

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-10-26  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

Klasyfikacja: Mieszkańcy Gliwic

Punkt pomiarowy: 20,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
1	<b>SZWASA Mateusz</b>	<b>1119</b>	OTK RZEŹNIK	M-20	00:00:01	00:18:02	00:36:14	00:54:40	01:13:58
2	<b>SZCZECIŃSKI Maciej</b>	<b>871</b>	INŻYNIERIA BIEGANIA	M-30	00:00:01	00:18:15	00:36:50	00:55:30	01:14:50
3	<b>POLAK Bogdan</b>	<b>1076</b>		M-40	00:00:02	00:18:37	00:37:18	00:55:50	01:14:58
4	<b>KLIMAS Tomasz</b>	<b>375</b>		M-40	00:00:00	00:19:08	00:38:59	00:58:09	01:17:28
5	<b>JĘDROS Przemysław</b>	<b>318</b>	INŻYNIERIA BIEGANIA TEAM	M-30	00:00:02	00:19:00	00:38:19	00:57:37	01:17:48
6	<b>FALEJCZYK Mateusz</b>	<b>185</b>	HOLBOX POLAND	M-20	00:00:01	00:19:48	00:39:57	00:59:57	01:20:15
7	<b>DUŻNIAK Dominik</b>	<b>165</b>	STEP-DANCE	M-30	00:00:02	00:19:19	00:39:19	00:59:31	01:20:29
8	<b>LASKOWSKI Tomasz</b>	<b>493</b>	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:04	00:19:46	00:40:06	01:00:32	01:21:19
9	<b>SOLAREK Mateusz</b>	<b>1063</b>		M-20	00:00:06	00:19:42	00:40:09	01:00:44	01:22:15
10	<b>PIENIAŻEK Krzysztof</b>	<b>693</b>	INŻYNIERIA BIEGANIA TEAM	M-40	00:00:05	00:20:53	00:42:10	01:03:07	01:24:57
11	<b>PROBE Bartek</b>	<b>729</b>	TWÓJ STARY	M-30	00:00:08	00:20:52	00:42:12	01:03:22	01:24:57
12	<b>CHOMIK Rafał</b>	<b>104</b>	WAY2CHAMP/ PACEMAKER	M-40	00:00:07	00:20:53	00:42:12	01:03:22	01:24:59
13	<b>RAJTOR Paweł</b>	<b>1049</b>		M-30	00:00:09	00:20:54	00:42:14	01:03:21	01:25:25
14	<b>GRAMATYKA Jan</b>	<b>253</b>	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:03	00:21:05	00:42:40	01:04:01	01:26:19
15	<b>BORSIAK Sebastian</b>	<b>61</b>	OPEL ACTIVE TEAM	M-30	00:00:09	00:20:53	00:42:12	01:03:35	01:26:27
16	<b>JĘDZURA Daniel</b>	<b>321</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:09	00:20:51	00:42:18	01:04:12	01:26:51
17	<b>STĘPIEŃ Wojciech</b>	<b>849</b>	COMPAÑEROS ASFALT TEAM	M-40	00:00:12	00:20:51	00:42:23	01:03:52	01:26:58
18	<b>KRĘŻOŁEK Daniel</b>	<b>441</b>		M-40	00:00:10	00:21:02	00:42:43	01:04:23	01:27:17
19	<b>KOŁODZIEJCZYK Łukasz</b>	<b>1121</b>	UKS KOMETA GLIWICE	M-16	00:00:09	00:19:21	00:40:15	01:01:00	01:27:51
20	<b>DREJA Zbigi</b>	<b>159</b>		M-40	00:00:18	00:22:46	00:44:54	01:06:09	01:28:09
21	<b>SIELSKI Jarosław</b>	<b>804</b>	OPEL ACTIVE TEAM	M-40	00:00:08	00:20:46	00:42:19	01:04:29	01:28:41
22	<b>GOLDA Piotr</b>	<b>1085</b>		M-40	00:00:04	00:22:56	00:45:41	01:07:12	01:28:44
23	<b>GRUSZCZYŃSKI Stanisław</b>	<b>263</b>		M-30	00:00:07	00:20:54	00:42:33	01:05:32	01:28:49
24	<b>NIKODON Paweł</b>	<b>613</b>	NIKODON DREAM TEAM	M-40	00:00:10	00:20:52	00:42:59	01:05:43	01:29:14
25	<b>NIEDBAŁ Łukasz</b>	<b>606</b>	GTT - INTER PROJEKT	M-30	00:00:05	00:22:14	00:44:44	01:07:02	01:29:34
26	<b>BAK-CESARZ Damian</b>	<b>20</b>	BIEG NA REKORD :)	M-20	00:00:40	00:22:54	00:45:35	01:08:03	01:30:06
27	<b>GRZESIKIEWICZ Mariusz</b>	<b>267</b>		M-40	00:00:13	00:22:10	00:44:51	01:07:42	01:30:57
28	<b>BIELA Rafał</b>	<b>38</b>		M-40	00:00:14	00:22:47	00:45:20	01:07:54	01:31:17
29	<b>BUŁAWA Filip</b>	<b>3141</b>	UKS KOMETA GLIWICE	M-16	00:00:10	00:20:28	00:43:13	01:06:09	01:31:25
30	<b>NOWAK Adam</b>	<b>622</b>		M-40	00:00:18	00:22:14	00:44:49	01:07:38	01:31:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
31	NOWAK Mariusz	621	HIRSCHVOGEL	M-40	00:00:13	00:22:39	00:46:02	01:08:45	01:31:39
