żołnierz zawodowy		00:00:36	00:25:01	00:48:41.65	00:49:17.95	+00:17:23 (35.7%)	4:52	12.3 (64.1%)
240	BĄCZKOWSKI Maciej	431	SISU OWB TEAM	M3	96			00:00:02	00:22:56	00:48:43.25	00:48:45.60	+00:17:24 (35.7%)	4:52	12.3 (64.1%)
241	PODLASZEWSKI Jacek	349	VENI,CUCURRI,VICI	M4	80			00:00:06	00:23:55	00:48:44.05	00:48:50.40	+00:17:25 (35.8%)	4:52	12.3 (64.1%)
242	MALIK Rafał	567	-	M4	81			00:00:31	00:24:30	00:48:46.40	00:49:17.50	+00:17:28 (35.8%)	4:52	12.3 (64.1%)
243	PRZYBYŁOWSKI Robert	110	INDYWIDUALNIE	M4	82			00:00:39	00:24:24	00:48:52.95	00:49:32.25	+00:17:34 (36.0%)	4:53	12.3 (64.1%)
244	ŁUGOWSKI Tomasz	372	BIL BIEGA	M3	97			00:00:23	00:24:37	00:48:58.50	00:49:21.80	+00:17:40 (36.1%)	4:53	12.3 (64.1%)
245	PIEKARSKI Arek	115	BRAK	M3	98			00:00:26	00:25:11	00:49:00.05	00:49:26.35	+00:17:41 (36.1%)	4:54	12.2 (63.5%)
246	OPASKA Marcin	75	BYDGOSZCZ	M3	99			00:00:28	00:24:13	00:49:00.20	00:49:29.05	+00:17:41 (36.1%)	4:54	12.2 (63.5%)
247	GRODEK Krzysztof	237	CYTADELA GRUDZIĄDZ	M4	83	Cytadela Grudziądz		00:00:23	00:23:48	00:49:01.60	00:49:24.65	+00:17:43 (36.1%)	4:54	12.2 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
248	ORŁOWSKI Janusz	232	RUN BYDGOSZCZ	M4	84			00:00:19	00:24:09	00:49:03.95	00:49:23.40	+00:17:45 (36.2%)	4:54	12.2 (63.5%)
249	SUCHOMSKI Marek	462	OPENTAX24.PL	M4	85		SUCHOMSCY	00:00:26	00:24:57	00:49:05.10	00:49:31.85	+00:17:46 (36.2%)	4:54	12.2 (63.5%)
250	JABŁOŃSKI Adrian	521	NIEZRZESZONY	M3	100			00:00:25	00:24:38	00:49:05.85	00:49:31.25	+00:17:47 (36.2%)	4:54	12.2 (63.5%)
251	ŚCIBAK Wojciech	207	JFTC SU	M3	101	JFTC SU		00:00:48	00:24:52	00:49:10.65	00:49:58.70	+00:17:52 (36.3%)	4:55	12.2 (63.5%)
252	LANGE Waldemar	263	JFTC SU	M4	86	JFTC SU		00:00:48	00:25:21	00:49:11.55	00:49:59.60	+00:17:53 (36.4%)	4:55	12.2 (63.5%)
253	DAWIDOWICZ Maciej	97	BRZOZA	M3	102			00:00:13	00:24:14	00:49:11.80	00:49:25.35	+00:17:53 (36.4%)	4:55	12.2 (63.5%)
254	WIDŹGOWSKI Przemysław	95	BYDGOSZCZ	M3	103			00:00:43	00:25:08	00:49:13.75	00:49:56.85	+00:17:55 (36.4%)	4:55	12.2 (63.5%)
255	GRZENIA Jacek	590	MJG INVESTMENTS	M4	87			00:00:12	00:23:42	00:49:15.15	00:49:27.70	+00:17:56 (36.4%)	4:55	12.2 (63.5%)
256	KUZIEMSKI Jacek	238	CYTADELA GRUDZIĄDZ	M5	25	Cytadela Grudziądz		00:00:25	00:24:44	00:49:15.40	00:49:40.85	+00:17:57 (36.4%)	4:55	12.2 (63.5%)
257	GŁOWSKI Karol	583	KOBYLARNIA	M1	13			00:00:20	00:24:15	00:49:16.25	00:49:36.65	+00:17:57 (36.5%)	4:55	12.2 (63.5%)
258	FOLERZYŃSKI Dawid	204	4RUN TEAM BYDGOSZCZ	M1	14		Moroszczak	00:00:35	00:24:47	00:49:17.20	00:49:53.00	+00:17:58 (36.5%)	4:55	12.2 (63.5%)
259	GUZIŃSKI Andrzej	551	AKADEMIA BIEGANIA	M5	26			00:00:35	00:25:21	00:49:18.40	00:49:53.60	+00:18:00 (36.5%)	4:55	12.2 (63.5%)
260	GÓRECKI Łukasz	578	BYDGOSKIE OKONIE	M3	104			00:00:06	00:24:04	00:49:19.75	00:49:25.90	+00:18:01 (36.5%)	4:55	12.2 (63.5%)
261	CZERWIŃSKI Michał	540	12 WOG TORUŃ	M3	105	12 WOG Toruń		00:00:48	00:25:02	00:49:21.35	00:50:09.80	+00:18:02 (36.6%)	4:56	12.2 (63.5%)
262	SCIGOCKI Waldemar	50	-	M4	88			00:00:16	00:23:57	00:49:22.35	00:49:39.30	+00:18:03 (36.6%)	4:56	12.1 (63.0%)
263	LUDWINIAK Bogdan	414	45PLUS	M4	89			00:00:46	00:24:32	00:49:24.75	00:50:10.80	+00:18:06 (36.6%)	4:56	12.1 (63.0%)
