

Wydarzenie: VI PKO Półmaraton Gliwicki 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-10-26
Miejsce: Gliwice
Dystans: 21.1 km

Klasyfikacja: M Open

Punkt pomiarowy: 20,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
1	OLIJNYK Paweł	1147	ONE TEAM	M-30	00:00:01	00:16:08	00:32:45	00:49:13	01:06:05
2	MALINA Dawid	1040	INŻYNIERIA BIEGANIA	M-20	00:00:00	00:16:09	00:32:46	00:49:14	01:07:01
3	CIEPLAK Marcin	1148		M-20	00:00:00	00:16:37	00:34:37	00:51:52	01:09:32
4	WOJTACHA Adrian	965	KS OLKUSZ	M-20	00:00:02	00:17:30	00:35:15	00:52:17	01:09:42
5	MUSKIETORZ Piotr	593		M-30	00:00:01	00:17:26	00:35:01	00:52:50	01:11:02
6	ŻURAWIK Daniel	1034	PPI SYSTEMY-GRZEWCZE	M-30	00:00:01	00:17:18	00:35:02	00:52:56	01:11:26
7	SZWASA Mateusz	1119	OTK RZEŹNIK	M-20	00:00:01	00:18:02	00:36:14	00:54:40	01:13:58
8	ŁUKASIEWICZ Sebastian	518	KLUB BIEGOWY GEPARD	M-30	00:00:01	00:18:37	00:37:19	00:55:50	01:14:45
9	SZCZECIŃSKI Maciej	871	INŻYNIERIA BIEGANIA	M-30	00:00:01	00:18:15	00:36:50	00:55:30	01:14:50
10	POLAK Bogdan	1076		M-40	00:00:02	00:18:37	00:37:18	00:55:50	01:14:58
11	RYSZ Robert	784		M-30	00:00:02	00:18:13	00:36:59	00:55:44	01:15:07
12	KLIMAS Tomasz	375		M-40	00:00:00	00:19:08	00:38:59	00:58:09	01:17:28
13	MOMRO Łukasz	585	AKMB PEDZIWIATR GLIWICE	M-30	00:00:01	00:18:35	00:37:49	00:57:16	01:17:34
14	JĘDROS Przemysław	318	INŻYNIERIA BIEGANIA TEAM	M-30	00:00:02	00:19:00	00:38:19	00:57:37	01:17:48
15	PROKOPIUK Robert	730	KALWAT	M-40	00:00:01	00:19:06	00:38:42	00:58:00	01:17:50
16	STAWINOĞA Janusz	846	HIRSCHVOGEL	M-40	00:00:03	00:19:09	00:38:52	00:58:29	01:18:44
17	KNESZ Krzysztof	385		M-30	00:00:02	00:19:09	00:38:57	00:58:24	01:18:52
18	WIERZCHOWSKI Tomasz	948	NORTHMILL RUNNING TEAM	M-30	00:00:02	00:19:16	00:39:02	00:58:20	01:19:34
19	HARZOWSKI Mateusz	278		M-20	00:00:01	00:19:10	00:38:58	00:58:59	01:19:52
20	GRZYWACZ Marcin	271	SIGNIFY BIELSKO	M-40	00:00:03	00:19:20	00:39:08	00:59:00	01:20:01
21	FALEJCZYK Mateusz	185	HOLBOX POLAND	M-20	00:00:01	00:19:48	00:39:57	00:59:57	01:20:15
22	LEDWOŃ Paweł	1068		M-30	00:00:03	00:20:04	00:40:09	01:00:01	01:20:25
23	DUŹNIAK Dominik	165	STEP-DANCE	M-30	00:00:02	00:19:19	00:39:19	00:59:31	01:20:29
24	DE LA PARRA Inaki	154	WAY2CHAMP.COM	M-30	00:00:06	00:20:19	00:40:17	01:00:08	01:20:37
25	DAMEC Aleksander	144	OCHAJORUN & FRIENDS	M-40	00:00:05	00:19:45	00:39:49	00:59:55	01:20:41
26	LASKOWSKI Tomasz	493	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:04	00:19:46	00:40:06	01:00:32	01:21:19
27	WOŹNIAK Grzegorz	1056		M-30	00:00:05	00:20:26	00:40:51	01:00:59	01:21:21
28	LANGNER Radosław	491	WAY2CHAMP.COM / VEĞE RUNNERS	M-30	00:00:06	00:20:19	00:40:36	01:01:02	01:21:37
29	SZYMURA Wojciech	898	DECATHLON RYBNIK & PRZYJACIELE	M-40	00:00:05	00:19:29	00:39:46	01:00:24	01:22:05
30	SOLAREK Mateusz	1063		M-20	00:00:06	00:19:42	00:40:09	01:00:44	01:22:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
31	PRZEŹDZIAK Zygmunt	737	GMINA STRZELCE OPOLSKIE	M-40	00:00:04	00:20:25	00:41:03	01:01:30	01:22:19
32	PRZELIORZ Paweł	734		M-30	00:00:02	00:19:48	00:40:24	01:01:05	01:22:35
33	WIŚNIEWSKI Mateusz	960	WISNIA_M_AKTYWNIE365	M-20	00:00:04	00:20:49	00:41:53	01:02:30	01:23:02
34	PALT Tomasz	664		M-40	00:00:02	00:20:12	00:41:03	01:01:45	01:23:05
35	RATYŃSKI Bartłomiej	755	HAPPY RUNNERS	M-30	00:00:14	00:20:51	00:41:41	01:02:04	01:23:11
36	STUCHLIK Marek	860	AKTYWNA PSZCZYNA RUNNERS TEAM	M-30	00:00:02	00:20:10	00:40:47	01:01:23	01:23:20
37	ŻOGAŁA Jan	1033	HURAGAN LIGOTA	M-40	00:00:05	00:20:14	00:41:04	01:01:54	01:23:24
38	MARKIEWICZ Marcin	1059		M-40	00:00:04	00:20:29	00:41:28	01:02:22	01:23:43
39	SIWY Sebastian	1103		M-40	00:00:06	00:20:47	00:41:56	01:02:55	01:24:03
40	FABIAN Michał	184		M-40	00:00:09	00:20:51	00:42:10	01:03:04	01:24:22
41	RAJTAR Krzysztof	1098	WAY2CHAMP	M-40	00:00:06	00:20:19	00:41:52	01:02:28	01:24:23
42	PODSIADŁO Adam	714		M-30	00:00:02	00:20:05	00:41:15	01:02:15	01:24:24
43	HOZAKOWSKI Marcin	292		M-20	00:00:07	00:20:57	00:42:13	01:03:23	01:24:40
44	ŻŁOBIŃSKI Krzysztof	1031		M-60	00:00:09	00:20:32	00:41:35	01:02:35	01:24:50
45	PIENIAŻEK Krzysztof	693	INŻYNIERIA BIEGANIA TEAM	M-40	00:00:05	00:20:53	00:42:10	01:03:07	01:24:57
46	PROBE Bartek	729	TWÓJ STARY	M-30	00:00:08	00:20:52	00:42:12	01:03:22	01:24:57
47	CHOMIK Rafał	104	WAY2CHAMP/ PACEMAKER	M-40	00:00:07	00:20:53	00:42:12	01:03:22	01:24:59
48	PIELA Mateusz	692	SZTURM	M-20	00:00:04	00:20:26	00:42:02	01:03:24	01:25:00
49	GROŃ Krystian	259	PACEMAKER	M-20	00:00:07	00:20:53	00:42:13	01:03:22	01:25:00
50	ADAMSKI Krzysztof	2		M-30	00:00:08	00:20:53	00:42:12	01:03:23	01:25:01
51	LIPIŃSKI Tomasz	509	LICHOTA TEAM	M-40	00:00:07	00:20:53	00:42:13	01:03:23	01:25:15
52	RAJTOR Paweł	1049		M-30	00:00:09	00:20:54	00:42:14	01:03:21	01:25:25
53	BROSZ Michał	73		M-50	00:00:07	00:20:50	00:42:13	01:03:35	01:25:39
54	TKACZ Piotr	908		M-30	00:00:19	00:22:06	00:43:24	01:04:13	01:25:44
55	DOBICZEK Łukasz	155		M-30	00:00:08	00:21:12	00:42:58	01:04:24	01:26:10
56	NOWAK Kamil	620		M-30	00:00:14	00:20:48	00:42:06	01:03:29	01:26:16
57	SPYCHAŁSKI Adam	835	LEIBER TEAM	M-40	00:00:04	00:21:14	00:43:07	01:04:46	01:26:17
58	GRAMATYKA Jan	253	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:03	00:21:05	00:42:40	01:04:01	01:26:19
59	ZIELIŃSKI Ireneusz	1008		M-50	00:00:10	00:20:47	00:42:08	01:03:51	01:26:20
60	BORSIAK Sebastian	61	OPEL ACTIVE TEAM	M-30	00:00:09	00:20:53	00:42:12	01:03:35	01:26:27
61	DENICKI Przemysław	151	VEGE RUNNERS	M-20	00:00:07	00:21:15	00:43:03	01:04:48	01:26:29
62	MASŁOŃ Błażej	1149	OSP PRUDNIK MAŁY	M-50	00:00:16	00:21:07	00:42:40	01:04:15	01:26:34
63	KANIA Michał	346		M-40	00:00:09	00:21:16	00:42:49	01:04:26	01:26:44
64	JĘDZURA Daniel	321	NIGHT RUNNERS GLIWICE	M-30	00:00:09	00:20:51	00:42:18	01:04:12	01:26:51
65	STĘPIEŃ Wojciech	849	COMPANEROS ASFALT TEAM	M-40	00:00:12	00:20:51	00:42:23	01:03:52	01:26:58
66	FIREK Rafał	1060		M-40	00:00:13	00:21:33	00:43:17	01:04:56	01:27:07
67	KRĘŻOŁEK Daniel	441		M-40	00:00:10	00:21:02	00:42:43	01:04:23	01:27:17
68	BERKE Rafał	25	BATORY LOTO	M-40	00:00:07	00:20:33	00:42:23	01:04:13	01:27:21
69	BARAN Ryszard	14		M-30	00:00:05	00:20:34	00:42:13	01:03:56	01:27:33
70	KOŁODZIEJCZYK Łukasz	1121	UKS KOMETA GLIWICE	M-16	00:00:09	00:19:21	00:40:15	01:01:00	01:27:51
71	SAWCZYN Tomasz	792	TI22ES	M-40	00:00:13	00:21:29	00:43:37	01:05:31	01:27:52
72	KLEWANIEC Jakub	373		M-30	00:00:11	00:20:56	00:42:24	01:04:43	01:27:55
73	PAJĄK Krzysztof	658		M-30	00:00:16	00:21:48	00:44:17	01:06:08	01:27:56
74	NOWICKI Szymon	628		M-30	00:00:34	00:21:26	00:43:03	01:04:35	01:27:59
75	KŁYK Dominik	384		M-30	00:00:08	00:21:20	00:43:14	01:05:27	01:28:04

