

# VI BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Organizator:** Rowerowa Brzoza  
**Data:** 2015-09-19  
**Miejsce:** Przyłęki-Brzoza  
**Dystans:** 10 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Mundur M36-45

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>GÓRNY Maciej</b>	<b>531</b>	CSLOG GRUPA	M3	5	CSLog Grupa		00:00:02	00:17:44	<b>00:35:53.25</b>	<b>00:35:55.55</b>		3:35	16.7 (100%)
2	<b>KOWALCZYK Marek</b>	<b>382</b>	KWP W BYDGOSZCZY	M3	6	KWP w Bydgoszczy		00:00:02	00:18:04	<b>00:36:33.70</b>	<b>00:36:36.65</b>	+00:00:40 (1.8%)	3:39	16.4 (98.2%)
3	<b>MAŁECKI Jakub</b>	<b>141</b>	RWT W BYDGOSZCZY	M3	7	RWT w Bydgoszczy	nie	00:00:03	00:18:03	<b>00:36:36.15</b>	<b>00:36:39.85</b>	+00:00:42 (2.0%)	3:39	16.4 (98.2%)
4	<b>WALENDZIAK Klaudiusz</b>	<b>532</b>	CSLOG GRUPA	M4	4	CSLog Grupa		00:00:01	00:18:20	<b>00:36:39.85</b>	<b>00:36:41.70</b>	+00:00:46 (2.1%)	3:40	16.4 (98.2%)
5	<b>JAGIEŁA Jarosław</b>	<b>12</b>	TKKF KOLEJARZ BYDGOSZCZ	M4	5	nie	Jagięta-Jedras	00:00:03	00:18:27	<b>00:37:08.25</b>	<b>00:37:11.50</b>	+00:01:15 (3.4%)	3:42	16.2 (97.0%)
6	<b>BALCERZAK Marcin</b>	<b>587</b>	JW3293 POWIDZ	M4	7	JW3293 Powidz		00:00:04	00:19:08	<b>00:38:03.45</b>	<b>00:38:07.85</b>	+00:02:10 (5.7%)	3:48	15.8 (94.6%)
7	<b>SOWA Wojciech</b>	<b>340</b>	CSAIU	M3	14	CSAiU		00:00:03	00:19:11	<b>00:38:52.70</b>	<b>00:38:56.25</b>	+00:02:59 (7.7%)	3:53	15.4 (92.2%)
8	<b>DĘBSKI Włodzimierz</b>	<b>448</b>	RWT W BYDGOSZCZY	M4	8	RWT w Bydgoszczy		00:00:04	00:19:26	<b>00:38:57.20</b>	<b>00:39:01.40</b>	+00:03:03 (7.9%)	3:53	15.4 (92.2%)
9	<b>MOROSZCZAK Bogumił</b>	<b>121</b>	4RUN TEAM BYDGOSZCZ	M4	10	SŁUŻBA OCHRONY POCZTA POLSKA	MOROSZCZAK	00:00:05	00:19:24	<b>00:39:16.25</b>	<b>00:39:21.55</b>	+00:03:23 (8.6%)	3:55	15.3 (91.6%)
10	<b>RETECKI Krzysztof</b>	<b>221</b>	BOGMAR OSTROMECKO	M4	12	Służba Więzienna		00:00:04	00:19:27	<b>00:39:31.60</b>	<b>00:39:35.80</b>	+00:03:38 (9.2%)	3:57	15.2 (91.0%)
11	<b>KOPEĆ Waldemar</b>	<b>502</b>	JW4228	M4	13	JW4228		00:00:10	00:19:35	<b>00:39:49.30</b>	<b>00:39:59.35</b>	+00:03:56 (9.9%)	3:58	15.1 (90.4%)
12	<b>BALMOWSKI Radosław</b>	<b>410</b>	II PUŁK INŻYNIERYJNY INOWROCŁAW	M3	19	II Pułk Inżynieryjny Inowrocław		00:00:05	00:19:25	<b>00:39:54.50</b>	<b>00:39:59.80</b>	+00:04:01 (10.1%)	3:59	15 (89.8%)
13	<b>SZERSZEŃ Kamil</b>	<b>296</b>	RWT W BYDGOSZCZY	M3	20	RWT w Bydgoszczy		00:00:03	00:19:41	<b>00:40:00.30</b>	<b>00:40:04.20</b>	+00:04:07 (10.3%)	4:00	15 (89.8%)
14	<b>LIS Piotr</b>	<b>289</b>	GEOGRAFIA WOJSKOWA TORUŃ	M3	22	Geografia Wojskowa Toruń	NIE	00:00:05	00:19:46	<b>00:40:23.80</b>	<b>00:40:29.15</b>	+00:04:30 (11.2%)	4:02	14.9 (89.2%)
