

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-10-26  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

Klasyfikacja: K Open

Punkt pomiarowy: 20,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
1	<b>PATAS Magdalena</b>	<b>1053</b>		K-20	00:00:01	00:20:13	00:40:58	01:01:37	01:23:13
2	<b>STOLORZ Katarzyna</b>	<b>853</b>	INŻYNIERIA BIEGANIA	K-30	00:00:12	00:21:14	00:42:57	01:04:18	01:26:25
3	<b>PALEJ Zuzanna</b>	<b>661</b>		K-20	00:00:07	00:20:54	00:42:32	01:04:03	01:26:43
4	<b>LASKOWSKA Katarzyna</b>	<b>492</b>	IB TEAM GLIWICE	K-40	00:00:04	00:20:55	00:42:23	01:05:01	01:29:52
5	<b>STRZELCZYK Ewa</b>	<b>858</b>	HURAGAN LIGOTA	K-40	00:00:15	00:22:00	00:44:49	01:07:28	01:30:36
6	<b>SZMIGIEL Klaudia</b>	<b>877</b>	WOŹNIAK RUNNING TEAM	K-20	00:00:10	00:21:48	00:44:23	01:07:09	01:30:42
7	<b>KONIECZNA Anna</b>	<b>402</b>		K-20	00:00:09	00:21:18	00:44:18	01:07:23	01:31:52
8	<b>DUDEK Monika</b>	<b>163</b>	PCHSPORTTEAM	K-30	00:00:04	00:22:42	00:46:07	01:09:39	01:33:10
9	<b>MAZUR Patrycja</b>	<b>557</b>	HURAGAN LIGOTA	K-40	00:00:16	00:21:59	00:45:19	01:08:54	01:33:23
10	<b>LEWICKA Justyna</b>	<b>505</b>	ISTA BIEGAMY	K-30	00:00:10	00:22:50	00:46:01	01:09:39	01:34:01
11	<b>WIELOCH Agnieszka</b>	<b>947</b>	HURAGAN LIGOTA/AMBITNI AMATORZY	K-30	00:00:20	00:23:31	00:47:23	01:11:15	01:35:24
12	<b>TANISTRA - SŁOWIK Katarzyna</b>	<b>906</b>	HURAGAN LIGOTA	K-40	00:00:20	00:23:27	00:46:51	01:11:04	01:36:09
13	<b>KLEPACKA-GANCARZ Barbara</b>	<b>372</b>	MUSTANGI GLIWICE	K-40	00:00:16	00:23:08	00:47:26	01:11:36	01:36:29
14	<b>PILCH-NANOWSKA Agnieszka</b>	<b>701</b>		K-40	00:00:22	00:23:49	00:48:14	01:13:03	01:37:59
15	<b>RAK-SŁOMCZYŃSKA Magdalena</b>	<b>753</b>		K-30	00:00:35	00:23:47	00:48:16	01:13:05	01:38:59
16	<b>PIETRAS Sylwia</b>	<b>694</b>	MIECHOWICKA GRUPA BIEGOWA	K-30	00:00:14	00:24:56	00:50:17	01:15:11	01:39:44
17	<b>NASIENIAK-CZECH Anna</b>	<b>600</b>		K-40	00:00:44	00:25:05	00:50:09	01:14:44	01:40:01
18	<b>SIELSKA Joanna</b>	<b>803</b>	OPEL ACTIVE TEAM	K-40	00:00:09	00:24:06	00:48:55	01:13:57	01:40:22
19	<b>POLUS Agnieszka</b>	<b>719</b>		K-20	00:00:54	00:24:16	00:48:50	01:14:00	01:40:42
20	<b>LASICZ Aleksandra</b>	<b>1111</b>		K-40	00:00:58	00:25:01	00:49:45	01:14:55	01:41:04
21	<b>ADAMCZAK Barbara</b>	<b>1</b>	TRAVOIS	K-30	00:00:48	00:25:09	00:50:04	01:15:28	01:41:34