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
76	DREJA Zbigi	159		M-40	00:00:18	00:22:46	00:44:54	01:06:09	01:28:09
77	SMYCZEK Bartosz	822	KILOMETROŻERCA	M-30	00:00:16	00:21:01	00:43:02	01:04:55	01:28:16
78	CZEPIGA Jan	130		M-40	00:00:08	00:21:00	00:42:51	01:05:10	01:28:18
79	BANYŚ Jacek	13	MOSTOSTAL ZABRZE UNITED	M-40	00:00:09	00:21:23	00:44:05	01:06:06	01:28:19
80	ŻELIŃSKI Michał	1030	CSC ADVENTURE ACADEMY	M-20	00:00:11	00:21:47	00:43:55	01:05:35	01:28:38
81	SIELSKI Jarosław	804	OPEL ACTIVE TEAM	M-40	00:00:08	00:20:46	00:42:19	01:04:29	01:28:41
82	STACHOWICZ Kamil	837	LECĘBOHCĘ	M-40	00:00:06	00:21:52	00:44:03	01:05:57	01:28:42
83	GOLDA Piotr	1085		M-40	00:00:04	00:22:56	00:45:41	01:07:12	01:28:44
84	TEKLA Krzysztof	907		M-30	00:00:18	00:21:28	00:43:32	01:05:34	01:28:47
85	GRUSZCZYŃSKI Stanisław	263		M-30	00:00:07	00:20:54	00:42:33	01:05:32	01:28:49
86	GABRYŚ Jacek	200		M-30	00:00:13	00:21:59	00:44:36	01:06:34	01:29:04
87	KALUKIEWICZ Dobromił	338	FRAMIGA	M-30	00:00:14	00:21:38	00:43:40	01:05:42	01:29:04
88	FURMAN Paweł	197	HURAGAN LIGOTA	M-30	00:00:16	00:21:46	00:43:59	01:06:09	01:29:09
89	NIKODON Paweł	613	NIKODON DREAM TEAM	M-40	00:00:10	00:20:52	00:42:59	01:05:43	01:29:14
90	ROMIK Krzysztof	1096	HELI POLSKA	M-40	00:00:10	00:21:33	00:43:46	01:06:03	01:29:14
91	TŁOŁKA Michał	909		M-30	00:00:14	00:22:47	00:45:19	01:07:04	01:29:21
92	CICHOŃSKI Damian	111	ORANGE POLSKA	M-40	00:00:05	00:22:58	00:45:46	01:07:21	01:29:23
93	BUBAŁA Łukasz	81		M-30	00:00:07	00:20:56	00:43:23	01:05:57	01:29:24
94	NAWROCKI Szymon	602		M-40	00:00:12	00:22:31	00:45:03	01:07:05	01:29:29
95	ZYGUŁA Piotr	1025	DCWRP	M-40	00:00:12	00:22:31	00:45:03	01:07:05	01:29:29
96	NIEDBAŁ Łukasz	606	GTT - INTER PROJEKT	M-30	00:00:05	00:22:14	00:44:44	01:07:02	01:29:34
97	WOLLNY Kamil	969	EKO-OKNA RUNNERS	M-20	00:00:12	00:21:53	00:44:25	01:06:43	01:29:45
98	GRZYB Dariusz	269	NIEZRZESZONY	M-40	00:00:16	00:22:53	00:45:20	01:07:22	01:29:46
99	ŁOAZA Krzysztof	516	NIGHT RUNNERS PYSKOWICE	M-40	00:00:24	00:22:46	00:45:21	01:07:15	01:29:47
100	STANISZ Marcin	841	NIGHT RUNNERS PYSKOWICE	M-30	00:00:24	00:22:39	00:45:21	01:07:15	01:29:52
101	KRAWCZYK Karol	435		M-30	00:00:10	00:22:00	00:44:25	01:06:46	01:30:04
102	BAK-CESARZ Damian	20	BIEG NA REKORD :)	M-20	00:00:40	00:22:54	00:45:35	01:08:03	01:30:06
103	WÓJCIK Zbigniew	983		M-40	00:00:17	00:22:13	00:44:44	01:07:08	01:30:16
104	GORCZYCKI Arkadiusz	241	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:15	00:22:18	00:45:17	01:07:40	01:30:20
105	ANTOŃCZYK Adam	4		M-50	00:00:10	00:21:06	00:43:37	01:06:18	01:30:26
106	ZDON Paweł	1002		M-30	00:00:09	00:22:27	00:45:10	01:07:45	01:30:39
107	ROSKOSZ Rafał	768	PRO WINDOW TEAM TARNOWSKIE GÓRY	M-40	00:00:19	00:22:09	00:44:53	01:07:37	01:30:54
108	BOSOWSKI Tomasz	65		M-40	00:00:20	00:22:34	00:45:14	01:07:34	01:30:54
109	GRZESIKIEWICZ Mariusz	267		M-40	00:00:13	00:22:10	00:44:51	01:07:42	01:30:57
110	HOŁYŃSKI Tomasz	290	ORŁY Z KNUROWA	M-40	00:00:36	00:22:49	00:45:19	01:07:45	01:30:59
111	BIAŁAS Adam	28	GRUPA BIEGOWA 65	M-20	00:00:38	00:21:45	00:44:24	01:07:21	01:30:59
112	BIELA Rafał	38		M-40	00:00:14	00:22:47	00:45:20	01:07:54	01:31:17
113	BRYŁA Grzegorz	76		M-40	00:00:53	00:22:55	00:45:40	01:08:22	01:31:19
114	NIŻNIKIEWICZ Grzegorz	616		M-40	00:00:27	00:22:40	00:45:13	01:07:50	01:31:22
115	BUŁAWA Filip	3141	UKS KOMETA GLIWICE	M-16	00:00:10	00:20:28	00:43:13	01:06:09	01:31:25
116	PAWLIKOWSKI Marcin	679	PARKRUN KATOWICE	M-20	00:00:21	00:23:14	00:46:06	01:08:42	01:31:28
117	KULIŚ Jakub	472		M-20	00:00:18	00:23:34	00:46:47	01:09:05	01:31:33
118	NOWAK Adam	622		M-40	00:00:18	00:22:14	00:44:49	01:07:38	01:31:33
119	KURTO Grzegorz	479	BBRUNNERS	M-40	00:00:05	00:22:34	00:45:41	01:08:33	01:31:35
120	KULPA Marek	473	4QM	M-30	00:00:05	00:22:34	00:45:41	01:08:34	01:31:36

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121	NOWAK Mariusz	621	HIRSCHVOGEL	M-40	00:00:13	00:22:39	00:46:02	01:08:45	01:31:39
122	PALEJ Dawid	662	PSE	M-20	00:00:07	00:22:44	00:46:02	01:08:52	01:31:42
123	SIERADZKI Dariusz	806	BIEGAJ Z TRENERAMI	M-30	00:00:09	00:22:50	00:45:57	01:08:49	01:31:43
124	MIRONOWICZ Bartłomiej	576		M-30	00:00:21	00:21:52	00:44:47	01:08:01	01:31:54
125	SIWEK Dariusz	812	NOWINY.PL	M-50	00:00:06	00:22:11	00:45:08	01:08:17	01:32:02
126	ŁATKA Łukasz	514		M-30	00:00:27	00:23:23	00:46:41	01:08:53	01:32:04
127	CIEŚLIK Paweł	115	CHATEAU CHALIN	M-40	00:00:08	00:21:39	00:44:55	01:08:13	01:32:06
128	FURMANEK Łukasz	198	KLUB BIEGACZA SANTANDER CONSUMER BANK	M-30	00:00:08	00:22:03	00:44:46	01:07:45	01:32:08
129	BUJAK Marek	89	#CZELADZBIEGA	M-40	00:00:21	00:22:19	00:44:45	01:07:24	01:32:10
130	CZAJKA Roman	122		M-40	00:00:14	00:22:48	00:46:07	01:09:00	01:32:17
131	GÓRECKI Michał	1095	BPSC	M-40	00:00:13	00:21:35	00:44:16	01:07:25	01:32:20
132	FLORKIEWICZ Sławomir	192		M-50	00:00:12	00:21:52	00:44:32	01:07:42	01:32:27
133	ZADEBERNY Amadeusz	992		M-20	00:00:26	00:22:46	00:45:42	01:08:16	01:32:27
134	CZARNIK Jędrzej	126		M-20	00:00:21	00:23:27	00:46:45	01:09:20	01:32:30
135	WOMELA Maciej	973		M-30	00:00:26	00:23:22	00:46:41	01:09:19	01:32:33
136	MANDOK Bogdan	532		M-40	00:00:03	00:21:11	00:44:57	01:08:30	01:32:35
137	KUSEK Andrzej	1061		M-40	00:00:15	00:22:40	00:45:37	01:08:48	01:32:36
138	KRÓL Dariusz	445	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:04	00:21:58	00:44:57	01:08:28	01:32:40
139	BEHRENDT Jakub	21	LECE BO CHCE	M-40	00:00:28	00:22:43	00:45:32	01:08:37	01:32:50
140	PIETRUSZEWSKI Marcin	695	BIEGAM BO LUBIĘ	M-30	00:00:26	00:23:25	00:46:42	01:09:57	01:32:51
141	NASTULA Dariusz	601		M-30	00:00:16	00:23:30	00:46:49	01:09:40	01:32:55
142	PTAK Bartłomiej	1118		M-40	00:00:21	00:23:28	00:46:47	01:10:23	01:32:56
143	TORBA Kacper	914	JURASSIC RUNNERS	M-20	00:01:02	00:23:51	00:47:24	01:09:33	01:32:56
144	CHEJDYS Krystian	100	BIEGNĘ ALE DOKĄD	M-30	00:00:19	00:23:33	00:46:53	01:10:25	01:33:02
145	WRZESIEŃ Dariusz	986		M-30	00:00:40	00:23:07	00:46:13	01:09:04	01:33:07
146	TRACZUK Marek	915		M-40	00:00:19	00:23:30	00:46:49	01:10:26	01:33:08
147	ŁAKOMY Piotr	1087		M-30	00:00:45	00:23:03	00:46:23	01:09:36	01:33:10
148	NYKIEL Mariusz	630	SOCIOS SILESIA	M-30	00:00:16	00:23:31	00:46:51	01:10:27	01:33:11
149	BEŁKOT Arkadiusz	23		M-40	00:00:20	00:23:28	00:46:47	01:09:47	01:33:13
150	BEŚKA Sławomir	26	OCHAJORUN & FRIENDS	M-40	00:00:05	00:20:54	00:44:10	01:09:34	01:33:15
151	DESZYŃSKI Damian	153	ISTA BIEGAMY	M-40	00:01:03	00:23:01	00:46:09	01:09:44	01:33:20
152	DYGDON Paweł	168		M-40	00:00:06	00:22:41	00:45:38	01:08:49	01:33:22
153	SZNYDER Wojciech	879		M-40	00:00:11	00:23:37	00:46:57	01:10:09	01:33:23
154	JAROSZYŃSKI Tomasz	1086		M-20	00:00:24	00:23:48	00:47:39	01:10:44	01:33:25
155	WIŚNIEWSKI Jarosław	961	MOSTOSTA:L ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:56	01:09:27	01:33:25
156	PIETYSZUK Darek	697	MOSTOSTAL ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:55	01:09:27	01:33:26
157	POŚNIAK Tomasz	724	ISTA	M-30	00:00:05	00:21:01	00:43:24	01:06:52	01:33:29
158	HERNACKI Karol	285	LISWARTA KRZEPICE	M-30	00:00:16	00:22:03	00:44:14	01:07:03	01:33:32
159	WALKOWIAK Piotr	934		M-40	00:00:00	00:23:49	00:47:09	01:10:43	01:33:38
160	MICHALSKI Jarosław	565	HETMAN TARNOWSKIE GÓRY	M-30	00:00:24	00:22:37	00:45:46	01:09:23	01:33:38
161	MALCHERCZYK Grzegorz	527		M-20	00:00:28	00:23:24	00:46:49	01:10:17	01:33:43
162	ZYMELA Dawid	1026		M-30	00:00:21	00:23:30	00:46:52	01:10:24	01:33:47
163	NITKA Sebastian	615		M-40	00:00:03	00:21:55	00:45:21	01:09:10	01:33:51
164	ZIOBER Grzegorz	1017	SPARTA PLATFUS	M-40	00:00:53	00:24:06	00:47:28	01:10:25	01:33:51
165	KASZOWSKI Marcin	354		M-40	00:00:17	00:23:31	00:46:53	01:10:27	01:33:52

