

Wydarzenie: VI PKO Półmaraton Gliwicki 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-10-26
Miejsce: Gliwice
Dystans: 21.1 km

Klasyfikacja: M-40

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
1	POLAK Bogdan	1076		M-40	00:00:02	00:18:37	00:37:18	00:55:50
2	PROKOPIUK Robert	730	KALWAT	M-40	00:00:01	00:19:06	00:38:42	00:58:00
3	KLIMAS Tomasz	375		M-40	00:00:00	00:19:08	00:38:59	00:58:09
4	STAWINOJA Janusz	846	HIRSCHVOGEL	M-40	00:00:03	00:19:09	00:38:52	00:58:29
5	GRZYWACZ Marcin	271	SIGNIFY BIELSKO	M-40	00:00:03	00:19:20	00:39:08	00:59:00
6	DAMEC Aleksnder	144	OCHAJORUN & FRIENDS	M-40	00:00:05	00:19:45	00:39:49	00:59:55
7	SZYMURA Wojciech	898	DECATHLON RYBNIK & PRZYJACIELE	M-40	00:00:05	00:19:29	00:39:46	01:00:24
8	LASKOWSKI Tomasz	493	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:04	00:19:46	00:40:06	01:00:32
9	PRZEŹDZIAK Zygmunt	737	GMINA STRZELCE OPOLSKIE	M-40	00:00:04	00:20:25	00:41:03	01:01:30
10	PALT Tomasz	664		M-40	00:00:02	00:20:12	00:41:03	01:01:45
11	ŻOGAŁA Jan	1033	HURAGAN LIGOTA	M-40	00:00:05	00:20:14	00:41:04	01:01:54
12	MARKIEWICZ Marcin	1059		M-40	00:00:04	00:20:29	00:41:28	01:02:22
13	RAJTAR Krzysztof	1098	WAY2CHAMP	M-40	00:00:06	00:20:19	00:41:52	01:02:28
14	SIWY Sebastian	1103		M-40	00:00:06	00:20:47	00:41:56	01:02:55
15	FABIAN Michał	184		M-40	00:00:09	00:20:51	00:42:10	01:03:04
16	PIENIAŻEK Krzysztof	693	INŻYNIERIA BIEGANIA TEAM	M-40	00:00:05	00:20:53	00:42:10	01:03:07
17	CHOMIK Rafał	104	WAY2CHAMP/ PACEMAKER	M-40	00:00:07	00:20:53	00:42:12	01:03:22
18	LIPIŃSKI Tomasz	509	LICHOTA TEAM	M-40	00:00:07	00:20:53	00:42:13	01:03:23
19	STĘPIEŃ Wojciech	849	COMPÑEROS ASFALT TEAM	M-40	00:00:12	00:20:51	00:42:23	01:03:52
20	BERKE Rafał	25	BATORY LOTO	M-40	00:00:07	00:20:33	00:42:23	01:04:13
21	KRĘŻOŁEK Daniel	441		M-40	00:00:10	00:21:02	00:42:43	01:04:23
22	KANIA Michał	346		M-40	00:00:09	00:21:16	00:42:49	01:04:26
23	SIELSKI Jarosław	804	OPEL ACTIVE TEAM	M-40	00:00:08	00:20:46	00:42:19	01:04:29
24	SPYCHALSKI Adam	835	LEIBER TEAM	M-40	00:00:04	00:21:14	00:43:07	01:04:46
25	FIREK Rafał	1060		M-40	00:00:13	00:21:33	00:43:17	01:04:56
26	CZEPIGA Jan	130		M-40	00:00:08	00:21:00	00:42:51	01:05:10
27	SAWCZYN Tomasz	792	TIZZES	M-40	00:00:13	00:21:29	00:43:37	01:05:31
28	NIKODON Paweł	613	NIKODON DREAM TEAM	M-40	00:00:10	00:20:52	00:42:59	01:05:43
29	STACHOWICZ Kamil	837	LECĘBOCHCĘ	M-40	00:00:06	00:21:52	00:44:03	01:05:57
30	ROMIK Krzysztof	1096	HELI POLSKA	M-40	00:00:10	00:21:33	00:43:46	01:06:03

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15 km 5km	10 km 10km	5_15 km 15km
31	BANYŚ Jacek	13	MOSTOSTAL ZABRZE UNITED	M-40	00:00:09	00:21:23	00:44:05	01:06:06
32	DREJA Zbigi	159		M-40	00:00:18	00:22:46	00:44:54	01:06:09
33	NAWROCKI Szymon	602		M-40	00:00:12	00:22:31	00:45:03	01:07:05
