



Wydarzenie: Maraton Bieszczadzki 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-10-13
Miejsce: Cisna
Dystans: 52 km

VI HYUNDAJ ULTRAMARATON BIESZCZADZKI - 52 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

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INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki 12km	P3_Solinka 26km	P2_Roztoki 38km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	POPOV Serhii	744	SALOMON RC UKRAINE	M30	1	00:47:58	02:01:12	03:02:36	04:25:44.70	04:25:46.45		5:06	11.7 (100%)
2	MIŚKIEWICZ Mariusz	215	BIEGIEM PRZEZ CHYBIE	M30	2	00:50:04	02:05:18	03:14:55	04:48:02.30	04:48:03.85	+00:22:17 (7.7%)	5:32	10.8 (92.3%)
3	SOBCZAK Henryk	751	SOBCZAK HENIO TEAM	M30	3	00:56:21	02:13:44	03:24:05	04:52:11.85	04:52:16.80	+00:26:30 (9.1%)	5:37	10.7 (91.5%)
4	DEMBSKI Paweł	269	SKLEPBIEGACZA.PL	M30	4	00:54:47	02:18:13	03:29:24	05:02:40.90	05:02:43.15	+00:36:56 (12.2%)	5:49	10.3 (88.0%)
5	KRUBA Marcin	618	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M30	5	00:49:33	02:06:33	03:22:47	05:03:59.05	05:04:00.95	+00:38:14 (12.6%)	5:50	10.3 (88.0%)
6	AUGUSTYŃSKI Sylwester	250	LACHO TEAM	M30	6	00:50:35	02:13:10	03:28:39	05:11:25.20	05:11:30.35	+00:45:43 (14.7%)	5:59	10 (85.5%)
7	SZAPORÓW Łukasz	232	SRTG PROSZOWICE	M30	7	00:56:49	02:21:06	03:37:08	05:19:08.55	05:19:10.50	+00:53:24 (16.7%)	6:08	9.8 (83.8%)
8	GIŻA Grzegorz	622		M30	8	00:58:39	02:28:18	03:43:53	05:20:15.35	05:20:19.05	+00:54:32 (17.0%)	6:09	9.7 (82.9%)
9	MIKA Tomasz	443	LABOSPORT TEAM	M30	9	00:58:53	02:29:52	03:46:15	05:22:45.75	05:22:48.25	+00:57:01 (17.7%)	6:12	9.7 (82.9%)
10	PYZIK Krzysztof	563	VEGESLONIK TEAM / FIZJOBIEGACZE SZCZECIN	M30	10	00:56:30	02:19:54	03:39:46	05:31:55.20	05:31:59.60	+01:06:13 (19.9%)	6:22	9.4 (80.3%)
11	CEBERAK Bartosz	206		M30	11	00:50:32	02:10:35	03:37:57	05:37:20.70	05:37:23.50	+01:11:37 (21.2%)	6:29	9.2 (78.6%)
12	DYBIŻBAŃSKI Wojciech	633	CITY TRAIL TEAM	M30	12	00:56:28	02:18:43	03:33:03	05:40:17.65	05:40:21.05	+01:14:34 (21.9%)	6:32	9.2 (78.6%)
13	BIEŃ Przemysław	244	KS RYGLICE	M30	13	00:52:53	02:15:59	03:40:59	05:41:01.25	05:41:04.80	+01:15:18 (22.1%)	6:33	9.1 (77.8%)
14	ZWIERZCHOWSKI Andrzej	752	TSC	M30	14	00:53:22	02:19:56	03:45:23	05:45:37.85	05:45:44.95	+01:19:58 (23.1%)	6:38	9 (76.9%)
15	KRZYSZTOŃ Marcin	611	GMP LASY KRAŚNIK A	M30	15	00:53:27	02:14:44	03:36:03	05:52:20.65	05:52:24.35	+01:26:37 (24.6%)	6:46	8.9 (76.1%)