22	<b>SZOTA Magdalena</b>	<b>885</b>		K-40	00:00:39	00:25:03	00:50:26	01:16:03	01:41:42
23	<b>TYSZKO Berenika</b>	<b>922</b>		K-20	00:00:43	00:25:18	00:50:41	01:15:53	01:42:09
24	<b>RĄB Agnieszka</b>	<b>758</b>		K-40	00:00:43	00:24:41	00:49:41	01:15:24	01:42:13
25	<b>JURECZKO Monika</b>	<b>328</b>		K-40	00:00:45	00:24:18	00:50:07	01:15:30	01:42:21
26	<b>BANACH Magda</b>	<b>10</b>		K-20	00:00:37	00:24:36	00:49:34	01:14:44	01:42:27
27	<b>BŁOŃSKA Monika</b>	<b>48</b>		K-30	00:00:24	00:25:41	00:51:22	01:16:22	01:42:52
28	<b>KOSAŁKA Beata</b>	<b>413</b>		K-30	00:00:54	00:26:03	00:51:48	01:17:08	01:43:03
29	<b>BRZOSKA Elżbieta</b>	<b>79</b>	NIGHT RUNNERS PYSKOWICE	K-40	00:00:52	00:25:28	00:51:20	01:17:22	01:43:32
30	<b>SKÓRA Aneta</b>	<b>1044</b>		K-30	00:00:48	00:25:01	00:50:47	01:17:06	01:43:35

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
31	<b>GŁUSZYK Joanna</b>	<b>232</b>	WAY2CHAMP	K-40	00:00:35	00:25:01	00:50:28	01:16:43	01:43:53
32	<b>BOCHEŃSKA Agnieszka</b>	<b>51</b>	MOMO TEAM	K-40	00:00:46	00:25:03	00:50:55	01:17:09	01:44:39
33	<b>OLCZYK Karina</b>	<b>634</b>		K-20	00:00:41	00:24:35	00:50:14	01:17:03	01:44:44
34	<b>SZOŁTYSEK-GRZESIKIEWICZ Anna</b>	<b>884</b>		K-30	00:00:50	00:25:45	00:51:29	01:17:40	01:44:47
35	<b>SZCZEŚNIAK Maria</b>	<b>872</b>		K-30	00:00:17	00:25:35	00:51:29	01:17:30	01:45:05
36	<b>HERLICZKA Renata</b>	<b>283</b>	AML FLY TEAM	K-30	00:00:58	00:25:57	00:51:45	01:17:51	01:45:22
37	<b>CZERNIK Judyta</b>	<b>134</b>		K-30	00:00:57	00:27:29	00:54:07	01:19:54	01:45:31
38	<b>PĘDOWSKA Bożena</b>	<b>685</b>		K-50	00:00:07	00:25:23	00:51:41	01:18:14	01:45:34
39	<b>GARBOWSKA Monika</b>	<b>207</b>	COMPAÑEROS ASFALT TEAM	K-40	00:00:57	00:25:44	00:51:43	01:18:25	01:45:37
40	<b>WILCZEK Małgorzata</b>	<b>952</b>	ISTA BIEGAMY	K-30	00:01:03	00:26:21	00:52:58	01:19:13	01:45:42
41	<b>CANIBOŁ Anna</b>	<b>96</b>	RUNTEAM PAWŁOWICE	K-20	00:00:26	00:25:40	00:51:36	01:18:05	01:45:57
42	<b>RYZIŃSKA Aneta</b>	<b>785</b>		K-40	00:00:19	00:25:16	00:51:32	01:18:25	01:46:06
43	<b>WOŹNIAK-SOLAREK Zuzanna</b>	<b>1064</b>		K-20	00:00:37	00:25:34	00:52:05	01:18:46	01:46:39
44	<b>NIŻNIKIEWICZ Elżbieta</b>	<b>617</b>		K-30	00:00:49	00:25:53	00:52:33	01:19:17	01:46:48
45	<b>CZARNIK-PECIAK Aleksandra</b>	<b>127</b>		K-40	00:00:49	00:27:17	00:53:50	01:19:55	01:46:56
46	<b>SMIESZKOŁ-BRYKOWSKA Sonia</b>	<b>818</b>		K-40	00:00:58	00:26:10	00:52:06	01:18:41	01:47:23
