

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-10-26  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

Klasyfikacja: M-30

Punkt pomiarowy: 10,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km
1	<b>OLIJNYK Paweł</b>	<b>1147</b>	ONE TEAM	M-30	00:00:01	00:16:08	00:32:45
2	<b>MUSKIETORZ Piotr</b>	<b>593</b>		M-30	00:00:01	00:17:26	00:35:01
3	<b>ŻURAWIK Daniel</b>	<b>1034</b>	PPI SYSTEMY-GRZEWCZE	M-30	00:00:01	00:17:18	00:35:02
4	<b>SZCZECIŃSKI Maciej</b>	<b>871</b>	INŻYNIERIA BIEGANIA	M-30	00:00:01	00:18:15	00:36:50
5	<b>RYSZ Robert</b>	<b>784</b>		M-30	00:00:02	00:18:13	00:36:59
6	<b>ŁUKASIEWICZ Sebastian</b>	<b>518</b>	KLUB BIEGOWY GEPARD	M-30	00:00:01	00:18:37	00:37:19
7	<b>MOMRO Łukasz</b>	<b>585</b>	AKMB PEDZIWIATR GLIWICE	M-30	00:00:01	00:18:35	00:37:49
8	<b>JĘDROS Przemysław</b>	<b>318</b>	INŻYNIERIA BIEGANIA TEAM	M-30	00:00:02	00:19:00	00:38:19
9	<b>KNESZ Krzysztof</b>	<b>385</b>		M-30	00:00:02	00:19:09	00:38:57
10	<b>WIERZCHOWSKI Tomasz</b>	<b>948</b>	NORTHMILL RUNNING TEAM	M-30	00:00:02	00:19:16	00:39:02
11	<b>DUŻNIAK Dominik</b>	<b>165</b>	STEP-DANCE	M-30	00:00:02	00:19:19	00:39:19
12	<b>LEDWOŃ Paweł</b>	<b>1068</b>		M-30	00:00:03	00:20:04	00:40:09
13	<b>DE LA PARRA Inaki</b>	<b>154</b>	WAY2CHAMP.COM	M-30	00:00:06	00:20:19	00:40:17
14	<b>PRZELIORZ Paweł</b>	<b>734</b>		M-30	00:00:02	00:19:48	00:40:24
15	<b>LANGNER Radosław</b>	<b>491</b>	WAY2CHAMP.COM / VEGE RUNNERS	M-30	00:00:06	00:20:19	00:40:36
16	<b>STUCHLIK Marek</b>	<b>860</b>	AKTYWNA PSZCZYNA RUNNERS TEAM	M-30	00:00:02	00:20:10	00:40:47
17	<b>WOŹNIAK Grzegorz</b>	<b>1056</b>		M-30	00:00:05	00:20:26	00:40:51
18	<b>PODSIADŁO Adam</b>	<b>714</b>		M-30	00:00:02	00:20:05	00:41:15
19	<b>RATYŃSKI Bartłomiej</b>	<b>755</b>	HAPPY RUNNERS	M-30	00:00:14	00:20:51	00:41:41
20	<b>NOWAK Kamil</b>	<b>620</b>		M-30	00:00:14	00:20:48	00:42:06
21	<b>PROBE Bartek</b>	<b>729</b>	TWÓJ STARY	M-30	00:00:08	00:20:52	00:42:12
22	<b>ADAMSKI Krzysztof</b>	<b>2</b>		M-30	00:00:08	00:20:53	00:42:12
23	<b>BORSIAK Sebastian</b>	<b>61</b>	OPEL ACTIVE TEAM	M-30	00:00:09	00:20:53	00:42:12
24	<b>BARAN Ryszard</b>	<b>14</b>		M-30	00:00:05	00:20:34	00:42:13
25	<b>RAJTOR Paweł</b>	<b>1049</b>		M-30	00:00:09	00:20:54	00:42:14
26	<b>JĘDZURA Daniel</b>	<b>321</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:09	00:20:51	00:42:18
27	<b>KLEWANIEC Jakub</b>	<b>373</b>		M-30	00:00:11	00:20:56	00:42:24
28	<b>GRUSZCZYŃSKI Stanisław</b>	<b>263</b>		M-30	00:00:07	00:20:54	00:42:33
29	<b>GRAMATYKA Jan</b>	<b>253</b>	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:03	00:21:05	00:42:40
30	<b>DOBICZEK Łukasz</b>	<b>155</b>		M-30	00:00:08	00:21:12	00:42:58

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km
31	<b>SMYCZEK Bartosz</b>	<b>822</b>	KILOMETROŻERCA	M-30	00:00:16	00:21:01	00:43:02
