

VI BIEG TRZEŹWOŚCI - NORDIC WALKING 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organiser: Rowerowa Brzoza
Date: 2015-09-19
Place: Przylęki-Brzoza
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Kobiety

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	MIELECKA Agnieszka	770	VAMP DREWNO	K46	1	00:00:56	00:32:00.20	00:32:57.15		6:24	9.4 (100%)
2	MOŹDŻEŃ Barbara	745	NIEZRZESZONY	K46	2	00:00:57	00:35:31.35	00:36:29.00	+00:03:31 (9.9%)	7:06	8.4 (89.4%)
3	GWÓDŹ Grażyna	753	BYDGOSZCZ	K46	3	00:00:56	00:36:11.60	00:37:07.95	+00:04:11 (11.6%)	7:14	8.3 (88.3%)
4	KUTRZUBA Joanna	721	BRĄK	K35	1	00:00:57	00:36:20.35	00:37:18.15	+00:04:20 (11.9%)	7:16	8.3 (88.3%)
5	BŁĘDOWSKA Agata	788		K36-45	1	00:00:56	00:36:56.65	00:37:53.30	+00:04:56 (13.4%)	7:23	8.1 (86.2%)
6	CHOROSZYŃSKA Agnieszka	730	BRĄK	K35	2	00:00:57	00:37:35.50	00:38:32.85	+00:05:35 (14.9%)	7:31	8 (85.1%)
7	ĆWIKLIŃSKA Anna	752	ASSECO TEAM	K36-45	2	00:01:01	00:37:54.05	00:38:55.90	+00:05:53 (15.6%)	7:34	7.9 (84.0%)
8	KWIATKOWSKA Elżbieta	703	NIEZRZESZONA	K36-45	3	00:00:57	00:38:08.95	00:39:06.75	+00:06:08 (16.1%)	7:37	7.9 (84.0%)
9	WARDECKA-HOŁTYN Justyna	705	BRĄK	K35	3	00:01:01	00:39:39.60	00:40:41.15	+00:07:39 (19.3%)	7:56	7.6 (80.9%)
10	KUPER Justyna	707	BRĄK	K35	4	00:01:00	00:39:50.85	00:40:50.90	+00:07:50 (19.7%)	7:58	7.5 (79.8%)
11	ANDRYSZAK Vanessa	735	NWW TEAM	K35	5	00:01:02	00:40:03.70	00:41:06.15	+00:08:03 (20.1%)	8:00	7.5 (79.8%)
12	WIŚNIEWSKA Agnieszka	734	WIŚNIEWSKY	K35	6	00:01:03	00:40:04.20	00:41:07.45	+00:08:04 (20.1%)	8:00	7.5 (79.8%)
13	NOWIŃSKA Jolanta	751	JACHCICE TEAM	K36-45	4	00:01:00	00:40:07.05	00:41:07.20	+00:08:06 (20.2%)	8:01	7.5 (79.8%)
14	ROŹNIAKOWSKA Martyna	774	BRĄK	K35	7	00:01:03	00:40:25.00	00:41:28.95	+00:08:24 (20.8%)	8:05	7.4 (78.7%)
15	WIŚNIEWSKA Ewa	766	WIŚNIEWSKY	K36-45	5	00:01:00	00:41:22.85	00:42:23.80	+00:09:22 (22.7%)	8:16	7.2 (76.6%)
16	SIEKIERKA Monika	704	BRĄK	K36-45	6	00:01:00	00:41:33.85	00:42:34.00	+00:09:33 (23.0%)	8:18	7.2 (76.6%)
17	LOTAR Aleksandra	716	LOTKI	K35	8	00:00:59	00:42:04.20	00:43:03.30	+00:10:04 (23.9%)	8:24	7.1 (75.5%)
18	BONIECKA Ewa	758	KLUB SENIORA BRZOZA	K46	4	00:01:02	00:42:07.40	00:43:09.55	+00:10:07 (24.0%)	8:25	7.1 (75.5%)
