



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Bieg Mikołajkowy
Stowarzyszenie BiegamBoLubie Team Police
2019-12-01
Police
10 km

VII BIEG MIKOŁAJKOWY

B4SPORT

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.	5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MINKO Arkadiusz	535		M-30	1	Friends Team				00:16:55	00:35:10.30	00:35:10.30		3:31	17.1 (100%)
2	PIWOWARCZYK Wojciech	2	EUROPA SYSTEMS	M-20	1	Friends Team				00:16:55	00:35:47.30	00:35:48.05	+00:00:37 (1.8%)	3:34	16.8 (98.2%)
2	BIENIEK Kamil	57	PRZECIW MYSLIWIYM	M-30	2					00:17:08	00:35:46.95	00:35:48.05	+00:00:37 (1.8%)	3:34	16.8 (98.2%)
4	PAWLIŃSKI Piotr	3	GRUPA AZOTY POLICE	M-30	3				Tak	00:17:18	00:36:21.50	00:36:22.90	+00:01:12 (3.3%)	3:38	16.5 (96.5%)
5	WILK Adrian	939	KS IRONMAN	M-20	2					00:17:33	00:36:24.20	00:36:25.30	+00:01:15 (3.4%)	3:38	16.5 (96.5%)
6	DACKA Patryk	14		M-30	4					00:17:39	00:36:31.85	00:36:32.40	+00:01:22 (3.7%)	3:39	16.4 (95.9%)
7	KUBISZTAL Wojciech	417	KB PIONIER SZCZECIN	M-30	5	Friends Team				00:17:39	00:36:46.95	00:36:48.40	+00:01:38 (4.4%)	3:40	16.3 (95.3%)
8	TROĆ Daniel	816	MKL SZCZECIN	M-16	1	Friends Team				00:17:46	00:37:02.20	00:37:02.20	+00:01:51 (5.0%)	3:42	16.2 (94.7%)
9	RYCAK Bartosz	690		M-20	3			Tak		00:17:45	00:37:10.00	00:37:11.70	+00:02:01 (5.4%)	3:43	16.1 (94.2%)
10	SANIEWSKI Dariusz	11	UKL ÓSEMKA POLICE	M-30	6	UKL Ósemka Police			Tak	00:17:52	00:37:23.80	00:37:24.75	+00:02:14 (6.0%)	3:44	16 (93.6%)
11	NIEWIADOMSKI Konrad	929	AC MILAN	M-30	7					00:18:09	00:37:35.45	00:37:37.15	+00:02:26 (6.5%)	3:45	16 (93.6%)
12	FILIPOWSKI Dariusz	186	FEHLARUNTEAM	M-40	1	Friends Team				00:18:05	00:37:43.65	00:37:45.05	+00:02:34 (6.8%)	3:46	15.9 (93.0%)
13	SZYMAŃSKI Łukasz	944		M-30	8					00:18:04	00:37:45.65	00:37:46.75	+00:02:36 (6.9%)	3:46	15.9 (93.0%)
14	ZABIELSKI Józef	892		M-40	2			Tak		00:18:25	00:38:19.20	00:38:19.20	+00:03:08 (8.2%)	3:49	15.7 (91.8%)
15	APIECIONEK Mateusz	4	UKL ÓSEMKA POLICE	M-20	4	UKL Ósemka Police			Tak	00:18:13	00:38:32.50	00:38:34.70	+00:03:24 (8.8%)	3:51	15.6 (91.2%)
16	CHAWAWKO Jonasz	953		M-40	3					00:18:27	00:38:43.75	00:38:45.25	+00:03:34 (9.2%)	3:52	15.5 (90.6%)
17	HOPPE Grzegorz	264	WIECZORNE BIEGANIE W SZCZECINIE	M-30	9	Wieczne Bieganie w Szczecinie				00:18:14	00:38:56.15	00:38:56.15	+00:03:45 (9.7%)	3:53	15.4 (90.1%)
18	KUBLER Andrzej	418	WIECZORNE BIEGANIE W SZCZECINIE	M-30	10			Tak		00:18:58	00:38:54.25	00:38:57.45	+00:03:47 (9.7%)	3:53	15.4 (90.1%)

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									Grupy Azoty S.A.						Różn
19	WASILEWSKI Andrzej	837		M-40	4	TRI GYM				00:18:41	00:38:55.20	00:38:58.95	+00:03:48 (9.8%)	3:53	15.4 (90.1%)
20	KAPŁANIAK Adrian	326	WIECZORNE BIEGANIE W SZCZECINIE	M-30	11	BBL POLICE		Tak		00:18:06	00:38:59.10	00:38:59.10	+00:03:48 (9.8%)	3:53	15.4 (90.1%)
21	OKRUTA Bartłomiej	696		M-30	12					00:18:39	00:39:01.20	00:39:05.25	+00:03:54 (10.0%)	3:54	15.4 (90.1%)
22	GORSZKA Damian	922	PARKRUN SZCZECIN	M-20	5					00:18:23	00:39:43.85	00:39:46.00	+00:04:35 (11.6%)	3:58	15.1 (88.3%)
23	WÓJCIAK Marcin	883		M-20	6					00:19:12	00:40:05.35	00:40:05.35	+00:04:55 (12.3%)	4:00	15 (87.7%)
24	PIELECHOWSKI Piotr	622	INCOM POLSKA SP. Z O.O.	M-20	7					00:19:24	00:40:06.45	00:40:09.55	+00:04:59 (12.4%)	4:00	15 (87.7%)
25	WOJNACH Andrzej	866	SZCZECIN	M-40	5					00:18:56	00:40:22.55	00:40:24.75	+00:05:14 (13.0%)	4:02	14.9 (87.1%)
26	SKALSKI Mateusz	712		M-30	13	UKL Ósemka Police		Tak		00:19:34	00:40:42.10	00:40:43.75	+00:05:33 (13.6%)	4:04	14.7 (86.0%)
27	OSETEK Sebastian	595	KB HERMES GRYFINO	M-30	14	KB Hermes Gryfino				00:19:36	00:40:41.95	00:40:45.35	+00:05:35 (13.7%)	4:04	14.7 (86.0%)
28	BIAŁEK Beata	51	KB HERMES GRYFINO	K-40	1	KB Hermes Gryfino				00:19:34	00:40:48.30	00:40:49.80	+00:05:39 (13.9%)	4:04	14.7 (86.0%)
29	KANTORSKI Michał	325		M-20	8					00:19:48	00:41:25.35	00:41:29.80	+00:06:19 (15.2%)	4:08	14.5 (84.8%)
30	SERWIN Krzysztof	705	WIECZORNE BIEGANIE W SZCZECINIE	M-30	15	Wieczorne Bieganie w Szczecinie				00:19:34	00:41:32.10	00:41:36.55	+00:06:26 (15.5%)	4:09	14.4 (84.2%)
31	SZYMCZAK Marcin	795		M-40	6			Tak		00:20:07	00:41:44.65	00:41:44.65	+00:06:34 (15.7%)	4:10	14.4 (84.2%)
32	GLINA Rafał	211		M-40	7					00:20:07	00:41:43.85	00:41:47.55	+00:06:37 (15.8%)	4:10	14.4 (84.2%)
33	PLUTA Grzegorz	637	KB HERMES GRYFINO	M-50	1	KB Hermes Gryfino				00:20:04	00:41:51.25	00:41:52.45	+00:06:42 (16.0%)	4:11	14.3 (83.6%)
34	JUNAK Michał	309		M-16	2			Tak		00:19:52	00:42:09.95	00:42:12.45	+00:07:02 (16.7%)	4:13	14.2 (83.0%)
35	ALEKSANDROV Denys	16	TRIGYM	M-20	9	TRI GYM				00:19:44	00:42:07.95	00:42:13.20	+00:07:02 (16.7%)	4:12	14.2 (83.0%)
36	NAWROCKI Konrad	562		M-30	16					00:20:24	00:42:13.90	00:42:17.75	+00:07:07 (16.8%)	4:13	14.2 (83.0%)
37	GWARDIAK Bartłomiej	247	PRIME CARGO POLAND	M-20	10					00:20:26	00:42:18.80	00:42:23.15	+00:07:12 (17.0%)	4:13	14.2 (83.0%)
38	FĄFEREK Piotr	176	SSC SALLING GROUP/ TRIGYM	M-30	17	TRI GYM				00:20:22	00:42:37.30	00:42:42.25	+00:07:31 (17.6%)	4:15	14.1 (82.5%)
39	MALISZEWSKI Paweł	502		M-30	18					00:20:37	00:42:44.10	00:42:47.00	+00:07:36 (17.8%)	4:16	14 (81.9%)
40	NADKIERNICZNY Zbyszek	556	GRYFUS SZCZECIN	M-40	8					00:20:25	00:42:49.40	00:42:52.20	+00:07:41 (18.0%)	4:17	14 (81.9%)
41	NIEWIADOMSKI Filip	569	AC MILAN	M-16	3					00:20:31	00:42:54.40	00:42:58.55	+00:07:48 (18.2%)	4:17	14 (81.9%)
42	BURAS Radosław	86		M-30	19			Tak		00:20:31	00:43:01.65	00:43:01.65	+00:07:51 (18.3%)	4:18	13.9 (81.3%)
43	EWERT-KRZEMIENIEWSKI Stanisław	173		M-30	20					00:21:02	00:42:59.85	00:43:07.25	+00:07:56 (18.4%)	4:18	14 (81.9%)
44	OLEJNIK Przemek	582	NIEZRZESZONY	M-50	2					00:20:48	00:43:05.45	00:43:10.25	+00:07:59 (18.5%)	4:18	13.9 (81.3%)

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									Grupy	Azoty S.A.					
45	OLEJARZ Damian	578		M-30	21					00:20:29	00:43:06.55	00:43:10.60	+00:08:00 (18.5%)	4:18	13.9 (81.3%)
46	GULAK Konrad	240		M-20	11					00:21:43	00:43:01.45	00:43:12.80	+00:08:02 (18.6%)	4:18	13.9 (81.3%)
47	KACZMAREK Maciej	317	BROS TEAM	M-20	12					00:20:19	00:43:14.00	00:43:17.25	+00:08:06 (18.7%)	4:19	13.9 (81.3%)
48	MAJ Krzysztof	494	WIECZORNE BIEGANIE W SZCZECINIE	M-16	4					00:20:19	00:43:15.10	00:43:17.95	+00:08:07 (18.8%)	4:19	13.9 (81.3%)
49	SZABAŁOWSKA Małgorzata	763	MKL SZCZECINEK	K-20	1					00:20:57	00:43:22.70	00:43:26.65	+00:08:16 (19.0%)	4:20	13.8 (80.7%)
50	PELC Marek	613	12 BZ	M-30	22			Tak		00:20:45	00:43:25.50	00:43:26.95	+00:08:16 (19.1%)	4:20	13.8 (80.7%)
51	KRZEŚNIEWSKI Marcin	412	ROWEROWY ZAŁOM	M-40	9	TRI GYM				00:20:24	00:43:28.55	00:43:30.75	+00:08:20 (19.2%)	4:20	13.8 (80.7%)
52	WIERSZYCKI Jarosław	845	WIECZORNE BIEGANIE W SZCZECINIE	M-50	3	Wieczorne Bieganie w Szczecinie				00:20:40	00:43:32.25	00:43:34.70	+00:08:24 (19.3%)	4:21	13.8 (80.7%)
53	KAMIŃSKA Agata	322	PARKRUN SZCZECIN	K-30	1					00:20:58	00:43:50.45	00:43:53.35	+00:08:43 (19.9%)	4:23	13.7 (80.1%)
54	FILIPCZAK Tomasz	183		M-30	23				Tak	00:20:58	00:43:52.65	00:43:59.00	+00:08:48 (20.0%)	4:23	13.7 (80.1%)
55	ZALEWSKI Maciej	897		M-40	10					00:21:11	00:43:59.10	00:44:02.85	+00:08:52 (20.2%)	4:23	13.6 (79.5%)
56	ANDRUSZKIEWICZ Adrian	20	ADI RUNNER TEAM	M-16	5					00:20:44	00:44:01.40	00:44:04.00	+00:08:53 (20.2%)	4:24	13.6 (79.5%)
57	ZELEK Darek	904		M-40	11					00:20:53	00:44:12.15	00:44:13.30	+00:09:03 (20.5%)	4:25	13.6 (79.5%)
58	MIROWSKI Blazej	536	UKL OSEMKA POLICE	M-30	24					00:21:44	00:44:23.10	00:44:26.70	+00:09:16 (20.9%)	4:26	13.5 (78.9%)
59	WESOŁOWSKI Marcin	839		M-30	25					00:21:37	00:44:24.95	00:44:29.45	+00:09:19 (20.9%)	4:26	13.5 (78.9%)
60	ANDRUSZKIEWICZ Damian	19		M-16	6					00:20:12	00:44:32.60	00:44:33.85	+00:09:23 (21.1%)	4:27	13.5 (78.9%)
61	TOPOREK Przemysław	813		M-30	26					00:21:23	00:44:18.85	00:44:34.90	+00:09:24 (21.1%)	4:25	13.5 (78.9%)
62	SANETRA Dawid	699	UKL OSEMKA	M-30	27	UKL Ósemka Police				00:21:30	00:44:35.30	00:44:36.75	+00:09:26 (21.2%)	4:27	13.5 (78.9%)
63	MURAWSKA Wioletta	554		K-50	1					00:21:07	00:44:35.25	00:44:37.25	+00:09:26 (21.2%)	4:27	13.5 (78.9%)
64	CHODOROWSKI Szymon	101	MY PORTOWCY	M-30	28					00:20:48	00:44:44.85	00:44:47.95	+00:09:37 (21.5%)	4:28	13.4 (78.4%)
65	KWAŚNIEWSKI Bartosz	436		M-16	7					00:20:33	00:44:52.75	00:44:54.95	+00:09:44 (21.7%)	4:29	13.4 (78.4%)
66	HOŁOWEŃKO Marcin	262		M-40	12			Tak		00:21:30	00:44:58.90	00:45:02.60	+00:09:52 (21.9%)	4:29	13.3 (77.8%)
67	KIRIŁOW Piotr	341		M-30	29					00:21:33	00:45:02.35	00:45:07.95	+00:09:57 (22.1%)	4:30	13.3 (77.8%)
68	DĘBICKI Jakub	143		M-16	8					00:21:38	00:45:01.25	00:45:16.25	+00:10:05 (22.3%)	4:30	13.3 (77.8%)
69	JANCZURA Artur	923	BIEGAM BO LUBIE	M-40	13					00:21:16	00:45:18.45	00:45:20.75	+00:10:10 (22.4%)	4:31	13.2 (77.2%)
70	KUFEL Marcin	423	BREL II	M-40	14					00:22:00	00:45:21.85	00:45:25.40	+00:10:15 (22.6%)	4:32	13.2 (77.2%)
71	HOŁYŃSKI Leszek	263	KM PSP SZCZECIN	M-30	30			Tak		00:21:55	00:45:27.25	00:45:31.20	+00:10:20 (22.7%)	4:32	13.2 (77.2%)

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72	LIEBNER Patryk	462	TRIGYM	M-30	31					00:21:56	00:45:28.95	00:45:35.50	+00:10:25 (22.9%)	4:32	13.2 (77.2%)
73	DOBERSZTYN Błażej	145		M-40	15					00:21:27	00:45:31.45	00:45:35.95	+00:10:25 (22.9%)	4:33	13.2 (77.2%)
74	CZYŻ Adam	133		M-40	16					00:21:56	00:45:38.25	00:45:41.85	+00:10:31 (23.0%)	4:33	13.1 (76.6%)
75	ROBAK Dawid	932		M-30	32					00:21:28	00:45:33.45	00:45:45.40	+00:10:35 (23.1%)	4:33	13.2 (77.2%)
76	SOBCZAK-CZYNSZ Anna	927	FIZJOLINE SZCZECIN	K-30	2	POLICZANKI				00:21:48	00:45:44.15	00:45:45.85	+00:10:35 (23.1%)	4:34	13.1 (76.6%)
77	ŚPIEWAK Konrad	803		M-30	33					00:22:04	00:45:38.30	00:45:47.70	+00:10:37 (23.2%)	4:33	13.1 (76.6%)
78	KASPEROWICZ Dariusz	330	INCOM POLSKA SP. Z O.O.	M-40	17					00:21:51	00:45:59.35	00:46:04.40	+00:10:54 (23.7%)	4:35	13 (76.0%)
79	OLEJNICZAK Agnieszka	579	RAZ SZCZECIN	K-30	3	Biegające Śnieżynki				00:21:59	00:46:04.15	00:46:05.55	+00:10:55 (23.7%)	4:36	13 (76.0%)
80	ALEKSIEWICZ Adrian	18	WIECZORNE BIEGANIE W SZCZECINIE	M-40	18					00:21:52	00:46:08.50	00:46:13.85	+00:11:03 (23.9%)	4:36	13 (76.0%)
81	WOŁYNIEC Szymon	878	WIECZORNE BIEGANIE W SZCZECINIE	M-20	13					00:22:17	00:46:19.05	00:46:25.45	+00:11:15 (24.2%)	4:37	13 (76.0%)
82	BĘDKOWSKI Piotr	50		M-20	14	TRI GYM				00:21:45	00:46:20.80	00:46:25.60	+00:11:15 (24.2%)	4:38	12.9 (75.4%)
83	DOBERSZTYN Franek	146		M-16	9					00:21:27	00:46:24.30	00:46:29.05	+00:11:18 (24.3%)	4:38	12.9 (75.4%)
84	BABICZ Wojtek	27	BRIDGESTONE STARGARD RUNNERS	M-40	19					00:22:12	00:46:29.85	00:46:35.05	+00:11:24 (24.5%)	4:39	12.9 (75.4%)
85	HAWRYLAK Marcin	253	AMPIO TEAM	M-50	4	Bieg Korczaka				00:22:21	00:46:37.70	00:46:39.25	+00:11:28 (24.6%)	4:39	12.9 (75.4%)
86	BOJKO Marek	66		M-40	20					00:22:28	00:46:21.20	00:46:44.45	+00:11:34 (24.8%)	4:38	12.9 (75.4%)
87	PODZISZYŃSKI Sylwester	934	KWP SP SZCZECIN	M-40	21			Tak		00:22:18	00:46:41.25	00:46:45.60	+00:11:35 (24.8%)	4:40	12.9 (75.4%)
88	BALCERZAK Przemysław	32	UKL ÓSEMKA POLICE	M-30	34	UKL Ósemka Police			Tak	00:22:16	00:46:45.95	00:46:47.80	+00:11:37 (24.8%)	4:40	12.8 (74.9%)
89	MILANOWICZ Maciej	533	BRIDGESTONE STARGARD RUNNERS	M-30	35					00:22:54	00:46:43.30	00:46:50.05	+00:11:39 (24.9%)	4:40	12.8 (74.9%)
90	NAWROCKI Piotr	959		M-50	5	Bieg Korczaka				00:22:38	00:46:44.95	00:46:51.20	+00:11:40 (24.9%)	4:40	12.8 (74.9%)
91	BIELATKO Marcin	54	DRAWNO	M-30	36					00:22:30	00:46:52.20	00:46:57.70	+00:11:47 (25.1%)	4:41	12.8 (74.9%)
91	CHARĘZA Marcin	97	ZAWADZKIEGO SZCZECIN	M-30	36					00:22:45	00:46:40.65	00:46:57.70	+00:11:47 (25.1%)	4:40	12.9 (75.4%)
93	KĘDZIELEWSKI Łukasz	334	WIECZORNE BIEGANIE W SZCZECINIE	M-30	38					00:22:45	00:46:40.80	00:46:57.95	+00:11:47 (25.1%)	4:40	12.9 (75.4%)
94	ŁOŚ Jarosław	479	#RUSZ4LITERY	M-30	39					00:22:22	00:46:56.15	00:47:01.80	+00:11:51 (25.2%)	4:41	12.8 (74.9%)