32	<b>NOWICKI Szymon</b>	<b>628</b>		M-30	00:00:34	00:21:26	00:43:03
33	<b>KŁYK Dominik</b>	<b>384</b>		M-30	00:00:08	00:21:20	00:43:14
34	<b>BUBAŁA Łukasz</b>	<b>81</b>		M-30	00:00:07	00:20:56	00:43:23
35	<b>POŚNIAK Tomasz</b>	<b>724</b>	ISTA	M-30	00:00:05	00:21:01	00:43:24
36	<b>TKACZ Piotr</b>	<b>908</b>		M-30	00:00:19	00:22:06	00:43:24
37	<b>TEKLA Krzysztof</b>	<b>907</b>		M-30	00:00:18	00:21:28	00:43:32
38	<b>KALUKIEWICZ Dobromił</b>	<b>338</b>	FRAMIGA	M-30	00:00:14	00:21:38	00:43:40
39	<b>FURMAN Paweł</b>	<b>197</b>	HURAGAN LIGOTA	M-30	00:00:16	00:21:46	00:43:59
40	<b>HERNACKI Karol</b>	<b>285</b>	LISWARTA KRZEPICE	M-30	00:00:16	00:22:03	00:44:14
41	<b>PAJĄK Krzysztof</b>	<b>658</b>		M-30	00:00:16	00:21:48	00:44:17
42	<b>KRAWCZYK Karol</b>	<b>435</b>		M-30	00:00:10	00:22:00	00:44:25
43	<b>GABRYŚ Jacek</b>	<b>200</b>		M-30	00:00:13	00:21:59	00:44:36
44	<b>GRAETSCH Sebastian</b>	<b>252</b>	VATTENFALL	M-30	00:00:09	00:21:03	00:44:42
45	<b>NIEDBAŁ Łukasz</b>	<b>606</b>	GTT - INTER PROJEKT	M-30	00:00:05	00:22:14	00:44:44
46	<b>FURMANEK Łukasz</b>	<b>198</b>	KLUB BIEGACZA SANTANDER CONSUMER BANK	M-30	00:00:08	00:22:03	00:44:46
47	<b>MIRONOWICZ Bartłomiej</b>	<b>576</b>		M-30	00:00:21	00:21:52	00:44:47
48	<b>KRÓL Dariusz</b>	<b>445</b>	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:04	00:21:58	00:44:57
49	<b>BIELA Grzegorz</b>	<b>37</b>	GIBKE GIZDY	M-30	00:00:09	00:21:50	00:44:57
50	<b>ZDON Paweł</b>	<b>1002</b>		M-30	00:00:09	00:22:27	00:45:10
51	<b>GORCZYCKI Arkadiusz</b>	<b>241</b>	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:15	00:22:18	00:45:17
52	<b>TŁOŁKA Michał</b>	<b>909</b>		M-30	00:00:14	00:22:47	00:45:19
53	<b>STANISZ Marcin</b>	<b>841</b>	NIGHT RUNNERS PYSKOWICE	M-30	00:00:24	00:22:39	00:45:21
54	<b>CHAŁADYN Sławek</b>	<b>99</b>	INŻYNIERIA BIEGANIA	M-30	00:00:12	00:22:23	00:45:24
55	<b>KULPA Marek</b>	<b>473</b>	4QM	M-30	00:00:05	00:22:34	00:45:41
56	<b>BURCZYK Klaudiusz</b>	<b>94</b>		M-30	00:00:08	00:22:29	00:45:42
57	<b>MICHALSKI Jarosław</b>	<b>565</b>	HETMAN TARNOWSKIE GÓRY	M-30	00:00:24	00:22:37	00:45:46
58	<b>KUBERA Dawid</b>	<b>457</b>	ALWAYSINMOTION.PL	M-30	00:00:11	00:22:05	00:45:52
59	<b>SIERADZKI Dariusz</b>	<b>806</b>	BIEGAJ Z TRENERAMI	M-30	00:00:09	00:22:50	00:45:57
60	<b>WRZESIEŃ Dariusz</b>	<b>986</b>		M-30	00:00:40	00:23:07	00:46:13
61	<b>OPIŁEK Marek</b>	<b>640</b>	EUVIC	M-30	00:00:26	00:23:06	00:46:15
62	<b>ŁAKOMY Piotr</b>	<b>1087</b>		M-30	00:00:45	00:23:03	00:46:23
63	<b>WIDERA Marek</b>	<b>944</b>	SORBCHEM	M-30	00:00:30	00:23:07	00:46:31
64	<b>ORZECH Michał</b>	<b>645</b>	MUSTANGI GLIWICE	M-30	00:00:15	00:23:09	00:46:38
65	<b>WOMELA Maciej</b>	<b>973</b>		M-30	00:00:26	00:23:22	00:46:41
