



# VI DYCHA NA JELENI SKOK

B4SPORT

**Wydarzenie:** IX FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2023-06-10  
**Miejsce:** Cisna  
**Dystans:** 12 km

**B4SPORT**  
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>SZYBIAK Maciej</b>	<b>4307</b>	PRZEMYSKI KLUB BIEGACZA	M20	1	<b>01:09:49.25</b>	<b>01:09:53.05</b>		5:49	10.3 (100%)
2	<b>LANGNER Tomasz</b>	<b>4020</b>	RKS HUWDU	M20	2	<b>01:12:10.90</b>	<b>01:12:23.75</b>	+00:02:30 (3.5%)	6:00	10 (97.1%)
3	<b>JEDLIŃSKI Norbert</b>	<b>4308</b>		M20	3	<b>01:22:05.90</b>	<b>01:22:23.05</b>	+00:12:30 (15.2%)	6:50	8.8 (85.4%)
4	<b>DOMBROWSKI Sebastian</b>	<b>4088</b>		M20	4	<b>01:26:37.25</b>	<b>01:26:48.65</b>	+00:16:55 (19.5%)	7:13	8.3 (80.6%)
5	<b>ULMAN Bartłomiej</b>	<b>4042</b>		M20	5	<b>01:27:37.30</b>	<b>01:28:13.20</b>	+00:18:20 (20.8%)	7:18	8.2 (79.6%)
6	<b>RABCZEWSKI Kacper</b>	<b>4052</b>	AZS AGH LEKKOATLETYKA	M20	6	<b>01:30:12.00</b>	<b>01:30:20.75</b>	+00:20:27 (22.6%)	7:31	8 (77.7%)
7	<b>PUTYRA Damian</b>	<b>4254</b>		M20	7	<b>01:30:58.20</b>	<b>01:31:13.35</b>	+00:21:20 (23.4%)	7:34	7.9 (76.7%)
8	<b>SOLARSKI Krystian</b>	<b>4273</b>		M20	8	<b>01:32:20.30</b>	<b>01:32:28.25</b>	+00:22:35 (24.4%)	7:41	7.8 (75.7%)
9	<b>KORZENIOWSKI Xawery</b>	<b>4329</b>	RK ATHLETICS	M20	9	<b>01:32:40.50</b>	<b>01:32:40.50</b>	+00:22:47 (24.6%)	7:43	7.8 (75.7%)
10	<b>BANASZAK Paweł</b>	<b>4111</b>		M20	10	<b>01:34:45.45</b>	<b>01:34:50.80</b>	+00:24:57 (26.3%)	7:53	7.6 (73.8%)
11	<b>MARCINIAK Mateusz</b>	<b>4234</b>	ŁODZIANKA TEAM	M20	11	<b>01:35:03.10</b>	<b>01:35:11.80</b>	+00:25:18 (26.6%)	7:55	7.6 (73.8%)
12	<b>KOKOSIŃSKI Krzysztof</b>	<b>4110</b>		M20	12	<b>01:36:46.45</b>	<b>01:36:58.20</b>	+00:27:05 (27.9%)	8:03	7.4 (71.8%)
13	<b>PUCHAŁA Karol</b>	<b>4129</b>		M20	13	<b>01:36:45.80</b>	<b>01:37:19.15</b>	+00:27:26 (28.2%)	8:03	7.4 (71.8%)
14	<b>KRZESZEWSKI Gracjan</b>	<b>4267</b>		M20	14	<b>01:44:27.40</b>	<b>01:44:42.00</b>	+00:34:48 (33.3%)	8:42	6.9 (67.0%)
15	<b>WODNICKI Karol</b>	<b>4063</b>		M20	15	<b>01:47:44.45</b>	<b>01:48:18.10</b>	+00:38:25 (35.5%)	8:58	6.7 (65.0%)
16	<b>RAKOWSKI Mateusz</b>	<b>4148</b>		M20	16	<b>01:48:44.10</b>	<b>01:49:11.20</b>	+00:39:18 (36.0%)	9:03	6.6 (64.1%)
17	<b>GRZEJSZCZAK Tomasz</b>	<b>4286</b>	EXC MOBILE TEAM	M20	17	<b>01:50:00.35</b>	<b>01:50:12.15</b>	+00:40:19 (36.6%)	9:10	6.5 (63.1%)
18	<b>ANDRASZ Paweł</b>	<b>4188</b>		M20	18	<b>01:58:08.40</b>	<b>01:58:22.35</b>	+00:48:29 (41.0%)	9:50	6.1 (59.2%)
19	<b>KORZENIOWSKI Maksymilian</b>	<b>4328</b>	RK ATHLETICS	M20	19	<b>01:59:55.80</b>	<b>01:59:58.90</b>	+00:50:05 (41.8%)	9:59	6 (58.3%)
20	<b>DOMŻOŁ Radosław</b>	<b>4337</b>		M20	20	<b>02:00:06.55</b>	<b>02:00:45.40</b>	+00:50:52 (42.1%)	10:00	6 (58.3%)
21	<b>SOBOTA Michał</b>	<b>4339</b>	NAJLEPIEJ SIĘ OBALA PÓŁ LITRA U ZIOMALA	M20	21	<b>02:04:10.80</b>	<b>02:04:43.10</b>	+00:54:50 (44.0%)	10:20	5.8 (56.3%)
22	<b>BANCERZ Miłosz</b>	<b>4195</b>	TRAWNIKI BIEGAJĄ	M20	22	<b>02:16:58.35</b>	<b>02:17:29.75</b>	+01:07:36 (49.2%)	11:24	5.3 (51.5%)
	<b>WOJTAS Konrad</b>	<b>4166</b>		M20		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 23 wynik(ów)