



VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE

B4SPORT

Event: VI Międzynarodowe Mistrzostwa Polski Nordic Walking
Organiser: Wesoły Borsuk Team, Polskie Zrzeszenie Nordic Walking
Date: 2024-04-06
Place: Prudnik
Distance: 21.1 km



Classification: M65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Premia Górską		Net	Gap	Pace min/km	Pace km/h
								9km	10.7km	time 21.1km			
1	MAŁKA Marian	95	NORDIC SPORT 2021	M65-69	1			01:04:36	01:14:51	02:32:24.60		7:13	8.3 (100%)
2	MICHALSKI Andrzej	104	PŁOMIEŃ ZMIENNICA	M65-69	2	1		01:04:54	01:15:15	02:34:21.10	+00:01:56 (1.3%)	7:18	8.2 (98.8%)
3	ROMAN Krzysztof	150	KUDOWIANKA RUN	M65-69	3			01:10:07	01:21:28	02:47:59.25	+00:15:34 (9.3%)	7:57	7.5 (90.4%)
4	STEFANIAK Krzysztof	176	KATOWICKI NORDIC WALKING	M65-69	4			01:10:43	01:22:45	02:53:13.50	+00:20:48 (12.0%)	8:12	7.3 (88.0%)
5	SMAJDOR Leszek	165		M65-69	5	1		01:14:00	01:25:48	02:54:45.95	+00:22:21 (12.8%)	8:16	7.2 (86.7%)
6	KUBALA Zbigniew	75		M65-69	6			01:11:50	01:23:32	02:55:08.95	+00:22:44 (13.0%)	8:18	7.2 (86.7%)
7	PIERZCHAŁA Marek	132	POLIPACK TEAM GWE	M65-69	7			01:15:06	01:27:18	03:00:17.80	+00:27:53 (15.5%)	8:32	7 (84.3%)
8	ZAGAJA Janusz	213	WESOŁY BORSUK TEAM	M65-69	8			01:16:12	01:28:12	03:03:37.05	+00:31:12 (17.0%)	8:42	6.9 (83.1%)
9	FUDALI Ryszard	32	SAINT-GOBAIN SQUAD	M65-69	9			01:16:57	01:29:03	03:05:24.95	+00:33:00 (17.8%)	8:47	6.8 (81.9%)
10	MACHOLC Piotr	90	ŻÓŁWIK	M65-69	10			01:17:33	01:29:57	03:05:33.65	+00:33:09 (17.9%)	8:47	6.8 (81.9%)
11	MARCHEWKA Andrzej	96		M65-69	11			01:18:13	01:30:27	03:07:14.95	+00:34:50 (18.6%)	8:52	6.8 (81.9%)
12	HRYCIUK Waldemar	46	KS VICTORIA POTĘGOWO	M65-69	12			01:13:29	01:25:37	03:08:16.60	+00:35:52 (19.0%)	8:55	6.7 (80.7%)
13	DEREŃ Janusz	23		M65-69	13			01:17:16	01:29:49	03:10:20.65	+00:37:56 (19.9%)	9:01	6.7 (80.7%)
14	CZYŻOWSKI Jerzy	21		M65-69	14			01:17:57	01:30:53	03:12:29.25	+00:40:04 (20.8%)	9:07	6.6 (79.5%)
15	KAMRAD Hubert	225		M65-69	15			01:20:03	01:33:08	03:17:22.30	+00:44:57 (22.8%)	9:21	6.4 (77.1%)
16	NETKOWSKI Wojciech	116	LEŚNE KIJE	M65-69	16			01:23:30	01:36:56	03:32:33.75	+01:00:09 (28.3%)	10:04	6 (72.3%)

Total 16 results.