16	MYSZCZYSZYN Łukasz	227	KUDOWA BIEGA	M30	16	00:58:31	02:28:17	03:53:04	05:52:42.20	05:52:47.65	+01:27:01 (24.7%)	6:46	8.8 (75.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	P3_Solinka 26km	P2_Roztoki 38km	52km	52km			
17	FILIPEK Paweł	606	BIEGUSIEM.PL	M30	17	01:00:24	02:35:43	04:04:11	05:54:40.65	05:54:43.60	+01:28:57 (25.1%)	6:49	8.8 (75.2%)
18	DYŚ Paweł	425	STAY INSANE	M30	18	00:57:45	02:29:17	03:57:59	05:54:56.00	05:54:57.65	+01:29:11 (25.1%)	6:49	8.8 (75.2%)
19	MICHALSKI Marcin	327	FUNFLY	M30	19	01:02:29	02:38:13	04:03:42	05:58:54.85	05:59:02.85	+01:33:16 (26.0%)	6:54	8.7 (74.4%)
20	GOŁĄB Marek	423	KW KOTŁOWNIA	M30	20	00:57:52	02:30:37	04:00:14	06:03:29.90	06:03:33.15	+01:37:46 (26.9%)	6:59	8.6 (73.5%)
21	GALA Damian	696		M30	21	00:59:15	02:30:02	03:59:50	06:05:11.10	06:05:14.20	+01:39:27 (27.2%)	7:01	8.5 (72.6%)
22	KWAŚNIEWSKI Maciej	448		M30	22	00:59:54	02:37:38	04:03:10	06:06:28.60	06:07:08.10	+01:41:21 (27.6%)	7:02	8.5 (72.6%)
23	KAŁWA Leszek	283	WOLBROM TEAM	M30	23	00:58:20	02:35:01	04:06:06	06:06:51.10	06:07:09.10	+01:41:22 (27.6%)	7:03	8.5 (72.6%)
24	WOŹNIAK Radosław	644	SKAWINA BIEGA	M30	24	00:57:37	02:32:25	04:05:44	06:07:40.65	06:07:50.60	+01:42:04 (27.7%)	7:04	8.5 (72.6%)
25	GRONAU Maciej	385		M30	25	01:05:43	02:46:09	04:12:45	06:12:28.75	06:12:32.45	+01:46:46 (28.7%)	7:09	8.4 (71.8%)
26	RYBAK Przemysław	605	PRZE(W)AGA	M30	26	01:07:07	02:41:55	04:13:11	06:16:11.90	06:16:42.85	+01:50:56 (29.4%)	7:14	8.3 (70.9%)
27	WIĘCH Piotr	705		M30	27	00:58:59	02:29:26	04:02:01	06:16:52.90	06:17:10.90	+01:51:24 (29.5%)	7:14	8.3 (70.9%)
28	WESOŁEK Marek	627	PRO-RUN WROCŁAW	M30	28	01:06:04	02:45:55	04:15:07	06:17:21.30	06:17:39.40	+01:51:52 (29.6%)	7:15	8.3 (70.9%)
29	WRÓBLEWSKI Jacek	529	MAZOVIAPROACTIV	M30	29	00:57:49	02:29:16	04:06:09	06:18:51.95	06:18:54.30	+01:53:07 (29.9%)	7:17	8.2 (70.1%)
30	STYPUŁKOWSKI Piotr	625		M30	30	01:04:44	02:38:16	04:09:07	06:19:20.15	06:19:39.50	+01:53:53 (30.0%)	7:17	8.2 (70.1%)
31	FAJFER Jakub	695		M30	31	01:07:09	02:46:15	04:19:19	06:19:21.95	06:19:50.75	+01:54:04 (30.0%)	7:17	8.2 (70.1%)
32	PASUTO Grzegorz	725		M30	32	01:07:10	02:49:51	04:23:19	06:20:37.85	06:21:00.90	+01:55:14 (30.2%)	7:19	8.2 (70.1%)
33	BANASZYNSKI Damian	493		M30	33	00:58:21	02:35:23	04:13:16	06:24:26.70	06:24:30.60	+01:58:44 (30.9%)	7:23	8.1 (69.2%)
34	GRYNAGIEL Przemysław	325		M30	34	01:02:54	02:34:33	04:16:13	06:25:24.55	06:25:49.45	+02:00:03 (31.1%)	7:24	8.1 (69.2%)
