

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-10-26  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

Klasyfikacja: Wszyscy

Punkt pomiarowy: 20,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
1	<b>OLIJNYK Pawel</b>	<b>1147</b>	ONE TEAM	M-30	00:00:01	00:16:08	00:32:45	00:49:13	01:06:05
2	<b>MALINA Dawid</b>	<b>1040</b>	INŻYNIERIA BIEGANIA	M-20	00:00:00	00:16:09	00:32:46	00:49:14	01:07:01
3	<b>CIEPLAK Marcin</b>	<b>1148</b>		M-20	00:00:00	00:16:37	00:34:37	00:51:52	01:09:32
4	<b>WOJTACHA Adrian</b>	<b>965</b>	KS OLKUSZ	M-20	00:00:02	00:17:30	00:35:15	00:52:17	01:09:42
5	<b>MUSKIETORZ Piotr</b>	<b>593</b>		M-30	00:00:01	00:17:26	00:35:01	00:52:50	01:11:02
6	<b>ŻURAWIK Daniel</b>	<b>1034</b>	PPI SYSTEMY-GRZEWCZE	M-30	00:00:01	00:17:18	00:35:02	00:52:56	01:11:26
7	<b>SZWASA Mateusz</b>	<b>1119</b>	OTK RZEŹNIK	M-20	00:00:01	00:18:02	00:36:14	00:54:40	01:13:58
8	<b>ŁUKASIEWICZ Sebastian</b>	<b>518</b>	KLUB BIEGOWY GEPARD	M-30	00:00:01	00:18:37	00:37:19	00:55:50	01:14:45
9	<b>SZCZECIŃSKI Maciej</b>	<b>871</b>	INŻYNIERIA BIEGANIA	M-30	00:00:01	00:18:15	00:36:50	00:55:30	01:14:50
10	<b>POLAK Bogdan</b>	<b>1076</b>		M-40	00:00:02	00:18:37	00:37:18	00:55:50	01:14:58
11	<b>RYSZ Robert</b>	<b>784</b>		M-30	00:00:02	00:18:13	00:36:59	00:55:44	01:15:07
12	<b>KLIMAS Tomasz</b>	<b>375</b>		M-40	00:00:00	00:19:08	00:38:59	00:58:09	01:17:28
13	<b>MOMRO Łukasz</b>	<b>585</b>	AKMB PEDZIWIATR GLIWICE	M-30	00:00:01	00:18:35	00:37:49	00:57:16	01:17:34
14	<b>JĘDRÓS Przemysław</b>	<b>318</b>	INŻYNIERIA BIEGANIA TEAM	M-30	00:00:02	00:19:00	00:38:19	00:57:37	01:17:48
15	<b>PROKOPIUK Robert</b>	<b>730</b>	KALWAT	M-40	00:00:01	00:19:06	00:38:42	00:58:00	01:17:50
16	<b>STAWINOĞA Janusz</b>	<b>846</b>	HIRSCHVOGEL	M-40	00:00:03	00:19:09	00:38:52	00:58:29	01:18:44
17	<b>KNESZ Krzysztof</b>	<b>385</b>		M-30	00:00:02	00:19:09	00:38:57	00:58:24	01:18:52
18	<b>WIERZCHOWSKI Tomasz</b>	<b>948</b>	NORTHMILL RUNNING TEAM	M-30	00:00:02	00:19:16	00:39:02	00:58:20	01:19:34
19	<b>HARZOWSKI Mateusz</b>	<b>278</b>		M-20	00:00:01	00:19:10	00:38:58	00:58:59	01:19:52
20	<b>GRZYWACZ Marcin</b>	<b>271</b>	SIGNIFY BIELSKO	M-40	00:00:03	00:19:20	00:39:08	00:59:00	01:20:01
21	<b>FALEJCZYK Mateusz</b>	<b>185</b>	HOLBOX POLAND	M-20	00:00:01	00:19:48	00:39:57	00:59:57	01:20:15
22	<b>LEDWOŃ Paweł</b>	<b>1068</b>		M-30	00:00:03	00:20:04	00:40:09	01:00:01	01:20:25
23	<b>DUŻNIAK Dominik</b>	<b>165</b>	STEP-DANCE	M-30	00:00:02	00:19:19	00:39:19	00:59:31	01:20:29
24	<b>DE LA PARRA Inaki</b>	<b>154</b>	WAY2CHAMP.COM	M-30	00:00:06	00:20:19	00:40:17	01:00:08	01:20:37
25	<b>DAMEC Aleksnder</b>	<b>144</b>	OCHAJORUN & FRIENDS	M-40	00:00:05	00:19:45	00:39:49	00:59:55	01:20:41
26	<b>LASKOWSKI Tomasz</b>	<b>493</b>	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:04	00:19:46	00:40:06	01:00:32	01:21:19
27	<b>WOŻNIAK Grzegorz</b>	<b>1056</b>		M-30	00:00:05	00:20:26	00:40:51	01:00:59	01:21:21
28	<b>LANGNER Radosław</b>	<b>491</b>	WAY2CHAMP.COM / VEĞE RUNNERS	M-30	00:00:06	00:20:19	00:40:36	01:01:02	01:21:37
29	<b>SZYMURA Wojciech</b>	<b>898</b>	DECATHLON RYBNIK & PRZYJACIELE	M-40	00:00:05	00:19:29	00:39:46	01:00:24	01:22:05
30	<b>SOLAREK Mateusz</b>	<b>1063</b>		M-20	00:00:06	00:19:42	00:40:09	01:00:44	01:22:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
31	<b>PRZEŹDZIAK Zygmunt</b>	<b>737</b>	GMINA STRZELCE OPOLSKIE	M-40	00:00:04	00:20:25	00:41:03	01:01:30	01:22:19
32	<b>PRZELIORZ Paweł</b>	<b>734</b>		M-30	00:00:02	00:19:48	00:40:24	01:01:05	01:22:35
33	<b>WIŚNIEWSKI Mateusz</b>	<b>960</b>	WISNIA_M_AKTYWNIIE365	M-20	00:00:04	00:20:49	00:41:53	01:02:30	01:23:02
34	<b>PALT Tomasz</b>	<b>664</b>		M-40	00:00:02	00:20:12	00:41:03	01:01:45	01:23:05
35	<b>RATYŃSKI Bartłomiej</b>	<b>755</b>	HAPPY RUNNERS	M-30	00:00:14	00:20:51	00:41:41	01:02:04	01:23:11
36	<b>PATAS Magdalena</b>	<b>1053</b>		K-20	00:00:01	00:20:13	00:40:58	01:01:37	01:23:13
37	<b>STUHLIK Marek</b>	<b>860</b>	AKTYWNA PSZCZYNA RUNNERS TEAM	M-30	00:00:02	00:20:10	00:40:47	01:01:23	01:23:20
38	<b>ŻOGAŁA Jan</b>	<b>1033</b>	HURAGAN LIGOTA	M-40	00:00:05	00:20:14	00:41:04	01:01:54	01:23:24
39	<b>MARKIEWICZ Marcin</b>	<b>1059</b>		M-40	00:00:04	00:20:29	00:41:28	01:02:22	01:23:43
40	<b>SIWY Sebastian</b>	<b>1103</b>		M-40	00:00:06	00:20:47	00:41:56	01:02:55	01:24:03
41	<b>FABIAN Michał</b>	<b>184</b>		M-40	00:00:09	00:20:51	00:42:10	01:03:04	01:24:22
42	<b>RAJTAR Krzysztof</b>	<b>1098</b>	WAY2CHAMP	M-40	00:00:06	00:20:19	00:41:52	01:02:28	01:24:23
43	<b>PODSIADŁO Adam</b>	<b>714</b>		M-30	00:00:02	00:20:05	00:41:15	01:02:15	01:24:24
44	<b>HOZAKOWSKI Marcin</b>	<b>292</b>		M-20	00:00:07	00:20:57	00:42:13	01:03:23	01:24:40
45	<b>ŻŁOBIŃSKI Krzysztof</b>	<b>1031</b>		M-60	00:00:09	00:20:32	00:41:35	01:02:35	01:24:50
46	<b>PIENIAŻEK Krzysztof</b>	<b>693</b>	INŻYNIERIA BIEGANIA TEAM	M-40	00:00:05	00:20:53	00:42:10	01:03:07	01:24:57
47	<b>PROBE Bartek</b>	<b>729</b>	TWÓJ STARY	M-30	00:00:08	00:20:52	00:42:12	01:03:22	01:24:57
48	<b>CHOMIK Rafał</b>	<b>104</b>	WAY2CHAMP/ PACEMAKER	M-40	00:00:07	00:20:53	00:42:12	01:03:22	01:24:59
49	<b>PIELA Mateusz</b>	<b>692</b>	SZTURM	M-20	00:00:04	00:20:26	00:42:02	01:03:24	01:25:00
50	<b>GROŃ Krystian</b>	<b>259</b>	PACEMAKER	M-20	00:00:07	00:20:53	00:42:13	01:03:22	01:25:00
51	<b>ADAMSKI Krzysztof</b>	<b>2</b>		M-30	00:00:08	00:20:53	00:42:12	01:03:23	01:25:01
52	<b>LIPIŃSKI Tomasz</b>	<b>509</b>	LICHOTA TEAM	M-40	00:00:07	00:20:53	00:42:13	01:03:23	01:25:15
53	<b>RAJTOR Paweł</b>	<b>1049</b>		M-30	00:00:09	00:20:54	00:42:14	01:03:21	01:25:25
54	<b>BROSZ Michał</b>	<b>73</b>		M-50	00:00:07	00:20:50	00:42:13	01:03:35	01:25:39
55	<b>TKACZ Piotr</b>	<b>908</b>		M-30	00:00:19	00:22:06	00:43:24	01:04:13	01:25:44
56	<b>DOBICZEK Łukasz</b>	<b>155</b>		M-30	00:00:08	00:21:12	00:42:58	01:04:24	01:26:10
57	<b>NOWAK Kamil</b>	<b>620</b>		M-30	00:00:14	00:20:48	00:42:06	01:03:29	01:26:16
58	<b>SPYCHAŁSKI Adam</b>	<b>835</b>	LEIBER TEAM	M-40	00:00:04	00:21:14	00:43:07	01:04:46	01:26:17
59	<b>GRAMATYKA Jan</b>	<b>253</b>	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:03	00:21:05	00:42:40	01:04:01	01:26:19
60	<b>ZIELIŃSKI Ireneusz</b>	<b>1008</b>		M-50	00:00:10	00:20:47	00:42:08	01:03:51	01:26:20
61	<b>STOLORZ Katarzyna</b>	<b>853</b>	INŻYNIERIA BIEGANIA	K-30	00:00:12	00:21:14	00:42:57	01:04:18	01:26:25
62	<b>BORSIAK Sebastian</b>	<b>61</b>	OPEL ACTIVE TEAM	M-30	00:00:09	00:20:53	00:42:12	01:03:35	01:26:27
63	<b>DENICKI Przemysław</b>	<b>151</b>	VEGE RUNNERS	M-20	00:00:07	00:21:15	00:43:03	01:04:48	01:26:29
64	<b>MASŁOŃ Błażej</b>	<b>1149</b>	OSP PRUDNIK MAŁY	M-50	00:00:16	00:21:07	00:42:40	01:04:15	01:26:34
65	<b>PALEJ Zuzanna</b>	<b>661</b>		K-20	00:00:07	00:20:54	00:42:32	01:04:03	01:26:43
66	<b>KANIA Michał</b>	<b>346</b>		M-40	00:00:09	00:21:16	00:42:49	01:04:26	01:26:44
67	<b>JĘDZURA Daniel</b>	<b>321</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:09	00:20:51	00:42:18	01:04:12	01:26:51
68	<b>STĘPIEŃ Wojciech</b>	<b>849</b>	COMPANEROS ASFALT TEAM	M-40	00:00:12	00:20:51	00:42:23	01:03:52	01:26:58
69	<b>FIREK Rafał</b>	<b>1060</b>		M-40	00:00:13	00:21:33	00:43:17	01:04:56	01:27:07
70	<b>KRĘŻOŁEK Daniel</b>	<b>441</b>		M-40	00:00:10	00:21:02	00:42:43	01:04:23	01:27:17
71	<b>BERKE Rafał</b>	<b>25</b>	BATORY LOTO	M-40	00:00:07	00:20:33	00:42:23	01:04:13	01:27:21
72	<b>BARAN Ryszard</b>	<b>14</b>		M-30	00:00:05	00:20:34	00:42:13	01:03:56	01:27:33
73	<b>KOŁODZIEJCZYK Łukasz</b>	<b>1121</b>	UKS KOMETA GLIWICE	M-16	00:00:09	00:19:21	00:40:15	01:01:00	01:27:51
74	<b>SAWCZYN Tomasz</b>	<b>792</b>	TI22ES	M-40	00:00:13	00:21:29	00:43:37	01:05:31	01:27:52
75	<b>KLEWANIEC Jakub</b>	<b>373</b>		M-30	00:00:11	00:20:56	00:42:24	01:04:43	01:27:55

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
76	<b>PAJAK Krzysztof</b>	<b>658</b>		M-30	00:00:16	00:21:48	00:44:17	01:06:08	01:27:56
77	<b>NOWICKI Szymon</b>	<b>628</b>		M-30	00:00:34	00:21:26	00:43:03	01:04:35	01:27:59
78	<b>KŁYK Dominik</b>	<b>384</b>		M-30	00:00:08	00:21:20	00:43:14	01:05:27	01:28:04
79	<b>DREJA Zbigi</b>	<b>159</b>		M-40	00:00:18	00:22:46	00:44:54	01:06:09	01:28:09
80	<b>SMYCZEK Bartosz</b>	<b>822</b>	KILOMETROŻERCA	M-30	00:00:16	00:21:01	00:43:02	01:04:55	01:28:16
81	<b>CZEPIGA Jan</b>	<b>130</b>		M-40	00:00:08	00:21:00	00:42:51	01:05:10	01:28:18
82	<b>BANYŚ Jacek</b>	<b>13</b>	MOSTOSTAL ZABRZE UNITED	M-40	00:00:09	00:21:23	00:44:05	01:06:06	01:28:19
83	<b>ŻELIŃSKI Michał</b>	<b>1030</b>	CSC ADVENTURE ACADEMY	M-20	00:00:11	00:21:47	00:43:55	01:05:35	01:28:38
84	<b>SIELSKI Jarosław</b>	<b>804</b>	OPEL ACTIVE TEAM	M-40	00:00:08	00:20:46	00:42:19	01:04:29	01:28:41
85	<b>STACHOWICZ Kamil</b>	<b>837</b>	LECĘBOHCĘ	M-40	00:00:06	00:21:52	00:44:03	01:05:57	01:28:42
86	<b>GOLDA Piotr</b>	<b>1085</b>		M-40	00:00:04	00:22:56	00:45:41	01:07:12	01:28:44
87	<b>TEKLA Krzysztof</b>	<b>907</b>		M-30	00:00:18	00:21:28	00:43:32	01:05:34	01:28:47
88	<b>GRUSZCZYŃSKI Stanisław</b>	<b>263</b>		M-30	00:00:07	00:20:54	00:42:33	01:05:32	01:28:49
89	<b>GABRYŚ Jacek</b>	<b>200</b>		M-30	00:00:13	00:21:59	00:44:36	01:06:34	01:29:04
90	<b>KALUKIEWICZ Dobromił</b>	<b>338</b>	FRAMIGA	M-30	00:00:14	00:21:38	00:43:40	01:05:42	01:29:04
91	<b>FURMAN Paweł</b>	<b>197</b>	HURAGAN LIGOTA	M-30	00:00:16	00:21:46	00:43:59	01:06:09	01:29:09
92	<b>NIKODON Paweł</b>	<b>613</b>	NIKODON DREAM TEAM	M-40	00:00:10	00:20:52	00:42:59	01:05:43	01:29:14
93	<b>ROMIK Krzysztof</b>	<b>1096</b>	HELI POLSKA	M-40	00:00:10	00:21:33	00:43:46	01:06:03	01:29:14
94	<b>TŁOŁKA Michał</b>	<b>909</b>		M-30	00:00:14	00:22:47	00:45:19	01:07:04	01:29:21
95	<b>CICHOŃSKI Damian</b>	<b>111</b>	ORANGE POLSKA	M-40	00:00:05	00:22:58	00:45:46	01:07:21	01:29:23
96	<b>BUBAŁA Łukasz</b>	<b>81</b>		M-30	00:00:07	00:20:56	00:43:23	01:05:57	01:29:24
97	<b>NAWROCKI Szymon</b>	<b>602</b>		M-40	00:00:12	00:22:31	00:45:03	01:07:05	01:29:29
98	<b>ZYGUŁA Piotr</b>	<b>1025</b>	DCWRP	M-40	00:00:12	00:22:31	00:45:03	01:07:05	01:29:29
99	<b>NIEDBAŁ Łukasz</b>	<b>606</b>	GTT - INTER PROJEKT	M-30	00:00:05	00:22:14	00:44:44	01:07:02	01:29:34
100	<b>WOLLNY Kamil</b>	<b>969</b>	EKO-OKNA RUNNERS	M-20	00:00:12	00:21:53	00:44:25	01:06:43	01:29:45
101	<b>GRZYB Dariusz</b>	<b>269</b>	NIEZRZESZONY	M-40	00:00:16	00:22:53	00:45:20	01:07:22	01:29:46
102	<b>ŁOAZA Krzysztof</b>	<b>516</b>	NIGHT RUNNERS PYSKOWICE	M-40	00:00:24	00:22:46	00:45:21	01:07:15	01:29:47
103	<b>LASKOWSKA Katarzyna</b>	<b>492</b>	IB TEAM GLIWICE	K-40	00:00:04	00:20:55	00:42:23	01:05:01	01:29:52
104	<b>STANISZ Marcin</b>	<b>841</b>	NIGHT RUNNERS PYSKOWICE	M-30	00:00:24	00:22:39	00:45:21	01:07:15	01:29:52
105	<b>KRAWCZYK Karol</b>	<b>435</b>		M-30	00:00:10	00:22:00	00:44:25	01:06:46	01:30:04
106	<b>BAK-CESARZ Damian</b>	<b>20</b>	BIEG NA REKORD :)	M-20	00:00:40	00:22:54	00:45:35	01:08:03	01:30:06
107	<b>WÓJCIK Zbigniew</b>	<b>983</b>		M-40	00:00:17	00:22:13	00:44:44	01:07:08	01:30:16
108	<b>GORCZYCKI Arkadiusz</b>	<b>241</b>	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:15	00:22:18	00:45:17	01:07:40	01:30:20
109	<b>ANTOŃCZYK Adam</b>	<b>4</b>		M-50	00:00:10	00:21:06	00:43:37	01:06:18	01:30:26
110	<b>STRZELCZYK Ewa</b>	<b>858</b>	HURAGAN LIGOTA	K-40	00:00:15	00:22:00	00:44:49	01:07:28	01:30:36
111	<b>ZDON Paweł</b>	<b>1002</b>		M-30	00:00:09	00:22:27	00:45:10	01:07:45	01:30:39
112	<b>SZMIGIEL Klaudia</b>	<b>877</b>	WOŹNIAK RUNNING TEAM	K-20	00:00:10	00:21:48	00:44:23	01:07:09	01:30:42
113	<b>ROSKOSZ Rafał</b>	<b>768</b>	PRO WINDOW TEAM TARNOWSKIE GÓRY	M-40	00:00:19	00:22:09	00:44:53	01:07:37	01:30:54
114	<b>BOSOWSKI Tomasz</b>	<b>65</b>		M-40	00:00:20	00:22:34	00:45:14	01:07:34	01:30:54
115	<b>GRZESIKIEWICZ Mariusz</b>	<b>267</b>		M-40	00:00:13	00:22:10	00:44:51	01:07:42	01:30:57
116	<b>HOŁYŃSKI Tomasz</b>	<b>290</b>	ORŁY Z KNUROWA	M-40	00:00:36	00:22:49	00:45:19	01:07:45	01:30:59
117	<b>BIAŁAS Adam</b>	<b>28</b>	GRUPA BIEGOWA 65	M-20	00:00:38	00:21:45	00:44:24	01:07:21	01:30:59
118	<b>BIELA Rafał</b>	<b>38</b>		M-40	00:00:14	00:22:47	00:45:20	01:07:54	01:31:17
119	<b>BRYŁA Grzegorz</b>	<b>76</b>		M-40	00:00:53	00:22:55	00:45:40	01:08:22	01:31:19
120	<b>NIŻNIKIEWICZ Grzegorz</b>	<b>616</b>		M-40	00:00:27	00:22:40	00:45:13	01:07:50	01:31:22