264	GOGOLIN Zbigniew	585	CHARBON TEAM TORUŃ	M4	90			00:00:30	00:24:39	00:49:25.75	00:49:56.60	+00:18:07 (36.7%)	4:56	12.1 (63.0%)
265	ZNANIECKI Michał	206	BBL INOWROCŁAW	M4	91		Znaniecty	00:00:32	00:25:03	00:49:27.25	00:49:59.80	+00:18:08 (36.7%)	4:56	12.1 (63.0%)
266	MELLER Jarosław	475		M2	25			00:00:31	00:25:17	00:49:35.95	00:50:07.10	+00:18:17 (36.9%)	4:57	12.1 (63.0%)
267	PERLIK Grzegorz	330	MIAŁEM SZCZĘŚCIE...	M6	6			00:00:30	00:25:18	00:49:36.35	00:50:06.95	+00:18:17 (36.9%)	4:57	12.1 (63.0%)
268	TRZCIŃSKI Eugeniusz	161	BYDGOSZCZ	M5	27	Tak		00:00:14	00:23:54	00:49:40.35	00:49:54.60	+00:18:21 (37.0%)	4:58	12.1 (63.0%)
269	LIPIŃSKI Marek	515	TORUŃ	M3	106			00:00:18	00:24:27	00:49:43.20	00:50:02.15	+00:18:24 (37.0%)	4:58	12.1 (63.0%)
270	CHABORA Arkadiusz	134	2 RWT SP BYDGOSZCZ	M4	92	2 RWT SP BYDGOSZCZ		00:00:36	00:24:38	00:49:44.20	00:50:20.90	+00:18:25 (37.1%)	4:58	12.1 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas		Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
								startu	5km					
271	DOMAN Janusz	360	UKS SZABLA BRZOZA	M6	7			00:00:05	00:24:14	00:49:44.25	00:49:49.25	+00:18:25 (37.1%)	4:58	12.1 (63.0%)
272	KOŚCIELAK Maciej	535	ŻANDARMI Z BYDGOSZCZY	M3	107	Żandarmi z Bydgoszczy		00:00:26	00:24:59	00:49:44.30	00:50:10.65	+00:18:25 (37.1%)	4:58	12.1 (63.0%)
273	MRÓZ Robert	116	NIEZRZESZONY	M4	93			00:00:39	00:25:19	00:49:46.55	00:50:26.25	+00:18:28 (37.1%)	4:58	12.1 (63.0%)
274	ANDRZEJEWSKI Ryszard	171	WZGÓRZE WOLNOŚCI	M6	8			00:00:13	00:24:31	00:49:55.35	00:50:08.60	+00:18:36 (37.3%)	4:59	12 (62.5%)
275	KNYCH Krzysztof	384	KWP W BYDGOSZCZY	M2	26	KWP w Bydgoszczy		00:00:47	00:24:42	00:49:57.80	00:50:45.65	+00:18:39 (37.3%)	4:59	12 (62.5%)
276	KUŻMA Wojciech	217	KLITRI	M4	94			00:00:12	00:24:04	00:49:58.15	00:50:10.80	+00:18:39 (37.3%)	4:59	12 (62.5%)
277	DYLIK Andrzej	472	NIEZRZESZONY	M5	28			00:00:27	00:24:40	00:50:01.70	00:50:29.05	+00:18:43 (37.4%)	5:00	12 (62.5%)
278	JAWORSKI Krzysztof	69	NIEZRZESZONY	M4	95			00:00:22	00:24:53	00:50:04.85	00:50:26.95	+00:18:46 (37.5%)	5:00	12 (62.5%)
279	RAKOWSKI Paweł	358	ŻANDARMI Z BYDGOSZCZY	M3	108	Żandarmi z Bydgoszczy	Rakowscy	00:00:27	00:24:57	00:50:06.40	00:50:34.35	+00:18:48 (37.5%)	5:00	12 (62.5%)
280	STEFANOWICZ Krzysztof	606	BRAK	M6	9			00:00:03	00:24:34	00:50:06.70	00:50:10.10	+00:18:48 (37.5%)	5:00	12 (62.5%)
281	SZESZUŁA Michał	84	WIELKOPOLSCY BIEGACZE	M4	96			00:00:41	00:25:35	00:50:07.50	00:50:48.85	+00:18:49 (37.5%)	5:00	12 (62.5%)
282	KANIA Michał	276	NIEZRZESZONY	M3	109		Kania Team	00:00:19	00:24:31	00:50:09.65	00:50:29.30	+00:18:51 (37.6%)	5:01	12 (62.5%)
283	TOCZKIEWICZ Piotr	187	BRAK	M3	110			00:00:28	00:24:51	00:50:10.50	00:50:39.05	+00:18:52 (37.6%)	5:01	12 (62.5%)
284	PROKOP Michał	533	II PUŁK INŻYNIERYJNY INOWROCŁAW	M3	111	II Pułk Inżynieryjny Inowrocław		00:00:16	00:24:58	00:50:11.05	00:50:27.55	+00:18:52 (37.6%)	5:01	12 (62.5%)
285	LEWICKI Konrad	55	ŻANDARMI Z BYDGOSZCZY	M3	112	Żandarmi z Bydgoszczy		00:00:28	00:24:57	00:50:11.10	00:50:39.75	+00:18:52 (37.6%)	5:01	12 (62.5%)
286	MEYER Łukasz	67	MIŚKI HARIBO	M3	113			00:00:28	00:24:14	00:50:16.45	00:50:45.10	+00:18:58 (37.7%)	5:01	11.9 (62.0%)
287	SZYDŁO Sławomir	429	MMPJ TEAM	M4	97			00:00:33	00:24:11	00:50:16.55	00:50:49.90	+00:18:58 (37.7%)	5:01	11.9 (62.0%)