47	<b>KLIMAS Agnieszka</b>	<b>376</b>		K-40	00:01:09	00:26:03	00:52:37	01:19:06	01:47:27
48	<b>BROZYNA Magdalena</b>	<b>74</b>	CO JA TU ROBIĘ?	K-30	00:00:14	00:23:34	00:50:09	01:18:07	01:47:34
49	<b>MACURA Sylwia</b>	<b>521</b>		K-50	00:01:13	00:27:18	00:54:01	01:20:51	01:48:00
50	<b>WARAT Katarzyna</b>	<b>935</b>	YES3	K-30	00:01:40	00:25:32	00:51:52	01:19:28	01:48:02
51	<b>DZIUBEK Monika</b>	<b>180</b>	W POGONI ZA DUCHEM	K-30	00:00:39	00:26:28	00:53:15	01:20:18	01:48:14
52	<b>YOUSSEF Anna</b>	<b>990</b>		K-30	00:00:30	00:26:12	00:53:11	01:20:24	01:48:46
53	<b>POPIEL-KRUK Aleksandra</b>	<b>1047</b>		K-40	00:01:21	00:27:59	00:55:57	01:23:01	01:48:47
54	<b>KASPER Iwona</b>	<b>351</b>	KB ORŁY Z KNUROWA	K-40	00:00:32	00:26:39	00:54:03	01:21:31	01:49:30
55	<b>POPIEL Adriana</b>	<b>721</b>		K-30	00:00:39	00:27:08	00:54:23	01:21:36	01:49:33
56	<b>SAMOL Aleksandra</b>	<b>790</b>		K-20	00:00:28	00:25:42	00:52:15	01:19:57	01:49:53
57	<b>KONOPKA Agnieszka</b>	<b>405</b>	I LO DWUJĘZYCZNE	K-40	00:01:04	00:27:27	00:54:42	01:22:12	01:49:54
58	<b>KOPLIN Kasia</b>	<b>408</b>	FRAZOCHY	K-30	00:00:58	00:26:07	00:53:12	01:21:34	01:50:32
59	<b>GIELERAK Daria</b>	<b>220</b>		K-30	00:00:21	00:27:12	00:54:01	01:21:58	01:50:44
60	<b>WODA Ewelina</b>	<b>964</b>	WAY2CHAMP	K-30	00:01:17	00:27:53	00:55:30	01:23:05	01:50:53
61	<b>SIERADZKA Agnieszka</b>	<b>805</b>	BIEGAJ Z TRENERAMI	K-30	00:00:54	00:25:52	00:53:34	01:22:00	01:50:54
62	<b>MATUSZNY Barbara</b>	<b>1074</b>		K-40	00:00:28	00:26:03	00:52:57	01:21:37	01:51:12
63	<b>GRACH Aleksandra</b>	<b>249</b>		K-40	00:00:58	00:26:11	00:53:22	01:21:46	01:51:12
64	<b>POLEWICA Aleksandra</b>	<b>1123</b>	UKS KOMETA GLIWICE	K-16	00:00:02	00:25:57	00:54:04	01:22:12	01:51:16
65	<b>DYGOŃ Gosia</b>	<b>169</b>	BIEGAJ Z TRENERAMI	K-40	00:00:00	00:28:17	00:55:30	01:23:07	01:51:21
66	<b>BEDNARCZYK-ICIEK Aneta</b>	<b>1099</b>	AKTYWNI KAMIENSK	K-40	00:01:01	00:27:12	00:54:57	01:22:42	01:51:31
67	<b>HAŁAS Małgorzata</b>	<b>277</b>		K-30	00:01:24	00:27:28	00:54:55	01:23:14	01:51:49
68	<b>CZARDYBON Laura</b>	<b>125</b>		K-40	00:01:13	00:27:56	00:55:57	01:23:54	01:51:50
69	<b>DANISZ Małgorzata</b>	<b>145</b>		K-30	00:01:47	00:28:57	00:57:18	01:24:19	01:52:17
70	<b>BOMBIS Sandra</b>	<b>58</b>		K-20	00:01:05	00:26:46	00:53:52	01:22:01	01:52:19