34	ZYGUŁA Piotr	1025	DCWRP	M-40	00:00:12	00:22:31	00:45:03	01:07:05
35	WÓJCIK Zbigniew	983		M-40	00:00:17	00:22:13	00:44:44	01:07:08
36	GOLDA Piotr	1085		M-40	00:00:04	00:22:56	00:45:41	01:07:12
37	ŁOAZA Krzysztof	516	NIGHT RUNNERS PYSKOWICE	M-40	00:00:24	00:22:46	00:45:21	01:07:15
38	CICHOŃSKI Damian	111	ORANGE POLSKA	M-40	00:00:05	00:22:58	00:45:46	01:07:21
39	GRZYB Dariusz	269	NIEZRZESZONY	M-40	00:00:16	00:22:53	00:45:20	01:07:22
40	BUJAK Marek	89	#CZELADZBIEGA	M-40	00:00:21	00:22:19	00:44:45	01:07:24
41	GÓRECKI Michał	1095	BPSC	M-40	00:00:13	00:21:35	00:44:16	01:07:25
42	BOSOWSKI Tomasz	65		M-40	00:00:20	00:22:34	00:45:14	01:07:34
43	ROSKOSZ Rafał	768	PRO WINDOW TEAM TARNOWSKIE GÓRY	M-40	00:00:19	00:22:09	00:44:53	01:07:37
44	NOWAK Adam	622		M-40	00:00:18	00:22:14	00:44:49	01:07:38
45	GRZESIKIEWICZ Mariusz	267		M-40	00:00:13	00:22:10	00:44:51	01:07:42
46	HOŁYŃSKI Tomasz	290	ORŁY Z KNUROWA	M-40	00:00:36	00:22:49	00:45:19	01:07:45
47	NIŻNIKIEWICZ Grzegorz	616		M-40	00:00:27	00:22:40	00:45:13	01:07:50
48	BIELA Rafał	38		M-40	00:00:14	00:22:47	00:45:20	01:07:54
49	CIEŚLIK Paweł	115	CHATEAU CHALIN	M-40	00:00:08	00:21:39	00:44:55	01:08:13
50	BRYŁA Grzegorz	76		M-40	00:00:53	00:22:55	00:45:40	01:08:22
51	MANDOK Bogdan	532		M-40	00:00:03	00:21:11	00:44:57	01:08:30
52	KURTO Grzegorz	479	BBRUNNERS	M-40	00:00:05	00:22:34	00:45:41	01:08:33
53	BEHRENDT Jakub	21	LECE BO CHCE	M-40	00:00:28	00:22:43	00:45:32	01:08:37
54	NOWAK Mariusz	621	HIRSCHVOGEL	M-40	00:00:13	00:22:39	00:46:02	01:08:45
55	KUSEK Andrzej	1061		M-40	00:00:15	00:22:40	00:45:37	01:08:48
56	DYGDOŃ Paweł	168		M-40	00:00:06	00:22:41	00:45:38	01:08:49
57	CZAJKA Roman	122		M-40	00:00:14	00:22:48	00:46:07	01:09:00
58	NITKA Sebastian	615		M-40	00:00:03	00:21:55	00:45:21	01:09:10
59	KWIATKOWSKI Grzegorz	489		M-40	00:00:11	00:21:15	00:44:37	01:09:10
60	WÓJCIK Dariusz	981		M-40	00:00:13	00:22:20	00:45:29	01:09:15
61	PIETYSZUK Darek	697	MOSTOSTAL ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:55	01:09:27
62	WIŚNIEWSKI Jarosław	961	MOSTOSTA:L ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:56	01:09:27
63	KAŁAMARZ Mariusz	339		M-40	00:00:06	00:21:52	00:45:09	01:09:28
64	ODOSZEWSKI Roman	631	OASIS SPORT TEAM	M-40	00:00:11	00:22:04	00:45:27	01:09:29
65	BEŚKA Sławomir	26	OCHAJORUN & FRIENDS	M-40	00:00:05	00:20:54	00:44:10	01:09:34
66	LEWICKI Tomasz	506	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:10	00:22:49	00:46:01	01:09:34
67	DESZYŃSKI Damian	153	ISTA BIEGAMY	M-40	00:01:03	00:23:01	00:46:09	01:09:44
68	BEŁKOT Arkadiusz	23		M-40	00:00:20	00:23:28	00:46:47	01:09:47
69	MIECZNIKOWSKI Jacek	569		M-40	00:00:19	00:22:54	00:46:25	01:09:53
70	SIKORA Marek	807	W POGONI ZA DUCHEM	M-40	00:00:15	00:23:10	00:46:49	01:10:04
71	SZNYDER Wojciech	879		M-40	00:00:11	00:23:37	00:46:57	01:10:09
