



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VI PKO Półmaraton Gliwicki 2019
Fundacja Bieg Rzeźnika
2019-10-26
Gliwice
21.1 km

VI PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
1	RĄB Łukasz	757		M-40	00:00:00	00:26:05	00:51:52	01:17:57	01:44:16
2	SUSEŁ Alek	865	MARCO POMAGA	M-30	00:00:00	01:50:22			02:30:00
3	DYGOŃ Gosia	169	BIEGAJ Z TRENERAMI	K-40	00:00:00	00:28:17	00:55:30	01:23:07	01:51:21
4	FUGOWSKI Grzegorz	196		M-30	00:00:00	00:30:46	01:00:46	01:33:02	02:05:25
5	KLIMAS Tomasz	375		M-40	00:00:00	00:19:08	00:38:59	00:58:09	01:17:28
6	KAPICKI Jan	347		M-60	00:00:00	01:52:45			02:32:39
7	KISIECKI Damian	367	NOVA TRADING STALE BIEGAM	M-30	00:00:00				01:42:29
8	PŁATEK Michał	711		M-20	00:00:00				01:40:02
9	SIDORSKI Robert	802	OPEL ACTIVE TEAM	M-40	00:00:00	00:26:05	00:51:16	01:16:53	01:43:45
10	ĆWIKŁA Kamil	141	HARPAGANY	M-30	00:00:00	00:25:13			01:43:03
11	WALKOWIAK Piotr	934		M-40	00:00:00	00:23:49	00:47:09	01:10:43	01:33:38
12	RENKE Piotr	760	EWA BUGDOŁ TEAM	M-40	00:00:00	00:25:30	00:51:00	01:16:51	01:44:23
13	MAŁEK Mirosław	531	WUJEK BIEGA	M-40	00:00:00				01:42:42
14	NORBERT Teichmann	619		M-50	00:00:00	00:24:17	00:48:38	01:12:05	01:37:19
15	CHAVEZ Christina	1097		K-20	00:00:00	01:33:27			02:09:35
16	MALINA Dawid	1040	INŻYNIERIA BIEGANIA	M-20	00:00:00	00:16:09	00:32:46	00:49:14	01:07:01
17	CIEPLAK Marcin	1148		M-20	00:00:00	00:16:37	00:34:37	00:51:52	01:09:32
18		1130			00:00:00	00:44:27	01:05:31	01:38:26	02:10:06
19	POLEWKA Tomasz	1122	UKS KOMETA GLIWICE	M-40	00:00:00	00:25:59	00:54:06	01:22:14	01:53:25
20	KOCYAN Małgorzata	393	BIEGAJ Z TRENERAMI	K-60	00:00:00	00:34:44	01:09:16	01:47:32	02:30:39
21	SZCZECIŃSKI Maciej	871	INŻYNIERIA BIEGANIA	M-30	00:00:01	00:18:15	00:36:50	00:55:30	01:14:50
22	MUSKIETORZ Piotr	593		M-30	00:00:01	00:17:26	00:35:01	00:52:50	01:11:02
23	FALEJCZYK Mateusz	185	HOLBOX POLAND	M-20	00:00:01	00:19:48	00:39:57	00:59:57	01:20:15
24	ŻURAWIK Daniel	1034	PPI SYSTEMY-GRZEWCZE	M-30	00:00:01	00:17:18	00:35:02	00:52:56	01:11:26
25	ŁUKASIEWICZ Sebastian	518	KLUB BIEGOWY GEPARD	M-30	00:00:01	00:18:37	00:37:19	00:55:50	01:14:45
26	HARZOWSKI Mateusz	278		M-20	00:00:01	00:19:10	00:38:58	00:58:59	01:19:52
27	MOMRO Łukasz	585	AKMB PEDZIWIATR GLIWICE	M-30	00:00:01	00:18:35	00:37:49	00:57:16	01:17:34
28	PACUŁA Piotr	656	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:01	00:24:22	00:49:30	01:15:18	01:41:26
29	BORTEL Mirosław	62	40 LATEK SPLA TYCHY	M-40	00:00:01	00:22:58	00:47:05	01:10:19	01:34:17
30	PROKOPIUK Robert	730	KALWAT	M-40	00:00:01	00:19:06	00:38:42	00:58:00	01:17:50

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
31	PATAS Magdalena	1053		K-20	00:00:01	00:20:13	00:40:58	01:01:37	01:23:13
32	OLIJNYK Pawel	1147	ONE TEAM	M-30	00:00:01	00:16:08	00:32:45	00:49:13	01:06:05
33	SZWASA Mateusz	1119	OTK RZEŹNIK	M-20	00:00:01	00:18:02	00:36:14	00:54:40	01:13:58
34	OZYP Mariusz	654		M-30	00:00:02	00:24:32	00:49:32	01:14:38	01:40:26
35	DUŻNIAK Dominik	165	STEP-DANCE	M-30	00:00:02	00:19:19	00:39:19	00:59:31	01:20:29
36	WIERZCHOWSKI Tomasz	948	NORTHMILL RUNNING TEAM	M-30	00:00:02	00:19:16	00:39:02	00:58:20	01:19:34
37	JĘDROS Przemysław	318	INŻYNIERIA BIEGANIA TEAM	M-30	00:00:02	00:19:00	00:38:19	00:57:37	01:17:48
38	PALT Tomasz	664		M-40	00:00:02	00:20:12	00:41:03	01:01:45	01:23:05
39	PODSIADŁO Adam	714		M-30	00:00:02	00:20:05	00:41:15	01:02:15	01:24:24
40	STUCHLIK Marek	860	AKTYWNA PSZCZYNA RUNNERS TEAM	M-30	00:00:02	00:20:10	00:40:47	01:01:23	01:23:20
41	RYSZ Robert	784		M-30	00:00:02	00:18:13	00:36:59	00:55:44	01:15:07
42	WOJTACHA Adrian	965	KS OLKUSZ	M-20	00:00:02	00:17:30	00:35:15	00:52:17	01:09:42
43	PRZELIORZ Paweł	734		M-30	00:00:02	00:19:48	00:40:24	01:01:05	01:22:35
44	KNESZ Krzysztof	385		M-30	00:00:02	00:19:09	00:38:57	00:58:24	01:18:52
45	POLAK Bogdan	1076		M-40	00:00:02	00:18:37	00:37:18	00:55:50	01:14:58
46	POLEWICA Aleksandra	1123	UKS KOMETA GLIWICE	K-16	00:00:02	00:25:57	00:54:04	01:22:12	01:51:16
47	GRAMATYKA Jan	253	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:03	00:21:05	00:42:40	01:04:01	01:26:19
48	NITKA Sebastian	615		M-40	00:00:03	00:21:55	00:45:21	01:09:10	01:33:51
49	STAWINOGA Janusz	846	HIRSCHVOGEL	M-40	00:00:03	00:19:09	00:38:52	00:58:29	01:18:44
50	MANDOK Bogdan	532		M-40	00:00:03	00:21:11	00:44:57	01:08:30	01:32:35
51	GRZYWACZ Marcin	271	SIGNIFY BIELSKO	M-40	00:00:03	00:19:20	00:39:08	00:59:00	01:20:01
52	JĘDRUŚ Jakub	319	DZIK LIGOTA	M-20	00:00:03	00:22:30	00:48:18	01:13:26	01:38:08
53	KLIMAS Kamil	377		M-30	00:00:03	00:20:12			
54	LEDWOŃ Paweł	1068		M-30	00:00:03	00:20:04	00:40:09	01:00:01	01:20:25
55	LASKOWSKI Tomasz	493	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:04	00:19:46	00:40:06	01:00:32	01:21:19
56	PIELA Mateusz	692	SZTURM	M-20	00:00:04	00:20:26	00:42:02	01:03:24	01:25:00
57	KRÓL Dariusz	445	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:04	00:21:58	00:44:57	01:08:28	01:32:40
58	LASKOWSKA Katarzyna	492	IB TEAM GLIWICE	K-40	00:00:04	00:20:55	00:42:23	01:05:01	01:29:52
59	DUDEK Monika	163	PCHSPORTTEAM	K-30	00:00:04	00:22:42	00:46:07	01:09:39	01:33:10
60	WIŚNIEWSKI Mateusz	960	WISNIA_M_AKTYWNIE365	M-20	00:00:04	00:20:49	00:41:53	01:02:30	01:23:02
61	SPYCHAŁSKI Adam	835	LEIBER TEAM	M-40	00:00:04	00:21:14	00:43:07	01:04:46	01:26:17
62	OŻÓG Marek	655	NIGHT RUNNERS	M-20	00:00:04	00:19:53	00:41:23		
63	PRZEŹDZIAK Zygmunt	737	GMINA STRZELCE OPOLSKIE	M-40	00:00:04	00:20:25	00:41:03	01:01:30	01:22:19
64	GOLDA Piotr	1085		M-40	00:00:04	00:22:56	00:45:41	01:07:12	01:28:44
65	MARKIEWICZ Marcin	1059		M-40	00:00:04	00:20:29	00:41:28	01:02:22	01:23:43
66	SZYMURA Wojciech	898	DECATHLON RYBNIK & PRZYJACIELE	M-40	00:00:05	00:19:29	00:39:46	01:00:24	01:22:05
67	PIENIAŻEK Krzysztof	693	INŻYNIERIA BIEGANIA TEAM	M-40	00:00:05	00:20:53	00:42:10	01:03:07	01:24:57
68	POŚNIAK Tomasz	724	ISTA	M-30	00:00:05	00:21:01	00:43:24	01:06:52	01:33:29
69	KULPA Marek	473	4QM	M-30	00:00:05	00:22:34	00:45:41	01:08:34	01:31:36
70	BEŚKA Sławomir	26	OCHAJORUN & FRIENDS	M-40	00:00:05	00:20:54	00:44:10	01:09:34	01:33:15
71	DAMEC Aleksnder	144	OCHAJORUN & FRIENDS	M-40	00:00:05	00:19:45	00:39:49	00:59:55	01:20:41
72	ŻOGAŁA Jan	1033	HURAGAN LIGOTA	M-40	00:00:05	00:20:14	00:41:04	01:01:54	01:23:24
73	KURTO Grzegorz	479	BBRUNNERS	M-40	00:00:05	00:22:34	00:45:41	01:08:33	01:31:35
74	MIKUŁA Leszek	574		M-40	00:00:05	00:25:49	00:54:29	01:25:47	02:00:32
75	NIEDBAŁ Łukasz	606	GTT - INTER PROJEKT	M-30	00:00:05	00:22:14	00:44:44	01:07:02	01:29:34

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
76	BARAN Ryszard	14		M-30	00:00:05	00:20:34	00:42:13	01:03:56	01:27:33
77	CICHONSKI Damian	111	ORANGE POLSKA	M-40	00:00:05	00:22:58	00:45:46	01:07:21	01:29:23
78	WOŻNIAK Grzegorz	1056		M-30	00:00:05	00:20:26	00:40:51	01:00:59	01:21:21
79	KAŁAMARZ Mariusz	339		M-40	00:00:06	00:21:52	00:45:09	01:09:28	01:33:58
80	STACHOWICZ Kamil	837	LECĘBOCHCĘ	M-40	00:00:06	00:21:52	00:44:03	01:05:57	01:28:42
81	SIWEK Dariusz	812	NOWINY.PL	M-50	00:00:06	00:22:11	00:45:08	01:08:17	01:32:02
82	DE LA PARRA Inaki	154	WAY2CHAMP.COM	M-30	00:00:06	00:20:19	00:40:17	01:00:08	01:20:37
83	LANGNER Radosław	491	WAY2CHAMP.COM / VEGE RUNNERS	M-30	00:00:06	00:20:19	00:40:36	01:01:02	01:21:37
84	DYGDOŃ Paweł	168		M-40	00:00:06	00:22:41	00:45:38	01:08:49	01:33:22
85	SIWY Sebastian	1103		M-40	00:00:06	00:20:47	00:41:56	01:02:55	01:24:03
86	RAJTAR Krzysztof	1098	WAY2CHAMP	M-40	00:00:06	00:20:19	00:41:52	01:02:28	01:24:23
87	SOLAREK Mateusz	1063		M-20	00:00:06	00:19:42	00:40:09	01:00:44	01:22:15
88	LIPIŃSKI Tomasz	509	LICHOTA TEAM	M-40	00:00:07	00:20:53	00:42:13	01:03:23	01:25:15
89	JAGIEŁA Michał	300		M-30	00:00:07	00:24:19	00:48:49	01:13:14	01:38:14
90	GRUSZCZYŃSKI Stanisław	263		M-30	00:00:07	00:20:54	00:42:33	01:05:32	01:28:49
91	DENICKI Przemysław	151	VEGE RUNNERS	M-20	00:00:07	00:21:15	00:43:03	01:04:48	01:26:29
92	CHOMIK Rafał	104	WAY2CHAMP/ PACEMAKER	M-40	00:00:07	00:20:53	00:42:12	01:03:22	01:24:59
93	PĘDOWSKA Bożena	685		K-50	00:00:07	00:25:23	00:51:41	01:18:14	01:45:34
94	ŚWIDA Adam	905	ENDURE TEAM	M-40	00:00:07	00:20:57			
95	NIESLER Michał	609	NIGHT RUNNERS GLIWICE	M-30	00:00:07	00:23:34	00:46:58	01:10:05	01:34:01
96	KILAN Przemysław	366	KB FLORIAN ZAJĄCZKI DRUGIE	M-20	00:00:07	00:20:53	00:42:31	01:06:17	01:34:28
97	BERKE Rafał	25	BATORY LOTO	M-40	00:00:07	00:20:33	00:42:23	01:04:13	01:27:21
98	BROSZ Michał	73		M-50	00:00:07	00:20:50	00:42:13	01:03:35	01:25:39
99	GROŃ Krystian	259	PACEMAKER	M-20	00:00:07	00:20:53	00:42:13	01:03:22	01:25:00
100	HOZAKOWSKI Marcin	292		M-20	00:00:07	00:20:57	00:42:13	01:03:23	01:24:40
101	BUBAŁA Łukasz	81		M-30	00:00:07	00:20:56	00:43:23	01:05:57	01:29:24
102	PALEJ Zuzanna	661		K-20	00:00:07	00:20:54	00:42:32	01:04:03	01:26:43
103	PALEJ Dawid	662	PSE	M-20	00:00:07	00:22:44	00:46:02	01:08:52	01:31:42
104	SIELSKI Jarosław	804	OPEL ACTIVE TEAM	M-40	00:00:08	00:20:46	00:42:19	01:04:29	01:28:41
105	FURMANEK Łukasz	198	KLUB BIEGACZA SANTANDER CONSUMER BANK	M-30	00:00:08	00:22:03	00:44:46	01:07:45	01:32:08
106	PROBE Bartek	729	TWÓJ STARY	M-30	00:00:08	00:20:52	00:42:12	01:03:22	01:24:57
107	DOBICZEK Łukasz	155		M-30	00:00:08	00:21:12	00:42:58	01:04:24	01:26:10
108	KŁYK Dominik	384		M-30	00:00:08	00:21:20	00:43:14	01:05:27	01:28:04
109	CZEPIGA Jan	130		M-40	00:00:08	00:21:00	00:42:51	01:05:10	01:28:18
110	BURCZYK Klaudiusz	94		M-30	00:00:08	00:22:29	00:45:42	01:09:21	01:35:37
111	CIEŚLIK Paweł	115	CHATEAU CHALIN	M-40	00:00:08	00:21:39	00:44:55	01:08:13	01:32:06
112	ADAMSKI Krzysztof	2		M-30	00:00:08	00:20:53	00:42:12	01:03:23	01:25:01
113	PRYMAS Krystian	732		M-30	00:00:09	00:24:13	00:50:28	01:18:38	01:48:48
114	BORSIAK Sebastian	61	OPEL ACTIVE TEAM	M-30	00:00:09	00:20:53	00:42:12	01:03:35	01:26:27
115	ZDON Paweł	1002		M-30	00:00:09	00:22:27	00:45:10	01:07:45	01:30:39
116	BIELA Grzegorz	37	GIBKE GIZDY	M-30	00:00:09	00:21:50	00:44:57	01:08:41	01:33:56
117	SIELSKA Joanna	803	OPEL ACTIVE TEAM	K-40	00:00:09	00:24:06	00:48:55	01:13:57	01:40:22
118	KONIECZNA Anna	402		K-20	00:00:09	00:21:18	00:44:18	01:07:23	01:31:52
119	SIERADZKI Dariusz	806	BIEGAJ Z TRENERAMI	M-30	00:00:09	00:22:50	00:45:57	01:08:49	01:31:43
120	FABIAN Michał	184		M-40	00:00:09	00:20:51	00:42:10	01:03:04	01:24:22