71	<b>KULCZYK Anna</b>	<b>467</b>		K-30	00:00:57	00:27:22	00:55:07	01:23:22	01:52:25
72	<b>MARKOWSKA Sylwia</b>	<b>539</b>		K-30	00:01:10	00:27:56	00:55:50	01:24:03	01:52:31
73	<b>SITKO Magdalena</b>	<b>810</b>		K-20	00:01:28	00:27:27	00:55:20	01:23:36	01:52:37
74	<b>KWIATKOWSKA Katarzyna</b>	<b>488</b>		K-40	00:00:10	00:25:58	00:53:44	01:22:08	01:52:51
75	<b>KRAWCZYK Marta</b>	<b>436</b>		K-40	00:01:35	00:28:44	00:57:06	01:24:48	01:53:00

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
76	GRUCHAŁA Anna	262	MK TEAM	K-30	00:01:05	00:27:28	00:54:55	01:23:05	01:53:22
77	BIER Agnieszka	40	DTIQ POLAND	K-30	00:01:39	00:28:01	00:56:19	01:24:39	01:53:22
78	KONIECZNY Justyna	403	NIGHT RUNNER PYSKOWICE	K-30	00:00:53	00:26:47	00:54:18	01:23:10	01:53:26
79	JURASZCZUK Katarzyna	1090	INŻYNIERIA BIEGANIA	K-40	00:01:32	00:28:04	00:55:57	01:24:36	01:53:30
80	TOMCZYK Edyta	912		K-30	00:01:29	00:28:29	00:57:04	01:25:43	01:53:31
81	SZOJDA Małgorzata	881	INŻYNIERIA BIEGANIA TEAM	K-30	00:01:17	00:28:12	00:56:36	01:25:05	01:53:34
82	KUCZMA Joanna	462		K-40	00:01:26	00:28:06	00:56:25	01:24:52	01:53:35
83	LEDWOŃ Aneta	498	NIGHT RUNNERS GLIWICE	K-40	00:01:30	00:28:24	00:56:50	01:25:20	01:53:36
84	KOCIELSKA Anna	389		K-30	00:01:04	00:27:04	00:55:15	01:24:04	01:53:41
85	ZIĘTEK Katarzyna	1015	#BBKTS	K-30	00:01:38	00:28:16	00:56:37	01:24:48	01:53:47
86	NOWAKOWSKA Agnieszka	626	PACEMAKER	K-20	00:01:16	00:28:13	00:56:37	01:25:05	01:53:48
87	PETEJA-ĆWIK Aleksandra	682	NSZOZANGIODENS	K-50	00:01:08	00:28:13	00:56:37	01:25:08	01:53:53
88	SOBAS Katarzyna	824		K-20	00:01:09	00:28:05	00:56:37	01:25:08	01:53:55
89	PUCHAŁA Ewelina	742	PACEMAKER	K-30	00:01:28	00:28:27	00:56:52	01:25:41	01:54:04
90	ZAPOTOCZNA Renata	997		K-40	00:00:44	00:27:13	00:55:57	01:25:37	01:54:08
91	STUDNIK Agnieszka	861		K-30	00:00:36	00:28:29	00:57:14	01:25:38	01:54:40
92	PYPKA Elżbieta	746		K-30	00:00:40	00:28:01	00:56:36	01:25:35	01:54:59
93	KIECKA Ewelina	364		K-30	00:01:42	00:29:17	00:58:06	01:26:23	01:55:04
94	DEMBOWSKA Bożena	150		K-40	00:01:33	00:28:23	00:57:05	01:26:07	01:55:48
95	MASTALSKA Marzena	546	OPEL ACTIVE TEAM	K-30	00:01:15	00:29:03	00:57:49	01:27:30	01:55:54
96	GRZEGORCZYK Monika	266	NIGHT RUNNERS ZABRZE	K-30	00:01:16	00:29:02	00:57:48	01:27:30	01:55:54
97	NANCKA Brygida	599	-	K-40	00:00:22	00:27:35	00:56:19	01:25:26	01:55:58