66	<b>ŁATKA Łukasz</b>	<b>514</b>		M-30	00:00:27	00:23:23	00:46:41
67	<b>MACHALICA Dominik</b>	<b>1062</b>		M-30	00:00:35	00:23:16	00:46:41
68	<b>PIETRUSZEWSKI Marcin</b>	<b>695</b>	BIEGAM BO LUBIĘ	M-30	00:00:26	00:23:25	00:46:42
69	<b>MOJ Adam</b>	<b>583</b>		M-30	00:00:26	00:23:25	00:46:48
70	<b>NASTULA Dariusz</b>	<b>601</b>		M-30	00:00:16	00:23:30	00:46:49
71	<b>FINKBEINER Łukasz</b>	<b>188</b>		M-30	00:00:18	00:23:30	00:46:50
72	<b>BOGACZ Paweł</b>	<b>52</b>		M-30	00:00:13	00:22:51	00:46:51
73	<b>NYKIEL Mariusz</b>	<b>630</b>	SOCIOS SILESIA	M-30	00:00:16	00:23:31	00:46:51
74	<b>ZYMELA Dawid</b>	<b>1026</b>		M-30	00:00:21	00:23:30	00:46:52
75	<b>WILK Dawid</b>	<b>954</b>	PACEMAKER	M-30	00:00:16	00:23:31	00:46:53

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76	<b>CHEJDYS Krystian</b>	<b>100</b>	BIEGNĘ ALE DOKĄD	M-30	00:00:19	00:23:33	00:46:53
77	<b>RYBIŃSKI Łukasz</b>	<b>780</b>	EŁKA TEAM	M-30	00:00:44	00:23:10	00:46:53
78	<b>GDOWSKI Sławek</b>	<b>216</b>	SPASIONE MIŚKI	M-30	00:00:19	00:23:33	00:46:57
79	<b>NIESLER Michał</b>	<b>609</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:07	00:23:34	00:46:58
80	<b>MYSLIWIEC Wojciech</b>	<b>595</b>	DYSTANS LUBOMIA	M-30	00:00:20	00:23:29	00:47:01
81	<b>SEROCKI Michał</b>	<b>799</b>		M-30	00:00:30	00:23:33	00:47:01
82	<b>RATAJCZAK Krystian</b>	<b>1092</b>		M-30	00:00:23	00:23:58	00:47:12
83	<b>MAY-MAJEWSKI Michał</b>	<b>551</b>	4 M	M-30	00:00:24	00:23:38	00:47:18
84	<b>BOTOR Mateusz</b>	<b>67</b>		M-30	00:00:28	00:23:38	00:47:25
85	<b>MIKULSKI Jacek</b>	<b>573</b>		M-30	00:00:20	00:23:50	00:47:27
86	<b>OSZYWA Damian</b>	<b>1065</b>		M-30	00:00:19	00:23:34	00:47:29
87	<b>BLOCH Grzegorz</b>	<b>43</b>	WR1 OYAMA KARATE KATOWICE	M-30	00:00:29	00:23:21	00:47:33
88	<b>ZIELIŃSKI Jacek</b>	<b>1009</b>		M-30	00:01:05	00:23:55	00:47:37
89	<b>PIKULSKI Łukasz</b>	<b>699</b>		M-30	00:00:27	00:23:37	00:47:42
90	<b>BUK Marcin</b>	<b>91</b>	TRIDIVISION	M-30	00:00:48	00:23:39	00:47:46
91	<b>MARTYNIUK Ryszard</b>	<b>542</b>	GMINA STRZELCE OPOLSKIE	M-30	00:00:46	00:23:27	00:47:48
92	<b>GARBACZ Damian</b>	<b>206</b>		M-30	00:00:24	00:23:02	00:47:55
93	<b>PLUCIŃSKI Michał</b>	<b>709</b>		M-30	00:00:39	00:23:50	00:48:03
94	<b>ZWOLIŃSKI Gabriel</b>	<b>1023</b>	AERO-SYSTEM.PL	M-30	00:00:19	00:23:33	00:48:05
95	<b>SOTER Bartłomiej</b>	<b>833</b>		M-30	00:01:07	00:23:56	00:48:10
96	<b>ZIELONKA Jacek</b>	<b>1011</b>	PSOFIX	M-30	00:00:53	00:23:55	00:48:12
97	<b>KRZYCKI Łukasz</b>	<b>454</b>		M-30	00:00:38	00:24:24	00:48:14
98	<b>DYMEK Bartosz</b>	<b>172</b>		M-30	00:00:56	00:24:15	00:48:26
99	<b>CHRZAŚCIK Tomasz</b>	<b>105</b>		M-30	00:00:39	00:24:16	00:48:30
100	<b>MACZUGA Bartłomiej</b>	<b>522</b>	PACEMAKER	M-30	00:00:34	00:24:16	00:48:31
101	<b>WIERZCHOWSKI Jędrzej</b>	<b>949</b>		M-30	00:00:34	00:24:16	00:48:31