15	<b>JĘDRAL Janusz</b>	<b>386</b>	KWP W BYDGOSZCZY	M4	17	KWP w Bydgoszczy		00:00:05	00:19:42	<b>00:40:45.70</b>	<b>00:40:51.05</b>	+00:04:52 (12.0%)	4:04	14.7 (88.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	<b>FUKSIEWICZ Michał</b>	<b>264</b>	JW4385	M4	20	JW4385		00:00:10	00:20:18	<b>00:41:23.45</b>	<b>00:41:33.80</b>	+00:05:30 (13.3%)	4:08	14.5 (86.8%)
17	<b>WIŚNIEWSKI Jan</b>	<b>152</b>	CSLOG GRUPA	M4	24	CSLog Grupa	Wiśniewski	00:00:08	00:20:21	<b>00:41:46.15</b>	<b>00:41:54.75</b>	+00:05:52 (14.1%)	4:10	14.4 (86.2%)
18	<b>FEDYCZKOWSKI Edward</b>	<b>482</b>	NCIA CSU BYDGOSZCZ	M4	34	NCIA CSU Bydgoszcz		00:00:15	00:21:12	<b>00:42:56.50</b>	<b>00:43:12.40</b>	+00:07:03 (16.4%)	4:17	14 (83.8%)
19	<b>KULPA Marcin</b>	<b>211</b>	CSLOG GRUPA	M3	40	CSLog Grupa		00:00:08	00:20:54	<b>00:43:20.15</b>	<b>00:43:28.45</b>	+00:07:26 (17.2%)	4:20	13.8 (82.6%)
20	<b>BLUKACZ Grzegorz</b>	<b>343</b>	CSAIU	M4	37	CSAiU	Nie	00:00:11	00:21:39	<b>00:43:40.80</b>	<b>00:43:52.35</b>	+00:07:47 (17.8%)	4:22	13.7 (82.0%)
21	<b>SKRZYPCZAK Dariusz</b>	<b>483</b>	NCIA CSU BYDGOSZCZ	M4	40	NCIA CSU Bydgoszcz		00:00:21	00:22:12	<b>00:43:51.90</b>	<b>00:44:13.25</b>	+00:07:58 (18.2%)	4:23	13.7 (82.0%)
22	<b>KAMIŃSKI Arkadiusz</b>	<b>130</b>	CSLOG	M3	45	Cslog		00:00:08	00:21:12	<b>00:44:06.55</b>	<b>00:44:14.85</b>	+00:08:13 (18.6%)	4:24	13.6 (81.4%)
23	<b>NITKA Ireneusz</b>	<b>111</b>	NAKIELSKI KLUB BIEGACZA	M4	43	SW Potulice		00:00:44	00:23:15	<b>00:44:09.25</b>	<b>00:44:54.00</b>	+00:08:16 (18.7%)	4:25	13.6 (81.4%)
24	<b>KRUSZKA Łukasz</b>	<b>387</b>	KWP W BYDGOSZCZY	M3	49	KWP w Bydgoszczy		00:00:13	00:22:13	<b>00:44:36.90</b>	<b>00:44:49.95</b>	+00:08:43 (19.6%)	4:27	13.5 (80.8%)
25	<b>BONIECKI Piotr</b>	<b>292</b>	GEOGRAFIA WOJSKOWA TORUŃ	M4	46	Geografia Wojskowa Toruń	Tak	00:00:10	00:21:49	<b>00:44:38.55</b>	<b>00:44:48.95</b>	+00:08:45 (19.6%)	4:27	13.4 (80.2%)
26	<b>STRYSIK Tomasz</b>	<b>165</b>	CSLOG GRUPA	M3	52	CSLog Grupa		00:00:08	00:21:44	<b>00:44:59.70</b>	<b>00:45:07.90</b>	+00:09:06 (20.2%)	4:29	13.3 (79.6%)
27	<b>KOŁODZIEJCZYK Łukasz</b>	<b>499</b>	NCIA CSU BYDGOSZCZ	M3	54	NCIA CSU Bydgoszcz		00:00:16	00:22:07	<b>00:45:11.40</b>	<b>00:45:27.75</b>	+00:09:18 (20.6%)	4:31	13.3 (79.6%)
28	<b>LEBA Rafał</b>	<b>362</b>	JW4385	M3	56	JW4385		00:00:31	00:22:18	<b>00:45:18.30</b>	<b>00:45:49.75</b>	+00:09:25 (20.8%)	4:31	13.2 (79.0%)
29	<b>MRUK Tomasz</b>	<b>285</b>	STRAŻ MIEJSKA W BYDGOSZCZY	M3	59	Straż Miejska w Bydgoszczy		00:00:39	00:23:25	<b>00:45:27.40</b>	<b>00:46:06.50</b>	+00:09:34 (21.1%)	4:32	13.2 (79.0%)