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
166	FINKBEINER Łukasz	188		M-30	00:00:18	00:23:30	00:46:50	01:10:25	01:33:52
167	OPIŁEK Marek	640	EUVIC	M-30	00:00:26	00:23:06	00:46:15	01:09:14	01:33:52
168	PĘCHERCZYK Antoni	684		M-50	00:00:17	00:23:30	00:46:50	01:09:53	01:33:53
169	SIKORA Marek	807	W POGONI ZA DUCHEM	M-40	00:00:15	00:23:10	00:46:49	01:10:04	01:33:54
170	SOBANIA Tomasz	823	PIAST GLIWICE/ PACEMAKER	M-20	00:00:16	00:23:31	00:46:51	01:10:27	01:33:54
171	RATAJCZAK Krystian	1092		M-30	00:00:23	00:23:58	00:47:12	01:10:23	01:33:55
172	MOJ Adam	583		M-30	00:00:26	00:23:25	00:46:48	01:10:21	01:33:55
173	KOWYNIA Grzegorz	423	ANTONTEAM	M-20	00:01:09	00:24:27	00:48:16	01:11:22	01:33:55
174	BIELA Grzegorz	37	GIBKE GIZDY	M-30	00:00:09	00:21:50	00:44:57	01:08:41	01:33:56
175	KĄLAMARZ Mariusz	339		M-40	00:00:06	00:21:52	00:45:09	01:09:28	01:33:58
176	LEWICKI Tomasz	506	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:10	00:22:49	00:46:01	01:09:34	01:33:58
177	CHAŁADYN Sławek	99	INŻYNIERIA BIEGANIA	M-30	00:00:12	00:22:23	00:45:24	01:08:37	01:34:00
178	NIESLER Michał	609	NIGHT RUNNERS GLIWICE	M-30	00:00:07	00:23:34	00:46:58	01:10:05	01:34:01
179	WENGLORZ Marcin	942	TBF	M-20	00:00:23	00:23:26	00:46:46	01:10:21	01:34:07
180	ODOSZEWSKI Roman	631	OASIS SPORT TEAM	M-40	00:00:11	00:22:04	00:45:27	01:09:29	01:34:10
181	ŚLIWA Paweł	901		M-20	00:00:40	00:23:11	00:46:30	01:10:04	01:34:11
182	KWIATKOWSKI Grzegorz	489		M-40	00:00:11	00:21:15	00:44:37	01:09:10	01:34:12
183	BORTEL Mirosław	62	40 LATEK SPLA TYCHY	M-40	00:00:01	00:22:58	00:47:05	01:10:19	01:34:17
184	WILK Dawid	954	PACEMAKER	M-30	00:00:16	00:23:31	00:46:53	01:10:29	01:34:17
185	ORZECZ Michał	645	MUSTANGI GLIWICE	M-30	00:00:15	00:23:09	00:46:38	01:09:41	01:34:18
186	KRAICZICZEK Krzysztof	431	KELLER WILLIAMS POWER TEAM	M-40	00:00:25	00:23:23	00:46:44	01:10:23	01:34:18
187	OSOJCA Mariusz	649	FLUOR	M-40	00:01:00	00:23:49	00:47:33	01:10:40	01:34:20
188	KILAN Przemysław	366	KB FLORIAN ZAJĄCZKI DRUGIE	M-20	00:00:07	00:20:53	00:42:31	01:06:17	01:34:28
189	WÓJCIK Dariusz	981		M-40	00:00:13	00:22:20	00:45:29	01:09:15	01:34:30
190	UKLAŃSKI Krzysztof	925	EUVIC	M-20	00:00:19	00:23:29	00:46:48	01:10:25	01:34:31
191	KRUK Grzegorz	449		M-50	00:00:22	00:23:35	00:47:10	01:10:44	01:34:31
192	MAY-MAJEWSKI Michał	551	4 M	M-30	00:00:24	00:23:38	00:47:18	01:10:49	01:34:33
193	ROGOSZ Michał	764		M-30	00:00:28	00:24:17	00:48:33	01:12:19	01:34:35
194	REMIORZ Piotr	1071		M-50	00:00:36	00:22:55	00:46:26	01:10:25	01:34:39
195	KRZYCKI Łukasz	454		M-30	00:00:38	00:24:24	00:48:14	01:11:40	01:34:43
196	GDOWSKI Sławek	216	SPASIONE MIŚKI	M-30	00:00:19	00:23:33	00:46:57	01:10:33	01:34:50
197	SEROCKI Michał	799		M-30	00:00:30	00:23:33	00:47:01	01:10:33	01:34:52
198	ŻABIŃSKI Tomasz	1027		M-20	00:00:18	00:23:33	00:47:00	01:10:35	01:34:59
199	MIECZNIKOWSKI Jacek	569		M-40	00:00:19	00:22:54	00:46:25	01:09:53	01:35:01
200	KUBERA Dawid	457	ALWAYSINMOTION.PL	M-30	00:00:11	00:22:05	00:45:52	01:10:39	01:35:12
201	WASZAK Damian	937		M-40	00:00:31	00:24:23	00:48:28	01:11:59	01:35:18
202	GRZONDZIEL Mirek	268	HURAGAN LIGOTA	M-40	00:00:18	00:23:31	00:46:54	01:10:50	01:35:22
203	POJDA Grzegorz	716	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-40	00:00:21	00:23:09	00:46:42	01:10:26	01:35:22
204	MACHALICA Dominik	1062		M-30	00:00:35	00:23:16	00:46:41	01:10:29	01:35:27
205	BEHRENDT Bartek	1045		M-50	00:00:57	00:23:45	00:47:13	01:11:25	01:35:28
206	WYRZGOL Andrzej	988		M-40	00:00:32	00:23:29	00:47:20	01:11:26	01:35:29
207	BROLL Rafał	72		M-40	00:00:17	00:23:30	00:46:50	01:10:42	01:35:35
208	BURCZYK Klaudiusz	94		M-30	00:00:08	00:22:29	00:45:42	01:09:21	01:35:37
209	MAZUR Krzysztof	552	OPEL ACTIVE TEAM	M-40	00:01:01	00:24:03	00:47:43	01:11:11	01:35:45
210	DYMEK Bartosz	172		M-30	00:00:56	00:24:15	00:48:26	01:11:59	01:35:46

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
211	MEJER Krzysztof	559	KRS TKKF JASTRZĄB RUDA SŁĄSKA	M-50	00:00:17	00:23:15	00:46:46	01:10:34	01:35:48
212	RUSZCZYK Marek	775		M-40	00:00:24	00:23:33	00:47:28	01:11:18	01:35:48
213	BOGACZ Paweł	52		M-30	00:00:13	00:22:51	00:46:51	01:11:02	01:35:49
214	OWCZAREK Paweł	653		M-40	00:00:30	00:24:06	00:48:05	01:11:38	01:35:53
215	RYBIŃSKI Łukasz	780	EŁKA TEAM	M-30	00:00:44	00:23:10	00:46:53	01:10:53	01:35:54
216	GRAETSCH Sebastian	252	VATTENFALL	M-30	00:00:09	00:21:03	00:44:42	01:09:32	01:35:55
217	PURCZYŃSKI Jan	744		M-50	00:00:36	00:24:31	00:48:35	01:12:26	01:35:59
218	SZAFRAŃSKI Michał	868		M-40	00:00:23	00:23:34	00:47:29	01:11:35	01:36:00
219	RAWŁUSZEWICZ Waldemar	756		M-50	00:00:16	00:23:43	00:47:25	01:11:03	01:36:03
220	ZIELIŃSKI Jacek	1009		M-30	00:01:05	00:23:55	00:47:37	01:11:07	01:36:03
221	MIKULSKI Jacek	573		M-30	00:00:20	00:23:50	00:47:27	01:11:16	01:36:06
222	BAJOREK Dawid	9	BIEGAM W KATO	M-20	00:00:11	00:24:07	00:48:30	01:12:14	01:36:09
223	BOTOR Mateusz	67		M-30	00:00:28	00:23:38	00:47:25	01:11:32	01:36:11
224	SKRZYPEK Krzysztof	817		M-40	00:00:18	00:23:34	00:47:31	01:11:34	01:36:24
225	WOŁOSZ Marcin	972	QUERCUS ON TOUR	M-40	00:00:33	00:23:57	00:48:10	01:12:14	01:36:26
226	JANECZEK Marek	303		M-40	00:00:17	00:23:34	00:47:10	01:11:25	01:36:27
227	NOWAKOWSKI Dominik	1078		M-20	00:00:11	00:21:21	00:46:48	01:10:23	01:36:29
228	MŁYŃCZAK Piotr	579	EUVIC GLIWICE	M-40	00:00:30	00:23:38	00:47:30	01:11:37	01:36:29
229	ZIELONKA Jacek	1011	PSOFIX	M-30	00:00:53	00:23:55	00:48:12	01:12:17	01:36:35
230	SAKOWSKI Maciej	788	HURAGAN LIGOTA	M-40	00:00:17	00:23:30	00:46:50	01:11:06	01:36:40
231	TYSZKIEWICZ Cuma	920		M-40	00:00:54	00:23:45	00:47:53	01:11:55	01:36:50
232	MOJ Tomasz	582		M-40	00:00:23	00:23:26	00:46:48	01:10:56	01:36:57
233	HERTMAN Paweł	286		M-20	00:00:18	00:23:33	00:47:00	01:10:45	01:36:59
234	WÓJCIK Rafał	977		M-40	00:00:20	00:23:32	00:47:16	01:11:43	01:37:09
235	WIDERA Marek	944	SORBCHEM	M-30	00:00:30	00:23:07	00:46:31	01:10:31	01:37:09
236	NORBERT Teichmann	619		M-50	00:00:00	00:24:17	00:48:38	01:12:05	01:37:19
237	NIESZPOREK Adam	610	RUN-3	M-40	00:00:15	00:23:15	00:46:51	01:11:00	01:37:19
238	SOTER Bartłomiej	833		M-30	00:01:07	00:23:56	00:48:10	01:12:02	01:37:24
239	MARCINIAK Rafał	535	1986	M-30	00:01:14	00:24:48	00:49:26	01:13:43	01:37:43
240	BUKOWIEC Szymon	92		M-20	00:00:16	00:23:27	00:48:01	01:12:21	01:37:45
241	JUDA Artur	324		M-40	00:00:32	00:24:20	00:48:34	01:12:48	01:37:50
242	NITARSKI Patryk	614	NIGHT RUNNERS GLIWICE	M-40	00:00:36	00:24:15	00:48:30	01:12:56	01:37:52
243	ZIÓŁKOWSKI Grzegorz	1018		M-50	00:00:30	00:23:20	00:46:42	01:10:53	01:37:55
244	PIKULSKI Łukasz	699		M-30	00:00:27	00:23:37	00:47:42	01:12:08	01:37:56
245	CYGAN Piotr	120		M-50	00:00:42	00:24:08	00:48:24	01:12:43	01:37:59
246	CHRZAŚCIK Tomasz	105		M-30	00:00:39	00:24:16	00:48:30	01:13:03	01:38:03
247	PLUCIŃSKI Michał	709		M-30	00:00:39	00:23:50	00:48:03	01:12:45	01:38:06
248	BRODEK Andrzej	69	CERTUM	M-50	00:00:10	00:22:33	00:46:52	01:11:56	01:38:07
249	JĘDRUŚ Jakub	319	DZIK LIGOTA	M-20	00:00:03	00:22:30	00:48:18	01:13:26	01:38:08
250	SKORUPA Mariusz	1106		M-40	00:00:39	01:12:23			01:38:08
251	GŁOGOWSKI Konrad	228		M-30	00:00:22	00:24:25	00:49:15	01:13:45	01:38:11
252	JAGIEŁA Michał	300		M-30	00:00:07	00:24:19	00:48:49	01:13:14	01:38:14
253	RYGOL Daniel	782	GIBKE GIZDY	M-20	00:00:17	00:23:41	00:47:56	01:12:46	01:38:15
254	HOMOTIUK Michał	291		M-40	00:00:29	00:23:54	00:48:34	01:13:01	01:38:17
255	KOPEĆ Tomasz	406		M-40	00:00:13	00:23:03	00:47:29	01:12:10	01:38:19

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
256	WOJTUKIEWICZ Artur	967	DHL RUN CLUB	M-40	00:00:24	00:24:52	00:49:46	01:14:09	01:38:22
257	BUK Marcin	91	TRIDIVISION	M-30	00:00:48	00:23:39	00:47:46	01:12:44	01:38:25
258	KRÓL Artur	446	NGK RUNNING TEAM	M-30	00:00:20	00:24:56	00:49:50	01:14:13	01:38:26
259	SROCYŃSKI Dariusz	836		M-40	00:00:20	00:24:55	00:49:50	01:14:13	01:38:26
260	SKLORZ Marcin	813		M-20	00:00:36	00:24:20	00:48:36	01:12:58	01:38:32
261	JABŁOŃSKI Łukasz	298	FIS-SST TEAM	M-20	00:01:42	00:25:11	00:49:27	01:13:47	01:38:34
262	KURCZEK Tomasz	477		M-40	00:00:45	00:24:52	00:49:57	01:14:24	01:38:35
263	PRZYŁUDZKI Janusz	741		M-60	00:00:45	00:24:47	00:49:56	01:14:16	01:38:36
264	WÓJCIKOWSKI Mateusz	982	ANICA TEAM	M-20	00:00:23	00:23:28	00:47:05	01:12:00	01:38:41
265	TRZEWICZEK Marcin	917		M-40	00:00:28	00:22:48	00:46:22	01:10:37	01:38:42
266	WIERZCHOWSKI Jędrzej	949		M-30	00:00:34	00:24:16	00:48:31	01:12:58	01:38:44
267	STOPPEL Piotr	854		M-20	00:00:43	00:24:29	00:49:21	01:13:53	01:38:47
268	GAWENDA Dariusz	210		M-40	00:00:35	00:24:12	00:49:10	01:13:59	01:38:49
269	ŻMIJEWSKI Dariusz	1094		M-50	00:00:38	00:23:40	00:47:55	01:12:35	01:38:53
270	ŻABICKI Mariusz	1091		M-30	00:00:26	00:24:02	00:48:45	01:13:21	01:39:03
271	KOZIOŁ Artur	428	PORANNY PATROL	M-40	00:01:35	00:24:18	00:48:46	01:13:35	01:39:06
272	KOCUR Patryk	391		M-40	00:00:21	00:24:31	00:48:49	01:13:06	01:39:08
273	PUŁA Adrian	743	SREBRNI BIEGACZE TG / SZOMBIERKI DREAM TEAM	M-40	00:00:48	00:25:15	00:50:09	01:14:29	01:39:11
274	SMYK Robert	1050	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:24:16	00:48:38	01:12:57	01:39:19
275	MORCHAT Paweł	586	#CZELADZBIEGA	M-40	00:00:50	00:24:47	00:49:53	01:14:17	01:39:19
276	MACZUGA Bartłomiej	522	PACEMAKER	M-30	00:00:34	00:24:16	00:48:31	01:12:58	01:39:20
277	STANACH Tomasz	840		M-20	00:00:35	00:24:17	00:48:37	01:12:52	01:39:28
278	OSZYWA Damian	1065		M-30	00:00:19	00:23:34	00:47:29	01:12:34	01:39:35
279	ZWOLIŃSKI Gabriel	1023	AERO-SYSTEM.PL	M-30	00:00:19	00:23:33	00:48:05	01:13:34	01:39:43
280	STASIOWSKI Dawid	844	DTIQ POLAND	M-20	00:01:42	00:24:46	00:49:44	01:13:49	01:39:46
281	MRZYK Ireneusz	590	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:00:38	00:24:26	00:49:09	01:14:16	01:39:53
282	ROSADA Zdzisław	767		M-60	00:00:36	00:24:14	00:48:24	01:12:43	01:39:54
283	PYZIK Tomasz	749	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:57	00:24:37	00:49:37	01:14:20	01:39:55
284	KRAJEWSKI Radosław	433		M-30	00:00:23	00:24:01	00:48:41	01:13:53	01:39:57
285	BLOCH Grzegorz	43	WR1 OYAMA KARATE KATOWICE	M-30	00:00:29	00:23:21	00:47:33	01:12:35	01:40:01
286	PŁATEK Michał	711		M-20	00:00:00				01:40:02
287	MACYSZUJ Waldemar	1054		M-50	00:00:45	00:24:43	00:49:22	01:14:12	01:40:05
288	MYSLIWIEC Wojciech	595	DYSTANS LUBOMIA	M-30	00:00:20	00:23:29	00:47:01	01:13:03	01:40:06
289	DOBOSZ Daniel	156		M-40	00:00:41	00:23:15	00:47:45	01:13:08	01:40:06
290	PUDŁO Arkadiusz	1051	DASIS TEAM CLUB	M-40	00:00:24	00:23:24	00:47:22	01:13:04	01:40:15
291	ADAMSKI Daniel	1066		M-30	00:01:55	00:24:31	00:49:33	01:14:15	01:40:16
292	OZYP Mariusz	654		M-30	00:00:02	00:24:32	00:49:32	01:14:38	01:40:26
293	SOWIAR Maciej	1102	ANTONTEAM	M-20	00:00:35	00:24:21	00:48:54	01:13:16	01:40:26
294	KURNAKOWSKI Michał	478	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:00:51	00:25:10	00:50:32	01:15:33	01:40:26
295	KAJSTURA Tomasz	335		M-30	00:00:32	00:24:34	00:49:01	01:13:53	01:40:39
296	DOMAŃSKI Marcin	1067	RUNNINGFISH74	M-40	00:00:48	00:25:08	00:49:56	01:14:51	01:40:39
297	WASIK Marcin	936	MUSTANGI GLIWICE	M-40	00:00:36	00:24:16	00:48:38	01:13:03	01:40:40
298	SALAMON Emil	789	OPEL ACTIVE TEAM	M-30	00:00:26	00:24:47	00:49:37	01:14:29	01:40:54
299	UJMA Michał	924		M-30	00:00:16	00:23:52	00:48:50	01:14:38	01:40:57
300	GIEMZA Armin	222		M-20	00:01:10	00:24:24	00:48:21	01:13:03	01:41:04