95	JASINSKI Arkadiusz	290		M-40	22					00:22:16	00:47:00.25	00:47:03.65	+00:11:53 (25.3%)	4:42	12.8 (74.9%)
96	CENIUCH Magdalena	96	WIECZORNE BIEGANIE W SZCZECINIE	K-20	2	Wieczne Bieganie w Szczecinie				00:22:22	00:47:02.30	00:47:04.05	+00:11:53 (25.3%)	4:42	12.8 (74.9%)
97	PIOTROWSKA Marta	630		K-30	4					00:22:32	00:47:11.05	00:47:13.40	+00:12:03 (25.5%)	4:43	12.7 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.	5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
98	SROGA Maciej	738		M-30	40	TRI GYM			Tak	00:21:58	00:47:14.85	00:47:14.85	+00:12:04 (25.6%)	4:43	12.7 (74.3%)
99	DROŹDŹEWSKA Paulina	154	MKS HERMES GRYFINO	K-16	1					00:22:31	00:47:12.35	00:47:15.60	+00:12:05 (25.6%)	4:43	12.7 (74.3%)
100	WAHN Przemysław	828		M-30	41					00:22:46	00:46:51.15	00:47:19.15	+00:12:08 (25.7%)	4:41	12.8 (74.9%)
101	BERNACKI Mariusz	49	MODLITWA BIEGANIA GRYFINO	M-40	23					00:22:45	00:47:10.65	00:47:19.55	+00:12:09 (25.7%)	4:43	12.7 (74.3%)
102	KRYWALD Rafał	409	SKB.DZIK	M-40	24					00:22:29	00:47:19.95	00:47:24.00	+00:12:13 (25.8%)	4:44	12.7 (74.3%)
103	HETMAŃSKI Arek	257	LOVELASY	M-30	42				Tak	00:22:55	00:46:59.75	00:47:25.95	+00:12:15 (25.8%)	4:41	12.8 (74.9%)
104	PASIKOWSKI Kamil	960	SKB DZIK	M-20	15	SKB DZIK	Dydek			00:22:30	00:47:25.00	00:47:28.90	+00:12:18 (25.9%)	4:44	12.7 (74.3%)
105	WOLSKI Tomasz	877	WIECZORNE BIEGANIE W SZCZECINIE	M-40	25					00:22:54	00:47:26.60	00:47:32.40	+00:12:22 (26.0%)	4:44	12.6 (73.7%)
106	OLBRYCHOWSKA Paulina	577	WIECZORNE BIEGANIE W SZCZECINIE	K-30	5	Biegające Snieżynki				00:22:59	00:47:30.85	00:47:33.95	+00:12:23 (26.1%)	4:45	12.6 (73.7%)
107	DYDEK Edyta	961	SKB DZIK	K-20	3	SKB DZIK	Dydek			00:22:45	00:47:33.50	00:47:34.75	+00:12:24 (26.1%)	4:45	12.6 (73.7%)
108	JUDKIEWICZ Piotr	308		M-40	26					00:22:46	00:47:30.45	00:47:34.95	+00:12:24 (26.1%)	4:45	12.6 (73.7%)
109	MUCHA Piotr	12	FIZJOBIEGACZE SZCZECIN	M-40	27					00:23:02	00:47:28.60	00:47:35.05	+00:12:24 (26.1%)	4:44	12.6 (73.7%)
110	TOKARSKI Rafał	809	RAZ SZCZECIN	M-50	6					00:23:23	00:47:32.75	00:47:38.60	+00:12:28 (26.2%)	4:45	12.6 (73.7%)
111	MARKS Maciej	512	STOWARZYSZENIE DOŁUJE - KOŚCINO	M-40	28					00:22:36	00:47:35.10	00:47:39.85	+00:12:29 (26.2%)	4:45	12.6 (73.7%)
112	DRABARZ Michał	153	ZAWADZKIEGO SZCZECIN	M-40	29					00:23:02	00:47:31.70	00:47:42.45	+00:12:32 (26.3%)	4:45	12.6 (73.7%)
113	STODOLNY Paweł	750		M-30	43					00:23:20	00:47:33.90	00:47:43.80	+00:12:33 (26.3%)	4:45	12.6 (73.7%)
114	KOTOWSKA Iwona	375		K-30	6					00:23:40	00:47:46.25	00:47:46.25	+00:12:35 (26.4%)	4:46	12.6 (73.7%)
115	JASTRZEBSKI Daniel	294		M-40	30					00:23:14	00:47:47.90	00:47:53.70	+00:12:43 (26.6%)	4:46	12.6 (73.7%)
116	HOŁOWCZAK Krzysztof	261		M-30	44					00:23:01	00:47:54.45	00:48:05.20	+00:12:54 (26.9%)	4:47	12.5 (73.1%)
117	PIOTROWSKA Dorota	940		K-30	7					00:23:21	00:47:59.70	00:48:05.55	+00:12:55 (26.9%)	4:48	12.5 (73.1%)
118	CIELUCH Paulina	115	CHMIELEWSKI TEAM	K-20	4	POLICZANKI				00:23:13	00:48:04.70	00:48:06.75	+00:12:56 (26.9%)	4:48	12.5 (73.1%)
119	DZIEDZIC Michał	167	12 BZ	M-30	45				Tak	00:23:14	00:48:14.20	00:48:16.70	+00:13:06 (27.1%)	4:49	12.4 (72.5%)
120	KOTOWSKI Dominik	376	GRUPA AZOTY	M-30	46				Tak	00:23:42	00:48:23.55	00:48:23.55	+00:13:13 (27.3%)	4:50	12.4 (72.5%)
121	KACZMAREK Jan	319		M-60	1					00:23:14	00:48:17.00	00:48:26.10	+00:13:15 (27.4%)	4:49	12.4 (72.5%)
122	BUTRYN Krzysztof	13	AKTYWNE CHOSZCZNO	M-40	31				Tak	00:22:56	00:48:23.25	00:48:28.05	+00:13:17 (27.4%)	4:50	12.4 (72.5%)
123	KAMIŃSKI Sławomir	323	KMP ŚWINOUJŚCIE	M-30	47				Tak	00:23:19	00:48:11.55	00:48:35.70	+00:13:25 (27.6%)	4:49	12.5 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
124	WALTROWSKA Marta	830	RAZ SZCZECIN	K-30	8	Biegające Śnieżynki					00:23:39	00:48:40.65	00:48:45.10	+00:13:34 (27.9%)	4:52	12.3 (71.9%)
125	SOBCZAK Paweł	723	CHMIELEWSKI TEAM - BBL POLICE	M-30	48						00:23:40	00:48:46.00	00:48:46.00	+00:13:35 (27.9%)	4:52	12.3 (71.9%)
126	GIERASIMOWICZ Szymon	208	TOTALSPORT.PL	M-40	32						00:22:47	00:48:43.75	00:48:46.55	+00:13:36 (27.9%)	4:52	12.3 (71.9%)
127	STRAK Izabela	751	WIECZORNE BIEGANIE W SZCZECINIE	K-40	2	Wieczorne Bieganie w Szczecinie					00:23:42	00:48:43.15	00:48:49.50	+00:13:39 (28.0%)	4:52	12.3 (71.9%)
128	KOŹMIC Ryszard	388	SHELL DUŃSKA SZCZECIN	M-60	2						00:22:49	00:48:48.95	00:48:50.50	+00:13:40 (28.0%)	4:52	12.3 (71.9%)
129	KOWALCZYK Paweł	1	ELITARNY KLUB BIEGACZA - POWOLNI Z NADWAGĄ	M-30	49						00:23:22	00:48:43.10	00:48:51.40	+00:13:41 (28.0%)	4:52	12.3 (71.9%)
130	CHARLEJ Ireneusz	98	WIECZORNE BIEGANIE W SZCZECINIE	M-40	33			Tak			00:23:08	00:48:51.65	00:48:51.65	+00:13:41 (28.0%)	4:53	12.3 (71.9%)
131	OLEJNIK Wojciech	581		M-20	16						00:24:20	00:48:47.85	00:48:58.60	+00:13:48 (28.2%)	4:52	12.3 (71.9%)
132	ZAZULAK Andrzej	902		M-50	7			Tak			00:23:23	00:48:53.95	00:49:00.70	+00:13:50 (28.2%)	4:53	12.3 (71.9%)
133	JANOWICZ Mateusz	281		M-30	50						00:23:58	00:48:33.65	00:49:07.60	+00:13:57 (28.4%)	4:51	12.4 (72.5%)
134	KOZANECKA Iwona	384		K-60	1						00:24:29	00:49:09.25	00:49:09.25	+00:13:58 (28.4%)	4:54	12.2 (71.3%)
135	PIĄTEK Krystian	619	GRYFINO	M-30	51						00:24:11	00:48:54.85	00:49:09.55	+00:13:59 (28.5%)	4:53	12.3 (71.9%)
136	AUGUSTYNIAK Grzegorz	26		M-40	34						00:24:15	00:49:02.45	00:49:10.10	+00:13:59 (28.5%)	4:54	12.2 (71.3%)
137	MRÓZ Ola	549		K-40	3						00:23:39	00:49:00.10	00:49:11.00	+00:14:00 (28.5%)	4:54	12.2 (71.3%)
138	GRYGORCEWICZ Władysław	231	SKB DZIK POLICE	M-60	3	SKB DZIK			Tak		00:23:20	00:49:07.20	00:49:12.55	+00:14:02 (28.5%)	4:54	12.2 (71.3%)
139	PODOLAK Mirosław	640	KP PSP GRYFINO	M-40	35			Tak			00:23:57	00:49:08.05	00:49:14.10	+00:14:03 (28.6%)	4:54	12.2 (71.3%)
140	KUSTRĄ Paulina	434	BBL POLICE	K-30	9	BBL POLICE			Tak		00:23:50	00:49:15.50	00:49:15.50	+00:14:05 (28.6%)	4:55	12.2 (71.3%)
141	TRYCH Adrian	820	KM PSP SZCZECIN	M-40	36			Tak			00:23:13	00:49:23.50	00:49:25.55	+00:14:15 (28.8%)	4:56	12.1 (70.8%)
142	LEŚNIAK Dariusz	452		M-50	8						00:23:12	00:49:18.55	00:49:30.00	+00:14:19 (28.9%)	4:55	12.2 (71.3%)
143	MISZCZYSZYN Bartosz	539		M-30	52						00:24:27	00:48:57.15	00:49:36.55	+00:14:26 (29.1%)	4:53	12.3 (71.9%)
144	BYLEWSKI Piotr	90	AGENCJA REKLAMOWA BYLEWSKI	M-50	9						00:23:59	00:49:31.35	00:49:36.90	+00:14:26 (29.1%)	4:57	12.1 (70.8%)
145	STEFANIAK Piotr	744		M-30	53						00:23:59	00:49:26.05	00:49:37.05	+00:14:26 (29.1%)	4:56	12.1 (70.8%)
146	NIEWIADA Marek	568		M-30	54			Tak			00:24:18	00:49:25.65	00:49:37.50	+00:14:27 (29.1%)	4:56	12.1 (70.8%)
147	LENCEWICZ Grzegorz	449	HUSARIA RACE TEAM SZCZECIN	M-30	55						00:23:47	00:49:32.10	00:49:38.85	+00:14:28 (29.2%)	4:57	12.1 (70.8%)
148	GRYGIELEWICZ Leszek	230		M-50	10						00:23:46	00:49:34.50	00:49:39.45	+00:14:29 (29.2%)	4:57	12.1 (70.8%)
149	FRANKIEWICZ Grzegorz	189		M-30	56						00:24:27	00:49:19.20	00:49:41.35	+00:14:31 (29.2%)	4:55	12.2 (71.3%)
150	PIWOWARSKI Darek	632	WIECZORNE BIEGANIE W SZCZECINIE	M-40	37						00:24:41	00:49:16.20	00:49:42.55	+00:14:32 (29.2%)	4:55	12.2 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.			Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									5km	5km	5km					
151	FAŁOWSKI Bartek	175		M-16	10						00:24:12	00:49:30.85	00:49:43.95	+00:14:33 (29.3%)	4:57	12.1 (70.8%)
152	GAGOL Marek	205		M-30	57						00:24:30	00:49:27.70	00:49:46.35	+00:14:36 (29.3%)	4:56	12.1 (70.8%)
153	BANASIAK Andrzej	35		M-40	38						00:23:13	00:49:43.65	00:49:52.25	+00:14:41 (29.5%)	4:58	12.1 (70.8%)
154	KOMAN Michał	356		M-30	58						00:23:43	00:49:48.80	00:49:57.85	+00:14:47 (29.6%)	4:58	12 (70.2%)
155	SZYMAŃSKI Sławomir	790	SŁAWOMIR SZYMAŃSKI	M-30	59						00:25:02	00:49:36.45	00:50:01.10	+00:14:50 (29.7%)	4:57	12.1 (70.8%)
156	LEWICKI Piotr	457	WOLNY STRZELEC	M-30	60			Tak			00:23:14	00:50:00.60	00:50:01.75	+00:14:51 (29.7%)	5:00	12 (70.2%)
157	ZAJĄC Maciej	896		M-30	61						00:24:21	00:49:55.65	00:50:02.50	+00:14:52 (29.7%)	4:59	12 (70.2%)
158	PODPORSKA Izabela	642	WIECZORNE BIEGANIE W SZCZECINIE	K-40	4						00:24:15	00:49:56.00	00:50:02.95	+00:14:52 (29.7%)	4:59	12 (70.2%)
159	NAREJKO Paweł	560		M-20	17			Tak			00:23:53	00:50:03.40	00:50:08.25	+00:14:57 (29.8%)	5:00	12 (70.2%)
160	KOZŁOWSKI Krzysztof	386		M-30	62						00:24:54	00:49:59.70	00:50:08.85	+00:14:58 (29.9%)	4:59	12 (70.2%)
161	KOSMACZEWSKI Ryszard	371	JUDO TEAM SZCZECIN	M-30	63						00:23:38	00:50:02.90	00:50:11.80	+00:15:01 (29.9%)	5:00	12 (70.2%)
162	ZAWLIK Tomasz	901	POZYTYWNE ZAKRĘCENI	M-40	39						00:24:30	00:49:58.15	00:50:13.15	+00:15:02 (30.0%)	4:59	12 (70.2%)
163	PRAWDA Sebastian	650	WIECZORNE BIEGANIE W SZCZECINIE	M-40	40						00:25:39	00:49:47.90	00:50:16.50	+00:15:06 (30.0%)	4:58	12 (70.2%)
164	ŁAWNICZAK Sebastian	472		M-40	41				Tak		00:24:07	00:50:02.55	00:50:19.50	+00:15:09 (30.1%)	5:00	12 (70.2%)
165	BUDNY Wojciech	81		M-30	64						00:23:56	00:50:16.65	00:50:24.85	+00:15:14 (30.2%)	5:01	11.9 (69.6%)
166	TWÓR Sławomir	156	FIZJOBIEGACZE SZCZECIN	M-40	42			Tak			00:25:05	00:50:22.80	00:50:27.35	+00:15:17 (30.3%)	5:02	11.9 (69.6%)
167	SACHARSKI Bartłomiej	695	WIECZORNE BIEGANIE W SZCZECINIE	M-30	65						00:24:44	00:50:08.55	00:50:35.75	+00:15:25 (30.5%)	5:00	12 (70.2%)
168	KRÓLEWICZ Szymon	398		M-30	66						00:24:42	00:50:26.85	00:50:43.60	+00:15:33 (30.7%)	5:02	11.9 (69.6%)
169	DROŹDZIEL Magdalena	120	KB HERMES GRYFINO	K-30	10	KB Hermes Gryfino					00:24:52	00:50:34.85	00:50:44.00	+00:15:33 (30.7%)	5:03	11.9 (69.6%)
170	TROJGA Karolina	818	WIECZORNE BIEGANIE W SZCZECINIE	K-30	11						00:23:51	00:50:41.60	00:50:46.10	+00:15:35 (30.7%)	5:04	11.8 (69.0%)
171	WITORZĘĆ Dariusz	867		M-40	43						00:24:14	00:50:42.20	00:50:49.40	+00:15:39 (30.8%)	5:04	11.8 (69.0%)
172	ORŁOWSKI Paweł	590	1977	M-40	44						00:24:32	00:50:33.75	00:50:50.20	+00:15:39 (30.8%)	5:03	11.9 (69.6%)
173	JONASIK Joanna	304	PYRZYCE BIEGAJĄ	K-30	12						00:25:14	00:50:34.70	00:50:51.45	+00:15:41 (30.8%)	5:03	11.9 (69.6%)
173	JONASIK Tomasz	305		M-30	67			Tak			00:25:13	00:50:34.90	00:50:51.45	+00:15:41 (30.8%)	5:03	11.9 (69.6%)
175	SKRZYPIEC Andrzej	718	BIEGACZE ŚWINOUJŚCIE	M-60	4	Biegacze Świnoujście					00:25:52	00:50:37.25	00:50:59.10	+00:15:48 (31.0%)	5:03	11.8 (69.0%)
176	KACPERSKI Piotr	315		M-50	11						00:24:00	00:50:53.45	00:50:59.80	+00:15:49 (31.0%)	5:05	11.8 (69.0%)
177	PLUCINSKI Wojciech	636		M-40	45						00:25:27	00:50:53.35	00:51:01.85	+00:15:51 (31.1%)	5:05	11.8 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
178	KRZYWIEC Marcin	414		M-30	68						00:24:07	00:50:57.25	00:51:04.65	+00:15:54 (31.1%)	5:05	11.8 (69.0%)
179	SAŁAMAJ Piotr	698	JKB PODBÓRZ	M-50	12						00:24:39	00:50:43.85	00:51:07.45	+00:15:57 (31.2%)	5:04	11.8 (69.0%)
180	FILIPIAK Michał	185		M-40	46						00:24:45	00:51:00.55	00:51:09.90	+00:15:59 (31.3%)	5:06	11.8 (69.0%)
181	JARZYNA Ryszard	289	SZWLA STARGARD	M-40	47						00:23:18	00:51:07.95	00:51:09.95	+00:15:59 (31.3%)	5:06	11.7 (68.4%)
182	FELTYNOWSKA Asia	178		K-20	5						00:25:03	00:50:55.70	00:51:26.65	+00:16:16 (31.6%)	5:05	11.8 (69.0%)
183	KIBITLEWSKI Łukasz	336		M-30	69						00:25:03	00:51:25.55	00:51:28.45	+00:16:18 (31.7%)	5:08	11.7 (68.4%)
184	BAGIŃSKI Marcin	29		M-30	70						00:26:01	00:51:24.10	00:51:28.95	+00:16:18 (31.7%)	5:08	11.7 (68.4%)
185	MAŁOCHA Adam	507		M-16	11	Biegacze Świnoujście	Małocha				00:24:40	00:51:20.45	00:51:32.75	+00:16:22 (31.8%)	5:08	11.7 (68.4%)
186	ZAPOR Anna	899		K-40	5						00:24:59	00:51:20.05	00:51:35.20	+00:16:24 (31.8%)	5:08	11.7 (68.4%)
187	PIĘTKA Grzegorz	624	503071645	M-40	48						00:25:07	00:50:45.35	00:51:40.55	+00:16:30 (31.9%)	5:04	11.8 (69.0%)
188	FIRLIK Mirosław	187	KB KAMIEN POMORSKI	M-50	13						00:25:10	00:51:28.65	00:51:42.35	+00:16:32 (32.0%)	5:08	11.7 (68.4%)
189	ŁUKASIEWICZ Robert	481		M-40	49						00:25:25	00:51:28.80	00:51:44.75	+00:16:34 (32.0%)	5:08	11.7 (68.4%)