35	PORĘBA Marek	403		M30	35	01:06:37	02:47:32	04:21:07	06:25:41.50	06:25:55.50	+02:00:09 (31.1%)	7:25	8.1 (69.2%)
36	KNOPEK Adam	406	STOWARZYSZENIE BIEG PO ZDRÓJ	M30	36	01:07:01	02:46:40	04:22:53	06:26:11.40	06:27:05.05	+02:01:18 (31.3%)	7:25	8.1 (69.2%)
37	JUKIEL Tomasz	505	BORNHOLMRUNERS	M30	37	04:21:16			06:29:07.95	06:29:07.95	+02:03:21 (31.7%)	7:28	8 (68.4%)
38	ŚWIĆ Miłosz	518	DZIK KOMANDO	M30	38	01:06:56	02:46:04	04:24:48	06:31:44.00	06:32:40.95	+02:06:54 (32.3%)	7:32	8 (68.4%)
39	GAWRON Marcin	654		M30	39	01:03:24	02:46:31	04:26:49	06:36:21.90	06:36:35.55	+02:10:49 (33.0%)	7:37	7.9 (67.5%)
40	NAZIMEK Maciej	503	R7	M30	40	01:02:21	02:41:49	04:23:09	06:36:16.80	06:36:39.20	+02:10:52 (33.0%)	7:37	7.9 (67.5%)
41	KALECINSKI Piotr	612		M30	41	01:09:22	02:57:38	04:35:58	06:41:43.20	06:41:54.95	+02:16:08 (33.9%)	7:43	7.8 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki 12km	P3_Solinka 26km	P2_Roztoki 38km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
42	GUT Mateusz	587	LEGIA RUN CLUB WARSZAWA	M30	42	01:05:19	02:51:05	04:31:02	06:42:23.25	06:43:03.25	+02:17:16 (34.1%)	7:44	7.8 (66.7%)
43	KRAWCZYK Łukasz	305	BUDAGO.PL	M30	43	01:09:19	02:53:30	04:29:18	06:43:53.10	06:44:15.60	+02:18:29 (34.3%)	7:46	7.7 (65.8%)
44	RAJNER Krzysztof	681	ULTRA KOSZALIN	M30	44	01:04:21	02:48:24	04:30:15	06:44:18.70	06:44:31.00	+02:18:44 (34.3%)	7:46	7.7 (65.8%)
45	WOJCIECHOWSKI Norbert	674	ALTOM GNIEZNO	M30	45	00:58:42	02:28:59	04:13:20	06:46:01.95	06:46:21.70	+02:20:35 (34.6%)	7:48	7.7 (65.8%)
46	WOJCISZEK Andrzej	398	APTEKA GEMINI TEAM	M30	46	01:02:50	02:42:55	04:24:57	06:50:29.15	06:50:37.50	+02:24:51 (35.3%)	7:53	7.6 (65.0%)
47	KUCHARSKI Paweł	754	PLANETA NISKO	M30	47	01:00:00	02:48:43	04:38:07	06:51:18.55	06:51:32.25	+02:25:45 (35.4%)	7:54	7.6 (65.0%)
48	WIERZBICKI Tomasz	471		M30	48	01:06:24	02:53:44	04:38:56	06:52:24.20	06:53:14.00	+02:27:27 (35.7%)	7:55	7.6 (65.0%)
49	KRZEMIŃSKI Bartosz	692	WKURW_TEAM	M30	49	01:05:05	02:47:31	04:34:11	06:54:32.25	06:55:01.50	+02:29:15 (36.0%)	7:58	7.5 (64.1%)
50	OBARA Michał	642	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M30	50	01:06:52	02:55:25	04:42:03	06:55:16.20	06:55:18.75	+02:29:32 (36.0%)	7:59	7.5 (64.1%)
51	GESSLER Łukasz	338	BIESY	M30	51	01:11:15	03:03:54	04:47:15	06:55:44.00	06:56:19.00	+02:30:32 (36.2%)	7:59	7.5 (64.1%)
52	RASZKOWSKI Piotr	307		M30	52	01:14:46	03:08:32	04:47:33	06:56:29.75	06:56:44.25	+02:30:57 (36.2%)	8:00	7.5 (64.1%)