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
121	GRAETSCH Sebastian	252	VATTENFALL	M-30	00:00:09	00:21:03	00:44:42	01:09:32	01:35:55
122	JĘDZURA Daniel	321	NIGHT RUNNERS GLIWICE	M-30	00:00:09	00:20:51	00:42:18	01:04:12	01:26:51
123	KANIA Michał	346		M-40	00:00:09	00:21:16	00:42:49	01:04:26	01:26:44
124	BANYŚ Jacek	13	MOSTOSTAL ZABRZE UNITED	M-40	00:00:09	00:21:23	00:44:05	01:06:06	01:28:19
125	ŻŁOBIŃSKI Krzysztof	1031		M-60	00:00:09	00:20:32	00:41:35	01:02:35	01:24:50
126	RAJTOR Paweł	1049		M-30	00:00:09	00:20:54	00:42:14	01:03:21	01:25:25
127	KOŁODZIEJCZYK Łukasz	1121	UKS KOMETA GLIWICE	M-16	00:00:09	00:19:21	00:40:15	01:01:00	01:27:51
128	BRODEK Andrzej	69	CERTUM	M-50	00:00:10	00:22:33	00:46:52	01:11:56	01:38:07
129	KWIATKOWSKA Katarzyna	488		K-40	00:00:10	00:25:58	00:53:44	01:22:08	01:52:51
130	LEWICKI Tomasz	506	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:10	00:22:49	00:46:01	01:09:34	01:33:58
131	LEWICKA Justyna	505	ISTA BIEGAMY	K-30	00:00:10	00:22:50	00:46:01	01:09:39	01:34:01
132	ZIELIŃSKI Ireneusz	1008		M-50	00:00:10	00:20:47	00:42:08	01:03:51	01:26:20
133	SZMIGIEL Klaudia	877	WOŹNIAK RUNNING TEAM	K-20	00:00:10	00:21:48	00:44:23	01:07:09	01:30:42
134	NIKODON Paweł	613	NIKODON DREAM TEAM	M-40	00:00:10	00:20:52	00:42:59	01:05:43	01:29:14
135	ORLIK Jerzy	644		M-60	00:00:10	00:23:31	00:48:37	01:14:35	01:42:02
136	KRAWCZYK Karol	435		M-30	00:00:10	00:22:00	00:44:25	01:06:46	01:30:04
137	KRĘŻOŁEK Daniel	441		M-40	00:00:10	00:21:02	00:42:43	01:04:23	01:27:17
138	ANTOŃCZYK Adam	4		M-50	00:00:10	00:21:06	00:43:37	01:06:18	01:30:26
139	ROMIK Krzysztof	1096	HELI POLSKA	M-40	00:00:10	00:21:33	00:43:46	01:06:03	01:29:14
140	BUŁAWA Filip	3141	UKS KOMETA GLIWICE	M-16	00:00:10	00:20:28	00:43:13	01:06:09	01:31:25
141	ODOSZEWSKI Roman	631	OASIS SPORT TEAM	M-40	00:00:11	00:22:04	00:45:27	01:09:29	01:34:10
142	KWIATKOWSKI Grzegorz	489		M-40	00:00:11	00:21:15	00:44:37	01:09:10	01:34:12
143	KLEWANIEC Jakub	373		M-30	00:00:11	00:20:56	00:42:24	01:04:43	01:27:55
144	MICHALAK Grzegorz	561	TOTALNY AMATOR	M-40	00:00:11	00:25:21	00:51:49	01:18:15	01:45:19
145	KUBERA Dawid	457	ALWAYSINMOTION.PL	M-30	00:00:11	00:22:05	00:45:52	01:10:39	01:35:12
146	ŻELIŃSKI Michał	1030	CSC ADVENTURE ACADEMY	M-20	00:00:11	00:21:47	00:43:55	01:05:35	01:28:38
147	BAJOREK Dawid	9	BIEGAM W KATO	M-20	00:00:11	00:24:07	00:48:30	01:12:14	01:36:09
148	SZNYDER Wojciech	879		M-40	00:00:11	00:23:37	00:46:57	01:10:09	01:33:23
149	NOWAKOWSKI Dominik	1078		M-20	00:00:11	00:21:21	00:46:48	01:10:23	01:36:29
150	CHAŁADYN Sławek	99	INŻYNIERIA BIEGANIA	M-30	00:00:12	00:22:23	00:45:24	01:08:37	01:34:00
151	FLORKIEWICZ Sławomir	192		M-50	00:00:12	00:21:52	00:44:32	01:07:42	01:32:27
152	SZCZABEL Krystian	870		M-20	00:00:12	00:23:38	00:50:12	01:17:18	01:46:08
153	STOLORZ Katarzyna	853	INŻYNIERIA BIEGANIA	K-30	00:00:12	00:21:14	00:42:57	01:04:18	01:26:25
154	NAWROCKI Szymon	602		M-40	00:00:12	00:22:31	00:45:03	01:07:05	01:29:29
155	ZYGUŁA Piotr	1025	DCWRP	M-40	00:00:12	00:22:31	00:45:03	01:07:05	01:29:29
156	JĘDRYKA Piotr	320	DRIV	M-40	00:00:12	00:24:14	00:49:42	01:15:48	01:42:47
157	STĘPIEŃ Wojciech	849	COMPAÑEROS ASFALT TEAM	M-40	00:00:12	00:20:51	00:42:23	01:03:52	01:26:58
158	WOLLNY Kamil	969	EKO-OKNA RUNNERS	M-20	00:00:12	00:21:53	00:44:25	01:06:43	01:29:45
159	GABRYŚ Jacek	200		M-30	00:00:13	00:21:59	00:44:36	01:06:34	01:29:04
160	KOPEĆ Tomasz	406		M-40	00:00:13	00:23:03	00:47:29	01:12:10	01:38:19
161	GRZESIKIEWICZ Mariusz	267		M-40	00:00:13	00:22:10	00:44:51	01:07:42	01:30:57
162	MATURA Roman	548		M-30	00:00:13	00:25:44	00:52:15	01:18:02	01:44:10
163	BOGACZ Paweł	52		M-30	00:00:13	00:22:51	00:46:51	01:11:02	01:35:49
164	NOWAK Mariusz	621	HIRSCHVOGEL	M-40	00:00:13	00:22:39	00:46:02	01:08:45	01:31:39
165	ŚLUSARSKA Sylwia	904		K-30	00:00:13	00:28:55	01:02:00	01:38:00	02:19:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
166	SULIN Marek	863	SPARTANIE DZIECIOM	M-40	00:00:13	00:24:19	00:49:40	01:16:07	01:42:35
167	KOTAJNY Piotr	415		M-40	00:00:13	00:26:36	00:53:29	01:20:42	01:49:52
168	SAWCZYN Tomasz	792	TI22ES	M-40	00:00:13	00:21:29	00:43:37	01:05:31	01:27:52
169	WÓJCIK Dariusz	981		M-40	00:00:13	00:22:20	00:45:29	01:09:15	01:34:30
170	GÓRECKI Michał	1095	BPSC	M-40	00:00:13	00:21:35	00:44:16	01:07:25	01:32:20
171	FIREK Rafał	1060		M-40	00:00:13	00:21:33	00:43:17	01:04:56	01:27:07
172	CZAJKA Roman	122		M-40	00:00:14	00:22:48	00:46:07	01:09:00	01:32:17
173	PIETRAS Sylwia	694	MIECHOWICKA GRUPA BIEGOWA	K-30	00:00:14	00:24:56	00:50:17	01:15:11	01:39:44
174	NOWAK Kamil	620		M-30	00:00:14	00:20:48	00:42:06	01:03:29	01:26:16
175	KURZYK Dariusz	480		M-30	00:00:14	00:23:18	00:49:07	01:17:34	01:46:21
176	RYMASZEWSKI Wojtek	783	WARSZTATKOSZULKOWY.PL	M-30	00:00:14	00:25:11	00:50:50	01:17:48	01:48:03
177	BROZYNA Magdalena	74	CO JA TU ROBIĘ?	K-30	00:00:14	00:23:34	00:50:09	01:18:07	01:47:34
178	RATYŃSKI Bartłomiej	755	HAPPY RUNNERS	M-30	00:00:14	00:20:51	00:41:41	01:02:04	01:23:11
179	TŁOŁKA Michał	909		M-30	00:00:14	00:22:47	00:45:19	01:07:04	01:29:21
180	KALUKIEWICZ Dobromił	338	FRAMIGA	M-30	00:00:14	00:21:38	00:43:40	01:05:42	01:29:04
181	BIELA Rafał	38		M-40	00:00:14	00:22:47	00:45:20	01:07:54	01:31:17
182	SIKORA Marek	807	W POGONI ZA DUCHEM	M-40	00:00:15	00:23:10	00:46:49	01:10:04	01:33:54
183	NIESZPOREK Adam	610	RUN-3	M-40	00:00:15	00:23:15	00:46:51	01:11:00	01:37:19
184	STRZELCZYK Ewa	858	HURAGAN LIGOTA	K-40	00:00:15	00:22:00	00:44:49	01:07:28	01:30:36
185	STASIAK Mirosław	843	ROCKWELL AUTOMATION	M-30	00:00:15	00:25:04	00:52:58	01:22:43	01:54:35
186	GORCZYCKI Arkadiusz	241	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:15	00:22:18	00:45:17	01:07:40	01:30:20
187	ORZECH Michał	645	MUSTANGI GLIWICE	M-30	00:00:15	00:23:09	00:46:38	01:09:41	01:34:18
188	KUSEK Andrzej	1061		M-40	00:00:15	00:22:40	00:45:37	01:08:48	01:32:36
189	NASTULA Dariusz	601		M-30	00:00:16	00:23:30	00:46:49	01:09:40	01:32:55
190	RAWŁUSZEWICZ Waldemar	756		M-50	00:00:16	00:23:43	00:47:25	01:11:03	01:36:03
191	KLEPACKA-GANCARZ Barbara	372	MUSTANGI GLIWICE	K-40	00:00:16	00:23:08	00:47:26	01:11:36	01:36:29
192	GANCARZ Maciej	205	MUSTANGI GLIWICE	M-40	00:00:16	00:23:19	00:48:12	01:14:37	01:42:53
193	FURMAN Paweł	197	HURAGAN LIGOTA	M-30	00:00:16	00:21:46	00:43:59	01:06:09	01:29:09
194	LUBICKI Wojciech	512	BRAK	M-50	00:00:16	00:24:35	00:49:29	01:15:07	01:41:54
195	BUKOWIEC Szymon	92		M-20	00:00:16	00:23:27	00:48:01	01:12:21	01:37:45
196	UJMA Michał	924		M-30	00:00:16	00:23:52	00:48:50	01:14:38	01:40:57
197	NYKIEL Mariusz	630	SOCIOS SILESIA	M-30	00:00:16	00:23:31	00:46:51	01:10:27	01:33:11
198	GRZYB Dariusz	269	NIEZRZESZONY	M-40	00:00:16	00:22:53	00:45:20	01:07:22	01:29:46
199	MAZUR Patrycja	557	HURAGAN LIGOTA	K-40	00:00:16	00:21:59	00:45:19	01:08:54	01:33:23
200	SOBANIA Tomasz	823	PIAST GLIWICE/ PACEMAKER	M-20	00:00:16	00:23:31	00:46:51	01:10:27	01:33:54
201	SMYCZEK Bartosz	822	KILOMETROŻERCA	M-30	00:00:16	00:21:01	00:43:02	01:04:55	01:28:16
202	HERNACKI Karol	285	LISWARTA KRZEPICE	M-30	00:00:16	00:22:03	00:44:14	01:07:03	01:33:32
203	WILK Dawid	954	PACEMAKER	M-30	00:00:16	00:23:31	00:46:53	01:10:29	01:34:17
204	PAJĄK Krzysztof	658		M-30	00:00:16	00:21:48	00:44:17	01:06:08	01:27:56
205	MASŁOŃ Błażej	1149	OSP PRUDNIK MAŁY	M-50	00:00:16	00:21:07	00:42:40	01:04:15	01:26:34
206	RYGOL Daniel	782	GIBKE GIZDY	M-20	00:00:17	00:23:41	00:47:56	01:12:46	01:38:15
207	KASZOWSKI Marcin	354		M-40	00:00:17	00:23:31	00:46:53	01:10:27	01:33:52
208	CZERNEK Marek	131	BIEGAJ Z TRENERAMI	M-40	00:00:17	00:24:33	00:49:32	01:15:43	01:42:02
209	SAKOWSKI Maciej	788	HURAGAN LIGOTA	M-40	00:00:17	00:23:30	00:46:50	01:11:06	01:36:40
210	JANECZEK Marek	303		M-40	00:00:17	00:23:34	00:47:10	01:11:25	01:36:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
211	WÓJCIK Zbigniew	983		M-40	00:00:17	00:22:13	00:44:44	01:07:08	01:30:16
212	MEJER Krzysztof	559	KRS TKKF JASTRZĄB RUDA SŁĄSKA	M-50	00:00:17	00:23:15	00:46:46	01:10:34	01:35:48
213	SZCZEŚNIAK Maria	872		K-30	00:00:17	00:25:35	00:51:29	01:17:30	01:45:05
214	PĘCHERCZYK Antoni	684		M-50	00:00:17	00:23:30	00:46:50	01:09:53	01:33:53
215	BROLL Rafał	72		M-40	00:00:17	00:23:30	00:46:50	01:10:42	01:35:35
216	GOCYB Leszek	1108		M-40	00:00:17	00:27:02	00:53:35	01:21:15	01:49:19
217	TEKLA Krzysztof	907		M-30	00:00:18	00:21:28	00:43:32	01:05:34	01:28:47
218	DREJA Zbigi	159		M-40	00:00:18	00:22:46	00:44:54	01:06:09	01:28:09
219	RYZIŃSKI Dariusz	786		M-50	00:00:18	00:25:32	00:52:23	01:19:30	01:48:00
220	SKRZYPEK Krzysztof	817		M-40	00:00:18	00:23:34	00:47:31	01:11:34	01:36:24
221	ŻABIŃSKI Tomasz	1027		M-20	00:00:18	00:23:33	00:47:00	01:10:35	01:34:59
222	HERTMAN Paweł	286		M-20	00:00:18	00:23:33	00:47:00	01:10:45	01:36:59
223	GRZONDZIEL Mirek	268	HURAGAN LIGOTA	M-40	00:00:18	00:23:31	00:46:54	01:10:50	01:35:22
224	FINKBEINER Łukasz	188		M-30	00:00:18	00:23:30	00:46:50	01:10:25	01:33:52
225	KULIŚ Jakub	472		M-20	00:00:18	00:23:34	00:46:47	01:09:05	01:31:33
226	NOWAK Adam	622		M-40	00:00:18	00:22:14	00:44:49	01:07:38	01:31:33
227	SMOŁA Mieczysław	820	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:18	00:30:06	01:01:16	01:32:44	02:04:34
228	KWAPIEŃ Paweł	1070		M-40	00:00:18	00:26:03	00:53:19	01:21:09	01:49:50
229	CHEJDYS Krystian	100	BIEGNĘ ALE DOKĄD	M-30	00:00:19	00:23:33	00:46:53	01:10:25	01:33:02
230	RYZIŃSKA Aneta	785		K-40	00:00:19	00:25:16	00:51:32	01:18:25	01:46:06
231	UKLAŃSKI Krzysztof	925	EUVIC	M-20	00:00:19	00:23:29	00:46:48	01:10:25	01:34:31
232	ROSKOSZ Rafał	768	PRO WINDOW TEAM TARNOWSKIE GÓRY	M-40	00:00:19	00:22:09	00:44:53	01:07:37	01:30:54
233	GDOWSKI Sławek	216	SPASIONE MIŚKI	M-30	00:00:19	00:23:33	00:46:57	01:10:33	01:34:50
234	TKACZ Piotr	908		M-30	00:00:19	00:22:06	00:43:24	01:04:13	01:25:44
235	NIESZWIC Terencjusz	611	WIŚNIA ODDAJ QUAKE III: ARENA	M-20	00:00:19	00:24:14	00:49:18	01:17:33	01:46:17
236	TRACZUK Marek	915		M-40	00:00:19	00:23:30	00:46:49	01:10:26	01:33:08
237	MIECZNIKOWSKI Jacek	569		M-40	00:00:19	00:22:54	00:46:25	01:09:53	01:35:01
238	ZWOLIŃSKI Gabriel	1023	AERO-SYSTEM.PL	M-30	00:00:19	00:23:33	00:48:05	01:13:34	01:39:43
239	KWAPIEŃ Aleksander	1069		M-30	00:00:19	00:26:03	00:53:18	01:21:08	01:49:49
240	OSZYWA Damian	1065		M-30	00:00:19	00:23:34	00:47:29	01:12:34	01:39:35
241	MIKUŁSKI Jacek	573		M-30	00:00:20	00:23:50	00:47:27	01:11:16	01:36:06
242	WÓJCIK Rafał	977		M-40	00:00:20	00:23:32	00:47:16	01:11:43	01:37:09
243	BOBOWSKI Dawid	50	WIŚNIA ODDAJ QUAKE III: ARENA	M-20	00:00:20	00:24:13	00:49:17	01:17:32	01:46:16
244	TANISTRA - SŁOWIK Katarzyna	906	HURAGAN LIGOTA	K-40	00:00:20	00:23:27	00:46:51	01:11:04	01:36:09
245	PRUCHNIK Andrzej	731		M-50	00:00:20	00:29:38	01:01:16	01:34:49	02:12:08
246	KRÓL Artur	446	NGK RUNNING TEAM	M-30	00:00:20	00:24:56	00:49:50	01:14:13	01:38:26
247	WIELOCH Agnieszka	947	HURAGAN LIGOTA/AMBITNI AMATORZY	K-30	00:00:20	00:23:31	00:47:23	01:11:15	01:35:24
248	BEŁKOT Arkadiusz	23		M-40	00:00:20	00:23:28	00:46:47	01:09:47	01:33:13
249	SROCZYŃSKI Dariusz	836		M-40	00:00:20	00:24:55	00:49:50	01:14:13	01:38:26
250	MYSLIWIEC Wojciech	595	DYSTANS LUBOMIA	M-30	00:00:20	00:23:29	00:47:01	01:13:03	01:40:06
251	BOSOWSKI Tomasz	65		M-40	00:00:20	00:22:34	00:45:14	01:07:34	01:30:54
252	BUJAK Marek	89	#CZELADZBIEGA	M-40	00:00:21	00:22:19	00:44:45	01:07:24	01:32:10
253	CEDRO Damian	97	BOSSE NOGI MALINKA OPOLE	M-40	00:00:21	00:24:44	00:50:06	01:15:44	01:42:16
254	FLORECKI Andrzej	190	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:21	00:30:49	01:04:46	01:41:06	02:21:33
255	PYTLARCZYK Piotr	748	KLUB BIEGACZA WARTA	M-40	00:00:21	00:26:59	00:55:53	01:25:06	01:55:29