190	MADEJ Anna	490	UKL ÓSEMKA POLICE	K-30	13						00:25:03	00:51:42.45	00:51:46.60	+00:16:36 (32.1%)	5:10	11.6 (67.8%)
191	SZYMKIEWICZ Robert	796	TEAM GRYFICI	M-50	14						00:24:28	00:51:41.25	00:51:47.65	+00:16:37 (32.1%)	5:10	11.6 (67.8%)
192	JAROSŁAWSKA Sandra	288		K-20	6	Babcia i Wnuki	Wróżki i Bałwanki				00:25:21	00:51:49.85	00:51:49.85	+00:16:39 (32.1%)	5:10	11.6 (67.8%)
193	KOPKA Magdalena	366	12 BRYGADA ZMECHANIZOWANA	K-30	14				Tak		00:25:38	00:51:42.85	00:51:51.50	+00:16:41 (32.2%)	5:10	11.6 (67.8%)
194	WALCZAK Tadeusz	829		M-50	15						00:24:17	00:51:51.15	00:51:53.65	+00:16:43 (32.2%)	5:11	11.6 (67.8%)
195	SOWISZ Adrianna	736	SOWISZ TEAM	K-20	7		SOWISZ TEAM				00:24:57	00:51:37.90	00:51:54.35	+00:16:44 (32.2%)	5:09	11.6 (67.8%)
196	PAWŁASZEK Lech	611		M-30	71						00:25:29	00:51:59.35	00:52:07.95	+00:16:57 (32.5%)	5:11	11.5 (67.3%)
197	WILKOWSKI Tomasz	858	PYRZYCE BIEGAJĄ	M-30	72						00:26:09	00:51:43.05	00:52:12.60	+00:17:02 (32.6%)	5:10	11.6 (67.8%)
198	LEWANDOWSKA Anna	453		K-40	6						00:25:29	00:51:57.05	00:52:13.50	+00:17:03 (32.7%)	5:11	11.5 (67.3%)
199	FURMAŃSKI Marcin	192		M-30	73						00:24:35	00:52:15.80	00:52:19.85	+00:17:09 (32.8%)	5:13	11.5 (67.3%)
200	BANIAK Joanna	40	HIAB SPORT TEAM	K-20	8						00:25:48	00:52:05.20	00:52:20.50	+00:17:10 (32.8%)	5:12	11.5 (67.3%)
201	SOWISZ Cezary	737	SOWISZ TEAM	M-50	16		SOWISZ TEAM				00:25:42	00:52:03.95	00:52:21.15	+00:17:10 (32.8%)	5:12	11.5 (67.3%)
202	KORKUĆ Krzysztof	368		M-40	50						00:24:51	00:52:16.10	00:52:33.00	+00:17:22 (33.1%)	5:13	11.5 (67.3%)
203	STANKIEWICZ Krzysztof	741		M-40	51						00:24:51	00:52:16.40	00:52:33.05	+00:17:22 (33.1%)	5:13	11.5 (67.3%)
204	MAJ Patryk	492	HUSARIA RACE TEAM SZCZECIN	M-20	18						00:24:45	00:52:34.70	00:52:34.70	+00:17:24 (33.1%)	5:15	11.4 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
205	SKOCZYLAS Patryk	714	INCOM POLSKA SP. Z O.O.	M-20	19						00:25:39	00:51:57.70	00:52:35.40	+00:17:25 (33.1%)	5:11	11.5 (67.3%)
206	MLECZEK Roman	540	BABINEK BIEGA	M-40	52						00:25:53	00:52:23.70	00:52:37.90	+00:17:27 (33.2%)	5:14	11.5 (67.3%)
207	KARASIEWICZ Łukasz	327	GRUBASY RUN SZCZECIN	M-30	74						00:25:00	00:52:36.85	00:52:40.60	+00:17:30 (33.2%)	5:15	11.4 (66.7%)
208	KULON Aleksander	427	GRUBASY RUN SZCZECIN	M-20	20						00:25:00	00:52:36.85	00:52:40.70	+00:17:30 (33.2%)	5:15	11.4 (66.7%)
209	OLEŚKIEWICZ Michał	583		M-30	75						00:25:58	00:52:35.00	00:52:45.15	+00:17:34 (33.3%)	5:15	11.4 (66.7%)
210	JANCZURA Wioletta	277	BIEGAM BO LUBIE	K-40	7						00:25:21	00:52:44.55	00:52:47.35	+00:17:37 (33.4%)	5:16	11.4 (66.7%)
211	JESIONKA Jarek	301	STOWARZYSZENIE NASZA ŚWIERCZYNA	M-40	53						00:26:41	00:52:19.10	00:52:52.65	+00:17:42 (33.5%)	5:13	11.5 (67.3%)
212	PLISZKA Dariusz	635		M-20	21						00:26:26	00:52:28.60	00:52:53.25	+00:17:42 (33.5%)	5:14	11.4 (66.7%)
213	CIEŚLA Paweł	121		M-30	76			Tak			00:25:54	00:52:31.00	00:52:54.75	+00:17:44 (33.5%)	5:15	11.4 (66.7%)
214	TYMUL Jakub	823	#TYMTRITEAM	M-40	54						00:25:10	00:52:42.00	00:52:57.20	+00:17:46 (33.6%)	5:16	11.4 (66.7%)
215	MAŁOCHA Mariusz	506	DZIADY OCR	M-40	55	Biegacze Świnoujście	Małocha				00:25:36	00:52:50.30	00:53:02.25	+00:17:51 (33.7%)	5:17	11.4 (66.7%)
216		945									00:25:37	00:52:49.55	00:53:07.05	+00:17:56 (33.8%)	5:17	11.4 (66.7%)
217	FILIPIAK Przemysław	184		M-30	77						00:26:08	00:52:49.15	00:53:09.35	+00:17:59 (33.8%)	5:16	11.4 (66.7%)
218	ANIOŁA-KUSZ Dominik	22		M-40	56						00:25:38	00:52:33.90	00:53:10.50	+00:18:00 (33.9%)	5:15	11.4 (66.7%)
219	ZARZYCKI Piotr	900		M-50	17						00:25:38	00:53:00.15	00:53:11.10	+00:18:00 (33.9%)	5:18	11.3 (66.1%)
220	SZCZEPANIAK Izabela	767		K-20	9						00:25:41	00:53:03.50	00:53:11.20	+00:18:00 (33.9%)	5:18	11.3 (66.1%)
221	KRÓLAK Beata	397	SP 8 POLICE	K-50	2	POLICZANKI					00:25:23	00:53:11.55	00:53:14.70	+00:18:04 (33.9%)	5:19	11.3 (66.1%)
222	GWIAŹDZIŃSKI Jakub	949		M-30	78						00:25:49	00:52:55.05	00:53:20.00	+00:18:09 (34.1%)	5:17	11.3 (66.1%)
223	PASŁAWSKI Paweł	396		M-30	79						00:25:28	00:53:13.65	00:53:21.55	+00:18:11 (34.1%)	5:19	11.3 (66.1%)
224	KOWALCZYK Paweł	380	HOŻA TEAM	M-40	57						00:26:13	00:52:58.40	00:53:22.55	+00:18:12 (34.1%)	5:17	11.3 (66.1%)
225	SZAMOCKA Paulina	962	SSC SALLING GROUP	K-20	10	SSC Salling Group					00:26:07	00:53:15.75	00:53:25.55	+00:18:15 (34.2%)	5:19	11.3 (66.1%)
226	KOŁODZIEJCZAK Ania	355	WIECZORNE BIEGANIE W SZCZECINIE	K-16	2						00:25:40	00:53:05.10	00:53:25.70	+00:18:15 (34.2%)	5:18	11.3 (66.1%)
227	JANKOWSKA Edyta	279	STOWARZYSZENIE BLIŻEJ SIEBIE	K-40	8						00:26:12	00:53:12.85	00:53:28.25	+00:18:17 (34.2%)	5:19	11.3 (66.1%)
228	MURAWSKA Wioletta	555	SKB DZIK POLICE	K-50	3	Biegające Śnieżynki					00:25:31	00:53:26.75	00:53:29.30	+00:18:19 (34.2%)	5:20	11.2 (65.5%)
229	PRYMELSKI Jarosław	655		M-30	80						00:26:13	00:53:25.25	00:53:35.35	+00:18:25 (34.4%)	5:20	11.2 (65.5%)
230	CHOWAŃSKI Bartosz	105	CJS TŁUMACZENIA	M-40	58						00:25:43	00:53:30.65	00:53:38.10	+00:18:27 (34.4%)	5:21	11.2 (65.5%)
231	GÓRSKI Łukasz	225		M-20	22						00:25:43	00:53:09.30	00:53:38.35	+00:18:28 (34.4%)	5:18	11.3 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
232	MIKOŁAJUK Aneta	531		K-40	9					00:27:07	00:53:33.35	00:53:42.75	+00:18:32 (34.5%)	5:21	11.2 (65.5%)
233	DUDKA Robert	158		M-30	81					00:27:15	00:53:17.55	00:53:44.15	+00:18:33 (34.5%)	5:19	11.3 (66.1%)
234	WASZKIEWICZ Jakub	838		M-20	23					00:26:57	00:53:21.35	00:53:45.40	+00:18:35 (34.6%)	5:20	11.2 (65.5%)
235	SZUSTAK Robert	786	JAEGER POLSKA	M-40	59					00:26:17	00:53:36.00	00:53:47.55	+00:18:37 (34.6%)	5:21	11.2 (65.5%)
236	TUREK Agata	836		K-50	4					00:26:09	00:53:47.60	00:53:47.60	+00:18:37 (34.6%)	5:22	11.2 (65.5%)
237	KOCHAŃSKI Tomek	348		M-40	60					00:24:55	00:53:37.15	00:53:48.45	+00:18:38 (34.6%)	5:21	11.2 (65.5%)
238	BARTOSIŃSKI Piotr	44	TIME55	M-50	18					00:26:01	00:53:43.25	00:53:51.25	+00:18:40 (34.7%)	5:22	11.2 (65.5%)
239	ANTKIEWICZ Agnieszka	23		K-30	15	Biegające Śnieżynki				00:26:01	00:53:43.35	00:53:51.55	+00:18:41 (34.7%)	5:22	11.2 (65.5%)
240	KRACZOWSKI Mirosław	389		M-40	61					00:25:50	00:53:42.40	00:53:53.95	+00:18:43 (34.7%)	5:22	11.2 (65.5%)
241	DOMALEWSKA Teresa	150	KS UZNAM	K-60	2					00:26:05	00:53:42.45	00:53:54.20	+00:18:43 (34.8%)	5:22	11.2 (65.5%)
242	STĘPNIAK Lesław	749		M-40	62			Tak		00:25:40	00:53:44.45	00:53:55.90	+00:18:45 (34.8%)	5:22	11.2 (65.5%)
243	RAKOWSKI Piotr	665		M-50	19					00:25:49	00:53:37.25	00:53:56.50	+00:18:46 (34.8%)	5:21	11.2 (65.5%)
244	KOZAK Marta	383	ZDRUN EXTREME	K-30	16					00:26:24	00:53:45.30	00:53:59.75	+00:18:49 (34.9%)	5:22	11.2 (65.5%)
245	CHLEBOWSKI Hubert	99	RUNGRYF GRYFICE	M-30	82					00:26:49	00:53:49.60	00:53:59.95	+00:18:49 (34.9%)	5:22	11.1 (64.9%)
246	DYWELSKI Marcin	950	BRIDGESTONE STARGARD RUNNERS	M-30	83					00:25:28	00:53:27.00	00:54:00.65	+00:18:50 (34.9%)	5:20	11.2 (65.5%)
247	LEWIKOWSKA Patrycja	458	WIECZORNE BIEGANIE W SZCZECINIE	K-40	10					00:27:10	00:53:32.60	00:54:00.95	+00:18:50 (34.9%)	5:21	11.2 (65.5%)
248	BANAŚ Marcin	38	WIECZORNE BIEGANIE W SZCZECINIE	M-40	63					00:26:45	00:53:34.45	00:54:01.10	+00:18:50 (34.9%)	5:21	11.2 (65.5%)
249	WIELICZKO-SOLIŃSKA Anna	842		K-30	17					00:26:18	00:53:40.75	00:54:03.90	+00:18:53 (34.9%)	5:22	11.2 (65.5%)
250	WRZOCHOL Paweł	966	BRIDGESTONE STARGARD RUNNERS	M-30	84					00:25:55	00:53:59.65	00:54:05.15	+00:18:54 (35.0%)	5:24	11.1 (64.9%)
251	SYCHEL Magdalena	762		K-30	18					00:25:24	00:54:07.70	00:54:10.20	+00:18:59 (35.1%)	5:24	11.1 (64.9%)
252	DYKOWSKI Karol	163	WICHER WARSZEWÓ	M-30	85					00:26:55	00:53:50.35	00:54:10.65	+00:19:00 (35.1%)	5:23	11.1 (64.9%)
253	MISZCZAK Damian	538		M-30	86					00:27:55	00:54:09.80	00:54:18.00	+00:19:07 (35.2%)	5:25	11.1 (64.9%)
254	WIĄCEK Anna	840	KOBIECE BIEGANIE	K-40	11					00:26:10	00:54:11.60	00:54:22.15	+00:19:11 (35.3%)	5:25	11.1 (64.9%)
255	WOŹNIECKA Karolina	882	SEASIDE TEAM RUN KOŁOBRZEG	K-30	19					00:27:29	00:53:53.20	00:54:25.55	+00:19:15 (35.4%)	5:23	11.1 (64.9%)
256	MAŁOCHA Klaudyna	508		K-16	3	Biegacze Świnoujście	Małocha			00:26:10	00:54:12.55	00:54:25.65	+00:19:15 (35.4%)	5:25	11.1 (64.9%)
257	JAKUBOWSKI Marcin	275		M-30	87					00:26:44	00:54:19.30	00:54:34.15	+00:19:23 (35.5%)	5:26	11 (64.3%)
258	WOJTKOWIAK Rafał	873		M-40	64			Tak		00:25:57	00:54:14.55	00:54:35.95	+00:19:25 (35.6%)	5:25	11.1 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja	Klasyfikacja	Klasyfikacja	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
							Rodzinna	Mundurowa	IV M.P. Grupy Azoty S.A.						
259	KOZŁOWSKI Adam	387	WIECZORNE BIEGANIE W SZCZECINIE	M-40	65					00:25:28	00:54:21.40	00:54:38.65	+00:19:28 (35.6%)	5:26	11 (64.3%)
260	DYMNY Artur	165	SSC SALLING GROUP	M-30	88					00:25:46	00:54:29.35	00:54:39.50	+00:19:29 (35.7%)	5:26	11 (64.3%)
261	STRZYGA Mariusz	756	STARGARD.JA SIĘ NIE ŚCIGAM	M-40	66					00:27:24	00:54:15.90	00:54:42.55	+00:19:32 (35.7%)	5:25	11.1 (64.9%)
262	POPŁAWSKA Weronika	825		K-30	20					00:26:23	00:54:18.70	00:54:44.35	+00:19:34 (35.7%)	5:25	11 (64.3%)
263	ŁĄCZAK Justyna	443	ASSECO ACTIVE TEAM	K-40	12					00:25:58	00:54:38.95	00:54:44.85	+00:19:34 (35.8%)	5:27	11 (64.3%)
264	PEDA Leszek	612		M-60	5					00:26:48	00:54:39.45	00:54:46.90	+00:19:36 (35.8%)	5:27	11 (64.3%)
265	POCURAJ Anna	662		K-30	21					00:26:19	00:54:30.35	00:54:52.85	+00:19:42 (35.9%)	5:27	11 (64.3%)
266	TOMCZYK Ferdynand	812	MODLITWA BIEGANIA GRYFINO	M-50	20					00:27:17	00:54:18.40	00:54:53.15	+00:19:42 (35.9%)	5:25	11 (64.3%)
267	ZIELIŃSKA-MACIĄG Agnieszka	910		K-40	13					00:27:11	00:54:28.00	00:54:53.90	+00:19:43 (35.9%)	5:26	11 (64.3%)
268	SZYDŁOWSKA Alina	788		K-30	22					00:27:11	00:54:28.25	00:54:53.95	+00:19:43 (35.9%)	5:26	11 (64.3%)
269	REUTT Michał	672		M-30	89			Tak		00:26:56	00:54:18.40	00:54:54.20	+00:19:43 (35.9%)	5:25	11 (64.3%)
270	KULIG Krzysztof	426	MODLITWA BIEGANIA GRYFINO	M-40	67					00:27:18	00:54:22.80	00:54:56.35	+00:19:46 (36.0%)	5:26	11 (64.3%)
271	ZELEK Mariusz	903	MODLITWA BIEGANIA GRYFINO	M-40	68					00:27:18	00:54:22.65	00:54:56.40	+00:19:46 (36.0%)	5:26	11 (64.3%)
272	ZIELIŃSKI Kamil	911	SMT SZCZECIN	M-30	90			Tak		00:26:29	00:54:44.80	00:54:59.10	+00:19:48 (36.0%)	5:28	11 (64.3%)
273	JAŃCZAK Bożena	283	KLUB BIEGACZA KAMIEŃ POMORSKI	K-40	14					00:27:35	00:54:40.95	00:54:59.35	+00:19:49 (36.0%)	5:28	11 (64.3%)
274	ZIELIŃSKA Dominika	909	SMT SZCZECIN	K-30	23					00:26:30	00:54:46.10	00:54:59.45	+00:19:49 (36.0%)	5:28	11 (64.3%)
275	WOŹNIAK Piotr	881	WIECZORNE BIEGANIE W SZCZECINIE	M-30	91					00:26:56	00:54:30.40	00:55:05.10	+00:19:54 (36.2%)	5:27	11 (64.3%)
276	GUTOWSKI Tomasz	246	HAWAJSKIE REKINY	M-30	92					00:26:09	00:54:48.15	00:55:06.55	+00:19:56 (36.2%)	5:28	10.9 (63.7%)
277	WYGLĄDACZ Alicja	890	HAWAJSKIE REKINY/WIELGOWO NA BIEGOWO	K-40	15					00:26:09	00:54:48.35	00:55:06.65	+00:19:56 (36.2%)	5:28	10.9 (63.7%)
278	BOHONOS Adam	65		M-40	69					00:26:07	00:55:04.15	00:55:07.25	+00:19:56 (36.2%)	5:30	10.9 (63.7%)
279	SZWARC Ewa	787		K-30	24			Tak		00:26:35	00:54:47.60	00:55:07.40	+00:19:57 (36.2%)	5:28	10.9 (63.7%)
280	WYGLĄDACZ Arkadiusz	891	UKS 13 WIELGOWO	M-40	70					00:26:09	00:54:49.70	00:55:08.15	+00:19:57 (36.2%)	5:29	10.9 (63.7%)
281	GOŁĄBIEWSKI Jarek	216	BIEGACZE SWINOUJSCIE	M-50	21	Biegacze Świnoujście				00:27:02	00:54:56.95	00:55:17.95	+00:20:07 (36.4%)	5:29	10.9 (63.7%)
282	WOJTOWICZ Wiesław	874		M-40	71					00:26:12	00:55:12.75	00:55:19.90	+00:20:09 (36.4%)	5:31	10.9 (63.7%)
283	OLICHWER Rafał	584		M-20	24					00:27:12	00:55:06.15	00:55:23.80	+00:20:13 (36.5%)	5:30	10.9 (63.7%)
284	SZKUDLAREK Krzysztof	774		M-50	22					00:26:26	00:55:15.90	00:55:25.20	+00:20:14 (36.5%)	5:31	10.9 (63.7%)
285	GUTOWSKI Paweł	244	EMKA STARGARD	M-30	93					00:27:13	00:55:00.30	00:55:25.45	+00:20:15 (36.5%)	5:30	10.9 (63.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									5km	5km					