53	KAŹMIERCZAK Michał	738	DZIKIE ŻYCIE RUN TEAM	M30	53	01:04:49	02:47:05	04:30:46	06:56:28.45	06:56:54.00	+02:31:07 (36.2%)	8:00	7.5 (64.1%)
54	BIESZKE Artur	245	BEZTLENOWI MALBORK	M30	54	01:10:12	02:57:37	04:49:32	06:56:57.15	06:57:16.60	+02:31:30 (36.3%)	8:01	7.5 (64.1%)
55	KWIATKOWSKI Kajetan	718	PIĘKNI I BESTIE	M30	55	01:11:16	02:54:41	04:35:11	06:57:32.70	06:58:09.25	+02:32:22 (36.4%)	8:01	7.5 (64.1%)
56	GRONIECKI Mikołaj	651		M30	56	01:06:30	02:54:04	04:46:25	06:57:52.75	06:58:34.90	+02:32:48 (36.5%)	8:02	7.5 (64.1%)
57	CZERWIEC Andrzej	541		M30	57	01:00:10	02:41:34	04:40:52	07:00:56.85	07:01:18.10	+02:35:31 (36.9%)	8:05	7.4 (63.2%)
58	KAŃDUŁA Grzegorz	266	NEST TEAM	M30	58	01:10:07	03:03:29	04:51:01	07:01:02.00	07:01:46.15	+02:35:59 (37.0%)	8:05	7.4 (63.2%)
59	ŻOŁNACZ Maciej	565		M30	59	01:02:38	02:42:09	04:31:36	07:02:49.85	07:03:14.05	+02:37:27 (37.2%)	8:07	7.4 (63.2%)
60	KRUPA Jan	501		M30	60	01:12:54	03:17:10	05:05:41	07:02:59.70	07:03:41.65	+02:37:55 (37.3%)	8:08	7.4 (63.2%)
61	KRÓLIKOWSKI Igor	446	RABBITS	M30	61	01:10:53	02:57:56	04:45:50	07:03:36.25	07:03:53.15	+02:38:06 (37.3%)	8:08	7.4 (63.2%)
62	SOLAREWICZ Tomasz	461	LATAJĄCY CYRK MONTY PYTHONA	M30	62	01:02:34	02:43:43	04:39:36	07:04:58.15	07:05:07.15	+02:39:20 (37.5%)	8:10	7.3 (62.4%)
63	MATEJUK Arkadiusz	239	BEZTLENOWI MALBORK	M30	63	01:10:12	02:58:57	04:49:32	07:06:46.80	07:07:06.60	+02:41:20 (37.8%)	8:12	7.3 (62.4%)
64	RZEPNIEWSKI Łukasz	619	WKURW_TEAM	M30	64	01:07:00	02:57:54	04:44:00	07:07:15.25	07:08:01.70	+02:42:15 (37.9%)	8:12	7.3 (62.4%)
65	KONDZIOŁA Krzysztof	311	PERFECT RUNNER LUBLIN / STAY INSANE	M30	65	01:13:12	03:10:01	04:56:46	07:07:45.00	07:08:13.80	+02:42:27 (37.9%)	8:13	7.3 (62.4%)
66	MUSIAŁ Szymon	379	GARDENFLORA MTB TEAM	M30	66	01:04:46	02:47:18	04:41:57	07:09:56.15	07:10:19.60	+02:44:33 (38.2%)	8:16	7.3 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	P3_Solinka 26km	P2_Roztoki 38km	52km	52km			
67	WNUK Tomasz	424	NAPRZÓD MŁOCINY	M30	67	01:02:29	02:52:28	04:46:44	07:11:56.25	07:12:12.70	+02:46:26 (38.5%)	8:18	7.2 (61.5%)
68	SŁOTWIŃSKI Adam	538		M30	68	01:08:37	02:54:35	04:44:28	07:13:25.90	07:13:32.65	+02:47:46 (38.7%)	8:20	7.2 (61.5%)
69	PYRĆ Krzysztof	428	JJ TEAM	M30	69	01:11:36	03:02:40	04:50:20	07:14:06.60	07:14:51.20	+02:49:04 (38.9%)	8:20	7.2 (61.5%)
70	GROCHÓLSKI Paweł	536		M30	70	01:14:32	03:05:18	04:50:46	07:14:44.30	07:15:46.75	+02:50:00 (39.0%)	8:21	7.2 (61.5%)
