

Wydarzenie: VI PKO Półmaraton Gliwicki 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-10-26
Miejsce: Gliwice
Dystans: 21.1 km

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	BROSZ Michał	73		M-50	1	00:00:07	00:20:50	00:42:13	01:03:35	01:25:39	01:30:16.40	01:30:23.65		4:16	14 (100%)
2	ZIELIŃSKI Ireneusz	1008		M-50	2	00:00:10	00:20:47	00:42:08	01:03:51	01:26:20	01:31:06.00	01:31:16.10	+00:00:49 (0.9%)	4:19	13.9 (99.3%)
3	MASŁOŃ Błażej	1149	OSP PRUDNIK MAŁY	M-50	3	00:00:16	00:21:07	00:42:40	01:04:15	01:26:34	01:31:26.50	01:31:42.95	+00:01:10 (1.3%)	4:20	13.8 (98.6%)
4	ANTOŃCZYK Adam	4		M-50	4	00:00:10	00:21:06	00:43:37	01:06:18	01:30:26	01:35:27.55	01:35:38.15	+00:05:11 (5.4%)	4:31	13.3 (95.0%)
5	SIWEK Dariusz	812	NOWINY.PL	M-50	5	00:00:06	00:22:11	00:45:08	01:08:17	01:32:02	01:36:52.70	01:36:58.95	+00:06:36 (6.8%)	4:35	13.1 (93.6%)
6	FLORKIEWICZ Sławomir	192		M-50	6	00:00:12	00:21:52	00:44:32	01:07:42	01:32:27	01:37:35.10	01:37:47.90	+00:07:18 (7.5%)	4:37	13 (92.9%)
7	PĘCHERCZYK Antoni	684		M-50	7	00:00:17	00:23:30	00:46:50	01:09:53	01:33:53	01:38:46.10	01:39:03.55	+00:08:29 (8.6%)	4:40	12.8 (91.4%)
8	KRUK Grzegorz	449		M-50	8	00:00:22	00:23:35	00:47:10	01:10:44	01:34:31	01:39:20.85	01:39:43.80	+00:09:04 (9.1%)	4:42	12.7 (90.7%)
9	REMIOZ Piotr	1071		M-50	9	00:00:36	00:22:55	00:46:26	01:10:25	01:34:39	01:39:45.90	01:40:22.40	+00:09:29 (9.5%)	4:43	12.7 (90.7%)
10	BEHRENDT Bartek	1045		M-50	10	00:00:57	00:23:45	00:47:13	01:11:25	01:35:28	01:40:24.85	01:41:21.95	+00:10:08 (10.1%)	4:45	12.6 (90.0%)
11	PURCZYŃSKI Jan	744		M-50	11	00:00:36	00:24:31	00:48:35	01:12:26	01:35:59	01:40:45.40	01:41:21.65	+00:10:29 (10.4%)	4:46	12.6 (90.0%)
12	MEJER Krzysztof	559	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M-50	12	00:00:17	00:23:15	00:46:46	01:10:34	01:35:48	01:41:02.10	01:41:20.00	+00:10:45 (10.7%)	4:47	12.5 (89.3%)
13	RAWŁUSZEWICZ Waldemar	756		M-50	13	00:00:16	00:23:43	00:47:25	01:11:03	01:36:03	01:41:48.30	01:42:05.05	+00:11:31 (11.3%)	4:49	12.4 (88.6%)
14	NORBERT Teichmann	619		M-50	14	00:00:00	00:24:17	00:48:38	01:12:05	01:37:19	01:42:26.25	01:42:26.25	+00:12:09 (11.9%)	4:51	12.4 (88.6%)
15	CYGAN Piotr	120		M-50	15	00:00:42	00:24:08	00:48:24	01:12:43	01:37:59	01:43:22.75	01:44:05.20	+00:13:06 (12.7%)	4:53	12.2 (87.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas				Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
							5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km					
16	BRODEK Andrzej	69	CERTUM	M-50	16	00:00:10	00:22:33	00:46:52	01:11:56	01:38:07	01:43:35.50	01:43:46.40	+00:13:19 (12.9%)	4:54	12.2 (87.1%)
