

# VI CROSS BOCIANA - 5 KM NORDIC WALKING

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** VI Cross Bociana w Nadleśnictwie Czarnobór  
**Organizator:** Stowarzyszenie Team Biegowy Szczecinek  
**Data:** 2023-05-20  
**Miejsce:** CZARNOBÓR  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>FRĄCKOWIAK Roman</b>	<b>25</b>	NORDIC SPORT 2021	M OPEN	1	<b>00:30:43.83</b>		6:08	9.8 (100%)
2	<b>JAKIMIEC Tadeusz</b>	<b>36</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	M OPEN	2	<b>00:30:44.03</b>	+00:00:00 (0.0%)	6:08	9.8 (100%)
3	<b>KIELING Mariusz</b>	<b>48</b>	GULKS BARWICE	M OPEN	3	<b>00:33:08.20</b>	+00:02:24 (7.3%)	6:37	9.1 (92.9%)
4	<b>OKRZESIK-FRĄCKOWIAK Izabela</b>	<b>83</b>	NORDIC SPORT 2021	K OPEN	1	<b>00:35:39.70</b>	+00:04:55 (13.8%)	7:07	8.4 (85.7%)
5	<b>MROZICKI Andrzej</b>	<b>79</b>		M OPEN	4	<b>00:37:39.06</b>	+00:06:55 (18.4%)	7:31	8 (81.6%)
6	<b>KNITTER Monika</b>	<b>51</b>		K OPEN	2	<b>00:37:39.87</b>	+00:06:56 (18.4%)	7:31	8 (81.6%)
7	<b>SERAFIN Renata</b>	<b>98</b>		K OPEN	3	<b>00:38:23.46</b>	+00:07:39 (20.0%)	7:40	7.8 (79.6%)
8	<b>BANACZYK Piotr</b>	<b>7</b>	LILLSPORT	M OPEN	5	<b>00:39:04.11</b>	+00:08:20 (21.3%)	7:48	7.7 (78.6%)
9	<b>RAKOWSKA Justyna</b>	<b>93</b>		K OPEN	4	<b>00:39:04.68</b>	+00:08:20 (21.4%)	7:48	7.7 (78.6%)
10	<b>KOZŁOWSKI Piotr</b>	<b>58</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	M OPEN	6	<b>00:39:18.98</b>	+00:08:35 (21.8%)	7:51	7.6 (77.6%)
11	<b>BERCZYŃSKI Henryk</b>	<b>11</b>	NADLEŚNICTWO OKONEK	M OPEN	7	<b>00:39:40.55</b>	+00:08:56 (22.5%)	7:56	7.6 (77.6%)
12	<b>PIETRZYK Anna</b>	<b>89</b>		K OPEN	5	<b>00:39:53.02</b>	+00:09:09 (22.9%)	7:58	7.5 (76.5%)
13	<b>KARCZ Ryszard</b>	<b>44</b>		M OPEN	8	<b>00:39:56.49</b>	+00:09:12 (23.1%)	7:59	7.5 (76.5%)
14	<b>PODGÓRSKA Agata</b>	<b>91</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K OPEN	6	<b>00:40:32.47</b>	+00:09:48 (24.2%)	8:06	7.4 (75.5%)
15	<b>DZIĘCIOŁ Anna</b>	<b>21</b>		K OPEN	7	<b>00:41:31.51</b>	+00:10:47 (26.0%)	8:18	7.2 (73.5%)
16	<b>WIĘCEK Justyna</b>	<b>121</b>		K OPEN	8	<b>00:41:51.10</b>	+00:11:07 (26.6%)	8:22	7.2 (73.5%)
17	<b>MIKA Małgorzata</b>	<b>78</b>		K OPEN	9	<b>00:42:16.75</b>	+00:11:32 (27.3%)	8:27	7.1 (72.4%)
18	<b>ARCIUSZKIEWICZ Katarzyna</b>	<b>3</b>		K OPEN	10	<b>00:42:39.77</b>	+00:11:55 (28.0%)	8:31	7 (71.4%)
19	<b>KULINIAK Anna</b>	<b>62</b>		K OPEN	11	<b>00:43:10.60</b>	+00:12:26 (28.8%)	8:38	6.9 (70.4%)
20	<b>SZYŁAK Katarzyna</b>	<b>109</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K OPEN	12	<b>00:43:11.74</b>	+00:12:27 (28.9%)	8:38	6.9 (70.4%)
21	<b>KIELING Anna</b>	<b>47</b>	GULKS BARWICE	K OPEN	13	<b>00:43:52.49</b>	+00:13:08 (30.0%)	8:46	6.8 (69.4%)
22	<b>ŚLEDŹ Magdalena</b>	<b>113</b>		K OPEN	14	<b>00:46:43.25</b>	+00:15:59 (34.2%)	9:20	6.4 (65.3%)
23	<b>KOZŁOWSKA Emilia</b>	<b>57</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K OPEN	15	<b>00:49:00.41</b>	+00:18:16 (37.3%)	9:48	6.1 (62.2%)
24	<b>KWIATKOWSKA Katarzyna</b>	<b>64</b>	SZCZECINECKI KLUB MORSÓW	K OPEN	16	<b>00:49:45.24</b>	+00:19:01 (38.2%)	9:57	6 (61.2%)
25	<b>JENSZAK Maja</b>	<b>41</b>		K OPEN	17	<b>00:50:35.69</b>	+00:19:51 (39.3%)	10:07	5.9 (60.2%)
26	<b>PIASKOWIAK Karolina</b>	<b>87</b>		K OPEN	18	<b>00:57:00.99</b>	+00:26:17 (46.1%)	11:24	5.3 (54.1%)

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27	<b>JADWIZYC Izabela</b>	<b>35</b>	TUPTAJĄCE HIPICIE	K OPEN	19	<b>00:57:01.11</b>	+00:26:17 (46.1%)	11:24	5.3 (54.1%)

Znaleziono 27 wynik(ów)