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
301	SCHAB Bartłomiej	793		M-30	00:01:10	00:24:33	00:49:28	01:14:35	01:41:13
302	JANTAS Andrzej	310		M-50	00:00:57	00:24:58	00:50:09	01:15:32	01:41:15
303	WOŹNICZKO Robert	976	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:28	00:24:53	00:50:11	01:15:44	01:41:16
304	PŁONKA Krzysztof	712		M-50	00:00:34	00:24:07	00:48:28	01:13:27	01:41:22
305	ROSEK Jarosław	1057		M-40	00:00:39	00:24:12	00:48:34	01:13:16	01:41:25
306	PACUŁA Piotr	656	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:01	00:24:22	00:49:30	01:15:18	01:41:26
307	MEOSI Alessandro	560		M-20	00:01:00	00:27:09	00:54:45	01:17:55	01:41:26
308	BICZYSKI Paweł	35		M-30	00:00:35	00:24:16	00:48:46	01:14:17	01:41:34
309	GOLA Daniel	236		M-20	00:00:36	00:24:37	00:49:41	01:14:54	01:41:36
310	MATUSZNY Krzysztof	549		M-20	00:00:27	00:25:21	00:51:13	01:16:13	01:41:38
311	SZOTA Wojciech	886		M-40	00:00:39	00:26:59	00:53:00	01:17:56	01:41:41
312	URBASIK Mariusz	931		M-50	00:00:34	00:24:53	00:50:03	01:15:33	01:41:49
313	LUBICKI Wojciech	512	BRAK	M-50	00:00:16	00:24:35	00:49:29	01:15:07	01:41:54
314	ORLIK Jerzy	644		M-60	00:00:10	00:23:31	00:48:37	01:14:35	01:42:02
315	CZERNEK Marek	131	BIEGAJ Z TRENERAMI	M-40	00:00:17	00:24:33	00:49:32	01:15:43	01:42:02
316	HERLICZKA Tomasz	284	AML FLY TEAM	M-40	00:00:59	00:25:30	00:51:28	01:16:51	01:42:02
317	WEISS Filip	1043		M-30	00:00:49	00:25:14	00:50:19	01:15:29	01:42:06
318	BAUC Bartłomiej	19	LEDWO ŻYWY	M-30	00:00:38	00:24:15	00:49:13	01:14:50	01:42:09
319	GRESZTA Grzegorz	256	JAH RASTA	M-30	00:00:51	00:24:01	00:48:37	01:14:10	01:42:10
320	ŚLIWAKOWSKI Damian	902		M-20	00:01:18	00:25:33	00:51:10	01:17:04	01:42:12
321	STRĄCAŁA Paweł	855		M-20	00:00:41	00:24:47	00:50:10	01:15:27	01:42:13
322	CEDRO Damian	97	BOSSE NOGI MALINKA OPOLE	M-40	00:00:21	00:24:44	00:50:06	01:15:44	01:42:16
323	ZMACZYŃSKI Andrzej	1019	WAY2CHAMP	M-30	00:00:33	00:23:46	00:48:59	01:15:33	01:42:19
324	SMUDA Andrzej	821	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:45	00:25:32	00:50:52	01:16:35	01:42:21
325	GDYNIA Daniel	218		M-30	00:00:55	00:24:39	00:49:49	01:15:07	01:42:22
326	KROCZYK Lesław	443		M-40	00:00:55	00:24:39	00:49:49	01:15:07	01:42:22
327	PACZKA Michał	657	GLIWICE	M-50	00:00:51	00:26:48	00:52:45	01:17:33	01:42:25
328	GAWROŃSKI Ireneusz	214	AMATOR	M-50	00:01:11	00:24:50	00:50:01	01:15:38	01:42:27
329	KISIECKI Damian	367	NOVA TRADING STALE BIEGAM	M-30	00:00:00				01:42:29
330	NAWROCKI Paweł	1055		M-50	00:00:45	00:24:44	00:49:54	01:15:43	01:42:32
331	ICIEK Mariusz	296	AKTYWNI KAMIEŃSK	M-40	00:01:01	00:25:19	00:51:04	01:16:31	01:42:32
332	SULIN Marek	863	SPARTANIE DZIECIOM	M-40	00:00:13	00:24:19	00:49:40	01:16:07	01:42:35
333	PETRYNA Bartosz	683	OCHAJORUN & FRIENDS	M-30	00:00:48	00:24:53	00:50:16	01:15:48	01:42:35
334	MĄŁEK Mirosław	531	WUJEK BIEGA	M-40	00:00:00				01:42:42
335	SOSNOWSKI Maciej	831		M-30	00:00:49	00:24:28	00:49:46	01:15:39	01:42:43
336	MARCINIAK Krzysztof	537		M-30	00:01:01	00:25:44	00:51:34	01:16:56	01:42:43
337	JĘDRYKA Piotr	320	DRIV	M-40	00:00:12	00:24:14	00:49:42	01:15:48	01:42:47
338	CIEŚLAR Stanisław	114		M-30	00:00:48	00:26:10	00:51:42	01:17:18	01:42:51
339	SZOBLIK Łukasz	880		M-30	00:00:48	00:26:11	00:51:51	01:17:19	01:42:51
340	ZEGARTOWSKI Grzegorz	1003	DTIQ POLAND	M-40	00:00:59	00:25:26	00:51:29	01:16:56	01:42:51
341	GANCARZ Maciej	205	MUSTANGI GLIWICE	M-40	00:00:16	00:23:19	00:48:12	01:14:37	01:42:53
342	GRABOWSKI Maciej	247		M-30	00:01:20	00:24:50	00:50:27	01:15:59	01:42:54
343	PNIEWSKI Mariusz	713		M-30	00:00:54	00:25:37	00:51:23	01:16:48	01:42:55
344	SZOŁTYSEK Piotr	882		M-40	00:00:50	00:25:45	00:51:29	01:17:29	01:42:58
345	ĆWIKŁA Kamil	141	HARPAGANY	M-30	00:00:00	00:25:13			01:43:03