102	<b>ROGOSZ Michał</b>	<b>764</b>		M-30	00:00:28	00:24:17	00:48:33
103	<b>GRESZTA Grzegorz</b>	<b>256</b>	JAH RASTA	M-30	00:00:51	00:24:01	00:48:37
104	<b>KRAJEWSKI Radosław</b>	<b>433</b>		M-30	00:00:23	00:24:01	00:48:41
105	<b>ŻABICKI Mariusz</b>	<b>1091</b>		M-30	00:00:26	00:24:02	00:48:45
106	<b>BICZYSKI Paweł</b>	<b>35</b>		M-30	00:00:35	00:24:16	00:48:46
107	<b>SKOTNICKI Paweł</b>	<b>815</b>		M-30	00:00:25	00:23:43	00:48:48
108	<b>JAGIEŁA Michał</b>	<b>300</b>		M-30	00:00:07	00:24:19	00:48:49
109	<b>UJMA Michał</b>	<b>924</b>		M-30	00:00:16	00:23:52	00:48:50
110	<b>ZMACZYŃSKI Andrzej</b>	<b>1019</b>	WAY2CHAMP	M-30	00:00:33	00:23:46	00:48:59
111	<b>KAJSTURA Tomasz</b>	<b>335</b>		M-30	00:00:32	00:24:34	00:49:01
112	<b>BRZEZIŃSKI Przemysław</b>	<b>78</b>		M-30	00:00:33	00:24:26	00:49:06
113	<b>RUTKOWSKI Michał</b>	<b>777</b>		M-30	00:00:33	00:24:26	00:49:06
114	<b>KURZYK Dariusz</b>	<b>480</b>		M-30	00:00:14	00:23:18	00:49:07
115	<b>MRZYK Ireneusz</b>	<b>590</b>	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:00:38	00:24:26	00:49:09
116	<b>BAUC Bartłomiej</b>	<b>19</b>	LEDWO ŻYWY	M-30	00:00:38	00:24:15	00:49:13
117	<b>GŁOGOWSKI Konrad</b>	<b>228</b>		M-30	00:00:22	00:24:25	00:49:15
118	<b>KAWKA Łukasz</b>	<b>357</b>	NIGHT RUNNERS ŚLĄSK	M-30	00:00:39	00:24:24	00:49:17
119	<b>MARCINIAK Rafał</b>	<b>535</b>	1986	M-30	00:01:14	00:24:48	00:49:26
120	<b>KOPPEL Bartłomiej</b>	<b>409</b>		M-30	00:00:29	00:23:54	00:49:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km
121	SCHAB Bartłomiej	793		M-30	00:01:10	00:24:33	00:49:28
122	OZYP Mariusz	654		M-30	00:00:02	00:24:32	00:49:32
123	ADAMSKI Daniel	1066		M-30	00:01:55	00:24:31	00:49:33
124	KUBIAK Mateusz	1101		M-30	00:00:52	00:24:00	00:49:35
125	SALAMON Emil	789	OPEL ACTIVE TEAM	M-30	00:00:26	00:24:47	00:49:37
126	SOSNOWSKI Maciej	831		M-30	00:00:49	00:24:28	00:49:46
127	GDYNIA Daniel	218		M-30	00:00:55	00:24:39	00:49:49
128	KRÓL Artur	446	NGK RUNNING TEAM	M-30	00:00:20	00:24:56	00:49:50
129	KŁUJSZO Karol	383	QUYSHO SQUADRON	M-30	00:00:42	00:24:54	00:50:06
130	WOŹNICZKO Robert	976	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:28	00:24:53	00:50:11
131	PETRYNA Bartosz	683	OCHAJORUN & FRIENDS	M-30	00:00:48	00:24:53	00:50:16
132	WEISS Filip	1043		M-30	00:00:49	00:25:14	00:50:19
133	GRABOWSKI Maciej	247		M-30	00:01:20	00:24:50	00:50:27
134	PRYMAS Krystian	732		M-30	00:00:09	00:24:13	00:50:28
135	KURNAKOWSKI Michał	478	BIEGACZE MOGA DŁUŻEJ	M-30	00:00:51	00:25:10	00:50:32
136	CZAJKA Krzysztof	1077		M-30	00:00:40	00:25:09	00:50:48
137	RYMASZEWSKI Wojtek	783	WARSZTATKOSZULKOWY.PL	M-30	00:00:14	00:25:11	00:50:50
138	RÓŻAŃSKI Michał	772		M-30	00:01:01	00:25:07	00:50:52
139	STOJAK Paweł	851		M-30	00:00:46	00:25:13	00:50:53