286	SAKOWSKA-CARŁO Magda	697	WIECZORNE BIEGANIE W SZCZECINIE	K-30	25					00:25:41	00:55:24.10	00:55:28.05	+00:20:17 (36.6%)	5:32	10.8 (63.2%)
287	RĘKORAJSKA Ewa	674		K-40	16					00:27:03	00:55:17.95	00:55:30.40	+00:20:20 (36.6%)	5:31	10.8 (63.2%)
288	WONDOŁOWSKI Stanisław	880	WIECZORNE BIEGANIE	M-60	6					00:26:34	00:55:27.30	00:55:30.70	+00:20:20 (36.6%)	5:32	10.8 (63.2%)
289	MAZUREK Grzegorz	522	GWIK	M-40	72	Babcia i Wnuki				00:27:31	00:55:20.80	00:55:37.55	+00:20:27 (36.8%)	5:32	10.8 (63.2%)
290	PRUSS Kasia	653	WKURW TEAM	K-40	17	Wkurw Team Szczecin				00:27:14	00:55:26.00	00:55:39.10	+00:20:28 (36.8%)	5:32	10.8 (63.2%)
290	KLABAN Szymon	342		M-40	73					00:26:43	00:55:11.80	00:55:39.10	+00:20:28 (36.8%)	5:31	10.9 (63.7%)
292	WÓJCIK Wojciech	885	WKURW_TEAM	M-30	94	Wkurw Team Szczecin				00:27:15	00:55:27.20	00:55:39.35	+00:20:29 (36.8%)	5:32	10.8 (63.2%)
292	ZIELIŃSKI Filip	912		M-30	94					00:27:48	00:55:07.70	00:55:39.35	+00:20:29 (36.8%)	5:30	10.9 (63.7%)
294	BANASZAK Marcin	37		M-30	96					00:27:45	00:55:13.45	00:55:39.80	+00:20:29 (36.8%)	5:31	10.9 (63.7%)
295	SOSNOWSKI Adrian	732		M-40	74					00:27:34	00:55:09.80	00:55:40.20	+00:20:29 (36.8%)	5:31	10.9 (63.7%)
296	JEMIELITY Julita	299		K-30	26					00:27:08	00:55:07.55	00:55:40.65	+00:20:30 (36.8%)	5:30	10.9 (63.7%)
297	KAMIONKA Andrzej	324	WIECZORNE BIEGANIE W SZCZECINIE	M-30	97					00:26:30	00:55:22.70	00:55:41.60	+00:20:31 (36.8%)	5:32	10.8 (63.2%)
298	GLUGLA Michał	951		M-30	98					00:27:44	00:55:16.75	00:55:42.75	+00:20:32 (36.9%)	5:31	10.9 (63.7%)
299	LIASKENKO Liliia	931	SSC SALLING GROUP/ TRIGYM	K-20	11	SSC Salling Group				00:26:36	00:55:23.90	00:55:43.15	+00:20:32 (36.9%)	5:32	10.8 (63.2%)
300	GOŁUBOWICZ Marzena	937		K-30	27					00:27:10	00:55:25.50	00:55:48.70	+00:20:38 (37.0%)	5:32	10.8 (63.2%)
301	GARBACIAK Łukasz	197		M-30	99					00:27:11	00:55:37.95	00:55:51.60	+00:20:41 (37.0%)	5:33	10.8 (63.2%)
302	STĘPNIAK Grzegorz	747	KLUB BIEGACZA KAMIEŃ POMORSKI	M-40	75					00:27:00	00:55:37.60	00:55:51.70	+00:20:41 (37.0%)	5:33	10.8 (63.2%)
303	CZYŻEWSKI Mateusz	136	WKURW_TEAM	M-30	100	Wkurw Team Szczecin				00:27:15	00:55:39.70	00:55:52.90	+00:20:42 (37.1%)	5:33	10.8 (63.2%)
304	CZYŻEWSKA Mirosława	134	WKURW_TEAM	K-30	28	Wkurw Team Szczecin				00:27:15	00:55:40.40	00:55:53.15	+00:20:42 (37.1%)	5:34	10.8 (63.2%)
305	BRATKO Przemysław	72		M-20	25					00:25:50	00:55:29.45	00:55:53.45	+00:20:43 (37.1%)	5:32	10.8 (63.2%)
306	DĄBROWSKA Paulina	138		K-20	12					00:27:08	00:55:38.05	00:55:53.60	+00:20:43 (37.1%)	5:33	10.8 (63.2%)
307	KAMIŃSKA Adriana	321	BBL POLICE	K-30	29	BBL POLICE				00:27:07	00:55:38.35	00:55:53.95	+00:20:43 (37.1%)	5:33	10.8 (63.2%)
308	JAWORCZYKOWSKI Paweł	298		M-30	101					00:27:44	00:55:30.10	00:56:02.35	+00:20:52 (37.2%)	5:33	10.8 (63.2%)
309	MACKIEWICZ Magdalena	487	DŁUGOBIEGANIE	K-40	18					00:27:07	00:55:55.55	00:56:04.95	+00:20:54 (37.3%)	5:35	10.7 (62.6%)
310	SAWARYN Damian	702		M-20	26					00:26:33	00:55:42.75	00:56:05.75	+00:20:55 (37.3%)	5:34	10.8 (63.2%)
311	SZULC Marcin	785		M-30	102					00:26:32	00:55:37.35	00:56:06.70	+00:20:56 (37.3%)	5:33	10.8 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km	Czas netto 10km	Czas brutto 10km	Tempo min/km	Tempo km/h	
									Grupy Azoty S.A.						Różn
312	BOBER Kamil	62	WKURW_TEAM SZCZECIN	M-30	103					00:27:53	00:55:55.10	00:56:07.25	+00:20:56 (37.3%)	5:35	10.7 (62.6%)
313	GÓRNIAK Dariusz	220		M-50	23					00:27:14	00:55:57.60	00:56:11.90	+00:21:01 (37.4%)	5:35	10.7 (62.6%)
314	GÓRNIAK Joanna	221		K-50	5					00:27:14	00:55:57.85	00:56:12.05	+00:21:01 (37.4%)	5:35	10.7 (62.6%)
315	RZEMIENIECKA-GRUDZIEN Joanna	691		K-30	30					00:27:21	00:55:52.60	00:56:12.90	+00:21:02 (37.4%)	5:35	10.7 (62.6%)
316	ŻYLUK Bożena	919	WIECZORNE BIEGANIE W SZCZECINIE	K-40	19					00:27:31	00:55:47.95	00:56:15.75	+00:21:05 (37.5%)	5:34	10.8 (63.2%)
317	PRUSZANOW Marcin	654	KB HERMES GRYFINO	M-40	76	KB Hermes Gryfino				00:28:07	00:55:36.90	00:56:16.60	+00:21:06 (37.5%)	5:33	10.8 (63.2%)
318	BARCZYK Krzysztof	9		M-40	77					00:27:30	00:55:25.30	00:56:23.15	+00:21:12 (37.6%)	5:32	10.8 (63.2%)
319	LASZKIEWICZ Waldemar	441		M-50	24				Tak	00:26:59	00:56:20.10	00:56:26.15	+00:21:15 (37.7%)	5:38	10.7 (62.6%)
320	CHMIELEWSKA Agnieszka	100	CHMIELEWSKI TEAM - BBL POLICE	K-40	20	POLICZANKI				00:27:06	00:56:26.45	00:56:28.65	+00:21:18 (37.7%)	5:38	10.6 (62.0%)
321	SZCZEPANIAK Iwona	768		K-30	31				Tak	00:27:40	00:56:05.65	00:56:28.80	+00:21:18 (37.7%)	5:36	10.7 (62.6%)
322	ROSZAK Weronika	682	CIUWERTEAM	K-20	13					00:27:31	00:56:06.80	00:56:30.15	+00:21:19 (37.8%)	5:36	10.7 (62.6%)
323	BUDNA Anna	80		K-20	14					00:26:29	00:56:29.90	00:56:37.35	+00:21:27 (37.9%)	5:39	10.6 (62.0%)
324	JAKUBOWSKI Jan	276	GRUPA SZCZECIN-BUKOWO	M-60	7					00:26:53	00:56:31.35	00:56:40.35	+00:21:30 (37.9%)	5:39	10.6 (62.0%)
325	SOWA Krzysztof	733		M-30	104					00:27:18	00:56:12.45	00:56:41.40	+00:21:31 (38.0%)	5:37	10.7 (62.6%)
326	SERDYŃSKI Adam	704		M-50	25					00:27:21	00:56:36.20	00:56:42.10	+00:21:31 (38.0%)	5:39	10.6 (62.0%)
327	SZCZYGIELSKI Radosław	772	DECATHLON SZCZECIN	M-30	105					00:27:28	00:56:34.75	00:56:44.00	+00:21:33 (38.0%)	5:39	10.6 (62.0%)
328	HANKE Patryk	252		M-20	27					00:27:27	00:56:33.90	00:56:44.05	+00:21:33 (38.0%)	5:39	10.6 (62.0%)
328	WILK Ania	855	DECATHLON SZCZECIN	K-20	15					00:27:28	00:56:33.90	00:56:44.05	+00:21:33 (38.0%)	5:39	10.6 (62.0%)
330	OSIŃSKI Albert	596		M-20	28					00:27:39	00:56:34.60	00:56:44.20	+00:21:33 (38.0%)	5:39	10.6 (62.0%)
331	KACALSKA Zuzanna	314	DECATHLON SZCZECIN	K-30	32					00:27:28	00:56:34.30	00:56:44.25	+00:21:33 (38.0%)	5:39	10.6 (62.0%)
332	SZMYD Kacper	779	V-KA CHAT POGOŃ SZCZECIN	M-30	106					00:27:08	00:56:12.75	00:56:46.65	+00:21:36 (38.1%)	5:37	10.7 (62.6%)
333	KOIS Ewa	349		K-30	33					00:27:50	00:56:14.80	00:56:47.25	+00:21:36 (38.1%)	5:37	10.7 (62.6%)
334	ŻARNICKI Kacper	915		M-20	29					00:28:25	00:56:25.75	00:56:55.00	+00:21:44 (38.2%)	5:38	10.6 (62.0%)
335	WIŚNIEWSKA Marta	862	WIECZORNE BIEGANIE W SZCZECINIE	K-40	21					00:27:43	00:56:36.40	00:56:55.75	+00:21:45 (38.2%)	5:39	10.6 (62.0%)
336	MECHLIŃSKI Radosław	525		M-30	107				Tak	00:28:16	00:56:17.50	00:56:59.90	+00:21:49 (38.3%)	5:37	10.7 (62.6%)
337	JAROSŁAWSKA Jowita	287		K-30	34	Babcia i Wnuki	Wróżki i Bałwanki			00:27:36	00:56:50.55	00:57:01.05	+00:21:50 (38.3%)	5:41	10.6 (62.0%)
338	ORŁOWSKI Bolesław	591		M-60	8					00:28:00	00:57:02.25	00:57:04.50	+00:21:54 (38.4%)	5:42	10.5 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
339	ANIELSKI Michał	21		M-30	108					00:27:47	00:56:25.40	00:57:05.05	+00:21:54 (38.4%)	5:38	10.6 (62.0%)
340	PERŻYŁO Krzysztof	616		M-20	30					00:26:47	00:56:58.30	00:57:09.85	+00:21:59 (38.5%)	5:41	10.5 (61.4%)
341	GUMOWSKI Daniel	243		M-40	78					00:27:10	00:56:51.30	00:57:10.85	+00:22:00 (38.5%)	5:41	10.6 (62.0%)
342	SZLARB Paweł	775	ISPL PAWEŁ SZLARB	M-50	26					00:27:06	00:56:53.20	00:57:11.10	+00:22:00 (38.5%)	5:41	10.5 (61.4%)
343	GULAK Paweł	239		M-30	109					00:27:26	00:57:11.70	00:57:11.70	+00:22:01 (38.5%)	5:43	10.5 (61.4%)
344	ŁABACZ Piotr	471		M-16	12					00:28:31	00:56:55.55	00:57:16.35	+00:22:06 (38.6%)	5:41	10.5 (61.4%)
345	MAJCHER Radek	495	PUSZCZA TEAM	M-40	79					00:28:11	00:57:16.95	00:57:16.95	+00:22:06 (38.6%)	5:43	10.5 (61.4%)
346	KOMOROWSKI Michał	360		M-30	110					00:27:12	00:56:46.45	00:57:18.00	+00:22:07 (38.6%)	5:40	10.6 (62.0%)
347	LIGOCKI Paweł	465	VATICAN FAMILY	M-20	31					00:26:46	00:57:12.15	00:57:18.20	+00:22:07 (38.6%)	5:43	10.5 (61.4%)
348	MAZUREK Izabela	521	WIECZORNE BIEGANIE W SZCZECINIE	K-20	16					00:28:29	00:56:51.80	00:57:18.55	+00:22:08 (38.6%)	5:41	10.6 (62.0%)
349	OLKOWICZ Marta	585		K-20	17					00:27:51	00:57:12.15	00:57:23.30	+00:22:13 (38.7%)	5:43	10.5 (61.4%)
350	CHROBOCIŃSKI Jan	108		M-20	32					00:28:42	00:56:58.80	00:57:26.15	+00:22:15 (38.8%)	5:41	10.5 (61.4%)
351	DEREŃ Grzegorz	142	21 BAZA LOTNICTWA TAKTYCZNEGO	M-40	80			Tak		00:27:57	00:57:19.60	00:57:27.30	+00:22:17 (38.8%)	5:44	10.5 (61.4%)
352	PAWLUŚ Tomasz	610	SSPS CHEMIK POLICE	M-30	111	Bieg Korczaka		Tak		00:26:51	00:57:09.00	00:57:28.25	+00:22:17 (38.8%)	5:42	10.5 (61.4%)
353	TRYCZYK Agnieszka	821	RAZ	K-30	35					00:28:09	00:57:15.50	00:57:28.75	+00:22:18 (38.8%)	5:43	10.5 (61.4%)
354	WÓJCIK Krzysztof	884	DABROWSKI TEAM	M-30	112					00:26:24	00:56:45.55	00:57:30.95	+00:22:20 (38.8%)	5:40	10.6 (62.0%)
355	RUDZEWICZ Mariusz	686		M-30	113					00:26:22	00:57:29.35	00:57:31.70	+00:22:21 (38.9%)	5:44	10.4 (60.8%)
356	SWOBODA Piotr	760	LOVELASY	M-30	114					00:26:55	00:57:31.35	00:57:32.05	+00:22:21 (38.9%)	5:45	10.4 (60.8%)
356	PLĄSEK Sylwester	634	LOVELASY	M-40	81			Tak		00:26:53	00:57:30.70	00:57:32.05	+00:22:21 (38.9%)	5:45	10.4 (60.8%)
358	KRASNODEBSKI Konrad	391	BBL POLICE	M-40	82	BBL POLICE				00:26:55	00:57:31.30	00:57:32.25	+00:22:21 (38.9%)	5:45	10.4 (60.8%)
359	CZERWIŃSKI Dariusz	132	LOVELASY	M-50	27					00:26:53	00:57:31.35	00:57:32.45	+00:22:22 (38.9%)	5:45	10.4 (60.8%)
360	MIEDZIŃSKI Łukasz	530		M-30	115			Tak		00:26:51	00:57:14.35	00:57:33.70	+00:22:23 (38.9%)	5:43	10.5 (61.4%)
361	MAĆKOWIAK Łukasz	488	WOPR STARGARD	M-30	116					00:27:13	00:57:09.70	00:57:34.80	+00:22:24 (38.9%)	5:42	10.5 (61.4%)
362	GOZDEK Norbert	218		M-20	33					00:28:19	00:57:26.95	00:57:37.70	+00:22:27 (39.0%)	5:44	10.4 (60.8%)
363	WINIARSKI Marcin	860		M-40	83			Tak		00:27:37	00:57:14.70	00:57:38.25	+00:22:27 (39.0%)	5:43	10.5 (61.4%)
364	PODOLAK Julia	641		K-16	4					00:27:59	00:57:16.35	00:57:38.55	+00:22:28 (39.0%)	5:43	10.5 (61.4%)
365	FRĄCKOWIAK Hanna	191	UKL ÓSEMKA POLICE	K-30	36					00:28:00	00:57:33.00	00:57:39.65	+00:22:29 (39.0%)	5:45	10.4 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
366	WIKLAK Natalia	850		K-20	18					00:28:43	00:57:13.20	00:57:40.60	+00:22:30 (39.0%)	5:43	10.5 (61.4%)
367	SZYSZKOWSKI Rafał	76		M-30	117					00:28:41	00:57:39.25	00:57:48.35	+00:22:38 (39.2%)	5:45	10.4 (60.8%)
368	KUFEL Krzysztof	422	PATOBIEGANIE	M-30	118					00:27:25	00:57:19.40	00:57:48.65	+00:22:38 (39.2%)	5:43	10.5 (61.4%)
369	RAKOCA Monika	663		K-30	37					00:28:00	00:57:17.50	00:57:50.25	+00:22:39 (39.2%)	5:43	10.5 (61.4%)
370	RAKOCA Piotr	664		M-30	119					00:28:01	00:57:17.30	00:57:50.65	+00:22:40 (39.2%)	5:43	10.5 (61.4%)
371	KOMOROWSKA Adrianna	359		K-40	22					00:28:12	00:57:33.60	00:57:52.00	+00:22:41 (39.2%)	5:45	10.4 (60.8%)
372	KOMOROWSKI Tomasz	361		M-40	84					00:28:12	00:57:33.20	00:57:52.10	+00:22:41 (39.2%)	5:45	10.4 (60.8%)
373	BIEGOŃSKI Tomasz	964		M-30	120					00:26:28	00:57:44.25	00:57:52.45	+00:22:42 (39.2%)	5:46	10.4 (60.8%)
374	POGORZELSKA Sylwia	644	WIECZORNE BIEGANIE W SZCZECINIE	K-30	38					00:28:14	00:57:39.45	00:57:54.60	+00:22:44 (39.3%)	5:45	10.4 (60.8%)
375	DENEKO Maciej	141	SPRINT LOGISTYKA POLSKA SP. ZO.O SP.K	M-40	85					00:28:45	00:57:24.65	00:57:56.80	+00:22:46 (39.3%)	5:44	10.5 (61.4%)
376	KACZMAREK Kazimierz	318	BROS TEAM	M-50	28					00:27:35	00:57:38.70	00:58:01.75	+00:22:51 (39.4%)	5:45	10.4 (60.8%)
377	MIASKOWSKA-MAGADZIA Katarzyna	526		K-40	23					00:28:01	00:57:47.65	00:58:02.85	+00:22:52 (39.4%)	5:46	10.4 (60.8%)
378	KOSAKOWSK Izabela	369	WIECZORNE BIEGANIE W SZCZECINIE	K-30	39					00:28:34	00:57:33.40	00:58:03.75	+00:22:53 (39.4%)	5:45	10.4 (60.8%)
379	WARYCH Bogumił	835		M-60	9					00:29:39	00:57:40.80	00:58:05.05	+00:22:54 (39.4%)	5:46	10.4 (60.8%)
380	CHWIEJ Marcin	111	BIEGACZE ŚWINOUJŚCIE	M-30	121	Biegacze Świnoujście				00:29:40	00:57:44.45	00:58:05.25	+00:22:54 (39.5%)	5:46	10.4 (60.8%)
381	STRZELEC Tomasz	755	KB HERMES GRZYFINO	M-40	86	KB Hermes Gryfino				00:29:20	00:57:25.10	00:58:05.35	+00:22:55 (39.5%)	5:44	10.4 (60.8%)
382	GOZDYRA Darek	219	RAZ SZCZECIN	M-40	87					00:29:03	00:57:26.05	00:58:08.20	+00:22:57 (39.5%)	5:44	10.4 (60.8%)
383	RYBICKA Eliza	548		K-20	19					00:28:15	00:57:35.15	00:58:08.50	+00:22:58 (39.5%)	5:45	10.4 (60.8%)
