

# VI MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO

B4SPORT  
INTELEGENCJA ZAWODY SPORTOWE

**Wydarzenie:** VI Mikołajkowy Kross Górski z Komandorkiem u Kantego  
**Organizator:** Fundacja "Sub ventum" w Słupsku  
**Data:** 2021-12-11  
**Miejsce:** Słupsk  
**Dystans:** 6 km



Klasyfikacja: OPEN -M

| Msc | Zawodnik             | Numer | Klub                                | Kategoria | Mkat | Czas netto 6km | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------|-------|-------------------------------------|-----------|------|----------------|-------------------|--------------|--------------|
| 1   | PELO Artur           | 178   | & BRYGADA OBRONY WYBRZERA           | OPEN -M   | 1    | 00:26:51.90    |                   | 4:28         | 13.4 (100%)  |
| 2   | OSIŃSKI Wojciech     | 99    | TEAMZABIEGANEDNI                    | OPEN -M   | 2    | 00:29:21.30    | +00:02:29 (8.5%)  | 4:53         | 12.3 (91.8%) |
| 3   | PYTŁAK Michał        | 118   | 7 BRYGADA OBRONY WYBRZEŻA           | OPEN -M   | 3    | 00:29:27.40    | +00:02:35 (8.8%)  | 4:54         | 12.2 (91.0%) |
| 4   | KOSICKI Kajetan      | 70    | AML SŁUPSK                          | OPEN -M   | 4    | 00:29:52.90    | +00:03:01 (10.1%) | 4:58         | 12.1 (90.3%) |
| 5   | DUDA Grzegorz        | 32    | BEST BEASTS                         | OPEN -M   | 5    | 00:29:59.15    | +00:03:07 (10.4%) | 4:59         | 12 (89.6%)   |
| 6   | WALEŃSKI Michał      | 157   | TKKF KOSZALIN                       | OPEN -M   | 6    | 00:30:03.60    | +00:03:11 (10.6%) | 5:00         | 12 (89.6%)   |
| 7   | DROZDOWSKI Filip     | 31    |                                     | OPEN -M   | 7    | 00:30:56.55    | +00:04:04 (13.2%) | 5:09         | 11.6 (86.6%) |
| 8   | PICK Tomasz          | 101   | BIEGOLAS KOSZALIN / KORONA SZCZECIN | OPEN -M   | 8    | 00:31:22.65    | +00:04:30 (14.4%) | 5:13         | 11.5 (85.8%) |
| 9   | GARSKI Krystian      | 200   | ŚWIAT PŁYTEK                        | OPEN -M   | 9    | 00:31:38.95    | +00:04:47 (15.1%) | 5:16         | 11.4 (85.1%) |
| 10  | BARAN Radosław       | 187   | KOSPEL                              | OPEN -M   | 10   | 00:31:39.40    | +00:04:47 (15.1%) | 5:16         | 11.4 (85.1%) |
| 11  | BURDA Robert         | 181   | KOSPEL                              | OPEN -M   | 11   | 00:32:00.95    | +00:05:09 (16.1%) | 5:20         | 11.3 (84.3%) |
| 12  | PRZYBOREK Marcin     | 117   |                                     | OPEN -M   | 12   | 00:32:43.80    | +00:05:51 (17.9%) | 5:27         | 11 (82.1%)   |
| 13  | PRZYBOREK Szymon     | 116   |                                     | OPEN -M   | 13   | 00:32:44.05    | +00:05:52 (17.9%) | 5:27         | 11 (82.1%)   |
| 14  | STANIOCH Krzysztof   | 136   |                                     | OPEN -M   | 14   | 00:32:57.15    | +00:06:05 (18.5%) | 5:29         | 10.9 (81.3%) |
| 15  | WILUSZ Krzysztof     | 165   | STOPA SŁUPSK                        | OPEN -M   | 15   | 00:33:23.00    | +00:06:31 (19.5%) | 5:33         | 10.8 (80.6%) |