30	<b>BURAK Maciej</b>	<b>599</b>	II PUŁK INŻYNIERYJNY INOWROCŁAW	M3	72	II Pułk Inżynieryjny Inowrocław		00:00:11	00:22:45	<b>00:46:08.85</b>	<b>00:46:20.10</b>	+00:10:15 (22.2%)	4:36	13 (77.8%)
31	<b>KISIEL Dariusz</b>	<b>481</b>	NCIA CSU BYDGOSZCZ	M4	57	NCIA CSU Bydgoszcz		00:00:21	00:23:09	<b>00:46:23.90</b>	<b>00:46:45.25</b>	+00:10:30 (22.7%)	4:38	12.9 (77.2%)
32	<b>MURAS Michał</b>	<b>337</b>	JW4385	M4	59	JW4385		00:00:31	00:23:21	<b>00:46:38.35</b>	<b>00:47:09.40</b>	+00:10:45 (23.1%)	4:39	12.9 (77.2%)
33	<b>KOSMEJA Piotr</b>	<b>282</b>	STRAŻ MIEJSKA W BYDGOSZCZY	M4	64	Straż Miejska w Bydgoszczy		00:00:38	00:23:31	<b>00:47:07.30</b>	<b>00:47:45.55</b>	+00:11:14 (23.8%)	4:42	12.7 (76.0%)
34	<b>MARCIŃSKI Robert</b>	<b>151</b>	2 RWT SP BYDGOSZCZ	M4	71	2 RWT SP BYDGOSZCZ		00:00:43	00:23:42	<b>00:47:35.30</b>	<b>00:48:18.30</b>	+00:11:42 (24.6%)	4:45	12.6 (75.4%)
35	<b>LEWANDOWSKI Tomasz</b>	<b>198</b>	CSLOG GRUPA	M4	72	CSLog Grupa		00:00:09	00:22:48	<b>00:47:35.50</b>	<b>00:47:44.55</b>	+00:11:42 (24.6%)	4:45	12.6 (75.4%)
36	<b>KANAREK Szymon</b>	<b>519</b>	1. BLWL	M3	88	1. BLWL		00:00:14	00:23:52	<b>00:47:38.15</b>	<b>00:47:52.90</b>	+00:11:44 (24.7%)	4:45	12.6 (75.4%)
37	<b>AUGUSTYNOWICZ Andrzej</b>	<b>85</b>	RWT W BYDGOSZCZY	M4	74	RWT w Bydgoszczy		00:00:17	00:24:48	<b>00:48:13.65</b>	<b>00:48:30.80</b>	+00:12:20 (25.6%)	4:49	12.4 (74.3%)
38	<b>PODSIEDLIK Zbigniew</b>	<b>381</b>	JW4385	M4	77	JW4385		00:00:18	00:23:42	<b>00:48:22.85</b>	<b>00:48:41.30</b>	+00:12:29 (25.8%)	4:50	12.4 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
39	<b>SIEMIENIECKI Dariusz</b>	<b>315</b>	SIEMIENIECKI	M4	79	żołnierz zawodowy		00:00:36	00:25:01	<b>00:48:41.65</b>	<b>00:49:17.95</b>	+00:12:48 (26.3%)	4:52	12.3 (73.7%)
40	<b>CHABORA Arkadiusz</b>	<b>134</b>	2 RWT SP BYDGOSZCZ	M4	92	2 RWT SP BYDGOSZCZ		00:00:36	00:24:38	<b>00:49:44.20</b>	<b>00:50:20.90</b>	+00:13:50 (27.8%)	4:58	12.1 (72.5%)
41	<b>KOŚCIELAK Maciej</b>	<b>535</b>	ŻANDARMI Z BYDGOSZCZY	M3	107	Żandarmi z Bydgoszczy		00:00:26	00:24:59	<b>00:49:44.30</b>	<b>00:50:10.65</b>	+00:13:51 (27.8%)	4:58	12.1 (72.5%)
42	<b>RAKOWSKI Paweł</b>	<b>358</b>	ŻANDARMI Z BYDGOSZCZY	M3	108	Żandarmi z Bydgoszczy	Rakowscy	00:00:27	00:24:57	<b>00:50:06.40</b>	<b>00:50:34.35</b>	+00:14:13 (28.4%)	5:00	12 (71.9%)
43	<b>SONDEJ Rafał</b>	<b>203</b>	JFTC SU	M3	118	JFTC SU		00:00:45	00:24:35	<b>00:51:04.55</b>	<b>00:51:50.35</b>	+00:15:11 (29.7%)	5:06	11.7 (70.1%)