72	BORTEL Mirosław	62	40 LATEK SPLA TYCHY	M-40	00:00:01	00:22:58	00:47:05	01:10:19
73	PTAK Bartłomiej	1118		M-40	00:00:21	00:23:28	00:46:47	01:10:23
74	KRAICZICZEK Krzysztof	431	KELLER WILLIAMS POWER TEAM	M-40	00:00:25	00:23:23	00:46:44	01:10:23
75	ZIOBER Grzegorz	1017	SPARTA PLATFUS	M-40	00:00:53	00:24:06	00:47:28	01:10:25

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15 km 5km	10 km 10km	5_15 km 15km
76	TRACZUK Marek	915		M-40	00:00:19	00:23:30	00:46:49	01:10:26
77	POJDA Grzegorz	716	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-40	00:00:21	00:23:09	00:46:42	01:10:26
78	KASZOWSKI Marcin	354		M-40	00:00:17	00:23:31	00:46:53	01:10:27
79	TRZEWICZEK Marcin	917		M-40	00:00:28	00:22:48	00:46:22	01:10:37
80	OSOJCA Mariusz	649	FLUOR	M-40	00:01:00	00:23:49	00:47:33	01:10:40
81	BROLL Rafał	72		M-40	00:00:17	00:23:30	00:46:50	01:10:42
82	WALKOWIAK Piotr	934		M-40	00:00:00	00:23:49	00:47:09	01:10:43
83	GRZONDZIEL Mirek	268	HURAGAN LIGOTA	M-40	00:00:18	00:23:31	00:46:54	01:10:50
84	MOJ Tomasz	582		M-40	00:00:23	00:23:26	00:46:48	01:10:56
85	NIESZPOREK Adam	610	RUN-3	M-40	00:00:15	00:23:15	00:46:51	01:11:00
86	SAKOWSKI Maciej	788	HURAGAN LIGOTA	M-40	00:00:17	00:23:30	00:46:50	01:11:06
87	MAZUR Krzysztof	552	OPEL ACTIVE TEAM	M-40	00:01:01	00:24:03	00:47:43	01:11:11
88	RUSZCZYK Marek	775		M-40	00:00:24	00:23:33	00:47:28	01:11:18
89	JANECZEK Marek	303		M-40	00:00:17	00:23:34	00:47:10	01:11:25
90	WYRZGOL Andrzej	988		M-40	00:00:32	00:23:29	00:47:20	01:11:26
91	SKRZYPEK Krzysztof	817		M-40	00:00:18	00:23:34	00:47:31	01:11:34
92	SZAFRAŃSKI Michał	868		M-40	00:00:23	00:23:34	00:47:29	01:11:35
93	MŁYŃCZAK Piotr	579	EUVIC GLIWICE	M-40	00:00:30	00:23:38	00:47:30	01:11:37
94	OWCZAREK Paweł	653		M-40	00:00:30	00:24:06	00:48:05	01:11:38
95	WÓJCIK Rafał	977		M-40	00:00:20	00:23:32	00:47:16	01:11:43
96	TYSZKIEWICZ Cuma	920		M-40	00:00:54	00:23:45	00:47:53	01:11:55
97	WASZAK Damian	937		M-40	00:00:31	00:24:23	00:48:28	01:11:59
98	KOPEĆ Tomasz	406		M-40	00:00:13	00:23:03	00:47:29	01:12:10
99	WOŁOSZ Marcin	972	QUERCUS ON TOUR	M-40	00:00:33	00:23:57	00:48:10	01:12:14
100	JUDA Artur	324		M-40	00:00:32	00:24:20	00:48:34	01:12:48
101	NITARSKI Patryk	614	NIGHT RUNNERS GLIWICE	M-40	00:00:36	00:24:15	00:48:30	01:12:56
102	SMYK Robert	1050	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:24:16	00:48:38	01:12:57
103	HOMOTIUK Michał	291		M-40	00:00:29	00:23:54	00:48:34	01:13:01
104	WASIK Marcin	936	MUSTANGI GLIWICE	M-40	00:00:36	00:24:16	00:48:38	01:13:03
105	PUDLO Arkadiusz	1051	DASIS TEAM CLUB	M-40	00:00:24	00:23:24	00:47:22	01:13:04
106	KOCUR Patryk	391		M-40	00:00:21	00:24:31	00:48:49	01:13:06
107	DOBOSZ Daniel	156		M-40	00:00:41	00:23:15	00:47:45	01:13:08
108	ROSEK Jarosław	1057		M-40	00:00:39	00:24:12	00:48:34	01:13:16
