



VI LUBEŃSKI CROSS - 13,8 KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: VI Lubeński Cross
Organizator: Stowarzyszenie Na Rzecz Promocji i Rozwoju Gminy Lubenia „Aktywni Razem”
Data: 2022-06-25
Miejsce: Lubenia
Dystans: 13.8 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 13.8km	Czas brutto 13.8km	Różn	Tempo min/km	Tempo km/h
1	SZPUNAR Andrzej	57	PORT LOTNICZY RZESZÓW JASIONKA	M2	1	00:57:58.00	00:57:58.00		4:12	14.3 (100%)
2	GUT Jacek	10	BLACK JACK TEAM	M1	1	01:07:13.00	01:07:13.00	+00:09:15 (13.8%)	4:52	12.3 (86.0%)
3	TELESZ Mateusz	43		M1	2	01:13:20.00	01:13:20.00	+00:15:22 (21.0%)	5:18	11.3 (79.0%)
4	KAPUSTA-SZYDŁAK Sylwia	64		K2	1	01:14:12.00	01:14:12.00	+00:16:14 (21.9%)	5:22	11.2 (78.3%)
5	TRAWKA Bartłomiej	45	DELOITTE ADVENTURE TEAM	M1	3	01:14:28.00	01:14:28.00	+00:16:30 (22.2%)	5:23	11.1 (77.6%)
6	JABŁONOWSKI Robert	11		M2	2	01:15:16.00	01:15:16.00	+00:17:18 (23.0%)	5:27	11 (76.9%)
7	MALECKA-LEŃ Patrycja	58	STAJNIA BALONA	K2	2	01:15:37.00	01:15:37.00	+00:17:39 (23.3%)	5:28	10.9 (76.2%)
8	WÓJTOWICZ Piotr Wójtowicz	51		M2	3	01:16:07.00	01:16:07.00	+00:18:09 (23.8%)	5:30	10.9 (76.2%)
9	ZIĘBA Sabina	52	FOREVER TEAM	K2	3	01:17:43.00	01:17:43.00	+00:19:45 (25.4%)	5:37	10.7 (74.8%)
10	PEŁDIAK Mateusz	28	KB ATHLETIC ZRĘCIN / PAWKO RUNNER TEAM	M1	4	01:18:36.00	01:18:36.00	+00:20:38 (26.3%)	5:41	10.5 (73.4%)
11	SOKÓŁ Adam	29		M2	4	01:18:53.00	01:18:53.00	+00:20:55 (26.5%)	5:42	10.5 (73.4%)
12	SZCZYPEK Mariusz	56		M2	5	01:21:03.00	01:21:03.00	+00:23:05 (28.5%)	5:52	10.2 (71.3%)
13	MAGIERA Marcin	24		M2	6	01:22:34.00	01:22:34.00	+00:24:36 (29.8%)	5:58	10 (69.9%)
14	JANIK Jacek	13		M2	7	01:24:17.00	01:24:17.00	+00:26:19 (31.2%)	6:06	9.8 (68.5%)
15	BEDNARZ Franciszek	1	SG & START LUBENIA	M1	5	01:25:09.00	01:25:09.00	+00:27:11 (31.9%)	6:10	9.7 (67.8%)
16	MULLER Sebastian	26	LEŚNA BIEGUNKA	M2	8	01:25:32.00	01:25:32.00	+00:27:34 (32.2%)	6:11	9.7 (67.8%)
17	TUCZAPSKI Piotr	59	CARPATHIAN RUNNERS	M1	6	01:25:48.00	01:25:48.00	+00:27:50 (32.4%)	6:13	9.7 (67.8%)
18	ŚWIĘCH Anna	42		K2	4	01:26:35.00	01:26:35.00	+00:28:37 (33.1%)	6:16	9.6 (67.1%)
19	SŁOWIK Jan	37	WYBIEGAMY W PRZYSZŁOŚĆ	M3	1	01:27:32.00	01:27:32.00	+00:29:34 (33.8%)	6:20	9.5 (66.4%)
20	SIKORA Jacek	35	SAMOTNY WILK	M2	9	01:28:30.00	01:28:30.00	+00:30:32 (34.5%)	6:24	9.4 (65.7%)
21	KOŚCIÓŁEK Piotr	20		M2	10	01:29:57.00	01:29:57.00	+00:31:59 (35.6%)	6:31	9.2 (64.3%)
22	PYRZAK Jacek	33		M2	11	01:32:15.00	01:32:15.00	+00:34:17 (37.2%)	6:41	9 (62.9%)
23	KOTZUL Mateusz	55		M1	7	01:32:29.00	01:32:29.00	+00:34:31 (37.3%)	6:42	9 (62.9%)
24	DUDEK Monika	6		K2	5	01:35:18.00	01:35:18.00	+00:37:20 (39.2%)	6:54	8.7 (60.8%)
25	OZON Krystian	27		M2	12	01:35:47.00	01:35:47.00	+00:37:49 (39.5%)	6:56	8.6 (60.1%)
26	LUTAK Agnieszka	23	JAK ŻÓŁWIE W GALOPIE	K1	1	01:36:47.00	01:36:47.00	+00:38:49 (40.1%)	7:00	8.6 (60.1%)
27	WILK Kamil	53		M1	8	01:36:52.00	01:36:52.00	+00:38:54 (40.2%)	7:01	8.5 (59.4%)