98	KOLTERNIAK Monika	397	QUEENS PARK HARRIERS LONDYN	K-40	00:01:01	00:28:12	00:56:51	01:25:58	01:56:00
99	FRANIELCZYK Marta	194		K-30	00:01:29	00:28:12	00:56:37	01:25:22	01:56:06
100	BRZOZA Aleksandra	80	MOSTOSTAL ZABRZE UNITED	K-30	00:00:50	00:28:37	00:56:51	01:25:20	01:56:35
101	PINDERA Barbara	1112		K-30	00:01:27	00:29:20	00:58:30	01:27:18	01:56:47
102	LESZCZYŃSKA Małgorzata	501		K-40	00:00:35	00:27:13	00:55:57	01:25:59	01:57:18
103	KRAWCZYK Beata	439		K-30	00:01:34	00:28:05	00:56:20	01:24:49	01:57:23
104	WILSZ Ewa	956	#PANIÓWKIRUN	K-40	00:01:31	00:27:54	00:56:52	01:26:14	01:57:28
105	PYREK Anna	747		K-20	00:01:10	00:27:46	00:56:41	01:26:03	01:57:30
106	VOLOSHYNA Mariana	932		K-30	00:01:55	00:30:38	01:00:27	01:28:51	01:57:48
107	SZUTER Justyna	890		K-20	00:01:11	00:28:31	00:57:32	01:26:38	01:57:52
108	BŁASZCZYK Paulina	45		K-30	00:01:33	00:28:28	00:57:08	01:26:34	01:57:53
109	HAŁAMBIEC Anna	276		K-30	00:01:07	00:28:04	00:56:48	01:26:28	01:58:09
110	KNEBEL Patrycja	1115		K-30	00:01:04	00:29:25	00:58:55	01:29:04	01:58:14
111	KĘPA Agnieszka	362	EKO-OKNA RUNNERS	K-30	00:01:37	00:29:30	00:58:57	01:28:24	01:58:18
112	BAK Katarzyna	1084		K-30	00:01:01	00:28:37	00:58:06	01:27:24	01:58:33
113	PĘKALA Anna	688		K-40	00:01:38	00:27:41	00:56:10	01:26:10	01:58:57
114	SZKAMRUK Małgorzata	875		K-30	00:01:37	00:27:42	00:56:11	01:26:13	01:59:00
115	HRYNISZYN Agnieszka	293		K-20	00:01:26	00:29:07	00:58:22	01:28:22	01:59:17
116	GRYNICKA-JASKÓŁA Aleksandra	1089		K-40	00:01:09	00:28:27	00:57:48	01:27:38	01:59:47
117	KONIOR Edyta	404	KOLIBER TEAM	K-40	00:01:16	00:29:22	00:58:50	01:28:49	02:00:01
118	ZWOLIŃSKA Katarzyna	1058	AERO-SYSTEM.PL	K-20	00:01:32	00:29:18	00:58:51	01:29:42	02:00:13
119	ROJEK Monika	765		K-40	00:01:24	00:29:45	00:59:41	01:28:39	02:00:17
120	GŁOWACKA Marta	229		K-20	00:01:48	00:30:04	00:59:50	01:29:44	02:00:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
121	<b>CZERNIAK Żaneta</b>	<b>132</b>		K-40	00:01:08	00:28:13	00:56:46	01:27:52	02:00:53
122	<b>PAŁYGA Agnieszka</b>	<b>667</b>	FUTURE PROCESSING RUNNING TEAM	K-30	00:01:06	00:28:41	00:58:34	01:29:18	02:00:56
123	<b>PRESNAL-ZMYŚŁOWSKA Agnieszka</b>	<b>728</b>		K-40	00:01:30	00:27:54	00:58:17	01:28:37	02:01:08
124	<b>BUCHAL Katarzyna</b>	<b>83</b>		K-50	00:01:05	00:29:26	00:59:35	01:29:52	02:01:09
125	<b>MIECZNIKOWSKA Agnieszka</b>	<b>568</b>		K-40	00:01:04	00:28:05	00:57:52	01:29:01	02:01:12