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
121	<b>BUŁAWA Filip</b>	<b>3141</b>	UKS KOMETA GLIWICE	M-16	00:00:10	00:20:28	00:43:13	01:06:09	01:31:25
122	<b>PAWLIKOWSKI Marcin</b>	<b>679</b>	PARKRUN KATOWICE	M-20	00:00:21	00:23:14	00:46:06	01:08:42	01:31:28
123	<b>KULIŚ Jakub</b>	<b>472</b>		M-20	00:00:18	00:23:34	00:46:47	01:09:05	01:31:33
124	<b>NOWAK Adam</b>	<b>622</b>		M-40	00:00:18	00:22:14	00:44:49	01:07:38	01:31:33
125	<b>KURTO Grzegorz</b>	<b>479</b>	BBRUNNERS	M-40	00:00:05	00:22:34	00:45:41	01:08:33	01:31:35
126	<b>KULPA Marek</b>	<b>473</b>	4QM	M-30	00:00:05	00:22:34	00:45:41	01:08:34	01:31:36
127	<b>NOWAK Mariusz</b>	<b>621</b>	HIRSCHVOGEL	M-40	00:00:13	00:22:39	00:46:02	01:08:45	01:31:39
128	<b>PALEJ Dawid</b>	<b>662</b>	PSE	M-20	00:00:07	00:22:44	00:46:02	01:08:52	01:31:42
129	<b>SIERADZKI Dariusz</b>	<b>806</b>	BIEGAJ Z TRENERAMI	M-30	00:00:09	00:22:50	00:45:57	01:08:49	01:31:43
130	<b>KONIECZNA Anna</b>	<b>402</b>		K-20	00:00:09	00:21:18	00:44:18	01:07:23	01:31:52
131	<b>MIRONOWICZ Bartłomiej</b>	<b>576</b>		M-30	00:00:21	00:21:52	00:44:47	01:08:01	01:31:54
132	<b>SIWEK Dariusz</b>	<b>812</b>	NOWINY.PL	M-50	00:00:06	00:22:11	00:45:08	01:08:17	01:32:02
133	<b>ŁATKA Łukasz</b>	<b>514</b>		M-30	00:00:27	00:23:23	00:46:41	01:08:53	01:32:04
134	<b>CIEŚLIK Paweł</b>	<b>115</b>	CHATEAU CHALIN	M-40	00:00:08	00:21:39	00:44:55	01:08:13	01:32:06
135	<b>FURMANEK Łukasz</b>	<b>198</b>	KLUB BIEGACZA SANTANDER CONSUMER BANK	M-30	00:00:08	00:22:03	00:44:46	01:07:45	01:32:08
136	<b>BUJAK Marek</b>	<b>89</b>	#CZELADZBIEGA	M-40	00:00:21	00:22:19	00:44:45	01:07:24	01:32:10
137	<b>CZAJKA Roman</b>	<b>122</b>		M-40	00:00:14	00:22:48	00:46:07	01:09:00	01:32:17
138	<b>GÓRECKI Michał</b>	<b>1095</b>	BPSC	M-40	00:00:13	00:21:35	00:44:16	01:07:25	01:32:20
139	<b>FLORKIEWICZ Sławomir</b>	<b>192</b>		M-50	00:00:12	00:21:52	00:44:32	01:07:42	01:32:27
140	<b>ZADEBERNY Amadeusz</b>	<b>992</b>		M-20	00:00:26	00:22:46	00:45:42	01:08:16	01:32:27
141	<b>CZARNIK Jędrzej</b>	<b>126</b>		M-20	00:00:21	00:23:27	00:46:45	01:09:20	01:32:30
142	<b>WOMELA Maciej</b>	<b>973</b>		M-30	00:00:26	00:23:22	00:46:41	01:09:19	01:32:33
143	<b>MANDOK Bogdan</b>	<b>532</b>		M-40	00:00:03	00:21:11	00:44:57	01:08:30	01:32:35
144	<b>KUSEK Andrzej</b>	<b>1061</b>		M-40	00:00:15	00:22:40	00:45:37	01:08:48	01:32:36
145	<b>KRÓL Dariusz</b>	<b>445</b>	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:04	00:21:58	00:44:57	01:08:28	01:32:40
146	<b>BEHRENDT Jakub</b>	<b>21</b>	LECE BO CHCE	M-40	00:00:28	00:22:43	00:45:32	01:08:37	01:32:50
147	<b>PIETRUSZEWSKI Marcin</b>	<b>695</b>	BIEGAM BO LUBIĘ	M-30	00:00:26	00:23:25	00:46:42	01:09:57	01:32:51
148	<b>NASTULA Dariusz</b>	<b>601</b>		M-30	00:00:16	00:23:30	00:46:49	01:09:40	01:32:55
149	<b>PTAK Bartłomiej</b>	<b>1118</b>		M-40	00:00:21	00:23:28	00:46:47	01:10:23	01:32:56
150	<b>TORBA Kacper</b>	<b>914</b>	JURASSIC RUNNERS	M-20	00:01:02	00:23:51	00:47:24	01:09:33	01:32:56
151	<b>CHEJDYS Krystian</b>	<b>100</b>	BIEGNĘ ALE DOKĄD	M-30	00:00:19	00:23:33	00:46:53	01:10:25	01:33:02
152	<b>WRZESIEŃ Dariusz</b>	<b>986</b>		M-30	00:00:40	00:23:07	00:46:13	01:09:04	01:33:07
153	<b>TRACZUK Marek</b>	<b>915</b>		M-40	00:00:19	00:23:30	00:46:49	01:10:26	01:33:08
154	<b>DUDEK Monika</b>	<b>163</b>	PCHSPORTTEAM	K-30	00:00:04	00:22:42	00:46:07	01:09:39	01:33:10
155	<b>ŁAKOMY Piotr</b>	<b>1087</b>		M-30	00:00:45	00:23:03	00:46:23	01:09:36	01:33:10
156	<b>NYKIEL Mariusz</b>	<b>630</b>	SOCIOS SILESIA	M-30	00:00:16	00:23:31	00:46:51	01:10:27	01:33:11
157	<b>BEŁKOT Arkadiusz</b>	<b>23</b>		M-40	00:00:20	00:23:28	00:46:47	01:09:47	01:33:13
158	<b>BEŚKA Sławomir</b>	<b>26</b>	OCHAJORUN & FRIENDS	M-40	00:00:05	00:20:54	00:44:10	01:09:34	01:33:15
159	<b>DESZYŃSKI Damian</b>	<b>153</b>	ISTA BIEGAMY	M-40	00:01:03	00:23:01	00:46:09	01:09:44	01:33:20
160	<b>DYGDON Paweł</b>	<b>168</b>		M-40	00:00:06	00:22:41	00:45:38	01:08:49	01:33:22
161	<b>SZNYDER Wojciech</b>	<b>879</b>		M-40	00:00:11	00:23:37	00:46:57	01:10:09	01:33:23
162	<b>MAZUR Patrycja</b>	<b>557</b>	HURAGAN LIGOTA	K-40	00:00:16	00:21:59	00:45:19	01:08:54	01:33:23
163	<b>JAROSZYŃSKI Tomasz</b>	<b>1086</b>		M-20	00:00:24	00:23:48	00:47:39	01:10:44	01:33:25
164	<b>WIŚNIEWSKI Jarosław</b>	<b>961</b>	MOSTOSTA:L ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:56	01:09:27	01:33:25
165	<b>PIETYSZUK Darek</b>	<b>697</b>	MOSTOSTAL ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:55	01:09:27	01:33:26

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
166	<b>POŚNIAK Tomasz</b>	<b>724</b>	ISTA	M-30	00:00:05	00:21:01	00:43:24	01:06:52	01:33:29
167	<b>HERNACKI Karol</b>	<b>285</b>	LISWARTA KRZEPICE	M-30	00:00:16	00:22:03	00:44:14	01:07:03	01:33:32
168	<b>WALKOWIAK Piotr</b>	<b>934</b>		M-40	00:00:00	00:23:49	00:47:09	01:10:43	01:33:38
169	<b>MICHALSKI Jarosław</b>	<b>565</b>	HETMAN TARNOWSKIE GÓRY	M-30	00:00:24	00:22:37	00:45:46	01:09:23	01:33:38
170	<b>MALCHERCZYK Grzegorz</b>	<b>527</b>		M-20	00:00:28	00:23:24	00:46:49	01:10:17	01:33:43
171	<b>ZYMELA Dawid</b>	<b>1026</b>		M-30	00:00:21	00:23:30	00:46:52	01:10:24	01:33:47
172	<b>NITKA Sebastian</b>	<b>615</b>		M-40	00:00:03	00:21:55	00:45:21	01:09:10	01:33:51
173	<b>ZIOBER Grzegorz</b>	<b>1017</b>	SPARTA PLATFUS	M-40	00:00:53	00:24:06	00:47:28	01:10:25	01:33:51
174	<b>KASZOWSKI Marcin</b>	<b>354</b>		M-40	00:00:17	00:23:31	00:46:53	01:10:27	01:33:52
175	<b>FINKBEINER Łukasz</b>	<b>188</b>		M-30	00:00:18	00:23:30	00:46:50	01:10:25	01:33:52
176	<b>OPIŁEK Marek</b>	<b>640</b>	EUVIC	M-30	00:00:26	00:23:06	00:46:15	01:09:14	01:33:52
177	<b>PĘCHERCZYK Antoni</b>	<b>684</b>		M-50	00:00:17	00:23:30	00:46:50	01:09:53	01:33:53
178	<b>SIKORA Marek</b>	<b>807</b>	W POGONI ZA DUCHEM	M-40	00:00:15	00:23:10	00:46:49	01:10:04	01:33:54
179	<b>SOBANIA Tomasz</b>	<b>823</b>	PIAST GLIWICE/ PACEMAKER	M-20	00:00:16	00:23:31	00:46:51	01:10:27	01:33:54
180	<b>RATAJCZAK Krystian</b>	<b>1092</b>		M-30	00:00:23	00:23:58	00:47:12	01:10:23	01:33:55
181	<b>MOJ Adam</b>	<b>583</b>		M-30	00:00:26	00:23:25	00:46:48	01:10:21	01:33:55
182	<b>KOWYNIA Grzegorz</b>	<b>423</b>	ANTONTEAM	M-20	00:01:09	00:24:27	00:48:16	01:11:22	01:33:55
183	<b>BIELA Grzegorz</b>	<b>37</b>	GIBKE GIZDY	M-30	00:00:09	00:21:50	00:44:57	01:08:41	01:33:56
184	<b>KAŁAMARZ Mariusz</b>	<b>339</b>		M-40	00:00:06	00:21:52	00:45:09	01:09:28	01:33:58
185	<b>LEWICKI Tomasz</b>	<b>506</b>	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:10	00:22:49	00:46:01	01:09:34	01:33:58
186	<b>CHAŁADYN Sławek</b>	<b>99</b>	INŻYNIERIA BIEGANIA	M-30	00:00:12	00:22:23	00:45:24	01:08:37	01:34:00
187	<b>NIESLER Michał</b>	<b>609</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:07	00:23:34	00:46:58	01:10:05	01:34:01
188	<b>LEWICKA Justyna</b>	<b>505</b>	ISTA BIEGAMY	K-30	00:00:10	00:22:50	00:46:01	01:09:39	01:34:01
189	<b>WENGLORZ Marcin</b>	<b>942</b>	TBF	M-20	00:00:23	00:23:26	00:46:46	01:10:21	01:34:07
190	<b>ODOSZEWSKI Roman</b>	<b>631</b>	OASIS SPORT TEAM	M-40	00:00:11	00:22:04	00:45:27	01:09:29	01:34:10
191	<b>ŚLIWA Paweł</b>	<b>901</b>		M-20	00:00:40	00:23:11	00:46:30	01:10:04	01:34:11
192	<b>KWIATKOWSKI Grzegorz</b>	<b>489</b>		M-40	00:00:11	00:21:15	00:44:37	01:09:10	01:34:12
193	<b>BORTEL Mirosław</b>	<b>62</b>	40 LATEK SPLA TYCHY	M-40	00:00:01	00:22:58	00:47:05	01:10:19	01:34:17
194	<b>WILK Dawid</b>	<b>954</b>	PACEMAKER	M-30	00:00:16	00:23:31	00:46:53	01:10:29	01:34:17
195	<b>ORZECH Michał</b>	<b>645</b>	MUSTANGI GLIWICE	M-30	00:00:15	00:23:09	00:46:38	01:09:41	01:34:18
196	<b>KRAICZICZEK Krzysztof</b>	<b>431</b>	KELLER WILLIAMS POWER TEAM	M-40	00:00:25	00:23:23	00:46:44	01:10:23	01:34:18
197	<b>OSOJCA Mariusz</b>	<b>649</b>	FLUOR	M-40	00:01:00	00:23:49	00:47:33	01:10:40	01:34:20
198	<b>KILAN Przemysław</b>	<b>366</b>	KB FLORIAN ZAJĄCZKI DRUGIE	M-20	00:00:07	00:20:53	00:42:31	01:06:17	01:34:28
199	<b>WÓJCIK Dariusz</b>	<b>981</b>		M-40	00:00:13	00:22:20	00:45:29	01:09:15	01:34:30
200	<b>UKLAŃSKI Krzysztof</b>	<b>925</b>	EUVIC	M-20	00:00:19	00:23:29	00:46:48	01:10:25	01:34:31
201	<b>KRUK Grzegorz</b>	<b>449</b>		M-50	00:00:22	00:23:35	00:47:10	01:10:44	01:34:31
202	<b>MAY-MAJEWSKI Michał</b>	<b>551</b>	4 M	M-30	00:00:24	00:23:38	00:47:18	01:10:49	01:34:33
203	<b>ROGOSZ Michał</b>	<b>764</b>		M-30	00:00:28	00:24:17	00:48:33	01:12:19	01:34:35
204	<b>REMIORZ Piotr</b>	<b>1071</b>		M-50	00:00:36	00:22:55	00:46:26	01:10:25	01:34:39
205	<b>KRZYCKI Łukasz</b>	<b>454</b>		M-30	00:00:38	00:24:24	00:48:14	01:11:40	01:34:43
206	<b>GDOWSKI Sławek</b>	<b>216</b>	SPASIONE MIŚKI	M-30	00:00:19	00:23:33	00:46:57	01:10:33	01:34:50
207	<b>SEROCKI Michał</b>	<b>799</b>		M-30	00:00:30	00:23:33	00:47:01	01:10:33	01:34:52
208	<b>ŻABIŃSKI Tomasz</b>	<b>1027</b>		M-20	00:00:18	00:23:33	00:47:00	01:10:35	01:34:59
209	<b>MIECZNIKOWSKI Jacek</b>	<b>569</b>		M-40	00:00:19	00:22:54	00:46:25	01:09:53	01:35:01
210	<b>KUBERA Dawid</b>	<b>457</b>	ALWAYSINMOTION.PL	M-30	00:00:11	00:22:05	00:45:52	01:10:39	01:35:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
211	WASZAK Damian	937		M-40	00:00:31	00:24:23	00:48:28	01:11:59	01:35:18
212	GRZONDZIEL Mirek	268	HURAGAN LIGOTA	M-40	00:00:18	00:23:31	00:46:54	01:10:50	01:35:22
213	POJDA Grzegorz	716	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-40	00:00:21	00:23:09	00:46:42	01:10:26	01:35:22
214	WIELOCH Agnieszka	947	HURAGAN LIGOTA/AMBITNI AMATORZY	K-30	00:00:20	00:23:31	00:47:23	01:11:15	01:35:24
215	MACHALICA Dominik	1062		M-30	00:00:35	00:23:16	00:46:41	01:10:29	01:35:27
216	BEHRENDT Bartek	1045		M-50	00:00:57	00:23:45	00:47:13	01:11:25	01:35:28
217	WYRZGOL Andrzej	988		M-40	00:00:32	00:23:29	00:47:20	01:11:26	01:35:29
218	BROLL Rafał	72		M-40	00:00:17	00:23:30	00:46:50	01:10:42	01:35:35
219	BURCZYK Klaudiusz	94		M-30	00:00:08	00:22:29	00:45:42	01:09:21	01:35:37
220	MAZUR Krzysztof	552	OPEL ACTIVE TEAM	M-40	00:01:01	00:24:03	00:47:43	01:11:11	01:35:45
221	DYMEK Bartosz	172		M-30	00:00:56	00:24:15	00:48:26	01:11:59	01:35:46
222	MEJER Krzysztof	559	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M-50	00:00:17	00:23:15	00:46:46	01:10:34	01:35:48
223	RUSZCZYK Marek	775		M-40	00:00:24	00:23:33	00:47:28	01:11:18	01:35:48
224	BOGACZ Paweł	52		M-30	00:00:13	00:22:51	00:46:51	01:11:02	01:35:49
225	OWCZAREK Paweł	653		M-40	00:00:30	00:24:06	00:48:05	01:11:38	01:35:53
226	RYBIŃSKI Łukasz	780	EŁKA TEAM	M-30	00:00:44	00:23:10	00:46:53	01:10:53	01:35:54
227	GRAETSCH Sebastian	252	VATTENFALL	M-30	00:00:09	00:21:03	00:44:42	01:09:32	01:35:55
228	PURCZYNSKI Jan	744		M-50	00:00:36	00:24:31	00:48:35	01:12:26	01:35:59
229	SZAFRAŃSKI Michał	868		M-40	00:00:23	00:23:34	00:47:29	01:11:35	01:36:00
230	RAWŁUSZEWICZ Waldemar	756		M-50	00:00:16	00:23:43	00:47:25	01:11:03	01:36:03
231	ZIELIŃSKI Jacek	1009		M-30	00:01:05	00:23:55	00:47:37	01:11:07	01:36:03
232	MIKULSKI Jacek	573		M-30	00:00:20	00:23:50	00:47:27	01:11:16	01:36:06
233	BAJOREK Dawid	9	BIEGAM W KATO	M-20	00:00:11	00:24:07	00:48:30	01:12:14	01:36:09
234	TANISTRA - SŁOWIK Katarzyna	906	HURAGAN LIGOTA	K-40	00:00:20	00:23:27	00:46:51	01:11:04	01:36:09
235	BOTOR Mateusz	67		M-30	00:00:28	00:23:38	00:47:25	01:11:32	01:36:11
236	SKRZYPEK Krzysztof	817		M-40	00:00:18	00:23:34	00:47:31	01:11:34	01:36:24
237	WOŁOSZ Marcin	972	QUERCUS ON TOUR	M-40	00:00:33	00:23:57	00:48:10	01:12:14	01:36:26
238	JANECZEK Marek	303		M-40	00:00:17	00:23:34	00:47:10	01:11:25	01:36:27
239	NOWAKOWSKI Dominik	1078		M-20	00:00:11	00:21:21	00:46:48	01:10:23	01:36:29
240	KLEPACKA-GANCARZ Barbara	372	MUSTANGI GLIWICE	K-40	00:00:16	00:23:08	00:47:26	01:11:36	01:36:29
241	MŁYŃCZAK Piotr	579	EUVIC GLIWICE	M-40	00:00:30	00:23:38	00:47:30	01:11:37	01:36:29
242	ZIELONKA Jacek	1011	PSOFIX	M-30	00:00:53	00:23:55	00:48:12	01:12:17	01:36:35
243	SAKOWSKI Maciej	788	HURAGAN LIGOTA	M-40	00:00:17	00:23:30	00:46:50	01:11:06	01:36:40
244	TYSZKIEWICZ Cuma	920		M-40	00:00:54	00:23:45	00:47:53	01:11:55	01:36:50
245	MOJ Tomasz	582		M-40	00:00:23	00:23:26	00:46:48	01:10:56	01:36:57
246	HERTMAN Paweł	286		M-20	00:00:18	00:23:33	00:47:00	01:10:45	01:36:59
247	WÓJCIK Rafał	977		M-40	00:00:20	00:23:32	00:47:16	01:11:43	01:37:09
248	WIDERA Marek	944	SORBCHEM	M-30	00:00:30	00:23:07	00:46:31	01:10:31	01:37:09
249	NORBERT Teichmann	619		M-50	00:00:00	00:24:17	00:48:38	01:12:05	01:37:19
250	NIESZPOREK Adam	610	RUN-3	M-40	00:00:15	00:23:15	00:46:51	01:11:00	01:37:19
251	SOTER Bartłomiej	833		M-30	00:01:07	00:23:56	00:48:10	01:12:02	01:37:24
252	MARCINIAK Rafał	535	1986	M-30	00:01:14	00:24:48	00:49:26	01:13:43	01:37:43
253	BUKOWIEC Szymon	92		M-20	00:00:16	00:23:27	00:48:01	01:12:21	01:37:45
254	JUDA Artur	324		M-40	00:00:32	00:24:20	00:48:34	01:12:48	01:37:50
255	NITARSKI Patryk	614	NIGHT RUNNERS GLIWICE	M-40	00:00:36	00:24:15	00:48:30	01:12:56	01:37:52