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
346	CHYLIŃSKI Krzysztof	109		M-30	00:01:31	00:25:54	00:52:04	01:17:02	01:43:08
347	STOJAK Paweł	851		M-30	00:00:46	00:25:13	00:50:53	01:17:00	01:43:09
348	GRACZYK Zbigniew	250		M-40	00:01:03	00:25:58	00:51:36	01:17:23	01:43:12
349	PISULA Dariusz	705		M-20	00:01:14	00:25:40	00:51:23	01:17:09	01:43:12
350	STEC Marcin	847	KW GLIWICE	M-40	00:01:12	00:24:46	00:50:38	01:16:28	01:43:13
351	STRZELCZYK Tomasz	859	HURAGAN LIGOTA	M-40	00:01:01	00:25:35	00:51:28	01:17:25	01:43:16
352	KAMPKA Aleksander	345		M-40	00:00:54	00:25:36	00:51:35	01:17:31	01:43:18
353	GARBACZ Damian	206		M-30	00:00:24	00:23:02	00:47:55	01:14:52	01:43:19
354	OSTROWSKI Rafał	652		M-40	00:00:51	00:24:03	00:48:59	01:15:07	01:43:19
355	PIASECKI Mariusz	690		M-30	00:00:59	00:25:13	00:51:10	01:17:05	01:43:19
356	SIATA Sebastian	801	DRIV	M-40	00:01:07	00:25:01	00:51:20	01:17:14	01:43:19
357	STRZAŁKA Tomasz	857		M-20	00:01:44	00:24:53	00:50:00	01:15:26	01:43:22
358	POKRYSZKA Bartosz	717		M-30	00:00:52	00:25:39	00:51:47	01:17:27	01:43:24
359	NOWOK Michał	629	CARBON OCR RACING TEAM	M-20	00:00:55	00:25:24	00:51:31	01:17:26	01:43:33
360	KULIGOWSKI Piotr	470		M-20	00:01:43	00:25:02	00:50:31	01:15:46	01:43:34
361	GOCAL Łukasz	233		M-30	00:00:51	00:25:10	00:51:16	01:17:17	01:43:37
362	ZIELONKA Tomasz	1010		M-20	00:00:52	00:25:28	00:51:36	01:17:31	01:43:37
363	KUC Marcin	1105	AUGUSTEAM	M-40	00:00:35	00:24:58	00:51:02	01:16:42	01:43:39
364	KAŁUŻA Arkadiusz	340	PACEMAKER	M-40	00:00:47	00:25:32	00:51:40	01:17:34	01:43:40
365	JURCZYGA Maciej	326		M-40	00:01:22	00:25:51	00:52:07	01:17:35	01:43:41
366	KOPPEL Bartłomiej	409		M-30	00:00:29	00:23:54	00:49:27	01:16:06	01:43:42
367	FRĄC Dariusz	1036	1:50	M-40	00:00:46	00:25:34	00:51:41	01:17:36	01:43:42
368	WIEKIERA Adam	946		M-30	00:00:45	00:25:34	00:51:42	01:17:38	01:43:43
369	JAWOREK Jacek	314	JBC TEAM	M-30	00:00:46	00:25:46	00:51:08	01:16:45	01:43:43
370	WAWRZAK Ryszard	940	PACEMAKER	M-40	00:00:46	00:25:43	00:51:42	01:17:36	01:43:43
371	KĄDZIELA Jan	359		M-40	00:00:52	00:24:19	00:49:40	01:16:05	01:43:44
372	SIDORSKI Robert	802	OPEL ACTIVE TEAM	M-40	00:00:00	00:26:05	00:51:16	01:16:53	01:43:45
373	KŁUJSZO Karol	383	QUYSHO SQUADRON	M-30	00:00:42	00:24:54	00:50:06	01:15:44	01:43:46
374	MŁYŃCZAK Arkadiusz	580	RUN AND FUN	M-40	00:00:48	00:25:58	00:52:07	01:18:07	01:43:47
375	BUGIEL Rafał	88		M-30	00:00:49	00:25:17	00:50:55	01:16:43	01:43:47
376	BRZEZIŃSKI Przemysław	78		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
377	RUTKOWSKI Michał	777		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
378	JANIKOWSKI Michał	307		M-40	00:00:27	00:24:00	00:49:39	01:16:01	01:43:50
379	GAWEŁKO Janusz	208		M-50	00:00:57	00:25:14	00:51:01	01:17:06	01:43:56
380	STRUG Mariusz	856		M-40	00:00:59	00:25:29	00:51:29	01:17:25	01:43:57
381	BUŁAWA Grzegorz	93	GB-ARCH.PL ARCHITEKT GRZEGORZ BUŁAWA	M-40	00:00:46	00:25:37	00:51:46	01:17:41	01:44:00
382	DREWNIAK Marcin	160		M-20	00:01:41	00:25:49	00:51:46	01:17:41	01:44:01
383	HAJOK Marek	275		M-40	00:00:47	00:25:30	00:51:31	01:17:37	01:44:03
384	MATURA Roman	548		M-30	00:00:13	00:25:44	00:52:15	01:18:02	01:44:10
385	SZNURA Piotr	878	ISTA BIEGAMY	M-20	00:01:05	00:25:25	00:50:47	01:16:31	01:44:10
386	CZAJKA Krzysztof	1077		M-30	00:00:40	00:25:09	00:50:48	01:16:40	01:44:12
387	MOCEK Roman	581		M-50	00:01:55	00:26:45	00:53:37	01:18:46	01:44:14
388	RĄB Łukasz	757		M-40	00:00:00	00:26:05	00:51:52	01:17:57	01:44:16
389	TOCZYDŁOWSKI Łukasz	910		M-30	00:01:56	00:26:43	00:53:36	01:18:44	01:44:17
390	KOWAL Piotr	416	-----	M-40	00:00:42	00:25:20	00:51:22	01:17:16	01:44:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
391	CIEŚLA Arkadiusz	113	BIEGAMY Z SERCEM.PL	M-40	00:00:42	00:25:34	00:51:09	01:16:41	01:44:20
392	OPOREK Sebastian	642		M-40	00:00:32	00:26:04	00:52:07	01:17:55	01:44:22
393	RENKE Piotr	760	EWA BUGDOŁ TEAM	M-40	00:00:00	00:25:30	00:51:00	01:16:51	01:44:23
394	BARYLAK Łukasz	16		M-20	00:01:56	00:25:26	00:51:45	01:17:20	01:44:32
395	OLEJNICZAK Dominik	635		M-40	00:01:34	00:28:21	00:54:28	01:19:24	01:44:38
396	BRZEZINA Arkadiusz	77	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-40	00:00:47	00:24:56	00:50:44	01:16:46	01:44:42
397	GOMOLA Zbigniew	239		M-40	00:00:30	00:26:40	00:53:05	01:18:27	01:44:46
398	JURECZKA Łukasz	327		M-20	00:00:42	00:25:24	00:51:23		01:44:46
399	ŻARSKI Sławomir	1028		M-50	00:00:50	00:26:23	00:52:34	01:18:35	01:45:07
400	NABIELEC Jakub	597		M-40	00:00:54	00:25:35	00:51:40	01:17:59	01:45:11
401	GOŁKOWSKI Radosław	238		M-30	00:01:03	00:25:43	00:52:25	01:18:31	01:45:12
402	LEWANDOWSKI Henryk	504		M-40	00:00:41	00:25:33	00:50:59	01:16:19	01:45:16
403	WIDERA Tomasz	1104		M-30	00:00:50	00:25:34	00:51:36	01:17:34	01:45:17
404	KORAL Wojciech	410		M-40	00:01:02	00:26:27	00:52:44	01:18:42	01:45:17
405	ZOGŁOWEK Jarosław	1021	CROSSFIT HELLWOOD GLIWICE	M-30	00:01:22	00:26:58	00:52:46	01:19:01	01:45:17
406	MICHALAK Grzegorz	561	TOTALNY AMATOR	M-40	00:00:11	00:25:21	00:51:49	01:18:15	01:45:19
407	LUDWIKOWSKI Przemysław	513	JURASSIC RUNNERS	M-30	00:01:03	00:25:15	00:51:05	01:17:21	01:45:19
408	BREGUŁA Krzysztof	68		M-40	00:00:38	00:25:22	00:50:58	01:16:46	01:45:25
409	WILSZ Adam	957	#PANIÓWKIRUN	M-40	00:01:34	00:26:59	00:53:46	01:19:49	01:45:26
410	KLIKS Andrzej	374	FIS-SST TEAM	M-40	00:01:00	00:25:34	00:51:35	01:17:43	01:45:28
411	MALEC Arkadiusz	529	PWC SDC	M-30	00:00:42	00:24:38	00:50:56	01:17:22	01:45:29
412	GRABOWSKI Michał	1082	OPEL ACTIVE TEAM	M-30	00:00:55	00:27:00	00:52:55	01:18:19	01:45:29
413	LAWACZ Waldemar	497		M-50	00:00:28	00:23:03	00:47:14	01:15:42	01:45:32
414	WOŹNIAKOWSKI Jan	975	OPEL ACTIVE TEAM	M-30	00:00:56	00:27:00	00:53:09	01:19:15	01:45:37
415	PARUZEL Ireneusz	671	ZABIEGANI NAUCZYCIELE	M-40	00:00:25	00:23:29	00:48:14	01:17:24	01:45:41
416	GAJEWSKI Jacek	202	KURCZAK I AGATKA	M-50	00:00:32	00:25:18	00:51:21	01:18:04	01:45:43
417	KUBIAK Mateusz	1101		M-30	00:00:52	00:24:00	00:49:35	01:16:09	01:45:43
418	MARTYNIUK Ryszard	542	GMINA STRZELCE OPOLSKIE	M-30	00:00:46	00:23:27	00:47:48	01:15:11	01:45:44
419	RENKIEL Tomasz	761	COMPANEROS ASFALT TEAM	M-40	00:00:47	00:25:42	00:51:41	01:18:34	01:45:46
420	PRYSZCZ Mirosław	733		M-40	00:00:44	00:24:39	00:50:27	01:17:36	01:45:54
421	GRUSZCZYŃSKI Bogusław	1035		M-60	00:00:50	00:25:56	00:52:18	01:18:58	01:45:57
422	MISIURA Artur	577		M-30	00:02:00	00:28:22	00:55:01	01:21:03	01:46:00
423	URBAŃSKI Michał	930		M-20	00:01:14	00:27:01	00:54:05	01:19:58	01:46:05
424	KUCZERA Łukasz	461	DECATHLON & PRZYJACIELE	M-30	00:01:24	00:26:38	00:53:17	01:19:30	01:46:05
425	SZCZABEL Krystian	870		M-20	00:00:12	00:23:38	00:50:12	01:17:18	01:46:08
426	CICHOCKI Dawid	110	NIGH RUNNERS PYSKOWICE	M-30	00:00:52	00:25:28	00:51:21	01:17:22	01:46:11
427	KUPCZAK Filip	474	BEERRUNNERS!	M-30	00:00:58	00:26:38	00:53:35	01:19:53	01:46:15
428	KRZEMIEŃ Bartosz	452		M-40	00:01:24	00:26:52	00:53:19	01:19:49	01:46:15
429	BOBOWSKI Dawid	50	WIŚNIA ODDAJ QUAKE III: ARENA	M-20	00:00:20	00:24:13	00:49:17	01:17:32	01:46:16
430	NIESZWIC Terencjusz	611	WIŚNIA ODDAJ QUAKE III: ARENA	M-20	00:00:19	00:24:14	00:49:18	01:17:33	01:46:17
431	BISKUP Maciej	1116		M-50	00:00:23	00:26:07	00:52:45	01:19:13	01:46:17
432	KURZYK Dariusz	480		M-30	00:00:14	00:23:18	00:49:07	01:17:34	01:46:21
433	KASPRZYK Marcin	1100		M-40	00:01:05	00:27:16	00:53:57	01:19:52	01:46:27
434	PIŁOT Piotr	703	NASFOL	M-20	00:00:52	00:25:37	00:51:32	01:17:33	01:46:28
435	KOZAK Krzysztof	426	EKO-OKNA RUNNERS	M-30	00:01:15	00:26:08	00:52:06	01:17:53	01:46:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
436	KOŚCIELNIAK Łukasz	414	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:46:36
437	KUŹMIŃSKI Michał	483		M-30	00:00:29	00:24:37	00:51:14	01:18:13	01:46:38
438	RÓŻAŃSKI Michał	772		M-30	00:01:01	00:25:07	00:50:52	01:17:39	01:46:41
439	ZWIERZYCKI Artur	1022		M-20	00:01:15	00:25:32	00:51:01	01:16:57	01:46:41
440	KASZUBSKI Andrzej	355		M-30	00:00:50	00:25:31	00:51:01	01:18:14	01:46:54
441	HUBKA Jerzy	295		M-50	00:00:49	00:25:22	00:51:00	01:18:15	01:46:57
442	STACHOWSKI Wojciech	838		M-40	00:00:36	00:24:29	00:49:46	01:16:52	01:46:59
443	WRÓBEL Jarosław	1046		M-30	00:01:17	00:26:11	00:52:30	01:19:25	01:47:04
444	BROEN Bartosz	71	ŁAWECZKA WILKOWYJE RUNNING TEAM	M-40	00:01:27	00:26:55	00:53:52	01:20:06	01:47:04
445	WALSKI Łukasz	1079		M-30	00:00:27	00:26:07	00:52:47	01:19:16	01:47:08
446	SKOTNICKI Paweł	815		M-30	00:00:25	00:23:43	00:48:48	01:16:01	01:47:13
447	GRONDECKI Grzegorz	258	BIEGAMY Z SERCEM	M-40	00:01:07	00:27:00	00:53:20	01:19:44	01:47:13
448	GŁADYSZ Leszek	227	#PANIÓWKIRUN	M-40	00:01:30	00:25:57	00:51:28	01:17:48	01:47:17
449	SENDECKI Janusz	797		M-50	00:01:01	00:25:38	00:52:04	01:18:53	01:47:20
450	BRYKOWSKI Przemysław	75		M-40	00:00:59	00:26:10	00:52:05	01:18:39	01:47:21
451	PRZYBYŚŁAWSKI Arkadiusz	740	4-TO	M-40	00:00:34	00:25:44	00:52:02	01:18:54	01:47:28
452	KAWKA Łukasz	357	NIGHT RUNNERS ŚLĄSK	M-30	00:00:39	00:24:24	00:49:17	01:17:20	01:47:30
453	BELUCH Witold	22		M-50	00:01:04	00:26:07	00:52:44	01:19:37	01:47:32
454	CAJZA Zbyszek	95	KAJ META	M-30	00:01:23	00:27:27	00:53:56	01:20:34	01:47:32
455	CZAPLAK Tomasz	124	RADLINIOKI W BIEGU	M-30	00:01:26	00:27:20	00:54:38	01:21:05	01:47:32
456	SZASTOK Adam	869		M-40	00:00:57	00:28:08	00:55:14	01:21:00	01:47:34
457	KOŁODZIEJ Rafał	399		M-30	00:01:54	00:27:48	00:55:15	01:21:44	01:47:40
458	GROHS Piotr	257		M-20	00:00:42	00:26:59	00:54:17	01:20:55	01:47:41
459	TOKAJ Piotr	911		M-40	00:01:22	00:26:48	00:53:41	01:20:24	01:47:46
460	FLISIAK Jakub	189		M-20	00:00:50	00:24:54	00:51:30	01:18:20	01:47:47
461	SKORUPSKI Paweł	814		M-40	00:00:47	00:25:35	00:51:31	01:18:00	01:47:48
462	KISIEL Tomasz	368	COOPER STANDARD	M-50	00:00:58	00:26:28	00:52:51	01:19:45	01:47:48
463	KNIEJSKI Damian	386		M-40	00:01:21	00:27:30	00:54:26	01:20:32	01:47:51
464	MICHALSKI Robert	563	HETMAN TARNOWSKIE GÓRY	M-40	00:00:26	00:25:59	00:52:56	01:20:00	01:47:56
465	KNYĆ Mateusz	387	12 ZUP	M-30	00:02:08	00:28:41	00:55:55	01:21:41	01:47:58
466	DYRLAGA Stanisław	174	JUSTFEELFIT	M-60	00:01:24	00:27:27	00:54:26	01:21:08	01:47:59
467	RYZIŃSKI Dariusz	786		M-50	00:00:18	00:25:32	00:52:23	01:19:30	01:48:00
468	KUCHNIA Krzysztof	459	TS REGLE SZKLARSKA PORĘBA	M-50	00:00:36	00:24:40	00:49:44	01:16:30	01:48:00
469	JENDRYŚ Marek	1110		M-40	00:02:07	00:28:30	00:55:35	01:22:17	01:48:02
470	RYMASZEWSKI Wojtek	783	WARSZTATKOSZULKOWY.PL	M-30	00:00:14	00:25:11	00:50:50	01:17:48	01:48:03
471	GAŁECZKA Michał	204		M-20	00:00:49	00:25:21	00:51:35	01:17:54	01:48:06
472	CZULUK Filip	137	BAGNO!	M-30	00:00:27	00:26:22	00:53:20	01:20:04	01:48:10
473	WAŚ Szymon	1080		M-20	00:00:27	00:26:08	00:52:47	01:19:15	01:48:11
474	DZIUBEK Michał	181	W POGONI ZA DUCHEM	M-30	00:00:39	00:26:28	00:53:15	01:20:16	01:48:13
475	ŻELIŃSKI Marek	1029	2018	M-50	00:02:01	00:27:50	00:54:59	01:21:06	01:48:17
476	KĄDZIOŁKA Łukasz	361	K2	M-20	00:00:56	00:28:36	00:56:01	01:23:54	01:48:21
477	MAKSAJDA Andrzej	526	BEERRUNNERS !	M-30	00:00:59	00:25:25	00:51:32	01:18:50	01:48:23
478	CIOŚMAK Cezary	116	KB ORŁY Z KNUROWA	M-30	00:00:33	00:26:38	00:54:02	01:21:29	01:48:24
479	FUSIEK Juliusz	199	ADEPTUS ASTARTES	M-30	00:00:40	00:28:55	00:56:04	01:21:37	01:48:28
480	KROTOS Krzysztof	444	OQS	M-40	00:00:39	00:26:21	00:53:42	01:20:57	01:48:34