| 16  | GRACHEL Przemek      | 42    | AJ FABRYKA MEBLI                    | OPEN -M   | 16   | 00:33:36.25    | +00:06:44 (20.1%) | 5:36         | 10.7 (79.9%) |
| 17  | OLESEK Jerzy         | 97    | SZKOŁA PODOFICERSKA MW              | OPEN -M   | 17   | 00:33:40.80    | +00:06:48 (20.2%) | 5:36         | 10.7 (79.9%) |
| 18  | PIŁAT Paweł          | 110   | BEST BEASTS                         | OPEN -M   | 18   | 00:33:51.95    | +00:07:00 (20.7%) | 5:38         | 10.6 (79.1%) |
| 19  | PIETRASIK Przemysław | 104   |                                     | OPEN -M   | 19   | 00:34:20.25    | +00:07:28 (21.8%) | 5:43         | 10.5 (78.4%) |
| 20  | KIEŁCZYŃSKI Dawid    | 62    | TEAM DAVE BUKÓWKA/NIGHT WOLVES      | OPEN -M   | 20   | 00:34:21.90    | +00:07:30 (21.8%) | 5:43         | 10.5 (78.4%) |
| 21  | SZLACHETKA Piotr     | 141   | BBL SŁUPSK                          | OPEN -M   | 21   | 00:34:44.60    | +00:07:52 (22.7%) | 5:47         | 10.4 (77.6%) |
| 22  | SIDOR Mariusz        | 128   | ANANASY Z 3FAL                      | OPEN -M   | 22   | 00:34:51.35    | +00:07:59 (22.9%) | 5:48         | 10.3 (76.9%) |
| 23  | JANKOWSKI Grzegorz   | 49    | POZYTYWNIENIE NAKRĘCONY             | OPEN -M   | 23   | 00:35:01.55    | +00:08:09 (23.3%) | 5:50         | 10.3 (76.9%) |
| 24  | GAWEŁ Zbigniew       | 39    | POMERIDERS SŁUPSK                   | OPEN -M   | 24   | 00:35:05.65    | +00:08:13 (23.4%) | 5:50         | 10.3 (76.9%) |
| 25  | OBERT Paweł          | 179   | DAMNICA                             | OPEN -M   | 25   | 00:35:49.20    | +00:08:57 (25.0%) | 5:58         | 10.1 (75.4%) |
| 26  | KARWASZ Kacper       | 60    | IKMF PIŁA                           | OPEN -M   | 26   | 00:35:49.95    | +00:08:58 (25.0%) | 5:58         | 10.1 (75.4%) |

| Msc | Zawodnik                     | Numer      | Klub                       | Kategoria | Mkat | Czas               |                   | Tempo min/km | Tempo km/h  |
|-----|------------------------------|------------|----------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
|     |                              |            |                            |           |      | netto 6km          | Różn              |              |             |
| 27  | <b>GARDULSKI Cyprian</b>     | <b>211</b> | ZSM                        | OPEN -M   | 27   | <b>00:35:55.70</b> | +00:09:03 (25.2%) | 5:59         | 10 (74.6%)  |
| 28  | <b>KOZŁOWSKI Krzysztof</b>   | <b>185</b> | KOSPEL                     | OPEN -M   | 28   | <b>00:35:55.80</b> | +00:09:03 (25.2%) | 5:59         | 10 (74.6%)  |
| 29  | <b>BEDNAREK Krzysztof</b>    | <b>10</b>  |                            | OPEN -M   | 29   | <b>00:36:04.00</b> | +00:09:12 (25.5%) | 6:00         | 10 (74.6%)  |
| 30  | <b>DREWNIAK Tomasz</b>       | <b>30</b>  |                            | OPEN -M   | 30   | <b>00:36:11.60</b> | +00:09:19 (25.8%) | 6:01         | 9.9 (73.9%) |
| 31  | <b>KAMIŃSKI Marcin</b>       | <b>58</b>  | ANANASY Z 3FAL             | OPEN -M   | 31   | <b>00:36:15.65</b> | +00:09:23 (25.9%) | 6:02         | 9.9 (73.9%) |
| 32  | <b>CZYŻYKOWSKI Mateusz</b>   | <b>24</b>  |                            | OPEN -M   | 32   | <b>00:37:37.85</b> | +00:10:45 (28.6%) | 6:16         | 9.6 (71.6%) |