32	SIERADZKI Dariusz	806	BIEGAJ Z TRENERAMI	M-30	00:00:09	00:22:50	00:45:57	01:08:49	01:31:43
33	MIRONOWICZ Bartłomiej	576		M-30	00:00:21	00:21:52	00:44:47	01:08:01	01:31:54
34	CZAJKA Roman	122		M-40	00:00:14	00:22:48	00:46:07	01:09:00	01:32:17
35	ZADEBERNY Amadeusz	992		M-20	00:00:26	00:22:46	00:45:42	01:08:16	01:32:27
36	WOMELA Maciej	973		M-30	00:00:26	00:23:22	00:46:41	01:09:19	01:32:33
37	KUSEK Andrzej	1061		M-40	00:00:15	00:22:40	00:45:37	01:08:48	01:32:36
38	BEHRENDT Jakub	21	LECE BO CHCE	M-40	00:00:28	00:22:43	00:45:32	01:08:37	01:32:50
39	CHEJDYS Krystian	100	BIEGNĘ ALE DOKĄD	M-30	00:00:19	00:23:33	00:46:53	01:10:25	01:33:02
40	WRZESIEŃ Dariusz	986		M-30	00:00:40	00:23:07	00:46:13	01:09:04	01:33:07
41	TRACZUK Marek	915		M-40	00:00:19	00:23:30	00:46:49	01:10:26	01:33:08
42	ŁAKOMY Piotr	1087		M-30	00:00:45	00:23:03	00:46:23	01:09:36	01:33:10
43	DESZYŃSKI Damian	153	ISTA BIEGAMY	M-40	00:01:03	00:23:01	00:46:09	01:09:44	01:33:20
44	SZNYDER Wojciech	879		M-40	00:00:11	00:23:37	00:46:57	01:10:09	01:33:23
45	JAROSZYŃSKI Tomasz	1086		M-20	00:00:24	00:23:48	00:47:39	01:10:44	01:33:25
46	PIETYSZUK Darek	697	MOSTOSTAL ZABRZE UNITED	M-40	00:00:25	00:22:39	00:45:55	01:09:27	01:33:26
47	NITKA Sebastian	615		M-40	00:00:03	00:21:55	00:45:21	01:09:10	01:33:51
48	ZIOBER Grzegorz	1017	SPARTA PLATFUS	M-40	00:00:53	00:24:06	00:47:28	01:10:25	01:33:51
49	KASZOWSKI Marcin	354		M-40	00:00:17	00:23:31	00:46:53	01:10:27	01:33:52
50	KĄLAMARZ Mariusz	339		M-40	00:00:06	00:21:52	00:45:09	01:09:28	01:33:58
51	LEWICKI Tomasz	506	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:10	00:22:49	00:46:01	01:09:34	01:33:58
52	NIESLER Michał	609	NIGHT RUNNERS GLIWICE	M-30	00:00:07	00:23:34	00:46:58	01:10:05	01:34:01
53	ODOSZEWSKI Roman	631	OASIS SPORT TEAM	M-40	00:00:11	00:22:04	00:45:27	01:09:29	01:34:10
54	ŚLIWA Paweł	901		M-20	00:00:40	00:23:11	00:46:30	01:10:04	01:34:11
55	ORZECH Michał	645	MUSTANGI GLIWICE	M-30	00:00:15	00:23:09	00:46:38	01:09:41	01:34:18
56	KRAICZICZEK Krzysztof	431	KELLER WILLIAMS POWER TEAM	M-40	00:00:25	00:23:23	00:46:44	01:10:23	01:34:18
57	WÓJCIK Dariusz	981		M-40	00:00:13	00:22:20	00:45:29	01:09:15	01:34:30
58	MAY-MAJEWSKI Michał	551	4 M	M-30	00:00:24	00:23:38	00:47:18	01:10:49	01:34:33
59	ROGOSZ Michał	764		M-30	00:00:28	00:24:17	00:48:33	01:12:19	01:34:35
60	REMIORZ Piotr	1071		M-50	00:00:36	00:22:55	00:46:26	01:10:25	01:34:39
61	GDOWSKI Sławek	216	SPASIONE MIŚKI	M-30	00:00:19	00:23:33	00:46:57	01:10:33	01:34:50
62	SEROCKI Michał	799		M-30	00:00:30	00:23:33	00:47:01	01:10:33	01:34:52
63	MACHALICA Dominik	1062		M-30	00:00:35	00:23:16	00:46:41	01:10:29	01:35:27
64	BEHRENDT Bartek	1045		M-50	00:00:57	00:23:45	00:47:13	01:11:25	01:35:28
65	MAZUR Krzysztof	552	OPEL ACTIVE TEAM	M-40	00:01:01	00:24:03	00:47:43	01:11:11	01:35:45
66	DYMEK Bartosz	172		M-30	00:00:56	00:24:15	00:48:26	01:11:59	01:35:46
67	RUSZCZYK Marek	775		M-40	00:00:24	00:23:33	00:47:28	01:11:18	01:35:48
68	BOGACZ Paweł	52		M-30	00:00:13	00:22:51	00:46:51	01:11:02	01:35:49
69	JANECZEK Marek	303		M-40	00:00:17	00:23:34	00:47:10	01:11:25	01:36:27
70	NOWAKOWSKI Dominik	1078		M-20	00:00:11	00:21:21	00:46:48	01:10:23	01:36:29
71	MŁYŃCZAK Piotr	579	EUVIC GLIWICE	M-40	00:00:30	00:23:38	00:47:30	01:11:37	01:36:29
72	TYSZKIEWICZ Cuma	920		M-40	00:00:54	00:23:45	00:47:53	01:11:55	01:36:50
73	NORBERT Teichmann	619		M-50	00:00:00	00:24:17	00:48:38	01:12:05	01:37:19
74	MARCINIAK Rafał	535	1986	M-30	00:01:14	00:24:48	00:49:26	01:13:43	01:37:43