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
481	DRABEK Piotr	158	SENIORZY	M-30	00:01:22	00:29:23	00:57:38	01:23:40	01:48:46
482	PRYMAS Krystian	732		M-30	00:00:09	00:24:13	00:50:28	01:18:38	01:48:48
483	KRZOK Krzysztof	453		M-40	00:02:18	00:26:05	00:52:24	01:19:21	01:48:51
484	DWORNICZAK Paweł	166		M-30	00:01:53	00:26:29	00:53:27	01:19:40	01:48:52
485	LESZKIEWICZ Krzysztof	1124	ELZAB ACTIVE TEAM	M-30	00:00:47	00:25:46	00:52:29	01:21:00	01:48:56
486	MAZUR Jarosław	558		M-40	00:01:03	00:25:31	00:51:10	01:19:07	01:49:00
487	POPIEL Artur	722		M-40	00:00:54	00:26:54	00:53:26	01:20:18	01:49:01
488	SMOLARCZYK Dominik	819	SŁĄBY BIEGACZ	M-50	00:00:54	00:25:28	00:51:27	01:18:08	01:49:06
489	WÓJCIK Tomasz	979		M-30	00:00:30	00:25:25	00:51:52	01:17:48	01:49:09
490	KUCZMA Jarosław	463		M-40	00:01:26	00:28:04	00:55:52	01:22:56	01:49:09
491	JONDA Marek	323		M-20	00:01:17	00:26:59	00:54:01	01:20:44	01:49:13
492	GOCYB Leszek	1108		M-40	00:00:17	00:27:02	00:53:35	01:21:15	01:49:19
493	SOBKOWICZ Jarosław	826	RISE&SHINE	M-30	00:01:19	00:28:17	00:55:45	01:23:04	01:49:19
494	ZAPOTOCZNY Przemek	999		M-40	00:00:43	00:27:13	00:54:42	01:22:20	01:49:28
495	NIEDOBA Daniel	1081		M-30	00:00:25	00:26:57	00:54:13	01:22:00	01:49:33
496	BOREK Dariusz	59	MYSZKÓW BIEGA	M-40	00:00:49	00:25:32	00:51:40	01:18:56	01:49:36
497	KRAJEWSKI Michał	434		M-40	00:00:47	00:26:16	00:52:24	01:18:21	01:49:38
498	DĄBROWSKI Marek	149		M-30	00:00:54	00:25:59	00:52:49	01:20:14	01:49:40
499	SZOŁTYSIK Paweł	887	SPARTA PLATFUS	M-40	00:00:53	00:28:31	00:56:28	01:22:30	01:49:43
500	SZYMKÓW Krzysztof	897	PKO BANK POLSKI	M-40	00:01:04	00:26:43	00:54:44	01:22:02	01:49:44
501	LESZKO Tomasz	502	EUVIC	M-30	00:00:38	00:25:44	00:51:57	01:19:32	01:49:47
502	KWAPIEŃ Aleksander	1069		M-30	00:00:19	00:26:03	00:53:18	01:21:08	01:49:49
503	ROZWADOWSKI Dariusz	770		M-40	00:01:00	00:26:54	00:53:58	01:21:10	01:49:49
504	KWAPIEŃ Paweł	1070		M-40	00:00:18	00:26:03	00:53:19	01:21:09	01:49:50
505	KOTAJNY Piotr	415		M-40	00:00:13	00:26:36	00:53:29	01:20:42	01:49:52
506	SOBIERAJSKI Przemek	825		M-40	00:00:53	00:27:22	00:54:14	01:21:40	01:50:02
507	ONOPIUK Maciej	638		M-20	00:01:02	00:26:20	00:53:40	01:21:17	01:50:07
508	KULESZA Łukasz	469		M-30	00:01:45	00:28:57	00:56:40	01:23:20	01:50:07
509	OLSZEWSKI Grzegorz	636	OLSZAK TEAM	M-30	00:01:38	00:27:39	00:55:12	01:22:12	01:50:15
510	NAWROCKI Piotr	603		M-30	00:01:41	00:25:21	00:51:41	01:19:23	01:50:18
511	DZIEKAN Mateusz	178		M-20	00:01:12	00:28:37	00:56:55	01:23:55	01:50:29
512	KOPER Tomasz	330		M-30	00:00:55	00:27:10	00:54:58	01:22:17	01:50:30
513	SOJKA Łukasz	827		M-30	00:01:19	00:26:44	00:54:20	01:21:46	01:50:30
514	MAGDA Piotr	523	NIGHT RUNNERS PYSKOWICE	M-40	00:00:56	00:26:44	00:54:15	01:22:04	01:50:33
515	SZCZĘSNY Romuald	873	NIGHT RUNNERS PYSKOWICE	M-30	00:00:56	00:25:37	00:53:15	01:21:27	01:50:33
516	GÓRSKI Michał	245	GIEBUŁTÓW CIŚNIE	M-40	00:01:11	00:26:54	00:54:17	01:21:49	01:50:35
517	KUŚ Jan	481		M-20	00:01:33	00:28:35	00:56:38	01:22:25	01:50:35
518	KRZYWICKI Jan	455	-----	M-60	00:00:41	00:27:10	00:54:21	01:21:50	01:50:36
519	LEGUTKO Jakub	499	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:50:38
520	BABIUCH Karol	5	WKURW_TEAM	M-30	00:01:05	00:25:28	00:51:35	01:19:20	01:50:39
521	ROZWADOWSKI Dariusz	769		M-40	00:01:37	00:27:01	00:54:01	01:20:53	01:50:39
522	PISZCZ Marek	706	OPEL ACTIVE TEAM	M-40	00:00:58	00:26:17	00:53:47	01:21:58	01:50:40
523	STOLARCZYK Robert	852	NIGHT RUNNER GLIWICE	M-40	00:01:15	00:27:53	00:55:33	01:22:37	01:50:44
524	WOŹNIAK Marek	974		M-40	00:01:08	00:27:36	00:54:58	01:22:25	01:50:58
525	BOM Mariusz	1088		M-50	00:01:21	00:27:09	00:54:18	01:21:38	01:51:06

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
526	CZERNIK Andrzej	135		M-60	00:02:07	00:27:00	00:54:02	01:21:31	01:51:06
527	SZUSTAK Krzysztof	889	SERCE METROPOLII	M-40	00:00:55	00:27:27	00:54:48	01:22:30	01:51:08
528	BRODAKCI Paweł	1073		M-30	00:00:29	00:26:02	00:52:56	01:21:35	01:51:11
529	JASIENKIEWICZ Tomasz	313	EL DENATOS PASADENA	M-40	00:01:07	00:28:03	00:56:19	01:22:51	01:51:14
530	IZYDORCZYK Mirosław	297		M-50	00:01:04	00:27:36	00:55:11	01:22:54	01:51:18
531	HERZYK Adam	287	SIGNIFY BIELSKO-BIAŁA	M-50	00:01:08	00:27:16	00:54:55	01:22:36	01:51:19
532	MALINOWSKI Łukasz	530		M-40	00:00:59	00:26:09	00:53:38	01:21:28	01:51:24
533	SOKOŁOWSKI Krzysztof	828	NIGHT RUNNERS ZABRZE	M-30	00:01:16	00:28:16	00:56:34	01:23:36	01:51:29
534	TURLEJ Michał	918	JURASSIC RUNNERS	M-30	00:01:02	00:25:23	00:52:43	01:21:59	01:51:33
535	STALICA Wojciech	839	IZOERG	M-50	00:00:55	00:27:23	00:55:44	01:23:44	01:51:38
536	MORDARSKI Artur	587		M-40	00:01:32	00:27:41	00:55:18	01:22:41	01:51:44
537	KALINOWSKI Krzysztof	337		M-40	00:01:49	00:28:12	00:56:07	01:23:27	01:51:46
538	SKÓRA Michał	816		M-40	00:00:22	00:27:36	00:55:22	01:23:09	01:51:50
539	KRUK Krzysztof	448		M-40	00:00:52	00:28:27	00:56:17	01:24:04	01:51:50
540	KLUSKA Piotr	382	HURAGAN LIGOTA	M-50	00:01:26	00:28:04	00:55:26	01:22:47	01:51:55
541	BALCARCZYK Bartłomiej	1117		M-40	00:01:08	00:28:09	00:56:19	01:23:50	01:51:57
542	JANIK Johan	305	COMPANEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:58
542	KOŁODZIEJ Jacek	398	COMPANEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:59
544	BASZUN Michał	17	DAMY RADĘ	M-30	00:01:43	00:28:15	00:56:36	01:24:25	01:52:01
545	BANASZAK Marcin	12		M-30	00:00:55	00:28:17	00:56:19	01:24:12	01:52:10
546	SARKOWICZ Adam	791		M-50	00:01:06	00:26:03	00:53:32	01:21:59	01:52:13
547	SACHNIK Marek	787		M-20	00:00:25	00:25:45	00:53:00	01:21:10	01:52:14
548	MACHNIK Artur	520	ORZEŁ TEAM	M-30	00:00:49	00:27:11	00:54:40	01:22:17	01:52:14
549	KAMIŃSKI Sebastian	343		M-30	00:00:48	00:27:12	00:54:41	01:22:18	01:52:15
550	KIERA Szymon	365		M-40	00:01:14	00:27:52	00:55:27	01:23:08	01:52:18
551	LIS Maciej	511		M-30	00:00:52	00:28:01	00:56:02	01:24:08	01:52:24
552	ŁUBKOWSKI Robert	517		M-40	00:01:48	00:29:07	00:57:57	01:25:22	01:52:33
553	SITKO Mateusz	809		M-30	00:01:29	00:27:27	00:55:18	01:23:34	01:52:34
554	MAŃKA Marcin	533		M-30	00:01:46	00:28:19	00:57:16	01:25:02	01:52:34
555	KLAPETEK Jacek	371	ŠKK GOLIAT	M-50	00:00:27	00:23:20	00:46:50	01:12:00	01:52:36
556	KLIMCZYK Gaweł	379		M-20	00:01:41	00:27:54	00:56:16	01:25:16	01:52:36
557	URBAŃSKI Leszek	929		M-40	00:01:00	00:25:30	00:51:40	01:20:00	01:52:37
558	BŁASZCZYSZYN Łukasz	46		M-30	00:01:33	00:28:28	00:56:20	01:23:55	01:52:40
559	PLEWIŃSKI Tomasz	708		M-30	00:01:39	00:27:04	00:54:52	01:23:26	01:52:44
560	GAJDA Dariusz	201	EXTREMALNI NAPALEŃCY	M-40	00:00:39	00:25:42	00:51:50	01:20:33	01:52:45
561	ZIEBA Paweł	1093		M-20	00:00:26	00:24:00	00:51:06	01:20:31	01:52:48
562	WAWRÓW Mirosław	939	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M-30	00:01:02	00:28:28	00:56:52	01:25:20	01:52:52
563	GERASCH Piotr	219	CZĘSTO CHOWA	M-40	00:00:37	00:25:01	00:51:50	01:21:19	01:52:57
564	CZUBAJ Cezary	136		M-50	00:00:50	00:27:22	00:55:26	01:24:10	01:53:10
565	ŁUKASIK Andrzej	519		M-50	00:00:58	00:27:37	00:56:15	01:24:04	01:53:12
566	DYMNICKI Andrzej	173	OCHAJORUN & FRIENDS	M-40	00:01:38	00:28:28	00:56:51	01:24:39	01:53:14
567	SZYNAL Andrzej	899	DHL RUN CLUB	M-40	00:01:35	00:28:02	00:56:18	01:24:47	01:53:15
568	JANIEC Witold	304		M-40	00:01:04	00:28:09	00:56:05	01:23:46	01:53:16
569	DĄBROWSKI Marcin	148	TEAM KORNEL	M-40	00:00:23	00:27:36	00:55:29	01:23:25	01:53:18
570	PATRZAŁEK Grzegorz	673		M-40	00:01:58	00:28:03	00:56:10	01:24:30	01:53:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
571	BARAŃSKI Grzegorz	15		M-30	00:02:10	00:28:24	00:56:33	01:24:34	01:53:20
572	WYCIŚŁOK Krzysztof	987		M-30	00:01:35	00:27:58	00:56:19	01:24:47	01:53:22
573	POLEWKA Tomasz	1122	UKS KOMETA GLIWICE	M-40	00:00:00	00:25:59	00:54:06	01:22:14	01:53:25
574	CHUDY Michał	106		M-30	00:01:48	00:28:35	00:56:29	01:25:21	01:53:29
575	ZNAMIROWSKI Krzysztof	1020	RADIO WROCŁAW	M-40	00:00:44	00:26:31	00:54:51	01:24:13	01:53:32
576	BIAŁAS Krzysztof	27		M-40	00:00:31	00:28:52	00:56:52	01:24:30	01:53:35
577	FAŁEK Krzysztof	186		M-40	00:00:31	00:28:51	00:56:52	01:24:30	01:53:35
578	KRYCZAŁO Maciej	450		M-40	00:01:21	00:28:00	00:56:21	01:24:50	01:53:35
578	BEM Michał	24	BEMKI SPORT	M-40	00:01:21	00:28:00	00:56:23	01:24:50	01:53:36
580	WIKIERSKI Michał	950		M-30	00:01:25	00:28:06	00:55:46	01:23:47	01:53:36
581	SELIGA Paweł	796	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:01:12	00:28:08	00:56:32	01:24:51	01:53:38
582	CISEK Stanisław	117		M-40	00:01:23	00:28:13	00:56:31	01:24:58	01:53:41
583	KULAWIK Mariusz	466		M-30	00:01:01	00:28:41	00:57:28	01:25:43	01:53:42
584	CISZEWSKI Krzysztof	118		M-30	00:01:18	00:27:25	00:55:21	01:24:06	01:53:46
585	BIAŁAS Tomek	29	CONSULTAS	M-40	00:01:19	00:28:30	00:56:46	01:25:50	01:53:47
586	OPAŁKA Marcin	639		M-20	00:01:38	00:28:15	00:56:28	01:24:57	01:53:48
587	RAJTOR Klaudiusz	752		M-60	00:01:10	00:27:52	00:55:41	01:24:08	01:53:50
588	KĄDZIOŁKA Jan	360	NIGHT RUNNERS GLIWICE	M-50	00:01:00	00:28:15	00:55:56	01:24:25	01:53:53
589	ZEMŁA Piotr	1005		M-50	00:01:04	00:28:57	00:58:11	01:26:03	01:53:58
590	MAZUR Mateusz	553		M-30	00:01:37	00:30:16	01:00:24	01:27:47	01:53:58
591	PAWIŃSKI Wojciech	675		M-40	00:01:44	00:28:36	00:56:35	01:25:06	01:54:03
592	KOJ Jakub	396	LOCO TEAM	M-30	00:01:56	00:28:50	00:56:43	01:24:51	01:54:13
593	SZKUDLAREK Michał	876	RUN-LOG.COM	M-40	00:00:47	00:25:43	00:53:13	01:23:24	01:54:14
594	BUJALSKI Michał	90		M-30	00:01:55	00:28:51	00:56:43	01:24:52	01:54:14
595	KOZUBEK Sergiusz	429		M-40	00:01:39	00:28:39	00:57:32	01:25:31	01:54:20
596	MARKOWSKI Kamil	540		M-30	00:01:10	00:27:55	00:55:50	01:24:03	01:54:22
597	GRUCHALSKI Jakub	261	ISTA BIEGAMY	M-30	00:01:04	00:28:09	00:56:27	01:25:07	01:54:29
598	KORNIJCZUK Tomasz	411		M-40	00:00:26	00:29:56	01:01:02	01:27:08	01:54:30
599	JAWORSKI Kamil	315	FUCHS OIL TEAM	M-30	00:01:46	00:29:12	00:58:03	01:25:51	01:54:31
600	STASIAK Mirosław	843	ROCKWELL AUTOMATION	M-30	00:00:15	00:25:04	00:52:58	01:22:43	01:54:35
601	ROGOWSKI Jakub	1120		M-20	00:01:42	00:28:14	00:56:29	01:24:38	01:54:35
602	MIKOŁAJCZYK Marcin	572		M-30	00:01:01	00:28:24	00:56:15	01:24:52	01:54:41
603	SOWIŃSKI Krzysztof	834		M-30	00:01:28	00:28:08	00:56:22	01:24:26	01:54:41
604	KAMIŃSKI Rafał	342		M-30	00:01:00	00:28:11	00:56:43	01:25:21	01:54:49
605	SZYMAŃSKI Filip	896		M-20	00:00:47	00:27:55	00:57:06	01:25:20	01:54:50
606	KORSZEWSKI Patrycjusz	412		M-40	00:00:25	00:29:57	00:59:14	01:27:11	01:54:58
607	GIERADA Mateusz	224	NIGHT RUNNERS GLIWICE	M-20	00:01:02	00:28:34	00:57:11	01:25:48	01:55:16
608	BIAŁECKI Aleksander	31		M-40	00:01:07	00:26:50	00:54:10	01:23:51	01:55:16
609	BOBKOWSKI Maciej	49	NIGHT RUNNERS PYSKOWICE	M-40	00:00:31	00:27:13	00:55:55	01:24:51	01:55:17
610	GIERADA Ryszard	225	NIGHT RUNNERS GLIWICE	M-50	00:01:03	00:28:33	00:57:09	01:25:47	01:55:17
611	KOZACZKA Włodzimierz	425		M-40	00:01:17	00:28:49	00:57:31	01:26:09	01:55:17
612	GRZYMAŁA Jan	270		M-30	00:01:13	00:25:51	00:53:16	01:23:07	01:55:18
613	GUŚCIORA Maciej	272		M-20	00:01:05	00:25:57	00:54:15	01:23:20	01:55:20
614	NOWAK Ryszard	625		M-50	00:02:14	00:28:05	00:56:25	01:25:42	01:55:21
615	PYTŁARCZYK Piotr	748	KLUB BIEGACZA WARTA	M-40	00:00:21	00:26:59	00:55:53	01:25:06	01:55:29