109	KOZIOŁ Artur	428	PORANNY PATROL	M-40	00:01:35	00:24:18	00:48:46	01:13:35
110	GAWENDA Dariusz	210		M-40	00:00:35	00:24:12	00:49:10	01:13:59
111	WOJTUKIEWICZ Artur	967	DHL RUN CLUB	M-40	00:00:24	00:24:52	00:49:46	01:14:09
112	SROCZYŃSKI Dariusz	836		M-40	00:00:20	00:24:55	00:49:50	01:14:13
113	MORCHAT Paweł	586	#CZELADZBIEGA	M-40	00:00:50	00:24:47	00:49:53	01:14:17
114	PYZIK Tomasz	749	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:57	00:24:37	00:49:37	01:14:20
115	KURCZEK Tomasz	477		M-40	00:00:45	00:24:52	00:49:57	01:14:24
116	PUŁA Adrian	743	SREBRNI BIEGACZE TG / SZOMBIERKI DREAM TEAM	M-40	00:00:48	00:25:15	00:50:09	01:14:29
117	GANCARZ Maciej	205	MUSTANGI GLIWICE	M-40	00:00:16	00:23:19	00:48:12	01:14:37
118	DOMAŃSKI Marcin	1067	RUNNINGFISH74	M-40	00:00:48	00:25:08	00:49:56	01:14:51
119	OSTROWSKI Rafał	652		M-40	00:00:51	00:24:03	00:48:59	01:15:07
120	KROCZYK Lesław	443		M-40	00:00:55	00:24:39	00:49:49	01:15:07

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15 km 5km	10 km 10km	5_15 km 15km
121	CZERNEK Marek	131	BIEGAJ Z TRENERAMI	M-40	00:00:17	00:24:33	00:49:32	01:15:43
122	CEDRO Damian	97	BOSSE NOGI MALINKA OPOLE	M-40	00:00:21	00:24:44	00:50:06	01:15:44
123	JĘDRYKA Piotr	320	DRIV	M-40	00:00:12	00:24:14	00:49:42	01:15:48
124	JANIKOWSKI Michał	307		M-40	00:00:27	00:24:00	00:49:39	01:16:01
125	KĄDZIELA Jan	359		M-40	00:00:52	00:24:19	00:49:40	01:16:05
126	SULIN Marek	863	SPARTANIE DZIECIOM	M-40	00:00:13	00:24:19	00:49:40	01:16:07
127	LEWANDOWSKI Henryk	504		M-40	00:00:41	00:25:33	00:50:59	01:16:19
128	STEC Marcin	847	KW GLIWICE	M-40	00:01:12	00:24:46	00:50:38	01:16:28
129	ICIEK Mariusz	296	AKTYWNI KAMIEŃSK	M-40	00:01:01	00:25:19	00:51:04	01:16:31
130	SMUDA Andrzej	821	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:45	00:25:32	00:50:52	01:16:35
131	CIEŚLA Arkadiusz	113	BIEGAMY Z SERCEM.PL	M-40	00:00:42	00:25:34	00:51:09	01:16:41
132	KUC Marcin	1105	AUGUSTEAM	M-40	00:00:35	00:24:58	00:51:02	01:16:42
133	BREGUŁA Krzysztof	68		M-40	00:00:38	00:25:22	00:50:58	01:16:46
134	BRZEZINA Arkadiusz	77	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-40	00:00:47	00:24:56	00:50:44	01:16:46
135	RENKE Piotr	760	EWA BUGDOŁ TEAM	M-40	00:00:00	00:25:30	00:51:00	01:16:51
136	HERLICZKA Tomasz	284	AML FLY TEAM	M-40	00:00:59	00:25:30	00:51:28	01:16:51
137	STACHOWSKI Wojciech	838		M-40	00:00:36	00:24:29	00:49:46	01:16:52
138	SIDORSKI Robert	802	OPEL ACTIVE TEAM	M-40	00:00:00	00:26:05	00:51:16	01:16:53
139	ZEGARTOWSKI Grzegorz	1003	DTIQ POLAND	M-40	00:00:59	00:25:26	00:51:29	01:16:56
140	SIATA Sebastian	801	DRIV	M-40	00:01:07	00:25:01	00:51:20	01:17:14
141	KOWAL Piotr	416	-----	M-40	00:00:42	00:25:20	00:51:22	01:17:16
142	GRACZYK Zbigniew	250		M-40	00:01:03	00:25:58	00:51:36	01:17:23
