



VI OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M

B4SPORT

Organizator: TKKF Koszalin
Data: 2021-06-02
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: 3 Seria

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Lap_2 1km	Lap_5 2.2km	Lap_7 3km	Lap_10 4.2km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SIÓDMIAK Igor	54	7PRO SIÓDMIAK TEAM / PENTATHLON SZ-EK /MBC	3 Seria	1	Seria 3	00:03:09	00:06:51	00:09:22	00:12:54	00:15:18.75		3:03	19.6 (100%)
2	PYSHNIAK Kostiantyn	39	TKKF KOSZALIN	3 Seria	2	Seria 3	00:03:09	00:06:51	00:09:23	00:13:18	00:15:58.65	+00:00:39 (4.2%)	3:11	18.8 (95.9%)
3	WITKOWSKI Mateusz	62		3 Seria	3	Seria 3	00:03:10	00:06:58	00:09:35	00:13:34	00:16:10.10	+00:00:51 (5.3%)	3:14	18.6 (94.9%)
4	KARCZ Artur	23	UKS EKONOMIK MARATOŃCZYK LĘBORK	3 Seria	4	Seria 3	00:03:19	00:07:17	00:09:56	00:13:53	00:16:25.05	+00:01:06 (6.7%)	3:17	18.3 (93.4%)
5	KULIGOWSKI Przemysław	35		3 Seria	5	Seria 3	00:03:20	00:07:24	00:10:10	00:14:18	00:16:44.25	+00:01:25 (8.5%)	3:20	17.9 (91.3%)
6	SZKOŁUDA Miłosz	56	BIEGOLAS	3 Seria	6	Seria 3	00:03:21	00:07:25	00:10:10	00:14:16	00:16:49.80	+00:01:31 (9.0%)	3:21	17.8 (90.8%)
7	KOZŁOWICZ Tomasz	27	OBORYGENI	3 Seria	7	Seria 3	00:03:19	00:07:24	00:10:12	00:14:21	00:17:04.15	+00:01:45 (10.3%)	3:24	17.6 (89.8%)
8	HUBERT Łukasz	17	TKKF KOSZALIN	3 Seria	8	Seria 3	00:03:20	00:07:25	00:10:15	00:14:35	00:17:21.10	+00:02:02 (11.8%)	3:28	17.3 (88.3%)
9	RYKIEL Michał	51	TKKF KOSZALIN	3 Seria	9	Seria 3	00:03:29	00:07:43	00:10:40	00:15:06	00:17:49.85	+00:02:31 (14.1%)	3:33	16.8 (85.7%)
10	GUZOWSKI Dariusz	15	TALEX BORZYTUCHOM	3 Seria	10	Seria 3	00:03:28	00:07:43	00:10:39	00:15:10	00:17:59.50	+00:02:40 (14.9%)	3:35	16.7 (85.2%)
11	HOŁUB Kamil	16	MLUKSTRZEBIATÓW	3 Seria	11	Seria 3	00:03:37	00:08:03	00:11:03	00:15:32	00:18:14.95	+00:02:56 (16.1%)	3:38	16.5 (84.2%)
12	PICK Tomasz	42	BIEGOLAS / KORONA SZCZECIN	3 Seria	12	Seria 3	00:03:40	00:08:08	00:11:06	00:15:32	00:18:15.65	+00:02:56 (16.1%)	3:39	16.4 (83.7%)
13	SITOWSKI Marcin	55	FC RYSIEK	3 Seria	13	Seria 3	00:03:40	00:08:09	00:11:05	00:15:32	00:18:21.85	+00:03:03 (16.6%)	3:40	16.3 (83.2%)
14	ŻMUDA Tomasz	67	CW FANZA KOŁOBRZEG	3 Seria	14	Seria 3	00:03:45	00:08:15	00:11:17	00:15:53	00:18:43.95	+00:03:25 (18.3%)	3:44	16 (81.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Lap_2 1km	Lap_5 2.2km	Lap_7 3km	Lap_10 4.2km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
15	ZUKAL Piotr	65	7PRO TEAM	3 Seria	15	Seria 3	00:03:46	00:08:17	00:11:19	00:15:52	00:18:45.45	+00:03:26 (18.4%)	3:45	16 (81.6%)
16	BIEDRZYCKI Krzysztof	4	BBL KOŁOBRZEG	3 Seria	16	Seria 3	00:03:45	00:08:17	00:11:19	00:15:49	00:18:45.55	+00:03:26 (18.4%)	3:45	16 (81.6%)
17	CZAPLIŃSKI Jacek	8		3 Seria	17	Seria 3	00:03:45	00:08:15	00:11:17	00:15:54	00:18:52.20	+00:03:33 (18.9%)	3:46	15.9 (81.1%)
18	TOKARSKI Szymon	58		3 Seria	18	Seria 3	00:03:47	00:08:19	00:11:20	00:15:55	00:18:57.45	+00:03:38 (19.2%)	3:47	15.8 (80.6%)
19	ISKRA Paweł	18	BBL KOŁOBRZEG	3 Seria	19	Seria 3	00:03:47	00:08:18	00:11:21	00:15:58	00:19:01.05	+00:03:42 (19.5%)	3:48	15.8 (80.6%)
20	ROSIAK Damian	47	KB SPOKO SŁAWNO	3 Seria	20	Seria 3	00:03:39	00:08:07	00:11:13	00:15:56	00:19:03.40	+00:03:44 (19.6%)	3:48	15.7 (80.1%)
21	RUDNIKOWSKI Maciej	49	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	3 Seria	21	Seria 3	00:03:36	00:08:09	00:11:15	00:16:01	00:19:06.15	+00:03:47 (19.8%)	3:49	15.7 (80.1%)
22	JABŁOŃSKI Tomasz	19	KB SPOKO SŁAWNO	3 Seria	22	Seria 3	00:03:42	00:08:15	00:11:22	00:16:08	00:19:07.60	+00:03:48 (19.9%)	3:49	15.7 (80.1%)
23	WERS Krzysztof	59	BBL KOŁOBRZEG	3 Seria	23	Seria 3	00:03:48	00:08:18	00:11:22	00:16:09	00:19:12.15	+00:03:53 (20.3%)	3:50	15.6 (79.6%)
24	KRÓL Dawid	28		3 Seria	24	Seria 3	00:03:44	00:08:21	00:11:39	00:16:51	00:20:08.80	+00:04:50 (24.0%)	4:01	14.9 (76.0%)
	WITKIEWICZ Eryk	61		3 Seria		Seria 3	00:03:38 DNF	00:08:06 DNF	00:11:07 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 25 wynik(ów)