

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-10-26  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

Klasyfikacja: K-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	<b>PATAS Magdalena</b>	<b>1053</b>		K-20	1	00:00:01	00:20:13	00:40:58	01:01:37	01:23:13	<b>01:27:55.75</b>	<b>01:27:56.90</b>		4:09	14.4 (100%)
2	<b>PALEJ Zuzanna</b>	<b>661</b>		K-20	2	00:00:07	00:20:54	00:42:32	01:04:03	01:26:43	<b>01:31:26.75</b>	<b>01:31:34.40</b>	+00:03:31 (3.8%)	4:20	13.8 (95.8%)
3	<b>SZMIGIEL Klaudia</b>	<b>877</b>	WOŹNIAK RUNNING TEAM	K-20	3	00:00:10	00:21:48	00:44:23	01:07:09	01:30:42	<b>01:35:40.60</b>	<b>01:35:51.40</b>	+00:07:44 (8.1%)	4:32	13.2 (91.7%)
4	<b>KONIECZNA Anna</b>	<b>402</b>		K-20	4	00:00:09	00:21:18	00:44:18	01:07:23	01:31:52	<b>01:36:58.95</b>	<b>01:37:08.80</b>	+00:09:03 (9.3%)	4:35	13.1 (91.0%)
5	<b>POLUS Agnieszka</b>	<b>719</b>		K-20	5	00:00:54	00:24:16	00:48:50	01:14:00	01:40:42	<b>01:46:17.55</b>	<b>01:47:11.70</b>	+00:18:21 (17.3%)	5:02	11.9 (82.6%)
6	<b>TYSZKO Berenika</b>	<b>922</b>		K-20	6	00:00:43	00:25:18	00:50:41	01:15:53	01:42:09	<b>01:47:49.15</b>	<b>01:48:32.50</b>	+00:19:53 (18.4%)	5:06	11.7 (81.3%)
7	<b>BANACH Magda</b>	<b>10</b>		K-20	7	00:00:37	00:24:36	00:49:34	01:14:44	01:42:27	<b>01:48:27.60</b>	<b>01:49:04.65</b>	+00:20:31 (18.9%)	5:08	11.7 (81.3%)
8	<b>CANIBOŁ Anna</b>	<b>96</b>	RUNTEAM PAWŁOWICE	K-20	8	00:00:26	00:25:40	00:51:36	01:18:05	01:45:57	<b>01:51:29.20</b>	<b>01:51:55.90</b>	+00:23:33 (21.1%)	5:17	11.4 (79.2%)
9	<b>WOŹNIAK-SOLAREK Zuzanna</b>	<b>1064</b>		K-20	9	00:00:37	00:25:34	00:52:05	01:18:46	01:46:39	<b>01:52:23.30</b>	<b>01:53:00.60</b>	+00:24:27 (21.8%)	5:19	11.3 (78.5%)
10	<b>OLCZYK Karina</b>	<b>634</b>		K-20	10	00:00:41	00:24:35	00:50:14	01:17:03	01:44:44	<b>01:52:26.20</b>	<b>01:53:07.60</b>	+00:24:30 (21.8%)	5:19	11.3 (78.5%)
11	<b>SAMOL Aleksandra</b>	<b>790</b>		K-20	11	00:00:28	00:25:42	00:52:15	01:19:57	01:49:53	<b>01:55:46.60</b>	<b>01:56:15.10</b>	+00:27:50 (24.1%)	5:29	10.9 (75.7%)
12	<b>BOMBIS Sandra</b>	<b>58</b>		K-20	12	00:01:05	00:26:46	00:53:52	01:22:01	01:52:19	<b>01:58:19.75</b>	<b>01:59:25.35</b>	+00:30:24 (25.7%)	5:36	10.7 (74.3%)
13	<b>SITKO Magdalena</b>	<b>810</b>		K-20	13	00:01:28	00:27:27	00:55:20	01:23:36	01:52:37	<b>01:58:34.75</b>	<b>02:00:02.90</b>	+00:30:39 (25.8%)	5:37	10.7 (74.3%)
14	<b>NOWAKOWSKA Agnieszka</b>	<b>626</b>	PACEMAKER	K-20	14	00:01:16	00:28:13	00:56:37	01:25:05	01:53:48	<b>02:00:10.40</b>	<b>02:01:27.30</b>	+00:32:14 (26.8%)	5:41	10.5 (72.9%)
15	<b>SOBAS Katarzyna</b>	<b>824</b>		K-20	15	00:01:09	00:28:05	00:56:37	01:25:08	01:53:55	<b>02:00:13.45</b>	<b>02:01:23.20</b>	+00:32:17 (26.9%)	5:41	10.5 (72.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
16	<b>PYREK Anna</b>	<b>747</b>		K-20	16	00:01:10	00:27:46	00:56:41	01:26:03	01:57:30	<b>02:04:07.50</b>	<b>02:05:17.85</b>	+00:36:11 (29.2%)	5:52	10.2 (70.8%)
17	<b>SZUTER Justyna</b>	<b>890</b>		K-20	17	00:01:11	00:28:31	00:57:32	01:26:38	01:57:52	<b>02:04:50.60</b>	<b>02:06:01.95</b>	+00:36:54 (29.6%)	5:54	10.1 (70.1%)