126	<b>ĆWIOK Barbara</b>	<b>143</b>	#PANIÓWKIRUN	K-40	00:01:20	00:30:02	00:59:47	01:30:30	02:01:16
127	<b>KOWALCZYK Anna</b>	<b>418</b>	HIRSCHVOGEL	K-40	00:01:22	00:30:02	01:00:29	01:30:43	02:01:17
128	<b>HEBDA-OLSZÓWKA Aleksandra</b>	<b>279</b>	BP RUNNING TEAM GLIWICE	K-30	00:01:16	00:29:27	00:59:55	01:30:15	02:01:18
128	<b>MARUT Kaśka</b>	<b>544</b>	BP RUNNING TEAM GLIWICE	K-40	00:01:16	00:29:29	00:59:55	01:30:18	02:01:18
130	<b>KROCZEK Liliana</b>	<b>442</b>	NIGHT RUNNERS	K-40	00:01:16	00:29:27	00:59:50	01:30:18	02:01:20
131	<b>RÓLKA Mariola</b>	<b>771</b>	BP RUNNING TEAM	K-40	00:01:15	00:29:29	00:59:56	01:30:20	02:01:21
132	<b>SZYMAŃSKA Dominika</b>	<b>895</b>	POMYKACZE	K-20	00:00:47	00:27:56	00:57:07	01:30:05	02:01:27
133	<b>PRACKA Danuta</b>	<b>725</b>		K-30	00:01:47	00:29:29	00:59:32	01:30:15	02:01:28
134	<b>KRAFCZYK Edyta</b>	<b>430</b>		K-30	00:00:54	00:28:51	00:58:51	01:29:15	02:02:24
135	<b>MICHALIK Natalia</b>	<b>562</b>		K-20	00:01:37	00:29:55	01:00:10	01:31:02	02:03:07
136	<b>URBANEK-RAJWA Barbara</b>	<b>928</b>		K-40	00:00:40	00:28:26	00:57:07	01:27:22	02:03:08
137	<b>ŚLIWIŃSKA Alicja</b>	<b>903</b>		K-30	00:00:51	00:28:31	00:58:07	01:29:00	02:03:08
138	<b>NOWAKOWSKA-TRZASKA Joanna</b>	<b>627</b>		K-40	00:01:35	00:29:56	01:00:12	01:31:03	02:03:09
139	<b>JURASZCZYK Dominika</b>	<b>325</b>	PACEMAKER	K-20	00:01:31	00:29:50	01:00:18	01:31:29	02:03:31
140	<b>PISKON Agnieszka</b>	<b>938</b>	W POGONI ZA DUCHEM/ PACEMAKER	K-30	00:01:31	00:29:50	01:00:16	01:31:29	02:03:31
141	<b>BATEJKO Beata</b>	<b>18</b>	SPORT WSPIERAMY NAUKOWO	K-40	00:01:44	00:29:28	00:59:15	01:30:30	02:04:08
142	<b>RYBARZ Ewa</b>	<b>779</b>		K-30	00:01:38	00:29:54	01:00:20	01:31:32	02:04:15
143	<b>ZBOREK Dominika</b>	<b>1000</b>		K-30	00:01:38	00:29:26	00:59:31	01:31:06	02:04:18
144	<b>MAJCHRZAK Magdalena</b>	<b>524</b>		K-30	00:01:37	00:29:30	00:58:58	01:30:01	02:05:03
145	<b>CZYSZCZOŃ Anna</b>	<b>138</b>		K-20	00:01:41	00:31:33	01:02:57	01:33:34	02:05:11
146	<b>LEWANDOWSKA Magdalena</b>	<b>503</b>		K-30	00:02:04	00:31:09	01:03:12	01:35:05	02:05:11
147	<b>GDULA Teodozja</b>	<b>217</b>		K-60	00:01:18	00:28:05	00:57:13	01:29:29	02:05:35
148	<b>REWIUK-KOCUR Anna</b>	<b>763</b>		K-30	00:00:45	00:31:22	01:03:14	01:35:21	02:05:45
149	<b>KASPEREK Magdalena</b>	<b>352</b>	FIS - SST	K-40	00:01:43	00:31:43	01:05:11	01:35:44	02:06:16