140	BUGIEL Rafał	88		M-30	00:00:49	00:25:17	00:50:55
141	MALEC Arkadiusz	529	PWC SDC	M-30	00:00:42	00:24:38	00:50:56
142	KASZUBSKI Andrzej	355		M-30	00:00:50	00:25:31	00:51:01
143	LUDWIKOWSKI Przemysław	513	JURASSIC RUNNERS	M-30	00:01:03	00:25:15	00:51:05
144	JAWOREK Jacek	314	JBC TEAM	M-30	00:00:46	00:25:46	00:51:08
145	PIASECKI Mariusz	690		M-30	00:00:59	00:25:13	00:51:10
146	KUŹMIŃSKI Michał	483		M-30	00:00:29	00:24:37	00:51:14
147	GOCAL Łukasz	233		M-30	00:00:51	00:25:10	00:51:16
148	CICHOCKI Dawid	110	NIGH RUNNERS PYSKOWICE	M-30	00:00:52	00:25:28	00:51:21
149	PNIEWSKI Mariusz	713		M-30	00:00:54	00:25:37	00:51:23
150	MAKSAJDA Andrzej	526	BEERRUNNERS !	M-30	00:00:59	00:25:25	00:51:32
151	MARCINIAK Krzysztof	537		M-30	00:01:01	00:25:44	00:51:34
152	BABIUCH Karol	5	WKURW_TEAM	M-30	00:01:05	00:25:28	00:51:35
153	WIDERA Tomasz	1104		M-30	00:00:50	00:25:34	00:51:36
154	NAWROCKI Piotr	603		M-30	00:01:41	00:25:21	00:51:41
155	WIEKIERA Adam	946		M-30	00:00:45	00:25:34	00:51:42
156	CIEŚLAR Stanisław	114		M-30	00:00:48	00:26:10	00:51:42
157	GÓRKA Szymon	244		M-30	00:00:30	00:24:04	00:51:44
158	POKRYSZKA Bartosz	717		M-30	00:00:52	00:25:39	00:51:47
159	SZOBLIK Łukasz	880		M-30	00:00:48	00:26:11	00:51:51
160	WÓJCIK Tomasz	979		M-30	00:00:30	00:25:25	00:51:52
161	LESZKO Tomasz	502	EUVIC	M-30	00:00:38	00:25:44	00:51:57
162	CHYLIŃSKI Krzysztof	109		M-30	00:01:31	00:25:54	00:52:04
163	KOZAK Krzysztof	426	EKO-OKNA RUNNERS	M-30	00:01:15	00:26:08	00:52:06
164	MATURA Roman	548		M-30	00:00:13	00:25:44	00:52:15
165	GOŁKOWSKI Radosław	238		M-30	00:01:03	00:25:43	00:52:25

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km
166	<b>LESZKIEWICZ Krzysztof</b>	<b>1124</b>	ELZAB ACTIVE TEAM	M-30	00:00:47	00:25:46	00:52:29
167	<b>WRÓBEL Jarosław</b>	<b>1046</b>		M-30	00:01:17	00:26:11	00:52:30
168	<b>TURLEJ Michał</b>	<b>918</b>	JURASSIC RUNNERS	M-30	00:01:02	00:25:23	00:52:43
169	<b>ZOŁOWEK Jarosław</b>	<b>1021</b>	CROSSFIT HELLWOOD GLIWICE	M-30	00:01:22	00:26:58	00:52:46
170	<b>WALSKI Łukasz</b>	<b>1079</b>		M-30	00:00:27	00:26:07	00:52:47
171	<b>DĄBROWSKI Marek</b>	<b>149</b>		M-30	00:00:54	00:25:59	00:52:49
172	<b>GRABOWSKI Michał</b>	<b>1082</b>	OPEL ACTIVE TEAM	M-30	00:00:55	00:27:00	00:52:55
173	<b>BRODAKCI Paweł</b>	<b>1073</b>		M-30	00:00:29	00:26:02	00:52:56
174	<b>STASIAK Mirosław</b>	<b>843</b>	ROCKWELL AUTOMATION	M-30	00:00:15	00:25:04	00:52:58
175	<b>JANIKOWSKI Adam</b>	<b>306</b>	ANICA TEAM	M-30	00:00:50	00:25:32	00:53:00
176	<b>ZEGARTOWSKI Michał</b>	<b>1004</b>	DTIQ POLAND	M-30	00:00:34	00:25:54	00:53:08
177	<b>WOŹNIAKOWSKI Jan</b>	<b>975</b>	OPEL ACTIVE TEAM	M-30	00:00:56	00:27:00	00:53:09
178	<b>DZIUBEK Michał</b>	<b>181</b>	W POGONI ZA DUCHEM	M-30	00:00:39	00:26:28	00:53:15