288	DERDZINSKI Marcin	576	BIEGAM BO LUBIE	M3	114			00:00:38	00:25:45	00:50:28.10	00:51:06.55	+00:19:09 (38.0%)	5:02	11.9 (62.0%)
289	ZILLMANN Tadeusz	295	GEOGRAFIA WOJSKOWA TORUŃ	M3	115	Geografia Wojskowa Toruń	NIE	00:00:04	00:24:34	00:50:36.05	00:50:40.80	+00:19:17 (38.1%)	5:03	11.9 (62.0%)
290	DZIEŁAK Andrzej	145	JURMET	M4	98			00:00:25	00:26:50	00:50:43.35	00:51:08.50	+00:19:24 (38.3%)	5:04	11.8 (61.5%)
291	BIĄŁOBLÓCKI Marek	338	POLSKA	M3	116			00:00:47	00:25:21	00:50:44.90	00:51:31.90	+00:19:26 (38.3%)	5:04	11.8 (61.5%)
292	DUNAJEWSKI Marcin	614		M4	99		Dunajewscy	00:00:14	00:25:17	00:50:46.75	00:51:01.40	+00:19:28 (38.3%)	5:04	11.8 (61.5%)
293	LITKE Marek	517	JW4228	M4	100	JW4228		00:00:11	00:24:37	00:50:58.40	00:51:10.15	+00:19:40 (38.6%)	5:05	11.8 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
294	RACIBORSKI Grzegorz	556	TASAK TEAM	M3	117			00:00:40	00:25:43	00:51:03.05	00:51:43.70	+00:19:44 (38.7%)	5:06	11.8 (61.5%)
295	SONDEJ Rafał	203	JFTC SU	M3	118	JFTC SU		00:00:45	00:24:35	00:51:04.55	00:51:50.35	+00:19:46 (38.7%)	5:06	11.7 (60.9%)
296	BOŻEK Mariusz	548	NIEZRZESZONY	M5	29			00:00:31	00:25:12	00:51:05.05	00:51:36.75	+00:19:46 (38.7%)	5:06	11.7 (60.9%)
297	CZAJKOWSKI Piotr	568	NIEZRZERZONY	M5	30			00:00:27	00:25:30	00:51:07.30	00:51:34.95	+00:19:48 (38.8%)	5:06	11.7 (60.9%)
298	POPOWSKI Zbigniew	149	RUN BYDGOSZCZ	M6	10		POPOWSCY	00:00:30	00:25:08	00:51:08.25	00:51:38.35	+00:19:49 (38.8%)	5:06	11.7 (60.9%)
299	RYŚNIK Dariusz	536	ŻANDARMI Z BYDGOSZCZY	M4	101	Żandarmi z Bydgoszczy		00:00:29	00:24:58	00:51:08.30	00:51:37.45	+00:19:49 (38.8%)	5:06	11.7 (60.9%)
300	KLABAN Marcin	445	11 WOG	M3	119			00:00:51	00:25:57	00:51:09.35	00:52:01.30	+00:19:50 (38.8%)	5:07	11.7 (60.9%)
301	JĘDRA Andrzej	62	BRAK	M4	102			00:00:45	00:25:00	00:51:13.15	00:51:58.50	+00:19:54 (38.9%)	5:07	11.7 (60.9%)
302	DERENDA Mirosław	542	1. BLWL	M3	120	1. BLWL		00:00:15	00:25:19	00:51:13.90	00:51:29.05	+00:19:55 (38.9%)	5:07	11.7 (60.9%)
303	SADOWSKI Michał	447	ZFCI	M3	121			00:00:14	00:25:20	00:51:14.10	00:51:28.65	+00:19:55 (38.9%)	5:07	11.7 (60.9%)
304	ŻERDZIŃSKI Marcin	68	TEAM KRISTOFA	M3	122			00:00:22	00:24:47	00:51:15.70	00:51:37.80	+00:19:57 (38.9%)	5:07	11.7 (60.9%)
305	GRAJEWSKI Mateusz	527	RUN4FUN	M3	123			00:00:18	00:23:58	00:51:20.60	00:51:38.75	+00:20:02 (39.0%)	5:08	11.7 (60.9%)
306	BANACH Grzegorz	345	NIEZRZESZONY	M5	31			00:00:18	00:25:43	00:51:20.85	00:51:38.85	+00:20:02 (39.0%)	5:08	11.7 (60.9%)
307	SZULC Jarosław	123	SZULC TEAM	M3	124		Szulc Team	00:00:45	00:24:08	00:51:24.75	00:52:10.55	+00:20:06 (39.1%)	5:08	11.7 (60.9%)
308	DEREZINSKI Tadeusz	464	FAT	M4	103			00:00:16	00:25:11	00:51:29.75	00:51:46.25	+00:20:11 (39.2%)	5:09	11.7 (60.9%)
309	GOŁĘBIEWSKI Jerzy	259	BRAK	M4	104			00:00:38	00:24:42	00:51:37.50	00:52:16.30	+00:20:19 (39.4%)	5:09	11.6 (60.4%)
310	MUCHA Marcin	90	BATRUN	M3	125			00:00:43	00:25:34	00:51:40.00	00:52:23.45	+00:20:21 (39.4%)	5:10	11.6 (60.4%)
311	KLINIEWSKI Piotr	559	BRZOZA BIEGA	M4	105			00:00:37	00:26:19	00:51:48.15	00:52:25.40	+00:20:29 (39.6%)	5:10	11.6 (60.4%)
312	MAGDZIARZ Michał	446	HURAGAN BIERUTOWICE	M3	126			00:00:17	00:24:42	00:51:51.15	00:52:08.65	+00:20:32 (39.6%)	5:11	11.6 (60.4%)