75	BUKOWIEC Szymon	92		M-20	00:00:16	00:23:27	00:48:01	01:12:21	01:37:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
76	NITARSKI Patryk	614	NIGHT RUNNERS GLIWICE	M-40	00:00:36	00:24:15	00:48:30	01:12:56	01:37:52
77	ZIÓŁKOWSKI Grzegorz	1018		M-50	00:00:30	00:23:20	00:46:42	01:10:53	01:37:55
78	BRODEK Andrzej	69	CERTUM	M-50	00:00:10	00:22:33	00:46:52	01:11:56	01:38:07
79	GŁOGOWSKI Konrad	228		M-30	00:00:22	00:24:25	00:49:15	01:13:45	01:38:11
80	KOPEĆ Tomasz	406		M-40	00:00:13	00:23:03	00:47:29	01:12:10	01:38:19
81	WOJTUKIEWICZ Artur	967	DHL RUN CLUB	M-40	00:00:24	00:24:52	00:49:46	01:14:09	01:38:22
82	BUK Marcin	91	TRIDIVISION	M-30	00:00:48	00:23:39	00:47:46	01:12:44	01:38:25
83	SROCZYŃSKI Dariusz	836		M-40	00:00:20	00:24:55	00:49:50	01:14:13	01:38:26
84	SKLORZ Marcin	813		M-20	00:00:36	00:24:20	00:48:36	01:12:58	01:38:32
85	KURCZEK Tomasz	477		M-40	00:00:45	00:24:52	00:49:57	01:14:24	01:38:35
86	WÓJCIKOWSKI Mateusz	982	ANICA TEAM	M-20	00:00:23	00:23:28	00:47:05	01:12:00	01:38:41
87	ŻMIJEWSKI Dariusz	1094		M-50	00:00:38	00:23:40	00:47:55	01:12:35	01:38:53
88	ŻABICKI Mariusz	1091		M-30	00:00:26	00:24:02	00:48:45	01:13:21	01:39:03
89	SMYK Robert	1050	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:24:16	00:48:38	01:12:57	01:39:19
90	MACZUGA Bartłomiej	522	PACEMAKER	M-30	00:00:34	00:24:16	00:48:31	01:12:58	01:39:20
91	ROSADA Zdzisław	767		M-60	00:00:36	00:24:14	00:48:24	01:12:43	01:39:54
92	PYZIK Tomasz	749	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:57	00:24:37	00:49:37	01:14:20	01:39:55
93	KRAJEWSKI Radosław	433		M-30	00:00:23	00:24:01	00:48:41	01:13:53	01:39:57
94	PŁATEK Michał	711		M-20	00:00:00				01:40:02
95	MACYSZUJ Waldemar	1054		M-50	00:00:45	00:24:43	00:49:22	01:14:12	01:40:05
96	DOBOSZ Daniel	156		M-40	00:00:41	00:23:15	00:47:45	01:13:08	01:40:06
97	OZYP Mariusz	654		M-30	00:00:02	00:24:32	00:49:32	01:14:38	01:40:26
98	SOWIAR Maciej	1102	ANTONTEAM	M-20	00:00:35	00:24:21	00:48:54	01:13:16	01:40:26
99	DOMAŃSKI Marcin	1067	RUNNINGFISH74	M-40	00:00:48	00:25:08	00:49:56	01:14:51	01:40:39
100	WASIK Marcin	936	MUSTANGI GLIWICE	M-40	00:00:36	00:24:16	00:48:38	01:13:03	01:40:40
101	SALAMON Emil	789	OPEL ACTIVE TEAM	M-30	00:00:26	00:24:47	00:49:37	01:14:29	01:40:54
102	UJMA Michał	924		M-30	00:00:16	00:23:52	00:48:50	01:14:38	01:40:57
103	SCHAB Bartłomiej	793		M-30	00:01:10	00:24:33	00:49:28	01:14:35	01:41:13
104	JANTAS Andrzej	310		M-50	00:00:57	00:24:58	00:50:09	01:15:32	01:41:15
105	PACUŁA Piotr	656	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:01	00:24:22	00:49:30	01:15:18	01:41:26
106	MEOSSI Alessandro	560		M-20	00:01:00	00:27:09	00:54:45	01:17:55	01:41:26
107	GOLA Daniel	236		M-20	00:00:36	00:24:37	00:49:41	01:14:54	01:41:36
108	MATUSZNY Krzysztof	549		M-20	00:00:27	00:25:21	00:51:13	01:16:13	01:41:38
109	ORLIK Jerzy	644		M-60	00:00:10	00:23:31	00:48:37	01:14:35	01:42:02
110	CZERNEK Marek	131	BIEGAJ Z TRENERAMI	M-40	00:00:17	00:24:33	00:49:32	01:15:43	01:42:02
111	HERLICZKA Tomasz	284	AML FLY TEAM	M-40	00:00:59	00:25:30	00:51:28	01:16:51	01:42:02
112	GRESZTA Grzegorz	256	JAH RASTA	M-30	00:00:51	00:24:01	00:48:37	01:14:10	01:42:10
113	STRĄCAŁA Paweł	855		M-20	00:00:41	00:24:47	00:50:10	01:15:27	01:42:13
114	SMUDA Andrzej	821	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:45	00:25:32	00:50:52	01:16:35	01:42:21
115	PACZKA Michał	657	GLIWICE	M-50	00:00:51	00:26:48	00:52:45	01:17:33	01:42:25