179	<b>SZCZĘSNY Romuald</b>	<b>873</b>	NIGHT RUNNERS PYSKOWICE	M-30	00:00:56	00:25:37	00:53:15
180	<b>GRZYMAŁA Jan</b>	<b>270</b>		M-30	00:01:13	00:25:51	00:53:16
181	<b>KUCZERA Łukasz</b>	<b>461</b>	DECATHLON & PRZYJACIELE	M-30	00:01:24	00:26:38	00:53:17
182	<b>KWAPIEŃ Aleksander</b>	<b>1069</b>		M-30	00:00:19	00:26:03	00:53:18
183	<b>PYKA Adam</b>	<b>745</b>		M-30	00:01:11	00:26:01	00:53:18
184	<b>CZULUK Filip</b>	<b>137</b>	BAGNO!	M-30	00:00:27	00:26:22	00:53:20
185	<b>DWORNICZAK Paweł</b>	<b>166</b>		M-30	00:01:53	00:26:29	00:53:27
186	<b>KUPCZAK Filip</b>	<b>474</b>	BEERRUNNERS!	M-30	00:00:58	00:26:38	00:53:35
187	<b>TOCZYDŁOWSKI Łukasz</b>	<b>910</b>		M-30	00:01:56	00:26:43	00:53:36
188	<b>CAJZA Zbyszek</b>	<b>95</b>	KAJ META	M-30	00:01:23	00:27:27	00:53:56
189	<b>CIOŚMAK Cezary</b>	<b>116</b>	KB ORŁY Z KNUROWA	M-30	00:00:33	00:26:38	00:54:02
190	<b>NIEDOBA Daniel</b>	<b>1081</b>		M-30	00:00:25	00:26:57	00:54:13
191	<b>SOJKA Łukasz</b>	<b>827</b>		M-30	00:01:19	00:26:44	00:54:20
192	<b>BAJ Tomasz</b>	<b>7</b>		M-30	00:00:27	00:25:34	00:54:21
193	<b>PRENZENA Paweł</b>	<b>727</b>		M-30	00:00:22	00:25:48	00:54:29
194	<b>CZAPLAK Tomasz</b>	<b>124</b>	RADLINIOKI W BIEGU	M-30	00:01:26	00:27:20	00:54:38
195	<b>MACHNIK Artur</b>	<b>520</b>	ORZEŁ TEAM	M-30	00:00:49	00:27:11	00:54:40
196	<b>KAMIŃSKI Sebastian</b>	<b>343</b>		M-30	00:00:48	00:27:12	00:54:41
197	<b>PLEWIŃSKI Tomasz</b>	<b>708</b>		M-30	00:01:39	00:27:04	00:54:52
198	<b>KOPER Tomasz</b>	<b>330</b>		M-30	00:00:55	00:27:10	00:54:58
199	<b>MISIURA Artur</b>	<b>577</b>		M-30	00:02:00	00:28:22	00:55:01
200	<b>OLSZEWSKI Grzegorz</b>	<b>636</b>	OLSZAK TEAM	M-30	00:01:38	00:27:39	00:55:12
201	<b>KOŁODZIEJ Rafał</b>	<b>399</b>		M-30	00:01:54	00:27:48	00:55:15
202	<b>SITKO Mateusz</b>	<b>809</b>		M-30	00:01:29	00:27:27	00:55:18
203	<b>CISZEWSKI Krzysztof</b>	<b>118</b>		M-30	00:01:18	00:27:25	00:55:21
204	<b>WILK Andrzej</b>	<b>955</b>		M-30	00:00:23	00:26:19	00:55:29
205	<b>SOBKOWICZ Jarosław</b>	<b>826</b>	RISE&SHINE	M-30	00:01:19	00:28:17	00:55:45
206	<b>BAJKACZ Krzysztof</b>	<b>8</b>		M-30	00:01:09	00:27:41	00:55:46
207	<b>WIKIERSKI Michał</b>	<b>950</b>		M-30	00:01:25	00:28:06	00:55:46
208	<b>MARKOWSKI Kamil</b>	<b>540</b>		M-30	00:01:10	00:27:55	00:55:50
209	<b>KNYĆ Mateusz</b>	<b>387</b>	12 ZUP	M-30	00:02:08	00:28:41	00:55:55
210	<b>LIS Maciej</b>	<b>511</b>		M-30	00:00:52	00:28:01	00:56:02

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km
211	<b>FUSIEK</b> Juliusz	<b>199</b>	ADEPTUS ASTARTES	M-30	00:00:40	00:28:55	00:56:04
212	<b>URBANEK</b> Martin	<b>927</b>	ISTA BIEGAMY	M-30	00:01:03	00:27:01	00:56:09
213	<b>MIKOŁAJCZYK</b> Marcin	<b>572</b>		M-30	00:01:01	00:28:24	00:56:15
214	<b>BANASZAK</b> Marcin	<b>12</b>		M-30	00:00:55	00:28:17	00:56:19