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
256	ZIÓŁKOWSKI Grzegorz	1018		M-50	00:00:30	00:23:20	00:46:42	01:10:53	01:37:55
257	PIKULSKI Łukasz	699		M-30	00:00:27	00:23:37	00:47:42	01:12:08	01:37:56
258	PILCH-NANOWSKA Agnieszka	701		K-40	00:00:22	00:23:49	00:48:14	01:13:03	01:37:59
259	CYGAN Piotr	120		M-50	00:00:42	00:24:08	00:48:24	01:12:43	01:37:59
260	CHRZAŚCIK Tomasz	105		M-30	00:00:39	00:24:16	00:48:30	01:13:03	01:38:03
261	PLUCIŃSKI Michał	709		M-30	00:00:39	00:23:50	00:48:03	01:12:45	01:38:06
262	BRODEK Andrzej	69	CERTUM	M-50	00:00:10	00:22:33	00:46:52	01:11:56	01:38:07
263	JĘDRUŚ Jakub	319	DZIK LIGOTA	M-20	00:00:03	00:22:30	00:48:18	01:13:26	01:38:08
264	SKORUPA Mariusz	1106		M-40	00:00:39	01:12:23			01:38:08
265	GŁOGOWSKI Konrad	228		M-30	00:00:22	00:24:25	00:49:15	01:13:45	01:38:11
266	JAGIEŁA Michał	300		M-30	00:00:07	00:24:19	00:48:49	01:13:14	01:38:14
267	RYGOL Daniel	782	GIBKE GIZDY	M-20	00:00:17	00:23:41	00:47:56	01:12:46	01:38:15
268	HOMOTIUK Michał	291		M-40	00:00:29	00:23:54	00:48:34	01:13:01	01:38:17
269	KOPEĆ Tomasz	406		M-40	00:00:13	00:23:03	00:47:29	01:12:10	01:38:19
270	WOJTUKIEWICZ Artur	967	DHL RUN CLUB	M-40	00:00:24	00:24:52	00:49:46	01:14:09	01:38:22
271	BUK Marcin	91	TRIDIVISION	M-30	00:00:48	00:23:39	00:47:46	01:12:44	01:38:25
272	KRÓL Artur	446	NGK RUNNING TEAM	M-30	00:00:20	00:24:56	00:49:50	01:14:13	01:38:26
273	SROCZYŃSKI Dariusz	836		M-40	00:00:20	00:24:55	00:49:50	01:14:13	01:38:26
274	SKLORZ Marcin	813		M-20	00:00:36	00:24:20	00:48:36	01:12:58	01:38:32
275	JABŁOŃSKI Łukasz	298	FIS-SST TEAM	M-20	00:01:42	00:25:11	00:49:27	01:13:47	01:38:34
276	KURCZEK Tomasz	477		M-40	00:00:45	00:24:52	00:49:57	01:14:24	01:38:35
277	PRZYŁUDZKI Janusz	741		M-60	00:00:45	00:24:47	00:49:56	01:14:16	01:38:36
278	WÓJCIKOWSKI Mateusz	982	ANICA TEAM	M-20	00:00:23	00:23:28	00:47:05	01:12:00	01:38:41
279	TRZEWICZEK Marcin	917		M-40	00:00:28	00:22:48	00:46:22	01:10:37	01:38:42
280	WIERZCHOWSKI Jędrzej	949		M-30	00:00:34	00:24:16	00:48:31	01:12:58	01:38:44
281	STOPPEL Piotr	854		M-20	00:00:43	00:24:29	00:49:21	01:13:53	01:38:47
282	GAWENDA Dariusz	210		M-40	00:00:35	00:24:12	00:49:10	01:13:59	01:38:49
283	ŻMIJEWSKI Dariusz	1094		M-50	00:00:38	00:23:40	00:47:55	01:12:35	01:38:53
284	RAK-SŁOMCZYŃSKA Magdalena	753		K-30	00:00:35	00:23:47	00:48:16	01:13:05	01:38:59
285	ŻABICKI Mariusz	1091		M-30	00:00:26	00:24:02	00:48:45	01:13:21	01:39:03
286	KOZIOŁ Artur	428	PORANNY PATROL	M-40	00:01:35	00:24:18	00:48:46	01:13:35	01:39:06
287	KOCUR Patryk	391		M-40	00:00:21	00:24:31	00:48:49	01:13:06	01:39:08
288	PUŁA Adrian	743	SREBRNI BIEGACZE TG / SZOMBIERKI DREAM TEAM	M-40	00:00:48	00:25:15	00:50:09	01:14:29	01:39:11
289	SMYK Robert	1050	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:24:16	00:48:38	01:12:57	01:39:19
290	MORCHAT Paweł	586	#CZELADZBIEGA	M-40	00:00:50	00:24:47	00:49:53	01:14:17	01:39:19
291	MACZUGA Bartłomiej	522	PACEMAKER	M-30	00:00:34	00:24:16	00:48:31	01:12:58	01:39:20
292	STANACH Tomasz	840		M-20	00:00:35	00:24:17	00:48:37	01:12:52	01:39:28
293	OSZYWA Damian	1065		M-30	00:00:19	00:23:34	00:47:29	01:12:34	01:39:35
294	ZWOLIŃSKI Gabriel	1023	AERO-SYSTEM.PL	M-30	00:00:19	00:23:33	00:48:05	01:13:34	01:39:43
295	PIETRAS Sylwia	694	MIECHOWICKA GRUPA BIEGOWA	K-30	00:00:14	00:24:56	00:50:17	01:15:11	01:39:44
296	STASIOWSKI Dawid	844	DTIQ POLAND	M-20	00:01:42	00:24:46	00:49:44	01:13:49	01:39:46
297	MRZYK Ireneusz	590	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:00:38	00:24:26	00:49:09	01:14:16	01:39:53
298	ROSADA Zdzisław	767		M-60	00:00:36	00:24:14	00:48:24	01:12:43	01:39:54
299	PYZIK Tomasz	749	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:57	00:24:37	00:49:37	01:14:20	01:39:55
300	KRAJEWSKI Radosław	433		M-30	00:00:23	00:24:01	00:48:41	01:13:53	01:39:57

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
301	<b>BLOCH</b> Grzegorz	<b>43</b>	WR1 OYAMA KARATE KATOWICE	M-30	00:00:29	00:23:21	00:47:33	01:12:35	01:40:01
302	<b>NASIENIAK-CZECH</b> Anna	<b>600</b>		K-40	00:00:44	00:25:05	00:50:09	01:14:44	01:40:01
303	<b>PŁATEK</b> Michał	<b>711</b>		M-20	00:00:00				01:40:02
304	<b>MACYSZUJ</b> Waldemar	<b>1054</b>		M-50	00:00:45	00:24:43	00:49:22	01:14:12	01:40:05
305	<b>MYSLIWIEC</b> Wojciech	<b>595</b>	DYSTANS LUBOMIA	M-30	00:00:20	00:23:29	00:47:01	01:13:03	01:40:06
306	<b>DOBOSZ</b> Daniel	<b>156</b>		M-40	00:00:41	00:23:15	00:47:45	01:13:08	01:40:06
307	<b>PUDLO</b> Arkadiusz	<b>1051</b>	DASIS TEAM CLUB	M-40	00:00:24	00:23:24	00:47:22	01:13:04	01:40:15
308	<b>ADAMSKI</b> Daniel	<b>1066</b>		M-30	00:01:55	00:24:31	00:49:33	01:14:15	01:40:16
309	<b>SIELSKA</b> Joanna	<b>803</b>	OPEL ACTIVE TEAM	K-40	00:00:09	00:24:06	00:48:55	01:13:57	01:40:22
310	<b>OZYP</b> Mariusz	<b>654</b>		M-30	00:00:02	00:24:32	00:49:32	01:14:38	01:40:26
311	<b>SOWIAR</b> Maciej	<b>1102</b>	ANTONTEAM	M-20	00:00:35	00:24:21	00:48:54	01:13:16	01:40:26
312	<b>KURNAKOWSKI</b> Michał	<b>478</b>	BIEGACZE MOGA DŁUŻEJ	M-30	00:00:51	00:25:10	00:50:32	01:15:33	01:40:26
313	<b>KAJSTURA</b> Tomasz	<b>335</b>		M-30	00:00:32	00:24:34	00:49:01	01:13:53	01:40:39
314	<b>DOMAŃSKI</b> Marcin	<b>1067</b>	RUNNINGFISH74	M-40	00:00:48	00:25:08	00:49:56	01:14:51	01:40:39
315	<b>WASIK</b> Marcin	<b>936</b>	MUSTANGI GLIWICE	M-40	00:00:36	00:24:16	00:48:38	01:13:03	01:40:40
316	<b>POLUS</b> Agnieszka	<b>719</b>		K-20	00:00:54	00:24:16	00:48:50	01:14:00	01:40:42
317	<b>SALAMON</b> Emil	<b>789</b>	OPEL ACTIVE TEAM	M-30	00:00:26	00:24:47	00:49:37	01:14:29	01:40:54
318	<b>UJMA</b> Michał	<b>924</b>		M-30	00:00:16	00:23:52	00:48:50	01:14:38	01:40:57
319	<b>LASICZ</b> Aleksandra	<b>1111</b>		K-40	00:00:58	00:25:01	00:49:45	01:14:55	01:41:04
320	<b>GIEMZA</b> Armin	<b>222</b>		M-20	00:01:10	00:24:24	00:48:21	01:13:03	01:41:04
321	<b>SCHAB</b> Bartłomiej	<b>793</b>		M-30	00:01:10	00:24:33	00:49:28	01:14:35	01:41:13
322	<b>JANTAS</b> Andrzej	<b>310</b>		M-50	00:00:57	00:24:58	00:50:09	01:15:32	01:41:15
323	<b>WOŹNICZKO</b> Robert	<b>976</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:28	00:24:53	00:50:11	01:15:44	01:41:16
324	<b>PŁONKA</b> Krzysztof	<b>712</b>		M-50	00:00:34	00:24:07	00:48:28	01:13:27	01:41:22
325	<b>ROSEK</b> Jarosław	<b>1057</b>		M-40	00:00:39	00:24:12	00:48:34	01:13:16	01:41:25
326	<b>PACUŁA</b> Piotr	<b>656</b>	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:01	00:24:22	00:49:30	01:15:18	01:41:26
327	<b>MEOSSI</b> Alessandro	<b>560</b>		M-20	00:01:00	00:27:09	00:54:45	01:17:55	01:41:26
328	<b>BICZYSKI</b> Paweł	<b>35</b>		M-30	00:00:35	00:24:16	00:48:46	01:14:17	01:41:34
329	<b>ADAMCZAK</b> Barbara	<b>1</b>	TRAVOIS	K-30	00:00:48	00:25:09	00:50:04	01:15:28	01:41:34
330	<b>GOLA</b> Daniel	<b>236</b>		M-20	00:00:36	00:24:37	00:49:41	01:14:54	01:41:36
331	<b>MATUSZNY</b> Krzysztof	<b>549</b>		M-20	00:00:27	00:25:21	00:51:13	01:16:13	01:41:38
332	<b>SZOTA</b> Wojciech	<b>886</b>		M-40	00:00:39	00:26:59	00:53:00	01:17:56	01:41:41
333	<b>SZOTA</b> Magdalena	<b>885</b>		K-40	00:00:39	00:25:03	00:50:26	01:16:03	01:41:42
334	<b>URBASIK</b> Mariusz	<b>931</b>		M-50	00:00:34	00:24:53	00:50:03	01:15:33	01:41:49
335	<b>LUBICKI</b> Wojciech	<b>512</b>	BRAK	M-50	00:00:16	00:24:35	00:49:29	01:15:07	01:41:54
336	<b>ORLIK</b> Jerzy	<b>644</b>		M-60	00:00:10	00:23:31	00:48:37	01:14:35	01:42:02
337	<b>CZERNEK</b> Marek	<b>131</b>	BIEGAJ Z TRENERAMI	M-40	00:00:17	00:24:33	00:49:32	01:15:43	01:42:02
338	<b>HERLICZKA</b> Tomasz	<b>284</b>	AML FLY TEAM	M-40	00:00:59	00:25:30	00:51:28	01:16:51	01:42:02
339	<b>WEISS</b> Filip	<b>1043</b>		M-30	00:00:49	00:25:14	00:50:19	01:15:29	01:42:06
340	<b>BAUC</b> Bartłomiej	<b>19</b>	LEDWO ŻYWY	M-30	00:00:38	00:24:15	00:49:13	01:14:50	01:42:09
341	<b>TYSZKO</b> Berenika	<b>922</b>		K-20	00:00:43	00:25:18	00:50:41	01:15:53	01:42:09
342	<b>GRESZTA</b> Grzegorz	<b>256</b>	JAH RASTA	M-30	00:00:51	00:24:01	00:48:37	01:14:10	01:42:10
343	<b>ŚLIWAKOWSKI</b> Damian	<b>902</b>		M-20	00:01:18	00:25:33	00:51:10	01:17:04	01:42:12
344	<b>STRĄCAŁA</b> Paweł	<b>855</b>		M-20	00:00:41	00:24:47	00:50:10	01:15:27	01:42:13
345	<b>RĄB</b> Agnieszka	<b>758</b>		K-40	00:00:43	00:24:41	00:49:41	01:15:24	01:42:13



Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
346	<b>CEDRO Damian</b>	<b>97</b>	BOSSE NOGI MALINKA OPOLE	M-40	00:00:21	00:24:44	00:50:06	01:15:44	01:42:16
347	<b>ZMACZYŃSKI Andrzej</b>	<b>1019</b>	WAY2CHAMP	M-30	00:00:33	00:23:46	00:48:59	01:15:33	01:42:19
348	<b>SMUDA Andrzej</b>	<b>821</b>	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:45	00:25:32	00:50:52	01:16:35	01:42:21
349	<b>JURECZKO Monika</b>	<b>328</b>		K-40	00:00:45	00:24:18	00:50:07	01:15:30	01:42:21
350	<b>GDYNIA Daniel</b>	<b>218</b>		M-30	00:00:55	00:24:39	00:49:49	01:15:07	01:42:22
351	<b>KROCZYK Lesław</b>	<b>443</b>		M-40	00:00:55	00:24:39	00:49:49	01:15:07	01:42:22
352	<b>PACZKA Michał</b>	<b>657</b>	GLIWICE	M-50	00:00:51	00:26:48	00:52:45	01:17:33	01:42:25
353	<b>BANACH Magda</b>	<b>10</b>		K-20	00:00:37	00:24:36	00:49:34	01:14:44	01:42:27
354	<b>GAWROŃSKI Ireneusz</b>	<b>214</b>	AMATOR	M-50	00:01:11	00:24:50	00:50:01	01:15:38	01:42:27
355	<b>KISIECKI Damian</b>	<b>367</b>	NOVA TRADING STALE BIEGAM	M-30	00:00:00				01:42:29
356	<b>NAWROCKI Paweł</b>	<b>1055</b>		M-50	00:00:45	00:24:44	00:49:54	01:15:43	01:42:32
357	<b>ICIEK Mariusz</b>	<b>296</b>	AKTYWNI KAMIEŃSK	M-40	00:01:01	00:25:19	00:51:04	01:16:31	01:42:32
358	<b>SULIN Marek</b>	<b>863</b>	SPARTANIE DZIECIOM	M-40	00:00:13	00:24:19	00:49:40	01:16:07	01:42:35
359	<b>PETRYNA Bartosz</b>	<b>683</b>	OCHAJORUN & FRIENDS	M-30	00:00:48	00:24:53	00:50:16	01:15:48	01:42:35
360	<b>MAŁEK Mirosław</b>	<b>531</b>	WUJEK BIEGA	M-40	00:00:00				01:42:42
361	<b>SOSNOWSKI Maciej</b>	<b>831</b>		M-30	00:00:49	00:24:28	00:49:46	01:15:39	01:42:43
362	<b>MARCINIAK Krzysztof</b>	<b>537</b>		M-30	00:01:01	00:25:44	00:51:34	01:16:56	01:42:43
363	<b>JĘDRYKA Piotr</b>	<b>320</b>	DRIV	M-40	00:00:12	00:24:14	00:49:42	01:15:48	01:42:47
364	<b>CIEŚLAR Stanisław</b>	<b>114</b>		M-30	00:00:48	00:26:10	00:51:42	01:17:18	01:42:51
365	<b>SZOBLIK Łukasz</b>	<b>880</b>		M-30	00:00:48	00:26:11	00:51:51	01:17:19	01:42:51
366	<b>ZEGARTOWSKI Grzegorz</b>	<b>1003</b>	DTIQ POLAND	M-40	00:00:59	00:25:26	00:51:29	01:16:56	01:42:51
367	<b>BŁOŃSKA Monika</b>	<b>48</b>		K-30	00:00:24	00:25:41	00:51:22	01:16:22	01:42:52
368	<b>GANCARZ Maciej</b>	<b>205</b>	MUSTANGI GLIWICE	M-40	00:00:16	00:23:19	00:48:12	01:14:37	01:42:53
369	<b>GRABOWSKI Maciej</b>	<b>247</b>		M-30	00:01:20	00:24:50	00:50:27	01:15:59	01:42:54
370	<b>PNIEWSKI Mariusz</b>	<b>713</b>		M-30	00:00:54	00:25:37	00:51:23	01:16:48	01:42:55
371	<b>SZOŁTYSEK Piotr</b>	<b>882</b>		M-40	00:00:50	00:25:45	00:51:29	01:17:29	01:42:58
372	<b>ĆWIKŁA Kamil</b>	<b>141</b>	HARPAGANY	M-30	00:00:00	00:25:13			01:43:03
373	<b>KOSAŁKA Beata</b>	<b>413</b>		K-30	00:00:54	00:26:03	00:51:48	01:17:08	01:43:03
374	<b>CHYLIŃSKI Krzysztof</b>	<b>109</b>		M-30	00:01:31	00:25:54	00:52:04	01:17:02	01:43:08
375	<b>STOJAK Paweł</b>	<b>851</b>		M-30	00:00:46	00:25:13	00:50:53	01:17:00	01:43:09
376	<b>GRACZYK Zbigniew</b>	<b>250</b>		M-40	00:01:03	00:25:58	00:51:36	01:17:23	01:43:12
377	<b>PISULA Dariusz</b>	<b>705</b>		M-20	00:01:14	00:25:40	00:51:23	01:17:09	01:43:12
378	<b>STEC Marcin</b>	<b>847</b>	KW GLIWICE	M-40	00:01:12	00:24:46	00:50:38	01:16:28	01:43:13
379	<b>STRZELCZYK Tomasz</b>	<b>859</b>	HURAGAN LIGOTA	M-40	00:01:01	00:25:35	00:51:28	01:17:25	01:43:16
380	<b>KAMPKA Aleksander</b>	<b>345</b>		M-40	00:00:54	00:25:36	00:51:35	01:17:31	01:43:18
381	<b>GARBACZ Damian</b>	<b>206</b>		M-30	00:00:24	00:23:02	00:47:55	01:14:52	01:43:19
382	<b>OSTROWSKI Rafał</b>	<b>652</b>		M-40	00:00:51	00:24:03	00:48:59	01:15:07	01:43:19
383	<b>PIASECKI Mariusz</b>	<b>690</b>		M-30	00:00:59	00:25:13	00:51:10	01:17:05	01:43:19
384	<b>SIATA Sebastian</b>	<b>801</b>	DRIV	M-40	00:01:07	00:25:01	00:51:20	01:17:14	01:43:19
385	<b>STRZAŁKA Tomasz</b>	<b>857</b>		M-20	00:01:44	00:24:53	00:50:00	01:15:26	01:43:22
386	<b>POKRYSZKA Bartosz</b>	<b>717</b>		M-30	00:00:52	00:25:39	00:51:47	01:17:27	01:43:24
387	<b>BRZOSKA Elżbieta</b>	<b>79</b>	NIGHT RUNNERS PYSKOWICE	K-40	00:00:52	00:25:28	00:51:20	01:17:22	01:43:32
388	<b>NOWOK Michał</b>	<b>629</b>	CARBON OCR RACING TEAM	M-20	00:00:55	00:25:24	00:51:31	01:17:26	01:43:33
389	<b>KULIGOWSKI Piotr</b>	<b>470</b>		M-20	00:01:43	00:25:02	00:50:31	01:15:46	01:43:34
390	<b>SKÓRA Aneta</b>	<b>1044</b>		K-30	00:00:48	00:25:01	00:50:47	01:17:06	01:43:35

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
391	<b>GOCAL Łukasz</b>	<b>233</b>		M-30	00:00:51	00:25:10	00:51:16	01:17:17	01:43:37
392	<b>ZIELONKA Tomasz</b>	<b>1010</b>		M-20	00:00:52	00:25:28	00:51:36	01:17:31	01:43:37
393	<b>KUC Marcin</b>	<b>1105</b>	AUGUSTEAM	M-40	00:00:35	00:24:58	00:51:02	01:16:42	01:43:39
394	<b>KAŁUŻA Arkadiusz</b>	<b>340</b>	PACEMAKER	M-40	00:00:47	00:25:32	00:51:40	01:17:34	01:43:40
395	<b>JURCZYGA Maciej</b>	<b>326</b>		M-40	00:01:22	00:25:51	00:52:07	01:17:35	01:43:41
396	<b>KOPPEL Bartłomiej</b>	<b>409</b>		M-30	00:00:29	00:23:54	00:49:27	01:16:06	01:43:42
397	<b>FRĄC Dariusz</b>	<b>1036</b>	1:50	M-40	00:00:46	00:25:34	00:51:41	01:17:36	01:43:42
398	<b>WIEKIERA Adam</b>	<b>946</b>		M-30	00:00:45	00:25:34	00:51:42	01:17:38	01:43:43
399	<b>JAWOREK Jacek</b>	<b>314</b>	JBC TEAM	M-30	00:00:46	00:25:46	00:51:08	01:16:45	01:43:43
400	<b>WAWRZAK Ryszard</b>	<b>940</b>	PACEMAKER	M-40	00:00:46	00:25:43	00:51:42	01:17:36	01:43:43
401	<b>KĄDZIELA Jan</b>	<b>359</b>		M-40	00:00:52	00:24:19	00:49:40	01:16:05	01:43:44
402	<b>SIDORSKI Robert</b>	<b>802</b>	OPEL ACTIVE TEAM	M-40	00:00:00	00:26:05	00:51:16	01:16:53	01:43:45
403	<b>KŁUJSZO Karol</b>	<b>383</b>	QUYSHO SQUADRON	M-30	00:00:42	00:24:54	00:50:06	01:15:44	01:43:46
404	<b>MŁYŃCZAK Arkadiusz</b>	<b>580</b>	RUN AND FUN	M-40	00:00:48	00:25:58	00:52:07	01:18:07	01:43:47
405	<b>BUGIEL Rafał</b>	<b>88</b>		M-30	00:00:49	00:25:17	00:50:55	01:16:43	01:43:47
406	<b>BRZEZIŃSKI Przemysław</b>	<b>78</b>		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
407	<b>RUTKOWSKI Michał</b>	<b>777</b>		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
408	<b>JANIKOWSKI Michał</b>	<b>307</b>		M-40	00:00:27	00:24:00	00:49:39	01:16:01	01:43:50
409	<b>GŁUSZYK Joanna</b>	<b>232</b>	WAY2CHAMP	K-40	00:00:35	00:25:01	00:50:28	01:16:43	01:43:53
410	<b>GAWEŁKO Janusz</b>	<b>208</b>		M-50	00:00:57	00:25:14	00:51:01	01:17:06	01:43:56
411	<b>STRUG Mariusz</b>	<b>856</b>		M-40	00:00:59	00:25:29	00:51:29	01:17:25	01:43:57
412	<b>BUŁAWA Grzegorz</b>	<b>93</b>	GB-ARCH.PL ARCHITEKT GRZEGORZ BUŁAWA	M-40	00:00:46	00:25:37	00:51:46	01:17:41	01:44:00
413	<b>DREWNIAK Marcin</b>	<b>160</b>		M-20	00:01:41	00:25:49	00:51:46	01:17:41	01:44:01
414	<b>HAJOK Marek</b>	<b>275</b>		M-40	00:00:47	00:25:30	00:51:31	01:17:37	01:44:03
415	<b>MATURA Roman</b>	<b>548</b>		M-30	00:00:13	00:25:44	00:52:15	01:18:02	01:44:10
416	<b>SZNURA Piotr</b>	<b>878</b>	ISTA BIEGAMY	M-20	00:01:05	00:25:25	00:50:47	01:16:31	01:44:10
417	<b>CZAJKA Krzysztof</b>	<b>1077</b>		M-30	00:00:40	00:25:09	00:50:48	01:16:40	01:44:12
418	<b>MOCEK Roman</b>	<b>581</b>		M-50	00:01:55	00:26:45	00:53:37	01:18:46	01:44:14
419	<b>RĄB Łukasz</b>	<b>757</b>		M-40	00:00:00	00:26:05	00:51:52	01:17:57	01:44:16
420	<b>TOCZYDŁOWSKI Łukasz</b>	<b>910</b>		M-30	00:01:56	00:26:43	00:53:36	01:18:44	01:44:17
421	<b>KOWAL Piotr</b>	<b>416</b>	-----	M-40	00:00:42	00:25:20	00:51:22	01:17:16	01:44:18
422	<b>CIEŚLA Arkadiusz</b>	<b>113</b>	BIEGAMY Z SERCEM.PL	M-40	00:00:42	00:25:34	00:51:09	01:16:41	01:44:20
423	<b>OPOREK Sebastian</b>	<b>642</b>		M-40	00:00:32	00:26:04	00:52:07	01:17:55	01:44:22
424	<b>RENKE Piotr</b>	<b>760</b>	EWA BUGDOŁ TEAM	M-40	00:00:00	00:25:30	00:51:00	01:16:51	01:44:23
425	<b>BARYLAK Łukasz</b>	<b>16</b>		M-20	00:01:56	00:25:26	00:51:45	01:17:20	01:44:32
426	<b>OLEJNICZAK Dominik</b>	<b>635</b>		M-40	00:01:34	00:28:21	00:54:28	01:19:24	01:44:38
427	<b>BOCHEŃSKA Agnieszka</b>	<b>51</b>	MOMO TEAM	K-40	00:00:46	00:25:03	00:50:55	01:17:09	01:44:39
428	<b>BRZEZINA Arkadiusz</b>	<b>77</b>	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-40	00:00:47	00:24:56	00:50:44	01:16:46	01:44:42
429	<b>OLCZYK Karina</b>	<b>634</b>		K-20	00:00:41	00:24:35	00:50:14	01:17:03	01:44:44
430	<b>GOMOLA Zbigniew</b>	<b>239</b>		M-40	00:00:30	00:26:40	00:53:05	01:18:27	01:44:46
431	<b>JURECZKA Łukasz</b>	<b>327</b>		M-20	00:00:42	00:25:24	00:51:23		01:44:46
432	<b>SZOŁTYSEK-GRZESIKIEWICZ Anna</b>	<b>884</b>		K-30	00:00:50	00:25:45	00:51:29	01:17:40	01:44:47
433	<b>SZCZEŚNIAK Maria</b>	<b>872</b>		K-30	00:00:17	00:25:35	00:51:29	01:17:30	01:45:05
434	<b>ŻARSKI Sławomir</b>	<b>1028</b>		M-50	00:00:50	00:26:23	00:52:34	01:18:35	01:45:07
435	<b>NABIELEC Jakub</b>	<b>597</b>		M-40	00:00:54	00:25:35	00:51:40	01:17:59	01:45:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
436	<b>GOŁKOWSKI Radosław</b>	<b>238</b>		M-30	00:01:03	00:25:43	00:52:25	01:18:31	01:45:12
437	<b>LEWANDOWSKI Henryk</b>	<b>504</b>		M-40	00:00:41	00:25:33	00:50:59	01:16:19	01:45:16
438	<b>WIDERA Tomasz</b>	<b>1104</b>		M-30	00:00:50	00:25:34	00:51:36	01:17:34	01:45:17
439	<b>KORAL Wojciech</b>	<b>410</b>		M-40	00:01:02	00:26:27	00:52:44	01:18:42	01:45:17
440	<b>ZOŁOWEK Jarosław</b>	<b>1021</b>	CROSSFIT HELLWOOD GLIWICE	M-30	00:01:22	00:26:58	00:52:46	01:19:01	01:45:17
441	<b>MICHALAK Grzegorz</b>	<b>561</b>	TOTALNY AMATOR	M-40	00:00:11	00:25:21	00:51:49	01:18:15	01:45:19
442	<b>LUDWIKOWSKI Przemysław</b>	<b>513</b>	JURASSIC RUNNERS	M-30	00:01:03	00:25:15	00:51:05	01:17:21	01:45:19
443	<b>HERLICZKA Renata</b>	<b>283</b>	AML FLY TEAM	K-30	00:00:58	00:25:57	00:51:45	01:17:51	01:45:22
444	<b>BREGUŁA Krzysztof</b>	<b>68</b>		M-40	00:00:38	00:25:22	00:50:58	01:16:46	01:45:25
445	<b>WILSZ Adam</b>	<b>957</b>	#PANIÓWKIRUN	M-40	00:01:34	00:26:59	00:53:46	01:19:49	01:45:26
446	<b>KLIKS Andrzej</b>	<b>374</b>	FIS-SST TEAM	M-40	00:01:00	00:25:34	00:51:35	01:17:43	01:45:28
447	<b>MALEC Arkadiusz</b>	<b>529</b>	PWC SDC	M-30	00:00:42	00:24:38	00:50:56	01:17:22	01:45:29
448	<b>GRABOWSKI Michał</b>	<b>1082</b>	OPEL ACTIVE TEAM	M-30	00:00:55	00:27:00	00:52:55	01:18:19	01:45:29
449	<b>CZERNIK Judyta</b>	<b>134</b>		K-30	00:00:57	00:27:29	00:54:07	01:19:54	01:45:31
450	<b>LAWACZ Waldemar</b>	<b>497</b>		M-50	00:00:28	00:23:03	00:47:14	01:15:42	01:45:32
451	<b>PĘDOWSKA Bożena</b>	<b>685</b>		K-50	00:00:07	00:25:23	00:51:41	01:18:14	01:45:34
452	<b>WOŹNIAKOWSKI Jan</b>	<b>975</b>	OPEL ACTIVE TEAM	M-30	00:00:56	00:27:00	00:53:09	01:19:15	01:45:37
453	<b>GARBOWSKA Monika</b>	<b>207</b>	COMPANEROS ASFALT TEAM	K-40	00:00:57	00:25:44	00:51:43	01:18:25	01:45:37
454	<b>PARUZEL Ireneusz</b>	<b>671</b>	ZABIEGANI NAUCZYCIELE	M-40	00:00:25	00:23:29	00:48:14	01:17:24	01:45:41
455	<b>WILCZEK Małgorzata</b>	<b>952</b>	ISTA BIEGAMY	K-30	00:01:03	00:26:21	00:52:58	01:19:13	01:45:42
456	<b>GAJEWSKI Jacek</b>	<b>202</b>	KURCZAK I AGATKA	M-50	00:00:32	00:25:18	00:51:21	01:18:04	01:45:43
457	<b>KUBIAK Mateusz</b>	<b>1101</b>		M-30	00:00:52	00:24:00	00:49:35	01:16:09	01:45:43
458	<b>MARTYNIUK Ryszard</b>	<b>542</b>	GMINA STRZELCE OPOLSKIE	M-30	00:00:46	00:23:27	00:47:48	01:15:11	01:45:44
459	<b>RENKIEL Tomasz</b>	<b>761</b>	COMPANEROS ASFALT TEAM	M-40	00:00:47	00:25:42	00:51:41	01:18:34	01:45:46
460	<b>PRYSZCZ Mirosław</b>	<b>733</b>		M-40	00:00:44	00:24:39	00:50:27	01:17:36	01:45:54
461	<b>CANIBOŁ Anna</b>	<b>96</b>	RUNTEAM PAWŁOWICE	K-20	00:00:26	00:25:40	00:51:36	01:18:05	01:45:57
462	<b>GRUSZCZYŃSKI Bogusław</b>	<b>1035</b>		M-60	00:00:50	00:25:56	00:52:18	01:18:58	01:45:57
463	<b>MISIURA Artur</b>	<b>577</b>		M-30	00:02:00	00:28:22	00:55:01	01:21:03	01:46:00
464	<b>URBAŃSKI Michał</b>	<b>930</b>		M-20	00:01:14	00:27:01	00:54:05	01:19:58	01:46:05
465	<b>KUCZERA Łukasz</b>	<b>461</b>	DECATHLON & PRZYJACIELE	M-30	00:01:24	00:26:38	00:53:17	01:19:30	01:46:05
466	<b>RYZIŃSKA Aneta</b>	<b>785</b>		K-40	00:00:19	00:25:16	00:51:32	01:18:25	01:46:06
467	<b>SZCZABEL Krystian</b>	<b>870</b>		M-20	00:00:12	00:23:38	00:50:12	01:17:18	01:46:08
468	<b>CICHOCKI Dawid</b>	<b>110</b>	NIGH RUNNERS PYSKOWICE	M-30	00:00:52	00:25:28	00:51:21	01:17:22	01:46:11
469	<b>KUPCZAK Filip</b>	<b>474</b>	BEERRUNNERS!	M-30	00:00:58	00:26:38	00:53:35	01:19:53	01:46:15
470	<b>KRZEMIEŃ Bartosz</b>	<b>452</b>		M-40	00:01:24	00:26:52	00:53:19	01:19:49	01:46:15
471	<b>BOBOWSKI Dawid</b>	<b>50</b>	WIŚNIA ODDAJ QUAKE III: ARENA	M-20	00:00:20	00:24:13	00:49:17	01:17:32	01:46:16
472	<b>NIESZWIC Terencjusz</b>	<b>611</b>	WIŚNIA ODDAJ QUAKE III: ARENA	M-20	00:00:19	00:24:14	00:49:18	01:17:33	01:46:17
473	<b>BISKUP Maciej</b>	<b>1116</b>		M-50	00:00:23	00:26:07	00:52:45	01:19:13	01:46:17
474	<b>KURZYK Dariusz</b>	<b>480</b>		M-30	00:00:14	00:23:18	00:49:07	01:17:34	01:46:21
475	<b>KASPRZYK Marcin</b>	<b>1100</b>		M-40	00:01:05	00:27:16	00:53:57	01:19:52	01:46:27
476	<b>PIŁOT Piotr</b>	<b>703</b>	NASFOL	M-20	00:00:52	00:25:37	00:51:32	01:17:33	01:46:28
477	<b>KOZAK Krzysztof</b>	<b>426</b>	EKO-OKNA RUNNERS	M-30	00:01:15	00:26:08	00:52:06	01:17:53	01:46:31
478	<b>KOŚCIELNIAK Łukasz</b>	<b>414</b>	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:46:36
479	<b>KUŹMIŃSKI Michał</b>	<b>483</b>		M-30	00:00:29	00:24:37	00:51:14	01:18:13	01:46:38
480	<b>WOŹNIAK-SOLAREK Zuzanna</b>	<b>1064</b>		K-20	00:00:37	00:25:34	00:52:05	01:18:46	01:46:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
481	RÓŻAŃSKI Michał	772		M-30	00:01:01	00:25:07	00:50:52	01:17:39	01:46:41
482	ZWIERZYCKI Artur	1022		M-20	00:01:15	00:25:32	00:51:01	01:16:57	01:46:41
483	NIŻNIKIEWICZ Elżbieta	617		K-30	00:00:49	00:25:53	00:52:33	01:19:17	01:46:48
484	KASZUBSKI Andrzej	355		M-30	00:00:50	00:25:31	00:51:01	01:18:14	01:46:54
485	CZARNIK-PECIAK Aleksandra	127		K-40	00:00:49	00:27:17	00:53:50	01:19:55	01:46:56
486	HUBKA Jerzy	295		M-50	00:00:49	00:25:22	00:51:00	01:18:15	01:46:57
487	STACHOWSKI Wojciech	838		M-40	00:00:36	00:24:29	00:49:46	01:16:52	01:46:59
488	WRÓBEL Jarosław	1046		M-30	00:01:17	00:26:11	00:52:30	01:19:25	01:47:04
489	BROEN Bartosz	71	ŁAWECZKA WILKOWYJE RUNNING TEAM	M-40	00:01:27	00:26:55	00:53:52	01:20:06	01:47:04
490	WALSKI Łukasz	1079		M-30	00:00:27	00:26:07	00:52:47	01:19:16	01:47:08
491	SKOTNICKI Paweł	815		M-30	00:00:25	00:23:43	00:48:48	01:16:01	01:47:13
492	GRONDECKI Grzegorz	258	BIEGAMY Z SERCEM	M-40	00:01:07	00:27:00	00:53:20	01:19:44	01:47:13
493	GŁADYSZ Leszek	227	#PANIÓWKIRUN	M-40	00:01:30	00:25:57	00:51:28	01:17:48	01:47:17
494	SENDECKI Janusz	797		M-50	00:01:01	00:25:38	00:52:04	01:18:53	01:47:20
495	BRYKOWSKI Przemysław	75		M-40	00:00:59	00:26:10	00:52:05	01:18:39	01:47:21
496	SMIESZKOŁ-BRYKOWSKA Sonia	818		K-40	00:00:58	00:26:10	00:52:06	01:18:41	01:47:23
497	KLIMAS Agnieszka	376		K-40	00:01:09	00:26:03	00:52:37	01:19:06	01:47:27
498	PRZYBYŚLAWSKI Arkadiusz	740	4-TO	M-40	00:00:34	00:25:44	00:52:02	01:18:54	01:47:28
499	KAWKA Łukasz	357	NIGHT RUNNERS ŚLĄSK	M-30	00:00:39	00:24:24	00:49:17	01:17:20	01:47:30
500	BELUCH Witold	22		M-50	00:01:04	00:26:07	00:52:44	01:19:37	01:47:32
501	CAJZA Zbyszek	95	KAJ META	M-30	00:01:23	00:27:27	00:53:56	01:20:34	01:47:32
502	CZAPLAK Tomasz	124	RADLINIOKI W BIEGU	M-30	00:01:26	00:27:20	00:54:38	01:21:05	01:47:32
503	BROZYNA Magdalena	74	CO JA TU ROBIĘ?	K-30	00:00:14	00:23:34	00:50:09	01:18:07	01:47:34
504	SZASTOK Adam	869		M-40	00:00:57	00:28:08	00:55:14	01:21:00	01:47:34
505	KOŁODZIEJ Rafał	399		M-30	00:01:54	00:27:48	00:55:15	01:21:44	01:47:40
506	GROHS Piotr	257		M-20	00:00:42	00:26:59	00:54:17	01:20:55	01:47:41
507	TOKAJ Piotr	911		M-40	00:01:22	00:26:48	00:53:41	01:20:24	01:47:46
508	FLISIAK Jakub	189		M-20	00:00:50	00:24:54	00:51:30	01:18:20	01:47:47
509	SKORUPSKI Paweł	814		M-40	00:00:47	00:25:35	00:51:31	01:18:00	01:47:48
510	KISIEL Tomasz	368	COOPER STANDARD	M-50	00:00:58	00:26:28	00:52:51	01:19:45	01:47:48
511	KNIEJSKI Damian	386		M-40	00:01:21	00:27:30	00:54:26	01:20:32	01:47:51
512	MICHALSKI Robert	563	HETMAN TARNOWSKIE GÓRY	M-40	00:00:26	00:25:59	00:52:56	01:20:00	01:47:56
513	KNYĆ Mateusz	387	12 ZUP	M-30	00:02:08	00:28:41	00:55:55	01:21:41	01:47:58
514	DYRLAGA Stanisław	174	JUSTFEELFIT	M-60	00:01:24	00:27:27	00:54:26	01:21:08	01:47:59
515	RYZIŃSKI Dariusz	786		M-50	00:00:18	00:25:32	00:52:23	01:19:30	01:48:00
516	KUCHNIA Krzysztof	459	TS REGLE SZKLARSKA PORĘBA	M-50	00:00:36	00:24:40	00:49:44	01:16:30	01:48:00
517	MACURA Sylwia	521		K-50	00:01:13	00:27:18	00:54:01	01:20:51	01:48:00
518	WARAT Katarzyna	935	YES3	K-30	00:01:40	00:25:32	00:51:52	01:19:28	01:48:02
519	JENDRYŚ Marek	1110		M-40	00:02:07	00:28:30	00:55:35	01:22:17	01:48:02
520	RYMASZEWSKI Wojtek	783	WARSZTATKOSZULKOWY.PL	M-30	00:00:14	00:25:11	00:50:50	01:17:48	01:48:03
521	GAŁECZKA Michał	204		M-20	00:00:49	00:25:21	00:51:35	01:17:54	01:48:06
522	CZULUK Filip	137	BAGNO!	M-30	00:00:27	00:26:22	00:53:20	01:20:04	01:48:10
523	WĄS Szymon	1080		M-20	00:00:27	00:26:08	00:52:47	01:19:15	01:48:11
524	DZIUBEK Michał	181	W POGONI ZA DUCHEM	M-30	00:00:39	00:26:28	00:53:15	01:20:16	01:48:13
525	DZIUBEK Monika	180	W POGONI ZA DUCHEM	K-30	00:00:39	00:26:28	00:53:15	01:20:18	01:48:14