| 33  | <b>IWANOWSKI Michał</b>      | <b>48</b>  | BIEGAM BO LUBIĘ            | OPEN -M   | 33   | <b>00:38:28.40</b> | +00:11:36 (30.2%) | 6:24         | 9.4 (70.1%) |
| 34  | <b>NYK Marcin</b>            | <b>95</b>  |                            | OPEN -M   | 34   | <b>00:38:29.25</b> | +00:11:37 (30.2%) | 6:24         | 9.4 (70.1%) |
| 35  | <b>JAŹDŻYK Łukasz</b>        | <b>51</b>  |                            | OPEN -M   | 35   | <b>00:38:38.65</b> | +00:11:46 (30.5%) | 6:26         | 9.3 (69.4%) |
| 36  | <b>SZCZYGIEL Marcin</b>      | <b>138</b> |                            | OPEN -M   | 36   | <b>00:38:52.90</b> | +00:12:01 (30.9%) | 6:28         | 9.3 (69.4%) |
| 37  | <b>KOŁKOWSKI Mariusz</b>     | <b>186</b> | KOSPEL                     | OPEN -M   | 37   | <b>00:38:54.30</b> | +00:12:02 (30.9%) | 6:29         | 9.3 (69.4%) |
| 38  | <b>WEILAND Cyprian</b>       | <b>177</b> | NIGHT WOLVES SŁUPSK        | OPEN -M   | 38   | <b>00:38:56.95</b> | +00:12:05 (31.0%) | 6:29         | 9.2 (68.7%) |
| 39  | <b>FIGURSKI Andrzej</b>      | <b>33</b>  |                            | OPEN -M   | 39   | <b>00:39:11.25</b> | +00:12:19 (31.4%) | 6:31         | 9.2 (68.7%) |
| 40  | <b>SKĘPIEC Adrian</b>        | <b>132</b> | AJ FABRYKA MEBLI           | OPEN -M   | 40   | <b>00:39:50.20</b> | +00:12:58 (32.6%) | 6:38         | 9 (67.2%)   |
| 41  | <b>BOGACKI Tomasz</b>        | <b>182</b> | KOSPEL                     | OPEN -M   | 41   | <b>00:40:10.20</b> | +00:13:18 (33.1%) | 6:41         | 9 (67.2%)   |
| 42  | <b>CYWIŃSKI Tomasz</b>       | <b>22</b>  |                            | OPEN -M   | 42   | <b>00:40:22.75</b> | +00:13:30 (33.5%) | 6:43         | 8.9 (66.4%) |
| 43  | <b>MAJCHRZAK Dariusz</b>     | <b>202</b> | CPSP - USTKA               | OPEN -M   | 43   | <b>00:40:32.80</b> | +00:13:40 (33.7%) | 6:45         | 8.9 (66.4%) |
| 44  | <b>WILKOWSKI Wojciech</b>    | <b>188</b> | KOSPEL                     | OPEN -M   | 44   | <b>00:40:42.25</b> | +00:13:50 (34.0%) | 6:47         | 8.8 (65.7%) |
| 45  | <b>SZEWCZUK Piotr</b>        | <b>140</b> |                            | OPEN -M   | 45   | <b>00:41:21.55</b> | +00:14:29 (35.0%) | 6:53         | 8.7 (64.9%) |
| 46  | <b>TOMCZAK Dominik</b>       | <b>152</b> | W.P.K SŁOŃ TEAM            | OPEN -M   | 46   | <b>00:41:24.90</b> | +00:14:33 (35.1%) | 6:54         | 8.7 (64.9%) |
| 47  | <b>RAHOZA Szymon</b>         | <b>120</b> | HONOROWY DAWCA KRWI        | OPEN -M   | 47   | <b>00:41:25.15</b> | +00:14:33 (35.1%) | 6:54         | 8.7 (64.9%) |
| 48  | <b>BOGUSZEWSKI Michał</b>    | <b>12</b>  |                            | OPEN -M   | 48   | <b>00:41:46.50</b> | +00:14:54 (35.7%) | 6:57         | 8.6 (64.2%) |
| 49  | <b>ROCLAWSKI Grzegorz</b>    | <b>121</b> | SZOPANDJITSU               | OPEN -M   | 49   | <b>00:42:19.75</b> | +00:15:27 (36.5%) | 7:03         | 8.5 (63.4%) |
| 50  | <b>SITNIK Mikołaj</b>        | <b>131</b> |                            | OPEN -M   | 50   | <b>00:43:56.45</b> | +00:17:04 (38.9%) | 7:19         | 8.2 (61.2%) |