384	GOŁUBOWICZ Daniel	938		M-30	122					00:27:10	00:57:46.95	00:58:10.40	+00:23:00 (39.5%)	5:46	10.4 (60.8%)
385	BĄCIK Aneta	46		K-40	24					00:28:20	00:57:51.70	00:58:14.65	+00:23:04 (39.6%)	5:47	10.4 (60.8%)
386	ZACHEŃKA Żaneta	894	CHMIELEWSKI TEAM - BBL POLICE	K-30	40	POLICZANKI				00:27:54	00:58:18.10	00:58:20.40	+00:23:10 (39.7%)	5:49	10.3 (60.2%)
387	WOŁYŃSKI Dominik	879		M-30	123				Tak	00:30:18	00:57:50.15	00:58:24.40	+00:23:14 (39.8%)	5:47	10.4 (60.8%)
388	ŻURAWSKI Michał	918		M-40	88					00:28:35	00:57:41.00	00:58:25.05	+00:23:14 (39.8%)	5:46	10.4 (60.8%)
389	MATUL Hanna	516	KALMAR RUNNERS	K-30	41					00:27:55	00:58:09.65	00:58:27.30	+00:23:17 (39.8%)	5:49	10.3 (60.2%)
390	SZYMAŃSKI Michał	793	BIEG PO BROWAR	M-30	124					00:29:51	00:58:30.35	00:58:30.35	+00:23:20 (39.9%)	5:51	10.3 (60.2%)
391	ROSZAK Krystyna	683	GRYFUS SZCZECIN	K-50	6					00:27:57	00:58:07.90	00:58:34.40	+00:23:24 (40.0%)	5:48	10.3 (60.2%)
392	TROJANOWSKA-BARAN Aleksandra	817		K-20	20				Tak	00:29:06	00:58:07.55	00:58:36.20	+00:23:25 (40.0%)	5:48	10.3 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
393	BUREK Andrzej	87	K.S.P IM.ŚW.RODZINY-SZCZECIN	M-60	10					00:29:13	00:58:11.90	00:58:39.50	+00:23:29 (40.0%)	5:49	10.3 (60.2%)
394	CHYBOWSKI Jarosław	113		M-40	89					00:28:53	00:58:27.65	00:58:41.45	+00:23:31 (40.1%)	5:50	10.3 (60.2%)
394	SZOTA Robert	783	SMT SZCZECIN	M-30	125					00:30:25	00:58:17.00	00:58:41.45	+00:23:31 (40.1%)	5:49	10.3 (60.2%)
396	SKRZYPULEC Agnieszka	719	POL11	K-30	42					00:30:25	00:58:17.15	00:58:41.50	+00:23:31 (40.1%)	5:49	10.3 (60.2%)
397	KASPRZAK Marek	332		M-50	29					00:29:06	00:58:20.80	00:58:46.45	+00:23:36 (40.2%)	5:50	10.3 (60.2%)
398	BIELINOWICZ Bartosz	55		M-40	90			Tak		00:27:35	00:58:29.85	00:58:51.75	+00:23:41 (40.2%)	5:51	10.3 (60.2%)
399	JUDEK Krzysztof	307		M-60	11					00:28:42	00:58:27.90	00:58:52.30	+00:23:42 (40.3%)	5:50	10.3 (60.2%)
400	WOJTAŚ Agnieszka	872		K-40	25					00:28:16	00:58:27.65	00:58:52.60	+00:23:42 (40.3%)	5:50	10.3 (60.2%)
400	WILKLISZ Wojcicha	857		M-40	91					00:28:15	00:58:27.15	00:58:52.60	+00:23:42 (40.3%)	5:50	10.3 (60.2%)
402	MAJ Anna	493	WIECZORNE BIEGANIE W SZCZECINIE	K-40	26					00:28:25	00:58:42.15	00:59:02.95	+00:23:52 (40.4%)	5:52	10.2 (59.6%)
403	DOMAGALSKI Sławomir	149	SKB DZIK	M-40	92	SKB DZIK				00:29:06	00:58:38.00	00:59:10.00	+00:23:59 (40.6%)	5:51	10.2 (59.6%)
404	KOWALCZYK Mirosława	377		K-50	7					00:28:30	00:58:57.60	00:59:10.05	+00:23:59 (40.6%)	5:53	10.2 (59.6%)
405	REKOWSKA Danuta	671		K-50	8					00:28:02	00:59:11.15	00:59:14.45	+00:24:04 (40.6%)	5:55	10.1 (59.1%)
406	KOZICKI Zbigniew	385	PARKRUN GRUDZIADZ	M-50	30					00:28:31	00:59:06.30	00:59:17.85	+00:24:07 (40.7%)	5:54	10.2 (59.6%)
407	POSZUMSKA Gabriela	648		K-20	21					00:28:46	00:58:54.95	00:59:21.25	+00:24:10 (40.7%)	5:53	10.2 (59.6%)
408	GRALAK Justyna	226		K-30	43			Tak		00:28:24	00:59:22.45	00:59:22.45	+00:24:12 (40.8%)	5:56	10.1 (59.1%)
409	REINHOLZ Elżbieta	669		K-40	27					00:29:16	00:59:22.70	00:59:22.70	+00:24:12 (40.8%)	5:56	10.1 (59.1%)
410	KRZEMIONKA Daniel	411	12BZ	M-40	93			Tak	Tak	00:28:13	00:59:13.50	00:59:24.75	+00:24:14 (40.8%)	5:55	10.1 (59.1%)
411	BORKOWSKA Alicja	68		K-40	28					00:28:44	00:59:23.15	00:59:25.60	+00:24:15 (40.8%)	5:56	10.1 (59.1%)
412	SKARŻYŃSKA Anna	713		K-20	22					00:28:28	00:59:18.25	00:59:26.00	+00:24:15 (40.8%)	5:55	10.1 (59.1%)
413	KRUCZKOWSKA Malwina	400	KRUCZKI	K-20	23					00:29:00	00:59:12.05	00:59:28.50	+00:24:18 (40.9%)	5:55	10.1 (59.1%)
414	KRUCZKOWSKA Agnieszka	401	KRUCZKI	K-40	29					00:29:00	00:59:12.30	00:59:28.65	+00:24:18 (40.9%)	5:55	10.1 (59.1%)
415	ŻURAWSKA Krystyna	917	BBL POLICE	K-20	24	BBL POLICE				00:28:57	00:59:17.05	00:59:33.20	+00:24:22 (40.9%)	5:55	10.1 (59.1%)
416	KRUPA Roksana	403		K-20	25					00:27:59	00:59:28.85	00:59:33.60	+00:24:23 (40.9%)	5:56	10.1 (59.1%)
417	KONOPACKA Paulina	936		K-30	44					00:27:59	00:59:29.05	00:59:33.90	+00:24:23 (41.0%)	5:56	10.1 (59.1%)
418	LISICKI Jan	468	SZCZECIN	M-60	12					00:29:25	00:59:24.75	00:59:37.40	+00:24:27 (41.0%)	5:56	10.1 (59.1%)
419	CZACZYK Katarzyna	127		K-30	45					00:28:41	00:59:08.85	00:59:38.45	+00:24:28 (41.0%)	5:54	10.1 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.		Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h	
									Grupy	Azoty S.A.						
420	SMOLSKA Barbara	722		K-40	30						00:29:21	00:59:03.70	00:59:38.75	+00:24:28 (41.0%)	5:54	10.2 (59.6%)
421	KUKUROWSKA Sylwia	425	BBL POLICE	K-40	31	BBL POLICE					00:28:57	00:59:22.40	00:59:38.90	+00:24:28 (41.0%)	5:56	10.1 (59.1%)
422	PUPEK Małgorzata	657		K-30	46						00:28:29	00:59:04.85	00:59:40.85	+00:24:30 (41.1%)	5:54	10.2 (59.6%)
423	ŁEBKOWSKI Karol	476		M-30	126						00:28:30	00:59:05.25	00:59:41.05	+00:24:30 (41.1%)	5:54	10.2 (59.6%)
424	NAKLICKI Marcin	558		M-30	127						00:30:06	00:59:09.75	00:59:43.95	+00:24:33 (41.1%)	5:54	10.1 (59.1%)
425	ROSZATYCKI Cezary	684		M-30	128						00:28:16	00:59:27.40	00:59:45.75	+00:24:35 (41.1%)	5:56	10.1 (59.1%)
426	ROSZATYCKI Łukasz	685	WIECZORNE BIEGANIE	M-30	129						00:28:16	00:59:27.75	00:59:45.85	+00:24:35 (41.1%)	5:56	10.1 (59.1%)
427	BURGHARDT Renata	88	KB HERMES GRYFINO	K-40	32	KB Hermes Gryfino					00:29:16	00:59:06.25	00:59:46.50	+00:24:36 (41.2%)	5:54	10.2 (59.6%)
428	RUMOWSKI Tomasz	687	WIECZORNE BIEGANIE SZCZECIN	M-40	94						00:28:26	00:59:43.50	00:59:46.55	+00:24:36 (41.2%)	5:58	10 (58.5%)
429	DRYJAŃSKI Robert	155	KB HERMES GRYFINO	M-40	95	KB Hermes Gryfino					00:29:16	00:59:06.15	00:59:46.65	+00:24:36 (41.2%)	5:54	10.2 (59.6%)
430	ZEMANKIEWICZ Łukasz	907	KANAL 6AM	M-30	130						00:27:52	00:59:39.45	00:59:47.15	+00:24:36 (41.2%)	5:58	10.1 (59.1%)
431	CZECHOWICZ Michał	130		M-30	131						00:28:35	00:59:38.05	00:59:47.70	+00:24:37 (41.2%)	5:57	10.1 (59.1%)
432	DUDZIK Tomek	160		M-30	132						00:28:35	00:59:38.80	00:59:47.85	+00:24:37 (41.2%)	5:57	10.1 (59.1%)
433	SARZYŃSKA Luiza	700		K-30	47						00:29:00	00:59:32.85	00:59:48.25	+00:24:37 (41.2%)	5:57	10.1 (59.1%)
434	KOSIŃSKA Agnieszka	370		K-40	33						00:28:14	00:59:34.60	00:59:50.45	+00:24:40 (41.2%)	5:57	10.1 (59.1%)
435	JARCZEWSKI Damian	284		M-30	133						00:28:35	00:59:38.40	00:59:54.15	+00:24:43 (41.3%)	5:57	10.1 (59.1%)
436	BŁAZIAK Sebastian	59		M-30	134						00:30:48	00:59:38.35	01:00:06.80	+00:24:56 (41.5%)	5:57	10.1 (59.1%)
437	SZYMCZAK Marcin	794	WKURW_TEAM	M-40	96						00:28:01	00:59:53.50	01:00:06.85	+00:24:56 (41.5%)	5:59	10 (58.5%)
438	KOLSKA Lena	351	#WKURW_TEAM SZCZECIN	K-30	48	Wkurw Team Szczecin					00:28:04	00:59:55.25	01:00:07.20	+00:24:56 (41.5%)	5:59	10 (58.5%)
439	PIGŁA Monika	625		K-40	34						00:29:06	00:59:46.75	01:00:09.00	+00:24:58 (41.5%)	5:58	10 (58.5%)
439	MORAWIECKA Magdalena	546		K-20	26						00:28:34	01:00:01.65	01:00:09.00	+00:24:58 (41.5%)	6:00	10 (58.5%)
441	SZOSTAK Daniel	782		M-40	97						00:27:54	01:00:01.15	01:00:09.15	+00:24:58 (41.5%)	6:00	10 (58.5%)
442	ZELMACHOWICZ Aleksandra	906		K-30	49						00:28:53	00:59:42.15	01:00:10.05	+00:24:59 (41.5%)	5:58	10 (58.5%)
443	BRENDA Grzegorz	73		M-20	34	Babcia i Wnuki	Wróżki i Bałwanki				00:29:09	00:59:55.85	01:00:10.30	+00:25:00 (41.5%)	5:59	10 (58.5%)
444	MAGADZIA Marek	491		M-30	135						00:28:34	00:59:55.05	01:00:10.65	+00:25:00 (41.6%)	5:59	10 (58.5%)
445	DZIEMIANKO Ilona	168		K-20	27						00:30:41	00:59:38.45	01:00:18.35	+00:25:08 (41.7%)	5:57	10.1 (59.1%)
446	NIZIOŁ Renata	571		K-30	50						00:30:41	00:59:39.35	01:00:18.65	+00:25:08 (41.7%)	5:57	10.1 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
447	WILINSKI Marek	853	KB SPRINT SWIDWIN	M-50	31						00:30:40	00:59:39.80	01:00:18.85	+00:25:08 (41.7%)	5:57	10.1 (59.1%)
448	GUTOWSKI Sebastian	245	K.B. SPRINT ŚWIDWIN	M-40	98			Tak			00:30:41	00:59:40.40	01:00:18.90	+00:25:08 (41.7%)	5:58	10.1 (59.1%)
449	SZABLEWSKA Katarzyna	764		K-20	28						00:30:41	00:59:40.45	01:00:19.40	+00:25:09 (41.7%)	5:58	10.1 (59.1%)
450	REJNIAK Wojciech	670	SSC SALLING GROUP.	M-30	136	SSC Salling Group					00:29:41	00:59:55.50	01:00:20.15	+00:25:09 (41.7%)	5:59	10 (58.5%)
451	CZYŻEWSKI Łukasz	135		M-30	137						00:27:56	00:59:54.10	01:00:22.80	+00:25:12 (41.7%)	5:59	10 (58.5%)
452	SZYMAŃSKI Wojciech	792		M-30	138						00:30:17	00:59:45.40	01:00:23.10	+00:25:12 (41.8%)	5:58	10 (58.5%)
453	SZMYT Mariusz	780		M-40	99						00:30:20	00:59:45.40	01:00:23.30	+00:25:13 (41.8%)	5:58	10 (58.5%)
454	WOJSZCZYK Michał	870	BRIDGESTONE STRAGARD RUNNERS	M-30	139						00:30:19	00:59:45.65	01:00:23.45	+00:25:13 (41.8%)	5:58	10 (58.5%)
455	SZYŁOWICZ Daniel	603		M-40	100						00:27:00	01:00:09.60	01:00:24.15	+00:25:13 (41.8%)	6:01	10 (58.5%)
456	RAJCHEL Marcin	661		M-30	140						00:28:46	00:59:56.40	01:00:25.60	+00:25:15 (41.8%)	5:59	10 (58.5%)
457	NADOBNA Kamila	557	STARGARD JA SIĘ NIE ŚCIGAM	K-30	51						00:28:47	01:00:11.00	01:00:32.25	+00:25:21 (41.9%)	6:01	10 (58.5%)
458	URBAŃSKA-IZYDORCZYK Kinga	826	STARGARD JA SIĘ NIE ŚCIGAM	K-30	52						00:28:48	01:00:11.70	01:00:32.40	+00:25:22 (41.9%)	6:01	10 (58.5%)
459	DOBIECKA Joanna	147	STARGARD JA SIĘ NIE ŚCIGAM	K-30	53						00:28:48	01:00:12.25	01:00:32.45	+00:25:22 (41.9%)	6:01	10 (58.5%)
460	KONEFAŁ Piotr	362	GRUPA BANKIETOWA	M-30	141						00:32:58	01:00:03.70	01:00:45.05	+00:25:34 (42.1%)	6:00	10 (58.5%)
461	SZCZYGIELSKI Paweł	771	BENEPOL	M-30	142						00:29:16	01:00:17.15	01:00:45.90	+00:25:35 (42.1%)	6:01	10 (58.5%)
462	KOCHAŃSKA Magdalena	347		K-40	35						00:29:43	01:00:40.60	01:00:52.15	+00:25:41 (42.2%)	6:04	9.9 (57.9%)
463	BANUCHA Agata	41		K-50	9	Bieg Korczaka					00:30:12	01:00:14.95	01:00:54.15	+00:25:43 (42.2%)	6:01	10 (58.5%)
464	ŚWITALSKA Edyta	806	ZACHODNIOPOMORSKIE CENTRUM TRENINGU PERSONALNEGO	K-40	36						00:29:09	01:00:40.05	01:00:55.05	+00:25:44 (42.3%)	6:04	9.9 (57.9%)
465	MILEWSKI Adrian	534	DECATHLON SZCZECIN	M-30	143						00:28:11	01:00:33.60	01:00:56.30	+00:25:46 (42.3%)	6:03	9.9 (57.9%)
466	JAŚKIEWICZ Katarzyna	297		K-40	37						00:29:13	01:00:49.30	01:01:06.80	+00:25:56 (42.4%)	6:04	9.9 (57.9%)
467	WOLNY Wojciech	876	GWIEZDNI WOLNI	M-50	32						00:29:26	01:00:54.35	01:01:08.30	+00:25:58 (42.5%)	6:05	9.8 (57.3%)
468	CHUDZIK Anna	110		K-40	38						00:29:15	01:00:43.20	01:01:11.55	+00:26:01 (42.5%)	6:04	9.9 (57.9%)
469	JURYS Elżbieta	311		K-50	10	Bieg Korczaka					00:30:18	01:00:35.50	01:01:14.90	+00:26:04 (42.6%)	6:03	9.9 (57.9%)
470	PENTEŁA Mariusz	614	MORE GROUP TEAM	M-40	101						00:29:09	01:01:01.50	01:01:16.00	+00:26:05 (42.6%)	6:06	9.8 (57.3%)
471	PIOTROWSKA Aleksandra	629		K-30	54						00:29:19	01:01:04.40	01:01:19.45	+00:26:09 (42.6%)	6:06	9.8 (57.3%)
472	BULASIŃSKA Irena	85		K-50	11						00:29:36	01:01:08.10	01:01:28.40	+00:26:18 (42.8%)	6:06	9.8 (57.3%)
473	JAKUBOWSKA Patrycja	272		K-20	29						00:29:27	01:00:55.80	01:01:28.90	+00:26:18 (42.8%)	6:05	9.8 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
474	GROBELNA Małgorzata	228		K-20	30					00:29:28	01:01:00.15	01:01:33.10	+00:26:22 (42.9%)	6:06	9.8 (57.3%)
475	LEBIODA Jolanta	444	WIECZORNE BIEGANIE W SZCZECINIE	K-40	39					00:29:47	01:01:28.15	01:01:42.15	+00:26:31 (43.0%)	6:08	9.8 (57.3%)
475	LEBIODA Krzysztof	445	WIECZORNE BIEGANIE W SZCZECINIE	M-40	102					00:29:47	01:01:28.65	01:01:42.15	+00:26:31 (43.0%)	6:08	9.8 (57.3%)
477	SZEKIETA Arkadiusz	773	RUNGRYF GRYFICE	M-50	33					00:29:57	01:01:37.60	01:01:44.55	+00:26:34 (43.0%)	6:09	9.7 (56.7%)
478	JUSINSKA Anna	312		K-40	40			Tak		00:30:47	01:01:07.80	01:01:46.00	+00:26:35 (43.1%)	6:06	9.8 (57.3%)
479	MAZUR Łukasz	520		M-30	144					00:31:29	01:01:28.60	01:01:57.20	+00:26:46 (43.2%)	6:08	9.8 (57.3%)
480	WRÓBLEWSKA Anna	889	KLUB BIEGACZA KAMIEŃ POMORSKI	K-30	55					00:31:29	01:01:29.60	01:01:58.05	+00:26:47 (43.2%)	6:09	9.8 (57.3%)
481	BALCERZAK Aleksandra	34	UKL ÓSEMKA	K-30	56				Tak	00:28:52	01:01:51.75	01:01:58.10	+00:26:47 (43.2%)	6:11	9.7 (56.7%)