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
256	POJDA Grzegorz	716	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-40	00:00:21	00:23:09	00:46:42	01:10:26	01:35:22
257	GIELERAK Daria	220		K-30	00:00:21	00:27:12	00:54:01	01:21:58	01:50:44
258	ZYMELA Dawid	1026		M-30	00:00:21	00:23:30	00:46:52	01:10:24	01:33:47
259	KOCUR Patryk	391		M-40	00:00:21	00:24:31	00:48:49	01:13:06	01:39:08
260	CZARNIK Jędrzej	126		M-20	00:00:21	00:23:27	00:46:45	01:09:20	01:32:30
261	PAWLIKOWSKI Marcin	679	PARKRUN KATOWICE	M-20	00:00:21	00:23:14	00:46:06	01:08:42	01:31:28
262	MIRONOWICZ Bartłomiej	576		M-30	00:00:21	00:21:52	00:44:47	01:08:01	01:31:54
263	PTAK Bartłomiej	1118		M-40	00:00:21	00:23:28	00:46:47	01:10:23	01:32:56
264	PRENZENA Paweł	727		M-30	00:00:22	00:25:48	00:54:29	01:24:49	01:57:48
265	NANCKA Brygida	599	-	K-40	00:00:22	00:27:35	00:56:19	01:25:26	01:55:58
266	SKÓRA Michał	816		M-40	00:00:22	00:27:36	00:55:22	01:23:09	01:51:50
267	PILCH-NANOWSKA Agnieszka	701		K-40	00:00:22	00:23:49	00:48:14	01:13:03	01:37:59
268	GREINER Anna	255		K-40	00:00:22	00:30:03	01:02:08	01:35:00	02:10:30
269	KRUK Grzegorz	449		M-50	00:00:22	00:23:35	00:47:10	01:10:44	01:34:31
270	GŁOGOWSKI Konrad	228		M-30	00:00:22	00:24:25	00:49:15	01:13:45	01:38:11
271	KRAJEWSKI Radosław	433		M-30	00:00:23	00:24:01	00:48:41	01:13:53	01:39:57
272	DĄBROWSKI Marcin	148	TEAM KORNEL	M-40	00:00:23	00:27:36	00:55:29	01:23:25	01:53:18
273	WENGLORZ Marcin	942	TBF	M-20	00:00:23	00:23:26	00:46:46	01:10:21	01:34:07
274	WÓJCIKOWSKI Mateusz	982	ANICA TEAM	M-20	00:00:23	00:23:28	00:47:05	01:12:00	01:38:41
275	MOJ Tomasz	582		M-40	00:00:23	00:23:26	00:46:48	01:10:56	01:36:57
276	SZAFRAŃSKI Michał	868		M-40	00:00:23	00:23:34	00:47:29	01:11:35	01:36:00
277	KAMIONKA Paweł	344		M-30	00:00:23	01:33:52			02:09:40
278	WILK Andrzej	955		M-30	00:00:23	00:26:19	00:55:29	01:25:56	01:59:13
279	RATAJCZAK Krystian	1092		M-30	00:00:23	00:23:58	00:47:12	01:10:23	01:33:55
280	LESZCZYK Krzysztof	1075		M-50	00:00:23	00:30:56	01:01:54	01:33:45	02:09:05
281	BISKUP Maciej	1116		M-50	00:00:23	00:26:07	00:52:45	01:19:13	01:46:17
282	GARBACZ Damian	206		M-30	00:00:24	00:23:02	00:47:55	01:14:52	01:43:19
283	STANISZ Marcin	841	NIGHT RUNNERS PYSKOWICE	M-30	00:00:24	00:22:39	00:45:21	01:07:15	01:29:52
284	WOJTUKIEWICZ Artur	967	DHL RUN CLUB	M-40	00:00:24	00:24:52	00:49:46	01:14:09	01:38:22
285	BŁOŃSKA Monika	48		K-30	00:00:24	00:25:41	00:51:22	01:16:22	01:42:52
286	MAY-MAJEWSKI Michał	551	4 M	M-30	00:00:24	00:23:38	00:47:18	01:10:49	01:34:33
287	MICHAŁSKI Jarosław	565	HETMAN TARNOWSKIE GÓRY	M-30	00:00:24	00:22:37	00:45:46	01:09:23	01:33:38
288	PŁACHTA Marek	710	INTER PROJEKT S.A.	M-40	00:00:24	00:28:46	00:58:39	01:29:17	02:01:14
289	MATYSIEWICZ Piotr	550	INTER PROJEKT	M-30	00:00:24	00:28:46	00:58:39	01:29:17	02:01:14
290	ŁOAZA Krzysztof	516	NIGHT RUNNERS PYSKOWICE	M-40	00:00:24	00:22:46	00:45:21	01:07:15	01:29:47
291	RUSZCZYK Marek	775		M-40	00:00:24	00:23:33	00:47:28	01:11:18	01:35:48
292	JAROSZYŃSKI Tomasz	1086		M-20	00:00:24	00:23:48	00:47:39	01:10:44	01:33:25
293	PUDŁO Arkadiusz	1051	DASIS TEAM CLUB	M-40	00:00:24	00:23:24	00:47:22	01:13:04	01:40:15
294	PIOTROWSKI Krzysztof	1114		M-30	00:00:24	00:26:37	00:57:48	01:31:05	02:07:30
295	SKOTNICKI Paweł	815		M-30	00:00:25	00:23:43	00:48:48	01:16:01	01:47:13
296	PARUZEL Ireneusz	671	ZABIEGANI NAUCZYCIELE	M-40	00:00:25	00:23:29	00:48:14	01:17:24	01:45:41
297	SACHNIK Marek	787		M-20	00:00:25	00:25:45	00:53:00	01:21:10	01:52:14
298	PIETYSZUK Darek	697	MOSTOSTAL ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:55	01:09:27	01:33:26
299	GÓRKA Grzegorz	243		M-50	00:00:25	00:31:57	01:07:19	01:44:50	02:24:59
300	KORSZEWSKI Patrycjusz	412		M-40	00:00:25	00:29:57	00:59:14	01:27:11	01:54:58

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
301	WIŚNIEWSKI Jarosław	961	MOSTOSTA:L ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:56	01:09:27	01:33:25
302	KRAICZICZEK Krzysztof	431	KELLER WILLIAMS POWER TEAM	M-40	00:00:25	00:23:23	00:46:44	01:10:23	01:34:18
303	NIEDOBA Daniel	1081		M-30	00:00:25	00:26:57	00:54:13	01:22:00	01:49:33
304	WOMELA Maciej	973		M-30	00:00:26	00:23:22	00:46:41	01:09:19	01:32:33
305	SALAMON Emil	789	OPEL ACTIVE TEAM	M-30	00:00:26	00:24:47	00:49:37	01:14:29	01:40:54
306	ZADEBERNY Amadeusz	992		M-20	00:00:26	00:22:46	00:45:42	01:08:16	01:32:27
307	OPIŁEK Marek	640	EUVIC	M-30	00:00:26	00:23:06	00:46:15	01:09:14	01:33:52
308	MICHALSKI Robert	563	HETMAN TARNOWSKIE GÓRY	M-40	00:00:26	00:25:59	00:52:56	01:20:00	01:47:56
309	MOJ Adam	583		M-30	00:00:26	00:23:25	00:46:48	01:10:21	01:33:55
310	CANIBOŁ Anna	96	RUNTEAM PAWŁOWICE	K-20	00:00:26	00:25:40	00:51:36	01:18:05	01:45:57
311	KORNIJCZUK Tomasz	411		M-40	00:00:26	00:29:56	01:01:02	01:27:08	01:54:30
312	PIETRUSZEWSKI Marcin	695	BIEGAM BO LUBIĘ	M-30	00:00:26	00:23:25	00:46:42	01:09:57	01:32:51
313	ZIEBA Paweł	1093		M-20	00:00:26	00:24:00	00:51:06	01:20:31	01:52:48
314	ŻABICKI Mariusz	1091		M-30	00:00:26	00:24:02	00:48:45	01:13:21	01:39:03
315	BAJ Tomasz	7		M-30	00:00:27	00:25:34	00:54:21	01:25:55	02:00:48
316	PIKULSKI Łukasz	699		M-30	00:00:27	00:23:37	00:47:42	01:12:08	01:37:56
317	CZULUK Filip	137	BAGNO!	M-30	00:00:27	00:26:22	00:53:20	01:20:04	01:48:10
318	MATUSZNY Krzysztof	549		M-20	00:00:27	00:25:21	00:51:13	01:16:13	01:41:38
319	JANIKOWSKI Michał	307		M-40	00:00:27	00:24:00	00:49:39	01:16:01	01:43:50
320	NIŻNIKIEWICZ Grzegorz	616		M-40	00:00:27	00:22:40	00:45:13	01:07:50	01:31:22
321	KLAPETEK Jacek	371	ŠKK GOLIAT	M-50	00:00:27	00:23:20	00:46:50	01:12:00	01:52:36
322	ŁATKA Łukasz	514		M-30	00:00:27	00:23:23	00:46:41	01:08:53	01:32:04
323	WĄS Szymon	1080		M-20	00:00:27	00:26:08	00:52:47	01:19:15	01:48:11
324	WALSKI Łukasz	1079		M-30	00:00:27	00:26:07	00:52:47	01:19:16	01:47:08
325	ROGOSZ Michał	764		M-30	00:00:28	00:24:17	00:48:33	01:12:19	01:34:35
326	BEHRENDT Jakub	21	LECE BO CHCE	M-40	00:00:28	00:22:43	00:45:32	01:08:37	01:32:50
327	STAŃKO Marcin	842		M-30	00:00:28	00:28:59	00:58:37	01:29:11	02:02:47
328	SAMOL Aleksandra	790		K-20	00:00:28	00:25:42	00:52:15	01:19:57	01:49:53
329	MALCHERCZYK Grzegorz	527		M-20	00:00:28	00:23:24	00:46:49	01:10:17	01:33:43
330	BOTOR Mateusz	67		M-30	00:00:28	00:23:38	00:47:25	01:11:32	01:36:11
331	LAWACZ Waldemar	497		M-50	00:00:28	00:23:03	00:47:14	01:15:42	01:45:32
332	TRZEWICZEK Marcin	917		M-40	00:00:28	00:22:48	00:46:22	01:10:37	01:38:42
333	MATUSZNY Barbara	1074		K-40	00:00:28	00:26:03	00:52:57	01:21:37	01:51:12
334	KOPPEL Bartłomiej	409		M-30	00:00:29	00:23:54	00:49:27	01:16:06	01:43:42
335	BŁOCH Grzegorz	43	WR1 OYAMA KARATE KATOWICE	M-30	00:00:29	00:23:21	00:47:33	01:12:35	01:40:01
336	KUŹMIŃSKI Michał	483		M-30	00:00:29	00:24:37	00:51:14	01:18:13	01:46:38
337	HOMOTIUK Michał	291		M-40	00:00:29	00:23:54	00:48:34	01:13:01	01:38:17
338	BRODAKCI Paweł	1073		M-30	00:00:29	00:26:02	00:52:56	01:21:35	01:51:11
339	MŁYŃCZAK Piotr	579	EUVIC GLIWICE	M-40	00:00:30	00:23:38	00:47:30	01:11:37	01:36:29
340	SEROCKI Michał	799		M-30	00:00:30	00:23:33	00:47:01	01:10:33	01:34:52
341	KOGUT Krzysztof	394	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:34:23	01:13:17	01:52:50	02:34:28
342	GOMOLA Zbigniew	239		M-40	00:00:30	00:26:40	00:53:05	01:18:27	01:44:46
343	YOUSSEF Anna	990		K-30	00:00:30	00:26:12	00:53:11	01:20:24	01:48:46
344	BOGDAŁ Michał	53		M-30	00:00:30	00:31:32	01:03:26	01:36:09	02:11:28
345	WÓJCIK Tomasz	979		M-30	00:00:30	00:25:25	00:51:52	01:17:48	01:49:09