| 51  | <b>CZYŻYKIWSKI Krzysztof</b> | <b>23</b>  |                            | OPEN -M   | 51   | <b>00:43:57.75</b> | +00:17:05 (38.9%) | 7:19         | 8.2 (61.2%) |
| 52  | <b>KRYWUĆ Tomasz</b>         | <b>76</b>  |                            | OPEN -M   | 52   | <b>00:44:21.20</b> | +00:17:29 (39.4%) | 7:23         | 8.1 (60.4%) |
| 53  | <b>KAMIŃSKI Witold</b>       | <b>59</b>  | STOPA SŁUPSK               | OPEN -M   | 53   | <b>00:45:16.70</b> | +00:18:24 (40.7%) | 7:32         | 8 (59.7%)   |
| 54  | <b>PIETRZYCKI Dariusz</b>    | <b>108</b> |                            | OPEN -M   | 54   | <b>00:45:18.05</b> | +00:18:26 (40.7%) | 7:33         | 7.9 (59.0%) |
| 55  | <b>ROKUSZEWSKI Piotr</b>     | <b>123</b> |                            | OPEN -M   | 55   | <b>00:45:25.10</b> | +00:18:33 (40.8%) | 7:34         | 7.9 (59.0%) |
| 56  | <b>TRUSIAK Miłosz</b>        | <b>154</b> | NIGHT WOLVES ULTRA RUNNERS | OPEN -M   | 56   | <b>00:45:57.00</b> | +00:19:05 (41.5%) | 7:39         | 7.8 (58.2%) |
| 57  | <b>MĄDRY Artur</b>           | <b>184</b> |                            | OPEN -M   | 57   | <b>00:46:24.70</b> | +00:19:32 (42.1%) | 7:44         | 7.8 (58.2%) |
| 58  | <b>WASYLKO Wojciech</b>      | <b>159</b> | PROPACTA RUNNING TEAM      | OPEN -M   | 58   | <b>00:46:47.65</b> | +00:19:55 (42.6%) | 7:47         | 7.7 (57.5%) |
| 59  | <b>BOŚ Grzegorz</b>          | <b>13</b>  | CIASTKI RUNNING TEAM       | OPEN -M   | 59   | <b>00:46:57.30</b> | +00:20:05 (42.8%) | 7:49         | 7.7 (57.5%) |
| 60  | <b>ANTOSIAK Grzegorz</b>     | <b>5</b>   |                            | OPEN -M   | 60   | <b>00:47:04.60</b> | +00:20:12 (42.9%) | 7:50         | 7.6 (56.7%) |
| 61  | <b>SEWERYN Tomasz</b>        | <b>126</b> |                            | OPEN -M   | 61   | <b>00:47:15.65</b> | +00:20:23 (43.2%) | 7:52         | 7.6 (56.7%) |
| 62  | <b>LEWANDOWSKI Adam</b>      | <b>105</b> |                            | OPEN -M   | 62   | <b>00:47:19.15</b> | +00:20:27 (43.2%) | 7:53         | 7.6 (56.7%) |
| 63  | <b>KRUSZYN Tomasz</b>        | <b>203</b> |                            | OPEN -M   | 63   | <b>00:47:45.70</b> | +00:20:53 (43.8%) | 7:57         | 7.5 (56.0%) |
| 64  | <b>PIETRZYCKI Andrzej</b>    | <b>109</b> |                            | OPEN -M   | 64   | <b>00:48:03.10</b> | +00:21:11 (44.1%) | 8:00         | 7.5 (56.0%) |
| 65  | <b>SKIBIŃSKI Rafał</b>       | <b>133</b> | AJ TEAM                    | OPEN -M   | 65   | <b>00:48:14.60</b> | +00:21:22 (44.3%) | 8:02         | 7.5 (56.0%) |
| 66  | <b>ŻĄDEŁEK Jarek</b>         | <b>173</b> |                            | OPEN -M   | 66   | <b>00:48:21.45</b> | +00:21:29 (44.4%) | 8:03         | 7.4 (55.2%) |
| 67  | <b>STRZEMBOWICZ Damian</b>   | <b>137</b> | AJ FABRYKA MEBLI           | OPEN -M   | 67   | <b>00:48:52.30</b> | +00:22:00 (45.0%) | 8:08         | 7.4 (55.2%) |
| 68  | <b>BURMAN Tomasz</b>         | <b>16</b>  | ANANASY Z 3FAL             | OPEN -M   | 68   | <b>00:49:05.05</b> | +00:22:13 (45.3%) | 8:10         | 7.3 (54.5%) |