482	PIASECKI Krzysztof	618		M-30	145					00:30:54	01:01:28.55	01:01:59.20	+00:26:48 (43.3%)	6:08	9.8 (57.3%)
483	SZYMAŃSKI Marek	791	KB KAMIEŃ POMORSKI	M-30	146					00:29:45	01:01:41.35	01:02:00.75	+00:26:50 (43.3%)	6:10	9.7 (56.7%)
484	JAREMA Jacek	285	KLUB BIEGACZA KAMIEŃ POMORSKI	M-40	103					00:29:44	01:01:40.85	01:02:00.95	+00:26:50 (43.3%)	6:10	9.7 (56.7%)
485	CIEMNA Regina	117		K-60	3					00:30:21	01:01:29.80	01:02:02.45	+00:26:52 (43.3%)	6:09	9.8 (57.3%)
486	LEONOWICZ Martyna	451	TRIGYM	K-20	31					00:29:45	01:01:38.30	01:02:03.65	+00:26:53 (43.3%)	6:09	9.7 (56.7%)
487	KRAWCZYK Paweł	392	TRIGYM SZCZECIN	M-20	35					00:29:45	01:01:38.55	01:02:03.80	+00:26:53 (43.3%)	6:09	9.7 (56.7%)
488	LUBOWICKA Gabriela	470		K-40	41					00:30:21	01:01:38.00	01:02:04.85	+00:26:54 (43.3%)	6:09	9.7 (56.7%)
489	MOLENDASabina	545	SARENKI	K-30	57					00:29:37	01:01:36.95	01:02:05.00	+00:26:54 (43.3%)	6:09	9.7 (56.7%)
490	GUCZE Anna	237		K-30	58			Tak		00:29:56	01:01:56.10	01:02:05.10	+00:26:54 (43.3%)	6:11	9.7 (56.7%)
490	MACIEJEWSKA Agnieszka	485		K-30	58					00:29:57	01:01:56.60	01:02:05.10	+00:26:54 (43.3%)	6:11	9.7 (56.7%)
492	JASZCZ Magdalena	296	PYRZYCE BIEGAJĄ	K-40	42					00:31:28	01:01:38.00	01:02:07.15	+00:26:56 (43.4%)	6:09	9.7 (56.7%)
493	PILARSKA Iwona	626	PYRZYCE BIEGAJĄ	K-30	60					00:31:27	01:01:37.60	01:02:07.20	+00:26:56 (43.4%)	6:09	9.7 (56.7%)
494	GOLUCH Ilona	215	PYRZYCE BIEGAJĄ	K-40	43					00:31:27	01:01:37.75	01:02:07.35	+00:26:57 (43.4%)	6:09	9.7 (56.7%)
495	DEMKOWICZ Ewelina	139		K-30	61					00:30:41	01:01:51.65	01:02:08.70	+00:26:58 (43.4%)	6:11	9.7 (56.7%)
496	ŁOBOS Anna	478	WIECZORNE BIEGANIE W SZCZECINIE	K-20	32					00:30:47	01:01:30.40	01:02:11.85	+00:27:01 (43.5%)	6:09	9.8 (57.3%)
497	ORYL Mariusz	592		M-30	147					00:32:29	01:01:22.60	01:02:12.60	+00:27:02 (43.5%)	6:08	9.8 (57.3%)
498	ŻYŁA Przemysław	920	BIEGAM SAM	M-30	148				Tak	00:28:37	01:01:57.25	01:02:14.90	+00:27:04 (43.5%)	6:11	9.7 (56.7%)
499	SULŻYŃSKA-KOWALCZYK Izabella	758		K-30	62					00:29:39	01:01:40.20	01:02:15.85	+00:27:05 (43.5%)	6:10	9.7 (56.7%)
500	SZMELING Patryk	778		M-16	13					00:32:00	01:01:49.35	01:02:22.50	+00:27:12 (43.6%)	6:10	9.7 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
501	HALEJCIO Stefan	251	MODLITWA BIEGANIE	M-50	34						00:31:55	01:02:02.30	01:02:23.35	+00:27:13 (43.6%)	6:12	9.7 (56.7%)
502	CIEŚLAK Małgorzata	124		K-40	44						00:28:53	01:02:19.55	01:02:32.90	+00:27:22 (43.8%)	6:13	9.6 (56.1%)
503	KONOPKA Patryk	364		M-40	104						00:30:18	01:01:59.65	01:02:34.35	+00:27:24 (43.8%)	6:12	9.7 (56.7%)
504	SZMELING Grzegorz	777		M-30	149						00:30:39	01:02:01.10	01:02:34.55	+00:27:24 (43.8%)	6:12	9.7 (56.7%)
505	MISIUK Marta	537		K-30	63						00:30:48	01:02:05.80	01:02:36.45	+00:27:26 (43.8%)	6:12	9.7 (56.7%)
506	ŁUKASIEWICZ Agnieszka	482	KB HERMES GRYFINO	K-40	45	KB Hermes Gryfino					00:31:45	01:01:56.35	01:02:37.35	+00:27:27 (43.8%)	6:11	9.7 (56.7%)
507	KOŁAKOWSKI Dariusz	353	K.B.SPRINT ŚWIDWIN	M-40	105			Tak			00:31:20	01:01:58.35	01:02:38.25	+00:27:27 (43.8%)	6:11	9.7 (56.7%)
508	BRUSS Mateusz	930		M-20	36						00:30:37	01:02:06.40	01:02:40.00	+00:27:29 (43.9%)	6:12	9.7 (56.7%)
509	GODEK Cezary	214		M-30	150						00:30:35	01:02:04.15	01:02:40.15	+00:27:29 (43.9%)	6:12	9.7 (56.7%)
510	ŻYWICKA Barbara	921		K-40	46						00:30:37	01:02:07.70	01:02:41.15	+00:27:30 (43.9%)	6:12	9.7 (56.7%)
511	PILAWSKI Piotr	627		M-20	37						00:29:40	01:02:08.25	01:02:43.10	+00:27:32 (43.9%)	6:12	9.7 (56.7%)
512	CZARNECKA Teresa	129		K-20	33						00:30:35	01:02:07.30	01:02:43.40	+00:27:33 (43.9%)	6:12	9.7 (56.7%)
513	JASIŃSKI Robert	292	FLEX POLICE	M-40	106						00:30:43	01:02:30.05	01:02:45.45	+00:27:35 (44.0%)	6:15	9.6 (56.1%)
514	DYDEK Dorota	161	SKB DZIK	K-50	12	SKB DZIK	Dydek				00:29:54	01:02:30.80	01:02:46.95	+00:27:36 (44.0%)	6:15	9.6 (56.1%)
515	JABŁONOWSKA Aleksandra	268		K-30	64						00:31:38	01:02:27.40	01:02:47.50	+00:27:37 (44.0%)	6:14	9.6 (56.1%)
516	KOWALSKA Anna	382		K-30	65						00:31:35	01:02:27.65	01:02:47.65	+00:27:37 (44.0%)	6:14	9.6 (56.1%)
517	BUJALSKA Anna	84		K-40	47						00:29:57	01:02:39.80	01:02:49.25	+00:27:38 (44.0%)	6:16	9.6 (56.1%)
518	CHODUP Marzena	102		K-30	66						00:29:49	01:02:40.35	01:02:50.75	+00:27:40 (44.0%)	6:16	9.6 (56.1%)
519	SOBCZAK_KUFEL Ilona	724	PATOBIEGANIE	K-30	67						00:30:34	01:02:23.50	01:02:52.20	+00:27:41 (44.1%)	6:14	9.6 (56.1%)
520	WIŚNIEWSKA Marta	861	PATOBIEGANIE	K-30	68						00:30:33	01:02:22.80	01:02:52.35	+00:27:42 (44.1%)	6:14	9.6 (56.1%)
521	SZYSZKOWSKA Katarzyna	798	KALMAR RUNNERS	K-30	69						00:28:43	01:02:44.30	01:02:52.65	+00:27:42 (44.1%)	6:16	9.6 (56.1%)
522	SYCH Małgorzata	761	KB KAMIEN POMORSKI	K-40	48						00:31:10	01:02:31.70	01:03:04.55	+00:27:54 (44.2%)	6:15	9.6 (56.1%)
523	MAŁECKA Anna	503		K-40	49						00:29:15	01:02:44.75	01:03:08.60	+00:27:58 (44.3%)	6:16	9.6 (56.1%)
524	MAŁECKI Sebastian	504		M-30	151						00:29:14	01:02:44.70	01:03:08.85	+00:27:58 (44.3%)	6:16	9.6 (56.1%)
525	SZYSZKA Iwona	797		K-40	50						00:31:47	01:02:39.90	01:03:09.75	+00:27:59 (44.3%)	6:16	9.6 (56.1%)
526	OCHMAŃSKA Barbara	576	POSESOR BIEGA	K-50	13						00:31:47	01:02:40.40	01:03:10.20	+00:27:59 (44.3%)	6:16	9.6 (56.1%)
527	MOTYKA Małgorzata	925		K-30	70						00:27:06	01:03:13.30	01:03:18.25	+00:28:07 (44.4%)	6:19	9.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
528	JAKUBCZYK Paulina	270		K-30	71						00:30:18	01:02:58.35	01:03:18.55	+00:28:08 (44.4%)	6:17	9.5 (55.6%)
529	DOMZALSKA Aneta	152		K-40	51						00:30:18	01:02:57.90	01:03:18.65	+00:28:08 (44.4%)	6:17	9.5 (55.6%)
530	SOWISZ Danuta	735	SOWISZ TEAM	K-40	52			SOWISZ TEAM			00:29:27	01:03:03.40	01:03:21.55	+00:28:11 (44.5%)	6:18	9.5 (55.6%)
531	MACIBORSKI Mirosław	484	WIECZORNE BIEGANIE W SZCZECINIE	M-50	35						00:30:36	01:03:13.85	01:03:43.40	+00:28:33 (44.8%)	6:19	9.5 (55.6%)
532	MASŁOWSKI Artur	515		M-40	107						00:30:41	01:03:21.60	01:03:44.90	+00:28:34 (44.8%)	6:20	9.5 (55.6%)
533	MASŁOWSKA Barbara	513		K-40	53						00:30:41	01:03:22.15	01:03:45.40	+00:28:35 (44.8%)	6:20	9.5 (55.6%)
534	LENARD Magdalena	448	BRIDGESTONE STARGARD RUNNERS	K-20	34						00:31:39	01:03:12.20	01:03:50.60	+00:28:40 (44.9%)	6:19	9.5 (55.6%)
535	MARKIEWICZ Kamil	956		M-20	38						00:31:39	01:03:12.60	01:03:50.90	+00:28:40 (44.9%)	6:19	9.5 (55.6%)
536	SAWARYN Małgorzata	701		K-40	54						00:31:02	01:03:30.15	01:03:52.85	+00:28:42 (44.9%)	6:21	9.4 (55.0%)
537	CIEMNY Tadeusz	118		M-60	13						00:31:14	01:03:13.60	01:03:58.15	+00:28:47 (45.0%)	6:19	9.5 (55.6%)
538	KUNIKOWSKA Patrycja	428	STARGARD JA SIĘ NIE ŚCIGAM	K-30	72						00:30:42	01:03:32.05	01:03:58.40	+00:28:48 (45.0%)	6:21	9.4 (55.0%)
539	KUNIKOWSKI Patryk	429	STARGARD JA SIĘ NIE ŚCIGAM	M-30	152						00:30:41	01:03:31.80	01:03:58.90	+00:28:48 (45.0%)	6:21	9.4 (55.0%)
540	SZCZYPEK Ola	933		K-30	73						00:30:29	01:03:39.10	01:04:01.85	+00:28:51 (45.1%)	6:21	9.4 (55.0%)
541	GŁOGOWSKI Jan	213		M-50	36						00:30:50	01:03:50.85	01:04:02.15	+00:28:51 (45.1%)	6:23	9.4 (55.0%)
542	GÓRSKA Maja	224		K-20	35						00:30:48	01:04:00.85	01:04:02.70	+00:28:52 (45.1%)	6:24	9.4 (55.0%)
543	WROŃSKA-DRZEWIECKA Justyna	888		K-30	74						00:30:36	01:03:51.35	01:04:04.25	+00:28:53 (45.1%)	6:23	9.4 (55.0%)
544	SZYDŁOWSKI Wojciech	789	BIEG PO BROWAR	M-30	153						00:29:24	01:03:22.60	01:04:04.65	+00:28:54 (45.1%)	6:20	9.5 (55.6%)
545	MILANOWICZ Magda	532	WIECZORNE BIEGANIE W SZCZECINIE	K-30	75						00:30:52	01:04:01.65	01:04:07.90	+00:28:57 (45.2%)	6:24	9.4 (55.0%)
546	ZABROCKI Karol	893		M-30	154				Tak		00:31:56	01:03:36.65	01:04:10.60	+00:29:00 (45.2%)	6:21	9.4 (55.0%)
547	ŚWIGOŃ Izabela	805	SZWLA STARGARD	K-40	55						00:30:53	01:04:04.80	01:04:12.85	+00:29:02 (45.2%)	6:24	9.4 (55.0%)
548	NIEWADZIK Ula	567		K-40	56						00:30:12	01:03:52.05	01:04:13.45	+00:29:03 (45.2%)	6:23	9.4 (55.0%)
549	JAKUBOWSKA Anna	274		K-30	76						00:30:12	01:03:52.75	01:04:13.75	+00:29:03 (45.2%)	6:23	9.4 (55.0%)
550	ZAMOŻNY Anna	898		K-30	77						00:30:12	01:03:52.60	01:04:13.85	+00:29:03 (45.2%)	6:23	9.4 (55.0%)
551	MIKULSKA-GAWLE Karina	928		K-30	78						00:30:51	01:03:53.00	01:04:15.05	+00:29:04 (45.3%)	6:23	9.4 (55.0%)
552	IZNEROWICZ Monika	267	WIECZORNE BIEGANIE W SZCZECINIE	K-30	79						00:29:26	01:03:56.85	01:04:15.90	+00:29:05 (45.3%)	6:23	9.4 (55.0%)
553	ŚLIWIŃSKA Justyna	799		K-20	36						00:30:48	01:04:01.60	01:04:20.00	+00:29:09 (45.3%)	6:24	9.4 (55.0%)
554	CYGANOWSKA Ewa	126		K-30	80						00:29:22	01:04:08.20	01:04:20.25	+00:29:09 (45.3%)	6:24	9.4 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
555	KOTARSKA Joanna	374		K-30	81					00:29:23	01:04:08.65	01:04:20.50	+00:29:10 (45.3%)	6:24	9.4 (55.0%)
556	CZARNECKA Agnieszka	128	WIECZORNE BIEGANIE W SZCZECINIE	K-40	57					00:31:51	01:03:53.45	01:04:21.25	+00:29:10 (45.3%)	6:23	9.4 (55.0%)
557	ŻUK Krzychu	916	SSC SALLING GROUP	M-30	155	SSC Salling Group				00:30:43	01:04:03.75	01:04:27.90	+00:29:17 (45.4%)	6:24	9.4 (55.0%)
558	GASIEWICZ Damian	202		M-20	39					00:32:44	01:03:47.35	01:04:30.85	+00:29:20 (45.5%)	6:22	9.4 (55.0%)
559	GASIEWICZ Roman	201		M-50	37					00:32:44	01:03:48.15	01:04:31.40	+00:29:21 (45.5%)	6:22	9.4 (55.0%)
560	SOKÓŁ Katarzyna	729	KRÓL GÓR	K-40	58					00:32:45	01:03:48.55	01:04:31.65	+00:29:21 (45.5%)	6:22	9.4 (55.0%)
561	GASIEWICZ Anna	200		K-50	14					00:32:46	01:03:48.10	01:04:31.85	+00:29:21 (45.5%)	6:22	9.4 (55.0%)
561	SOKÓŁ Mirosław	730	KRÓL GÓR	M-50	38					00:32:44	01:03:48.30	01:04:31.85	+00:29:21 (45.5%)	6:22	9.4 (55.0%)
563	GARBARCZYK Ela	198		K-20	37					00:32:59	01:03:52.00	01:04:32.45	+00:29:22 (45.5%)	6:23	9.4 (55.0%)
564	SZYMAŃSKA Kamila	527		K-30	82					00:32:59	01:03:52.05	01:04:32.70	+00:29:22 (45.5%)	6:23	9.4 (55.0%)
565	GAWRYSIAK Ewa	204		K-30	83					00:29:32	01:04:24.55	01:04:35.80	+00:29:25 (45.6%)	6:26	9.3 (54.4%)
566	ROSIAK-WĄS Ewelina	680	SSC SALLING GROUP	K-30	84	SSC Salling Group				00:29:01	01:04:42.75	01:04:52.90	+00:29:42 (45.8%)	6:28	9.3 (54.4%)
567	JAWORSKA Marta	943		K-30	85					00:31:09	01:04:42.80	01:04:57.65	+00:29:47 (45.9%)	6:28	9.3 (54.4%)
568	MĄDRZYK Magdalena	524	WIECZORNE BIEGANIE W SZCZECINIE	K-40	59					00:32:03	01:04:30.50	01:04:57.75	+00:29:47 (45.9%)	6:27	9.3 (54.4%)
569	SZYMKIEWICZ Ewa	63		K-40	60			Tak		00:29:14	01:04:56.50	01:05:03.60	+00:29:53 (45.9%)	6:29	9.2 (53.8%)
570	LASEK Anna	440	WIECZORNE BIEGANIE W SZCZECINIE	K-40	61					00:31:27	01:04:48.35	01:05:06.25	+00:29:55 (46.0%)	6:28	9.3 (54.4%)
571	FRASZCZYK Agata	190		K-30	86					00:29:39	01:04:49.50	01:05:20.25	+00:30:09 (46.2%)	6:29	9.3 (54.4%)
572	JANKOWSKA Emilia	280		K-16	5					00:31:23	01:04:58.55	01:05:21.25	+00:30:10 (46.2%)	6:29	9.2 (53.8%)
573	LEWIŃSKA Monika	459		K-30	87					00:29:37	01:04:50.35	01:05:21.45	+00:30:11 (46.2%)	6:29	9.3 (54.4%)
574	WOJCIECHOWSKI Jacek	868	MH AUTOMATYKA	M-40	108					00:31:23	01:04:58.25	01:05:21.55	+00:30:11 (46.2%)	6:29	9.2 (53.8%)
575	WIĘCŁAW Monika	848		K-30	88					00:31:00	01:05:04.30	01:05:23.50	+00:30:13 (46.2%)	6:30	9.2 (53.8%)
576	WITCZAK Dorota	865	WIECZORNE BIEGANIE W SZCZECINIE	K-20	38					00:32:13	01:04:58.70	01:05:30.55	+00:30:20 (46.3%)	6:29	9.2 (53.8%)
577	TABAS Anna	807	WIECZORNE BIEGANIE W SZCZECINIE	K-30	89					00:32:14	01:04:58.95	01:05:30.85	+00:30:20 (46.3%)	6:29	9.2 (53.8%)
578	MATUSIK Kazimiera	517	WIECZORNE BIEGANIE	K-50	15					00:32:14	01:05:01.50	01:05:32.60	+00:30:22 (46.3%)	6:30	9.2 (53.8%)
579	NARÓC Aneta	561		K-40	62				Tak	00:31:29	01:05:08.85	01:05:33.95	+00:30:23 (46.4%)	6:30	9.2 (53.8%)
580	BIELAŃSKI Krzysztof	53	1958	M-60	14					00:31:29	01:05:09.05	01:05:34.40	+00:30:24 (46.4%)	6:30	9.2 (53.8%)
581	STĘPNIAK Monika	748	KOBIECE BIEGANIE	K-30	90					00:32:46	01:04:51.80	01:05:36.65	+00:30:26 (46.4%)	6:29	9.2 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.		Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy	Azoty S.A.					