44	<b>RYŚNIK Dariusz</b>	<b>536</b>	ŻANDARMI Z BYDGOSZCZY	M4	101	Żandarmi z Bydgoszczy		00:00:29	00:24:58	<b>00:51:08.30</b>	<b>00:51:37.45</b>	+00:15:15 (29.8%)	5:06	11.7 (70.1%)
45	<b>DERENDA Mirosław</b>	<b>542</b>	1. BLWL	M3	120	1. BLWL		00:00:15	00:25:19	<b>00:51:13.90</b>	<b>00:51:29.05</b>	+00:15:20 (30.0%)	5:07	11.7 (70.1%)
46	<b>BRZEZIŃSKI Sławomir</b>	<b>281</b>	STRAŻ MIEJSKA W BYDGOSZCZY	M3	127	Straż Miejska w Bydgoszczy		00:00:38	00:25:13	<b>00:51:52.60</b>	<b>00:52:31.40</b>	+00:15:59 (30.8%)	5:11	11.6 (69.5%)
47	<b>DUL Andrzej</b>	<b>577</b>	2 RWT SP BYDGOSZCZ	M4	106	2 RWT SP BYDGOSZCZ		00:00:27	00:25:15	<b>00:51:59.95</b>	<b>00:52:27.80</b>	+00:16:06 (31.0%)	5:12	11.5 (68.9%)
48	<b>QUAAS Łukasz</b>	<b>158</b>	BRAK	M3	133	szużba wiezienna	Quaas	00:00:30	00:25:05	<b>00:52:42.85</b>	<b>00:53:13.20</b>	+00:16:49 (31.9%)	5:16	11.4 (68.3%)
49	<b>SLINKO Sebastian</b>	<b>138</b>	2 RWT SP BYDGOSZCZ	M4	111	2 RWT SP BYDGOSZCZ		00:00:42	00:25:16	<b>00:52:58.55</b>	<b>00:53:41.25</b>	+00:17:05 (32.3%)	5:17	11.3 (67.7%)
50	<b>STACHNIUK Przemysław</b>	<b>103</b>	JFTC SU	M3	138	JFTC SU		00:00:47	00:26:40	<b>00:53:49.55</b>	<b>00:54:36.70</b>	+00:17:56 (33.3%)	5:22	11.1 (66.5%)
51	<b>SIERACKI Jarosław</b>	<b>392</b>	JFTC SU	M4	115	JFTC SU		00:00:47	00:26:10	<b>00:53:57.65</b>	<b>00:54:44.65</b>	+00:18:04 (33.5%)	5:23	11.1 (66.5%)
52	<b>ZIĘTARSKI Cezary</b>	<b>144</b>	2 RWT SP BYDGOSZCZ	M3	139	2 RWT SP BYDGOSZCZ		00:00:41	00:26:34	<b>00:53:59.05</b>	<b>00:54:40.50</b>	+00:18:05 (33.5%)	5:23	11.1 (66.5%)
53	<b>KASZOWICZ Marek</b>	<b>231</b>	RWT W BYDGOSZCZY	M4	118	RWT w Bydgoszczy		00:00:38	00:27:18	<b>00:54:10.05</b>	<b>00:54:48.10</b>	+00:18:16 (33.7%)	5:25	11.1 (66.5%)
54	<b>KOZIĄK Roman</b>	<b>106</b>	2 RWT SP BYDGOSZCZ	M4	119	2 RWT SP BYDGOSZCZ		00:00:44	00:25:50	<b>00:54:35.30</b>	<b>00:55:19.45</b>	+00:18:42 (34.3%)	5:27	11 (65.9%)
55	<b>BEHRENDT Rafał</b>	<b>273</b>	KWP W BYDGOSZCZY	M3	155	KWP w Bydgoszczy		00:00:44	00:27:12	<b>00:57:16.90</b>	<b>00:58:01.40</b>	+00:21:23 (37.3%)	5:43	10.5 (62.9%)
56	<b>KOMOSIŃSKI Paweł</b>	<b>383</b>	KWP W BYDGOSZCZY	M3	158	KWP w Bydgoszczy		00:00:49	00:28:03	<b>00:58:08.50</b>	<b>00:58:58.30</b>	+00:22:15 (38.3%)	5:48	10.3 (61.7%)
57	<b>ZIELASKOWSKI Aleksander</b>	<b>507</b>	CSLOG GRUPA	M4	135	żołnierz zawodowy		00:00:10	00:29:03	<b>01:00:03.65</b>	<b>01:00:13.75</b>	+00:24:10 (40.2%)	6:00	10 (59.9%)
58	<b>CEGIELSKI Maciej</b>	<b>327</b>	ŻANDARMI Z BYDGOSZCZY	M4	139	Tak	Nie	00:00:30	00:30:16	<b>01:02:35.85</b>	<b>01:03:05.90</b>	+00:26:42 (42.7%)	6:15	9.6 (57.5%)

Znaleziono 58 wynik(ów)