313	BRZEZIŃSKI Sławomir	281	STRAŻ MIEJSKA W BYDGOSZCZY	M3	127	Straż Miejska w Bydgoszczy		00:00:38	00:25:13	00:51:52.60	00:52:31.40	+00:20:34 (39.7%)	5:11	11.6 (60.4%)
314	DUL Andrzej	577	2 RWT SP BYDGOSZCZ	M4	106	2 RWT SP BYDGOSZCZ		00:00:27	00:25:15	00:51:59.95	00:52:27.80	+00:20:41 (39.8%)	5:12	11.5 (59.9%)
315	SZTOBRYN Aleksander	395	STRAŻ GRANICZNA LOK POGRANICZNIK	M3	128	STRAŻ GRANICZNA LOK POGRANICZNIK		00:00:39	00:25:30	00:52:03.15	00:52:42.25	+00:20:44 (39.9%)	5:12	11.5 (59.9%)
316	ŚLEFARSKI Marcin	29	BRAK	M3	129	Brak	Brak	00:00:25	00:25:19	00:52:05.05	00:52:30.30	+00:20:46 (39.9%)	5:12	11.5 (59.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
317	WOJANOWSKI Zbigniew	234	CYTADELA GRUDZIĄDZ	M5	32	Cytadela Grudziądz		00:00:23	00:25:13	00:52:06.05	00:52:30.00	+00:20:47 (39.9%)	5:12	11.5 (59.9%)
318	RASIŃSKI Adrian	407	NIEZRZESZONY	M3	130			00:00:50	00:26:07	00:52:16.90	00:53:07.20	+00:20:58 (40.1%)	5:13	11.5 (59.9%)
319	MIELCAREK Zdzisław	21	BRZOZA BIEGA	M7+	1			00:00:06	00:25:41	00:52:17.15	00:52:23.80	+00:20:58 (40.1%)	5:13	11.5 (59.9%)
320	SIERADZKI Wojciech	397	STRAŻ POŻARNA	M4	107	Straż Pożarna		00:00:21	00:25:32	00:52:21.15	00:52:42.20	+00:21:02 (40.2%)	5:14	11.5 (59.9%)
321	PAWLACZYK Szymon	267	BRAK	M3	131			00:00:16	00:24:53	00:52:21.85	00:52:38.35	+00:21:03 (40.2%)	5:14	11.5 (59.9%)
322	POLITOWICZ Kamil	350	TRZYNASTKA	M3	132			00:00:10	00:25:32	00:52:24.15	00:52:34.65	+00:21:05 (40.3%)	5:14	11.5 (59.9%)
323	WOJCIECHOWSKI Jarosław	78	TEAM MYŚLĘCINEK	M4	108		J. E. Wojciechowscy	00:00:30	00:26:14	00:52:30.15	00:53:00.45	+00:21:11 (40.4%)	5:15	11.4 (59.4%)
324	RATAJ Maciej	36	.	M4	109			00:00:21	00:24:38	00:52:30.35	00:52:51.70	+00:21:11 (40.4%)	5:15	11.4 (59.4%)
325	QUAAS Łukasz	158	BRAK	M3	133	służba wiezienna	Quaas	00:00:30	00:25:05	00:52:42.85	00:53:13.20	+00:21:24 (40.6%)	5:16	11.4 (59.4%)
326	HORODYSKI Daniel	441	TORUŃ	M2	27			00:00:35	00:26:15	00:52:52.20	00:53:27.70	+00:21:33 (40.8%)	5:17	11.3 (58.9%)
327	KOSTRZEWSKI Aleksander	235	CYTADELA GRUDZIĄDZ	M4	110	Cytadela Grudziądz		00:00:23	00:25:29	00:52:53.95	00:53:17.25	+00:21:35 (40.8%)	5:17	11.3 (58.9%)
328	ZARĘBSKI Sławomir	357	EL-AKTYWNI ELBLĄG	M5	33			00:00:26	00:25:49	00:52:58.35	00:53:24.40	+00:21:39 (40.9%)	5:17	11.3 (58.9%)
329	SLINKO Sebastian	138	2 RWT SP BYDGOSZCZ	M4	111	2 RWT SP BYDGOSZCZ		00:00:42	00:25:16	00:52:58.55	00:53:41.25	+00:21:40 (40.9%)	5:17	11.3 (58.9%)
330	PRUS Marcin	129		M3	134			00:00:51	00:26:10	00:52:58.85	00:53:50.20	+00:21:40 (40.9%)	5:17	11.3 (58.9%)
331	SAWICKI Michał	374	BRAK	M3	135		Sawicki	00:00:36	00:25:37	00:53:01.50	00:53:37.95	+00:21:43 (41.0%)	5:18	11.3 (58.9%)
332	BIESIADA Tomasz	581	TRISPACE	M4	112			00:00:06	00:26:40	00:53:08.95	00:53:14.95	+00:21:50 (41.1%)	5:18	11.3 (58.9%)
333	KLIMEK Przemysław	389	BRAK	M2	28		Klimek	00:00:34	00:25:51	00:53:09.15	00:53:43.40	+00:21:50 (41.1%)	5:18	11.3 (58.9%)
334	GRUBA Jacek	420	NIEZRZESZONY	M5	34		GRUBA	00:00:36	00:26:52	00:53:10.25	00:53:46.55	+00:21:51 (41.1%)	5:19	11.3 (58.9%)
335	BRZOZOWSKI Piotr	71	BRZOZA TRI TEAM	M2	29		Brzozowscy	00:00:21	00:24:55	00:53:24.85	00:53:46.70	+00:22:06 (41.4%)	5:20	11.2 (58.3%)
336	KAZIMIERCZAK Tomasz	593	BRAK	M4	113			00:00:27	00:26:54	00:53:33.40	00:54:00.75	+00:22:15 (41.5%)	5:21	11.2 (58.3%)