143	PARUZEL Ireneusz	671	ZABIEGANI NAUCZYCIELE	M-40	00:00:25	00:23:29	00:48:14	01:17:24
144	STRUG Mariusz	856		M-40	00:00:59	00:25:29	00:51:29	01:17:25
145	STRZELCZYK Tomasz	859	HURAGAN LIGOTA	M-40	00:01:01	00:25:35	00:51:28	01:17:25
146	SZOŁTYSEK Piotr	882		M-40	00:00:50	00:25:45	00:51:29	01:17:29
147	KAMPKA Aleksander	345		M-40	00:00:54	00:25:36	00:51:35	01:17:31
148	KAŁUŻA Arkadiusz	340	PACEMAKER	M-40	00:00:47	00:25:32	00:51:40	01:17:34
149	JURCZYGA Maciej	326		M-40	00:01:22	00:25:51	00:52:07	01:17:35
150	PRYSZCZ Mirosław	733		M-40	00:00:44	00:24:39	00:50:27	01:17:36
151	WAWRZAK Ryszard	940	PACEMAKER	M-40	00:00:46	00:25:43	00:51:42	01:17:36
152	FRĄC Dariusz	1036	1:50	M-40	00:00:46	00:25:34	00:51:41	01:17:36
153	HAJOK Marek	275		M-40	00:00:47	00:25:30	00:51:31	01:17:37
154	BUŁAWA Grzegorz	93	GB-ARCH.PL ARCHITEKT GRZEGORZ BUŁAWA	M-40	00:00:46	00:25:37	00:51:46	01:17:41
155	KLIKS Andrzej	374	FIS-SST TEAM	M-40	00:01:00	00:25:34	00:51:35	01:17:43
156	GŁADYSZ Leszek	227	#PANIÓWKIRUN	M-40	00:01:30	00:25:57	00:51:28	01:17:48
157	OPOREK Sebastian	642		M-40	00:00:32	00:26:04	00:52:07	01:17:55
158	SZOTA Wojciech	886		M-40	00:00:39	00:26:59	00:53:00	01:17:56
159	RĄB Łukasz	757		M-40	00:00:00	00:26:05	00:51:52	01:17:57
160	NABIELEC Jakub	597		M-40	00:00:54	00:25:35	00:51:40	01:17:59
161	SKORUPSKI Paweł	814		M-40	00:00:47	00:25:35	00:51:31	01:18:00
162	MŁYŃCZAK Arkadiusz	580	RUN AND FUN	M-40	00:00:48	00:25:58	00:52:07	01:18:07
163	MICHALAK Grzegorz	561	TOTALNY AMATOR	M-40	00:00:11	00:25:21	00:51:49	01:18:15
164	KRAJEWSKI Michał	434		M-40	00:00:47	00:26:16	00:52:24	01:18:21
165	GOMOLA Zbigniew	239		M-40	00:00:30	00:26:40	00:53:05	01:18:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15 km 5km	10 km 10km	5_15 km 15km
166	RENKIEL Tomasz	761	COMPANEROS ASFALT TEAM	M-40	00:00:47	00:25:42	00:51:41	01:18:34
167	BRYKOWSKI Przemysław	75		M-40	00:00:59	00:26:10	00:52:05	01:18:39
168	KORAL Wojciech	410		M-40	00:01:02	00:26:27	00:52:44	01:18:42
169	PRZYBYŚLAWSKI Arkadiusz	740	4-TO	M-40	00:00:34	00:25:44	00:52:02	01:18:54
170	BOREK Dariusz	59	MYSZKÓW BIEGA	M-40	00:00:49	00:25:32	00:51:40	01:18:56
171	MAZUR Jarosław	558		M-40	00:01:03	00:25:31	00:51:10	01:19:07
172	KRZOK Krzysztof	453		M-40	00:02:18	00:26:05	00:52:24	01:19:21
173	OLEJNICZAK Dominik	635		M-40	00:01:34	00:28:21	00:54:28	01:19:24
174	GRONDECKI Grzegorz	258	BIEGAMY Z SERCEM	M-40	00:01:07	00:27:00	00:53:20	01:19:44
175	KRZEMIEŃ Bartosz	452		M-40	00:01:24	00:26:52	00:53:19	01:19:49
176	WILSZ Adam	957	#PANIÓWKIRUN	M-40	00:01:34	00:26:59	00:53:46	01:19:49
177	KASPRZYK Marcin	1100		M-40	00:01:05	00:27:16	00:53:57	01:19:52
178	MICHALSKI Robert	563	HETMAN TARNOWSKIE GÓRY	M-40	00:00:26	00:25:59	00:52:56	01:20:00
179	URBAŃSKI Leszek	929		M-40	00:01:00	00:25:30	00:51:40	01:20:00