116	SULIN Marek	863	SPARTANIE DZIECIOM	M-40	00:00:13	00:24:19	00:49:40	01:16:07	01:42:35
117	ZEGARTOWSKI Grzegorz	1003	DTIQ POLAND	M-40	00:00:59	00:25:26	00:51:29	01:16:56	01:42:51
118	GANCARZ Maciej	205	MUSTANGI GLIWICE	M-40	00:00:16	00:23:19	00:48:12	01:14:37	01:42:53
119	ĆWIKŁA Kamil	141	HARPAGANY	M-30	00:00:00	00:25:13			01:43:03
120	CHYLIŃSKI Krzysztof	109		M-30	00:01:31	00:25:54	00:52:04	01:17:02	01:43:08

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
121	STEC Marcin	847	KW GLIWICE	M-40	00:01:12	00:24:46	00:50:38	01:16:28	01:43:13
122	KAMPKA Aleksander	345		M-40	00:00:54	00:25:36	00:51:35	01:17:31	01:43:18
123	PIASECKI Mariusz	690		M-30	00:00:59	00:25:13	00:51:10	01:17:05	01:43:19
124	STRZAŁKA Tomasz	857		M-20	00:01:44	00:24:53	00:50:00	01:15:26	01:43:22
125	POKRYSZKA Bartosz	717		M-30	00:00:52	00:25:39	00:51:47	01:17:27	01:43:24
126	KULIGOWSKI Piotr	470		M-20	00:01:43	00:25:02	00:50:31	01:15:46	01:43:34
127	ZIELONKA Tomasz	1010		M-20	00:00:52	00:25:28	00:51:36	01:17:31	01:43:37
128	KOPPEL Bartłomiej	409		M-30	00:00:29	00:23:54	00:49:27	01:16:06	01:43:42
129	FRAĆ Dariusz	1036	1:50	M-40	00:00:46	00:25:34	00:51:41	01:17:36	01:43:42
130	WIEKIERA Adam	946		M-30	00:00:45	00:25:34	00:51:42	01:17:38	01:43:43
131	WAWRZAK Ryszard	940	PACEMAKER	M-40	00:00:46	00:25:43	00:51:42	01:17:36	01:43:43
132	SIDORSKI Robert	802	OPEL ACTIVE TEAM	M-40	00:00:00	00:26:05	00:51:16	01:16:53	01:43:45
133	BRZEZIŃSKI Przemysław	78		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
134	RUTKOWSKI Michał	777		M-30	00:00:33	00:24:26	00:49:06	01:14:42	01:43:49
135	GAWEŁKO Janusz	208		M-50	00:00:57	00:25:14	00:51:01	01:17:06	01:43:56
136	STRUG Mariusz	856		M-40	00:00:59	00:25:29	00:51:29	01:17:25	01:43:57
137	BUŁAWA Grzegorz	93	GB-ARCH.PL ARCHITEKT GRZEGORZ BUŁAWA	M-40	00:00:46	00:25:37	00:51:46	01:17:41	01:44:00
138	HAJOK Marek	275		M-40	00:00:47	00:25:30	00:51:31	01:17:37	01:44:03
139	KOWAL Piotr	416	-----	M-40	00:00:42	00:25:20	00:51:22	01:17:16	01:44:18
140	BARYLAK Łukasz	16		M-20	00:01:56	00:25:26	00:51:45	01:17:20	01:44:32
141	LEWANDOWSKI Henryk	504		M-40	00:00:41	00:25:33	00:50:59	01:16:19	01:45:16
142	ZOGŁOWEK Jarosław	1021	CROSSFIT HELLWOOD GLIWICE	M-30	00:01:22	00:26:58	00:52:46	01:19:01	01:45:17
143	MALEC Arkadiusz	529	PWC SDC	M-30	00:00:42	00:24:38	00:50:56	01:17:22	01:45:29
144	GRABOWSKI Michał	1082	OPEL ACTIVE TEAM	M-30	00:00:55	00:27:00	00:52:55	01:18:19	01:45:29
145	WOŹNIAKOWSKI Jan	975	OPEL ACTIVE TEAM	M-30	00:00:56	00:27:00	00:53:09	01:19:15	01:45:37
146	GAJEWSKI Jacek	202	KURCZAK I AGATKA	M-50	00:00:32	00:25:18	00:51:21	01:18:04	01:45:43
147	KUBIAK Mateusz	1101		M-30	00:00:52	00:24:00	00:49:35	01:16:09	01:45:43
148	RENKIEL Tomasz	761	COMPANEROS ASFALT TEAM	M-40	00:00:47	00:25:42	00:51:41	01:18:34	01:45:46
149	GRUSZCZYŃSKI Bogusław	1035		M-60	00:00:50	00:25:56	00:52:18	01:18:58	01:45:57
150	MISIURA Artur	577		M-30	00:02:00	00:28:22	00:55:01	01:21:03	01:46:00
151	KUPCZAK Filip	474	BEERRUNNERS!	M-30	00:00:58	00:26:38	00:53:35	01:19:53	01:46:15
152	BOBOWSKI Dawid	50	WIŚNIA ODDAJ QUAKE III: ARENA	M-20	00:00:20	00:24:13	00:49:17	01:17:32	01:46:16
153	BISKUP Maciej	1116		M-50	00:00:23	00:26:07	00:52:45	01:19:13	01:46:17
154	KURZYK Dariusz	480		M-30	00:00:14	00:23:18	00:49:07	01:17:34	01:46:21
155	KOŚCIELNIAK Łukasz	414	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:46:36
156	ZWIERZYCKI Artur	1022		M-20	00:01:15	00:25:32	00:51:01	01:16:57	01:46:41