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
346	GÓRKA Szymon	244		M-30	00:00:30	00:24:04	00:51:44	01:23:28	01:55:47
347	ZIÓŁKOWSKI Grzegorz	1018		M-50	00:00:30	00:23:20	00:46:42	01:10:53	01:37:55
348	OWCZAREK Paweł	653		M-40	00:00:30	00:24:06	00:48:05	01:11:38	01:35:53
349	WIDERA Marek	944	SORBCHEM	M-30	00:00:30	00:23:07	00:46:31	01:10:31	01:37:09
350	BOBKOWSKI Maciej	49	NIGHT RUNNERS PYSKOWICE	M-40	00:00:31	00:27:13	00:55:55	01:24:51	01:55:17
351	BIAŁAS Krzysztof	27		M-40	00:00:31	00:28:52	00:56:52	01:24:30	01:53:35
352	FAŁEK Krzysztof	186		M-40	00:00:31	00:28:51	00:56:52	01:24:30	01:53:35
353	WASZAK Damian	937		M-40	00:00:31	00:24:23	00:48:28	01:11:59	01:35:18
354	OPOREK Sebastian	642		M-40	00:00:32	00:26:04	00:52:07	01:17:55	01:44:22
355	KASPER Iwona	351	KB ORŁY Z KNUROWA	K-40	00:00:32	00:26:39	00:54:03	01:21:31	01:49:30
356	WŁODARSKA Dominika	963		K-20	00:00:32	00:30:10	01:01:16	01:33:45	02:08:33
357	MRZYGŁÓD Robert	589		M-30	00:00:32	00:29:32	00:59:47	01:29:38	02:01:41
358	KAJSTURA Tomasz	335		M-30	00:00:32	00:24:34	00:49:01	01:13:53	01:40:39
359	WYRZGOL Andrzej	988		M-40	00:00:32	00:23:29	00:47:20	01:11:26	01:35:29
360	GAJEWSKI Jacek	202	KURCZAK I AGATKA	M-50	00:00:32	00:25:18	00:51:21	01:18:04	01:45:43
361	JUDA Artur	324		M-40	00:00:32	00:24:20	00:48:34	01:12:48	01:37:50
362	MARKUSIK Tomasz	541		M-30	00:00:32	00:29:15	00:58:32	01:27:53	01:59:01
363	BRZEZIŃSKI Przemysław	78		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
364	RUTKOWSKI Michał	777		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
365	BIAŁY Michał	33	DMB	M-40	00:00:33	00:30:53	01:03:29	01:37:36	02:14:31
366	BIAŁY Dagmara	34	DMB	K-40	00:00:33	00:31:18	01:03:29	01:37:02	02:09:51
367	GŁOWACKI Jordan	230		M-30	00:00:33	00:30:09	01:01:15	01:33:44	02:08:29
368	CIOŚMAK Cezary	116	KB ORŁY Z KNUROWA	M-30	00:00:33	00:26:38	00:54:02	01:21:29	01:48:24
369	ZMACZYŃSKI Andrzej	1019	WAY2CHAMP	M-30	00:00:33	00:23:46	00:48:59	01:15:33	01:42:19
370	PRZYBYŚŁAWSKA Nina	739	4-TO	K-30	00:00:33	00:31:19	01:03:29	01:37:02	02:09:52
371	WOŁOSZ Marcin	972	QUERCUS ON TOUR	M-40	00:00:33	00:23:57	00:48:10	01:12:14	01:36:26
372	URBASIK Mariusz	931		M-50	00:00:34	00:24:53	00:50:03	01:15:33	01:41:49
373	MICHAŁSKI Marek	564		M-40	00:00:34	00:27:59	00:57:23	01:25:51	01:57:54
374	NOWICKI Szymon	628		M-30	00:00:34	00:21:26	00:43:03	01:04:35	01:27:59
375	PŁONKA Krzysztof	712		M-50	00:00:34	00:24:07	00:48:28	01:13:27	01:41:22
376	ZEGARTOWSKI Michal	1004	DTIQ POLAND	M-30	00:00:34	00:25:54	00:53:08	01:23:16	01:56:54
377	MACZUGA Bartłomiej	522	PACEMAKER	M-30	00:00:34	00:24:16	00:48:31	01:12:58	01:39:20
378	SIKORA Michał	808		M-40	00:00:34	00:27:09	00:56:03	01:25:16	01:55:46
379	WIERZCHOWSKI Jędrzej	949		M-30	00:00:34	00:24:16	00:48:31	01:12:58	01:38:44
380	PRZYBYŚŁAWSKI Arkadiusz	740	4-TO	M-40	00:00:34	00:25:44	00:52:02	01:18:54	01:47:28
381	LESZCZYŃSKA Małgorzata	501		K-40	00:00:35	00:27:13	00:55:57	01:25:59	01:57:18
382	GŁUSZYK Joanna	232	WAY2CHAMP	K-40	00:00:35	00:25:01	00:50:28	01:16:43	01:43:53
383	BICZYSKI Paweł	35		M-30	00:00:35	00:24:16	00:48:46	01:14:17	01:41:34
384	STANACH Tomasz	840		M-20	00:00:35	00:24:17	00:48:37	01:12:52	01:39:28
385	GAWENDA Dariusz	210		M-40	00:00:35	00:24:12	00:49:10	01:13:59	01:38:49
386	RAK-SŁOMCZYŃSKA Magdalena	753		K-30	00:00:35	00:23:47	00:48:16	01:13:05	01:38:59
387	KUC Marcin	1105	AUGUSTEAM	M-40	00:00:35	00:24:58	00:51:02	01:16:42	01:43:39
388	SOWIAR Maciej	1102	ANTONTEAM	M-20	00:00:35	00:24:21	00:48:54	01:13:16	01:40:26
389	MACHALICA Dominik	1062		M-30	00:00:35	00:23:16	00:46:41	01:10:29	01:35:27
390	SMYK Robert	1050	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:24:16	00:48:38	01:12:57	01:39:19

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
391	ROSADA Zdzisław	767		M-60	00:00:36	00:24:14	00:48:24	01:12:43	01:39:54
392	GOLA Daniel	236		M-20	00:00:36	00:24:37	00:49:41	01:14:54	01:41:36
393	WASIK Marcin	936	MUSTANGI GLIWICE	M-40	00:00:36	00:24:16	00:48:38	01:13:03	01:40:40
394	SKLORZ Marcin	813		M-20	00:00:36	00:24:20	00:48:36	01:12:58	01:38:32
395	KUCHNIA Krzysztof	459	TS REGLE SZKLARSKA PORĘBA	M-50	00:00:36	00:24:40	00:49:44	01:16:30	01:48:00
396	NITARSKI Patryk	614	NIGHT RUNNERS GLIWICE	M-40	00:00:36	00:24:15	00:48:30	01:12:56	01:37:52
397	HOŁYŃSKI Tomasz	290	ORŁY Z KNUROWA	M-40	00:00:36	00:22:49	00:45:19	01:07:45	01:30:59
398	STACHOWSKI Wojciech	838		M-40	00:00:36	00:24:29	00:49:46	01:16:52	01:46:59
399	PURCZYNSKI Jan	744		M-50	00:00:36	00:24:31	00:48:35	01:12:26	01:35:59
400	STUDNIK Agnieszka	861		K-30	00:00:36	00:28:29	00:57:14	01:25:38	01:54:40
401	REMIORZ Piotr	1071		M-50	00:00:36	00:22:55	00:46:26	01:10:25	01:34:39
402	BANACH Magda	10		K-20	00:00:37	00:24:36	00:49:34	01:14:44	01:42:27
403	GERASCH Piotr	219	CZĘSTO CHOWA	M-40	00:00:37	00:25:01	00:51:50	01:21:19	01:52:57
404	WOŹNIAK-SOLAREK Zuzanna	1064		K-20	00:00:37	00:25:34	00:52:05	01:18:46	01:46:39
405	LESZKO Tomasz	502	EUVIC	M-30	00:00:38	00:25:44	00:51:57	01:19:32	01:49:47
406	BIAŁAS Adam	28	GRUPA BIEGOWA 65	M-20	00:00:38	00:21:45	00:44:24	01:07:21	01:30:59
407	MRZYK Ireneusz	590	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:00:38	00:24:26	00:49:09	01:14:16	01:39:53
408	KRZYCKI Łukasz	454		M-30	00:00:38	00:24:24	00:48:14	01:11:40	01:34:43
409	BAUC Bartłomiej	19	LEDWO ŻYWY	M-30	00:00:38	00:24:15	00:49:13	01:14:50	01:42:09
410	BREGUŁA Krzysztof	68		M-40	00:00:38	00:25:22	00:50:58	01:16:46	01:45:25
411	ŻMIJEWSKI Dariusz	1094		M-50	00:00:38	00:23:40	00:47:55	01:12:35	01:38:53
412	KROTOS Krzysztof	444	OQS	M-40	00:00:39	00:26:21	00:53:42	01:20:57	01:48:34
413	DZIUBEK Monika	180	W POGONI ZA DUCHEM	K-30	00:00:39	00:26:28	00:53:15	01:20:18	01:48:14
414	DZIUBEK Michał	181	W POGONI ZA DUCHEM	M-30	00:00:39	00:26:28	00:53:15	01:20:16	01:48:13
415	POPIEL Adriana	721		K-30	00:00:39	00:27:08	00:54:23	01:21:36	01:49:33
416	KAWKA Łukasz	357	NIGHT RUNNERS ŚLĄSK	M-30	00:00:39	00:24:24	00:49:17	01:17:20	01:47:30
417	CHRZĄŚCIK Tomasz	105		M-30	00:00:39	00:24:16	00:48:30	01:13:03	01:38:03
418	SZOTA Magdalena	885		K-40	00:00:39	00:25:03	00:50:26	01:16:03	01:41:42
419	SZOTA Wojciech	886		M-40	00:00:39	00:26:59	00:53:00	01:17:56	01:41:41
420	PLUCIŃSKI Michał	709		M-30	00:00:39	00:23:50	00:48:03	01:12:45	01:38:06
421	GAJDA Dariusz	201	EXTREMALNI NAPALEŃCY	M-40	00:00:39	00:25:42	00:51:50	01:20:33	01:52:45
422	SKORUPA Mariusz	1106		M-40	00:00:39	01:12:23			01:38:08
423	ROSEK Jarosław	1057		M-40	00:00:39	00:24:12	00:48:34	01:13:16	01:41:25
424	BAK-CESARZ Damian	20	BIEG NA REKORD :)	M-20	00:00:40	00:22:54	00:45:35	01:08:03	01:30:06
425	WRZESIEŃ Dariusz	986		M-30	00:00:40	00:23:07	00:46:13	01:09:04	01:33:07
426	ŚLIWA Paweł	901		M-20	00:00:40	00:23:11	00:46:30	01:10:04	01:34:11
427	URBANEK-RAJWA Barbara	928		K-40	00:00:40	00:28:26	00:57:07	01:27:22	02:03:08
428	PYPKA Elżbieta	746		K-30	00:00:40	00:28:01	00:56:36	01:25:35	01:54:59
429	CZAJKA Krzysztof	1077		M-30	00:00:40	00:25:09	00:50:48	01:16:40	01:44:12
430	FUSIEK Juliusz	199	ADEPTUS ASTARTES	M-30	00:00:40	00:28:55	00:56:04	01:21:37	01:48:28
431	LEWANDOWSKI Henryk	504		M-40	00:00:41	00:25:33	00:50:59	01:16:19	01:45:16
432	KRZYWICKI Jan	455	-----	M-60	00:00:41	00:27:10	00:54:21	01:21:50	01:50:36
433	OLCZYK Karina	634		K-20	00:00:41	00:24:35	00:50:14	01:17:03	01:44:44
434	STRĄCAŁA Paweł	855		M-20	00:00:41	00:24:47	00:50:10	01:15:27	01:42:13
435	DOBOSZ Daniel	156		M-40	00:00:41	00:23:15	00:47:45	01:13:08	01:40:06

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
436	KOWAL Piotr	416	-----	M-40	00:00:42	00:25:20	00:51:22	01:17:16	01:44:18
437	CIEŚLA Arkadiusz	113	BIEGAMY Z SERCEM.PL	M-40	00:00:42	00:25:34	00:51:09	01:16:41	01:44:20
438	GROHS Piotr	257		M-20	00:00:42	00:26:59	00:54:17	01:20:55	01:47:41
439	PAŁETKO Ryszard	665		M-40	00:00:42	00:29:17	00:59:18	01:31:26	02:04:12
440	KŁUJSZO Karol	383	QUYSHO SQUADRON	M-30	00:00:42	00:24:54	00:50:06	01:15:44	01:43:46
441	MALEC Arkadiusz	529	PWC SDC	M-30	00:00:42	00:24:38	00:50:56	01:17:22	01:45:29
442	JURECZKA Łukasz	327		M-20	00:00:42	00:25:24	00:51:23		01:44:46
443	CYGAN Piotr	120		M-50	00:00:42	00:24:08	00:48:24	01:12:43	01:37:59
444	RĄB Agnieszka	758		K-40	00:00:43	00:24:41	00:49:41	01:15:24	01:42:13
445	TYSZKO Berenika	922		K-20	00:00:43	00:25:18	00:50:41	01:15:53	01:42:09
446	BANACH Witold	11	BRAK	M-40	00:00:43	00:31:52	01:06:31	01:44:25	02:24:30
447	ZAPOTOCZNY Przemek	999		M-40	00:00:43	00:27:13	00:54:42	01:22:20	01:49:28
448	STOPPEL Piotr	854		M-20	00:00:43	00:24:29	00:49:21	01:13:53	01:38:47
449	PRYSZCZ Mirosław	733		M-40	00:00:44	00:24:39	00:50:27	01:17:36	01:45:54
450	RYBIŃSKI Łukasz	780	EŁKA TEAM	M-30	00:00:44	00:23:10	00:46:53	01:10:53	01:35:54
451	ZAPOTOCZNA Renata	997		K-40	00:00:44	00:27:13	00:55:57	01:25:37	01:54:08
452	NASIENIAK-CZECH Anna	600		K-40	00:00:44	00:25:05	00:50:09	01:14:44	01:40:01
453	ZNAMIROWSKI Krzysztof	1020	RADIO WROCŁAW	M-40	00:00:44	00:26:31	00:54:51	01:24:13	01:53:32
454	KOCUR Aleksander	392		M-40	00:00:44	00:31:23	01:03:14	01:35:22	02:05:46
455	SMUDA Andrzej	821	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:45	00:25:32	00:50:52	01:16:35	01:42:21
456	HUBISZ Bartłomiej	294		M-40	00:00:45	00:29:27	01:00:24	01:30:28	02:01:10
457	KURCZEK Tomasz	477		M-40	00:00:45	00:24:52	00:49:57	01:14:24	01:38:35
458	PRZYŁUDZKI Janusz	741		M-60	00:00:45	00:24:47	00:49:56	01:14:16	01:38:36
459	REWIUK-KOCUR Anna	763		K-30	00:00:45	00:31:22	01:03:14	01:35:21	02:05:45
460	JURECZKO Monika	328		K-40	00:00:45	00:24:18	00:50:07	01:15:30	01:42:21
461	WIEKIERA Adam	946		M-30	00:00:45	00:25:34	00:51:42	01:17:38	01:43:43
462	ŁAKOMY Piotr	1087		M-30	00:00:45	00:23:03	00:46:23	01:09:36	01:33:10
463	NAWROCKI Paweł	1055		M-50	00:00:45	00:24:44	00:49:54	01:15:43	01:42:32
464	MACYSZUJ Waldemar	1054		M-50	00:00:45	00:24:43	00:49:22	01:14:12	01:40:05
465	BUFNAL Krzysztof	86		M-40	00:00:46	00:27:49	00:56:11	01:25:30	01:59:02
466	BUŁAWA Grzegorz	93	GB-ARCH.PL ARCHITEKT GRZEGORZ BUŁAWA	M-40	00:00:46	00:25:37	00:51:46	01:17:41	01:44:00
467	MARTYNIUK Ryszard	542	GMINA STRZELCE OPOLSKIE	M-30	00:00:46	00:23:27	00:47:48	01:15:11	01:45:44
468	JAWOREK Jacek	314	JBC TEAM	M-30	00:00:46	00:25:46	00:51:08	01:16:45	01:43:43
469	STOJAK Paweł	851		M-30	00:00:46	00:25:13	00:50:53	01:17:00	01:43:09
470	KWIATKOWSKA-STOJAK Ewelina	487		K-30	00:00:46	00:30:43	01:02:33	01:35:36	02:08:56
471	WAWRZAK Ryszard	940	PACEMAKER	M-40	00:00:46	00:25:43	00:51:42	01:17:36	01:43:43
472	BOCHEŃSKA Agnieszka	51	MOMO TEAM	K-40	00:00:46	00:25:03	00:50:55	01:17:09	01:44:39
473	FRĄC Dariusz	1036	1:50	M-40	00:00:46	00:25:34	00:51:41	01:17:36	01:43:42
474	BRZEZINA Arkadiusz	77	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-40	00:00:47	00:24:56	00:50:44	01:16:46	01:44:42
475	SZKUDLAREK Michał	876	RUN-LOG.COM	M-40	00:00:47	00:25:43	00:53:13	01:23:24	01:54:14
476	SKORUPSKI Paweł	814		M-40	00:00:47	00:25:35	00:51:31	01:18:00	01:47:48
477	HAJOK Marek	275		M-40	00:00:47	00:25:30	00:51:31	01:17:37	01:44:03
478	RENKIEL Tomasz	761	COMPANEROS ASFALT TEAM	M-40	00:00:47	00:25:42	00:51:41	01:18:34	01:45:46
479	KAŁUŻA Arkadiusz	340	PACEMAKER	M-40	00:00:47	00:25:32	00:51:40	01:17:34	01:43:40
480	SZYMAŃSKA Dominika	895	POMYKACZE	K-20	00:00:47	00:27:56	00:57:07	01:30:05	02:01:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
481	SZYMAŃSKI Filip	896		M-20	00:00:47	00:27:55	00:57:06	01:25:20	01:54:50
482	KRAJEWSKI Michał	434		M-40	00:00:47	00:26:16	00:52:24	01:18:21	01:49:38
483	GRYGIEREK Jarosław	264		M-20	00:00:47	00:27:54	00:56:16	01:25:32	01:58:46
484	LESZKIEWICZ Krzysztof	1124	ELZAB ACTIVE TEAM	M-30	00:00:47	00:25:46	00:52:29	01:21:00	01:48:56
485	DOMAŃSKI Marcin	1067	RUNNINGFISH74	M-40	00:00:48	00:25:08	00:49:56	01:14:51	01:40:39
486	PETRYNA Bartosz	683	OCHAJORUN & FRIENDS	M-30	00:00:48	00:24:53	00:50:16	01:15:48	01:42:35
487	PUŁA Adrian	743	SREBRNI BIEGACZE TG / SZOMBIERKI DREAM TEAM	M-40	00:00:48	00:25:15	00:50:09	01:14:29	01:39:11
488	ADAMCZAK Barbara	1	TRAVOIS	K-30	00:00:48	00:25:09	00:50:04	01:15:28	01:41:34
489	KAMIŃSKI Sebastian	343		M-30	00:00:48	00:27:12	00:54:41	01:22:18	01:52:15
490	BUK Marcin	91	TRIDIVISION	M-30	00:00:48	00:23:39	00:47:46	01:12:44	01:38:25
491	CIEŚLAR Stanisław	114		M-30	00:00:48	00:26:10	00:51:42	01:17:18	01:42:51
492	SZOBLIK Łukasz	880		M-30	00:00:48	00:26:11	00:51:51	01:17:19	01:42:51
493	GAWEŁKO Rauszanija	209		K-50	00:00:48	00:34:39	01:12:32	01:54:05	02:38:30
494	SKÓRA Aneta	1044		K-30	00:00:48	00:25:01	00:50:47	01:17:06	01:43:35
495	MŁYŃCZAK Arkadiusz	580	RUN AND FUN	M-40	00:00:48	00:25:58	00:52:07	01:18:07	01:43:47
496	CZARNIK-PECIAK Aleksandra	127		K-40	00:00:49	00:27:17	00:53:50	01:19:55	01:46:56
497	GAŁECZKA Michał	204		M-20	00:00:49	00:25:21	00:51:35	01:17:54	01:48:06
498	NIŻNIKIEWICZ Elżbieta	617		K-30	00:00:49	00:25:53	00:52:33	01:19:17	01:46:48
499	MACHNIK Artur	520	ORZEŁ TEAM	M-30	00:00:49	00:27:11	00:54:40	01:22:17	01:52:14
500	SOSNOWSKI Maciej	831		M-30	00:00:49	00:24:28	00:49:46	01:15:39	01:42:43
501	BOREK Dariusz	59	MYSZKÓW BIEGA	M-40	00:00:49	00:25:32	00:51:40	01:18:56	01:49:36
502	BUGIEL Rafał	88		M-30	00:00:49	00:25:17	00:50:55	01:16:43	01:43:47
503	HUBKA Jerzy	295		M-50	00:00:49	00:25:22	00:51:00	01:18:15	01:46:57
504	WEISS Filip	1043		M-30	00:00:49	00:25:14	00:50:19	01:15:29	01:42:06
505	SZOŁTYSEK Piotr	882		M-40	00:00:50	00:25:45	00:51:29	01:17:29	01:42:58
506	FLISIAK Jakub	189		M-20	00:00:50	00:24:54	00:51:30	01:18:20	01:47:47
507	JANIKOWSKI Adam	306	ANICA TEAM	M-30	00:00:50	00:25:32	00:53:00	01:24:10	01:56:45
508	BRZOZA Aleksandra	80	MOSTOSTAL ZABRZE UNITED	K-30	00:00:50	00:28:37	00:56:51	01:25:20	01:56:35
509	SZOŁTYSEK-GRZESIKIEWICZ Anna	884		K-30	00:00:50	00:25:45	00:51:29	01:17:40	01:44:47
510	GRUSZCZYŃSKI Bogusław	1035		M-60	00:00:50	00:25:56	00:52:18	01:18:58	01:45:57
511	CZUBAJ Cezary	136		M-50	00:00:50	00:27:22	00:55:26	01:24:10	01:53:10
512	KASZUBSKI Andrzej	355		M-30	00:00:50	00:25:31	00:51:01	01:18:14	01:46:54
513	MORCHAT Paweł	586	#CZELADZBIEGA	M-40	00:00:50	00:24:47	00:49:53	01:14:17	01:39:19
514	ŻARSKI Sławomir	1028		M-50	00:00:50	00:26:23	00:52:34	01:18:35	01:45:07
515	WIDERA Tomasz	1104		M-30	00:00:50	00:25:34	00:51:36	01:17:34	01:45:17
516	GRESZTA Grzegorz	256	JAH RASTA	M-30	00:00:51	00:24:01	00:48:37	01:14:10	01:42:10
517	ZYGMUNTOWICZ Piotr	1024	ANICA TEAM	M-40	00:00:51	00:27:46	00:57:12	01:29:05	02:04:15
518	OSTROWSKI Rafał	652		M-40	00:00:51	00:24:03	00:48:59	01:15:07	01:43:19
519	KURNAKOWSKI Michał	478	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:00:51	00:25:10	00:50:32	01:15:33	01:40:26
520	GOCAL Łukasz	233		M-30	00:00:51	00:25:10	00:51:16	01:17:17	01:43:37
521	PACZKA Michał	657	GLIWICE	M-50	00:00:51	00:26:48	00:52:45	01:17:33	01:42:25
522	ŚLIWIŃSKA Alicja	903		K-30	00:00:51	00:28:31	00:58:07	01:29:00	02:03:08
523	ZIELONKA Tomasz	1010		M-20	00:00:52	00:25:28	00:51:36	01:17:31	01:43:37
524	POKRYSZKA Bartosz	717		M-30	00:00:52	00:25:39	00:51:47	01:17:27	01:43:24
525	MIERZEJEWSKI Jacek	571	AMATOR	M-50	00:00:52	00:29:19	01:00:09	01:31:53	02:05:52