17	ZIÓŁKOWSKI Grzegorz	1018		M-50	17	00:00:30	00:23:20	00:46:42	01:10:53	01:37:55	01:43:50.15	01:44:20.80	+00:13:33 (13.1%)	4:55	12.2 (87.1%)
18	ŻMIJEWSKI Dariusz	1094		M-50	18	00:00:38	00:23:40	00:47:55	01:12:35	01:38:53	01:44:15.75	01:44:54.45	+00:13:59 (13.4%)	4:56	12.1 (86.4%)
19	MACYSZUJ Waldemar	1054		M-50	19	00:00:45	00:24:43	00:49:22	01:14:12	01:40:05	01:45:32.15	01:46:17.35	+00:15:15 (14.5%)	5:00	12 (85.7%)
20	JANTAS Andrzej	310		M-50	20	00:00:57	00:24:58	00:50:09	01:15:32	01:41:15	01:46:47.45	01:47:44.70	+00:16:31 (15.5%)	5:03	11.9 (85.0%)
21	PŁONKA Krzysztof	712		M-50	21	00:00:34	00:24:07	00:48:28	01:13:27	01:41:22	01:47:05.85	01:47:40.75	+00:16:49 (15.7%)	5:04	11.8 (84.3%)
22	URBASIK Mariusz	931		M-50	22	00:00:34	00:24:53	00:50:03	01:15:33	01:41:49	01:47:11.60	01:47:46.30	+00:16:55 (15.8%)	5:04	11.8 (84.3%)
23	PACZKA Michał	657	GLIWICE	M-50	23	00:00:51	00:26:48	00:52:45	01:17:33	01:42:25	01:47:20.20	01:48:11.95	+00:17:03 (15.9%)	5:05	11.8 (84.3%)
24	LUBICKI Wojciech	512	BRAK	M-50	24	00:00:16	00:24:35	00:49:29	01:15:07	01:41:54	01:47:37.80	01:47:54.65	+00:17:21 (16.1%)	5:06	11.8 (84.3%)
25	NAWROCKI Paweł	1055		M-50	25	00:00:45	00:24:44	00:49:54	01:15:43	01:42:32	01:48:02.00	01:48:47.70	+00:17:45 (16.4%)	5:07	11.7 (83.6%)
26	GAWROŃSKI Ireneusz	214	AMATOR	M-50	26	00:01:11	00:24:50	00:50:01	01:15:38	01:42:27	01:48:06.65	01:49:18.50	+00:17:50 (16.5%)	5:07	11.7 (83.6%)
27	GAWEŁKO Janusz	208		M-50	27	00:00:57	00:25:14	00:51:01	01:17:06	01:43:56	01:49:43.15	01:50:40.20	+00:19:26 (17.7%)	5:11	11.5 (82.1%)
28	MOCEK Roman	581		M-50	28	00:01:55	00:26:45	00:53:37	01:18:46	01:44:14	01:49:47.35	01:51:42.90	+00:19:30 (17.8%)	5:12	11.5 (82.1%)
29	ŻARSKI Sławomir	1028		M-50	29	00:00:50	00:26:23	00:52:34	01:18:35	01:45:07	01:50:48.35	01:51:38.95	+00:20:31 (18.5%)	5:15	11.4 (81.4%)
30	GAJEWSKI Jacek	202	KURCZAK I AGATKA	M-50	30	00:00:32	00:25:18	00:51:21	01:18:04	01:45:43	01:51:21.90	01:51:53.90	+00:21:05 (18.9%)	5:16	11.4 (81.4%)
31	LAWACZ Waldemar	497		M-50	31	00:00:28	00:23:03	00:47:14	01:15:42	01:45:32	01:51:55.10	01:52:23.90	+00:21:38 (19.3%)	5:18	11.3 (80.7%)
32	BISKUP Maciej	1116		M-50	32	00:00:23	00:26:07	00:52:45	01:19:13	01:46:17	01:52:01.15	01:52:24.30	+00:21:44 (19.4%)	5:18	11.3 (80.7%)
33	HUBKA Jerzy	295		M-50	33	00:00:49	00:25:22	00:51:00	01:18:15	01:46:57	01:52:44.55	01:53:34.20	+00:22:28 (19.9%)	5:20	11.2 (80.0%)
34	BELUCH Witold	22		M-50	34	00:01:04	00:26:07	00:52:44	01:19:37	01:47:32	01:53:25.80	01:54:29.85	+00:23:09 (20.4%)	5:22	11.2 (80.0%)
35	SENDECKI Janusz	797		M-50	35	00:01:01	00:25:38	00:52:04	01:18:53	01:47:20	01:53:40.40	01:54:42.05	+00:23:24 (20.6%)	5:23	11.1 (79.3%)