157	STACHOWSKI Wojciech	838		M-40	00:00:36	00:24:29	00:49:46	01:16:52	01:46:59
158	WALSKI Łukasz	1079		M-30	00:00:27	00:26:07	00:52:47	01:19:16	01:47:08
159	SKOTNICKI Paweł	815		M-30	00:00:25	00:23:43	00:48:48	01:16:01	01:47:13
160	GRONDECKI Grzegorz	258	BIEGAMY Z SERCEM	M-40	00:01:07	00:27:00	00:53:20	01:19:44	01:47:13
161	BELUCH Witold	22		M-50	00:01:04	00:26:07	00:52:44	01:19:37	01:47:32
162	TOKAJ Piotr	911		M-40	00:01:22	00:26:48	00:53:41	01:20:24	01:47:46
163	SKORUPSKI Paweł	814		M-40	00:00:47	00:25:35	00:51:31	01:18:00	01:47:48
164	RYZIŃSKI Dariusz	786		M-50	00:00:18	00:25:32	00:52:23	01:19:30	01:48:00
165	JENDRYŚ Marek	1110		M-40	00:02:07	00:28:30	00:55:35	01:22:17	01:48:02

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
166	<b>GAŁECZKA Michał</b>	<b>204</b>		M-20	00:00:49	00:25:21	00:51:35	01:17:54	01:48:06
167	<b>CZULUK Filip</b>	<b>137</b>	BAGNO!	M-30	00:00:27	00:26:22	00:53:20	01:20:04	01:48:10
168	<b>WAŚ Szymon</b>	<b>1080</b>		M-20	00:00:27	00:26:08	00:52:47	01:19:15	01:48:11
169	<b>MAKSAJDA Andrzej</b>	<b>526</b>	BEERRUNNERS !	M-30	00:00:59	00:25:25	00:51:32	01:18:50	01:48:23
170	<b>FUSIEK Juliusz</b>	<b>199</b>	ADEPTUS ASTARTES	M-30	00:00:40	00:28:55	00:56:04	01:21:37	01:48:28
171	<b>KROTOS Krzysztof</b>	<b>444</b>	OQS	M-40	00:00:39	00:26:21	00:53:42	01:20:57	01:48:34
172	<b>PRYMAS Krystian</b>	<b>732</b>		M-30	00:00:09	00:24:13	00:50:28	01:18:38	01:48:48
173	<b>POPIEL Artur</b>	<b>722</b>		M-40	00:00:54	00:26:54	00:53:26	01:20:18	01:49:01
174	<b>SMOLARCZYK Dominik</b>	<b>819</b>	SŁABY BIEGACZ	M-50	00:00:54	00:25:28	00:51:27	01:18:08	01:49:06
175	<b>WÓJCIK Tomasz</b>	<b>979</b>		M-30	00:00:30	00:25:25	00:51:52	01:17:48	01:49:09
176	<b>KUCZMA Jarosław</b>	<b>463</b>		M-40	00:01:26	00:28:04	00:55:52	01:22:56	01:49:09
177	<b>ZAPOTOCZNY Przemek</b>	<b>999</b>		M-40	00:00:43	00:27:13	00:54:42	01:22:20	01:49:28
178	<b>KRAJEWSKI Michał</b>	<b>434</b>		M-40	00:00:47	00:26:16	00:52:24	01:18:21	01:49:38
179	<b>DĄBROWSKI Marek</b>	<b>149</b>		M-30	00:00:54	00:25:59	00:52:49	01:20:14	01:49:40
180	<b>SZOŁTYSIK Paweł</b>	<b>887</b>	SPARTA PLATFUS	M-40	00:00:53	00:28:31	00:56:28	01:22:30	01:49:43
181	<b>LESZKO Tomasz</b>	<b>502</b>	EUVIC	M-30	00:00:38	00:25:44	00:51:57	01:19:32	01:49:47
182	<b>KWAPIEŃ Aleksander</b>	<b>1069</b>		M-30	00:00:19	00:26:03	00:53:18	01:21:08	01:49:49
183	<b>ROZWADOWSKI Dariusz</b>	<b>770</b>		M-40	00:01:00	00:26:54	00:53:58	01:21:10	01:49:49
184	<b>KWAPIEŃ Paweł</b>	<b>1070</b>		M-40	00:00:18	00:26:03	00:53:19	01:21:09	01:49:50
185	<b>KOTAJNY Piotr</b>	<b>415</b>		M-40	00:00:13	00:26:36	00:53:29	01:20:42	01:49:52
186	<b>ONOPIUK Maciej</b>	<b>638</b>		M-20	00:01:02	00:26:20	00:53:40	01:21:17	01:50:07
187	<b>KOPER Tomasz</b>	<b>330</b>		M-30	00:00:55	00:27:10	00:54:58	01:22:17	01:50:30
188	<b>SOJKA Łukasz</b>	<b>827</b>		M-30	00:01:19	00:26:44	00:54:20	01:21:46	01:50:30
189	<b>KRZYWICKI Jan</b>	<b>455</b>	-----	M-60	00:00:41	00:27:10	00:54:21	01:21:50	01:50:36
190	<b>LEGUTKO Jakub</b>	<b>499</b>	BARCEROMA	M-20	00:00:59	00:26:28	00:52:34	01:20:06	01:50:38
191	<b>ROZWADOWSKI Dariusz</b>	<b>769</b>		M-40	00:01:37	00:27:01	00:54:01	01:20:53	01:50:39
192	<b>PISZCZ Marek</b>	<b>706</b>	OPEL ACTIVE TEAM	M-40	00:00:58	00:26:17	00:53:47	01:21:58	01:50:40
193	<b>STOLARCZYK Robert</b>	<b>852</b>	NIGHT RUNNER GLIWICE	M-40	00:01:15	00:27:53	00:55:33	01:22:37	01:50:44
194	<b>WOŹNIAK Marek</b>	<b>974</b>		M-40	00:01:08	00:27:36	00:54:58	01:22:25	01:50:58