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
526	KĄDZIELA Jan	359		M-40	00:00:52	00:24:19	00:49:40	01:16:05	01:43:44
527	BRZOSKA Elżbieta	79	NIGHT RUNNERS PYSKOWICE	K-40	00:00:52	00:25:28	00:51:20	01:17:22	01:43:32
528	PIŁOT Piotr	703	NASFOL	M-20	00:00:52	00:25:37	00:51:32	01:17:33	01:46:28
529	LIS Maciej	511		M-30	00:00:52	00:28:01	00:56:02	01:24:08	01:52:24
530	CICHOCKI Dawid	110	NIGH RUNNERS PYSKOWICE	M-30	00:00:52	00:25:28	00:51:21	01:17:22	01:46:11
531	KRUK Krzysztof	448		M-40	00:00:52	00:28:27	00:56:17	01:24:04	01:51:50
532	KUBIAK Mateusz	1101		M-30	00:00:52	00:24:00	00:49:35	01:16:09	01:45:43
533	ZIELONKA Jacek	1011	PSOFIX	M-30	00:00:53	00:23:55	00:48:12	01:12:17	01:36:35
534	KONIECZNY Justyna	403	NIGHT RUNNER PYSKOWICE	K-30	00:00:53	00:26:47	00:54:18	01:23:10	01:53:26
535	BRYŁA Grzegorz	76		M-40	00:00:53	00:22:55	00:45:40	01:08:22	01:31:19
536	SOBIERAJSKI Przemek	825		M-40	00:00:53	00:27:22	00:54:14	01:21:40	01:50:02
537	ZIOBER Grzegorz	1017	SPARTA PLATFUS	M-40	00:00:53	00:24:06	00:47:28	01:10:25	01:33:51
538	SZOŁTYSIK Paweł	887	SPARTA PLATFUS	M-40	00:00:53	00:28:31	00:56:28	01:22:30	01:49:43
539	GRAMATYKA Paweł	254	ZABIEGANI MZ UNITED	M-40	00:00:53	00:28:35	00:56:48	01:25:16	01:56:32
540	KAMPKA Aleksander	345		M-40	00:00:54	00:25:36	00:51:35	01:17:31	01:43:18
541	SMOLARCZYK Dominik	819	SŁĄBY BIEGACZ	M-50	00:00:54	00:25:28	00:51:27	01:18:08	01:49:06
542	NABIELEC Jakub	597		M-40	00:00:54	00:25:35	00:51:40	01:17:59	01:45:11
543	TYSZKIEWICZ Cuma	920		M-40	00:00:54	00:23:45	00:47:53	01:11:55	01:36:50
544	SIERADZKA Agnieszka	805	BIEGAJ Z TRENERAMI	K-30	00:00:54	00:25:52	00:53:34	01:22:00	01:50:54
545	POPIEL Artur	722		M-40	00:00:54	00:26:54	00:53:26	01:20:18	01:49:01
546	POLUS Agnieszka	719		K-20	00:00:54	00:24:16	00:48:50	01:14:00	01:40:42
547	PNIEWSKI Mariusz	713		M-30	00:00:54	00:25:37	00:51:23	01:16:48	01:42:55
548	KOSAŁKA Beata	413		K-30	00:00:54	00:26:03	00:51:48	01:17:08	01:43:03
549	DĄBROWSKI Marek	149		M-30	00:00:54	00:25:59	00:52:49	01:20:14	01:49:40
550	KRAFCZYK Edyta	430		K-30	00:00:54	00:28:51	00:58:51	01:29:15	02:02:24
551	BIELECKI Adam	1107	CHATEAU CHALIN	M-40	00:00:54	00:28:40	00:58:09	01:29:12	02:04:31
552	SZUSTAK Krzysztof	889	SERCE METROPOLII	M-40	00:00:55	00:27:27	00:54:48	01:22:30	01:51:08
553	BANASZAK Marcin	12		M-30	00:00:55	00:28:17	00:56:19	01:24:12	01:52:10
554	STALICA Wojciech	839	IZOERG	M-50	00:00:55	00:27:23	00:55:44	01:23:44	01:51:38
555	NOWOK Michał	629	CARBON OCR RACING TEAM	M-20	00:00:55	00:25:24	00:51:31	01:17:26	01:43:33
556	KOPER Tomasz	330		M-30	00:00:55	00:27:10	00:54:58	01:22:17	01:50:30
557	GDYNIA Daniel	218		M-30	00:00:55	00:24:39	00:49:49	01:15:07	01:42:22
558	KROCZYK Lesław	443		M-40	00:00:55	00:24:39	00:49:49	01:15:07	01:42:22
559	NOWAK Wojciech	623	ŚWIŃSKI TRUCHT	M-20	00:00:55	00:29:48	00:59:11	01:28:29	02:00:56
560	GRABOWSKI Michał	1082	OPEL ACTIVE TEAM	M-30	00:00:55	00:27:00	00:52:55	01:18:19	01:45:29
561	PRZYBYLSKI Mariusz	738	PGB SPORTOWA PACZKA	M-40	00:00:56	00:26:43	00:53:48	01:22:06	01:57:37
562	WOŹNIAKOWSKI Jan	975	OPEL ACTIVE TEAM	M-30	00:00:56	00:27:00	00:53:09	01:19:15	01:45:37
563	MAGDA Piotr	523	NIGHT RUNNERS PYSKOWICE	M-40	00:00:56	00:26:44	00:54:15	01:22:04	01:50:33
564	SZCZĘSNY Romuald	873	NIGHT RUNNERS PYSKOWICE	M-30	00:00:56	00:25:37	00:53:15	01:21:27	01:50:33
565	KĄDZIOŁKA Łukasz	361	K2	M-20	00:00:56	00:28:36	00:56:01	01:23:54	01:48:21
566	DYMEK Bartosz	172		M-30	00:00:56	00:24:15	00:48:26	01:11:59	01:35:46
567	PYZIK Tomasz	749	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:57	00:24:37	00:49:37	01:14:20	01:39:55
568	SZASTOK Adam	869		M-40	00:00:57	00:28:08	00:55:14	01:21:00	01:47:34
569	KULCZYK Anna	467		K-30	00:00:57	00:27:22	00:55:07	01:23:22	01:52:25
570	KOŁODZIEJ Jacek	398	COMPAÑEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:59

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
571	CZERNIK Rafał	133		M-40	00:00:57	00:27:49	00:56:51	01:27:02	01:59:37
572	CZERNIK Judyta	134		K-30	00:00:57	00:27:29	00:54:07	01:19:54	01:45:31
573	JANTAS Andrzej	310		M-50	00:00:57	00:24:58	00:50:09	01:15:32	01:41:15
574	JANIK Johan	305	COMPAÑEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:58
575	GARBOWSKA Monika	207	COMPAÑEROS ASFALT TEAM	K-40	00:00:57	00:25:44	00:51:43	01:18:25	01:45:37
576	GAWĘŁKO Janusz	208		M-50	00:00:57	00:25:14	00:51:01	01:17:06	01:43:56
577	BEHRENDT Bartek	1045		M-50	00:00:57	00:23:45	00:47:13	01:11:25	01:35:28
578	ŁUKASIK Andrzej	519		M-50	00:00:58	00:27:37	00:56:15	01:24:04	01:53:12
579	KOJ Krzysztof	395		M-20	00:00:58	00:29:17	00:59:57	01:34:51	02:17:31
580	GRACH Aleksandra	249		K-40	00:00:58	00:26:11	00:53:22	01:21:46	01:51:12
581	PISZCZ Marek	706	OPEL ACTIVE TEAM	M-40	00:00:58	00:26:17	00:53:47	01:21:58	01:50:40
582	KOPLIN Kasia	408	FRAZOCZY	K-30	00:00:58	00:26:07	00:53:12	01:21:34	01:50:32
583	SMIESZKOŁ-BRYKOWSKA Sonia	818		K-40	00:00:58	00:26:10	00:52:06	01:18:41	01:47:23
584	KUPCZAK Filip	474	BEERRUNNERS!	M-30	00:00:58	00:26:38	00:53:35	01:19:53	01:46:15
585	HERLICZKA Renata	283	AML FLY TEAM	K-30	00:00:58	00:25:57	00:51:45	01:17:51	01:45:22
586	KISIEL Tomasz	368	COOPER STANDARD	M-50	00:00:58	00:26:28	00:52:51	01:19:45	01:47:48
587	LASICZ Aleksandra	1111		K-40	00:00:58	00:25:01	00:49:45	01:14:55	01:41:04
588	LEGUTKO Jakub	499	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:50:38
589	HENDRYK Leszek	282	BEERRUNNERS!	M-30	00:00:59	00:28:11	00:58:09	01:30:28	02:14:26
590	PIASECKI Mariusz	690		M-30	00:00:59	00:25:13	00:51:10	01:17:05	01:43:19
591	KOŚCIELNIAK Łukasz	414	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:46:36
592	BRYKOWSKI Przemysław	75		M-40	00:00:59	00:26:10	00:52:05	01:18:39	01:47:21
593	MALINOWSKI Łukasz	530		M-40	00:00:59	00:26:09	00:53:38	01:21:28	01:51:24
594	STRUG Mariusz	856		M-40	00:00:59	00:25:29	00:51:29	01:17:25	01:43:57
595	ZEGARTOWSKI Grzegorz	1003	DTIQ POLAND	M-40	00:00:59	00:25:26	00:51:29	01:16:56	01:42:51
596	HERLICZKA Tomasz	284	AML FLY TEAM	M-40	00:00:59	00:25:30	00:51:28	01:16:51	01:42:02
597	MAKSAJDA Andrzej	526	BEERRUNNERS !	M-30	00:00:59	00:25:25	00:51:32	01:18:50	01:48:23
598	KAMIŃSKI Rafał	342		M-30	00:01:00	00:28:11	00:56:43	01:25:21	01:54:49
599	URBAŃSKI Leszek	929		M-40	00:01:00	00:25:30	00:51:40	01:20:00	01:52:37
600	KLIKS Andrzej	374	FIS-SST TEAM	M-40	00:01:00	00:25:34	00:51:35	01:17:43	01:45:28
601	WILCZEK Tomasz	951		M-20	00:01:00	00:28:07	00:57:23	01:28:49	02:05:00
602	ZIELIŃSKA Izabela	1007		K-40	00:01:00	00:31:54	01:07:45	01:45:06	02:24:45
603	MEOSI Alessandro	560		M-20	00:01:00	00:27:09	00:54:45	01:17:55	01:41:26
604	ROZWADOWSKI Dariusz	770		M-40	00:01:00	00:26:54	00:53:58	01:21:10	01:49:49
605	KĄDZIOŁKA Jan	360	NIGHT RUNNERS GLIWICE	M-50	00:01:00	00:28:15	00:55:56	01:24:25	01:53:53
606	OSOJCA Mariusz	649	FLUOR	M-40	00:01:00	00:23:49	00:47:33	01:10:40	01:34:20
607	KULAWIK Mariusz	466		M-30	00:01:01	00:28:41	00:57:28	01:25:43	01:53:42
608	KOLTERNIAK Monika	397	QUEENS PARK HARRIERS LONDYN	K-40	00:01:01	00:28:12	00:56:51	01:25:58	01:56:00
609	MIKOŁAJCZYK Marcin	572		M-30	00:01:01	00:28:24	00:56:15	01:24:52	01:54:41
610	KARMAŃSKI Jacek	349		M-40	00:01:01	00:29:10	01:00:16	01:32:25	02:06:19
611	CIESZYŃSKA Jolanta	112		K-50	00:01:01	00:32:34	01:05:20	01:39:00	02:13:57
612	RÓŻAŃSKI Michał	772		M-30	00:01:01	00:25:07	00:50:52	01:17:39	01:46:41
613	MAZUR Krzysztof	552	OPEL ACTIVE TEAM	M-40	00:01:01	00:24:03	00:47:43	01:11:11	01:35:45
614	MARCINIAK Krzysztof	537		M-30	00:01:01	00:25:44	00:51:34	01:16:56	01:42:43
615	MALCZUK Aleksander	528		M-20	00:01:01	00:27:08	00:54:45	01:27:20	02:03:24