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
526	<b>ŻELIŃSKI Marek</b>	<b>1029</b>	2018	M-50	00:02:01	00:27:50	00:54:59	01:21:06	01:48:17
527	<b>KĄDZIOŁKA Łukasz</b>	<b>361</b>	K2	M-20	00:00:56	00:28:36	00:56:01	01:23:54	01:48:21
528	<b>MAKSAJDA Andrzej</b>	<b>526</b>	BEERRUNNERS !	M-30	00:00:59	00:25:25	00:51:32	01:18:50	01:48:23
529	<b>CIOŚMAK Cezary</b>	<b>116</b>	KB ORŁY Z KNUROWA	M-30	00:00:33	00:26:38	00:54:02	01:21:29	01:48:24
530	<b>FUSIEK Juliusz</b>	<b>199</b>	ADEPTUS ASTARTES	M-30	00:00:40	00:28:55	00:56:04	01:21:37	01:48:28
531	<b>KROTOS Krzysztof</b>	<b>444</b>	OQS	M-40	00:00:39	00:26:21	00:53:42	01:20:57	01:48:34
532	<b>YOUSSEF Anna</b>	<b>990</b>		K-30	00:00:30	00:26:12	00:53:11	01:20:24	01:48:46
533	<b>DRABEK Piotr</b>	<b>158</b>	SENIORZY	M-30	00:01:22	00:29:23	00:57:38	01:23:40	01:48:46
534	<b>POPIEL-KRUK Aleksandra</b>	<b>1047</b>		K-40	00:01:21	00:27:59	00:55:57	01:23:01	01:48:47
535	<b>PRYMAS Krystian</b>	<b>732</b>		M-30	00:00:09	00:24:13	00:50:28	01:18:38	01:48:48
536	<b>KRZOK Krzysztof</b>	<b>453</b>		M-40	00:02:18	00:26:05	00:52:24	01:19:21	01:48:51
537	<b>DWORNICZAK Paweł</b>	<b>166</b>		M-30	00:01:53	00:26:29	00:53:27	01:19:40	01:48:52
538	<b>LESZKIEWICZ Krzysztof</b>	<b>1124</b>	ELZAB ACTIVE TEAM	M-30	00:00:47	00:25:46	00:52:29	01:21:00	01:48:56
539	<b>MAZUR Jarosław</b>	<b>558</b>		M-40	00:01:03	00:25:31	00:51:10	01:19:07	01:49:00
540	<b>POPIEL Artur</b>	<b>722</b>		M-40	00:00:54	00:26:54	00:53:26	01:20:18	01:49:01
541	<b>SMOLARCZYK Dominik</b>	<b>819</b>	SŁĄBY BIEGACZ	M-50	00:00:54	00:25:28	00:51:27	01:18:08	01:49:06
542	<b>WÓJCIK Tomasz</b>	<b>979</b>		M-30	00:00:30	00:25:25	00:51:52	01:17:48	01:49:09
543	<b>KUCZMA Jarosław</b>	<b>463</b>		M-40	00:01:26	00:28:04	00:55:52	01:22:56	01:49:09
544	<b>JONDA Marek</b>	<b>323</b>		M-20	00:01:17	00:26:59	00:54:01	01:20:44	01:49:13
545	<b>GOCYB Leszek</b>	<b>1108</b>		M-40	00:00:17	00:27:02	00:53:35	01:21:15	01:49:19
546	<b>SOBKOWICZ Jarosław</b>	<b>826</b>	RISE&SHINE	M-30	00:01:19	00:28:17	00:55:45	01:23:04	01:49:19
547	<b>ZAPOTOCZNY Przemek</b>	<b>999</b>		M-40	00:00:43	00:27:13	00:54:42	01:22:20	01:49:28
548	<b>KASPER Iwona</b>	<b>351</b>	KB ORŁY Z KNUROWA	K-40	00:00:32	00:26:39	00:54:03	01:21:31	01:49:30
549	<b>NIEDOBA Daniel</b>	<b>1081</b>		M-30	00:00:25	00:26:57	00:54:13	01:22:00	01:49:33
550	<b>POPIEL Adriana</b>	<b>721</b>		K-30	00:00:39	00:27:08	00:54:23	01:21:36	01:49:33
551	<b>BOREK Dariusz</b>	<b>59</b>	MYSZKÓW BIEGA	M-40	00:00:49	00:25:32	00:51:40	01:18:56	01:49:36
552	<b>KRAJEWSKI Michał</b>	<b>434</b>		M-40	00:00:47	00:26:16	00:52:24	01:18:21	01:49:38
553	<b>DĄBROWSKI Marek</b>	<b>149</b>		M-30	00:00:54	00:25:59	00:52:49	01:20:14	01:49:40
554	<b>SZOŚTYSIK Paweł</b>	<b>887</b>	SPARTA PLATFUS	M-40	00:00:53	00:28:31	00:56:28	01:22:30	01:49:43
555	<b>SZYMKÓW Krzysztof</b>	<b>897</b>	PKO BANK POLSKI	M-40	00:01:04	00:26:43	00:54:44	01:22:02	01:49:44
556	<b>LESZKO Tomasz</b>	<b>502</b>	EUVIC	M-30	00:00:38	00:25:44	00:51:57	01:19:32	01:49:47
557	<b>KWAPIEŃ Aleksander</b>	<b>1069</b>		M-30	00:00:19	00:26:03	00:53:18	01:21:08	01:49:49
558	<b>ROZWADOWSKI Dariusz</b>	<b>770</b>		M-40	00:01:00	00:26:54	00:53:58	01:21:10	01:49:49
559	<b>KWAPIEŃ Paweł</b>	<b>1070</b>		M-40	00:00:18	00:26:03	00:53:19	01:21:09	01:49:50
560	<b>KOTAJNY Piotr</b>	<b>415</b>		M-40	00:00:13	00:26:36	00:53:29	01:20:42	01:49:52
561	<b>SAMOL Aleksandra</b>	<b>790</b>		K-20	00:00:28	00:25:42	00:52:15	01:19:57	01:49:53
562	<b>KONOPKA Agnieszka</b>	<b>405</b>	I LO DWUJĘZYCZNE	K-40	00:01:04	00:27:27	00:54:42	01:22:12	01:49:54
563	<b>SOBIERAJSKI Przemek</b>	<b>825</b>		M-40	00:00:53	00:27:22	00:54:14	01:21:40	01:50:02
564	<b>ONOPIUK Maciej</b>	<b>638</b>		M-20	00:01:02	00:26:20	00:53:40	01:21:17	01:50:07
565	<b>KULEZA Łukasz</b>	<b>469</b>		M-30	00:01:45	00:28:57	00:56:40	01:23:20	01:50:07
566	<b>OLSZEWSKI Grzegorz</b>	<b>636</b>	OLSZAK TEAM	M-30	00:01:38	00:27:39	00:55:12	01:22:12	01:50:15
567	<b>NAWROCKI Piotr</b>	<b>603</b>		M-30	00:01:41	00:25:21	00:51:41	01:19:23	01:50:18
568	<b>DZIEKAN Mateusz</b>	<b>178</b>		M-20	00:01:12	00:28:37	00:56:55	01:23:55	01:50:29
569	<b>KOPER Tomasz</b>	<b>330</b>		M-30	00:00:55	00:27:10	00:54:58	01:22:17	01:50:30
570	<b>SOJKA Łukasz</b>	<b>827</b>		M-30	00:01:19	00:26:44	00:54:20	01:21:46	01:50:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
571	KOPLIN Kasia	408	FRAZOCHY	K-30	00:00:58	00:26:07	00:53:12	01:21:34	01:50:32
572	MAGDA Piotr	523	NIGHT RUNNERS PYSKOWICE	M-40	00:00:56	00:26:44	00:54:15	01:22:04	01:50:33
573	SZCZĘSNY Romuald	873	NIGHT RUNNERS PYSKOWICE	M-30	00:00:56	00:25:37	00:53:15	01:21:27	01:50:33
574	GÓRSKI Michał	245	GIEBUŁTÓW CIŚNIE	M-40	00:01:11	00:26:54	00:54:17	01:21:49	01:50:35
575	KUŚ Jan	481		M-20	00:01:33	00:28:35	00:56:38	01:22:25	01:50:35
576	KRZYWICKI Jan	455	-----	M-60	00:00:41	00:27:10	00:54:21	01:21:50	01:50:36
577	LEGUTKO Jakub	499	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:50:38
578	BABIUCH Karol	5	WKURW_TEAM	M-30	00:01:05	00:25:28	00:51:35	01:19:20	01:50:39
579	ROZWADOWSKI Dariusz	769		M-40	00:01:37	00:27:01	00:54:01	01:20:53	01:50:39
580	PISZCZ Marek	706	OPEL ACTIVE TEAM	M-40	00:00:58	00:26:17	00:53:47	01:21:58	01:50:40
581	GIELERAK Daria	220		K-30	00:00:21	00:27:12	00:54:01	01:21:58	01:50:44
582	STOLARCZYK Robert	852	NIGHT RUNNER GLIWICE	M-40	00:01:15	00:27:53	00:55:33	01:22:37	01:50:44
583	WODA Ewelina	964	WAY2CHAMP	K-30	00:01:17	00:27:53	00:55:30	01:23:05	01:50:53
584	SIERADZKA Agnieszka	805	BIEGAJ Z TRENERAMI	K-30	00:00:54	00:25:52	00:53:34	01:22:00	01:50:54
585	WOŹNIAK Marek	974		M-40	00:01:08	00:27:36	00:54:58	01:22:25	01:50:58
586	BOM Mariusz	1088		M-50	00:01:21	00:27:09	00:54:18	01:21:38	01:51:06
587	CZERNIK Andrzej	135		M-60	00:02:07	00:27:00	00:54:02	01:21:31	01:51:06
588	SZUSTAK Krzysztof	889	SERCE METROPOLII	M-40	00:00:55	00:27:27	00:54:48	01:22:30	01:51:08
589	BRODAKCI Paweł	1073		M-30	00:00:29	00:26:02	00:52:56	01:21:35	01:51:11
590	MATUSZNY Barbara	1074		K-40	00:00:28	00:26:03	00:52:57	01:21:37	01:51:12
591	GRACH Aleksandra	249		K-40	00:00:58	00:26:11	00:53:22	01:21:46	01:51:12
592	JASIENKIEWICZ Tomasz	313	EL DENATOS PASADENA	M-40	00:01:07	00:28:03	00:56:19	01:22:51	01:51:14
593	POLEWICA Aleksandra	1123	UKS KOMETA GLIWICE	K-16	00:00:02	00:25:57	00:54:04	01:22:12	01:51:16
594		1150			00:01:12	00:28:04	00:55:56	01:23:33	01:51:16
595	IZYDORCZYK Mirosław	297		M-50	00:01:04	00:27:36	00:55:11	01:22:54	01:51:18
596	HERZYK Adam	287	SIGNIFY BIELSKO-BIAŁA	M-50	00:01:08	00:27:16	00:54:55	01:22:36	01:51:19
597	DYGOŃ Gosia	169	BIEGAJ Z TRENERAMI	K-40	00:00:00	00:28:17	00:55:30	01:23:07	01:51:21
598	MALINOWSKI Łukasz	530		M-40	00:00:59	00:26:09	00:53:38	01:21:28	01:51:24
599	SOKOŁOWSKI Krzysztof	828	NIGHT RUNNERS ZABRZE	M-30	00:01:16	00:28:16	00:56:34	01:23:36	01:51:29
600	BEDNARCZYK-ICIEK Aneta	1099	AKTYWNI KAMIEŃSK	K-40	00:01:01	00:27:12	00:54:57	01:22:42	01:51:31
601	TURLEJ Michał	918	JURASSIC RUNNERS	M-30	00:01:02	00:25:23	00:52:43	01:21:59	01:51:33
602	STALICA Wojciech	839	IZOERG	M-50	00:00:55	00:27:23	00:55:44	01:23:44	01:51:38
603	MORDARSKI Artur	587		M-40	00:01:32	00:27:41	00:55:18	01:22:41	01:51:44
604	KALINOWSKI Krzysztof	337		M-40	00:01:49	00:28:12	00:56:07	01:23:27	01:51:46
605	HAŁAS Małgorzata	277		K-30	00:01:24	00:27:28	00:54:55	01:23:14	01:51:49
606	SKÓRA Michał	816		M-40	00:00:22	00:27:36	00:55:22	01:23:09	01:51:50
607	KRUK Krzysztof	448		M-40	00:00:52	00:28:27	00:56:17	01:24:04	01:51:50
608	CZARDYBON Laura	125		K-40	00:01:13	00:27:56	00:55:57	01:23:54	01:51:50
609	KLUSKA Piotr	382	HURAGAN LIGOTA	M-50	00:01:26	00:28:04	00:55:26	01:22:47	01:51:55
610	BALCARCZYK Bartłomiej	1117		M-40	00:01:08	00:28:09	00:56:19	01:23:50	01:51:57
611	JANIK Johan	305	COMPañEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:58
611	KOŁODZIEJ Jacek	398	COMPañEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:59
613	BASZUN Michał	17	DAMY RADEĘ	M-30	00:01:43	00:28:15	00:56:36	01:24:25	01:52:01
614	BANASZAK Marcin	12		M-30	00:00:55	00:28:17	00:56:19	01:24:12	01:52:10
615	SARKOWICZ Adam	791		M-50	00:01:06	00:26:03	00:53:32	01:21:59	01:52:13