150	<b>NAWROT Bożena</b>	<b>605</b>		K-40	00:01:44	00:29:56	01:00:37	01:32:06	02:06:24
151	<b>JĘDZURA Agnieszka</b>	<b>322</b>		K-40	00:01:29	00:28:36	00:58:45	01:30:54	02:06:31
152	<b>OSAK Małgorzata</b>	<b>646</b>		K-30	00:01:35	00:28:37	00:57:39	01:30:34	02:06:32
153	<b>NIEWDANA Anna</b>	<b>612</b>	EUVIC	K-20	00:01:48	00:31:51	01:03:50	01:35:46	02:07:05
154	<b>KWARCIAŃSKA Maria</b>	<b>485</b>		K-30	00:01:48	00:31:51	01:03:50	01:35:47	02:07:06
155	<b>KOŁODZIEJCZYK Emilia</b>	<b>400</b>	WATAHA -LACZY NAS BIEGANIE	K-20	00:01:46	00:31:53	01:03:52	01:35:48	02:07:50
156	<b>SERUGA Aleksandra</b>	<b>800</b>		K-20	00:01:33	00:30:10	01:00:28	01:33:24	02:07:54
157	<b>PIOTROWSKA Dorota</b>	<b>704</b>		K-30	00:02:04	00:31:09	01:03:12	01:35:05	02:08:17
158	<b>PIECHOWICZ-KUROWSKA Agata</b>	<b>1048</b>		K-30	00:01:41	00:31:44	01:03:50	01:35:57	02:08:25
159	<b>BROWSKA Aleksandra</b>	<b>1052</b>		K-30	00:01:42	00:31:43	01:03:49	01:35:56	02:08:25
160	<b>WŁODARSKA Dominika</b>	<b>963</b>		K-20	00:00:32	00:30:10	01:01:16	01:33:45	02:08:33
161	<b>KWIATKOWSKA-STOJAK Ewelina</b>	<b>487</b>		K-30	00:00:46	00:30:43	01:02:33	01:35:36	02:08:56
162	<b>KLIMASZ Katarzyna</b>	<b>378</b>		K-20	00:01:05	00:30:22	01:01:28	01:34:11	02:09:10
163	<b>CHAVEZ Christina</b>	<b>1097</b>		K-20	00:00:00	01:33:27			02:09:35
164	<b>BINASIŁ Agnieszka</b>	<b>41</b>	HURAGAN LIGOTA	K-40	00:01:37	00:30:26	01:01:32	01:34:42	02:09:46
165	<b>BIAŁY Dagmara</b>	<b>34</b>	DMB	K-40	00:00:33	00:31:18	01:03:29	01:37:02	02:09:51

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
166	PRZYBYŚLAWSKA Nina	739	4-TO	K-30	00:00:33	00:31:19	01:03:29	01:37:02	02:09:52
167	JACHIMOWSKA Agnieszka	299		K-30	00:01:28	00:29:50	01:00:34	01:34:21	02:10:00
168	LATA Monika	494	KYOKUSHIN	K-40	00:01:41	00:33:12	01:06:04	01:38:51	02:10:05
169	GREINER Anna	255		K-40	00:00:22	00:30:03	01:02:08	01:35:00	02:10:30
170	SZELAĞ Iwona	874		K-30	00:01:45	00:31:54	01:03:53	01:35:49	02:10:57
171	ESTKO Anna	182		K-30	00:01:46	00:31:27	01:02:49	01:35:28	02:11:01
172	GOŃKA Monika	240		K-40	00:01:18	00:29:08	00:59:35	01:33:41	02:11:07
173	KAŁUŻNA Anna	341		K-50	00:01:47	00:31:59	01:04:03	01:36:37	02:12:20
174	JAGODZIŃSKA Daria	301		K-20	00:02:06	00:33:08	01:06:14	01:38:37	02:12:41
175	CIESZYŃSKA Jolanta	112		K-50	00:01:01	00:32:34	01:05:20	01:39:00	02:13:57
