

Wydarzenie: VI PKO Półmaraton Gliwicki 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-10-26
Miejsce: Gliwice
Dystans: 21.1 km

Klasyfikacja: M-60

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | 5_15_km 5km | 10_km 10km | 5_15_km 15km | 20_km 20km | Czas netto 21.1km | Czas brutto 21.1km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|-------------------------|-----------|------|-------------|----------------|---------------|-----------------|---------------|----------------------|-----------------------|----------------------|-----------------|-----------------|
| 1 | ŻŁOBIŃSKI Krzysztof | 1031 | | M-60 | 1 | 00:00:09 | 00:20:32 | 00:41:35 | 01:02:35 | 01:24:50 | 01:29:40.25 | 01:29:49.50 | | 4:14 | 14.1 (100%) |
| 2 | PRZYŁUDZKI Janusz | 741 | | M-60 | 2 | 00:00:45 | 00:24:47 | 00:49:56 | 01:14:16 | 01:38:36 | 01:43:33.40 | 01:44:18.95 | +00:13:53 (13.4%) | 4:54 | 12.2 (86.5%) |
| 3 | PACUŁA Piotr | 656 | AKMB PĘDZIWIATR GLIWICE | M-60 | 3 | 00:00:01 | 00:24:22 | 00:49:30 | 01:15:18 | 01:41:26 | 01:47:05.05 | 01:47:06.40 | +00:17:24 (16.3%) | 5:04 | 11.8 (83.7%) |
| 4 | ORLIK Jerzy | 644 | | M-60 | 4 | 00:00:10 | 00:23:31 | 00:48:37 | 01:14:35 | 01:42:02 | 01:48:31.60 | 01:48:42.20 | +00:18:51 (17.4%) | 5:08 | 11.7 (83.0%) |
| 5 | ROSADA Zdzisław | 767 | | M-60 | 5 | 00:00:36 | 00:24:14 | 00:48:24 | 01:12:43 | 01:39:54 | 01:49:15.45 | 01:49:52.30 | +00:19:35 (17.9%) | 5:10 | 11.6 (82.3%) |
| 6 | GRUSZCZYŃSKI Bogusław | 1035 | | M-60 | 6 | 00:00:50 | 00:25:56 | 00:52:18 | 01:18:58 | 01:45:57 | 01:51:43.90 | 01:52:34.60 | +00:22:03 (19.7%) | 5:17 | 11.3 (80.1%) |
| 7 | DYRLAGA Stanisław | 174 | JUSTFEELFIT | M-60 | 7 | 00:01:24 | 00:27:27 | 00:54:26 | 01:21:08 | 01:47:59 | 01:53:40.95 | 01:55:05.00 | +00:24:00 (21.1%) | 5:23 | 11.1 (78.7%) |
| 8 | KRZYWICKI Jan | 455 | ----- | M-60 | 8 | 00:00:41 | 00:27:10 | 00:54:21 | 01:21:50 | 01:50:36 | 01:56:43.30 | 01:57:24.90 | +00:27:03 (23.2%) | 5:31 | 10.8 (76.6%) |
| 9 | CZERNIK Andrzej | 135 | | M-60 | 9 | 00:02:07 | 00:27:00 | 00:54:02 | 01:21:31 | 01:51:06 | 01:57:29.35 | 01:59:36.75 | +00:27:49 (23.7%) | 5:34 | 10.8 (76.6%) |
| 10 | RAJTOR Klaudiusz | 752 | | M-60 | 10 | 00:01:10 | 00:27:52 | 00:55:41 | 01:24:08 | 01:53:50 | 02:00:20.90 | 02:01:31.75 | +00:30:40 (25.5%) | 5:42 | 10.5 (74.5%) |
| 11 | OSTROWSKI Zygmunt | 651 | | M-60 | 11 | 00:01:30 | 00:29:44 | 00:59:26 | 01:29:24 | 02:00:33 | 02:07:16.95 | 02:08:47.40 | +00:37:36 (29.5%) | 6:01 | 9.9 (70.2%) |
| 12 | GRABOWSKI Zbigniew | 248 | | M-60 | 12 | 00:01:23 | 00:29:14 | 00:59:15 | 01:29:20 | 02:01:03 | 02:07:46.95 | 02:09:10.20 | +00:38:06 (29.8%) | 6:03 | 9.9 (70.2%) |
| 13 | PAWNUK Jan | 680 | | M-60 | 13 | 00:01:38 | 00:31:13 | 01:02:54 | 01:33:37 | 02:04:19 | 02:10:50.60 | 02:12:29.05 | +00:41:10 (31.5%) | 6:12 | 9.7 (68.8%) |
| 14 | SMOŁA Mieczysław | 820 | AKMB PĘDZIWIATR GLIWICE | M-60 | 14 | 00:00:18 | 00:30:06 | 01:01:16 | 01:32:44 | 02:04:34 | 02:11:05.70 | 02:11:23.90 | +00:41:25 (31.6%) | 6:12 | 9.7 (68.8%) |
| 15 | KULIJ Jan | 471 | KKTA | M-60 | 15 | 00:01:43 | 00:29:25 | 01:00:53 | 01:35:39 | 02:11:19 | 02:18:44.75 | 02:20:28.10 | +00:49:04 (35.4%) | 6:34 | 9.1 (64.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | 5_15_km 5km | 10_km 10km | 5_15_km 15km | 20_km 20km | Czas netto 21.1km | Czas brutto 21.1km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|------------|-------------------------|-----------|------|-------------|----------------|---------------|-----------------|---------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 16 | ĆWIKŁA Andrzej | 139 | TENT GRUPA | M-60 | 16 | 00:01:05 | 00:33:11 | 01:07:24 | 01:42:56 | 02:20:07 | 02:27:39.95 | 02:28:44.95 | +00:57:59 (39.3%) | 6:59 | 8.6 (61.0%) |
| 17 | FLORECKI Andrzej | 190 | AKMB PĘDZIWIATR GLIWICE | M-60 | 17 | 00:00:21 | 00:30:49 | 01:04:46 | 01:41:06 | 02:21:33 | 02:30:04.90 | 02:30:26.80 | +01:00:24 (40.3%) | 7:06 | 8.4 (59.6%) |
| 18 | KAPICKI Jan | 347 | | M-60 | 18 | 00:00:00 | 01:52:45 | | | 02:32:39 | 02:40:44.25 | 02:40:44.25 | +01:11:04 (44.2%) | 7:37 | 7.9 (56.0%) |

Znaleziono 18 wynik(ów)