36	KISIEL Tomasz	368	COOPER STANDARD	M-50	36	00:00:58	00:26:28	00:52:51	01:19:45	01:47:48	01:53:47.55	01:54:45.90	+00:23:31 (20.7%)	5:23	11.1 (79.3%)
37	KUCHNIA Krzysztof	459	TS REGLE SZKLARSKA PORĘBA	M-50	37	00:00:36	00:24:40	00:49:44	01:16:30	01:48:00	01:53:51.05	01:54:27.45	+00:23:34 (20.7%)	5:23	11.1 (79.3%)
38	RYZIŃSKI Dariusz	786		M-50	38	00:00:18	00:25:32	00:52:23	01:19:30	01:48:00	01:53:59.35	01:54:17.60	+00:23:42 (20.8%)	5:24	11.1 (79.3%)

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							5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km					
39	ŻELIŃSKI Marek	1029	2018	M-50	39	00:02:01	00:27:50	00:54:59	01:21:06	01:48:17	01:54:04.80	01:56:06.45	+00:23:48 (20.9%)	5:24	11.1 (79.3%)
40	SMOLARCZYK Dominik	819	SŁĄBY BIEGACZ	M-50	40	00:00:54	00:25:28	00:51:27	01:18:08	01:49:06	01:55:31.00	01:56:25.00	+00:25:14 (21.9%)	5:28	11 (78.6%)
41	IZYDORCZYK Mirosław	297		M-50	41	00:01:04	00:27:36	00:55:11	01:22:54	01:51:18	01:57:13.05	01:58:17.40	+00:26:56 (23.0%)	5:33	10.8 (77.1%)
42	STALICA Wojciech	839	IZOERG	M-50	42	00:00:55	00:27:23	00:55:44	01:23:44	01:51:38	01:57:32.55	01:58:28.05	+00:27:16 (23.2%)	5:34	10.8 (77.1%)
43	BOM Mariusz	1088		M-50	43	00:01:21	00:27:09	00:54:18	01:21:38	01:51:06	01:57:43.75	01:59:05.70	+00:27:27 (23.3%)	5:34	10.8 (77.1%)
44	HERZYK Adam	287	SIGNIFY BIELSKO-BIAŁA	M-50	44	00:01:08	00:27:16	00:54:55	01:22:36	01:51:19	01:57:44.20	01:58:53.15	+00:27:27 (23.3%)	5:34	10.8 (77.1%)
45	KLUSKA Piotr	382	HURAGAN LIGOTA	M-50	45	00:01:26	00:28:04	00:55:26	01:22:47	01:51:55	01:58:22.40	01:59:48.80	+00:28:06 (23.7%)	5:36	10.7 (76.4%)
46	SARKOWICZ Adam	791		M-50	46	00:01:06	00:26:03	00:53:32	01:21:59	01:52:13	01:58:28.15	01:59:34.50	+00:28:11 (23.8%)	5:36	10.7 (76.4%)
47	KLAPETEK Jacek	371	ŠKK GOLIAT	M-50	47	00:00:27	00:23:20	00:46:50	01:12:00	01:52:36	01:58:43.70	01:59:11.25	+00:28:27 (24.0%)	5:37	10.7 (76.4%)
48	ŁUKASIK Andrzej	519		M-50	48	00:00:58	00:27:37	00:56:15	01:24:04	01:53:12	01:59:11.35	02:00:09.80	+00:28:54 (24.3%)	5:38	10.6 (75.7%)
49	CZUBAJ Cezary	136		M-50	49	00:00:50	00:27:22	00:55:26	01:24:10	01:53:10	01:59:27.55	02:00:17.60	+00:29:11 (24.4%)	5:39	10.6 (75.7%)
50	ZEMŁA Piotr	1005		M-50	50	00:01:04	00:28:57	00:58:11	01:26:03	01:53:58	01:59:51.05	02:00:55.95	+00:29:34 (24.7%)	5:40	10.6 (75.7%)
51	KĄDZIOŁKA Jan	360	NIGHT RUNNERS GLIWICE	M-50	51	00:01:00	00:28:15	00:55:56	01:24:25	01:53:53	02:00:05.60	02:01:05.75	+00:29:49 (24.8%)	5:41	10.5 (75.0%)
52	NOWAK Ryszard	625		M-50	52	00:02:14	00:28:05	00:56:25	01:25:42	01:55:21	02:01:13.95	02:03:28.90	+00:30:57 (25.5%)	5:44	10.4 (74.3%)