180	BROEN Bartosz	71	ŁAWECZKA WILKOWYJE RUNNING TEAM	M-40	00:01:27	00:26:55	00:53:52	01:20:06
181	POPIEL Artur	722		M-40	00:00:54	00:26:54	00:53:26	01:20:18
182	TOKAJ Piotr	911		M-40	00:01:22	00:26:48	00:53:41	01:20:24
183	KNIEJSKI Damian	386		M-40	00:01:21	00:27:30	00:54:26	01:20:32
184	GAJDA Dariusz	201	EXTREMALNI NAPALEŃCY	M-40	00:00:39	00:25:42	00:51:50	01:20:33
185	KOTAJNY Piotr	415		M-40	00:00:13	00:26:36	00:53:29	01:20:42
186	ROZWADOWSKI Dariusz	769		M-40	00:01:37	00:27:01	00:54:01	01:20:53
187	KROTOS Krzysztof	444	OQS	M-40	00:00:39	00:26:21	00:53:42	01:20:57
188	SZASTOK Adam	869		M-40	00:00:57	00:28:08	00:55:14	01:21:00
189	KWAPIEŃ Paweł	1070		M-40	00:00:18	00:26:03	00:53:19	01:21:09
190	ROZWADOWSKI Dariusz	770		M-40	00:01:00	00:26:54	00:53:58	01:21:10
191	GOCYB Leszek	1108		M-40	00:00:17	00:27:02	00:53:35	01:21:15
192	GERASCH Piotr	219	CZĘSTO CHOWA	M-40	00:00:37	00:25:01	00:51:50	01:21:19
193	MALINOWSKI Łukasz	530		M-40	00:00:59	00:26:09	00:53:38	01:21:28
194	SOBIERAJSKI Przemek	825		M-40	00:00:53	00:27:22	00:54:14	01:21:40
195	GÓRSKI Michał	245	GIEBUŁTÓW CIŚNIE	M-40	00:01:11	00:26:54	00:54:17	01:21:49
196	PISZCZ Marek	706	OPEL ACTIVE TEAM	M-40	00:00:58	00:26:17	00:53:47	01:21:58
197	SZYMKÓW Krzysztof	897	PKO BANK POLSKI	M-40	00:01:04	00:26:43	00:54:44	01:22:02
198	MAGDA Piotr	523	NIGHT RUNNERS PYSKOWICE	M-40	00:00:56	00:26:44	00:54:15	01:22:04
199	PRZYBYLSKI Mariusz	738	PGB SPORTOWA PACZKA	M-40	00:00:56	00:26:43	00:53:48	01:22:06
200	POLEWKA Tomasz	1122	UKS KOMETA GLIWICE	M-40	00:00:00	00:25:59	00:54:06	01:22:14
201	JENDRYŚ Marek	1110		M-40	00:02:07	00:28:30	00:55:35	01:22:17
202	ZAPOTOCZNY Przemek	999		M-40	00:00:43	00:27:13	00:54:42	01:22:20
203	WOŹNIAK Marek	974		M-40	00:01:08	00:27:36	00:54:58	01:22:25
204	SZOŁTYSIK Paweł	887	SPARTA PLATFUS	M-40	00:00:53	00:28:31	00:56:28	01:22:30
205	SZUSTAK Krzysztof	889	SERCE METROPOLII	M-40	00:00:55	00:27:27	00:54:48	01:22:30
206	STOLARCZYK Robert	852	NIGHT RUNNER GLIWICE	M-40	00:01:15	00:27:53	00:55:33	01:22:37
207	MORDARSKI Artur	587		M-40	00:01:32	00:27:41	00:55:18	01:22:41
208	JASIEŃKIEWICZ Tomasz	313	EL DENATOS PASADENA	M-40	00:01:07	00:28:03	00:56:19	01:22:51
209	KUCZMA Jarosław	463		M-40	00:01:26	00:28:04	00:55:52	01:22:56
210	KIERA Szymon	365		M-40	00:01:14	00:27:52	00:55:27	01:23:08

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15 km 5km	10 km 10km	5_15 km 15km
211	SKÓRA Michał	816		M-40	00:00:22	00:27:36	00:55:22	01:23:09
212	SZKUDLAREK Michał	876	RUN-LOG.COM	M-40	00:00:47	00:25:43	00:53:13	01:23:24
213	DĄBROWSKI Marcin	148	TEAM KORNEL	M-40	00:00:23	00:27:36	00:55:29	01:23:25
214	KALINOWSKI Krzysztof	337		M-40	00:01:49	00:28:12	00:56:07	01:23:27
215	JANIEC Witold	304		M-40	00:01:04	00:28:09	00:56:05	01:23:46
216	BALCARCZYK Bartłomiej	1117		M-40	00:01:08	00:28:09	00:56:19	01:23:50