337	JASIAK Sebastian	520	ANGELS TORUŃ	M2	30			00:00:33	00:26:22	00:53:36.85	00:54:10.20	+00:22:18 (41.6%)	5:21	11.2 (58.3%)
338	RAUT Wiesław	537	BYDGOSZCZ	M6	11			00:00:44	00:26:43	00:53:38.80	00:54:23.45	+00:22:20 (41.6%)	5:21	11.2 (58.3%)
339	GAJZLER Jerzy	169	BARTODZIEJE	M6	12			00:00:29	00:26:17	00:53:39.20	00:54:09.15	+00:22:20 (41.7%)	5:22	11.2 (58.3%)
340	KALA Michał	490	BRAK	M3	136			00:00:47	00:26:58	00:53:42.05	00:54:29.05	+00:22:23 (41.7%)	5:22	11.2 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
341	WOŁKIEWICZ Marcin	322	BRAK	M3	137			00:00:20	00:25:26	00:53:46.05	00:54:06.25	+00:22:27 (41.8%)	5:22	11.2 (58.3%)
342	BORYSKIN Andrzej	18	BRZOZA BIEGA	M6	13			00:00:06	00:26:26	00:53:46.75	00:53:53.55	+00:22:28 (41.8%)	5:22	11.2 (58.3%)
343	JELENIOWSKI Eugeniusz	439	BŁĄDZIM BIEGA	M5	35			00:00:22	00:26:25	00:53:48.95	00:54:11.70	+00:22:30 (41.8%)	5:22	11.1 (57.8%)
344	STACHNIUK Przemysław	103	JFTC SU	M3	138	JFTC SU		00:00:47	00:26:40	00:53:49.55	00:54:36.70	+00:22:31 (41.8%)	5:22	11.1 (57.8%)
345	MIROWSKI Mariusz	37	NIE DOTYCZY	M4	114			00:00:37	00:27:18	00:53:51.80	00:54:29.60	+00:22:33 (41.9%)	5:23	11.1 (57.8%)
346	SIERACKI Jarosław	392	JFTC SU	M4	115	JFTC SU		00:00:47	00:26:10	00:53:57.65	00:54:44.65	+00:22:39 (42.0%)	5:23	11.1 (57.8%)
347	MACIEJCZYK Piotr	534	DOCENT FELGA TEAM	M4	116			00:00:08	00:24:58	00:53:57.90	00:54:06.20	+00:22:39 (42.0%)	5:23	11.1 (57.8%)
348	SOŁDON Bogusław	269	BIEGAJ Z NAMI	M6	14	tak	tak	00:00:32	00:25:58	00:53:58.70	00:54:30.95	+00:22:40 (42.0%)	5:23	11.1 (57.8%)
349	ZIĘTARSKI Cezary	144	2 RWT SP BYDGOSZCZ	M3	139	2 RWT SP BYDGOSZCZ		00:00:41	00:26:34	00:53:59.05	00:54:40.50	+00:22:40 (42.0%)	5:23	11.1 (57.8%)
350	STĘPIEŃ Tomasz	430	SF	M4	117		SF	00:00:42	00:24:46	00:54:00.95	00:54:43.65	+00:22:42 (42.0%)	5:24	11.1 (57.8%)
351	SYNAKIEWICZ Ryszard	88	ES-TEAM	M2	31		eS-Team	00:00:12	00:26:53	00:54:01.10	00:54:13.15	+00:22:42 (42.0%)	5:24	11.1 (57.8%)
352	JAWORSKI Janusz	114	INSPEKTORAT WSPARCIA SIŁ ZBROJNYCH	M5	36	Inspektorat Wsparcia Sił Zbrojnych		00:00:12	00:25:50	00:54:09.95	00:54:22.00	+00:22:51 (42.2%)	5:25	11.1 (57.8%)
353	KASZOWICZ Marek	231	RWT W BYDGOSZCZY	M4	118	RWT w Bydgoszczy		00:00:38	00:27:18	00:54:10.05	00:54:48.10	+00:22:51 (42.2%)	5:25	11.1 (57.8%)
354	NAPORA Paweł	331	MIEDZYŃ	M1	15			00:00:25	00:25:59	00:54:34.70	00:55:00.50	+00:23:16 (42.6%)	5:27	11 (57.3%)
355	KOZIAK Roman	106	2 RWT SP BYDGOSZCZ	M4	119	2 RWT SP BYDGOSZCZ		00:00:44	00:25:50	00:54:35.30	00:55:19.45	+00:23:16 (42.6%)	5:27	11 (57.3%)
356	TUPAJKA Tomasz	404	NIEZRZESZONY	M4	120			00:00:47	00:26:27	00:54:35.35	00:55:23.25	+00:23:16 (42.7%)	5:27	11 (57.3%)
357	SIERANT Oskar	543	ZAWISZA	M4	121			00:00:08	00:24:20	00:54:37.55	00:54:46.30	+00:23:19 (42.7%)	5:27	11 (57.3%)
358	SIKORSKI Jarek	524	BRAK	M3	140			00:00:31	00:26:49	00:54:39.30	00:55:10.65	+00:23:20 (42.7%)	5:27	11 (57.3%)
359	RUSZKIEWICZ Łukasz	589	NIEZRZESZONY	M3	141			00:00:34	00:26:38	00:54:49.10	00:55:23.60	+00:23:30 (42.9%)	5:28	10.9 (56.8%)
360	JASEWICZ Tadeusz	488	NIEZRZESZONY	M6	15	Policja	nie	00:00:06	00:25:03	00:55:13.25	00:55:20.05	+00:23:54 (43.3%)	5:31	10.9 (56.8%)
361	TUCZYŃSKI Robert	401	NIEZRZESZONY	M3	142			00:00:48	00:28:11	00:55:24.15	00:56:12.85	+00:24:05 (43.5%)	5:32	10.8 (56.3%)