53	GIERADA Ryszard	225	NIGHT RUNNERS GLIWICE	M-50	53	00:01:03	00:28:33	00:57:09	01:25:47	01:55:17	02:01:44.25	02:02:47.70	+00:31:27 (25.8%)	5:46	10.4 (74.3%)
54	RASZYK Andrzej	754	PARKRUN KATOWICE	M-50	54	00:01:06	00:28:51	00:57:15	01:25:48	01:57:18	02:04:05.95	02:05:12.45	+00:33:49 (27.3%)	5:52	10.2 (72.9%)
55	PRADELOK Jerzy	726	GIBKE GIZDY	M-50	55	00:01:12	00:26:37	00:53:51	01:23:52	01:57:17	02:04:42.30	02:05:55.15	+00:34:25 (27.6%)	5:54	10.2 (72.9%)
56	MARUSZCZYK Marian	543		M-50	56	00:01:18	00:27:26	00:55:06	01:24:15	01:57:25	02:04:42.40	02:06:00.80	+00:34:26 (27.6%)	5:54	10.2 (72.9%)
57	MAZUR Roman	556		M-50	57	00:01:24	00:29:51	00:59:33	01:28:48	01:58:49	02:05:15.45	02:06:40.40	+00:34:59 (27.9%)	5:56	10.1 (72.1%)
58	ĆWIKŁA Grzegorz	140		M-50	58	00:01:33	00:29:48	00:59:44	01:30:17	02:00:55	02:07:32.00	02:09:05.25	+00:37:15 (29.2%)	6:02	9.9 (70.7%)
59	PĘDOWSKI Wojciech	686		M-50	59	00:01:34	00:28:19	00:57:05	01:28:09	02:00:53	02:08:12.35	02:09:46.70	+00:37:55 (29.6%)	6:04	9.9 (70.7%)
60	MIERZEJEWSKI Jacek	571	AMATOR	M-50	60	00:00:52	00:29:19	01:00:09	01:31:53	02:05:52	02:13:26.25	02:14:18.25	+00:43:09 (32.3%)	6:19	9.5 (67.9%)
61	WOLIŃSKI Józef	968		M-50	61	00:01:33	00:30:04	01:01:19	01:33:24	02:06:50	02:13:32.35	02:15:05.80	+00:43:15 (32.4%)	6:19	9.5 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
62	CELAREK Janusz	98	LECYMY WARTKO	M-50	62	00:01:45	00:32:00	01:04:35	01:35:49	02:07:50	02:14:26.55	02:16:12.10	+00:44:10 (32.9%)	6:22	9.4 (67.1%)
63	BŁACH Piotr Buła	44	PACEMAKER	M-50	63	00:01:45	00:31:54	01:03:54	01:35:49	02:08:35	02:15:04.65	02:16:50.15	+00:44:48 (33.2%)	6:24	9.4 (67.1%)
64	SZUMNIAK Ryszard	888		M-50	64	00:01:48	00:31:52	01:04:03	01:35:45	02:08:32	02:15:17.50	02:17:05.55	+00:45:01 (33.3%)	6:24	9.4 (67.1%)
65	LESZCZYK Krzysztof	1075		M-50	65	00:00:23	00:30:56	01:01:54	01:33:45	02:09:05	02:16:25.05	02:16:48.90	+00:46:08 (33.8%)	6:27	9.3 (66.4%)
66	CIUK Bartosz	119	OLK SP.ZOZ	M-50	66	00:02:07	00:30:23	01:02:14	01:36:50	02:11:26	02:18:34.70	02:20:42.10	+00:48:18 (34.9%)	6:34	9.1 (65.0%)
67	BIEGUN Krzysztof	36		M-50	67	00:01:42	00:30:13	01:02:49	01:35:53	02:12:12	02:20:18.00	02:22:00.75	+00:50:01 (35.7%)	6:38	9 (64.3%)
68	PRUCHNIK Andrzej	731		M-50	68	00:00:20	00:29:38	01:01:16	01:34:49	02:12:08	02:20:39.65	02:20:59.75	+00:50:23 (35.8%)	6:39	9 (64.3%)
69	MARYNIOK Marian	1072		M-50	69	00:01:57	00:31:43	01:03:45	01:38:11	02:22:39	02:31:37.40	02:33:35.15	+01:01:21 (40.5%)	7:11	8.3 (59.3%)
70	GÓRKA Grzegorz	243		M-50	70	00:00:25	00:31:57	01:07:19	01:44:50	02:24:59	02:33:28.20	02:33:53.55	+01:03:11 (41.2%)	7:16	8.2 (58.6%)

Znaleziono 70 wynik(ów)