217	BIAŁECKI Aleksander	31		M-40	00:01:07	00:26:50	00:54:10	01:23:51
218	KRUK Krzysztof	448		M-40	00:00:52	00:28:27	00:56:17	01:24:04
219	ZNAMIROWSKI Krzysztof	1020	RADIO WROCŁAW	M-40	00:00:44	00:26:31	00:54:51	01:24:13
220	BIAŁAS Krzysztof	27		M-40	00:00:31	00:28:52	00:56:52	01:24:30
221	FAŁEK Krzysztof	186		M-40	00:00:31	00:28:51	00:56:52	01:24:30
222	PATRZAŁEK Grzegorz	673		M-40	00:01:58	00:28:03	00:56:10	01:24:30
223	DYMNICKI Andrzej	173	OCHAJORUN & FRIENDS	M-40	00:01:38	00:28:28	00:56:51	01:24:39
224	SZYNAL Andrzej	899	DHL RUN CLUB	M-40	00:01:35	00:28:02	00:56:18	01:24:47
225	KRYCZAŁO Maciej	450		M-40	00:01:21	00:28:00	00:56:21	01:24:50
225	BEM Michał	24	BEMKI SPORT	M-40	00:01:21	00:28:00	00:56:23	01:24:50
227	BOBKOWSKI Maciej	49	NIGHT RUNNERS PYSKOWICE	M-40	00:00:31	00:27:13	00:55:55	01:24:51
228	CISEK Stanisław	117		M-40	00:01:23	00:28:13	00:56:31	01:24:58
229	FIGIEL Mariusz	187		M-40	00:01:52	00:27:49	00:55:53	01:24:58
230	KOŁODZIEJ Jacek	398	COMPAÑEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00
230	JANIK Johan	305	COMPAÑEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00
232	PIŁAT Jarosław	702	PACEMAKER	M-40	00:01:15	00:28:22	00:56:35	01:25:03
233	PYTLARCZYK Piotr	748	KLUB BIEGACZA WARTA	M-40	00:00:21	00:26:59	00:55:53	01:25:06
234	PAWIŃSKI Wojciech	675		M-40	00:01:44	00:28:36	00:56:35	01:25:06
235	SIKORA Michał	808		M-40	00:00:34	00:27:09	00:56:03	01:25:16
236	GRAMATYKA Paweł	254	ZABIEGANI MZ UNITED	M-40	00:00:53	00:28:35	00:56:48	01:25:16
237	ŁUBKOWSKI Robert	517		M-40	00:01:48	00:29:07	00:57:57	01:25:22
238	BUFNAL Krzysztof	86		M-40	00:00:46	00:27:49	00:56:11	01:25:30
239	KOZUBEK Sergiusz	429		M-40	00:01:39	00:28:39	00:57:32	01:25:31
240	MIKUŁA Leszek	574		M-40	00:00:05	00:25:49	00:54:29	01:25:47
241	BIAŁAS Tomek	29	CONSULTAS	M-40	00:01:19	00:28:30	00:56:46	01:25:50
242	MICHALSKI Marek	564		M-40	00:00:34	00:27:59	00:57:23	01:25:51
243	KOZACZKA Włodzimierz	425		M-40	00:01:17	00:28:49	00:57:31	01:26:09
244	PIKTAS Paweł	698		M-40	00:01:34	00:29:20	00:58:01	01:26:14
245	ZADEBERNY Artur	993		M-40	00:01:16	00:27:34	00:56:03	01:26:41
246	CZERNIK Rafał	133		M-40	00:00:57	00:27:49	00:56:51	01:27:02
247	KORNIJCZUK Tomasz	411		M-40	00:00:26	00:29:56	01:01:02	01:27:08
248	KORSZEWSKI Patrycjusz	412		M-40	00:00:25	00:29:57	00:59:14	01:27:11
249	KLEMIŃSKI Tomasz	1113		M-40	00:01:27	00:29:20	00:58:30	01:27:18
250	KOŻUSZEK Sebastian	1083		M-40	00:01:20	00:28:39	00:57:46	01:27:28
251	DZIECIAŃKOWSKI Jarosław	176	OPEL ACTIVE TEAM	M-40	00:01:16	00:29:02	00:57:48	01:27:29
252	STEINHOFF Adam	848	WIKTOR TEAM	M-40	00:01:20	00:28:29	00:57:44	01:27:58
253	JARASZ Aleksander	311	NIGHT RUNNERS ZABRZE	M-40	00:01:36	00:29:20	00:58:50	01:28:15
254	WÓJCIK Rafał	980		M-40	00:01:14	00:29:18	00:58:58	01:28:56