362	WOJTYSIAK Szymon	46	BYDGOSKIE OKONIE	M2	32			00:00:23	00:27:34	00:55:40.25	00:56:03.55	+00:24:21 (43.8%)	5:34	10.8 (56.3%)
363	RUJNA Przemysław	525	MARUNTHON.COM	M3	143			00:00:32	00:28:10	00:55:42.05	00:56:14.35	+00:24:23 (43.8%)	5:34	10.8 (56.3%)
364	GAŚSIOROWSKI Robert	91	RUN BYDGOSZCZ	M4	122			00:00:33	00:27:16	00:55:44.15	00:56:17.20	+00:24:25 (43.8%)	5:34	10.8 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
365	SŁOMSKI Dariusz	422	11 WOG	M4	123	11 WOG		00:00:52	00:27:20	00:55:46.25	00:56:38.50	+00:24:27 (43.9%)	5:34	10.8 (56.3%)
366	GLASNER Rafał	505	WEEKENDOWY BIEGACZ	M3	144			00:00:47	00:26:55	00:55:47.20	00:56:34.75	+00:24:28 (43.9%)	5:34	10.8 (56.3%)
367	PODLECKI Tomasz	579	LOKATOR NIERUCHOMOŚCI PIŁA	M3	145			00:00:11	00:28:14	00:55:49.25	00:56:00.85	+00:24:30 (43.9%)	5:34	10.7 (55.7%)
368	REMLINGER Michał	56	RUN BYDGOSZCZ	M3	146			00:00:50	00:27:58	00:55:53.20	00:56:43.50	+00:24:34 (44.0%)	5:35	10.7 (55.7%)
369	ZNANIECKI Wojciech	54	ZNANIECCY	M3	147		Znaniecty	00:00:31	00:27:00	00:55:53.65	00:56:25.55	+00:24:35 (44.0%)	5:35	10.7 (55.7%)
370	WILLMA Jarosław	17	BRZOZA BIEGA	M4	124			00:00:09	00:27:10	00:55:59.55	00:56:08.85	+00:24:41 (44.1%)	5:35	10.7 (55.7%)
371	SEROCKI Bartosz	98	KCBM FRANEK I RÓŻA	M3	148			00:00:34	00:26:57	00:56:00.05	00:56:34.25	+00:24:41 (44.1%)	5:36	10.7 (55.7%)
372	FURMAŃSKI Arkadiusz	346	TRZYNASTKA	M4	125			00:00:11	00:25:38	00:56:06.25	00:56:17.35	+00:24:47 (44.2%)	5:36	10.7 (55.7%)
373	POŁOMSKI Rafał	291	GEOGRAFIA WOJSKOWA TORUŃ	M3	149	Geografia Wojskowa Toruń	nie	00:00:32	00:28:42	00:56:08.90	00:56:41.55	+00:24:50 (44.2%)	5:36	10.7 (55.7%)
374	DUDZIAK Tomasz	81	PYSZCZOSZCZYPIE	M3	150			00:00:33	00:27:32	00:56:15.20	00:56:48.50	+00:24:56 (44.3%)	5:37	10.7 (55.7%)
375	WIŚNIEWSKI Tomasz	290	BRAK	M4	126		Wiśniewscy	00:00:36	00:28:41	00:56:16.70	00:56:52.95	+00:24:58 (44.4%)	5:37	10.7 (55.7%)
376	KIEŁPIŃSKI Krzysztof	224	WWW.DOBRY-WYBOR.PL	M3	151			00:00:39	00:27:29	00:56:22.80	00:57:02.50	+00:25:04 (44.5%)	5:38	10.6 (55.2%)
377	WAWRZYŃIAK Michał	456	BIL BIEGA	M3	152		Wawrzyński	00:00:34	00:28:13	00:56:39.55	00:57:14.10	+00:25:21 (44.7%)	5:40	10.6 (55.2%)
378	WODEJKO Artur	100	TURBOBOY	M3	153			00:00:33	00:28:14	00:56:40.20	00:57:14.10	+00:25:21 (44.8%)	5:40	10.6 (55.2%)
379	GURDAK Leszek	616		M3	154			00:00:40	00:27:03	00:56:48.75	00:57:29.10	+00:25:30 (44.9%)	5:40	10.6 (55.2%)
380	WIŚNIEWSKI Włodzimierz	31	NIEZRZESZONY	M5	37			00:00:34	00:25:41	00:57:04.75	00:57:39.45	+00:25:46 (45.2%)	5:42	10.5 (54.7%)
381	OKRASKA Marcin	617		M4	127			00:00:41	00:28:27	00:57:14.50	00:57:55.85	+00:25:56 (45.3%)	5:43	10.5 (54.7%)
382	BEHRENDT Rafał	273	KWP W BYDGOSZCZY	M3	155	KWP w Bydgoszczy		00:00:44	00:27:12	00:57:16.90	00:58:01.40	+00:25:58 (45.3%)	5:43	10.5 (54.7%)
383	KLEISTER Dionizy	465	BRAK	M5	38			00:00:41	00:28:20	00:57:22.80	00:58:04.75	+00:26:04 (45.4%)	5:44	10.5 (54.7%)
384	KOWALCZYK Łukasz	297	NIEZRZESZONY	M2	33			00:00:26	00:27:45	00:57:24.15	00:57:51.10	+00:26:05 (45.5%)	5:44	10.4 (54.2%)
385	SIMIŃSKI Maciej	594	BRAK	M4	128			00:00:45	00:28:09	00:57:41.10	00:58:26.70	+00:26:22 (45.7%)	5:46	10.4 (54.2%)
386	BRZOZA Mateusz	571	BPH RUNNING TEAM	M2	34			00:00:38	00:27:15	00:57:41.25	00:58:19.90	+00:26:22 (45.7%)	5:46	10.4 (54.2%)