582	BALCEROWSKA Monika	31		K-30	91					00:31:54	01:05:09.85	01:05:38.05	+00:30:27 (46.4%)	6:31	9.2 (53.8%)
583	HOŁOWACZ-WALKOWIAK Kalina	260		K-30	92			Tak		00:31:49	01:05:00.75	01:05:38.50	+00:30:28 (46.4%)	6:30	9.2 (53.8%)
584	KUDRA Grażyna	421	MORSOLE SZCZECIN	K-60	4					00:31:28	01:05:29.35	01:05:47.65	+00:30:37 (46.5%)	6:32	9.2 (53.8%)
585	DZIAŁOWSKA Sara	166	ŚRUNDUNIA SZCZECIN	K-20	39					00:31:43	01:05:15.35	01:05:57.20	+00:30:46 (46.7%)	6:31	9.2 (53.8%)
586	TYRCHA Szymon	824	INCOM POLSKA SP. Z O.O.	M-30	156					00:32:50	01:05:22.70	01:06:01.65	+00:30:51 (46.7%)	6:32	9.2 (53.8%)
587	WILCZOPOLSKI Jarosław	852		M-20	40					00:31:14	01:05:38.90	01:06:04.45	+00:30:54 (46.8%)	6:33	9.1 (53.2%)
588	CHROBOCINSKI Daniel	106		M-20	41					00:31:56	01:05:43.65	01:06:10.95	+00:31:00 (46.9%)	6:34	9.1 (53.2%)
589	KLIK Sylwia	344		K-40	63					00:32:29	01:05:38.05	01:06:13.55	+00:31:03 (46.9%)	6:33	9.1 (53.2%)
590	PALUSZYŃSKA Małgosia	600		K-50	16					00:32:30	01:05:39.25	01:06:14.15	+00:31:03 (46.9%)	6:34	9.1 (53.2%)
591	MALINOWSKA Małgorzata	501	1961	K-50	17					00:33:00	01:05:36.45	01:06:15.05	+00:31:04 (46.9%)	6:33	9.1 (53.2%)
592	KEPKA Mirosław	333	K.B.SPRINT ŚWIDWIN	M-40	109					00:32:59	01:05:35.95	01:06:15.30	+00:31:05 (46.9%)	6:33	9.1 (53.2%)
593	MEGGER Agata	946		K-40	64					00:32:10	01:05:39.70	01:06:15.65	+00:31:05 (46.9%)	6:34	9.1 (53.2%)
594	ZŁOTA Lidia	914		K-40	65					00:32:27	01:05:41.00	01:06:16.50	+00:31:06 (46.9%)	6:34	9.1 (53.2%)
595	MOCZULSKA Urszula	542	DECATHLON SZCZECIN	K-30	93					00:30:46	01:05:57.90	01:06:21.65	+00:31:11 (47.0%)	6:35	9.1 (53.2%)
596	KURZYŃSKI Ryszard	433		M-40	110			Tak		00:32:12	01:05:43.75	01:06:24.90	+00:31:14 (47.0%)	6:34	9.1 (53.2%)
597	BEJSTER Przemysław	48		M-60	15					00:31:38	01:05:54.05	01:06:26.80	+00:31:16 (47.1%)	6:35	9.1 (53.2%)
598	BALCARCZYK Emilia	30	DĘBNOWSKIE CZŁAPAKI	K-30	94					00:32:30	01:05:59.90	01:06:27.15	+00:31:16 (47.1%)	6:36	9.1 (53.2%)
599	BŁAŻKÓW Anna	60	NETTO GRUPA BIEGOWA 42,145 DĘBNO	K-40	66					00:32:30	01:06:00.40	01:06:27.40	+00:31:17 (47.1%)	6:36	9.1 (53.2%)
600	HOFMAN Katarzyna	258		K-30	95					00:32:42	01:05:49.95	01:06:29.15	+00:31:18 (47.1%)	6:35	9.1 (53.2%)
601	HOFMAN Tomasz	259		M-30	157					00:32:42	01:05:50.40	01:06:29.40	+00:31:19 (47.1%)	6:35	9.1 (53.2%)
602	CACKOWSKA Magdalena	92		K-20	40					00:32:35	01:05:54.70	01:06:34.85	+00:31:24 (47.2%)	6:35	9.1 (53.2%)
603	CHOMIAK Aleksander	104		M-20	42					00:32:37	01:05:55.25	01:06:35.00	+00:31:24 (47.2%)	6:35	9.1 (53.2%)
604	ORDON Izabela	587	PARKRUN GORZÓW	K-40	67					00:32:00	01:06:15.95	01:06:37.65	+00:31:27 (47.2%)	6:37	9.1 (53.2%)
605	KLEJNOWSKA Kamila	343	STARGARD. JA SIĘ NIE ŚCIGAM	K-30	96					00:32:16	01:06:16.95	01:06:38.25	+00:31:27 (47.2%)	6:37	9.1 (53.2%)
606	KURP Maciej	431	WIECZORNE BIEGANIE W SZCZECIENIE	M-40	111					00:31:23	01:06:03.95	01:06:38.80	+00:31:28 (47.2%)	6:36	9.1 (53.2%)
607	GLAZA Aleksandra	210		K-30	97					00:32:18	01:06:06.60	01:06:40.05	+00:31:29 (47.2%)	6:36	9.1 (53.2%)
608	MASŁOWSKI Marcin	514	PARKRUN GORZÓW	M-40	112					00:32:00	01:06:19.25	01:06:40.95	+00:31:30 (47.3%)	6:37	9 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
609	MAŚLENIK Piotr	75		M-40	113						00:32:08	01:06:07.50	01:06:43.15	+00:31:32 (47.3%)	6:36	9.1 (53.2%)
610	JAKSINA Anna	269		K-40	68						00:32:30	01:06:03.95	01:06:46.20	+00:31:35 (47.3%)	6:36	9.1 (53.2%)
611	KWAPIS Anna	435		K-30	98						00:32:45	01:06:17.10	01:06:48.05	+00:31:37 (47.3%)	6:37	9 (52.6%)
612	PODWALSKI Piotr	924		M-30	158						00:34:32	01:06:25.75	01:06:48.15	+00:31:37 (47.3%)	6:38	9 (52.6%)
613	KONIECZNA Natalia	363		K-20	41						00:32:45	01:06:17.40	01:06:48.20	+00:31:37 (47.4%)	6:37	9 (52.6%)
614	SKROBISZ Justyna	716		K-20	42						00:32:44	01:06:17.30	01:06:48.85	+00:31:38 (47.4%)	6:37	9.1 (53.2%)
615	JASIŃSKA Natalia	291	EXTREMEWOLF	K-30	99						00:31:36	01:06:31.25	01:06:50.60	+00:31:40 (47.4%)	6:39	9 (52.6%)
616	SOBOLEWSKA Agata	725	WIECZORNE BIEGANIE W SZCZECINIE	K-30	100						00:31:37	01:06:32.00	01:06:50.95	+00:31:40 (47.4%)	6:39	9 (52.6%)
617	JÓŹWIAK Magdalena	306	WIECZORNE BIEGANIE W SZCZECINIE	K-30	101						00:32:30	01:06:27.05	01:06:55.10	+00:31:44 (47.4%)	6:38	9 (52.6%)
618	KOWALCZYK Jan	378	WIECZORNE BIEGANIE W SZCZECINIE	M-40	114						00:32:31	01:06:27.85	01:06:55.20	+00:31:44 (47.4%)	6:38	9 (52.6%)
619	STAŃKO Agnieszka	743	STARGARD JA SIĘ NIE ŚCIGAM	K-30	102						00:32:03	01:06:47.40	01:07:09.05	+00:31:58 (47.6%)	6:40	9 (52.6%)
620	NIEDZIÓŁKA Krystian	564		M-40	115			Tak			00:32:04	01:06:47.45	01:07:09.15	+00:31:58 (47.6%)	6:40	9 (52.6%)
621	CALY Przemek	93		M-30	159						00:32:12	01:06:41.30	01:07:10.20	+00:31:59 (47.6%)	6:40	9 (52.6%)
622	KRUSZEWICZ Dalida	406	AMPIO TEAM	K-40	69						00:30:44	01:07:00.35	01:07:13.20	+00:32:02 (47.7%)	6:42	9 (52.6%)
623	KĘDZIERSKA Alicja	335	AMPIO TEAM	K-20	43						00:30:43	01:07:00.30	01:07:13.65	+00:32:03 (47.7%)	6:42	9 (52.6%)
624	HAWRYLUK WIRASZKA Anna	254	AMPIO TEAM	K-20	44						00:30:43	01:07:00.95	01:07:14.30	+00:32:04 (47.7%)	6:42	9 (52.6%)
625	PIOTROWSKA Dorota	628	AMPIO TEAM	K-40	70						00:31:13	01:07:00.85	01:07:14.35	+00:32:04 (47.7%)	6:42	9 (52.6%)
626	BUJACZ Angelika	83	AMPIO TEAM	K-40	71						00:30:43	01:07:01.95	01:07:14.85	+00:32:04 (47.7%)	6:42	9 (52.6%)
627	KRUSZEWICZ Aleksander	407	AMPIO TEAM	M-40	116						00:31:06	01:06:53.15	01:07:15.10	+00:32:04 (47.7%)	6:41	9 (52.6%)
628	KOMAROWSKI Tomasz	358	AMPIO TEAM	M-30	160						00:30:43	01:07:02.70	01:07:15.15	+00:32:04 (47.7%)	6:42	8.9 (52.0%)
629	PIOTROWSKI Krzysztof	631	AMPIO TEAM	M-40	117						00:31:14	01:07:02.30	01:07:15.50	+00:32:05 (47.7%)	6:42	9 (52.6%)
630	BARTNICKA Beata	42		K-30	103						00:32:58	01:06:35.85	01:07:16.85	+00:32:06 (47.7%)	6:39	9 (52.6%)
631	WIERZCHOWSKI Arkadiusz	847	BRIDGESTONE STARGARD RUNNERS	M-40	118						00:32:59	01:06:35.95	01:07:16.90	+00:32:06 (47.7%)	6:39	9 (52.6%)
632	SZCZEPAŃSKI Przemysław	770		M-30	161						00:31:21	01:06:42.15	01:07:17.15	+00:32:06 (47.7%)	6:40	9 (52.6%)
633	HRYNKIEWICZ-PAWŁASZEK Anna	266		K-30	104						00:31:44	01:07:11.45	01:07:19.95	+00:32:09 (47.8%)	6:43	8.9 (52.0%)
634	KOŁŁATAJ SZYMAŃSKA Marta	354		K-30	105						00:32:32	01:07:15.55	01:07:22.25	+00:32:11 (47.8%)	6:43	8.9 (52.0%)
635	SOKOŁOWSKA Magdalena	728		K-30	106						00:32:14	01:06:59.45	01:07:26.95	+00:32:16 (47.9%)	6:41	9 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
636	RZEPIELA Anna	693		K-30	107					00:33:10	01:07:08.35	01:07:29.40	+00:32:19 (47.9%)	6:42	8.9 (52.0%)
637	ROLLA Magdalena	677		K-40	72					00:33:00	01:06:54.75	01:07:32.15	+00:32:21 (47.9%)	6:41	9 (52.6%)
638	PODLECKI Łukasz	639		M-30	162					00:33:10	01:07:10.85	01:07:32.45	+00:32:22 (47.9%)	6:43	8.9 (52.0%)
638	MAJEWSKA Agnieszka	496	WIECZORNE BIEGANIE W SZCZECINIE	K-30	108					00:33:00	01:06:55.40	01:07:32.45	+00:32:22 (47.9%)	6:41	9 (52.6%)
640	ROLLA Dorian	676		M-40	119					00:33:00	01:06:55.45	01:07:32.65	+00:32:22 (47.9%)	6:41	9 (52.6%)
641	KAROLAK Karolina	328		K-30	109				Tak	00:33:40	01:07:00.20	01:07:35.70	+00:32:25 (48.0%)	6:42	9 (52.6%)
641	KAROLAK Łukasz	329		M-30	163				Tak	00:33:41	01:07:00.05	01:07:35.70	+00:32:25 (48.0%)	6:42	9 (52.6%)
643	PÓŁTORAK Ela	649		K-40	73					00:32:43	01:07:13.80	01:07:44.15	+00:32:33 (48.1%)	6:43	8.9 (52.0%)
644	HAJDUKIEWICZ Jarek	249	SH 549	M-50	39					00:31:51	01:07:10.80	01:07:48.55	+00:32:38 (48.1%)	6:43	8.9 (52.0%)
645	FIAŁKOWSKI Marcin	179		M-30	164				Tak	00:31:21	01:07:15.65	01:07:51.45	+00:32:41 (48.2%)	6:43	8.9 (52.0%)
646	CHROBOCIŃSKA Elżbieta	107		K-50	18					00:31:42	01:07:28.45	01:07:54.80	+00:32:44 (48.2%)	6:44	8.9 (52.0%)
647	SIWEK Piotr	711		M-40	120					00:31:33	01:07:56.85	01:08:09.30	+00:32:59 (48.4%)	6:47	8.8 (51.5%)
648	GARBOWSKA Paulina	199	WIECZORNE BIEGANIE W SZCZECINIE	K-20	45					00:33:56	01:07:30.15	01:08:16.05	+00:33:05 (48.5%)	6:45	8.9 (52.0%)
649	REWERS Aleksandra	673		K-30	110					00:32:18	01:08:04.85	01:08:20.40	+00:33:10 (48.5%)	6:48	8.8 (51.5%)
650	MOSKWA Grzegorz	547	12BZ	M-40	121				Tak	00:32:30	01:07:34.05	01:08:23.80	+00:33:13 (48.6%)	6:45	8.9 (52.0%)
651	HALEJCIO Małgorzata	250		K-40	74					00:32:29	01:08:12.50	01:08:32.75	+00:33:22 (48.7%)	6:49	8.8 (51.5%)
652	MOKRZYŃSKA-ŁUKASZCZUK Marta	544		K-30	111					00:33:47	01:07:58.80	01:08:35.60	+00:33:25 (48.7%)	6:47	8.8 (51.5%)
653	OSTROWSKA Ewa	598		K-20	46				Tak	00:31:49	01:08:23.85	01:08:41.95	+00:33:31 (48.8%)	6:50	8.8 (51.5%)
654	NIEMCZYK Marta	565		K-30	112					00:31:50	01:08:24.25	01:08:42.05	+00:33:31 (48.8%)	6:50	8.8 (51.5%)
655	BANASIAK Adrianna	36		K-30	113					00:31:49	01:08:25.35	01:08:43.65	+00:33:33 (48.8%)	6:50	8.8 (51.5%)
656	GALANT Kamil	193	KONDOMINIUM	M-20	43					00:31:59	01:08:14.00	01:08:47.80	+00:33:37 (48.9%)	6:49	8.8 (51.5%)
657	TOMASZEWSKI Dominik	811	ŁOWCY KILOMETRÓW	M-30	165					00:33:00	01:08:05.90	01:08:50.15	+00:33:39 (48.9%)	6:48	8.8 (51.5%)
658	PAWELCZAK Cezary	606	PARKRUN SZCZECIN	M-50	40					00:33:37	01:08:19.30	01:08:56.35	+00:33:46 (49.0%)	6:49	8.8 (51.5%)
659	LEWANDOWSKI Janusz	455	WIECZORNE BIEGANIE W SZCZECINIE	M-60	16					00:33:37	01:08:19.55	01:08:56.75	+00:33:46 (49.0%)	6:49	8.8 (51.5%)
660	ŁAWRYNOWICZ Anna	473	WIECZORNE BIEGANIE W SZCZECINIE	K-40	75					00:33:02	01:08:53.20	01:08:59.25	+00:33:48 (49.0%)	6:53	8.7 (50.9%)
661	BURZYCH Ireneusz	89	LEŃ POLICE	M-60	17					00:29:44	01:08:55.05	01:09:05.20	+00:33:54 (49.1%)	6:53	8.7 (50.9%)
662	MARKS Katarzyna	511	STOWARZYSZENIE NA RZECZ ROZWOJU SOŁECTWA DOŁUJE	K-40	76					00:33:06	01:08:48.75	01:09:06.35	+00:33:56 (49.1%)	6:52	8.7 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy Azoty S.A.						
663	GORCZYCA Kasia	217	NN	K-30	114					00:34:39	01:08:29.50	01:09:11.45	+00:34:01 (49.2%)	6:51	8.8 (51.5%)
664	MAZUR Mirosława	519		K-60	5					00:33:07	01:08:54.20	01:09:16.90	+00:34:06 (49.2%)	6:53	8.7 (50.9%)
665	KARWIŃSKI Feliks	963		M-20	44					00:33:02	01:08:49.55	01:09:22.10	+00:34:11 (49.3%)	6:53	8.7 (50.9%)
666	BRZEZICKA Kornelia	77	WEGAS WOLIN	K-30	115					00:33:02	01:08:49.85	01:09:22.20	+00:34:11 (49.3%)	6:53	8.7 (50.9%)
667	ZELEK-PAŁOSZ Magdalena	905	WEGAS WOLIN	K-40	77					00:33:02	01:08:49.80	01:09:22.30	+00:34:12 (49.3%)	6:53	8.7 (50.9%)
668	KUBISISK Damian	416	BIEG WIKINGA WOLIN	M-30	166			Tak		00:33:02	01:08:49.50	01:09:22.50	+00:34:12 (49.3%)	6:52	8.7 (50.9%)
669	SEMEZH Ira	703		K-20	47					00:33:04	01:08:50.60	01:09:22.55	+00:34:12 (49.3%)	6:53	8.7 (50.9%)
670	BUGAŁA Milena	82		K-30	116					00:33:03	01:08:50.45	01:09:22.80	+00:34:12 (49.3%)	6:53	8.7 (50.9%)
671	PAŁOSZ Daniel	601	WEGAS WOLIN	M-40	122					00:33:04	01:08:51.20	01:09:23.40	+00:34:13 (49.3%)	6:53	8.7 (50.9%)
672	TARNOWSKI Jarosław	808	WOLIN	M-30	167					00:33:04	01:08:51.70	01:09:23.55	+00:34:13 (49.3%)	6:53	8.7 (50.9%)
673	CIEMNA Joanna	116		K-40	78					00:33:04	01:08:51.95	01:09:24.25	+00:34:13 (49.3%)	6:53	8.7 (50.9%)
674	PRZEWORSKI Marcin	942	BEST-COACH.PL	M-40	123					00:34:11	01:09:06.25	01:09:24.55	+00:34:14 (49.3%)	6:54	8.7 (50.9%)
675	PIEKARSKA Katarzyna	621		K-20	48					00:31:37	01:09:03.40	01:09:24.70	+00:34:14 (49.3%)	6:54	8.7 (50.9%)
676	ORZECZOWSKI Łukasz	593		M-30	168					00:31:58	01:09:00.50	01:09:25.75	+00:34:15 (49.3%)	6:54	8.7 (50.9%)
677	KOSOBUEKA Marta	372		K-30	117					00:34:45	01:08:50.80	01:09:26.00	+00:34:15 (49.3%)	6:53	8.7 (50.9%)
678	STROJNY Joanna	753	RAZ SZCZECIN	K-40	79					00:32:50	01:09:10.05	01:09:28.00	+00:34:17 (49.4%)	6:55	8.7 (50.9%)
679	BAGIŃSKA Monika	28		K-40	80					00:32:07	01:09:20.50	01:09:35.30	+00:34:25 (49.5%)	6:56	8.7 (50.9%)
680	LICHT Michał	460	EMEL ATHLETIC TEAM	M-30	169					00:36:52	01:09:06.00	01:09:36.95	+00:34:26 (49.5%)	6:54	8.7 (50.9%)
681	SLADKOVA Alona	720		K-30	118					00:32:10	01:08:57.35	01:09:37.80	+00:34:27 (49.5%)	6:53	8.7 (50.9%)
682	MAKUCH Marcin	498		M-40	124					00:33:11	01:09:27.30	01:09:41.60	+00:34:31 (49.5%)	6:56	8.6 (50.3%)
683	DŁUGOKĘCKI Mateusz	144	ELITARNY KLUB BIEGACZA 'POWOLNI Z NADWAGA'	M-30	170					00:31:28	01:09:33.35	01:09:41.95	+00:34:31 (49.5%)	6:57	8.6 (50.3%)
684	KRYSZCZAK Paulina	408	EMEL ATHLETIC TEAM	K-20	49					00:36:51	01:09:11.50	01:09:42.60	+00:34:32 (49.5%)	6:55	8.7 (50.9%)
685	OSSOWSKA Patrycja	597	1979	K-40	81					00:34:07	01:09:15.55	01:09:43.70	+00:34:33 (49.6%)	6:55	8.7 (50.9%)
686	DYMITROWSKA Anna	164		K-30	119					00:34:06	01:09:15.75	01:09:44.30	+00:34:34 (49.6%)	6:55	8.7 (50.9%)
687	TRYBUS Anna	819		K-30	120					00:32:33	01:09:23.85	01:09:52.80	+00:34:42 (49.7%)	6:56	8.6 (50.3%)
688	DOBRYCKI Piotr	148		M-40	125					00:35:59	01:09:14.35	01:09:53.85	+00:34:43 (49.7%)	6:55	8.7 (50.9%)
689	BRZOZOWSKA Ewelina	357		K-40	82					00:33:02	01:09:24.70	01:09:54.65	+00:34:44 (49.7%)	6:56	8.6 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
690	KOBUS Kasia	346	PYRZYCE BIEGAJĄ	K-40	83						00:33:00	01:09:24.65	01:09:54.75	+00:34:44 (49.7%)	6:56	8.6 (50.3%)
691	DWORCZYK Magdalena	78	PYRZYCE BIEGAJĄ	K-30	121						00:33:00	01:09:24.85	01:09:54.95	+00:34:44 (49.7%)	6:56	8.6 (50.3%)
692	KOWALEWSKA Joanna	381	ROYAL RUNNERS TEAM	K-30	122						00:34:00	01:09:21.30	01:09:58.00	+00:34:47 (49.7%)	6:56	8.6 (50.3%)
693	WINIARSKI Michał	859		M-20	45						00:32:01	01:09:48.25	01:10:03.20	+00:34:52 (49.8%)	6:58	8.6 (50.3%)
694	ŚLUZAR Karolina	801		K-20	50						00:34:20	01:09:32.10	01:10:12.45	+00:35:02 (49.9%)	6:57	8.6 (50.3%)
695	STERNA Magdalena	746		K-20	51	Babcia i Wnuki					00:32:58	01:10:09.70	01:10:20.65	+00:35:10 (50.0%)	7:01	8.6 (50.3%)
696	ŁĄCZAK Monika	475	STARGARD JA SIĘ NIE ŚCIGAM	K-30	123						00:35:19	01:09:38.00	01:10:21.95	+00:35:11 (50.0%)	6:57	8.6 (50.3%)
697	FIDOSZ Lidia	180	STARGARD JA SIĘ NIE ŚCIGAM	K-40	84						00:35:18	01:09:38.10	01:10:22.15	+00:35:11 (50.0%)	6:57	8.6 (50.3%)
698	GENDA Jadwiga	206	TIME55	K-60	6						00:32:53	01:10:17.00	01:10:25.50	+00:35:15 (50.1%)	7:01	8.5 (49.7%)
699	KUŹNIŃSKA Weronika	947	SKB DZIK	K-16	6						00:33:12	01:10:23.05	01:10:34.90	+00:35:24 (50.2%)	7:02	8.5 (49.7%)
700	ELEROWSKI Krzysztof	172	FIZJOBIEGACZE SZCZECIN	M-50	41						00:33:06	01:10:05.40	01:10:36.80	+00:35:26 (50.2%)	7:00	8.6 (50.3%)
700	ELEROWSKA Inga	171	FIZJOBIEGACZE SZCZECIN	K-50	19						00:33:07	01:10:04.90	01:10:36.80	+00:35:26 (50.2%)	7:00	8.6 (50.3%)
702	GIBES-FOSTRĘKA Iwona	295		K-40	85						00:33:47	01:10:23.05	01:10:40.65	+00:35:30 (50.2%)	7:02	8.5 (49.7%)
703	ŁAZARONEK Przemysław	474	SIODEMKI@INSTA	M-40	126						00:34:40	01:10:07.60	01:10:41.75	+00:35:31 (50.2%)	7:00	8.6 (50.3%)
704	BANDROWSKA Celina	39	MECOMPLETE.PL	K-30	124						00:34:42	01:10:07.80	01:10:42.25	+00:35:31 (50.3%)	7:00	8.6 (50.3%)
705	PODWALSKA Małgorzata	643		K-20	52						00:34:32	01:10:24.00	01:10:46.70	+00:35:36 (50.3%)	7:02	8.5 (49.7%)
706	FOSZMANOWICZ Paulina	188	SSC SALLING GROUP	K-20	53						00:38:16	01:10:24.45	01:10:48.20	+00:35:37 (50.3%)	7:02	8.5 (49.7%)
707	DEMKOWICZ Edyta	140	WEGAS	K-40	86						00:33:27	01:10:34.75	01:10:51.65	+00:35:41 (50.4%)	7:03	8.5 (49.7%)
708	DZIEMIDOWICZ Jadwiga	169	WEGAS WOLIN	K-30	125						00:33:27	01:10:34.95	01:10:51.80	+00:35:41 (50.4%)	7:03	8.5 (49.7%)
709	KOLASA Agnieszka	350		K-40	87						00:34:02	01:10:19.50	01:10:54.05	+00:35:43 (50.4%)	7:02	8.5 (49.7%)
710	ROSIŃSKA Kamila	955	BRIDGESTONE STARGARD RUNNERS	K-30	126						00:36:01	01:10:22.70	01:11:00.90	+00:35:50 (50.5%)	7:02	8.5 (49.7%)
711	LIPIŃSKA Sylwia	467		K-20	54						00:33:55	01:10:23.25	01:11:03.15	+00:35:52 (50.5%)	7:02	8.5 (49.7%)
712	NYGA Julia	575		K-30	127						00:35:33	01:10:40.35	01:11:15.25	+00:36:04 (50.6%)	7:04	8.5 (49.7%)
713	GUGAŁKA Aleksandra	238		K-30	128						00:33:39	01:10:57.20	01:11:19.20	+00:36:08 (50.7%)	7:05	8.5 (49.7%)
714	KIELCZYK Katarzyna	337	WIECZORNE BIEGANIE W SZCZECINIE	K-40	88						00:34:01	01:11:19.35	01:11:19.35	+00:36:09 (50.7%)	7:07	8.4 (49.1%)
715	RYBACZEK Kamila	689	GRYFFINDOR BIEGA	K-30	129						00:35:26	01:10:34.20	01:11:24.25	+00:36:13 (50.7%)	7:03	8.5 (49.7%)
716	GREWLING Anna	227	GRYFFINDOR BIEGA	K-30	130						00:35:26	01:10:34.35	01:11:24.35	+00:36:14 (50.7%)	7:03	8.5 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P.		Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									Grupy	Azoty S.A.					
