

VI WIOSENNY NORDIC WALKING - 3 KM

B4SPORT

Wydarzenie: VI Bieg Wiosenny Manowo
Organizator: Wójt Gminy Manowo
Data: 2019-05-18
Miejsce: Manowo
Dystans: 3 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 2.2km	Różn	Tempo min/km	Tempo km/h
1	WALCZAK Janusz	491		M-OPEN	1	00:18:05.85		8:13	7.3 (100%)
2	ADAMCZYK Beata	451		K-OPEN	1	00:19:02.81	+00:00:56 (5.0%)	8:39	6.9 (94.5%)
3	FELKOWSKA Karolina	458	POSEJDON	K-OPEN	2	00:19:12.94	+00:01:07 (5.8%)	8:44	6.9 (94.5%)
4	WALCZAK Michał	492		M-OPEN	2	00:19:26.71	+00:01:20 (6.9%)	8:50	6.8 (93.2%)
5	KORPAL Cezary	471		M-OPEN	3	00:19:33.52	+00:01:27 (7.5%)	8:53	6.8 (93.2%)
6	STĘPNIEWSKA Agnieszka	482		K-OPEN	3	00:19:37.47	+00:01:31 (7.8%)	8:55	6.7 (91.8%)
7	KLIMCZYK Justyna	467		K-OPEN	4	00:19:45.56	+00:01:39 (8.4%)	8:58	6.7 (91.8%)
8	PASIK Florian	477		M-OPEN	4	00:19:47.69	+00:01:41 (8.6%)	9:00	6.7 (91.8%)
9	OLSZYŃSKA Marzena	476	WILKI KOSZALIN	K-OPEN	5	00:20:10.34	+00:02:04 (10.3%)	9:10	6.5 (89.0%)
10	DENIO Radosław	495		M-OPEN	5	00:20:19.94	+00:02:14 (11.0%)	9:14	6.5 (89.0%)
11	SOKOŁOWSKA Małgorzata	481		K-OPEN	6	00:20:39.94	+00:02:34 (12.4%)	9:23	6.4 (87.7%)
12	KUŹNIARSKA Janina	494		K-OPEN	7	00:20:40.87	+00:02:35 (12.5%)	9:24	6.4 (87.7%)
13	TREBUNIA Iwona	486		K-OPEN	8	00:20:48.54	+00:02:42 (13.0%)	9:27	6.3 (86.3%)
14	LENIO Hanna	473		K-OPEN	9	00:21:21.54	+00:03:15 (15.3%)	9:42	6.2 (84.9%)
15	KILAR Oliwia	464	KILAR TEAM KOSZALIN	K-OPEN	10	00:21:50.24	+00:03:44 (17.1%)	9:55	6 (82.2%)
16	JUSZCZYK Grażyna	462		K-OPEN	11	00:22:09.62	+00:04:03 (18.3%)	10:04	6 (82.2%)
17	WALCZAK Magdalena	490		K-OPEN	12	00:22:17.82	+00:04:11 (18.8%)	10:08	5.9 (80.8%)
18	PAWLIK Kazimiera	478		K-OPEN	13	00:22:33.23	+00:04:27 (19.8%)	10:15	5.9 (80.8%)
19	KĘPIŃSKI Jan	493		M-OPEN	6	00:22:34.52	+00:04:28 (19.8%)	10:15	5.8 (79.5%)
20	MAJ Wioleta	475		K-OPEN	14	00:23:09.28	+00:05:03 (21.8%)	10:31	5.7 (78.1%)
21	KILAR Zofia	466		K-OPEN	15	00:23:15.48	+00:05:09 (22.2%)	10:34	5.7 (78.1%)
22	KORPAL Grażyna	470		K-OPEN	16	00:23:18.77	+00:05:12 (22.4%)	10:35	5.7 (78.1%)
23	CHABORA Jolanta	457		K-OPEN	17	00:23:19.35	+00:05:13 (22.4%)	10:35	5.7 (78.1%)
24	LENIO Aleksandra	472		K-OPEN	18	00:23:33.13	+00:05:27 (23.2%)	10:42	5.6 (76.7%)
25	BRZOZOWSKA Marta	454		K-OPEN	19	00:23:35.33	+00:05:29 (23.3%)	10:43	5.6 (76.7%)
26	RAPITA Róża	496		K-OPEN	20	00:23:35.34	+00:05:29 (23.3%)	10:43	5.6 (76.7%)
27	BRZOZOWSKA Julia	455		K-OPEN	21	00:23:38.82	+00:05:32 (23.5%)	10:45	5.6 (76.7%)

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28	KILAR Iwona	465	KILAR TEAM KOSZALIN	K-OPEN	22	00:25:00.84	+00:06:54 (27.7%)	11:22	5.3 (72.6%)
29	KILAR Igor	463	KILAR TEAM KOSZALIN	M-OPEN	7	00:25:01.31	+00:06:55 (27.7%)	11:22	5.3 (72.6%)
30	RUMIANEK Mieczysław	498		M-OPEN	8	00:28:09.65	+00:10:03 (35.7%)	12:48	4.7 (64.4%)
31	HRYCKOWIAN Kinga	461		K-OPEN	23	00:48:39.74	+00:30:33 (62.8%)	22:06	2.7 (37.0%)

Znaleziono 31 wynik(ów)