18	<b>HRYNISZYN Agnieszka</b>	<b>293</b>		K-20	18	00:01:26	00:29:07	00:58:22	01:28:22	01:59:17	<b>02:05:08.65</b>	<b>02:06:35.00</b>	+00:37:12 (29.7%)	5:55	10.1 (70.1%)
19	<b>ZWOLIŃSKA Katarzyna</b>	<b>1058</b>	AERO-SYSTEM.PL	K-20	19	00:01:32	00:29:18	00:58:51	01:29:42	02:00:13	<b>02:06:19.35</b>	<b>02:07:52.20</b>	+00:38:23 (30.4%)	5:59	10 (69.4%)
20	<b>GŁOWACKA Marta</b>	<b>229</b>		K-20	20	00:01:48	00:30:04	00:59:50	01:29:44	02:00:33	<b>02:06:37.20</b>	<b>02:08:26.10</b>	+00:38:41 (30.6%)	6:00	10 (69.4%)
21	<b>SZYMAŃSKA Dominika</b>	<b>895</b>	POMYKACZE	K-20	21	00:00:47	00:27:56	00:57:07	01:30:05	02:01:27	<b>02:07:57.00</b>	<b>02:08:44.45</b>	+00:40:01 (31.3%)	6:03	9.9 (68.8%)
22	<b>MICHALIK Natalia</b>	<b>562</b>		K-20	22	00:01:37	00:29:55	01:00:10	01:31:02	02:03:07	<b>02:09:52.45</b>	<b>02:11:29.60</b>	+00:41:56 (32.3%)	6:09	9.7 (67.4%)
23	<b>JURASZCZYK Dominika</b>	<b>325</b>	PACEMAKER	K-20	23	00:01:31	00:29:50	01:00:18	01:31:29	02:03:31	<b>02:10:07.55</b>	<b>02:11:38.90</b>	+00:42:11 (32.4%)	6:10	9.7 (67.4%)
24	<b>CZYSZCZOŃ Anna</b>	<b>138</b>		K-20	24	00:01:41	00:31:33	01:02:57	01:33:34	02:05:11	<b>02:11:39.50</b>	<b>02:13:20.55</b>	+00:43:43 (33.2%)	6:14	9.6 (66.7%)
25	<b>NIEWDANA Anna</b>	<b>612</b>	EUVIC	K-20	25	00:01:48	00:31:51	01:03:50	01:35:46	02:07:05	<b>02:13:10.80</b>	<b>02:14:59.45</b>	+00:45:15 (34.0%)	6:18	9.5 (66.0%)
26	<b>KOŁODZIEJCZYK Emilia</b>	<b>400</b>	WATAHA -LACZY NAS BIEGANIE	K-20	26	00:01:46	00:31:53	01:03:52	01:35:48	02:07:50	<b>02:14:27.05</b>	<b>02:16:13.45</b>	+00:46:31 (34.6%)	6:22	9.4 (65.3%)
27	<b>SERUGA Aleksandra</b>	<b>800</b>		K-20	27	00:01:33	00:30:10	01:00:28	01:33:24	02:07:54	<b>02:14:50.30</b>	<b>02:16:23.35</b>	+00:46:54 (34.8%)	6:23	9.4 (65.3%)
28	<b>WŁODARSKA Dominika</b>	<b>963</b>		K-20	28	00:00:32	00:30:10	01:01:16	01:33:45	02:08:33	<b>02:16:02.50</b>	<b>02:16:35.30</b>	+00:48:06 (35.4%)	6:26	9.3 (64.6%)
29	<b>CHAVEZ Christina</b>	<b>1097</b>		K-20	29	00:00:00	01:33:27			02:09:35	<b>02:16:12.05</b>	<b>02:16:12.05</b>	+00:48:16 (35.4%)	6:27	9.3 (64.6%)
30	<b>KLIMASZ Katarzyna</b>	<b>378</b>		K-20	30	00:01:05	00:30:22	01:01:28	01:34:11	02:09:10	<b>02:16:18.20</b>	<b>02:17:23.80</b>	+00:48:22 (35.5%)	6:27	9.3 (64.6%)
31	<b>JAGODZIŃSKA Daria</b>	<b>301</b>		K-20	31	00:02:06	00:33:08	01:06:14	01:38:37	02:12:41	<b>02:19:59.45</b>	<b>02:22:05.80</b>	+00:52:03 (37.2%)	6:38	9 (62.5%)
32	<b>MIELNICZUK Marta</b>	<b>570</b>	DECATHLON&PRZYJACIELE	K-20	32	00:01:36	00:28:05	00:58:51	01:36:50	02:19:25	<b>02:26:38.45</b>	<b>02:28:15.10</b>	+00:58:42 (40.0%)	6:57	8.6 (59.7%)
33	<b>DZIEKAN Katarzyna</b>	<b>179</b>	ANTONTEAM	K-20	33	00:02:01	00:32:17	01:05:38	01:42:27	02:21:44	<b>02:29:23.25</b>	<b>02:31:25.05</b>	+01:01:27 (41.1%)	7:04	8.5 (59.0%)
34	<b>KACZMARCZYK Magdalena</b>	<b>331</b>	RUNTEAM PAWŁOWICE	K-20	34	00:02:06	00:33:18	01:07:58	01:44:15	02:23:58	<b>02:31:14.80</b>	<b>02:33:20.95</b>	+01:03:19 (41.9%)	7:10	8.4 (58.3%)
35	<b>PAWLARCZYK Karolina</b>	<b>677</b>		K-20	35	00:01:34	00:33:11	01:07:53	01:49:46	02:31:57	<b>02:39:56.15</b>	<b>02:41:31.00</b>	+01:12:00 (45.0%)	7:34	7.9 (54.9%)

Znaleziono 35 wynik(ów)