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
616	KOZA Krystian	424		M-20	00:01:07	00:27:20	00:55:11	01:24:28	01:55:35
617	SIKORA Michał	808		M-40	00:00:34	00:27:09	00:56:03	01:25:16	01:55:46
618	PIŁAT Jarosław	702	PACEMAKER	M-40	00:01:15	00:28:22	00:56:35	01:25:03	01:55:46
619	GÓRKA Szymon	244		M-30	00:00:30	00:24:04	00:51:44	01:23:28	01:55:47
620	DZIECIĄTKOWSKI Jarosław	176	OPEL ACTIVE TEAM	M-40	00:01:16	00:29:02	00:57:48	01:27:29	01:55:53
621	PĘDZIK Błażej	687		M-20	00:01:18	00:28:20	00:56:32	01:25:02	01:56:05
622	GRAMATYKA Paweł	254	ZABIEGANI MZ UNITED	M-40	00:00:53	00:28:35	00:56:48	01:25:16	01:56:32
623	MICHNA Wojciech	567		M-20	00:01:12	00:28:03	00:56:51	01:25:58	01:56:34
624	TWAROCIK Konrad	1125		M-30	00:01:59	00:28:54	00:57:27	01:26:27	01:56:43
625	JANIKOWSKI Adam	306	ANICA TEAM	M-30	00:00:50	00:25:32	00:53:00	01:24:10	01:56:45
626	KLEMIŃSKI Tomasz	1113		M-40	00:01:27	00:29:20	00:58:30	01:27:18	01:56:48
627	ZEGARTOWSKI Michał	1004	DTIQ POLAND	M-30	00:00:34	00:25:54	00:53:08	01:23:16	01:56:54
628	SZWARCZYŃSKI Jakub	891		M-30	00:01:17	00:29:06	00:57:27	01:25:22	01:57:00
629	BOJDA Dawid	56		M-30	00:01:47	00:29:01	00:58:32	01:27:36	01:57:15
630	PRADELOK Jerzy	726	GIBKE GIZDY	M-50	00:01:12	00:26:37	00:53:51	01:23:52	01:57:17
631	RASZYK Andrzej	754	PARKRUN KATOWICE	M-50	00:01:06	00:28:51	00:57:15	01:25:48	01:57:18
632	MARUSZCZYK Marian	543		M-50	00:01:18	00:27:26	00:55:06	01:24:15	01:57:25
633	TOPORKIEWICZ Marcin	913	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:01:10	00:28:18	00:56:39	01:25:31	01:57:32
634	PRZYBYLSKI Mariusz	738	PGB SPORTOWA PACZKA	M-40	00:00:56	00:26:43	00:53:48	01:22:06	01:57:37
635	KOWRYGO Adam	422		M-20	00:01:37	00:28:32	00:57:08	01:26:14	01:57:43
636	KHAVALYTS Anton	363		M-20	00:01:56	00:30:37	01:00:26	01:28:50	01:57:47
637	PRENZENA Paweł	727		M-30	00:00:22	00:25:48	00:54:29	01:24:49	01:57:48
638	MICHALSKI Marek	564		M-40	00:00:34	00:27:59	00:57:23	01:25:51	01:57:54
639	PYKA Adam	745		M-30	00:01:11	00:26:01	00:53:18	01:23:09	01:57:54
640	SEKIENDA Michał	795		M-30	00:01:28	00:30:19	01:00:21	01:29:48	01:57:56
641	PIKTAS Paweł	698		M-40	00:01:34	00:29:20	00:58:01	01:26:14	01:58:11
642	JARASZ Aleksander	311	NIGHT RUNNERS ZABRZE	M-40	00:01:36	00:29:20	00:58:50	01:28:15	01:58:30
643	FOLEK Andrzej	193	DTIQ POLAND	M-30	00:01:43	00:28:19	00:56:40	01:26:08	01:58:33
644	GRYGIEREK Jarosław	264		M-20	00:00:47	00:27:54	00:56:16	01:25:32	01:58:46
645	MAZUR Roman	556		M-50	00:01:24	00:29:51	00:59:33	01:28:48	01:58:49
646	PAWEŁKÓW Michał	674		M-30	00:01:13	00:28:35	00:56:54	01:25:07	01:58:54
647	MARKUSIK Tomasz	541		M-30	00:00:32	00:29:15	00:58:32	01:27:53	01:59:01
648	BUFNAL Krzysztof	86		M-40	00:00:46	00:27:49	00:56:11	01:25:30	01:59:02
649	WILK Andrzej	955		M-30	00:00:23	00:26:19	00:55:29	01:25:56	01:59:13
650	URBANEK Martin	927	ISTA BIEGAMY	M-30	00:01:03	00:27:01	00:56:09	01:26:26	01:59:15
651	LIKA Michał	507		M-30	00:01:26	00:29:07	00:58:22	01:28:22	01:59:17
652	KALINOWSKI Dawid	336		M-20	00:01:16	00:28:20	00:56:56	01:26:23	01:59:30
653	BAJKACZ Krzysztof	8		M-30	00:01:09	00:27:41	00:55:46	01:24:51	01:59:32
654	CZERNIK Rafał	133		M-40	00:00:57	00:27:49	00:56:51	01:27:02	01:59:37
655	FIGIEL Mariusz	187		M-40	00:01:52	00:27:49	00:55:53	01:24:58	01:59:39
656	KRUK Michał	447		M-20	00:01:34	00:28:17	00:56:50	01:26:39	01:59:48
657	KRAWCZYK Dariusz	438		M-30	00:01:41	00:29:08	00:57:47	01:27:34	01:59:59
658	OSTROSZCZYK Rafał	650	BEZ KLUBU	M-40	00:01:35	00:29:45	00:59:46	01:29:44	02:00:16
659	WŁODARCZYK Paweł	962	ING BANK ŚLĄSKI SA	M-30	00:01:34	00:27:57	00:56:20	01:26:28	02:00:18
660	MILISZKIEWICZ Adam	575		M-30	00:01:19	00:28:41	00:57:18	01:26:28	02:00:25