| 69  | <b>PISARZEWSKI Mateusz</b>   | <b>112</b> |                            | OPEN -M   | 69   | <b>00:49:15.90</b> | +00:22:24 (45.5%) | 8:12         | 7.3 (54.5%) |
| 70  | <b>KROPIŃSKI Adam</b>        | <b>74</b>  |                            | OPEN -M   | 70   | <b>00:51:24.50</b> | +00:24:32 (47.7%) | 8:34         | 7 (52.2%)   |

| Msc | Zawodnik                      | Numer      | Klub                     | Kategoria | Mkat | Czas netto 6km     | Różn              | Tempo min/km | Tempo km/h  |
|-----|-------------------------------|------------|--------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 71  | <b>KRZESZOWSKI Lukasz</b>     | <b>78</b>  |                          | OPEN -M   | 71   | <b>00:51:33.05</b> | +00:24:41 (47.9%) | 8:35         | 7 (52.2%)   |
| 72  | <b>IWANOWSKI Wojciech</b>     | <b>47</b>  | BIEGAM BO LUBIĘ          | OPEN -M   | 72   | <b>00:51:58.75</b> | +00:25:06 (48.3%) | 8:39         | 6.9 (51.5%) |
| 73  | <b>KLONOWSKI Artur</b>        | <b>180</b> | KOSPEL                   | OPEN -M   | 73   | <b>00:52:07.00</b> | +00:25:15 (48.5%) | 8:41         | 6.9 (51.5%) |
| 74  | <b>KARWASZ Krzysztof</b>      | <b>61</b>  |                          | OPEN -M   | 74   | <b>00:54:05.40</b> | +00:27:13 (50.3%) | 9:00         | 6.7 (50.0%) |
| 75  | <b>STANIASZEK Bogusław</b>    | <b>135</b> | TUPOT USTKA              | OPEN -M   | 75   | <b>00:57:23.20</b> | +00:30:31 (53.2%) | 9:33         | 6.3 (47.0%) |
| 76  | <b>FRASZCZYK Przemysław</b>   | <b>34</b>  |                          | OPEN -M   | 76   | <b>00:57:27.15</b> | +00:30:35 (53.2%) | 9:34         | 6.3 (47.0%) |
| 77  | <b>KARAŚ Radosław</b>         | <b>174</b> |                          | OPEN -M   | 77   | <b>01:00:18.35</b> | +00:33:26 (55.5%) | 10:03        | 6 (44.8%)   |
| 78  | <b>TURCZYN Grzegorz</b>       | <b>155</b> | W.P.K. SŁOŃ TEAM         | OPEN -M   | 78   | <b>01:04:01.70</b> | +00:37:09 (58.0%) | 10:40        | 5.6 (41.8%) |
| 79  | <b>ADAMIEC Marek</b>          | <b>2</b>   | W. P. K. SŁOŃ TEAM USTKA | OPEN -M   | 79   | <b>01:04:03.45</b> | +00:37:11 (58.1%) | 10:40        | 5.6 (41.8%) |
| 80  | <b>SZMIGIERO Arkadiusz</b>    | <b>142</b> | WPK SŁOŃ TEAM            | OPEN -M   | 80   | <b>01:04:04.15</b> | +00:37:12 (58.1%) | 10:40        | 5.6 (41.8%) |
| 81  | <b>SZMIGIERO Sebastian</b>    | <b>143</b> | W.P.K SŁOŃ TEAM          | OPEN -M   | 81   | <b>01:04:04.55</b> | +00:37:12 (58.1%) | 10:40        | 5.6 (41.8%) |
| 82  | <b>KRYGIER Ireneusz</b>       | <b>75</b>  | W.P.K SŁOŃ TEAM          | OPEN -M   | 82   | <b>01:04:05.50</b> | +00:37:13 (58.1%) | 10:40        | 5.6 (41.8%) |
| 83  | <b>KLAMAN Adam</b>            | <b>212</b> |                          | OPEN -M   | 83   | <b>01:11:02.40</b> | +00:44:10 (62.2%) | 11:50        | 5.1 (38.1%) |
| 84  | <b>SZEJSZECHOWSKI Bartosz</b> | <b>196</b> |                          | OPEN -M   | 84   | <b>01:17:17.85</b> | +00:50:25 (65.2%) | 12:52        | 4.7 (35.1%) |
| 85  | <b>LACHOWICZ Szymon</b>       | <b>195</b> | WILKI LAGÓRZYCA          | OPEN -M   | 85   | <b>01:17:59.00</b> | +00:51:07 (65.6%) | 12:59        | 4.6 (34.3%) |

Znaleziono 85 wynik(ów)