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28	PRZYBYSZEWSKI Eryk	31	REHOUSE DEVELOPMENT	M3	2	01:38:43.00	01:38:43.00	+00:40:45 (41.3%)	7:09	8.4 (58.7%)
29	BEDNARZ Anna	2		K1	2	01:38:47.00	01:38:47.00	+00:40:49 (41.3%)	7:09	8.4 (58.7%)
30	KOPCIUCH Maciej	19	PODIUM	M1	9	01:39:14.00	01:39:14.00	+00:41:16 (41.6%)	7:11	8.3 (58.0%)
31	WOJCIK Mariusz	49	PODIUM	M2	13	01:41:59.00	01:41:59.00	+00:44:01 (43.2%)	7:23	8.1 (56.6%)
32	KOLANO Krzysztof	54		M1	10	01:42:26.00	01:42:26.00	+00:44:28 (43.4%)	7:25	8.1 (56.6%)
33	BIELÓWKA Roman	4	GRODZISKA GRUPA BIEGOWA SZALONE ŻÓŁWIE	M3	3	01:43:03.00	01:43:03.00	+00:45:05 (43.7%)	7:28	8 (55.9%)
34	JAWORSKA Agnieszka	15		K2	6	01:43:19.00	01:43:19.00	+00:45:21 (43.9%)	7:29	8 (55.9%)
35	BEDNARZ Józef	3		M1	11	01:44:53.00	01:44:53.00	+00:46:55 (44.7%)	7:36	7.9 (55.2%)
36	PIWKO Maciej	30		M1	12	01:45:19.00	01:45:19.00	+00:47:21 (45.0%)	7:37	7.9 (55.2%)
37	CZARNIK Maciej	5	FUN&RUN	M2	14	01:45:48.00	01:45:48.00	+00:47:50 (45.2%)	7:40	7.8 (54.5%)
38	WOŹNY Łukasz	50		M2	15	01:46:57.00	01:46:57.00	+00:48:59 (45.8%)	7:45	7.7 (53.8%)
39	JAGIEŁOWICZ Rafał	12		M2	16	01:50:46.00	01:50:46.00	+00:52:48 (47.7%)	8:01	7.5 (52.4%)
40	WIATER Jerzy	47	WYBIEGAMY W PRZYSZŁOŚĆ	M3	4	01:53:08.00	01:53:08.00	+00:55:10 (48.8%)	8:11	7.3 (51.0%)
41	DUDEK Marcin	63	LESNA BIEGUNKA	M2	17	01:55:00.00	01:55:00.00	+00:57:02 (49.6%)	8:20	7.2 (50.3%)
42	KĘDZIOR Katarzyna	62		K2	7	01:55:02.00	01:55:02.00	+00:57:04 (49.6%)	8:20	7.2 (50.3%)
43	JANIK Anna	14		K2	8	01:55:50.00	01:55:50.00	+00:57:52 (50.0%)	8:23	7.1 (49.7%)
44	KOZŁOWSKI Bartłomiej	16		M1	13	01:56:32.00	01:56:32.00	+00:58:34 (50.3%)	8:26	7.1 (49.7%)
44	SZPUNAR Jakub	40		M2	18	01:56:32.00	01:56:32.00	+00:58:34 (50.3%)	8:26	7.1 (49.7%)
46	TUROWSKA Lucyna	46	MTU AERO ENGINES	K3	1	01:56:48.00	01:56:48.00	+00:58:50 (50.4%)	8:27	7.1 (49.7%)
47	SŁOWIK Stefan	36	WYBIEGAMY W PRZYSZŁOŚĆ	M3	5	01:58:20.00	01:58:20.00	+01:00:22 (51.0%)	8:34	7 (49.0%)
48	LUBAŚ Anna	22		K2	9	01:59:21.00	01:59:21.00	+01:01:23 (51.4%)	8:38	6.9 (48.3%)
49	SOJA Tomasz	61		M3	6	02:04:14.00	02:04:14.00	+01:06:16 (53.3%)	9:00	6.7 (46.9%)
50	FOLTA Anita	7	GRUPA BIEGOWA ZARSZYN	K3	2	02:04:15.00	02:04:15.00	+01:06:17 (53.3%)	9:00	6.7 (46.9%)
51	MATRASZEK Joanna	25	NOCNY BÓR/ ZAWADZKA TEAM	K1	3	02:12:45.00	02:12:45.00	+01:14:47 (56.3%)	9:37	6.2 (43.4%)
52	SZURA Aneta	68		K3	3	02:12:46.00	02:12:46.00	+01:14:48 (56.3%)	9:37	6.2 (43.4%)
53	SZYDŁAK Urszula	41		K2	10	02:17:29.00	02:17:29.00	+01:19:31 (57.8%)	9:57	6 (42.0%)
54	LITWA Łukasz	67	FOREVER TEAM	M2	19	02:25:02.00	02:25:02.00	+01:27:04 (60.0%)	10:30	5.7 (39.9%)
55	BAK LITWA Ewa	66	FOREVER TEAM	K2	11	02:25:07.00	02:25:07.00	+01:27:09 (60.1%)	10:30	5.7 (39.9%)
56		69								(0.0%)
	BALCHAN Konrad	65	FELINEUS	M1		01:31:53.00	01:31:53.00		0:00	9 (62.9%)

Znaleziono 57 wynik(ów)