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
661	MIKUŁA Leszek	574		M-40	00:00:05	00:25:49	00:54:29	01:25:47	02:00:32
662	OSTROWSKI Zygmunt	651		M-60	00:01:30	00:29:44	00:59:26	01:29:24	02:00:33
663	NIEDŹWIECKI Paweł	607	OCHOTNICZA STRAŻ POŻARNA W KOTUSZOWIE	M-30	00:01:27	00:28:35	00:57:38	01:27:20	02:00:40
664	ZADEBERNY Artur	993		M-40	00:01:16	00:27:34	00:56:03	01:26:41	02:00:41
665	BAJ Tomasz	7		M-30	00:00:27	00:25:34	00:54:21	01:25:55	02:00:48
666	PĘDOWSKI Wojciech	686		M-50	00:01:34	00:28:19	00:57:05	01:28:09	02:00:53
667	ĆWIKŁA Grzegorz	140		M-50	00:01:33	00:29:48	00:59:44	01:30:17	02:00:55
668	NOWAK Wojciech	623	ŚWIŃSKI TRUCHT	M-20	00:00:55	00:29:48	00:59:11	01:28:29	02:00:56
669	KOŻUSZEK Sebastian	1083		M-40	00:01:20	00:28:39	00:57:46	01:27:28	02:00:56
670	GRABOWSKI Zbigniew	248		M-60	00:01:23	00:29:14	00:59:15	01:29:20	02:01:03
671	STEINHOFF Adam	848	WIKTOR TEAM	M-40	00:01:20	00:28:29	00:57:44	01:27:58	02:01:04
672	BUCHAL Grzegorz	82		M-40	00:01:06	00:29:25	00:59:34	01:29:49	02:01:08
673	POLACZEK Adam	718		M-30	00:01:30	00:27:54	00:58:17	01:28:37	02:01:08
674	HUBISZ Bartłomiej	294		M-40	00:00:45	00:29:27	01:00:24	01:30:28	02:01:10
675	ĆWIOK Marek	142	#PANIÓWKIRUN	M-40	00:01:20	00:30:02	00:59:47	01:30:29	02:01:11
676	PŁACHTA Marek	710	INTER PROJEKT S.A.	M-40	00:00:24	00:28:46	00:58:39	01:29:17	02:01:14
677	MATYSIEWICZ Piotr	550	INTER PROJEKT	M-30	00:00:24	00:28:46	00:58:39	01:29:17	02:01:14
678	WÓJCIK Rafał	980		M-40	00:01:14	00:29:18	00:58:58	01:28:56	02:01:38
679	MRZYGŁÓD Robert	589		M-30	00:00:32	00:29:32	00:59:47	01:29:38	02:01:41
680	WĘGIEL Kacper	943		M-20	00:01:27	00:29:43	00:58:41	01:30:19	02:01:41
681	DZIEDZIC Dominik	177		M-30	00:01:37	00:29:41	01:00:00	01:29:59	02:01:43
682	NOGŁY Adam	618	BIEGACZE Z BOJKOWA	M-40	00:01:36	00:29:52	01:00:11	01:31:03	02:01:47
683	PIĄTKOWSKI Michał	691		M-30	00:01:41	00:29:08	00:57:47	01:27:33	02:01:50
684	MUSIL Mike	591		M-40	00:01:49	00:30:32	01:00:51	01:30:38	02:01:51
685	WIŚNIEWSKI Paweł	959	NIGHT RUNNERS GLIWICE	M-30	00:02:04	00:28:44	00:58:59	01:29:57	02:02:22
686	ULFIK Piotr	926		M-20	00:01:03	00:28:09	00:56:40	01:25:54	02:02:27
687	PIETRZAK Krzysztof	696		M-40	00:01:16	00:27:54	00:58:08	01:30:15	02:02:45
688	STAŃKO Marcin	842		M-30	00:00:28	00:28:59	00:58:37	01:29:11	02:02:47
689	GRZEBIELUCH Tomasz	265		M-40	00:01:39	00:30:11	01:00:12	01:31:12	02:02:55
690	SEKIENDA Grzegorz	794		M-40	00:01:28	00:30:18	01:00:23	01:31:23	02:03:06
691	CZAPEK Marek	123	NIGHT RUNNERS GLIWICE	M-40	00:01:35	00:29:53	01:00:13	01:31:08	02:03:09
692	ZIMNY Michał	1016		M-40	00:01:06	00:31:35	01:03:14	01:34:51	02:03:23
693	MALCZUK Aleksander	528		M-20	00:01:01	00:27:08	00:54:45	01:27:20	02:03:24
694	KSIĄDZ Adam	456		M-30	00:01:15	00:28:37	00:57:20	01:28:19	02:04:08
695	PAŁETKO Ryszard	665		M-40	00:00:42	00:29:17	00:59:18	01:31:26	02:04:12
696	OSIŃSKI Paweł	648	BIEGAJ Z TRENERAMI	M-40	00:01:26	00:28:29	00:59:34	01:31:14	02:04:13
697	ZYGMUNTOWICZ Piotr	1024	ANICA TEAM	M-40	00:00:51	00:27:46	00:57:12	01:29:05	02:04:15
698	PAWNUK Jan	680		M-60	00:01:38	00:31:13	01:02:54	01:33:37	02:04:19
699	KOWALIK Miłosz	419		M-30	00:02:17	00:30:06	01:01:15	01:33:39	02:04:21
700	BIELECKI Adam	1107	CHATEAU CHALIN	M-40	00:00:54	00:28:40	00:58:09	01:29:12	02:04:31
701	SZAFRANIEC Arkadiusz	867	1985	M-30	00:02:09	00:29:13	00:59:36	01:30:35	02:04:31
702	SMOŁA Mieczysław	820	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:18	00:30:06	01:01:16	01:32:44	02:04:34
703	WILCZEK Tomasz	951		M-20	00:01:00	00:28:07	00:57:23	01:28:49	02:05:00
704	DROBNY Miłosz	161		M-20	00:01:12	00:31:03	01:02:46	01:34:01	02:05:13
705	RYBOTYCKI Tomasz	781	WIKTOR TEAM	M-30	00:01:21	00:29:44	01:00:01	01:31:38	02:05:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
706	FUGOWSKI Grzegorz	196		M-30	00:00:00	00:30:46	01:00:46	01:33:02	02:05:25
707	KUTRZYK Przemysław	482		M-40	00:01:34	00:29:18	00:59:32	01:31:11	02:05:40
708	KOCUR Aleksander	392		M-40	00:00:44	00:31:23	01:03:14	01:35:22	02:05:46
709	MIERZEJEWSKI Jacek	571	AMATOR	M-50	00:00:52	00:29:19	01:00:09	01:31:53	02:05:52
710	ZAJĄC Jacek	994	RCU UBEZPIECZENIA	M-40	00:01:51	00:31:34	01:03:22	01:35:10	02:05:53
711	KLIMKIEWICZ Jakub	380	BANANA TEAM	M-30	00:01:32	00:30:10	01:01:26	01:32:56	02:05:55
712	KARMAŃSKI Jacek	349		M-40	00:01:01	00:29:10	01:00:16	01:32:25	02:06:19
713	NAWROT Krzysztof	604		M-40	00:01:45	00:29:56	01:00:35	01:32:05	02:06:24
714	DYLSKI Jacek	171		M-20	00:02:11	00:30:46	01:02:16	01:33:56	02:06:29
715	GAWROŃSKI Wojtek	213		M-30	00:01:36	00:28:23	00:58:03	01:30:09	02:06:40
716	WOLIŃSKI Józef	968		M-50	00:01:33	00:30:04	01:01:19	01:33:24	02:06:50
717	KUŹNICKI Tomasz	484		M-30	00:01:32	00:28:28	00:59:11	01:31:17	02:07:11
718	LENCZYK Mariusz	500		M-20	00:01:48	00:27:00	00:56:56	01:29:57	02:07:26
719	PIOTROWSKI Krzysztof	1114		M-30	00:00:24	00:26:37	00:57:48	01:31:05	02:07:30
720	TRELA Marcin	998		M-30	00:02:01	00:31:40	01:03:39	01:35:33	02:07:35
721	ŻMUDZIŃSKI Piotr	1032		M-30	00:01:48	00:32:05	01:04:47	01:35:48	02:07:44
722	CELAREK Janusz	98	LECYMY WARTKO	M-50	00:01:45	00:32:00	01:04:35	01:35:49	02:07:50
723	WIECZORKE Marcin	945		M-40	00:01:05	00:27:58	00:57:05	01:30:01	02:08:11
724	KRAWCZYŃSKI Mirosław	440		M-40	00:01:02	00:30:19	01:00:49	01:32:20	02:08:12
725	GŁOWACKI Jordan	230		M-30	00:00:33	00:30:09	01:01:15	01:33:44	02:08:29
726	KOWALCZYK Tomasz	417	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:08	00:28:34	00:57:27	01:31:44	02:08:32
727	SZUMNIAK Ryszard	888		M-50	00:01:48	00:31:52	01:04:03	01:35:45	02:08:32
728	BŁACH Piotr Buła	44	PACEMAKER	M-50	00:01:45	00:31:54	01:03:54	01:35:49	02:08:35
729	LESZCZYK Krzysztof	1075		M-50	00:00:23	00:30:56	01:01:54	01:33:45	02:09:05
730	KAMIONKA Paweł	344		M-30	00:00:23	01:33:52			02:09:40
731	RADŁOWSKI Karol	750		M-30	00:01:41	00:29:07	00:59:01	01:31:59	02:09:44
732	KRAJEWSKI Adam	432		M-40	00:01:18	00:29:08	00:59:35	01:33:41	02:11:07
733	KULIJ Jan	471	KKTA	M-60	00:01:43	00:29:25	01:00:53	01:35:39	02:11:19
734	CIUK Bartosz	119	OLK SP.ZOZ	M-50	00:02:07	00:30:23	01:02:14	01:36:50	02:11:26
735	BOGDAŁ Michał	53		M-30	00:00:30	00:31:32	01:03:26	01:36:09	02:11:28
736	PRUCHNIK Andrzej	731		M-50	00:00:20	00:29:38	01:01:16	01:34:49	02:12:08
737	BIEGUN Krzysztof	36		M-50	00:01:42	00:30:13	01:02:49	01:35:53	02:12:12
738	SERAFIN Patryk	798		M-20	00:01:08	00:28:43	01:00:07	01:33:04	02:12:26
739	KOWOLIK Łukasz	421	TAURON TEAM	M-30	00:02:08	00:33:06	01:06:13	01:38:36	02:12:40
740	WRÓBEL Dariusz	984		M-30	00:02:07	00:33:08	01:06:14	01:38:37	02:12:42
741	LATA Piotr	495	KYOKUSHIN	M-40	00:01:41	00:33:12	01:06:04	01:38:52	02:12:47
742	JANOSZEK Piotr	309		M-40	00:01:29	00:30:20	01:02:39	01:36:34	02:13:11
743	KUĆ Rafał	464	EUVIC	M-30	00:01:49	00:35:26	01:09:29	01:42:31	02:13:19
744	JANCZYSZYN Rafał	302		M-20	00:01:15	00:32:55	01:04:59	01:37:34	02:13:39
745	ZIĘBA Michał	1013		M-20	00:02:03	00:29:16	01:00:43	01:35:28	02:13:54
746	HENDRYK Leszek	282	BEERRUNNERS!	M-30	00:00:59	00:28:11	00:58:09	01:30:28	02:14:26
747	BIAŁY Michał	33	DMB	M-40	00:00:33	00:30:53	01:03:29	01:37:36	02:14:31
748	PAWLACZYK Lesław	676	DTIQ	M-40	00:01:40	00:29:44	01:02:28	01:37:04	02:15:53
749	BOJEŚ Marcin	57	DTIQ POLAND	M-30	00:01:37	00:29:47	01:02:31	01:37:08	02:15:56
750	ZGÓRSKI Grzegorz	1006		M-40	00:01:46	00:31:52	01:03:42	01:37:51	02:15:57

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
751	SZYDŁOWSKI Przemysław	892		M-40	00:01:50	00:30:59	01:02:32	01:36:03	02:16:00
752	WÓJCIK Marcin	978		M-20	00:01:37	00:30:16	01:03:21	01:38:26	02:16:10
753	JEZIOR Bartosz	317	DRIV	M-30	00:01:39	00:27:53	00:59:48	01:38:41	02:16:11
754	DYJAS Michał	170	CATS'TEAM	M-30	00:02:01	00:31:43	01:05:00	01:39:58	02:16:29
755	KOJ Krzysztof	395		M-20	00:00:58	00:29:17	00:59:57	01:34:51	02:17:31
756	TRZCIŃSKI Łukasz	916		M-20	00:02:05	00:29:58	01:02:29	01:39:06	02:17:44
757	WALEWSKI Kamil	933		M-30	00:01:39	00:31:26	01:05:20	01:39:59	02:19:21
758	ĆWIKŁA Andrzej	139	TENT GRUPA	M-60	00:01:05	00:33:11	01:07:24	01:42:56	02:20:07
759	PEROŃCZYK Paweł	681		M-30	00:01:51	00:31:49	01:03:49	01:37:47	02:20:09
760	KASPEREK Ireneusz	353	FIS - SST	M-40	00:01:43	00:31:42	01:05:30	01:42:26	02:21:16
761	FLORECKI Andrzej	190	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:21	00:30:49	01:04:46	01:41:06	02:21:33
762	GAŚKA Piotr	215	GAŚKA BALBINKA	M-30	00:01:03	00:29:06	01:03:49	01:40:04	02:21:44
763	MARYNIOK Patryk	545		M-20	00:01:57	00:31:44	01:03:46	01:38:11	02:22:39
764	MARYNIOK Marian	1072		M-50	00:01:57	00:31:43	01:03:45	01:38:11	02:22:39
765	SITO Paweł	811		M-30	00:01:39	00:32:17	01:06:52	01:43:08	02:23:19
766	BANACH Witold	11	BRAK	M-40	00:00:43	00:31:52	01:06:31	01:44:25	02:24:30
767	GÓRKA Grzegorz	243		M-50	00:00:25	00:31:57	01:07:19	01:44:50	02:24:59
768	SUSEŁ Alek	865	MARCO POMAGA	M-30	00:00:00	01:50:22			02:30:00
769	NOWAK Dariusz	624	FIS-SST TEAM	M-40	00:01:53	00:33:20	01:08:52	01:46:13	02:30:04
770	ZACZEK Kamil	991		M-30	00:02:02	00:34:34	01:11:33	01:49:24	02:31:27
771	PILARSKI Arkadiusz	700		M-20	00:01:40	00:34:56	01:11:55	01:49:46	02:31:49
772	KAPICKI Jan	347		M-60	00:00:00	01:52:45			02:32:39
773	KOGUT Krzysztof	394	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:34:23	01:13:17	01:52:50	02:34:28
774	KLIMAS Kamil	377		M-30	00:00:03	00:20:12			
775	OŻÓG Marek	655	NIGHT RUNNERS	M-20	00:00:04	00:19:53	00:41:23		
776	ŚWIDA Adam	905	ENDURE TEAM	M-40	00:00:07	00:20:57			
777	HELLWIG Adam	281		M-40	00:01:06	00:28:19	00:58:00		

Znaleziono 777 wynik(ów)