195	<b>BRODAKCI Paweł</b>	<b>1073</b>		M-30	00:00:29	00:26:02	00:52:56	01:21:35	01:51:11
196	<b>MORDARSKI Artur</b>	<b>587</b>		M-40	00:01:32	00:27:41	00:55:18	01:22:41	01:51:44
197	<b>SKÓRA Michał</b>	<b>816</b>		M-40	00:00:22	00:27:36	00:55:22	01:23:09	01:51:50
198	<b>KRUK Krzysztof</b>	<b>448</b>		M-40	00:00:52	00:28:27	00:56:17	01:24:04	01:51:50
199	<b>JANIK Johan</b>	<b>305</b>	COMPAÑEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:58
199	<b>KOŁODZIEJ Jacek</b>	<b>398</b>	COMPAÑEROS ASFALT TEAM	M-40	00:00:57	00:25:44	00:51:44	01:25:00	01:51:59
201	<b>BASZUN Michał</b>	<b>17</b>	DAMY RADEĘ	M-30	00:01:43	00:28:15	00:56:36	01:24:25	01:52:01
202	<b>BANASZAK Marcin</b>	<b>12</b>		M-30	00:00:55	00:28:17	00:56:19	01:24:12	01:52:10
203	<b>SARKOWICZ Adam</b>	<b>791</b>		M-50	00:01:06	00:26:03	00:53:32	01:21:59	01:52:13
204	<b>SACHNIK Marek</b>	<b>787</b>		M-20	00:00:25	00:25:45	00:53:00	01:21:10	01:52:14
205	<b>LIS Maciej</b>	<b>511</b>		M-30	00:00:52	00:28:01	00:56:02	01:24:08	01:52:24
206	<b>SITKO Mateusz</b>	<b>809</b>		M-30	00:01:29	00:27:27	00:55:18	01:23:34	01:52:34
207	<b>MAŃKA Marcin</b>	<b>533</b>		M-30	00:01:46	00:28:19	00:57:16	01:25:02	01:52:34
208	<b>ZIEBA Paweł</b>	<b>1093</b>		M-20	00:00:26	00:24:00	00:51:06	01:20:31	01:52:48
209	<b>DYMNICKI Andrzej</b>	<b>173</b>	OCHAJORUN & FRIENDS	M-40	00:01:38	00:28:28	00:56:51	01:24:39	01:53:14
210	<b>DĄBROWSKI Marcin</b>	<b>148</b>	TEAM KORNEŁ	M-40	00:00:23	00:27:36	00:55:29	01:23:25	01:53:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
211	<b>BARAŃSKI Grzegorz</b>	<b>15</b>		M-30	00:02:10	00:28:24	00:56:33	01:24:34	01:53:20
212	<b>POLEWKA Tomasz</b>	<b>1122</b>	UKS KOMETA GLIWICE	M-40	00:00:00	00:25:59	00:54:06	01:22:14	01:53:25
213	<b>WIKIERSKI Michał</b>	<b>950</b>		M-30	00:01:25	00:28:06	00:55:46	01:23:47	01:53:36
214	<b>SELIGA Paweł</b>	<b>796</b>	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:01:12	00:28:08	00:56:32	01:24:51	01:53:38
215	<b>CISEK Stanisław</b>	<b>117</b>		M-40	00:01:23	00:28:13	00:56:31	01:24:58	01:53:41
216	<b>OPAŁKA Marcin</b>	<b>639</b>		M-20	00:01:38	00:28:15	00:56:28	01:24:57	01:53:48
217	<b>RAJTOR Klaudiusz</b>	<b>752</b>		M-60	00:01:10	00:27:52	00:55:41	01:24:08	01:53:50
218	<b>KĄDZIOŁKA Jan</b>	<b>360</b>	NIGHT RUNNERS GLIWICE	M-50	00:01:00	00:28:15	00:55:56	01:24:25	01:53:53
219	<b>ZEMŁA Piotr</b>	<b>1005</b>		M-50	00:01:04	00:28:57	00:58:11	01:26:03	01:53:58
220	<b>BUJALSKI Michał</b>	<b>90</b>		M-30	00:01:55	00:28:51	00:56:43	01:24:52	01:54:14
221	<b>MARKOWSKI Kamil</b>	<b>540</b>		M-30	00:01:10	00:27:55	00:55:50	01:24:03	01:54:22
222	<b>JAWORSKI Kamil</b>	<b>315</b>	FUCHS OIL TEAM	M-30	00:01:46	00:29:12	00:58:03	01:25:51	01:54:31
223	<b>STASIAK Mirosław</b>	<b>843</b>	ROCKWELL AUTOMATION	M-30	00:00:15	00:25:04	00:52:58	01:22:43	01:54:35
224	<b>ROGOWSKI Jakub</b>	<b>1120</b>		M-20	00:01:42	00:28:14	00:56:29	01:24:38	01:54:35
225	<b>KAMIŃSKI Rafał</b>	<b>342</b>		M-30	00:01:00	00:28:11	00:56:43	01:25:21	01:54:49
226	<b>GIERADA Mateusz</b>	<b>224</b>	NIGHT RUNNERS GLIWICE	M-20	00:01:02	00:28:34	00:57:11	01:25:48	01:55:16
227	<b>GIERADA Ryszard</b>	<b>225</b>	NIGHT RUNNERS GLIWICE	M-50	00:01:03	00:28:33	00:57:09	01:25:47	01:55:17
228	<b>KOZACZKA Włodzimierz</b>	<b>425</b>		M-40	00:01:17	00:28:49	00:57:31	01:26:09	01:55:17
229	<b>GUŚCIORA Maciej</b>	<b>272</b>		M-20	00:01:05	00:25:57	00:54:15	01:23:20	01:55:20