387	LASKOWSKI Maciej	220	BYDGOSZCZ	M2	35			00:00:13	00:27:39	00:57:43.50	00:57:56.65	+00:26:25 (45.8%)	5:46	10.4 (54.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
388	STĘPIEŃ Bogdan	546	BRAK	M3	156			00:00:22	00:28:32	00:57:48.25	00:58:10.65	+00:26:29 (45.8%)	5:46	10.4 (54.2%)
389	JANKOWSKI Tomasz	174	JANKESTEAM	M4	129		Jankowski	00:00:37	00:29:34	00:57:49.15	00:58:26.50	+00:26:30 (45.9%)	5:46	10.4 (54.2%)
390	BUDZIAK Bartosz	403	NO NAME	M4	130			00:00:13	00:28:57	00:57:58.00	00:58:11.00	+00:26:39 (46.0%)	5:47	10.4 (54.2%)
391	CHWIŁKA Daniel	549	HIGHFIVETEAM.PL	M3	157			00:00:41	00:27:41	00:58:02.00	00:58:43.05	+00:26:43 (46.1%)	5:48	10.3 (53.6%)
392	KOMOSIŃSKI Paweł	383	KWP W BYDGOSZCZY	M3	158	KWP w Bydgoszczy		00:00:49	00:28:03	00:58:08.50	00:58:58.30	+00:26:50 (46.2%)	5:48	10.3 (53.6%)
393	JANCZARSKI Andrzej Czasowiec	19	CARBON TEAM TORUŃ	M6	16			00:00:45	00:28:00	00:58:10.35	00:58:55.35	+00:26:51 (46.2%)	5:49	10.3 (53.6%)
394	JASZCZ Tomasz	574	JANIKOWO NA SPORTOWO	M4	131			00:00:23	00:28:33	00:58:27.90	00:58:51.25	+00:27:09 (46.5%)	5:50	10.3 (53.6%)
395	KALINOWSKI Wojciech	509	JAPAN PROMOTION TEAM	M5	39			00:00:26	00:28:19	00:58:28.10	00:58:54.25	+00:27:09 (46.5%)	5:50	10.3 (53.6%)
396	RAMBOWICZ Andrzej	43	ROWEROWA BRZOZA	M4	132			00:00:49	00:27:52	00:58:35.85	00:59:25.55	+00:27:17 (46.6%)	5:51	10.2 (53.1%)
397	MATUSZAK Radosław	305	JFTC SU	M4	133	JFTC SU		00:00:49	00:28:37	00:58:42.00	00:59:31.00	+00:27:23 (46.7%)	5:52	10.2 (53.1%)
398	KANIA Daniel	323	NIEZRZESZONY	M3	159		Kania Team	00:00:25	00:27:59	00:58:52.55	00:59:18.40	+00:27:34 (46.8%)	5:53	10.2 (53.1%)
399	MINTA Adam	615		M3	160			00:00:40	00:29:17	00:58:59.80	00:59:40.25	+00:27:41 (46.9%)	5:54	10.2 (53.1%)
400	GRUBA Paweł	417	NIEZRZESZONY	M3	161		GRUBA	00:00:36	00:28:37	00:59:07.25	00:59:43.35	+00:27:48 (47.0%)	5:54	10.1 (52.6%)
401	KOZŁOWSKI Mirek	109	BRAK	M5	40			00:00:18	00:28:57	00:59:12.70	00:59:31.65	+00:27:54 (47.1%)	5:55	10.1 (52.6%)
402	MŁODZIK Adam	608	1. BLOG BYDGOSZCZ	M4	134	1. Blog Bydgoszcz		00:00:15	00:29:03	00:59:24.75	00:59:39.80	+00:28:06 (47.3%)	5:56	10.1 (52.6%)
403	SZMAŃDA Kacper	219	TEAM SPEED BIG TONY	M1	16		Team Speed Big Tony	00:00:08	00:26:49	00:59:31.80	00:59:40.75	+00:28:13 (47.4%)	5:57	10.1 (52.6%)
404	ZIELASKOWSKI Aleksander	507	CSLOG GRUPA	M4	135	żołnierz zawodowy		00:00:10	00:29:03	01:00:03.65	01:00:13.75	+00:28:45 (47.9%)	6:00	10 (52.1%)
405	SOSNOWSKI Tomasz	139	2 RWT SP BYDGOSZCZ	M4	136	2 RWT SP BYDGOSZCZ		00:00:42	00:29:05	01:00:23.85	01:01:06.25	+00:29:05 (48.2%)	6:02	9.9 (51.6%)
406	JULLY Arkadiusz	312	BRAK	M3	162			00:00:46	00:30:18	01:00:46.30	01:01:32.55	+00:29:27 (48.5%)	6:04	9.9 (51.6%)
407	PALKA Robert	240	INDYWIDUALNIE	M3	163			00:00:29	00:29:30	01:01:14.10	01:01:43.45	+00:29:55 (48.9%)	6:07	9.8 (51.0%)
408	GRABOWSKI Piotr	225	BRZOZA BIEGA	M4	137			00:00:36	00:29:39	01:01:21.60	01:01:58.55	+00:30:03 (49.0%)	6:08	9.8 (51.0%)
409	RODA Sławomir	341	ŻANDARMI Z BYDGOSZCZY	M2	36	Żandarmi z Bydgoszczy		00:00:31	00:29:31	01:01:40.90	01:02:12.25	+00:30:22 (49.2%)	6:10	9.7 (50.5%)
410	JANKOWSKI Roman	444	NIEZRZESZONY	M4	138			00:00:48	00:30:22	01:01:44.25	01:02:32.65	+00:30:25 (49.3%)	6:10	9.7 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