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
616	SACHNIK Marek	787		M-20	00:00:25	00:25:45	00:53:00	01:21:10	01:52:14
617	MACHNIK Artur	520	ORZEŁ TEAM	M-30	00:00:49	00:27:11	00:54:40	01:22:17	01:52:14
618	KAMIŃSKI Sebastian	343		M-30	00:00:48	00:27:12	00:54:41	01:22:18	01:52:15
619	DANISZ Małgorzata	145		K-30	00:01:47	00:28:57	00:57:18	01:24:19	01:52:17
620	KIERA Szymon	365		M-40	00:01:14	00:27:52	00:55:27	01:23:08	01:52:18
621	BOMBIS Sandra	58		K-20	00:01:05	00:26:46	00:53:52	01:22:01	01:52:19
622	LIS Maciej	511		M-30	00:00:52	00:28:01	00:56:02	01:24:08	01:52:24
623	KULCZYK Anna	467		K-30	00:00:57	00:27:22	00:55:07	01:23:22	01:52:25
624	MARKOWSKA Sylwia	539		K-30	00:01:10	00:27:56	00:55:50	01:24:03	01:52:31
625	ŁUBKOWSKI Robert	517		M-40	00:01:48	00:29:07	00:57:57	01:25:22	01:52:33
626	SITKO Mateusz	809		M-30	00:01:29	00:27:27	00:55:18	01:23:34	01:52:34
627	MAŃKA Marcin	533		M-30	00:01:46	00:28:19	00:57:16	01:25:02	01:52:34
628	KLAPETEK Jacek	371	ŠKK GOLIAT	M-50	00:00:27	00:23:20	00:46:50	01:12:00	01:52:36
629	KLIMCZYK Gawęł	379		M-20	00:01:41	00:27:54	00:56:16	01:25:16	01:52:36
630	URBAŃSKI Leszek	929		M-40	00:01:00	00:25:30	00:51:40	01:20:00	01:52:37
631	SITKO Magdalena	810		K-20	00:01:28	00:27:27	00:55:20	01:23:36	01:52:37
632	BŁASZCZYSZYN Łukasz	46		M-30	00:01:33	00:28:28	00:56:20	01:23:55	01:52:40
633	PLEWIŃSKI Tomasz	708		M-30	00:01:39	00:27:04	00:54:52	01:23:26	01:52:44
634	GAJDA Dariusz	201	EXTREMALNI NAPALEŃCY	M-40	00:00:39	00:25:42	00:51:50	01:20:33	01:52:45
635	ZIEBA Paweł	1093		M-20	00:00:26	00:24:00	00:51:06	01:20:31	01:52:48
636	KWIATKOWSKA Katarzyna	488		K-40	00:00:10	00:25:58	00:53:44	01:22:08	01:52:51
637	WAWRÓW Mirosław	939	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M-30	00:01:02	00:28:28	00:56:52	01:25:20	01:52:52
638	GERASCH Piotr	219	CZĘSTO CHOWA	M-40	00:00:37	00:25:01	00:51:50	01:21:19	01:52:57
639	KRAWCZYK Marta	436		K-40	00:01:35	00:28:44	00:57:06	01:24:48	01:53:00
640	CZUBAJ Cezary	136		M-50	00:00:50	00:27:22	00:55:26	01:24:10	01:53:10
641	ŁUKASIK Andrzej	519		M-50	00:00:58	00:27:37	00:56:15	01:24:04	01:53:12
642	DYMNICKI Andrzej	173	OCHAJORUN & FRIENDS	M-40	00:01:38	00:28:28	00:56:51	01:24:39	01:53:14
643	SZYNAL Andrzej	899	DHL RUN CLUB	M-40	00:01:35	00:28:02	00:56:18	01:24:47	01:53:15
644	JANIEC Witold	304		M-40	00:01:04	00:28:09	00:56:05	01:23:46	01:53:16
645	DĄBROWSKI Marcin	148	TEAM KORNEL	M-40	00:00:23	00:27:36	00:55:29	01:23:25	01:53:18
646	PATRZAŁEK Grzegorz	673		M-40	00:01:58	00:28:03	00:56:10	01:24:30	01:53:18
647	BARAŃSKI Grzegorz	15		M-30	00:02:10	00:28:24	00:56:33	01:24:34	01:53:20
648	GRUCHAŁA Anna	262	MK TEAM	K-30	00:01:05	00:27:28	00:54:55	01:23:05	01:53:22
649	WYCIŚŁOK Krzysztof	987		M-30	00:01:35	00:27:58	00:56:19	01:24:47	01:53:22
650	BIER Agnieszka	40	DTIQ POLAND	K-30	00:01:39	00:28:01	00:56:19	01:24:39	01:53:22
651	POLEWKA Tomasz	1122	UKS KOMETA GLIWICE	M-40	00:00:00	00:25:59	00:54:06	01:22:14	01:53:25
652	KONIECZNY Justyna	403	NIGHT RUNNER PYSKOWICE	K-30	00:00:53	00:26:47	00:54:18	01:23:10	01:53:26
653	CHUDY Michał	106		M-30	00:01:48	00:28:35	00:56:29	01:25:21	01:53:29
654	JURASZCZUK Katarzyna	1090	INŻYNIERIA BIEGANIA	K-40	00:01:32	00:28:04	00:55:57	01:24:36	01:53:30
655	TOMCZYK Edyta	912		K-30	00:01:29	00:28:29	00:57:04	01:25:43	01:53:31
656	ZNAMIROWSKI Krzysztof	1020	RADIO WROCŁAW	M-40	00:00:44	00:26:31	00:54:51	01:24:13	01:53:32
657	SZOJDA Małgorzata	881	INŻYNIERIA BIEGANIA TEAM	K-30	00:01:17	00:28:12	00:56:36	01:25:05	01:53:34
658	BIAŁAS Krzysztof	27		M-40	00:00:31	00:28:52	00:56:52	01:24:30	01:53:35
659	FAŁEK Krzysztof	186		M-40	00:00:31	00:28:51	00:56:52	01:24:30	01:53:35
660	KRYCZAŁO Maciej	450		M-40	00:01:21	00:28:00	00:56:21	01:24:50	01:53:35

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
661	<b>KUCZMA Joanna</b>	<b>462</b>		K-40	00:01:26	00:28:06	00:56:25	01:24:52	01:53:35
662	<b>BEM Michał</b>	<b>24</b>	BEMKI SPORT	M-40	00:01:21	00:28:00	00:56:23	01:24:50	01:53:36
663	<b>WIKIERSKI Michał</b>	<b>950</b>		M-30	00:01:25	00:28:06	00:55:46	01:23:47	01:53:36
664	<b>LEDWOŃ Aneta</b>	<b>498</b>	NIGHT RUNNERS GLIWICE	K-40	00:01:30	00:28:24	00:56:50	01:25:20	01:53:36
665	<b>SELIGA Paweł</b>	<b>796</b>	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:01:12	00:28:08	00:56:32	01:24:51	01:53:38
666	<b>KOCIELSKA Anna</b>	<b>389</b>		K-30	00:01:04	00:27:04	00:55:15	01:24:04	01:53:41
667	<b>CISEK Stanisław</b>	<b>117</b>		M-40	00:01:23	00:28:13	00:56:31	01:24:58	01:53:41
668	<b>KULAWIK Mariusz</b>	<b>466</b>		M-30	00:01:01	00:28:41	00:57:28	01:25:43	01:53:42
669	<b>CISZEWSKI Krzysztof</b>	<b>118</b>		M-30	00:01:18	00:27:25	00:55:21	01:24:06	01:53:46
670	<b>BIAŁAS Tomek</b>	<b>29</b>	CONSULTAS	M-40	00:01:19	00:28:30	00:56:46	01:25:50	01:53:47
671	<b>ZIĘTEK Katarzyna</b>	<b>1015</b>	#BBKTS	K-30	00:01:38	00:28:16	00:56:37	01:24:48	01:53:47
672	<b>NOWAKOWSKA Agnieszka</b>	<b>626</b>	PACEMAKER	K-20	00:01:16	00:28:13	00:56:37	01:25:05	01:53:48
673	<b>OPAŁKA Marcin</b>	<b>639</b>		M-20	00:01:38	00:28:15	00:56:28	01:24:57	01:53:48
674	<b>RAJTOR Klaudiusz</b>	<b>752</b>		M-60	00:01:10	00:27:52	00:55:41	01:24:08	01:53:50
675	<b>KĄDZIOŁKA Jan</b>	<b>360</b>	NIGHT RUNNERS GLIWICE	M-50	00:01:00	00:28:15	00:55:56	01:24:25	01:53:53
676	<b>PETEJA-ĆWIK Aleksandra</b>	<b>682</b>	NSZOZANGIODENS	K-50	00:01:08	00:28:13	00:56:37	01:25:08	01:53:53
677	<b>SOBAS Katarzyna</b>	<b>824</b>		K-20	00:01:09	00:28:05	00:56:37	01:25:08	01:53:55
678	<b>ZEMŁA Piotr</b>	<b>1005</b>		M-50	00:01:04	00:28:57	00:58:11	01:26:03	01:53:58
679	<b>MAZUR Mateusz</b>	<b>553</b>		M-30	00:01:37	00:30:16	01:00:24	01:27:47	01:53:58
680	<b>PAWIŃSKI Wojciech</b>	<b>675</b>		M-40	00:01:44	00:28:36	00:56:35	01:25:06	01:54:03
681	<b>PUCHAŁA Ewelina</b>	<b>742</b>	PACEMAKER	K-30	00:01:28	00:28:27	00:56:52	01:25:41	01:54:04
682	<b>ZAPOTOCZNA Renata</b>	<b>997</b>		K-40	00:00:44	00:27:13	00:55:57	01:25:37	01:54:08
683	<b>KOJ Jakub</b>	<b>396</b>	LOCO TEAM	M-30	00:01:56	00:28:50	00:56:43	01:24:51	01:54:13
684	<b>SZKUDLAREK Michał</b>	<b>876</b>	RUN-LOG.COM	M-40	00:00:47	00:25:43	00:53:13	01:23:24	01:54:14
685	<b>BUJALSKI Michał</b>	<b>90</b>		M-30	00:01:55	00:28:51	00:56:43	01:24:52	01:54:14
686	<b>KOZUBEK Sergiusz</b>	<b>429</b>		M-40	00:01:39	00:28:39	00:57:32	01:25:31	01:54:20
687	<b>MARKOWSKI Kamil</b>	<b>540</b>		M-30	00:01:10	00:27:55	00:55:50	01:24:03	01:54:22
688	<b>GRUCHALSKI Jakub</b>	<b>261</b>	ISTA BIEGAMY	M-30	00:01:04	00:28:09	00:56:27	01:25:07	01:54:29
689	<b>KORNIJCZUK Tomasz</b>	<b>411</b>		M-40	00:00:26	00:29:56	01:01:02	01:27:08	01:54:30
690	<b>JAWORSKI Kamil</b>	<b>315</b>	FUCHS OIL TEAM	M-30	00:01:46	00:29:12	00:58:03	01:25:51	01:54:31
691	<b>STASIAK Mirosław</b>	<b>843</b>	ROCKWELL AUTOMATION	M-30	00:00:15	00:25:04	00:52:58	01:22:43	01:54:35
692	<b>ROGOWSKI Jakub</b>	<b>1120</b>		M-20	00:01:42	00:28:14	00:56:29	01:24:38	01:54:35
693	<b>STUDNIK Agnieszka</b>	<b>861</b>		K-30	00:00:36	00:28:29	00:57:14	01:25:38	01:54:40
694	<b>MIKOŁAJCZYK Marcin</b>	<b>572</b>		M-30	00:01:01	00:28:24	00:56:15	01:24:52	01:54:41
695	<b>SOWIŃSKI Krzysztof</b>	<b>834</b>		M-30	00:01:28	00:28:08	00:56:22	01:24:26	01:54:41
696	<b>KAMIŃSKI Rafał</b>	<b>342</b>		M-30	00:01:00	00:28:11	00:56:43	01:25:21	01:54:49
697	<b>SZYMAŃSKI Filip</b>	<b>896</b>		M-20	00:00:47	00:27:55	00:57:06	01:25:20	01:54:50
698	<b>KORSZEWSKI Patrycjusz</b>	<b>412</b>		M-40	00:00:25	00:29:57	00:59:14	01:27:11	01:54:58
699	<b>PYPKA Elżbieta</b>	<b>746</b>		K-30	00:00:40	00:28:01	00:56:36	01:25:35	01:54:59
700	<b>KIECKA Ewelina</b>	<b>364</b>		K-30	00:01:42	00:29:17	00:58:06	01:26:23	01:55:04
701	<b>GIERADA Mateusz</b>	<b>224</b>	NIGHT RUNNERS GLIWICE	M-20	00:01:02	00:28:34	00:57:11	01:25:48	01:55:16
702	<b>BIAŁECKI Aleksander</b>	<b>31</b>		M-40	00:01:07	00:26:50	00:54:10	01:23:51	01:55:16
703	<b>BOBKOWSKI Maciej</b>	<b>49</b>	NIGHT RUNNERS PYSKOWICE	M-40	00:00:31	00:27:13	00:55:55	01:24:51	01:55:17
704	<b>GIERADA Ryszard</b>	<b>225</b>	NIGHT RUNNERS GLIWICE	M-50	00:01:03	00:28:33	00:57:09	01:25:47	01:55:17
705	<b>KOZACZKA Włodzimierz</b>	<b>425</b>		M-40	00:01:17	00:28:49	00:57:31	01:26:09	01:55:17



Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
706	GRZYMAŁA Jan	270		M-30	00:01:13	00:25:51	00:53:16	01:23:07	01:55:18
707	GUŚCIORA Maciej	272		M-20	00:01:05	00:25:57	00:54:15	01:23:20	01:55:20
708	NOWAK Ryszard	625		M-50	00:02:14	00:28:05	00:56:25	01:25:42	01:55:21
709	PYTLARCZYK Piotr	748	KLUB BIEGACZA WARTA	M-40	00:00:21	00:26:59	00:55:53	01:25:06	01:55:29
710	KOZA Krystian	424		M-20	00:01:07	00:27:20	00:55:11	01:24:28	01:55:35
711	SIKORA Michał	808		M-40	00:00:34	00:27:09	00:56:03	01:25:16	01:55:46
712	PIŁAT Jarosław	702	PACEMAKER	M-40	00:01:15	00:28:22	00:56:35	01:25:03	01:55:46
713	GÓRKA Szymon	244		M-30	00:00:30	00:24:04	00:51:44	01:23:28	01:55:47
714	DEMBOWSKA Bożena	150		K-40	00:01:33	00:28:23	00:57:05	01:26:07	01:55:48
715	DZIECIAŃKOWSKI Jarosław	176	OPEL ACTIVE TEAM	M-40	00:01:16	00:29:02	00:57:48	01:27:29	01:55:53
716	MASTALSKA Marzena	546	OPEL ACTIVE TEAM	K-30	00:01:15	00:29:03	00:57:49	01:27:30	01:55:54
717	GRZEGORCZYK Monika	266	NIGHT RUNNERS ZABRZE	K-30	00:01:16	00:29:02	00:57:48	01:27:30	01:55:54
718	NANCKA Brygida	599	-	K-40	00:00:22	00:27:35	00:56:19	01:25:26	01:55:58
719	KOLTERNIAK Monika	397	QUEENS PARK HARRIERS LONDYN	K-40	00:01:01	00:28:12	00:56:51	01:25:58	01:56:00
720	PĘDZIK Błażej	687		M-20	00:01:18	00:28:20	00:56:32	01:25:02	01:56:05
721	FRANIELCZYK Marta	194		K-30	00:01:29	00:28:12	00:56:37	01:25:22	01:56:06
722	GRAMATYKA Paweł	254	ZABIEGANI MZ UNITED	M-40	00:00:53	00:28:35	00:56:48	01:25:16	01:56:32
723	MICHNA Wojciech	567		M-20	00:01:12	00:28:03	00:56:51	01:25:58	01:56:34
724	BRZOZA Aleksandra	80	MOSTOSTAL ZABRZE UNITED	K-30	00:00:50	00:28:37	00:56:51	01:25:20	01:56:35
725	TWAROCIK Konrad	1125		M-30	00:01:59	00:28:54	00:57:27	01:26:27	01:56:43
726	JANIKOWSKI Adam	306	ANICA TEAM	M-30	00:00:50	00:25:32	00:53:00	01:24:10	01:56:45
727	PINDERA Barbara	1112		K-30	00:01:27	00:29:20	00:58:30	01:27:18	01:56:47
728	KLEMIŃSKI Tomasz	1113		M-40	00:01:27	00:29:20	00:58:30	01:27:18	01:56:48
729	ZEGARTOWSKI Michał	1004	DTIQ POLAND	M-30	00:00:34	00:25:54	00:53:08	01:23:16	01:56:54
730	SZWARCZYŃSKI Jakub	891		M-30	00:01:17	00:29:06	00:57:27	01:25:22	01:57:00
731	BOJDA Dawid	56		M-30	00:01:47	00:29:01	00:58:32	01:27:36	01:57:15
732	PRADELOK Jerzy	726	GIBKE GIZDY	M-50	00:01:12	00:26:37	00:53:51	01:23:52	01:57:17
733	LESZCZYŃSKA Małgorzata	501		K-40	00:00:35	00:27:13	00:55:57	01:25:59	01:57:18
734	RASZYK Andrzej	754	PARKRUN KATOWICE	M-50	00:01:06	00:28:51	00:57:15	01:25:48	01:57:18
735	KRAWCZYK Beata	439		K-30	00:01:34	00:28:05	00:56:20	01:24:49	01:57:23
736	MARUSZCZYK Marian	543		M-50	00:01:18	00:27:26	00:55:06	01:24:15	01:57:25
737	WILSZ Ewa	956	#PANIÓWKIRUN	K-40	00:01:31	00:27:54	00:56:52	01:26:14	01:57:28
738	PYREK Anna	747		K-20	00:01:10	00:27:46	00:56:41	01:26:03	01:57:30
739	TOPORKIEWICZ Marcin	913	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:01:10	00:28:18	00:56:39	01:25:31	01:57:32
740	PRZYBYLSKI Mariusz	738	PGB SPORTOWA PACZKA	M-40	00:00:56	00:26:43	00:53:48	01:22:06	01:57:37
741	KOWRYGO Adam	422		M-20	00:01:37	00:28:32	00:57:08	01:26:14	01:57:43
742	KHAVALYTS Anton	363		M-20	00:01:56	00:30:37	01:00:26	01:28:50	01:57:47
743	PRENZENA Paweł	727		M-30	00:00:22	00:25:48	00:54:29	01:24:49	01:57:48
744	VOLOSHYNA Mariana	932		K-30	00:01:55	00:30:38	01:00:27	01:28:51	01:57:48
745	SZUTER Justyna	890		K-20	00:01:11	00:28:31	00:57:32	01:26:38	01:57:52
746	BŁASZCZYK Paulina	45		K-30	00:01:33	00:28:28	00:57:08	01:26:34	01:57:53
747	MICHALSKI Marek	564		M-40	00:00:34	00:27:59	00:57:23	01:25:51	01:57:54
748	PYKA Adam	745		M-30	00:01:11	00:26:01	00:53:18	01:23:09	01:57:54
749	SEKIENDA Michał	795		M-30	00:01:28	00:30:19	01:00:21	01:29:48	01:57:56
750	HAŁAMBIEC Anna	276		K-30	00:01:07	00:28:04	00:56:48	01:26:28	01:58:09

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
751	PIKTAS Paweł	698		M-40	00:01:34	00:29:20	00:58:01	01:26:14	01:58:11
752	KNEBEL Patrycja	1115		K-30	00:01:04	00:29:25	00:58:55	01:29:04	01:58:14
753	KĘPA Agnieszka	362	EKO-OKNA RUNNERS	K-30	00:01:37	00:29:30	00:58:57	01:28:24	01:58:18
754	JARASZ Aleksander	311	NIGHT RUNNERS ZABRZE	M-40	00:01:36	00:29:20	00:58:50	01:28:15	01:58:30
755	BAK Katarzyna	1084		K-30	00:01:01	00:28:37	00:58:06	01:27:24	01:58:33
756	FOLEK Andrzej	193	DTIQ POLAND	M-30	00:01:43	00:28:19	00:56:40	01:26:08	01:58:33
757	GRYGIEREK Jarosław	264		M-20	00:00:47	00:27:54	00:56:16	01:25:32	01:58:46
758	MAZUR Roman	556		M-50	00:01:24	00:29:51	00:59:33	01:28:48	01:58:49
759	PAWEŁKÓW Michał	674		M-30	00:01:13	00:28:35	00:56:54	01:25:07	01:58:54
760	PĘKALA Anna	688		K-40	00:01:38	00:27:41	00:56:10	01:26:10	01:58:57
761	SZKAMRUK Małgorzata	875		K-30	00:01:37	00:27:42	00:56:11	01:26:13	01:59:00
762	MARKUSIK Tomasz	541		M-30	00:00:32	00:29:15	00:58:32	01:27:53	01:59:01
763	BUFNAL Krzysztof	86		M-40	00:00:46	00:27:49	00:56:11	01:25:30	01:59:02
764	WILK Andrzej	955		M-30	00:00:23	00:26:19	00:55:29	01:25:56	01:59:13
765	URBANEK Martin	927	ISTA BIEGAMY	M-30	00:01:03	00:27:01	00:56:09	01:26:26	01:59:15
766	HRYNISZYN Agnieszka	293		K-20	00:01:26	00:29:07	00:58:22	01:28:22	01:59:17
767	LIKA Michał	507		M-30	00:01:26	00:29:07	00:58:22	01:28:22	01:59:17
768	KALINOWSKI Dawid	336		M-20	00:01:16	00:28:20	00:56:56	01:26:23	01:59:30
769	BAJKACZ Krzysztof	8		M-30	00:01:09	00:27:41	00:55:46	01:24:51	01:59:32
770	CZERNIK Rafał	133		M-40	00:00:57	00:27:49	00:56:51	01:27:02	01:59:37
771	FIGIEL Mariusz	187		M-40	00:01:52	00:27:49	00:55:53	01:24:58	01:59:39
772	GRYNICKA-JASKÓŁA Aleksandra	1089		K-40	00:01:09	00:28:27	00:57:48	01:27:38	01:59:47
773	KRUK Michał	447		M-20	00:01:34	00:28:17	00:56:50	01:26:39	01:59:48
774	KRAWCZYK Dariusz	438		M-30	00:01:41	00:29:08	00:57:47	01:27:34	01:59:59
775	KONIOR Edyta	404	KOLIBER TEAM	K-40	00:01:16	00:29:22	00:58:50	01:28:49	02:00:01
776	ZWOLIŃSKA Katarzyna	1058	AERO-SYSTEM.PL	K-20	00:01:32	00:29:18	00:58:51	01:29:42	02:00:13
777	OSTROSZCZYK Rafał	650	BEZ KLUBU	M-40	00:01:35	00:29:45	00:59:46	01:29:44	02:00:16
778	ROJEK Monika	765		K-40	00:01:24	00:29:45	00:59:41	01:28:39	02:00:17
779	WŁODARCZYK Paweł	962	ING BANK ŚLĄSKI SA	M-30	00:01:34	00:27:57	00:56:20	01:26:28	02:00:18
780	MILISZKIEWICZ Adam	575		M-30	00:01:19	00:28:41	00:57:18	01:26:28	02:00:25
781	MIKUŁA Leszek	574		M-40	00:00:05	00:25:49	00:54:29	01:25:47	02:00:32
782	OSTROWSKI Zygmunt	651		M-60	00:01:30	00:29:44	00:59:26	01:29:24	02:00:33
783	GŁOWACKA Marta	229		K-20	00:01:48	00:30:04	00:59:50	01:29:44	02:00:33
784	NIEDŹWIECKI Paweł	607	OCHOTNICZA STRAŻ POŻARNA W KOTUSZOWIE	M-30	00:01:27	00:28:35	00:57:38	01:27:20	02:00:40
785	ZADEBERNY Artur	993		M-40	00:01:16	00:27:34	00:56:03	01:26:41	02:00:41
786	BAJ Tomasz	7		M-30	00:00:27	00:25:34	00:54:21	01:25:55	02:00:48
787	CZERNIAK Żaneta	132		K-40	00:01:08	00:28:13	00:56:46	01:27:52	02:00:53
788	PĘDOWSKI Wojciech	686		M-50	00:01:34	00:28:19	00:57:05	01:28:09	02:00:53
789	ĆWIKŁA Grzegorz	140		M-50	00:01:33	00:29:48	00:59:44	01:30:17	02:00:55
790	NOWAK Wojciech	623	ŚWIŃSKI TRUCHT	M-20	00:00:55	00:29:48	00:59:11	01:28:29	02:00:56
791	PAŁYGA Agnieszka	667	FUTURE PROCESSING RUNNING TEAM	K-30	00:01:06	00:28:41	00:58:34	01:29:18	02:00:56
792	KOŻUSZEK Sebastian	1083		M-40	00:01:20	00:28:39	00:57:46	01:27:28	02:00:56
793	GRABOWSKI Zbigniew	248		M-60	00:01:23	00:29:14	00:59:15	01:29:20	02:01:03
794	STEINHOFF Adam	848	WIKTOR TEAM	M-40	00:01:20	00:28:29	00:57:44	01:27:58	02:01:04
795	BUCHAL Grzegorz	82		M-40	00:01:06	00:29:25	00:59:34	01:29:49	02:01:08

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
796	PRESNAL-ZMYŚŁOWSKA Agnieszka	728		K-40	00:01:30	00:27:54	00:58:17	01:28:37	02:01:08
797	POLACZEK Adam	718		M-30	00:01:30	00:27:54	00:58:17	01:28:37	02:01:08
798	BUCHAL Katarzyna	83		K-50	00:01:05	00:29:26	00:59:35	01:29:52	02:01:09
799	HUBISZ Bartłomiej	294		M-40	00:00:45	00:29:27	01:00:24	01:30:28	02:01:10
800	ĆWIOK Marek	142	#PANIÓWKIRUN	M-40	00:01:20	00:30:02	00:59:47	01:30:29	02:01:11
801	MIECZNIKOWSKA Agnieszka	568		K-40	00:01:04	00:28:05	00:57:52	01:29:01	02:01:12
802	PŁACHTA Marek	710	INTER PROJEKT S.A.	M-40	00:00:24	00:28:46	00:58:39	01:29:17	02:01:14
803	MATYSIEWICZ Piotr	550	INTER PROJEKT	M-30	00:00:24	00:28:46	00:58:39	01:29:17	02:01:14
804	ĆWIOK Barbara	143	#PANIÓWKIRUN	K-40	00:01:20	00:30:02	00:59:47	01:30:30	02:01:16
805	KOWALCZYK Anna	418	HIRSCHVOGEL	K-40	00:01:22	00:30:02	01:00:29	01:30:43	02:01:17
806	HEBDA-OLSZÓWKA Aleksandra	279	BP RUNNING TEAM GLIWICE	K-30	00:01:16	00:29:27	00:59:55	01:30:15	02:01:18
806	MARUT Kaśka	544	BP RUNNING TEAM GLIWICE	K-40	00:01:16	00:29:29	00:59:55	01:30:18	02:01:18
808	KROCZEK Liliana	442	NIGHT RUNNERS	K-40	00:01:16	00:29:27	00:59:50	01:30:18	02:01:20
809	RÓLKA Mariola	771	BP RUNNING TEAM	K-40	00:01:15	00:29:29	00:59:56	01:30:20	02:01:21
810	SZYMAŃSKA Dominika	895	POMYKACZE	K-20	00:00:47	00:27:56	00:57:07	01:30:05	02:01:27
811	PRACKA Danuta	725		K-30	00:01:47	00:29:29	00:59:32	01:30:15	02:01:28
812	WÓJCIK Rafał	980		M-40	00:01:14	00:29:18	00:58:58	01:28:56	02:01:38
813	MRZYGŁÓD Robert	589		M-30	00:00:32	00:29:32	00:59:47	01:29:38	02:01:41
814	WĘGIEL Kacper	943		M-20	00:01:27	00:29:43	00:58:41	01:30:19	02:01:41
815	DZIEDZIC Dominik	177		M-30	00:01:37	00:29:41	01:00:00	01:29:59	02:01:43
816	NOGŁY Adam	618	BIEGACZE Z BOJKOWA	M-40	00:01:36	00:29:52	01:00:11	01:31:03	02:01:47
817	PIĄTKOWSKI Michał	691		M-30	00:01:41	00:29:08	00:57:47	01:27:33	02:01:50
818	MUSIL Mike	591		M-40	00:01:49	00:30:32	01:00:51	01:30:38	02:01:51
819	WIŚNIEWSKI Paweł	959	NIGHT RUNNERS GLIWICE	M-30	00:02:04	00:28:44	00:58:59	01:29:57	02:02:22
820	KRAFCZYK Edyta	430		K-30	00:00:54	00:28:51	00:58:51	01:29:15	02:02:24
821	ULFIK Piotr	926		M-20	00:01:03	00:28:09	00:56:40	01:25:54	02:02:27
822	PIETRZAK Krzysztof	696		M-40	00:01:16	00:27:54	00:58:08	01:30:15	02:02:45
823	STAŃKO Marcin	842		M-30	00:00:28	00:28:59	00:58:37	01:29:11	02:02:47
824	GRZEBIELUCH Tomasz	265		M-40	00:01:39	00:30:11	01:00:12	01:31:12	02:02:55
825	SEKIENDA Grzegorz	794		M-40	00:01:28	00:30:18	01:00:23	01:31:23	02:03:06
826	MICHALIK Natalia	562		K-20	00:01:37	00:29:55	01:00:10	01:31:02	02:03:07
827	URBANEK-RAJWA Barbara	928		K-40	00:00:40	00:28:26	00:57:07	01:27:22	02:03:08
828	ŚLIWIŃSKA Alicja	903		K-30	00:00:51	00:28:31	00:58:07	01:29:00	02:03:08
829	CZAPEK Marek	123	NIGHT RUNNERS GLIWICE	M-40	00:01:35	00:29:53	01:00:13	01:31:08	02:03:09
830	NOWAKOWSKA-TRZASKA Joanna	627		K-40	00:01:35	00:29:56	01:00:12	01:31:03	02:03:09
831	ZIMNY Michał	1016		M-40	00:01:06	00:31:35	01:03:14	01:34:51	02:03:23
832	MALCZUK Aleksander	528		M-20	00:01:01	00:27:08	00:54:45	01:27:20	02:03:24
833	JURASZCZYK Dominika	325	PACEMAKER	K-20	00:01:31	00:29:50	01:00:18	01:31:29	02:03:31
834	PISKON Agnieszka	938	W POGONI ZA DUCHEM/ PACEMAKER	K-30	00:01:31	00:29:50	01:00:16	01:31:29	02:03:31
835	KSIĄDZ Adam	456		M-30	00:01:15	00:28:37	00:57:20	01:28:19	02:04:08
835	BATEJKO Beata	18	SPORT WSPIERAMY NAUKOWO	K-40	00:01:44	00:29:28	00:59:15	01:30:30	02:04:08
837	PAŁETKO Ryszard	665		M-40	00:00:42	00:29:17	00:59:18	01:31:26	02:04:12
838	OSIŃSKI Paweł	648	BIEGAJ Z TRENERAMI	M-40	00:01:26	00:28:29	00:59:34	01:31:14	02:04:13
839	ZYGMUNTOWICZ Piotr	1024	ANICA TEAM	M-40	00:00:51	00:27:46	00:57:12	01:29:05	02:04:15
840	RYBARZ Ewa	779		K-30	00:01:38	00:29:54	01:00:20	01:31:32	02:04:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
841	ZBOREK Dominika	1000		K-30	00:01:38	00:29:26	00:59:31	01:31:06	02:04:18
842	PAWNUK Jan	680		M-60	00:01:38	00:31:13	01:02:54	01:33:37	02:04:19
843	KOWALIK Miłosz	419		M-30	00:02:17	00:30:06	01:01:15	01:33:39	02:04:21
844	BIELECKI Adam	1107	CHATEAU CHALIN	M-40	00:00:54	00:28:40	00:58:09	01:29:12	02:04:31
845	SZAFRANIEC Arkadiusz	867	1985	M-30	00:02:09	00:29:13	00:59:36	01:30:35	02:04:31
846	SMOŁA Mieczysław	820	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:18	00:30:06	01:01:16	01:32:44	02:04:34
847	WILCZEK Tomasz	951		M-20	00:01:00	00:28:07	00:57:23	01:28:49	02:05:00
848	MAJCHRZAK Magdalena	524		K-30	00:01:37	00:29:30	00:58:58	01:30:01	02:05:03
849	CZYSZCZOŃ Anna	138		K-20	00:01:41	00:31:33	01:02:57	01:33:34	02:05:11
850	LEWANDOWSKA Magdalena	503		K-30	00:02:04	00:31:09	01:03:12	01:35:05	02:05:11
851	DROBNY Miłosz	161		M-20	00:01:12	00:31:03	01:02:46	01:34:01	02:05:13
852	RYBOTYCKI Tomasz	781	WIKTOR TEAM	M-30	00:01:21	00:29:44	01:00:01	01:31:38	02:05:15
853	FUGOWSKI Grzegorz	196		M-30	00:00:00	00:30:46	01:00:46	01:33:02	02:05:25
854	GDULA Teodozja	217		K-60	00:01:18	00:28:05	00:57:13	01:29:29	02:05:35
855	KUTRZYK Przemysław	482		M-40	00:01:34	00:29:18	00:59:32	01:31:11	02:05:40
856	REWIUK-KOCUR Anna	763		K-30	00:00:45	00:31:22	01:03:14	01:35:21	02:05:45
857	KOCUR Aleksander	392		M-40	00:00:44	00:31:23	01:03:14	01:35:22	02:05:46
858	MIERZEJEWSKI Jacek	571	AMATOR	M-50	00:00:52	00:29:19	01:00:09	01:31:53	02:05:52
859	ZAJĄC Jacek	994	RCU UBEZPIECZENIA	M-40	00:01:51	00:31:34	01:03:22	01:35:10	02:05:53
860	KLIMKIEWICZ Jakub	380	BANANA TEAM	M-30	00:01:32	00:30:10	01:01:26	01:32:56	02:05:55
861	KASPEREK Magdalena	352	FIS - SST	K-40	00:01:43	00:31:43	01:05:11	01:35:44	02:06:16
862	KARMAŃSKI Jacek	349		M-40	00:01:01	00:29:10	01:00:16	01:32:25	02:06:19
863	NAWROT Bożena	605		K-40	00:01:44	00:29:56	01:00:37	01:32:06	02:06:24
864	NAWROT Krzysztof	604		M-40	00:01:45	00:29:56	01:00:35	01:32:05	02:06:24
865	DYLSKI Jacek	171		M-20	00:02:11	00:30:46	01:02:16	01:33:56	02:06:29
866	JĘDZURA Agnieszka	322		K-40	00:01:29	00:28:36	00:58:45	01:30:54	02:06:31
867	OSAK Małgorzata	646		K-30	00:01:35	00:28:37	00:57:39	01:30:34	02:06:32
868	GAWROŃSKI Wojtek	213		M-30	00:01:36	00:28:23	00:58:03	01:30:09	02:06:40
869	WOLIŃSKI Józef	968		M-50	00:01:33	00:30:04	01:01:19	01:33:24	02:06:50
870	NIEWDANA Anna	612	EUVIC	K-20	00:01:48	00:31:51	01:03:50	01:35:46	02:07:05
871	KWARCIŃSKA Maria	485		K-30	00:01:48	00:31:51	01:03:50	01:35:47	02:07:06
872	KUŹNICKI Tomasz	484		M-30	00:01:32	00:28:28	00:59:11	01:31:17	02:07:11
873	LENCZYK Mariusz	500		M-20	00:01:48	00:27:00	00:56:56	01:29:57	02:07:26
874	PIOTROWSKI Krzysztof	1114		M-30	00:00:24	00:26:37	00:57:48	01:31:05	02:07:30
875	TRELA Marcin	998		M-30	00:02:01	00:31:40	01:03:39	01:35:33	02:07:35
876	ŻMUDZIŃSKI Piotr	1032		M-30	00:01:48	00:32:05	01:04:47	01:35:48	02:07:44
877	CELAREK Janusz	98	LECYMY WARTKO	M-50	00:01:45	00:32:00	01:04:35	01:35:49	02:07:50
878	KOŁODZIEJCZYK Emilia	400	WATAHA -LACZY NAS BIEGANIE	K-20	00:01:46	00:31:53	01:03:52	01:35:48	02:07:50
879	SERUGA Aleksandra	800		K-20	00:01:33	00:30:10	01:00:28	01:33:24	02:07:54
880	WIECZORKE Marcin	945		M-40	00:01:05	00:27:58	00:57:05	01:30:01	02:08:11
881	KRAWCZYŃSKI Mirosław	440		M-40	00:01:02	00:30:19	01:00:49	01:32:20	02:08:12
882	PIOTROWSKA Dorota	704		K-30	00:02:04	00:31:09	01:03:12	01:35:05	02:08:17
883	PIECHOWICZ-KUROWSKA Agata	1048		K-30	00:01:41	00:31:44	01:03:50	01:35:57	02:08:25
884	BROWSKA Aleksandra	1052		K-30	00:01:42	00:31:43	01:03:49	01:35:56	02:08:25
885	GŁOWACKI Jordan	230		M-30	00:00:33	00:30:09	01:01:15	01:33:44	02:08:29