230	<b>NOWAK Ryszard</b>	<b>625</b>		M-50	00:02:14	00:28:05	00:56:25	01:25:42	01:55:21
231	<b>SIKORA Michał</b>	<b>808</b>		M-40	00:00:34	00:27:09	00:56:03	01:25:16	01:55:46
232	<b>GÓRKA Szymon</b>	<b>244</b>		M-30	00:00:30	00:24:04	00:51:44	01:23:28	01:55:47
233	<b>DZIECIĄTKOWSKI Jarosław</b>	<b>176</b>	OPEL ACTIVE TEAM	M-40	00:01:16	00:29:02	00:57:48	01:27:29	01:55:53
234	<b>GRAMATYKA Paweł</b>	<b>254</b>	ZABIEGANI MZ UNITED	M-40	00:00:53	00:28:35	00:56:48	01:25:16	01:56:32
235	<b>MICHNA Wojciech</b>	<b>567</b>		M-20	00:01:12	00:28:03	00:56:51	01:25:58	01:56:34
236	<b>TWAROCIK Konrad</b>	<b>1125</b>		M-30	00:01:59	00:28:54	00:57:27	01:26:27	01:56:43
237	<b>JANIKOWSKI Adam</b>	<b>306</b>	ANICA TEAM	M-30	00:00:50	00:25:32	00:53:00	01:24:10	01:56:45
238	<b>ZEGARTOWSKI Michał</b>	<b>1004</b>	DTIQ POLAND	M-30	00:00:34	00:25:54	00:53:08	01:23:16	01:56:54
239	<b>SZWARCZYŃSKI Jakub</b>	<b>891</b>		M-30	00:01:17	00:29:06	00:57:27	01:25:22	01:57:00
240	<b>BOJDA Dawid</b>	<b>56</b>		M-30	00:01:47	00:29:01	00:58:32	01:27:36	01:57:15
241	<b>TOPORKIEWICZ Marcin</b>	<b>913</b>	BIEGACZE MOGĄ DŁUŻEJ	M-30	00:01:10	00:28:18	00:56:39	01:25:31	01:57:32
242	<b>PRZYBYLSKI Mariusz</b>	<b>738</b>	PGB SPORTOWA PACZKA	M-40	00:00:56	00:26:43	00:53:48	01:22:06	01:57:37
243	<b>KOWRYGO Adam</b>	<b>422</b>		M-20	00:01:37	00:28:32	00:57:08	01:26:14	01:57:43
244	<b>MICHALSKI Marek</b>	<b>564</b>		M-40	00:00:34	00:27:59	00:57:23	01:25:51	01:57:54
245	<b>PYKA Adam</b>	<b>745</b>		M-30	00:01:11	00:26:01	00:53:18	01:23:09	01:57:54
246	<b>SEKIENDA Michał</b>	<b>795</b>		M-30	00:01:28	00:30:19	01:00:21	01:29:48	01:57:56
247	<b>PIKTAS Paweł</b>	<b>698</b>		M-40	00:01:34	00:29:20	00:58:01	01:26:14	01:58:11
248	<b>PAWEŁKÓW Michał</b>	<b>674</b>		M-30	00:01:13	00:28:35	00:56:54	01:25:07	01:58:54
249	<b>BUFNAL Krzysztof</b>	<b>86</b>		M-40	00:00:46	00:27:49	00:56:11	01:25:30	01:59:02
250	<b>WILK Andrzej</b>	<b>955</b>		M-30	00:00:23	00:26:19	00:55:29	01:25:56	01:59:13
251	<b>BAJKACZ Krzysztof</b>	<b>8</b>		M-30	00:01:09	00:27:41	00:55:46	01:24:51	01:59:32
252	<b>OSTROSZCZYK Rafał</b>	<b>650</b>	BEZ KLUBU	M-40	00:01:35	00:29:45	00:59:46	01:29:44	02:00:16
253	<b>MILISZKIEWICZ Adam</b>	<b>575</b>		M-30	00:01:19	00:28:41	00:57:18	01:26:28	02:00:25
254	<b>MIKUŁA Leszek</b>	<b>574</b>		M-40	00:00:05	00:25:49	00:54:29	01:25:47	02:00:32
255	<b>ZADEBERNY Artur</b>	<b>993</b>		M-40	00:01:16	00:27:34	00:56:03	01:26:41	02:00:41

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
256	BAJ Tomasz	7		M-30	00:00:27	00:25:34	00:54:21	01:25:55	02:00:48
257	PĘDOWSKI Wojciech	686		M-50	00:01:34	00:28:19	00:57:05	01:28:09	02:00:53
258	ĆWIKŁA Grzegorz	140		M-50	00:01:33	00:29:48	00:59:44	01:30:17	02:00:55
259	NOWAK Wojciech	623	ŚWIŃSKI TRUCHT	M-20	00:00:55	00:29:48	00:59:11	01:28:29	02:00:56
260	KOŻUSZEK Sebastian	1083		M-40	00:01:20	00:28:39	00:57:46	01:27:28	02:00:56
261	BUCHAL Grzegorz	82		M-40	00:01:06	00:29:25	00:59:34	01:29:49	02:01:08
262	WÓJCIK Rafał	980		M-40	00:01:14	00:29:18	00:58:58	01:28:56	02:01:38
263	DZIEDZIC Dominik	177		M-30	00:01:37	00:29:41	01:00:00	01:29:59	02:01:43
264	WIŚNIEWSKI Paweł	959	NIGHT RUNNERS GLIWICE	M-30	00:02:04	00:28:44	00:58:59	01:29:57	02:02:22
265	STAŃKO Marcin	842		M-30	00:00:28	00:28:59	00:58:37	01:29:11	02:02:47
266	CZAPEK Marek	123	NIGHT RUNNERS GLIWICE	M-40	00:01:35	00:29:53	01:00:13	01:31:08	02:03:09
267	ZIMNY Michał	1016		M-40	00:01:06	00:31:35	01:03:14	01:34:51	02:03:23