18	RÓŹNIAKOWSKA Marlena	787		K36-45	7	00:01:01	00:42:07.40	00:43:09.15	+00:10:07 (24.0%)	8:25	7.1 (75.5%)
20	BISKUP Katarzyna	773	UNIwersytet KAZIMIERZA WIELKIEGO	K35	9	00:01:01	00:42:33.85	00:43:35.40	+00:10:33 (24.8%)	8:30	7 (74.5%)
21	SYNAKIEWICZ Magdalena	702	ES-TEAM	K35	10	00:01:06	00:42:36.95	00:43:43.75	+00:10:36 (24.9%)	8:31	7 (74.5%)
22	BOSEK Ewa	755	KSN ŁUCZNICZKA BYDGOSZCZ	K35	11	00:01:11	00:43:01.15	00:44:12.40	+00:11:00 (25.6%)	8:36	7 (74.5%)
23	JĘDRA Ewa	790		K36-45	8	00:01:02	00:43:07.90	00:44:10.85	+00:11:07 (25.8%)	8:37	7 (74.5%)
24	WOLNA Monika	725	BRZOZA BIEGA	K46	5	00:01:06	00:43:26.90	00:44:33.10	+00:11:26 (26.3%)	8:41	6.9 (73.4%)
25	KAWALERSKA Anna	727	KRISIANKA	K36-45	9	00:01:11	00:43:28.50	00:44:39.70	+00:11:28 (26.4%)	8:41	6.9 (73.4%)
26	OLSZAR Barbara	715	LOTKI	K46	6	00:01:00	00:43:35.10	00:44:35.95	+00:11:34 (26.6%)	8:43	6.9 (73.4%)
27	LEWICKA Agnieszka	701	ZAŁOGA L.	K36-45	10	00:01:05	00:44:21.10	00:45:26.10	+00:12:20 (27.8%)	8:52	6.8 (72.3%)
28	CHMARZYŃSKA Danuta	746	BRĄK	K46	7	00:01:12	00:44:56.30	00:46:09.20	+00:12:56 (28.8%)	8:59	6.7 (71.3%)
29	PRZYBYŁA Danuta	784		K46	8	00:01:05	00:44:59.40	00:46:04.95	+00:12:59 (28.9%)	8:59	6.7 (71.3%)
30	BIERYT Joanna	768	KLUB WELLNESS UL.BOCZNA 10 BYDGOSZCZ	K46	9	00:00:58	00:45:04.90	00:46:03.10	+00:13:04 (29.0%)	9:01	6.7 (71.3%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
31	WIERZCHOSŁAWSKA Ewa	731	BRZ	K46	10	00:00:59	00:45:34.45	00:46:34.20	+00:13:34 (29.8%)	9:07	6.6 (70.2%)
32	BRZOZA Renata	791	BRZ	K46	11	00:01:02	00:46:02.65	00:47:05.10	+00:14:02 (30.5%)	9:12	6.5 (69.1%)
33	WAMEJ Krystyna	764	KLUB SENIORA BRZOZA	K46	12	00:01:00	00:46:04.30	00:47:05.20	+00:14:04 (30.5%)	9:13	6.5 (69.1%)
34	SŁOMIŃSKA Lucyna	710	BRZ	K36-45	11	00:01:00	00:46:10.90	00:47:11.80	+00:14:10 (30.7%)	9:14	6.5 (69.1%)
35	LEWICKA Antonina	776	ZAŁOGA L.	K35	12	00:01:04	00:46:31.25	00:47:35.75	+00:14:31 (31.2%)	9:18	6.4 (68.1%)
36	LEWICKA Julia	775	ZAŁOGA L.	K35	13	00:01:04	00:46:31.55	00:47:35.75	+00:14:31 (31.2%)	9:18	6.4 (68.1%)
37	KORCZAK Grażyna	761	KLUB SENIORA BRZOZA	K46	13	00:01:09	00:48:29.50	00:49:39.05	+00:16:29 (34.0%)	9:42	6.2 (66.0%)