176	ADAMUS Anna	3		K-40	00:01:37	00:31:19	01:04:18	01:39:09	02:15:32
177	MOKRZYCKA Justyna	584	ORLY Z KNUROWA	K-30	00:01:30	00:31:33	01:05:15	01:39:37	02:15:41
178	HAJOK Magda	274		K-30	00:01:45	00:31:54	01:03:54	01:37:53	02:15:58
179	KOZIOŁ Ewa	427	PORANNY PATROL	K-40	00:01:33	00:30:38	01:03:12	01:37:39	02:16:28
180	RUBINSKA Małgorzata	773		K-50	00:02:07	00:32:21	01:06:57	01:40:39	02:17:48
181	MIELNICZUK Marta	570	DECATHLON&PRZYJACIELE	K-20	00:01:36	00:28:05	00:58:51	01:36:50	02:19:25
182	KOPIEC Beata	407	BEATA	K-50	00:01:49	00:32:03	01:06:06	01:42:40	02:19:33
183	ROSA Anna	766	-	K-50	00:01:49	00:32:01	01:06:06	01:42:40	02:19:33
184	ŚLUSARSKA Sylwia	904		K-30	00:00:13	00:28:55	01:02:00	01:38:00	02:19:39
185	DWORNICZAK Iwona	167	ZABIEGANE SIOSTRY	K-50	00:01:28	00:33:04	01:07:14	01:42:40	02:20:40
186	DZIEKAN Katarzyna	179	ANTONTEAM	K-20	00:02:01	00:32:17	01:05:38	01:42:27	02:21:44
187	JARCZYK Magdalena	312	KOLIBER TEAM	K-40	00:01:17	00:33:28	01:08:10	01:45:01	02:22:41
188	SOKÓŁ-OLEŚ Ewelina	829	RUNTEAM PAWŁOWICE	K-40	00:02:05	00:33:19	01:07:53	01:44:14	02:23:53
189	KACZMARCZYK Magdalena	331	RUNTEAM PAWŁOWICE	K-20	00:02:06	00:33:18	01:07:58	01:44:15	02:23:58
190	GIEŁŻYŃSKA Angelika	221		K-30	00:01:05	00:30:19	01:04:56	01:42:48	02:24:21
191	ZIELIŃSKA Izabela	1007		K-40	00:01:00	00:31:54	01:07:45	01:45:06	02:24:45
192	POGORZELSKA-KLIKS Agata	715	FIS-SST TEAM	K-40	00:01:51	00:33:21	01:08:08	01:44:34	02:25:02
193	WOLNY Ewa	970		K-40	00:01:12	00:31:53	01:07:03	01:44:47	02:26:18
194	ZAKLIŃSKA Katarzyna	995	TMTEAM	K-40	00:01:51	00:33:18	01:08:13	01:47:00	02:27:28
195	HOLECZEK Dominika	289		K-30	00:01:52	00:33:17	01:08:23	01:46:59	02:28:50
196	KOCYAN Małgorzata	393	BIEGAJ Z TRENERAMI	K-60	00:00:00	00:34:44	01:09:16	01:47:32	02:30:39
197	RUDNER-DERSIEWICZ Ula	774	CROSSFIT HELLWOOD GLIWICE	K-30	00:01:25	00:32:47	01:08:20	01:48:49	02:30:42
198	JANKOWSKA Joanna	308		K-30	00:01:25	00:32:47	01:08:20	01:48:49	02:30:43
199	KOŁODZIŃSKA Ewa	401		K-40	00:01:40	00:34:13	01:09:57	01:49:00	02:31:46
200	RUTKA Wiola	776		K-30	00:01:39	00:34:57	01:11:56	01:49:47	02:31:50
201	PAWLARCZYK Karolina	677		K-20	00:01:34	00:33:11	01:07:53	01:49:46	02:31:57
202	LATOS Barbara	496	ZABRZAŃSKIE TOWARZYSTWO TRIATHLONOWE	K-60	00:02:02	00:35:39	01:13:17	01:54:30	02:37:18
203	GAWĘŁKO Rauszanija	209		K-50	00:00:48	00:34:39	01:12:32	01:54:05	02:38:30

Znaleziono 203 wynik(ów)