71	SZWAT Piotr	347	POPCIU TEAM	M30	71	01:07:29	03:14:23	05:10:33	07:15:29.45	07:16:12.20	+02:50:25 (39.1%)	8:22	7.2 (61.5%)
72	BUMBUL Leszek	525		M30	72	01:11:18	03:04:46	04:49:12	07:16:58.00	07:17:48.50	+02:52:02 (39.3%)	8:24	7.1 (60.7%)
73	KORDOWICZ Łukasz	514	BUT BIŁGORAJ ULTRA TRAIL	M30	73	01:05:53	02:55:29	04:47:53	07:17:42.10	07:17:48.85	+02:52:02 (39.3%)	8:25	7.1 (60.7%)
74	KULIK Grzegorz	315	BEZTLENOWI MALBORK	M30	74	01:09:21	02:59:08	04:52:57	07:18:06.95	07:18:19.75	+02:52:33 (39.4%)	8:25	7.1 (60.7%)
75	STRZELECKI Dawid	571	TEAM SPIRIT	M30	75	01:07:13	02:53:40	04:43:43	07:18:52.20	07:19:18.30	+02:53:31 (39.5%)	8:26	7.1 (60.7%)
76	KIEWISZ Adam	685	SĄ WOLNIEJSI	M30	76	01:04:34	02:54:19	04:53:32	07:18:49.25	07:19:26.75	+02:53:40 (39.5%)	8:26	7.1 (60.7%)
77	WOJCIECHOWSKI Tomasz	650	RUNNING FROGS	M30	77	01:03:05	02:51:13	04:45:23	07:21:43.50	07:22:25.35	+02:56:38 (39.9%)	8:29	7.1 (60.7%)
78	LASKOWSKI Daniel	576	RUN PASJA	M30	78	01:09:46	03:06:22	04:56:44	07:22:46.35	07:23:18.80	+02:57:32 (40.0%)	8:30	7 (59.8%)
79	TOPOROWSKI Mariusz	399		M30	79	01:12:15	03:02:40	04:55:16	07:23:40.70	07:24:32.20	+02:58:45 (40.2%)	8:31	7 (59.8%)
80	JANICKI Tomasz	418	21DAPLOT JAROSŁAW	M30	80	01:07:59	02:54:04	04:45:35	07:24:33.00	07:24:59.85	+02:59:13 (40.3%)	8:32	7 (59.8%)
81	FIRAZA Tomasz	582	FUJITSU RUNNING TEAM ŁÓDŹ	M30	81	01:02:10	02:46:31	04:48:30	07:25:20.30	07:25:44.20	+02:59:57 (40.4%)	8:33	7 (59.8%)
82	TWARDOWSKI Tomasz	645		M30	82	01:09:19	03:00:58	04:55:51	07:25:55.75	07:26:21.85	+03:00:35 (40.5%)	8:34	7 (59.8%)
83	BIEL Tomasz	596		M30	83	01:09:56	03:05:35	05:05:31	07:27:48.25	07:28:21.95	+03:02:35 (40.7%)	8:36	7 (59.8%)
84	GIERULA Piotr	290		M30	84	01:05:30	03:00:41	05:07:35	07:28:45.05	07:29:03.90	+03:03:17 (40.8%)	8:37	7 (59.8%)
85	DRAUS Borys	281		M30	85	01:14:48	03:13:15	04:54:06	07:28:06.00	07:29:07.85	+03:03:21 (40.8%)	8:37	7 (59.8%)
86	SZARY Marek	316	TURBO ŻUŁWIE/3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	M30	86	01:05:49	03:00:17	05:03:10	07:28:53.40	07:29:12.15	+03:03:25 (40.8%)	8:37	7 (59.8%)
87	AGRES Paweł	440	KW KOTŁOWNIA	M30	87	01:07:58	02:57:53	04:53:08	07:30:11.10	07:30:16.65	+03:04:30 (41.0%)	8:39	6.9 (59.0%)
88	STPICZYŃSKI Marcin	254		M30	88	01:13:42	03:12:28	05:03:17	07:30:40.35	07:31:01.95	+03:05:15 (41.1%)	8:40	6.9 (59.0%)
89	GWIŹDŹ Grzegorz	592		M30	89	01:05:32	03:00:43	05:09:37	07:30:53.10	07:31:10.30	+03:05:23 (41.1%)	8:40	6.9 (59.0%)