38	JÓZEFOWICZ Aleksandra	760	KLUB SENIORA BRZOZA	K46	14	00:01:03	00:48:35.55	00:49:39.50	+00:16:35 (34.1%)	9:43	6.2 (66.0%)
39	WIŚNIEWSKA Halina	765	KLUB SENIORA BRZOZA	K46	15	00:01:02	00:48:37.85	00:49:40.75	+00:16:37 (34.2%)	9:43	6.2 (66.0%)
40	MULLER Bogumiła	769	BYDGOSZCZ	K46	16	00:01:10	00:48:51.80	00:50:01.85	+00:16:51 (34.5%)	9:46	6.1 (64.9%)
41	ZNANIECKA Joanna	717	NIEZRZESZONA	K36-45	12	00:01:07	00:49:03.80	00:50:11.10	+00:17:03 (34.8%)	9:48	6.1 (64.9%)
42	GRENDĄ-JASTRZEMBSKA Anna	700	K.B. JAKIŚ TAM BĘDZIE ALBO NIE	K36-45	13	00:01:04	00:49:11.10	00:50:15.70	+00:17:10 (34.9%)	9:50	6.1 (64.9%)
43	PAWŁOWSKA Joanna	720	BRZ	K36-45	14	00:01:04	00:49:11.30	00:50:15.60	+00:17:11 (34.9%)	9:50	6.1 (64.9%)
44	SOBOLEWSKA Bernardeta	763	KLUB SENIORA BRZOZA	K46	17	00:01:01	00:49:34.15	00:50:35.50	+00:17:33 (35.4%)	9:54	6.1 (64.9%)
45	SIUDZIŃSKA Genowefa	749	KLUB SENIORA BRZOZA	K46	18	00:00:58	00:49:42.80	00:50:41.55	+00:17:42 (35.6%)	9:56	6 (63.8%)
46	KOLASIŃSKA Maja	789	BRZ	K35	14	00:00:59	00:50:07.55	00:51:06.90	+00:18:07 (36.2%)	10:01	6 (63.8%)
47	KOLASIŃSKA Danuta	747	NIEZRZESZONA	K46	19	00:01:00	00:50:50.80	00:51:51.45	+00:18:50 (37.1%)	10:10	5.9 (62.8%)
48	PRUS Sabina	736	BRZ	K46	20	00:00:57	00:50:53.00	00:51:50.25	+00:18:52 (37.1%)	10:10	5.9 (62.8%)
49	MILLER Cyryla	738	BRZ	K46	21	00:01:05	00:53:21.85	00:54:27.75	+00:21:21 (40.0%)	10:40	5.6 (59.6%)
50	MILLER Sylwia	741	BRZ	K35	15	00:01:05	00:53:22.40	00:54:27.90	+00:21:22 (40.0%)	10:40	5.6 (59.6%)
51	BAFIA Danuta	750	KLUB SENIORA BRZOZA	K46	22	00:01:09	00:53:37.10	00:54:46.10	+00:21:36 (40.3%)	10:43	5.6 (59.6%)
52	SZARLEJ-GIERLACH Ewa	792	BRZ	K46	23	00:01:10	00:53:40.25	00:54:50.70	+00:21:40 (40.4%)	10:44	5.6 (59.6%)
53	BRĄGIEL Anna	708	RUN BYDGOSZCZ	K35	16	00:01:10	00:53:57.40	00:55:07.70	+00:21:57 (40.7%)	10:47	5.6 (59.6%)
54	BRĄGIEL Karolina	709	RUN BYDGOSZCZ	K35	17	00:01:10	00:53:57.45	00:55:07.55	+00:21:57 (40.7%)	10:47	5.6 (59.6%)
55	FLECIŃSKA Teresa	759	KLUB SENIORA BRZOZA	K46	24	00:01:10	00:54:20.45	00:55:30.80	+00:22:20 (41.1%)	10:52	5.5 (58.5%)
56	DOMAGALA Aleksandra	739	TORUN	K35	18	00:01:08	00:54:31.45	00:55:39.90	+00:22:31 (41.3%)	10:54	5.5 (58.5%)

Total 56 results.