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
616	STRZELCZYK Tomasz	859	HURAGAN LIGOTA	M-40	00:01:01	00:25:35	00:51:28	01:17:25	01:43:16
617	ICIEK Mariusz	296	AKTYWNI KAMIEŃSK	M-40	00:01:01	00:25:19	00:51:04	01:16:31	01:42:32
618	SENDECKI Janusz	797		M-50	00:01:01	00:25:38	00:52:04	01:18:53	01:47:20
619	BEDNARCZYK-ICIEK Aneta	1099	AKTYWNI KAMIEŃSK	K-40	00:01:01	00:27:12	00:54:57	01:22:42	01:51:31
620	BĄK Katarzyna	1084		K-30	00:01:01	00:28:37	00:58:06	01:27:24	01:58:33
621	KRAWCZYŃSKI Mirosław	440		M-40	00:01:02	00:30:19	01:00:49	01:32:20	02:08:12
622	GIERADA Mateusz	224	NIGHT RUNNERS GLIWICE	M-20	00:01:02	00:28:34	00:57:11	01:25:48	01:55:16
623	ONOPIUK Maciej	638		M-20	00:01:02	00:26:20	00:53:40	01:21:17	01:50:07
624	KORAL Wojciech	410		M-40	00:01:02	00:26:27	00:52:44	01:18:42	01:45:17
625	TORBA Kacper	914	JURASSIC RUNNERS	M-20	00:01:02	00:23:51	00:47:24	01:09:33	01:32:56
626	TURLEJ Michał	918	JURASSIC RUNNERS	M-30	00:01:02	00:25:23	00:52:43	01:21:59	01:51:33
627	WAWRÓW Mirosław	939	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M-30	00:01:02	00:28:28	00:56:52	01:25:20	01:52:52
628	DESZYŃSKI Damian	153	ISTA BIEGAMY	M-40	00:01:03	00:23:01	00:46:09	01:09:44	01:33:20
629	GIERADA Ryszard	225	NIGHT RUNNERS GLIWICE	M-50	00:01:03	00:28:33	00:57:09	01:25:47	01:55:17
630	GOŁKOWSKI Radosław	238		M-30	00:01:03	00:25:43	00:52:25	01:18:31	01:45:12
631	WILCZEK Małgorzata	952	ISTA BIEGAMY	K-30	00:01:03	00:26:21	00:52:58	01:19:13	01:45:42
632	URBANEK Martin	927	ISTA BIEGAMY	M-30	00:01:03	00:27:01	00:56:09	01:26:26	01:59:15
633	GĄSKA Piotr	215	GĄSKA BALBINKA	M-30	00:01:03	00:29:06	01:03:49	01:40:04	02:21:44
634	GRACZYK Zbigniew	250		M-40	00:01:03	00:25:58	00:51:36	01:17:23	01:43:12
635	ULFIK Piotr	926		M-20	00:01:03	00:28:09	00:56:40	01:25:54	02:02:27
636	LUDWIKOWSKI Przemysław	513	JURASSIC RUNNERS	M-30	00:01:03	00:25:15	00:51:05	01:17:21	01:45:19
637	MAZUR Jarosław	558		M-40	00:01:03	00:25:31	00:51:10	01:19:07	01:49:00
638	BELUCH Witold	22		M-50	00:01:04	00:26:07	00:52:44	01:19:37	01:47:32
639	KONOPKA Agnieszka	405	I LO DWUJĘZYCZNE	K-40	00:01:04	00:27:27	00:54:42	01:22:12	01:49:54
640	ZEMŁA Piotr	1005		M-50	00:01:04	00:28:57	00:58:11	01:26:03	01:53:58
641	GRUCHALSKI Jakub	261	ISTA BIEGAMY	M-30	00:01:04	00:28:09	00:56:27	01:25:07	01:54:29
642	SZYMKÓW Krzysztof	897	PKO BANK POLSKI	M-40	00:01:04	00:26:43	00:54:44	01:22:02	01:49:44
643	MIECZNIKOWSKA Agnieszka	568		K-40	00:01:04	00:28:05	00:57:52	01:29:01	02:01:12
644	JANIEC Witold	304		M-40	00:01:04	00:28:09	00:56:05	01:23:46	01:53:16
645	IZYDORCZYK Mirosław	297		M-50	00:01:04	00:27:36	00:55:11	01:22:54	01:51:18
646	KOCIELSKA Anna	389		K-30	00:01:04	00:27:04	00:55:15	01:24:04	01:53:41
647	KNEBEL Patrycja	1115		K-30	00:01:04	00:29:25	00:58:55	01:29:04	01:58:14
648	BABIUCH Karol	5	WKURW_TEAM	M-30	00:01:05	00:25:28	00:51:35	01:19:20	01:50:39
649	GUŚCIORA Maciej	272		M-20	00:01:05	00:25:57	00:54:15	01:23:20	01:55:20
650	GIEŁŻYŃSKA Angelika	221		K-30	00:01:05	00:30:19	01:04:56	01:42:48	02:24:21
651	BUCHAL Katarzyna	83		K-50	00:01:05	00:29:26	00:59:35	01:29:52	02:01:09
652	GRUCHAŁA Anna	262	MK TEAM	K-30	00:01:05	00:27:28	00:54:55	01:23:05	01:53:22
653	WIECZORKE Marcin	945		M-40	00:01:05	00:27:58	00:57:05	01:30:01	02:08:11
654	ĆWIKŁA Andrzej	139	TENT GRUPA	M-60	00:01:05	00:33:11	01:07:24	01:42:56	02:20:07
655	KLIMASZ Katarzyna	378		K-20	00:01:05	00:30:22	01:01:28	01:34:11	02:09:10
656	SZNURA Piotr	878	ISTA BIEGAMY	M-20	00:01:05	00:25:25	00:50:47	01:16:31	01:44:10
657	ZIELIŃSKI Jacek	1009		M-30	00:01:05	00:23:55	00:47:37	01:11:07	01:36:03
658	BOMBIS Sandra	58		K-20	00:01:05	00:26:46	00:53:52	01:22:01	01:52:19
659	KASPRZYK Marcin	1100		M-40	00:01:05	00:27:16	00:53:57	01:19:52	01:46:27
660	PAŁYGA Agnieszka	667	FUTURE PROCESSING RUNNING TEAM	K-30	00:01:06	00:28:41	00:58:34	01:29:18	02:00:56

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
661	ZIMNY Michał	1016		M-40	00:01:06	00:31:35	01:03:14	01:34:51	02:03:23
662	BUCHAL Grzegorz	82		M-40	00:01:06	00:29:25	00:59:34	01:29:49	02:01:08
663	SARKOWICZ Adam	791		M-50	00:01:06	00:26:03	00:53:32	01:21:59	01:52:13
664	HELLWIG Adam	281		M-40	00:01:06	00:28:19	00:58:00		
665	RASZYK Andrzej	754	PARKRUN KATOWICE	M-50	00:01:06	00:28:51	00:57:15	01:25:48	01:57:18
666	HAŁAMBIEC Anna	276		K-30	00:01:07	00:28:04	00:56:48	01:26:28	01:58:09
667	JASIEKIEWICZ Tomasz	313	EL DENATOS PASADENA	M-40	00:01:07	00:28:03	00:56:19	01:22:51	01:51:14
668	GRONDECKI Grzegorz	258	BIEGAMY Z SERCEM	M-40	00:01:07	00:27:00	00:53:20	01:19:44	01:47:13
669	BIAŁECKI Aleksander	31		M-40	00:01:07	00:26:50	00:54:10	01:23:51	01:55:16
670	SOTER Bartłomiej	833		M-30	00:01:07	00:23:56	00:48:10	01:12:02	01:37:24
671	SIATA Sebastian	801	DRIV	M-40	00:01:07	00:25:01	00:51:20	01:17:14	01:43:19
672	KOZA Krystian	424		M-20	00:01:07	00:27:20	00:55:11	01:24:28	01:55:35
673	KOWALCZYK Tomasz	417	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:08	00:28:34	00:57:27	01:31:44	02:08:32
674	WOŹNIAK Marek	974		M-40	00:01:08	00:27:36	00:54:58	01:22:25	01:50:58
675	HERZYK Adam	287	SIGNIFY BIELSKO-BIAŁA	M-50	00:01:08	00:27:16	00:54:55	01:22:36	01:51:19
676	CZERNIAK Żaneta	132		K-40	00:01:08	00:28:13	00:56:46	01:27:52	02:00:53
677	PETEJA-ĆWIK Aleksandra	682	NSZOZANGIODENS	K-50	00:01:08	00:28:13	00:56:37	01:25:08	01:53:53
678	SERAFIN Patryk	798		M-20	00:01:08	00:28:43	01:00:07	01:33:04	02:12:26
679	BALCARCZYK Bartłomiej	1117		M-40	00:01:08	00:28:09	00:56:19	01:23:50	01:51:57
680	KLIMAS Agnieszka	376		K-40	00:01:09	00:26:03	00:52:37	01:19:06	01:47:27
681	SOBAS Katarzyna	824		K-20	00:01:09	00:28:05	00:56:37	01:25:08	01:53:55
682	KOWYNIA Grzegorz	423	ANTONTEAM	M-20	00:01:09	00:24:27	00:48:16	01:11:22	01:33:55
683	BAJKACZ Krzysztof	8		M-30	00:01:09	00:27:41	00:55:46	01:24:51	01:59:32
684	GRYNICKA-JASKÓŁA Aleksandra	1089		K-40	00:01:09	00:28:27	00:57:48	01:27:38	01:59:47
685	SCHAB Bartłomiej	793		M-30	00:01:10	00:24:33	00:49:28	01:14:35	01:41:13
686	MARKOWSKA Sylwia	539		K-30	00:01:10	00:27:56	00:55:50	01:24:03	01:52:31
687	MARKOWSKI Kamil	540		M-30	00:01:10	00:27:55	00:55:50	01:24:03	01:54:22
688	GIEMZA Armin	222		M-20	00:01:10	00:24:24	00:48:21	01:13:03	01:41:04
689	TOPORKIEWICZ Marcin	913	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:01:10	00:28:18	00:56:39	01:25:31	01:57:32
690	PYREK Anna	747		K-20	00:01:10	00:27:46	00:56:41	01:26:03	01:57:30
691	RAJTOR Klaudiusz	752		M-60	00:01:10	00:27:52	00:55:41	01:24:08	01:53:50
692	GÓRSKI Michał	245	GIEBUŁTÓW CIŚNIE	M-40	00:01:11	00:26:54	00:54:17	01:21:49	01:50:35
693	GAWROŃSKI Ireneusz	214	AMATOR	M-50	00:01:11	00:24:50	00:50:01	01:15:38	01:42:27
694	PYKA Adam	745		M-30	00:01:11	00:26:01	00:53:18	01:23:09	01:57:54
695	SZUTER Justyna	890		K-20	00:01:11	00:28:31	00:57:32	01:26:38	01:57:52
696	PRADEŁOK Jerzy	726	GIBKE GIZDY	M-50	00:01:12	00:26:37	00:53:51	01:23:52	01:57:17
697	SELIGA Paweł	796	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:01:12	00:28:08	00:56:32	01:24:51	01:53:38
698	STEC Marcin	847	KW GLIWICE	M-40	00:01:12	00:24:46	00:50:38	01:16:28	01:43:13
699	DZIEKAN Mateusz	178		M-20	00:01:12	00:28:37	00:56:55	01:23:55	01:50:29
700	DROBNY Miłosz	161		M-20	00:01:12	00:31:03	01:02:46	01:34:01	02:05:13
701	MICHNA Wojciech	567		M-20	00:01:12	00:28:03	00:56:51	01:25:58	01:56:34
702	WOLNY Ewa	970		K-40	00:01:12	00:31:53	01:07:03	01:44:47	02:26:18
703		1150			00:01:12	00:28:04	00:55:56	01:23:33	01:51:16
704	PAWEŁKÓW Michał	674		M-30	00:01:13	00:28:35	00:56:54	01:25:07	01:58:54
705	GRZYMAŁA Jan	270		M-30	00:01:13	00:25:51	00:53:16	01:23:07	01:55:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
706	MACURA Sylwia	521		K-50	00:01:13	00:27:18	00:54:01	01:20:51	01:48:00
707	CZARDYBON Laura	125		K-40	00:01:13	00:27:56	00:55:57	01:23:54	01:51:50
708	PISULA Dariusz	705		M-20	00:01:14	00:25:40	00:51:23	01:17:09	01:43:12
709	MARCINIAK Rafał	535	1986	M-30	00:01:14	00:24:48	00:49:26	01:13:43	01:37:43
710	WÓJCIK Rafał	980		M-40	00:01:14	00:29:18	00:58:58	01:28:56	02:01:38
711	KIERA Szymon	365		M-40	00:01:14	00:27:52	00:55:27	01:23:08	01:52:18
712	URBAŃSKI Michał	930		M-20	00:01:14	00:27:01	00:54:05	01:19:58	01:46:05
713	MASTALSKA Marzena	546	OPEL ACTIVE TEAM	K-30	00:01:15	00:29:03	00:57:49	01:27:30	01:55:54
714	PIŁAT Jarosław	702	PACEMAKER	M-40	00:01:15	00:28:22	00:56:35	01:25:03	01:55:46
715	STOLARCZYK Robert	852	NIGHT RUNNER GLIWICE	M-40	00:01:15	00:27:53	00:55:33	01:22:37	01:50:44
716	ZWIERZYCKI Artur	1022		M-20	00:01:15	00:25:32	00:51:01	01:16:57	01:46:41
717	KOZAK Krzysztof	426	EKO-OKNA RUNNERS	M-30	00:01:15	00:26:08	00:52:06	01:17:53	01:46:31
718	KSIĄDZ Adam	456		M-30	00:01:15	00:28:37	00:57:20	01:28:19	02:04:08
719	RÓLKA Mariola	771	BP RUNNING TEAM	K-40	00:01:15	00:29:29	00:59:56	01:30:20	02:01:21
720	JANCZYSZYN Rafał	302		M-20	00:01:15	00:32:55	01:04:59	01:37:34	02:13:39
721	DZIECIĄTKOWSKI Jarosław	176	OPEL ACTIVE TEAM	M-40	00:01:16	00:29:02	00:57:48	01:27:29	01:55:53
722	ZADEBERNY Artur	993		M-40	00:01:16	00:27:34	00:56:03	01:26:41	02:00:41
723	GRZEGORCZYK Monika	266	NIGHT RUNNERS ZABRZE	K-30	00:01:16	00:29:02	00:57:48	01:27:30	01:55:54
724	SOKOŁOWSKI Krzysztof	828	NIGHT RUNNERS ZABRZE	M-30	00:01:16	00:28:16	00:56:34	01:23:36	01:51:29
725	PIETRZAK Krzysztof	696		M-40	00:01:16	00:27:54	00:58:08	01:30:15	02:02:45
726	KROCZEK Liliana	442	NIGHT RUNNERS	K-40	00:01:16	00:29:27	00:59:50	01:30:18	02:01:20
727	KALINOWSKI Dawid	336		M-20	00:01:16	00:28:20	00:56:56	01:26:23	01:59:30
728	NOWAKOWSKA Agnieszka	626	PACEMAKER	K-20	00:01:16	00:28:13	00:56:37	01:25:05	01:53:48
729	KONIOR Edyta	404	KOLIBER TEAM	K-40	00:01:16	00:29:22	00:58:50	01:28:49	02:00:01
730	HEBDA-OLSZÓWKA Aleksandra	279	BP RUNNING TEAM GLIWICE	K-30	00:01:16	00:29:27	00:59:55	01:30:15	02:01:18
730	MARUT Kaśka	544	BP RUNNING TEAM GLIWICE	K-40	00:01:16	00:29:29	00:59:55	01:30:18	02:01:18
732	KOZACZKA Włodzimierz	425		M-40	00:01:17	00:28:49	00:57:31	01:26:09	01:55:17
733	SZOJDA Małgorzata	881	INŻYNIERIA BIEGANIA TEAM	K-30	00:01:17	00:28:12	00:56:36	01:25:05	01:53:34
734	JONDA Marek	323		M-20	00:01:17	00:26:59	00:54:01	01:20:44	01:49:13
735	WODA Ewelina	964	WAY2CHAMP	K-30	00:01:17	00:27:53	00:55:30	01:23:05	01:50:53
736	SZWARCZYŃSKI Jakub	891		M-30	00:01:17	00:29:06	00:57:27	01:25:22	01:57:00
737	JARCZYK Magdalena	312	KOLIBER TEAM	K-40	00:01:17	00:33:28	01:08:10	01:45:01	02:22:41
738	WRÓBEL Jarosław	1046		M-30	00:01:17	00:26:11	00:52:30	01:19:25	01:47:04
739	KRAJEWSKI Adam	432		M-40	00:01:18	00:29:08	00:59:35	01:33:41	02:11:07
740	ŚLIWAKOWSKI Damian	902		M-20	00:01:18	00:25:33	00:51:10	01:17:04	01:42:12
741	GDULA Teodozja	217		K-60	00:01:18	00:28:05	00:57:13	01:29:29	02:05:35
742	PĘDZIK Błażej	687		M-20	00:01:18	00:28:20	00:56:32	01:25:02	01:56:05
743	GOŃKA Monika	240		K-40	00:01:18	00:29:08	00:59:35	01:33:41	02:11:07
744	CISZEWSKI Krzysztof	118		M-30	00:01:18	00:27:25	00:55:21	01:24:06	01:53:46
745	MARUSZCZYK Marian	543		M-50	00:01:18	00:27:26	00:55:06	01:24:15	01:57:25
746	SOBKOWICZ Jarosław	826	RISE&SHINE	M-30	00:01:19	00:28:17	00:55:45	01:23:04	01:49:19
747	MILISZKIEWICZ Adam	575		M-30	00:01:19	00:28:41	00:57:18	01:26:28	02:00:25
748	BIAŁAS Tomek	29	CONSULTAS	M-40	00:01:19	00:28:30	00:56:46	01:25:50	01:53:47
749	SOJKA Łukasz	827		M-30	00:01:19	00:26:44	00:54:20	01:21:46	01:50:30
750	ĆWIOK Marek	142	#PANIÓWKIRUN	M-40	00:01:20	00:30:02	00:59:47	01:30:29	02:01:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
751	ĆWIOK Barbara	143	#PANIÓWKIRUN	K-40	00:01:20	00:30:02	00:59:47	01:30:30	02:01:16
752	STEINHOFF Adam	848	WIKTOR TEAM	M-40	00:01:20	00:28:29	00:57:44	01:27:58	02:01:04
753	GRABOWSKI Maciej	247		M-30	00:01:20	00:24:50	00:50:27	01:15:59	01:42:54
754	KOŻUSZEK Sebastian	1083		M-40	00:01:20	00:28:39	00:57:46	01:27:28	02:00:56
755	RYBOTYCKI Tomasz	781	WIKTOR TEAM	M-30	00:01:21	00:29:44	01:00:01	01:31:38	02:05:15
756	KRYCZAŁO Maciej	450		M-40	00:01:21	00:28:00	00:56:21	01:24:50	01:53:35
756	BEM Michał	24	BEMKI SPORT	M-40	00:01:21	00:28:00	00:56:23	01:24:50	01:53:36
758	KNIEJSKI Damian	386		M-40	00:01:21	00:27:30	00:54:26	01:20:32	01:47:51
759	BOM Mariusz	1088		M-50	00:01:21	00:27:09	00:54:18	01:21:38	01:51:06
760	POPIEL-KRUK Aleksandra	1047		K-40	00:01:21	00:27:59	00:55:57	01:23:01	01:48:47
761	TOKAJ Piotr	911		M-40	00:01:22	00:26:48	00:53:41	01:20:24	01:47:46
762	KOWALCZYK Anna	418	HIRSCHVOGEL	K-40	00:01:22	00:30:02	01:00:29	01:30:43	02:01:17
763	DRABEK Piotr	158	SENIORZY	M-30	00:01:22	00:29:23	00:57:38	01:23:40	01:48:46
764	JURCZYGA Maciej	326		M-40	00:01:22	00:25:51	00:52:07	01:17:35	01:43:41
765	ZOGŁOWEK Jarosław	1021	CROSSFIT HELLWOOD GLIWICE	M-30	00:01:22	00:26:58	00:52:46	01:19:01	01:45:17
766	GRABOWSKI Zbigniew	248		M-60	00:01:23	00:29:14	00:59:15	01:29:20	02:01:03
767	CISEK Stanisław	117		M-40	00:01:23	00:28:13	00:56:31	01:24:58	01:53:41
768	CAJZA Zbyszek	95	KAJ META	M-30	00:01:23	00:27:27	00:53:56	01:20:34	01:47:32
769	KUCZERA Łukasz	461	DECATHLON & PRZYJACIELE	M-30	00:01:24	00:26:38	00:53:17	01:19:30	01:46:05
770	DYRLAGA Stanisław	174	JUSTFEELFIT	M-60	00:01:24	00:27:27	00:54:26	01:21:08	01:47:59
771	MAZUR Roman	556		M-50	00:01:24	00:29:51	00:59:33	01:28:48	01:58:49
772	HAŁAS Małgorzata	277		K-30	00:01:24	00:27:28	00:54:55	01:23:14	01:51:49
773	ROJEK Monika	765		K-40	00:01:24	00:29:45	00:59:41	01:28:39	02:00:17
774	KRZEMIEN Bartosz	452		M-40	00:01:24	00:26:52	00:53:19	01:19:49	01:46:15
775	WIKIERSKI Michał	950		M-30	00:01:25	00:28:06	00:55:46	01:23:47	01:53:36
776	JANKOWSKA Joanna	308		K-30	00:01:25	00:32:47	01:08:20	01:48:49	02:30:43
777	RUDNER-DERSIEWICZ Ula	774	CROSSFIT HELLWOOD GLIWICE	K-30	00:01:25	00:32:47	01:08:20	01:48:49	02:30:42
778	OSIŃSKI Paweł	648	BIEGAJ Z TRENERAMI	M-40	00:01:26	00:28:29	00:59:34	01:31:14	02:04:13
779	CZAPLAK Tomasz	124	RADLINIOKI W BIEGU	M-30	00:01:26	00:27:20	00:54:38	01:21:05	01:47:32
780	KUCZMA Jarosław	463		M-40	00:01:26	00:28:04	00:55:52	01:22:56	01:49:09
781	KUCZMA Joanna	462		K-40	00:01:26	00:28:06	00:56:25	01:24:52	01:53:35
782	KLUSKA Piotr	382	HURAGAN LIGOTA	M-50	00:01:26	00:28:04	00:55:26	01:22:47	01:51:55
783	HRYNISZYN Agnieszka	293		K-20	00:01:26	00:29:07	00:58:22	01:28:22	01:59:17
784	LIKA Michał	507		M-30	00:01:26	00:29:07	00:58:22	01:28:22	01:59:17
785	NIEDŹWIECKI Paweł	607	OCHOTNICZA STRAŻ POŻARNA W KOTUSZOWIE	M-30	00:01:27	00:28:35	00:57:38	01:27:20	02:00:40
786	WĘGIEL Kacper	943		M-20	00:01:27	00:29:43	00:58:41	01:30:19	02:01:41
787	BROEN Bartosz	71	ŁAWECZKA WILKOWYJE RUNNING TEAM	M-40	00:01:27	00:26:55	00:53:52	01:20:06	01:47:04
788	KLEMIŃSKI Tomasz	1113		M-40	00:01:27	00:29:20	00:58:30	01:27:18	01:56:48
789	PINDERA Barbara	1112		K-30	00:01:27	00:29:20	00:58:30	01:27:18	01:56:47
790	WOŹNICZKO Robert	976	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:28	00:24:53	00:50:11	01:15:44	01:41:16
791	SOWIŃSKI Krzysztof	834		M-30	00:01:28	00:28:08	00:56:22	01:24:26	01:54:41
792	SITKO Magdalena	810		K-20	00:01:28	00:27:27	00:55:20	01:23:36	01:52:37
793	DWORNICZAK Iwona	167	ZABIEGANE SIOSTRY	K-50	00:01:28	00:33:04	01:07:14	01:42:40	02:20:40
794	JACHIMOWSKA Agnieszka	299		K-30	00:01:28	00:29:50	01:00:34	01:34:21	02:10:00
795	PUCHAŁA Ewelina	742	PACEMAKER	K-30	00:01:28	00:28:27	00:56:52	01:25:41	01:54:04