215	<b>WYCIŚŁOK</b> Krzysztof	<b>987</b>		M-30	00:01:35	00:27:58	00:56:19
216	<b>BŁASZCZYSZYN</b> Łukasz	<b>46</b>		M-30	00:01:33	00:28:28	00:56:20
217	<b>WŁODARCZYK</b> Paweł	<b>962</b>	ING BANK ŚLĄSKI SA	M-30	00:01:34	00:27:57	00:56:20
218	<b>SOWIŃSKI</b> Krzysztof	<b>834</b>		M-30	00:01:28	00:28:08	00:56:22
219	<b>GRUCHALSKI</b> Jakub	<b>261</b>	ISTA BIEGAMY	M-30	00:01:04	00:28:09	00:56:27
220	<b>CHUDY</b> Michał	<b>106</b>		M-30	00:01:48	00:28:35	00:56:29
221	<b>SELIGA</b> Paweł	<b>796</b>	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:01:12	00:28:08	00:56:32
222	<b>BARAŃSKI</b> Grzegorz	<b>15</b>		M-30	00:02:10	00:28:24	00:56:33
223	<b>SOKOŁOWSKI</b> Krzysztof	<b>828</b>	NIGHT RUNNERS ZABRZE	M-30	00:01:16	00:28:16	00:56:34
224	<b>BASZUN</b> Michał	<b>17</b>	DAMY RADEĘ	M-30	00:01:43	00:28:15	00:56:36
225	<b>TOPORKIEWICZ</b> Marcin	<b>913</b>	BIEGACZE MOGA DŁUŻEJ	M-30	00:01:10	00:28:18	00:56:39
226	<b>FOLEK</b> Andrzej	<b>193</b>	DTIQ POLAND	M-30	00:01:43	00:28:19	00:56:40
227	<b>KULESZA</b> Łukasz	<b>469</b>		M-30	00:01:45	00:28:57	00:56:40
228	<b>KAMIŃSKI</b> Rafał	<b>342</b>		M-30	00:01:00	00:28:11	00:56:43
229	<b>BUJALSKI</b> Michał	<b>90</b>		M-30	00:01:55	00:28:51	00:56:43
230	<b>KOJ</b> Jakub	<b>396</b>	LOCO TEAM	M-30	00:01:56	00:28:50	00:56:43
231	<b>WAWRÓW</b> Mirosław	<b>939</b>	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M-30	00:01:02	00:28:28	00:56:52
232	<b>PAWEŁKÓW</b> Michał	<b>674</b>		M-30	00:01:13	00:28:35	00:56:54
233	<b>MAŃKA</b> Marcin	<b>533</b>		M-30	00:01:46	00:28:19	00:57:16
234	<b>MILISZKIEWICZ</b> Adam	<b>575</b>		M-30	00:01:19	00:28:41	00:57:18
235	<b>KSIĄDZ</b> Adam	<b>456</b>		M-30	00:01:15	00:28:37	00:57:20
236	<b>KOWALCZYK</b> Tomasz	<b>417</b>	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:08	00:28:34	00:57:27
237	<b>SZWARCZYŃSKI</b> Jakub	<b>891</b>		M-30	00:01:17	00:29:06	00:57:27
238	<b>TWAROCIK</b> Konrad	<b>1125</b>		M-30	00:01:59	00:28:54	00:57:27
239	<b>KULAWIK</b> Mariusz	<b>466</b>		M-30	00:01:01	00:28:41	00:57:28
240	<b>DRABEK</b> Piotr	<b>158</b>	SENIORZY	M-30	00:01:22	00:29:23	00:57:38
241	<b>NIEDŹWIECKI</b> Paweł	<b>607</b>	OCHOTNICZA STRAŻ POŻARNA W KOTUSZOWIE	M-30	00:01:27	00:28:35	00:57:38
242	<b>PIĄTKOWSKI</b> Michał	<b>691</b>		M-30	00:01:41	00:29:08	00:57:47
243	<b>KRAWCZYK</b> Dariusz	<b>438</b>		M-30	00:01:41	00:29:08	00:57:47
244	<b>PIOTROWSKI</b> Krzysztof	<b>1114</b>		M-30	00:00:24	00:26:37	00:57:48
245	<b>GAWROŃSKI</b> Wojtek	<b>213</b>		M-30	00:01:36	00:28:23	00:58:03
246	<b>JAWORSKI</b> Kamil	<b>315</b>	FUCHS OIL TEAM	M-30	00:01:46	00:29:12	00:58:03
247	<b>HENDRYK</b> Leszek	<b>282</b>	BEERRUNNERS!	M-30	00:00:59	00:28:11	00:58:09
248	<b>POLACZEK</b> Adam	<b>718</b>		M-30	00:01:30	00:27:54	00:58:17