90	RESZKA Marek	537	NOVEMBER RUNNING TEAM	M30	90	01:11:24	03:04:39	04:55:02	07:32:04.25	07:32:59.75	+03:07:13 (41.3%)	8:41	6.9 (59.0%)
91	JANASZ Rafał	593		M30	91	01:12:09	03:13:21	05:07:31	07:34:43.20	07:34:59.55	+03:09:13 (41.6%)	8:44	6.9 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki			Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	P3_Solinka 26km	P2_Roztoki 38km	52km	52km			
92	GUDOWSKI Krystian	509	GOODRUN	M30	92	01:11:55	03:10:47	05:00:15	07:34:43.25	07:35:38.40	+03:09:51 (41.7%)	8:44	6.9 (59.0%)
93	GRZYWINSKI Bartosz	377		M30	93	01:12:58	03:12:56	05:06:39	07:35:55.15	07:36:31.00	+03:10:44 (41.8%)	8:46	6.8 (58.1%)
94	KAZIMIERZ Rafał	678	NOA	M30	94	01:03:29	02:59:57	05:00:38	07:37:35.30	07:37:49.85	+03:12:03 (41.9%)	8:47	6.8 (58.1%)
95	PIOTROWSKI Tomasz	367	GREMBSKI TRIATHLON	M30	95	01:02:30	02:54:48	04:50:23	07:38:11.10	07:38:30.75	+03:12:44 (42.0%)	8:48	6.8 (58.1%)
96	KAJUT Sylwester	694	AKTYWNI KOCIEWIACY	M30	96	01:11:51	03:08:20	05:12:32	07:38:18.65	07:38:42.15	+03:12:55 (42.1%)	8:48	6.8 (58.1%)
97	DUDZIAK Tomasz	500	MARSS FILTRY RUNNERS CLUB	M30	97	01:15:36	03:15:49	05:09:57	07:39:06.55	07:40:13.05	+03:14:26 (42.3%)	8:49	6.8 (58.1%)
98	GALEK Adam	551	FUN CLUB KS TĘCZA	M30	98	01:15:36	03:15:50	05:09:59	07:39:06.50	07:40:13.20	+03:14:26 (42.3%)	8:49	6.8 (58.1%)
99	NYCZ Sławomir	574		M30	99	01:09:31	03:02:58	05:10:23	07:41:12.70	07:41:44.30	+03:15:57 (42.4%)	8:52	6.8 (58.1%)
100	PIETRUSZKA Mariusz	572		M30	100	01:06:06	03:03:27	05:07:19	07:41:51.55	07:42:17.70	+03:16:31 (42.5%)	8:52	6.8 (58.1%)
101	WOJCIECHOWSKI Maciej	607	WKURW_TEAM	M30	101	01:03:51	02:54:26	04:59:07	07:42:21.90	07:42:25.80	+03:16:39 (42.5%)	8:53	6.7 (57.3%)
102	GAWORECKI Tomasz	277	RUN ENERGY CLUB / POZYTYWNE ZABIEGANI SANOK	M30	102	01:12:02	03:20:17	05:15:02	07:43:13.65	07:44:11.00	+03:18:24 (42.7%)	8:54	6.7 (57.3%)
103	GMAJ Daniel	555	GRÓJEC TEAM :)	M30	103	01:15:36	03:17:57	05:09:47	07:43:38.75	07:44:30.70	+03:18:44 (42.8%)	8:54	6.7 (57.3%)
104	PAWLAK Maciej	653		M30	104	01:09:38	03:11:32	05:12:39	07:45:58.75	07:46:26.75	+03:20:40 (43.0%)	8:57	6.7 (57.3%)
105	GRZYWIŃSKI Wojtek	411		M30	105	01:13:04	03:15:20	05:16:07	07:45:58.40	07:46:32.45	+03:20:46 (43.0%)	8:57	6.7 (57.3%)
106	BUCZYŃSKI Radosław	717	NIGHT RUNNERS GLIWICE	M30	106	01:08:45	03:04:40	05:20:25	07:53:58.95	07:54:44.75	+03:28:58 (44.0%)	9:06	6.6 (56.4%)
107	STACH Dariusz	553	OSP KOSMOLÓW	M30	107	01:17:41	03:19:07	05:25:11	07:55:06.00	07:56:04.45	+03:30:18 (44.2%)	9:08	6.6 (56.4%)