268	PAŁETKO Ryszard	665		M-40	00:00:42	00:29:17	00:59:18	01:31:26	02:04:12
269	OSIŃSKI Paweł	648	BIEGAJ Z TRENERAMI	M-40	00:01:26	00:28:29	00:59:34	01:31:14	02:04:13
270	KOWALIK Miłosz	419		M-30	00:02:17	00:30:06	01:01:15	01:33:39	02:04:21
271	SMOŁA Mieczysław	820	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:18	00:30:06	01:01:16	01:32:44	02:04:34
272	WILCZEK Tomasz	951		M-20	00:01:00	00:28:07	00:57:23	01:28:49	02:05:00
273	FUGOWSKI Grzegorz	196		M-30	00:00:00	00:30:46	01:00:46	01:33:02	02:05:25
274	KOCUR Aleksander	392		M-40	00:00:44	00:31:23	01:03:14	01:35:22	02:05:46
275	KARMAŃSKI Jacek	349		M-40	00:01:01	00:29:10	01:00:16	01:32:25	02:06:19
276	DYLSKI Jacek	171		M-20	00:02:11	00:30:46	01:02:16	01:33:56	02:06:29
277	GAWROŃSKI Wojtek	213		M-30	00:01:36	00:28:23	00:58:03	01:30:09	02:06:40
278	WOLIŃSKI Józef	968		M-50	00:01:33	00:30:04	01:01:19	01:33:24	02:06:50
279	LENCZYK Mariusz	500		M-20	00:01:48	00:27:00	00:56:56	01:29:57	02:07:26
280	PIOTROWSKI Krzysztof	1114		M-30	00:00:24	00:26:37	00:57:48	01:31:05	02:07:30
281	ŻMUDZIŃSKI Piotr	1032		M-30	00:01:48	00:32:05	01:04:47	01:35:48	02:07:44
282	KRAWCZYŃSKI Mirosław	440		M-40	00:01:02	00:30:19	01:00:49	01:32:20	02:08:12
283	GŁOWACKI Jordan	230		M-30	00:00:33	00:30:09	01:01:15	01:33:44	02:08:29
284	KOWALCZYK Tomasz	417	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:08	00:28:34	00:57:27	01:31:44	02:08:32
285	SZUMNIAK Ryszard	888		M-50	00:01:48	00:31:52	01:04:03	01:35:45	02:08:32
286	BŁACH Piotr Buła	44	PACEMAKER	M-50	00:01:45	00:31:54	01:03:54	01:35:49	02:08:35
287	KRAJEWSKI Adam	432		M-40	00:01:18	00:29:08	00:59:35	01:33:41	02:11:07
288	CIUK Bartosz	119	OLK SP.ZOZ	M-50	00:02:07	00:30:23	01:02:14	01:36:50	02:11:26
289	BOGDAŁ Michał	53		M-30	00:00:30	00:31:32	01:03:26	01:36:09	02:11:28
290	PRUCHNIK Andrzej	731		M-50	00:00:20	00:29:38	01:01:16	01:34:49	02:12:08
291	SERAFIN Patryk	798		M-20	00:01:08	00:28:43	01:00:07	01:33:04	02:12:26
292	JANOSZEK Piotr	309		M-40	00:01:29	00:30:20	01:02:39	01:36:34	02:13:11
293	JANCZYSZYN Rafał	302		M-20	00:01:15	00:32:55	01:04:59	01:37:34	02:13:39
294	ZIĘBA Michał	1013		M-20	00:02:03	00:29:16	01:00:43	01:35:28	02:13:54
295	HENDRYK Leszek	282	BEERRUNNERS!	M-30	00:00:59	00:28:11	00:58:09	01:30:28	02:14:26
296	PAWLACZYK Lesław	676	DTIQ	M-40	00:01:40	00:29:44	01:02:28	01:37:04	02:15:53
297	ZGÓRSKI Grzegorz	1006		M-40	00:01:46	00:31:52	01:03:42	01:37:51	02:15:57
298	SZYDŁOWSKI Przemysław	892		M-40	00:01:50	00:30:59	01:02:32	01:36:03	02:16:00
299	WÓJCIK Marcin	978		M-20	00:01:37	00:30:16	01:03:21	01:38:26	02:16:10
300	JEZIOR Bartosz	317	DRIV	M-30	00:01:39	00:27:53	00:59:48	01:38:41	02:16:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	10_km 10km	5_15_km 15km	20_km 20km
301	<b>KOJ Krzysztof</b>	<b>395</b>		M-20	00:00:58	00:29:17	00:59:57	01:34:51	02:17:31
302	<b>TRZCIŃSKI Łukasz</b>	<b>916</b>		M-20	00:02:05	00:29:58	01:02:29	01:39:06	02:17:44
303	<b>WALEWSKI Kamil</b>	<b>933</b>		M-30	00:01:39	00:31:26	01:05:20	01:39:59	02:19:21
304	<b>FLORECKI Andrzej</b>	<b>190</b>	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:21	00:30:49	01:04:46	01:41:06	02:21:33
305	<b>MARYNIOK Patryk</b>	<b>545</b>		M-20	00:01:57	00:31:44	01:03:46	01:38:11	02:22:39
306	<b>PILARSKI Arkadiusz</b>	<b>700</b>		M-20	00:01:40	00:34:56	01:11:55	01:49:46	02:31:49
307	<b>KOGUT Krzysztof</b>	<b>394</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:34:23	01:13:17	01:52:50	02:34:28

Znaleziono 307 wynik(ów)