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
796	SEKIENDA Grzegorz	794		M-40	00:01:28	00:30:18	01:00:23	01:31:23	02:03:06
797	SEKIENDA Michał	795		M-30	00:01:28	00:30:19	01:00:21	01:29:48	01:57:56
798	SITKO Mateusz	809		M-30	00:01:29	00:27:27	00:55:18	01:23:34	01:52:34
799	JĘDZURA Agnieszka	322		K-40	00:01:29	00:28:36	00:58:45	01:30:54	02:06:31
800	FRANIELCZYK Marta	194		K-30	00:01:29	00:28:12	00:56:37	01:25:22	01:56:06
801	JANOSZEK Piotr	309		M-40	00:01:29	00:30:20	01:02:39	01:36:34	02:13:11
802	TOMCZYK Edyta	912		K-30	00:01:29	00:28:29	00:57:04	01:25:43	01:53:31
803	LEDWOŃ Aneta	498	NIGHT RUNNERS GLIWICE	K-40	00:01:30	00:28:24	00:56:50	01:25:20	01:53:36
804	MOKRZYCKA Justyna	584	ORLY Z KNUROWA	K-30	00:01:30	00:31:33	01:05:15	01:39:37	02:15:41
805	OSTROWSKI Zygmunt	651		M-60	00:01:30	00:29:44	00:59:26	01:29:24	02:00:33
806	GŁADYSZ Leszek	227	#PANIÓWKIRUN	M-40	00:01:30	00:25:57	00:51:28	01:17:48	01:47:17
807	PRESNAL-ZMYŚŁOWSKA Agnieszka	728		K-40	00:01:30	00:27:54	00:58:17	01:28:37	02:01:08
808	POLACZEK Adam	718		M-30	00:01:30	00:27:54	00:58:17	01:28:37	02:01:08
809	CHYLIŃSKI Krzysztof	109		M-30	00:01:31	00:25:54	00:52:04	01:17:02	01:43:08
810	WILSZ Ewa	956	#PANIÓWKIRUN	K-40	00:01:31	00:27:54	00:56:52	01:26:14	01:57:28
811	JURASZCZYK Dominika	325	PACEMAKER	K-20	00:01:31	00:29:50	01:00:18	01:31:29	02:03:31
812	PISKON Agnieszka	938	W POGONI ZA DUCHEM/ PACEMAKER	K-30	00:01:31	00:29:50	01:00:16	01:31:29	02:03:31
813	MORDARSKI Artur	587		M-40	00:01:32	00:27:41	00:55:18	01:22:41	01:51:44
814	KUŹNICKI Tomasz	484		M-30	00:01:32	00:28:28	00:59:11	01:31:17	02:07:11
815	KLIMKIEWICZ Jakub	380	BANANA TEAM	M-30	00:01:32	00:30:10	01:01:26	01:32:56	02:05:55
816	JURASZCZUK Katarzyna	1090	INŻYNIERIA BIEGANIA	K-40	00:01:32	00:28:04	00:55:57	01:24:36	01:53:30
817	ZWOLIŃSKA Katarzyna	1058	AERO-SYSTEM.PL	K-20	00:01:32	00:29:18	00:58:51	01:29:42	02:00:13
818	BŁASZCZYK Paulina	45		K-30	00:01:33	00:28:28	00:57:08	01:26:34	01:57:53
819	WOLIŃSKI Józef	968		M-50	00:01:33	00:30:04	01:01:19	01:33:24	02:06:50
820	BŁASZCZYSZYN Łukasz	46		M-30	00:01:33	00:28:28	00:56:20	01:23:55	01:52:40
821	KOZIOŁ Ewa	427	PORANNY PATROL	K-40	00:01:33	00:30:38	01:03:12	01:37:39	02:16:28
822	DEMBOWSKA Bożena	150		K-40	00:01:33	00:28:23	00:57:05	01:26:07	01:55:48
823	ĆWIKŁA Grzegorz	140		M-50	00:01:33	00:29:48	00:59:44	01:30:17	02:00:55
824	SERUGA Aleksandra	800		K-20	00:01:33	00:30:10	01:00:28	01:33:24	02:07:54
825	KUŚ Jan	481		M-20	00:01:33	00:28:35	00:56:38	01:22:25	01:50:35
826	WILSZ Adam	957	#PANIÓWKIRUN	M-40	00:01:34	00:26:59	00:53:46	01:19:49	01:45:26
827	KRUK Michał	447		M-20	00:01:34	00:28:17	00:56:50	01:26:39	01:59:48
828	PAWLARCZYK Karolina	677		K-20	00:01:34	00:33:11	01:07:53	01:49:46	02:31:57
829	KUTRZYK Przemysław	482		M-40	00:01:34	00:29:18	00:59:32	01:31:11	02:05:40
830	PĘDOWSKI Wojciech	686		M-50	00:01:34	00:28:19	00:57:05	01:28:09	02:00:53
831	PIKTAS Paweł	698		M-40	00:01:34	00:29:20	00:58:01	01:26:14	01:58:11
832	KRAWCZYK Beata	439		K-30	00:01:34	00:28:05	00:56:20	01:24:49	01:57:23
833	OLEJNICZAK Dominik	635		M-40	00:01:34	00:28:21	00:54:28	01:19:24	01:44:38
834	WŁODARCZYK Paweł	962	ING BANK ŚLĄSKI SA	M-30	00:01:34	00:27:57	00:56:20	01:26:28	02:00:18
835	OSTROSZCZYK Rafał	650	BEZ KLUBU	M-40	00:01:35	00:29:45	00:59:46	01:29:44	02:00:16
836	CZAPEK Marek	123	NIGHT RUNNERS GLIWICE	M-40	00:01:35	00:29:53	01:00:13	01:31:08	02:03:09
837	NOWAKOWSKA-TRZASKA Joanna	627		K-40	00:01:35	00:29:56	01:00:12	01:31:03	02:03:09
838	KRAWCZYK Marta	436		K-40	00:01:35	00:28:44	00:57:06	01:24:48	01:53:00
839	KOZIOŁ Artur	428	PORANNY PATROL	M-40	00:01:35	00:24:18	00:48:46	01:13:35	01:39:06
840	SZYNAL Andrzej	899	DHL RUN CLUB	M-40	00:01:35	00:28:02	00:56:18	01:24:47	01:53:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
841	WYCIŚŁOK Krzysztof	987		M-30	00:01:35	00:27:58	00:56:19	01:24:47	01:53:22
842	OSAK Małgorzata	646		K-30	00:01:35	00:28:37	00:57:39	01:30:34	02:06:32
843	GAWROŃSKI Wojtek	213		M-30	00:01:36	00:28:23	00:58:03	01:30:09	02:06:40
844	NOGŁY Adam	618	BIEGACZE Z BOJKOWA	M-40	00:01:36	00:29:52	01:00:11	01:31:03	02:01:47
845	JARASZ Aleksander	311	NIGHT RUNNERS ZABRZE	M-40	00:01:36	00:29:20	00:58:50	01:28:15	01:58:30
846	MIELNICZUK Marta	570	DECATHLON&PRZYJACIELE	K-20	00:01:36	00:28:05	00:58:51	01:36:50	02:19:25
847	DZIEDZIC Dominik	177		M-30	00:01:37	00:29:41	01:00:00	01:29:59	02:01:43
848	KOWRYGO Adam	422		M-20	00:01:37	00:28:32	00:57:08	01:26:14	01:57:43
849	MAZUR Mateusz	553		M-30	00:01:37	00:30:16	01:00:24	01:27:47	01:53:58
850	SZKAMRUK Małgorzata	875		K-30	00:01:37	00:27:42	00:56:11	01:26:13	01:59:00
851	WÓJCIK Marcin	978		M-20	00:01:37	00:30:16	01:03:21	01:38:26	02:16:10
852	BINASIK Agnieszka	41	HURAGAN LIGOTA	K-40	00:01:37	00:30:26	01:01:32	01:34:42	02:09:46
853	MICHALIK Natalia	562		K-20	00:01:37	00:29:55	01:00:10	01:31:02	02:03:07
854	BOJEŚ Marcin	57	DTIQ POLAND	M-30	00:01:37	00:29:47	01:02:31	01:37:08	02:15:56
855	ROZWADOWSKI Dariusz	769		M-40	00:01:37	00:27:01	00:54:01	01:20:53	01:50:39
856	ADAMUS Anna	3		K-40	00:01:37	00:31:19	01:04:18	01:39:09	02:15:32
857	MAJCHRZAK Magdalena	524		K-30	00:01:37	00:29:30	00:58:58	01:30:01	02:05:03
858	KĘPA Agnieszka	362	EKO-OKNA RUNNERS	K-30	00:01:37	00:29:30	00:58:57	01:28:24	01:58:18
859	RYBARZ Ewa	779		K-30	00:01:38	00:29:54	01:00:20	01:31:32	02:04:15
860	DYMNICKI Andrzej	173	OCHAJORUN & FRIENDS	M-40	00:01:38	00:28:28	00:56:51	01:24:39	01:53:14
861	PĘKALA Anna	688		K-40	00:01:38	00:27:41	00:56:10	01:26:10	01:58:57
862	ZBOREK Dominika	1000		K-30	00:01:38	00:29:26	00:59:31	01:31:06	02:04:18
863	OPAŁKA Marcin	639		M-20	00:01:38	00:28:15	00:56:28	01:24:57	01:53:48
864	PAWNUK Jan	680		M-60	00:01:38	00:31:13	01:02:54	01:33:37	02:04:19
865	OLSZEWSKI Grzegorz	636	OLSZAK TEAM	M-30	00:01:38	00:27:39	00:55:12	01:22:12	01:50:15
866	ZIĘTEK Katarzyna	1015	#BBKTS	K-30	00:01:38	00:28:16	00:56:37	01:24:48	01:53:47
867	RUTKA Wiola	776		K-30	00:01:39	00:34:57	01:11:56	01:49:47	02:31:50
868	JEZIOR Bartosz	317	DRIV	M-30	00:01:39	00:27:53	00:59:48	01:38:41	02:16:11
869	BIER Agnieszka	40	DTIQ POLAND	K-30	00:01:39	00:28:01	00:56:19	01:24:39	01:53:22
870	KOZUBEK Sergiusz	429		M-40	00:01:39	00:28:39	00:57:32	01:25:31	01:54:20
871	PLEWIŃSKI Tomasz	708		M-30	00:01:39	00:27:04	00:54:52	01:23:26	01:52:44
872	WALEWSKI Kamil	933		M-30	00:01:39	00:31:26	01:05:20	01:39:59	02:19:21
873	GRZEBIELUCH Tomasz	265		M-40	00:01:39	00:30:11	01:00:12	01:31:12	02:02:55
874	SITO Paweł	811		M-30	00:01:39	00:32:17	01:06:52	01:43:08	02:23:19
875	KOŁODZIŃSKA Ewa	401		K-40	00:01:40	00:34:13	01:09:57	01:49:00	02:31:46
876	PILARSKI Arkadiusz	700		M-20	00:01:40	00:34:56	01:11:55	01:49:46	02:31:49
877	WARAT Katarzyna	935	YES3	K-30	00:01:40	00:25:32	00:51:52	01:19:28	01:48:02
878	PAWLACZYK Lesław	676	DTIQ	M-40	00:01:40	00:29:44	01:02:28	01:37:04	02:15:53
879	LATA Monika	494	KYOKUSHIN	K-40	00:01:41	00:33:12	01:06:04	01:38:51	02:10:05
880	LATA Piotr	495	KYOKUSHIN	M-40	00:01:41	00:33:12	01:06:04	01:38:52	02:12:47
881	DREWNIAK Marcin	160		M-20	00:01:41	00:25:49	00:51:46	01:17:41	01:44:01
882	NAWROCKI Piotr	603		M-30	00:01:41	00:25:21	00:51:41	01:19:23	01:50:18
883	PIĄTKOWSKI Michał	691		M-30	00:01:41	00:29:08	00:57:47	01:27:33	02:01:50
884	KRAWCZYK Dariusz	438		M-30	00:01:41	00:29:08	00:57:47	01:27:34	01:59:59
885	RADŁOWSKI Karol	750		M-30	00:01:41	00:29:07	00:59:01	01:31:59	02:09:44