108	BIEL Łukasz	597		M30	108	01:09:56	03:05:35	05:19:40	07:56:25.70	07:56:59.15	+03:31:12 (44.3%)	9:09	6.5 (55.6%)
109	SETKOWICZ Jacek	439		M30	109	01:15:39	03:20:13	05:21:18	07:56:53.25	07:57:20.00	+03:31:33 (44.3%)	9:10	6.5 (55.6%)
110	KOŁAKOWSKI Przemek	630		M30	110	01:12:40	03:20:21	05:25:10	08:00:48.10	08:01:39.55	+03:35:53 (44.8%)	9:14	6.5 (55.6%)
111	KAMIŃSKI Krystian	268	RADUNIA NIESTĘPOWO	M30	111	01:11:16	03:18:51	05:34:31	08:03:22.35	08:04:05.00	+03:38:18 (45.1%)	9:17	6.5 (55.6%)
112	WÓJCIK Michał	682	FORREST GUMP RUNNING TEAM	M30	112	01:21:35	03:23:17	05:22:30	08:09:31.70	08:10:01.55	+03:44:15 (45.8%)	9:24	6.4 (54.7%)
113	PIKĄŁA Karol	230	BEZTLENOWI MALBORK	M30	113	01:09:14	02:57:38	05:10:02	08:10:59.80	08:11:18.10	+03:45:31 (45.9%)	9:26	6.4 (54.7%)
114	JANKOWICZ Artur	256	BEZTLENOWI MALBORK	M30	114	01:12:50	03:22:08	05:28:30	08:11:25.30	08:11:55.50	+03:46:09 (46.0%)	9:27	6.3 (53.8%)
115	ZGLIŃSKI Bartłomiej	679	WKURW_TEAM	M30	115	01:17:20	03:40:38	05:37:12	08:12:11.00	08:12:16.60	+03:46:30 (46.0%)	9:27	6.3 (53.8%)
116	CHILIŃSKI Karol	634		M30	116	01:08:41	03:12:40	05:20:21	08:12:00.25	08:12:19.35	+03:46:32 (46.0%)	9:27	6.3 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki	P3_Solinka	P2_Roztoki	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	26km	38km	52km	52km			
117	PARYS Michał	711		M30	117	01:08:40	03:18:05	05:34:12	08:12:31.60	08:12:48.30	+03:47:01 (46.1%)	9:28	6.3 (53.8%)
118	RUDNICKI Marek	464		M30	118	01:15:13	03:17:57	05:27:43	08:15:44.40	08:16:26.20	+03:50:39 (46.5%)	9:32	6.3 (53.8%)
119	URBANOWICZ Rafał	672	OZNAKUJBIURO.PL	M30	119	01:16:42	03:25:11	05:29:24	08:17:10.95	08:17:21.45	+03:51:35 (46.6%)	9:33	6.3 (53.8%)
120	PIOTROWSKI Grzegorz	472	BIEGOWA ŚWIDNICA / ŻELAZNA ŚWIDNICA	M30	120	01:14:23	03:20:14	05:35:07	08:18:36.60	08:18:44.15	+03:52:57 (46.7%)	9:35	6.3 (53.8%)
120	BANAŚ Radosław	409		M30	121	01:14:21	03:19:37	05:36:56	08:18:34.30	08:18:44.15	+03:52:57 (46.7%)	9:35	6.3 (53.8%)
122	GRZYB Sławomir	465	WKB PIAST WROCŁAW	M30	122	01:14:16	03:20:20	05:37:00	08:18:44.35	08:18:44.35	+03:52:57 (46.7%)	9:35	6.3 (53.8%)
123	KOSTRZEWA Mariusz	548	KS 'ALASKA'	M30	123	01:08:15	03:14:18	05:37:33	08:27:54.10	08:28:20.60	+04:02:34 (47.7%)	9:46	6.1 (52.1%)
124	CZARNIK Stanisław	721		M30	124	01:20:26	03:41:58	05:48:26	08:30:38.05	08:31:37.50	+04:05:51 (48.1%)	9:49	6.1 (52.1%)
125	SZCZEPAŃSKI Wacław	661		M30	125	01:16:54	03:37:09	05:53:20	08:30:50.05	08:31:37.60	+04:05:51 (48.1%)	9:49	6.1 (52.1%)