411	KOWALCZYK Grzegorz	298	NIEZRZESZONY	M5	41	TAK		00:00:27	00:29:31	01:01:58.85	01:02:26.20	+00:30:40 (49.5%)	6:11	9.7 (50.5%)
412	ZABOROWSKI Robert	83	PGB SPORTOWA PACZKA	M3	164			00:00:44	00:29:59	01:02:18.80	01:03:03.00	+00:31:00 (49.8%)	6:13	9.6 (50.0%)
413	CEGIELSKI Maciej	327	ŻANDARMI Z BYDGOSZCZY	M4	139	Tak	Nie	00:00:30	00:30:16	01:02:35.85	01:03:05.90	+00:31:17 (50.0%)	6:15	9.6 (50.0%)
414	BRAĞIEL Jakub	63	RUN BYDGOSZCZ	M3	165		Brağiel	00:00:35	00:29:42	01:02:53.65	01:03:29.15	+00:31:35 (50.2%)	6:17	9.5 (49.5%)
415	KAZUBOWSKI Jeremiasz	443	NIEZRZESZONY	M1	17			00:00:46	00:30:28	01:03:00.80	01:03:47.20	+00:31:42 (50.3%)	6:18	9.5 (49.5%)
416	LISIECKI Jacek	453	AJ	M4	140			00:00:48	00:31:13	01:03:14.15	01:04:03.10	+00:31:55 (50.5%)	6:19	9.5 (49.5%)
417	GIERACH Krzysztof	310	RUN NIEMCZ	M6	17		Gierach	00:00:42	00:31:18	01:03:43.50	01:04:26.20	+00:32:25 (50.9%)	6:22	9.4 (49.0%)
418	ROŻNIAKOWSKI Dawid	575	BRAK	M3	166			00:00:06	00:30:40	01:03:54.35	01:04:00.90	+00:32:35 (51.0%)	6:23	9.4 (49.0%)
419	GANCKOWSKI Piotr	23	NIEZRZESZONY	M5	42			00:00:17	00:30:26	01:04:03.95	01:04:21.50	+00:32:45 (51.1%)	6:24	9.4 (49.0%)
420	CIBOROWSKI Bartłomiej	367	INDYWIDUALNIE	M3	167			00:00:29	00:31:29	01:04:29.80	01:04:58.85	+00:33:11 (51.5%)	6:26	9.3 (48.4%)
421	FERNANDEZ Cristian	317	BRAK	M3	168		Fernandez	00:00:33	00:31:17	01:04:34.25	01:05:07.85	+00:33:15 (51.5%)	6:27	9.3 (48.4%)
422	FRYCKOWSKI Oskar	511	FRYCKOWSKI	M2	37		Fryckowski	00:00:40	00:31:56	01:05:02.05	01:05:42.55	+00:33:43 (51.9%)	6:30	9.2 (47.9%)
423	PIANOWSKIO Marek	459	BIURO INŻYNIERII ŚRODOWISKA	M5	43			00:00:47	00:30:42	01:05:37.30	01:06:24.60	+00:34:18 (52.3%)	6:33	9.1 (47.4%)
424	SZMAŃDA Tomasz	223	TEAM SPEED BIG TONY	M4	141		Team Speed Big Tony	00:00:10	00:31:13	01:05:48.15	01:05:58.65	+00:34:29 (52.4%)	6:34	9.1 (47.4%)
425	SYNAKIEWICZ Marcin	39	ES-TEAM	M3	169		eS-Team	00:00:13	00:30:04	01:06:21.60	01:06:35.15	+00:35:03 (52.8%)	6:38	9 (46.9%)
426	KAWA Marcin	73	BYDGOSZCZ	M4	142			00:00:43	00:32:22	01:06:27.30	01:07:10.45	+00:35:08 (52.9%)	6:38	9 (46.9%)
427	RĄCZKA Łukasz	132	VOLLEYTEAM	M3	170			00:00:49	00:33:31	01:07:18.65	01:08:07.65	+00:36:00 (53.5%)	6:43	8.9 (46.4%)
428	MODRZEJEWSKI Grzegorz	467	BRAK	M4	143			00:00:49	00:30:55	01:08:17.80	01:09:07.30	+00:36:59 (54.2%)	6:49	8.8 (45.8%)
429	GOZIMIRSKI Adam	586	ROWEROWA BRZOZA	M3	171			00:00:09	00:24:15	01:09:13.35	01:09:23.30	+00:37:54 (54.8%)	6:55	8.7 (45.3%)
430	WIŚNIEWSKA Elżbieta	199	BRZOZA BIEGA	M4	144		Wiśniewski Olimpin	00:00:35	00:34:03	01:09:58.20	01:10:33.85	+00:38:39 (55.3%)	6:59	8.6 (44.8%)
431	RYMARKIEWICZ Sławomir	107	BYDGOSZCZ	M3	172			00:00:28	00:34:20	01:13:32.40	01:14:01.25	+00:42:14 (57.4%)	7:21	8.2 (42.7%)
432	SWOBODA Daniel	200	NKB	M3	173	tak	Swoboda	00:00:44	00:35:46	01:13:33.40	01:14:17.45	+00:42:15 (57.4%)	7:21	8.2 (42.7%)
433	PAWULSKI Jakub	476	OSOVA FITNESS	M3	174			00:00:43	00:35:47	01:13:34.50	01:14:18.25	+00:42:16 (57.4%)	7:21	8.2 (42.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
434	ROGULSKI Mariusz	230	POLSKA	M4	145			00:00:20	00:25:46	01:22:13.25	01:22:34.00	+00:50:54 (61.9%)	8:13	7.3 (38.0%)
435	SPARZYŃSKI Adam	390	1. BLWL	M3	175	1. BLWL		00:50:33						(0.0%)

Znaleziono 435 wynik(ów)