249	<b>LIKA</b> Michał	<b>507</b>		M-30	00:01:26	00:29:07	00:58:22
250	<b>MARKUSIK</b> Tomasz	<b>541</b>		M-30	00:00:32	00:29:15	00:58:32
251	<b>BOJDA</b> Dawid	<b>56</b>		M-30	00:01:47	00:29:01	00:58:32
252	<b>STAŃKO</b> Marcin	<b>842</b>		M-30	00:00:28	00:28:59	00:58:37
253	<b>MATYSIEWICZ</b> Piotr	<b>550</b>	INTER PROJEKT	M-30	00:00:24	00:28:46	00:58:39
254	<b>WIŚNIEWSKI</b> Paweł	<b>959</b>	NIGHT RUNNERS GLIWICE	M-30	00:02:04	00:28:44	00:58:59
255	<b>RADŁOWSKI</b> Karol	<b>750</b>		M-30	00:01:41	00:29:07	00:59:01

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km
256	<b>KUŹNICKI Tomasz</b>	<b>484</b>		M-30	00:01:32	00:28:28	00:59:11
257	<b>SZAFRANIEC Arkadiusz</b>	<b>867</b>	1985	M-30	00:02:09	00:29:13	00:59:36
258	<b>MRZYGŁÓD Robert</b>	<b>589</b>		M-30	00:00:32	00:29:32	00:59:47
259	<b>JEZIOR Bartosz</b>	<b>317</b>	DRIV	M-30	00:01:39	00:27:53	00:59:48
260	<b>DZIEDZIC Dominik</b>	<b>177</b>		M-30	00:01:37	00:29:41	01:00:00
261	<b>RYBOTYCKI Tomasz</b>	<b>781</b>	WIKTOR TEAM	M-30	00:01:21	00:29:44	01:00:01
262	<b>SEKIENDA Michał</b>	<b>795</b>		M-30	00:01:28	00:30:19	01:00:21
263	<b>MAZUR Mateusz</b>	<b>553</b>		M-30	00:01:37	00:30:16	01:00:24
264	<b>FUGOWSKI Grzegorz</b>	<b>196</b>		M-30	00:00:00	00:30:46	01:00:46
265	<b>GŁOWACKI Jordan</b>	<b>230</b>		M-30	00:00:33	00:30:09	01:01:15
266	<b>KOWALIK Miłosz</b>	<b>419</b>		M-30	00:02:17	00:30:06	01:01:15
267	<b>KLIMKIEWICZ Jakub</b>	<b>380</b>	BANANA TEAM	M-30	00:01:32	00:30:10	01:01:26
268	<b>BOJEŚ Marcin</b>	<b>57</b>	DTIQ POLAND	M-30	00:01:37	00:29:47	01:02:31
269	<b>BOGDAŁ Michał</b>	<b>53</b>		M-30	00:00:30	00:31:32	01:03:26
270	<b>TRELA Marcin</b>	<b>998</b>		M-30	00:02:01	00:31:40	01:03:39
271	<b>GĄSKA Piotr</b>	<b>215</b>	GĄSKA BALBINKA	M-30	00:01:03	00:29:06	01:03:49
272	<b>PEROŃCZYK Paweł</b>	<b>681</b>		M-30	00:01:51	00:31:49	01:03:49
273	<b>ŻMUDZIŃSKI Piotr</b>	<b>1032</b>		M-30	00:01:48	00:32:05	01:04:47
274	<b>DYJAS Michał</b>	<b>170</b>	CATS'TEAM	M-30	00:02:01	00:31:43	01:05:00
275	<b>WALEWSKI Kamil</b>	<b>933</b>		M-30	00:01:39	00:31:26	01:05:20
276	<b>KOWOLIK Łukasz</b>	<b>421</b>	TAURON TEAM	M-30	00:02:08	00:33:06	01:06:13
277	<b>WRÓBEL Dariusz</b>	<b>984</b>		M-30	00:02:07	00:33:08	01:06:14
278	<b>SITO Paweł</b>	<b>811</b>		M-30	00:01:39	00:32:17	01:06:52
279	<b>KUĆ Rafał</b>	<b>464</b>	EUVIC	M-30	00:01:49	00:35:26	01:09:29
280	<b>ZACZEK Kamil</b>	<b>991</b>		M-30	00:02:02	00:34:34	01:11:33
281	<b>SUSEŁ Alek</b>	<b>865</b>	MARCO POMAGA	M-30	00:00:00	01:50:22	
282	<b>KISIECKI Damian</b>	<b>367</b>	NOVA TRADING STALE BIEGAM	M-30	00:00:00		
283	<b>ĆWIKŁA Kamil</b>	<b>141</b>	HARPAGANY	M-30	00:00:00	00:25:13	
284	<b>KLIMAS Kamil</b>	<b>377</b>		M-30	00:00:03	00:20:12	
285	<b>KAMIONKA Paweł</b>	<b>344</b>		M-30	00:00:23	01:33:52	

Znaleziono 285 wynik(ów)