126	PUSZ Janusz	531		M30	126	01:19:57	03:30:43	05:43:16	08:35:30.35	08:36:37.70	+04:10:51 (48.6%)	9:54	6.1 (52.1%)
127	KINDELA Michał	450	RAZEM TRENUJEMY SPORT	M30	127	01:29:27	03:44:06	05:54:24	08:36:49.00	08:37:48.55	+04:12:02 (48.7%)	9:56	6 (51.3%)
128	LUTEREK Michał	324		M30	128	01:21:09	03:40:01	05:49:40	08:41:27.40	08:42:23.80	+04:16:37 (49.1%)	10:01	6 (51.3%)
129	KOPCZYŃSKI Maciej	236		M30	129	01:14:49	03:33:04	05:55:13	08:44:52.55	08:44:56.35	+04:19:09 (49.4%)	10:05	5.9 (50.4%)
130	CHODOROWSKI Arkadiusz	496	IPA PAŁAC MOSTOSKICH	M30	130	01:23:16	03:45:43	05:49:22	08:46:04.65	08:47:14.75	+04:21:28 (49.6%)	10:07	5.9 (50.4%)
131	KONARSKI Maciej	552	MIELONY CHRUPEK	M30	131	01:11:16	03:16:24	05:42:30	08:51:53.45	08:52:09.25	+04:26:22 (50.1%)	10:13	5.9 (50.4%)
132	TELEGUJ Michał	497	TEZA BHP OPOLE	M30	132	01:19:06	03:39:49	05:49:38	08:52:21.20	08:53:26.55	+04:27:40 (50.2%)	10:14	5.9 (50.4%)
133	DĄBROWSKI Filip	417	DUUST.CO	M30	133	01:15:34	03:21:01	05:49:47	08:52:32.60	08:53:31.05	+04:27:44 (50.2%)	10:14	5.9 (50.4%)
Przekroczony limit czasu: 09:00:00													
134	GRAJEWSKI Artur	1634		M30	134	01:22:02	03:41:56	06:10:25	09:01:38.90	09:02:05.45	+04:36:19 (51.0%)	10:24	5.8 (49.6%)
135	KOZIARSKI Maciej	334	DRUŻYNA SZPIKU	M30	135	01:12:28	03:38:56	05:56:58	09:02:39.90	09:02:45.60	+04:36:59 (51.0%)	10:26	5.7 (48.7%)
136	MAJONEK Artur	559		M30	136	01:16:46	03:40:34	05:57:02	09:12:22.95	09:13:02.95	+04:47:16 (51.9%)	10:37	5.6 (47.9%)
	JAREMA Maciej	427		M30		01:07:29 DNF	02:49:25 DNF	04:33:24 DNF	DNF	DNF	-	-	- (0.0%)
	SERZYSKO Bartosz	40	GO APTIV!	M30		01:09:34 DNF	02:57:30 DNF	05:28:35 DNF	DNF	DNF	-	-	- (0.0%)
	DUDZIŃSKI Piotr	637		M30		01:05:30 DNF	03:08:28 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PARTYKA Andrzej	701		M30		01:21:35 DNF	03:17:57 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BONOWICZ Jakub	390		M30		DNF	03:29:40 DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki 12km	P3_Solinka 26km	P2_Roztoki 38km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
	KWIATKOWSKI Rafał	431		M30		01:11:56 DNF	03:34:30 DNF	DNF	DNF	DNF		-	- (0.0%)
	STEPANCZENKO Rafał	241	BIAŁYSTOK BIEGA TEAM	M30		01:19:53 DNF	03:48:20 DNF	DNF	DNF	DNF		-	- (0.0%)
	DROZDOWSKI Wojciech	632		M30		01:13:36 DNF	04:18:22 DNF	DNF	DNF	DNF		-	- (0.0%)
	ZWOLIŃSKI Łukasz	498		M30		02:09:49 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 145 wynik(ów)