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
886	KOWALCZYK Tomasz	417	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:08	00:28:34	00:57:27	01:31:44	02:08:32
887	SZUMNIAK Ryszard	888		M-50	00:01:48	00:31:52	01:04:03	01:35:45	02:08:32
888	WŁODARSKA Dominika	963		K-20	00:00:32	00:30:10	01:01:16	01:33:45	02:08:33
889	BŁACH Piotr Buła	44	PACEMAKER	M-50	00:01:45	00:31:54	01:03:54	01:35:49	02:08:35
890	KWIATKOWSKA-STOJAK Ewelina	487		K-30	00:00:46	00:30:43	01:02:33	01:35:36	02:08:56
891	LESZCZYK Krzysztof	1075		M-50	00:00:23	00:30:56	01:01:54	01:33:45	02:09:05
892	KLIMASZ Katarzyna	378		K-20	00:01:05	00:30:22	01:01:28	01:34:11	02:09:10
893	CHAVEZ Christina	1097		K-20	00:00:00	01:33:27			02:09:35
894	KAMIONKA Paweł	344		M-30	00:00:23	01:33:52			02:09:40
895	RADŁOWSKI Karol	750		M-30	00:01:41	00:29:07	00:59:01	01:31:59	02:09:44
896	BINASIK Agnieszka	41	HURAGAN LIGOTA	K-40	00:01:37	00:30:26	01:01:32	01:34:42	02:09:46
897	BIAŁY Dagmara	34	DMB	K-40	00:00:33	00:31:18	01:03:29	01:37:02	02:09:51
898	PRZYBYŚLAWSKA Nina	739	4-TO	K-30	00:00:33	00:31:19	01:03:29	01:37:02	02:09:52
899	JACHIMOWSKA Agnieszka	299		K-30	00:01:28	00:29:50	01:00:34	01:34:21	02:10:00
900	LATA Monika	494	KYOKUSHIN	K-40	00:01:41	00:33:12	01:06:04	01:38:51	02:10:05
901		1130			00:00:00	00:44:27	01:05:31	01:38:26	02:10:06
902	GREINER Anna	255		K-40	00:00:22	00:30:03	01:02:08	01:35:00	02:10:30
903	SZELAĞ Iwona	874		K-30	00:01:45	00:31:54	01:03:53	01:35:49	02:10:57
904	ESTKO Anna	182		K-30	00:01:46	00:31:27	01:02:49	01:35:28	02:11:01
905	KRAJEWSKI Adam	432		M-40	00:01:18	00:29:08	00:59:35	01:33:41	02:11:07
906	GOŃKA Monika	240		K-40	00:01:18	00:29:08	00:59:35	01:33:41	02:11:07
907	KULIJ Jan	471	KKTA	M-60	00:01:43	00:29:25	01:00:53	01:35:39	02:11:19
908	CIUK Bartosz	119	OLK SP.ZOZ	M-50	00:02:07	00:30:23	01:02:14	01:36:50	02:11:26
909	BOGDAŁ Michał	53		M-30	00:00:30	00:31:32	01:03:26	01:36:09	02:11:28
910	PRUCHNIK Andrzej	731		M-50	00:00:20	00:29:38	01:01:16	01:34:49	02:12:08
911	BIEGUN Krzysztof	36		M-50	00:01:42	00:30:13	01:02:49	01:35:53	02:12:12
912	KAŁUŻNA Anna	341		K-50	00:01:47	00:31:59	01:04:03	01:36:37	02:12:20
913	SERAFIN Patryk	798		M-20	00:01:08	00:28:43	01:00:07	01:33:04	02:12:26
914	KOWOLIK Łukasz	421	TAURON TEAM	M-30	00:02:08	00:33:06	01:06:13	01:38:36	02:12:40
914	JAGODZIŃSKA Daria	301		K-20	00:02:06	00:33:08	01:06:14	01:38:37	02:12:41
916	WRÓBEL Dariusz	984		M-30	00:02:07	00:33:08	01:06:14	01:38:37	02:12:42
917	LATA Piotr	495	KYOKUSHIN	M-40	00:01:41	00:33:12	01:06:04	01:38:52	02:12:47
918	JANOSZEK Piotr	309		M-40	00:01:29	00:30:20	01:02:39	01:36:34	02:13:11
919	KUĆ Rafał	464	EUVIC	M-30	00:01:49	00:35:26	01:09:29	01:42:31	02:13:19
920	JANCZYSZYN Rafał	302		M-20	00:01:15	00:32:55	01:04:59	01:37:34	02:13:39
921	ZIĘBA Michał	1013		M-20	00:02:03	00:29:16	01:00:43	01:35:28	02:13:54
922	CIESZYŃSKA Jolanta	112		K-50	00:01:01	00:32:34	01:05:20	01:39:00	02:13:57
923	HENDRYK Leszek	282	BEERRUNNERS!	M-30	00:00:59	00:28:11	00:58:09	01:30:28	02:14:26
924	BIAŁY Michał	33	DMB	M-40	00:00:33	00:30:53	01:03:29	01:37:36	02:14:31
925	ADAMUS Anna	3		K-40	00:01:37	00:31:19	01:04:18	01:39:09	02:15:32
926	MOKRZYCKA Justyna	584	ORLY Z KNUROWA	K-30	00:01:30	00:31:33	01:05:15	01:39:37	02:15:41
927	PAWLACZYK Lesław	676	DTIQ	M-40	00:01:40	00:29:44	01:02:28	01:37:04	02:15:53
928	BOJEŚ Marcin	57	DTIQ POLAND	M-30	00:01:37	00:29:47	01:02:31	01:37:08	02:15:56
929	ZGÓRSKI Grzegorz	1006		M-40	00:01:46	00:31:52	01:03:42	01:37:51	02:15:57
930	HAJOK Magda	274		K-30	00:01:45	00:31:54	01:03:54	01:37:53	02:15:58

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
931	<b>SZYDŁOWSKI Przemysław</b>	<b>892</b>		M-40	00:01:50	00:30:59	01:02:32	01:36:03	02:16:00
932	<b>WÓJCIK Marcin</b>	<b>978</b>		M-20	00:01:37	00:30:16	01:03:21	01:38:26	02:16:10
933	<b>JEZIOR Bartosz</b>	<b>317</b>	DRIV	M-30	00:01:39	00:27:53	00:59:48	01:38:41	02:16:11
934	<b>KOZIOŁ Ewa</b>	<b>427</b>	PORANNY PATROL	K-40	00:01:33	00:30:38	01:03:12	01:37:39	02:16:28
935	<b>DYJAS Michał</b>	<b>170</b>	CATS'TEAM	M-30	00:02:01	00:31:43	01:05:00	01:39:58	02:16:29
936	<b>KOJ Krzysztof</b>	<b>395</b>		M-20	00:00:58	00:29:17	00:59:57	01:34:51	02:17:31
937	<b>TRZCIŃSKI Łukasz</b>	<b>916</b>		M-20	00:02:05	00:29:58	01:02:29	01:39:06	02:17:44
938	<b>RUBINSKA Małgorzata</b>	<b>773</b>		K-50	00:02:07	00:32:21	01:06:57	01:40:39	02:17:48
939	<b>WALEWSKI Kamil</b>	<b>933</b>		M-30	00:01:39	00:31:26	01:05:20	01:39:59	02:19:21
940	<b>MIELNICZUK Marta</b>	<b>570</b>	DECATHLON&PRZYJACIELE	K-20	00:01:36	00:28:05	00:58:51	01:36:50	02:19:25
941	<b>KOPIEC Beata</b>	<b>407</b>	BEATA	K-50	00:01:49	00:32:03	01:06:06	01:42:40	02:19:33
942	<b>ROSA Anna</b>	<b>766</b>	-	K-50	00:01:49	00:32:01	01:06:06	01:42:40	02:19:33
943	<b>ŚLUSARSKA Sylwia</b>	<b>904</b>		K-30	00:00:13	00:28:55	01:02:00	01:38:00	02:19:39
944	<b>ĆWIKŁA Andrzej</b>	<b>139</b>	TENT GRUPA	M-60	00:01:05	00:33:11	01:07:24	01:42:56	02:20:07
945	<b>PEROŃCZYK Paweł</b>	<b>681</b>		M-30	00:01:51	00:31:49	01:03:49	01:37:47	02:20:09
946	<b>DWORNICZAK Iwona</b>	<b>167</b>	ZABIEGANE SIOSTRY	K-50	00:01:28	00:33:04	01:07:14	01:42:40	02:20:40
947	<b>KASPEREK Ireneusz</b>	<b>353</b>	FIS - SST	M-40	00:01:43	00:31:42	01:05:30	01:42:26	02:21:16
948	<b>FLORECKI Andrzej</b>	<b>190</b>	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:21	00:30:49	01:04:46	01:41:06	02:21:33
949	<b>GĄSKA Piotr</b>	<b>215</b>	GĄSKA BALBINKA	M-30	00:01:03	00:29:06	01:03:49	01:40:04	02:21:44
950	<b>DZIEKAN Katarzyna</b>	<b>179</b>	ANTONTEAM	K-20	00:02:01	00:32:17	01:05:38	01:42:27	02:21:44
951	<b>MARYNIOK Patryk</b>	<b>545</b>		M-20	00:01:57	00:31:44	01:03:46	01:38:11	02:22:39
952	<b>MARYNIOK Marian</b>	<b>1072</b>		M-50	00:01:57	00:31:43	01:03:45	01:38:11	02:22:39
953	<b>JARCZYK Magdalena</b>	<b>312</b>	KOLIBER TEAM	K-40	00:01:17	00:33:28	01:08:10	01:45:01	02:22:41
954	<b>SITO Paweł</b>	<b>811</b>		M-30	00:01:39	00:32:17	01:06:52	01:43:08	02:23:19
955	<b>SOKÓŁ-OLEŚ Ewelina</b>	<b>829</b>	RUNTEAM PAWŁOWICE	K-40	00:02:05	00:33:19	01:07:53	01:44:14	02:23:53
956	<b>KACZMARCZYK Magdalena</b>	<b>331</b>	RUNTEAM PAWŁOWICE	K-20	00:02:06	00:33:18	01:07:58	01:44:15	02:23:58
957	<b>GIEŁŻYŃSKA Angelika</b>	<b>221</b>		K-30	00:01:05	00:30:19	01:04:56	01:42:48	02:24:21
958	<b>BANACH Witold</b>	<b>11</b>	BRAK	M-40	00:00:43	00:31:52	01:06:31	01:44:25	02:24:30
959	<b>ZIELIŃSKA Izabela</b>	<b>1007</b>		K-40	00:01:00	00:31:54	01:07:45	01:45:06	02:24:45
960	<b>GÓRKA Grzegorz</b>	<b>243</b>		M-50	00:00:25	00:31:57	01:07:19	01:44:50	02:24:59
961	<b>POGORZELSKA-KLIKS Agata</b>	<b>715</b>	FIS-SST TEAM	K-40	00:01:51	00:33:21	01:08:08	01:44:34	02:25:02
962	<b>WOLNY Ewa</b>	<b>970</b>		K-40	00:01:12	00:31:53	01:07:03	01:44:47	02:26:18
963	<b>ZAKLIŃSKA Katarzyna</b>	<b>995</b>	TMTEAM	K-40	00:01:51	00:33:18	01:08:13	01:47:00	02:27:28
964	<b>HOLECZEK Dominika</b>	<b>289</b>		K-30	00:01:52	00:33:17	01:08:23	01:46:59	02:28:50
965	<b>SUSEŁ Alek</b>	<b>865</b>	MARCO POMAGA	M-30	00:00:00	01:50:22			02:30:00
966	<b>NOWAK Dariusz</b>	<b>624</b>	FIS-SST TEAM	M-40	00:01:53	00:33:20	01:08:52	01:46:13	02:30:04
967	<b>KOCYAN Małgorzata</b>	<b>393</b>	BIEGAJ Z TRENERAMI	K-60	00:00:00	00:34:44	01:09:16	01:47:32	02:30:39
968	<b>RUDNER-DERSIEWICZ Ula</b>	<b>774</b>	CROSSFIT HELLWOOD GLIWICE	K-30	00:01:25	00:32:47	01:08:20	01:48:49	02:30:42
969	<b>JANKOWSKA Joanna</b>	<b>308</b>		K-30	00:01:25	00:32:47	01:08:20	01:48:49	02:30:43
970	<b>ZACZEK Kamil</b>	<b>991</b>		M-30	00:02:02	00:34:34	01:11:33	01:49:24	02:31:27
971	<b>KOŁODZIŃSKA Ewa</b>	<b>401</b>		K-40	00:01:40	00:34:13	01:09:57	01:49:00	02:31:46
972	<b>PILARSKI Arkadiusz</b>	<b>700</b>		M-20	00:01:40	00:34:56	01:11:55	01:49:46	02:31:49
973	<b>RUTKA Wiola</b>	<b>776</b>		K-30	00:01:39	00:34:57	01:11:56	01:49:47	02:31:50
974	<b>PAWLARCZYK Karolina</b>	<b>677</b>		K-20	00:01:34	00:33:11	01:07:53	01:49:46	02:31:57
975	<b>KAPICKI Jan</b>	<b>347</b>		M-60	00:00:00	01:52:45			02:32:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
976	<b>KOGUT Krzysztof</b>	<b>394</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:34:23	01:13:17	01:52:50	02:34:28
977	<b>LATOS Barbara</b>	<b>496</b>	ZABRZAŃSKIE TOWARZYSTWO TRIATHLONOWE	K-60	00:02:02	00:35:39	01:13:17	01:54:30	02:37:18
978	<b>GAWĘŁKO Rauszanija</b>	<b>209</b>		K-50	00:00:48	00:34:39	01:12:32	01:54:05	02:38:30
979	<b>KLIMAS Kamil</b>	<b>377</b>		M-30	00:00:03	00:20:12			
980	<b>OŻÓG Marek</b>	<b>655</b>	NIGHT RUNNERS	M-20	00:00:04	00:19:53	00:41:23		
981	<b>ŚWIDA Adam</b>	<b>905</b>	ENDURE TEAM	M-40	00:00:07	00:20:57			
982	<b>HELLWIG Adam</b>	<b>281</b>		M-40	00:01:06	00:28:19	00:58:00		

Znaleziono 982 wynik(ów)