255	ZYGMUNTOWICZ Piotr	1024	ANICA TEAM	M-40	00:00:51	00:27:46	00:57:12	01:29:05

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km
256	BIELECKI Adam	1107	CHATEAU CHALIN	M-40	00:00:54	00:28:40	00:58:09	01:29:12
257	PŁACHTA Marek	710	INTER PROJEKT S.A.	M-40	00:00:24	00:28:46	00:58:39	01:29:17
258	OSTROSZCZYK Rafał	650	BEZ KLUBU	M-40	00:01:35	00:29:45	00:59:46	01:29:44
259	BUCHAL Grzegorz	82		M-40	00:01:06	00:29:25	00:59:34	01:29:49
260	WIECZORKE Marcin	945		M-40	00:01:05	00:27:58	00:57:05	01:30:01
261	PIETRZAK Krzysztof	696		M-40	00:01:16	00:27:54	00:58:08	01:30:15
262	HUBISZ Bartłomiej	294		M-40	00:00:45	00:29:27	01:00:24	01:30:28
263	ĆWIOK Marek	142	#PANIÓWKIRUN	M-40	00:01:20	00:30:02	00:59:47	01:30:29
264	MUSIL Mike	591		M-40	00:01:49	00:30:32	01:00:51	01:30:38
265	NOGŁY Adam	618	BIEGACZE Z BOJKOWA	M-40	00:01:36	00:29:52	01:00:11	01:31:03
266	CZAPEK Marek	123	NIGHT RUNNERS GLIWICE	M-40	00:01:35	00:29:53	01:00:13	01:31:08
267	KUTRZYK Przemysław	482		M-40	00:01:34	00:29:18	00:59:32	01:31:11
268	GRZEBIELUCH Tomasz	265		M-40	00:01:39	00:30:11	01:00:12	01:31:12
269	OSIŃSKI Paweł	648	BIEGAJ Z TRENERAMI	M-40	00:01:26	00:28:29	00:59:34	01:31:14
270	SEKIENDA Grzegorz	794		M-40	00:01:28	00:30:18	01:00:23	01:31:23
271	PAŁETKO Ryszard	665		M-40	00:00:42	00:29:17	00:59:18	01:31:26
272	NAWROT Krzysztof	604		M-40	00:01:45	00:29:56	01:00:35	01:32:05
273	KRAWCZYŃSKI Mirosław	440		M-40	00:01:02	00:30:19	01:00:49	01:32:20
274	KARMAŃSKI Jacek	349		M-40	00:01:01	00:29:10	01:00:16	01:32:25
275	KRAJEWSKI Adam	432		M-40	00:01:18	00:29:08	00:59:35	01:33:41
276	ZIMNY Michał	1016		M-40	00:01:06	00:31:35	01:03:14	01:34:51
277	ZAJĄC Jacek	994	RCU UBEZPIECZENIA	M-40	00:01:51	00:31:34	01:03:22	01:35:10
278	KOCUR Aleksander	392		M-40	00:00:44	00:31:23	01:03:14	01:35:22
279	SZYDŁOWSKI Przemysław	892		M-40	00:01:50	00:30:59	01:02:32	01:36:03
280	JANOSZEK Piotr	309		M-40	00:01:29	00:30:20	01:02:39	01:36:34
281	PAWLACZYK Lesław	676	DTIQ	M-40	00:01:40	00:29:44	01:02:28	01:37:04
282	BIAŁY Michał	33	DMB	M-40	00:00:33	00:30:53	01:03:29	01:37:36
283	ZGÓRSKI Grzegorz	1006		M-40	00:01:46	00:31:52	01:03:42	01:37:51
284	LATA Piotr	495	KYOKUSHIN	M-40	00:01:41	00:33:12	01:06:04	01:38:52
285	KASPEREK Ireneusz	353	FIS - SST	M-40	00:01:43	00:31:42	01:05:30	01:42:26
286	BANACH Witold	11	BRAK	M-40	00:00:43	00:31:52	01:06:31	01:44:25
287	NOWAK Dariusz	624	FIS-SST TEAM	M-40	00:01:53	00:33:20	01:08:52	01:46:13
288	KOGUT Krzysztof	394	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:34:23	01:13:17	01:52:50
289	MAŁEK Mirosław	531	WUJEK BIEGA	M-40	00:00:00			
290	ŚWIDA Adam	905	ENDURE TEAM	M-40	00:00:07	00:20:57		
291	SKORUPA Mariusz	1106		M-40	00:00:39	01:12:23		
292	HELLWIG Adam	281		M-40	00:01:06	00:28:19	00:58:00	

Znaleziono 292 wynik(ów)