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
886	CZYSZCZOŃ Anna	138		K-20	00:01:41	00:31:33	01:02:57	01:33:34	02:05:11
887	KLIMCZYK Gawęł	379		M-20	00:01:41	00:27:54	00:56:16	01:25:16	01:52:36
888	PIECHOWICZ-KUROWSKA Agata	1048		K-30	00:01:41	00:31:44	01:03:50	01:35:57	02:08:25
889	JABŁOŃSKI Łukasz	298	FIS-SST TEAM	M-20	00:01:42	00:25:11	00:49:27	01:13:47	01:38:34
890	STASIOWSKI Dawid	844	DTIQ POLAND	M-20	00:01:42	00:24:46	00:49:44	01:13:49	01:39:46
891	KIECKA Ewelina	364		K-30	00:01:42	00:29:17	00:58:06	01:26:23	01:55:04
892	BIEGUN Krzysztof	36		M-50	00:01:42	00:30:13	01:02:49	01:35:53	02:12:12
893	BROWSKA Aleksandra	1052		K-30	00:01:42	00:31:43	01:03:49	01:35:56	02:08:25
894	ROGOWSKI Jakub	1120		M-20	00:01:42	00:28:14	00:56:29	01:24:38	01:54:35
895	KULIJ Jan	471	KKTA	M-60	00:01:43	00:29:25	01:00:53	01:35:39	02:11:19
896	KASPEREK Magdalena	352	FIS - SST	K-40	00:01:43	00:31:43	01:05:11	01:35:44	02:06:16
897	KASPEREK Ireneusz	353	FIS - SST	M-40	00:01:43	00:31:42	01:05:30	01:42:26	02:21:16
898	FOLEK Andrzej	193	DTIQ POLAND	M-30	00:01:43	00:28:19	00:56:40	01:26:08	01:58:33
899	KULIGOWSKI Piotr	470		M-20	00:01:43	00:25:02	00:50:31	01:15:46	01:43:34
900	BASZUN Michał	17	DAMY RADEĘ	M-30	00:01:43	00:28:15	00:56:36	01:24:25	01:52:01
901	NAWROT Bożena	605		K-40	00:01:44	00:29:56	01:00:37	01:32:06	02:06:24
902	STRZAŁKA Tomasz	857		M-20	00:01:44	00:24:53	00:50:00	01:15:26	01:43:22
903	BATEJKO Beata	18	SPORT WSPIERAMY NAUKOWO	K-40	00:01:44	00:29:28	00:59:15	01:30:30	02:04:08
904	PAWIŃSKI Wojciech	675		M-40	00:01:44	00:28:36	00:56:35	01:25:06	01:54:03
905	HAJOK Magda	274		K-30	00:01:45	00:31:54	01:03:54	01:37:53	02:15:58
906	CELAREK Janusz	98	LECZYMY WARTKO	M-50	00:01:45	00:32:00	01:04:35	01:35:49	02:07:50
907	KULESZA Łukasz	469		M-30	00:01:45	00:28:57	00:56:40	01:23:20	01:50:07
908	NAWROT Krzysztof	604		M-40	00:01:45	00:29:56	01:00:35	01:32:05	02:06:24
909	SZELAŁ Iwona	874		K-30	00:01:45	00:31:54	01:03:53	01:35:49	02:10:57
910	BŁACH Piotr Buła	44	PACEMAKER	M-50	00:01:45	00:31:54	01:03:54	01:35:49	02:08:35
911	ZGÓRSKI Grzegorz	1006		M-40	00:01:46	00:31:52	01:03:42	01:37:51	02:15:57
912	MAŃKA Marcin	533		M-30	00:01:46	00:28:19	00:57:16	01:25:02	01:52:34
913	ESTKO Anna	182		K-30	00:01:46	00:31:27	01:02:49	01:35:28	02:11:01
914	KOŁODZIEJCZYK Emilia	400	WATAHA -LACZY NAS BIEGANIE	K-20	00:01:46	00:31:53	01:03:52	01:35:48	02:07:50
915	JAWORSKI Kamil	315	FUCHS OIL TEAM	M-30	00:01:46	00:29:12	00:58:03	01:25:51	01:54:31
916	KAŁUŻNA Anna	341		K-50	00:01:47	00:31:59	01:04:03	01:36:37	02:12:20
917	PRACKA Danuta	725		K-30	00:01:47	00:29:29	00:59:32	01:30:15	02:01:28
918	BOJDA Dawid	56		M-30	00:01:47	00:29:01	00:58:32	01:27:36	01:57:15
919	DANISZ Małgorzata	145		K-30	00:01:47	00:28:57	00:57:18	01:24:19	01:52:17
920	GŁOWACKA Marta	229		K-20	00:01:48	00:30:04	00:59:50	01:29:44	02:00:33
921	CHUDY Michał	106		M-30	00:01:48	00:28:35	00:56:29	01:25:21	01:53:29
922	NIEWDANA Anna	612	EUVIC	K-20	00:01:48	00:31:51	01:03:50	01:35:46	02:07:05
923	SZUMNIAK Ryszard	888		M-50	00:01:48	00:31:52	01:04:03	01:35:45	02:08:32
924	LENCZYK Mariusz	500		M-20	00:01:48	00:27:00	00:56:56	01:29:57	02:07:26
925	ŻMUDZIŃSKI Piotr	1032		M-30	00:01:48	00:32:05	01:04:47	01:35:48	02:07:44
926	ŁUBKOWSKI Robert	517		M-40	00:01:48	00:29:07	00:57:57	01:25:22	01:52:33
927	KWARCIŃSKA Maria	485		K-30	00:01:48	00:31:51	01:03:50	01:35:47	02:07:06
928	KUĆ Rafał	464	EUVIC	M-30	00:01:49	00:35:26	01:09:29	01:42:31	02:13:19
929	MUSIL Mike	591		M-40	00:01:49	00:30:32	01:00:51	01:30:38	02:01:51
930	KOPIEC Beata	407	BEATA	K-50	00:01:49	00:32:03	01:06:06	01:42:40	02:19:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
931	ROSA Anna	766	-	K-50	00:01:49	00:32:01	01:06:06	01:42:40	02:19:33
932	KALINOWSKI Krzysztof	337		M-40	00:01:49	00:28:12	00:56:07	01:23:27	01:51:46
933	SZYDŁOWSKI Przemysław	892		M-40	00:01:50	00:30:59	01:02:32	01:36:03	02:16:00
934	POGORZELSKA-KLIKS Agata	715	FIS-SST TEAM	K-40	00:01:51	00:33:21	01:08:08	01:44:34	02:25:02
935	ZAKLIŃSKA Katarzyna	995	TMTEAM	K-40	00:01:51	00:33:18	01:08:13	01:47:00	02:27:28
936	ZAJĄC Jacek	994	RCU UBEZPIECZENIA	M-40	00:01:51	00:31:34	01:03:22	01:35:10	02:05:53
937	PEROŃCZYK Paweł	681		M-30	00:01:51	00:31:49	01:03:49	01:37:47	02:20:09
938	FIGIEL Mariusz	187		M-40	00:01:52	00:27:49	00:55:53	01:24:58	01:59:39
939	HOLECZEK Dominika	289		K-30	00:01:52	00:33:17	01:08:23	01:46:59	02:28:50
940	DWORNICZAK Paweł	166		M-30	00:01:53	00:26:29	00:53:27	01:19:40	01:48:52
941	NOWAK Dariusz	624	FIS-SST TEAM	M-40	00:01:53	00:33:20	01:08:52	01:46:13	02:30:04
942	KOŁODZIEJ Rafał	399		M-30	00:01:54	00:27:48	00:55:15	01:21:44	01:47:40
943	BUJAŁSKI Michał	90		M-30	00:01:55	00:28:51	00:56:43	01:24:52	01:54:14
944	MOCEK Roman	581		M-50	00:01:55	00:26:45	00:53:37	01:18:46	01:44:14
945	VOLOSHYNA Mariana	932		K-30	00:01:55	00:30:38	01:00:27	01:28:51	01:57:48
946	ADAMSKI Daniel	1066		M-30	00:01:55	00:24:31	00:49:33	01:14:15	01:40:16
947	KOJ Jakub	396	LOCO TEAM	M-30	00:01:56	00:28:50	00:56:43	01:24:51	01:54:13
948	TOCZYDŁOWSKI Łukasz	910		M-30	00:01:56	00:26:43	00:53:36	01:18:44	01:44:17
949	KHAVALYTS Anton	363		M-20	00:01:56	00:30:37	01:00:26	01:28:50	01:57:47
950	BARYŁAK Łukasz	16		M-20	00:01:56	00:25:26	00:51:45	01:17:20	01:44:32
951	MARYNIOK Patryk	545		M-20	00:01:57	00:31:44	01:03:46	01:38:11	02:22:39
952	MARYNIOK Marian	1072		M-50	00:01:57	00:31:43	01:03:45	01:38:11	02:22:39
953	PATRZAŁEK Grzegorz	673		M-40	00:01:58	00:28:03	00:56:10	01:24:30	01:53:18
954	TWAROCIK Konrad	1125		M-30	00:01:59	00:28:54	00:57:27	01:26:27	01:56:43
955	MISIURA Artur	577		M-30	00:02:00	00:28:22	00:55:01	01:21:03	01:46:00
956	DZIEKAN Katarzyna	179	ANTONTEAM	K-20	00:02:01	00:32:17	01:05:38	01:42:27	02:21:44
957	TRELA Marcin	998		M-30	00:02:01	00:31:40	01:03:39	01:35:33	02:07:35
958	ŻELIŃSKI Marek	1029	2018	M-50	00:02:01	00:27:50	00:54:59	01:21:06	01:48:17
959	DYJAS Michał	170	CATS'TEAM	M-30	00:02:01	00:31:43	01:05:00	01:39:58	02:16:29
960	LATOS Barbara	496	ZABRZAŃSKIE TOWARZYSTWO TRIATHLONOWE	K-60	00:02:02	00:35:39	01:13:17	01:54:30	02:37:18
961	ZACZEK Kamil	991		M-30	00:02:02	00:34:34	01:11:33	01:49:24	02:31:27
962	ZIĘBA Michał	1013		M-20	00:02:03	00:29:16	01:00:43	01:35:28	02:13:54
963	WIŚNIEWSKI Paweł	959	NIGHT RUNNERS GLIWICE	M-30	00:02:04	00:28:44	00:58:59	01:29:57	02:02:22
964	LEWANDOWSKA Magdalena	503		K-30	00:02:04	00:31:09	01:03:12	01:35:05	02:05:11
965	PIOTROWSKA Dorota	704		K-30	00:02:04	00:31:09	01:03:12	01:35:05	02:08:17
966	SOKÓŁ-OLEŚ Ewelina	829	RUNTEAM PAWŁOWICE	K-40	00:02:05	00:33:19	01:07:53	01:44:14	02:23:53
967	TRZCIŃSKI Łukasz	916		M-20	00:02:05	00:29:58	01:02:29	01:39:06	02:17:44
968	KACZMARCZYK Magdalena	331	RUNTEAM PAWŁOWICE	K-20	00:02:06	00:33:18	01:07:58	01:44:15	02:23:58
969	JAGODZIŃSKA Daria	301		K-20	00:02:06	00:33:08	01:06:14	01:38:37	02:12:41
970	CIUK Bartosz	119	OLK SP.ZOZ	M-50	00:02:07	00:30:23	01:02:14	01:36:50	02:11:26
971	RUBINSKA Małgorzata	773		K-50	00:02:07	00:32:21	01:06:57	01:40:39	02:17:48
972	WRÓBEL Dariusz	984		M-30	00:02:07	00:33:08	01:06:14	01:38:37	02:12:42
973	CZERNIK Andrzej	135		M-60	00:02:07	00:27:00	00:54:02	01:21:31	01:51:06
974	JENDRYŚ Marek	1110		M-40	00:02:07	00:28:30	00:55:35	01:22:17	01:48:02
975	KOWOLIK Łukasz	421	TAURON TEAM	M-30	00:02:08	00:33:06	01:06:13	01:38:36	02:12:40

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
976	KNYĆ Mateusz	387	12 ZUP	M-30	00:02:08	00:28:41	00:55:55	01:21:41	01:47:58
977	SZAFRANIEC Arkadiusz	867	1985	M-30	00:02:09	00:29:13	00:59:36	01:30:35	02:04:31
978	BARAŃSKI Grzegorz	15		M-30	00:02:10	00:28:24	00:56:33	01:24:34	01:53:20
979	DYLSKI Jacek	171		M-20	00:02:11	00:30:46	01:02:16	01:33:56	02:06:29
980	NOWAK Ryszard	625		M-50	00:02:14	00:28:05	00:56:25	01:25:42	01:55:21
981	KOWALIK Miłosz	419		M-30	00:02:17	00:30:06	01:01:15	01:33:39	02:04:21
982	KRZOK Krzysztof	453		M-40	00:02:18	00:26:05	00:52:24	01:19:21	01:48:51

Znaleziono 982 wynik(ów)