717	KROMRYCH Maciej	393		M-40	127					00:35:26	01:10:34.30	01:11:24.80	+00:36:14 (50.7%)	7:03	8.5 (49.7%)
718	FIEDOROWICZ Julia	182		K-16	7					00:35:54	01:10:47.05	01:11:25.10	+00:36:14 (50.8%)	7:04	8.5 (49.7%)
719	ADAMOWICZ Sylwia	15	TORPEDY	K-40	89					00:34:46	01:10:58.50	01:11:40.05	+00:36:29 (50.9%)	7:05	8.5 (49.7%)
720	HERIAN Gosia	255		K-30	131					00:35:15	01:11:08.55	01:11:47.05	+00:36:36 (51.0%)	7:06	8.4 (49.1%)
721	SZMAJDZIŃSKI Tomasz	776		M-30	171					00:35:15	01:11:08.85	01:11:47.30	+00:36:37 (51.0%)	7:06	8.4 (49.1%)
722	ŁUCZYŃSKA Katarzyna	480		K-30	132					00:35:15	01:11:08.95	01:11:47.50	+00:36:37 (51.0%)	7:06	8.4 (49.1%)
723	KIJOWSKA Monika	340	WIECZORNE BIEGANIE W SZCZECINIE	K-40	90					00:34:48	01:11:28.70	01:11:58.50	+00:36:48 (51.1%)	7:08	8.4 (49.1%)
724	DOMAŃSKA Anna	151		K-30	133					00:34:50	01:11:22.25	01:11:59.75	+00:36:49 (51.1%)	7:08	8.4 (49.1%)
725	SZAWARYŃSKA Ania	765		K-30	134					00:34:50	01:11:23.00	01:11:59.95	+00:36:49 (51.1%)	7:08	8.4 (49.1%)
726	KRZYWICKA Edyta	413		K-50	20					00:33:11	01:12:02.55	01:12:18.35	+00:37:08 (51.4%)	7:12	8.3 (48.5%)
727	ŁYCZEK Agata	483		K-40	91					00:33:42	01:12:14.75	01:12:26.90	+00:37:16 (51.5%)	7:13	8.3 (48.5%)
728	RUSINEK Radosław	688		M-40	128					00:35:11	01:11:49.95	01:12:34.75	+00:37:24 (51.5%)	7:11	8.4 (49.1%)
729	MUŃKO Łukasz	552		M-30	172					00:35:13	01:11:50.80	01:12:35.40	+00:37:25 (51.5%)	7:11	8.4 (49.1%)
730	MICHALAK Anna	529		K-40	92					00:34:12	01:12:37.95	01:12:37.95	+00:37:27 (51.6%)	7:15	8.3 (48.5%)
731	MICHALAK-ŚWIECZKOWSKA Katarzyna	528		K-40	93					00:33:47	01:12:12.35	01:12:38.30	+00:37:28 (51.6%)	7:13	8.3 (48.5%)
732	PAWLIK Danuta	608	WIECZORNE BIEGANIE W SZCZECINIE	K-40	94					00:33:40	01:12:12.25	01:12:45.30	+00:37:35 (51.7%)	7:13	8.3 (48.5%)
733	LICZBIŃSKA Małgorzata	461		K-20	55					00:33:58	01:12:21.75	01:13:00.75	+00:37:50 (51.8%)	7:14	8.3 (48.5%)
734	LIGOCKA Aneta	463	BIO-SPA ALEKSANDRA BURKOWSKA	K-40	95					00:36:12	01:12:24.55	01:13:10.45	+00:38:00 (51.9%)	7:14	8.3 (48.5%)
735	URIASZ Julia	827		K-16	8					00:33:46	01:12:47.55	01:13:16.80	+00:38:06 (52.0%)	7:16	8.2 (48.0%)
736	NIEMIEC Joanna	566		K-30	135					00:36:04	01:13:02.20	01:13:45.25	+00:38:34 (52.3%)	7:18	8.2 (48.0%)
737	BRANICA Hanna	71		K-40	96					00:36:04	01:13:02.30	01:13:45.55	+00:38:35 (52.3%)	7:18	8.2 (48.0%)
738	TURKIEWICZ Monika	822		K-30	136					00:34:12	01:13:26.15	01:13:51.70	+00:38:41 (52.4%)	7:20	8.2 (48.0%)
739	GAWORECKA Marta	203	WIECZORNE BIEGANIE	K-40	97					00:34:49	01:13:36.10	01:14:06.55	+00:38:56 (52.5%)	7:21	8.2 (48.0%)
740	GAPSKI Tomasz	196	WIECZORNE BIEGANIE W SZCZECINIE	M-40	129					00:34:48	01:13:35.10	01:14:06.95	+00:38:56 (52.5%)	7:21	8.2 (48.0%)
741	PERROT Magdalena	615		K-40	98					00:34:58	01:13:48.70	01:14:25.40	+00:39:15 (52.7%)	7:22	8.1 (47.4%)
742	MUCHA Martyna	550	RUNGRYF	K-20	56					00:34:55	01:14:07.25	01:14:33.30	+00:39:23 (52.8%)	7:24	8.1 (47.4%)
743	WOLNA Dorota	875	ROYAL RUNNERS TEAM	K-30	137					00:34:05	01:14:06.65	01:14:36.70	+00:39:26 (52.9%)	7:24	8.1 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
744	KUBÓW Katarzyna	419		K-40	99						00:34:48	01:13:56.55	01:14:45.25	+00:39:34 (53.0%)	7:23	8.1 (47.4%)
745	BARTNIK Jarosław	43		M-40	130						00:34:48	01:13:57.30	01:14:45.35	+00:39:35 (53.0%)	7:23	8.1 (47.4%)
746	FIEDOROWICZ Damian	181		M-40	131						00:36:24	01:14:14.75	01:14:52.75	+00:39:42 (53.0%)	7:25	8.1 (47.4%)
747	TOWARNICKA Małgorzata	814		K-30	138						00:34:26	01:14:31.80	01:14:54.80	+00:39:44 (53.1%)	7:27	8.1 (47.4%)
748	WILK Małgorzata	856		K-30	139						00:36:05	01:14:30.25	01:15:13.90	+00:40:03 (53.2%)	7:27	8.1 (47.4%)
749	JERZYK-SZAMAŁEK Bogusława	300	ŚRUNDUNIA SZCZEIN	K-50	21						00:36:40	01:15:18.00	01:15:18.00	+00:40:07 (53.3%)	7:31	8 (46.8%)
749	PONIATOWSKA-TARKOWSKA Edyta	647	ŚRUNDUNIA	K-40	100						00:36:40	01:15:18.00	01:15:18.00	+00:40:07 (53.3%)	7:31	8 (46.8%)
751	KRÓL Krzysztof	395		M-30	173						00:35:30	01:14:29.30	01:15:18.40	+00:40:08 (53.3%)	7:26	8.1 (47.4%)
752	GUMIENNY Andrzej	241	ŚRUNDUNIA	M-60	18						00:35:54	01:14:30.95	01:15:19.30	+00:40:09 (53.3%)	7:27	8.1 (47.4%)
753	KRÓL Magdalena	952	ŚRUNDUNIA SZCZECIN	K-30	140						00:36:10	01:14:31.10	01:15:19.65	+00:40:09 (53.3%)	7:27	8.1 (47.4%)
754	ZERZUT Jarosław	908	ŚRUNDUNIA SZCZECIN	M-50	42						00:35:55	01:14:31.30	01:15:20.15	+00:40:09 (53.3%)	7:27	8.1 (47.4%)
755	PIĄTKOWSKA Izabela	620		K-30	141						00:35:54	01:14:35.80	01:15:24.00	+00:40:13 (53.4%)	7:27	8 (46.8%)
756	STROJNA Dorota	752		K-40	101						00:35:56	01:14:36.55	01:15:24.45	+00:40:14 (53.4%)	7:27	8 (46.8%)
757	CICHOCKI Jakub	114	DRUŻYNA SZPIKU/HKS SKAUT	M-40	132						00:35:54	01:14:36.25	01:15:24.55	+00:40:14 (53.4%)	7:27	8 (46.8%)
758	KRUCZEK Monika	399	PYRZYCE BIEGAJĄ	K-30	142						00:35:22	01:14:57.50	01:15:28.15	+00:40:17 (53.4%)	7:29	8 (46.8%)
759	PIEROŻYNSKA Natalia	623	PYRZYCE BIEGAJĄ	K-30	143						00:35:22	01:14:58.10	01:15:28.25	+00:40:17 (53.4%)	7:29	8 (46.8%)
760	STACHOWSKI Andrzej	739		M-50	43						00:36:24	01:14:47.15	01:15:30.55	+00:40:20 (53.4%)	7:28	8 (46.8%)
761	ROMAN Ewelina	678	MONIA GYM	K-30	144						00:35:53	01:14:44.45	01:15:31.90	+00:40:21 (53.4%)	7:28	8 (46.8%)
762	MARKIEWICZ Olga	510		K-20	57						00:34:59	01:14:47.65	01:15:32.95	+00:40:22 (53.4%)	7:28	8 (46.8%)
763	LEMAŃSKA Katarzyna	447		K-20	58						00:34:59	01:14:48.05	01:15:33.15	+00:40:22 (53.4%)	7:28	8 (46.8%)
764	BĄCZYK Monika	958		K-40	102						00:35:55	01:14:48.25	01:15:35.45	+00:40:25 (53.5%)	7:28	8 (46.8%)
765	BĄCZYK Adam	957	MONIA GYM	M-40	133						00:36:18	01:14:47.60	01:15:35.65	+00:40:25 (53.5%)	7:28	8 (46.8%)
766	BIEŁOWIEC Adrianna	56	PUSZCZYK BUKOWY	K-20	59						00:35:57	01:14:54.05	01:15:41.50	+00:40:31 (53.5%)	7:29	8 (46.8%)
767	KRANZMANN ŻELEPIEŃ Anna	390		K-40	103						00:35:08	01:15:18.00	01:15:43.40	+00:40:33 (53.6%)	7:31	8 (46.8%)
768	KURYŁOWICZ-CHRZAN Monika	432		K-30	145						00:36:27	01:15:17.20	01:16:00.15	+00:40:49 (53.7%)	7:31	8 (46.8%)
769	CIERPISZEWSKI Tomasz	119		M-30	174						00:35:58	01:15:24.90	01:16:02.10	+00:40:51 (53.7%)	7:32	8 (46.8%)
770	MACIEJUK-CIERPISZEWSKA Marta	486		K-30	146						00:35:58	01:15:25.05	01:16:02.25	+00:40:51 (53.7%)	7:32	8 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.	5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
771	WIŚNIOS Emilia	863		K-20	60					00:35:47	01:15:44.70	01:16:23.20	+00:41:12 (54.0%)	7:34	7.9 (46.2%)
772	GRZYB Ilona	236	SPRINT LOGISTYKA POLSKA	K-30	147					00:35:44	01:16:00.55	01:16:33.40	+00:41:23 (54.1%)	7:36	7.9 (46.2%)
773	CHWIEJ Agata	112	BIEGACZEŚWINOUJŚCIE	K-30	148					00:35:32	01:16:18.60	01:16:39.55	+00:41:29 (54.1%)	7:37	7.9 (46.2%)
774	JASIUCHNA Aleksandra	293	JASIUCHNA TEAM	K-30	149					00:35:30	01:16:17.05	01:16:39.70	+00:41:29 (54.1%)	7:37	7.9 (46.2%)
775	CIEŚLAK Adam	122	LEGENDARY POWER SZEWC	M-50	44					00:35:59	01:16:31.55	01:16:47.90	+00:41:37 (54.2%)	7:39	7.8 (45.6%)
775	CIEŚLAK Helena	123	LEGENDARY POWER SZEWC	K-50	22					00:35:58	01:16:31.75	01:16:47.90	+00:41:37 (54.2%)	7:39	7.8 (45.6%)
777	KOZŁOWSKA-BONIOK Paulina	954	BRIDGESTONE STARGARD RUNNERS	K-40	104					00:36:20	01:16:15.50	01:16:53.35	+00:41:43 (54.3%)	7:37	7.9 (46.2%)
778	KUJAWSKA-SZCZEPAŃSKA Karolina	424		K-30	150					00:37:04	01:16:25.35	01:17:00.05	+00:41:49 (54.3%)	7:38	7.8 (45.6%)
779	KWIATKOWSKA Jowita	965		K-30	151					00:37:21	01:16:35.30	01:17:20.10	+00:42:09 (54.5%)	7:39	7.8 (45.6%)
780	STAŃCZYK Sławomir	742	STARGARD. JA SIĘ NIE ŚCIGAM	M-30	175					00:37:21	01:16:35.90	01:17:20.25	+00:42:09 (54.5%)	7:39	7.8 (45.6%)
781	JAKUBIK Anna	271	HUSARIA RACE TEAM	K-20	61					00:36:41	01:16:32.65	01:17:28.65	+00:42:18 (54.6%)	7:39	7.8 (45.6%)
782	KRUGLAK Anna	402	WIECZORNE BIEGANIE	K-40	105					00:36:42	01:16:33.35	01:17:29.05	+00:42:18 (54.6%)	7:39	7.8 (45.6%)
783	PROKOCCA Asia	652		K-30	152					00:36:07	01:16:47.90	01:17:29.45	+00:42:19 (54.6%)	7:40	7.8 (45.6%)
783	SZOPIŃSKA Katarzyna	781	WIECZORNE BIEGANIE	K-20	62					00:36:47	01:16:33.60	01:17:29.45	+00:42:19 (54.6%)	7:39	7.8 (45.6%)
785	PAGEL Kasia	599		K-30	153					00:36:08	01:16:48.70	01:17:29.95	+00:42:19 (54.6%)	7:40	7.8 (45.6%)
786	BODNAR Zbigniew	64		M-60	19	Bieg Korczaka				00:37:04	01:17:02.45	01:17:46.15	+00:42:35 (54.8%)	7:42	7.8 (45.6%)
787	KWIATKOWSKA Aleksandra	437	WIECZORNE BIEGANIE W SZCZECINIE	K-20	63					00:38:43	01:16:53.85	01:17:46.20	+00:42:35 (54.8%)	7:41	7.8 (45.6%)
788	LIPERTOWICZ Sebastian	466	LOVELASY/WIECZORNE BIEGANIE W SZCZECINIE	M-30	176					00:38:42	01:16:53.20	01:17:46.45	+00:42:36 (54.8%)	7:41	7.8 (45.6%)
789	NEUMANN Michał	563		M-40	134					00:37:16	01:17:03.70	01:17:52.85	+00:42:42 (54.8%)	7:42	7.8 (45.6%)
790	BIAŁKOWSKA Monika	52	WIECZORNE BIEGANIE W SZCZECINIE	K-40	106					00:37:39	01:17:42.20	01:18:04.05	+00:42:53 (54.9%)	7:46	7.7 (45.0%)
791	KOPCEWICZ Henryk	365	CROWN GOLENIÓW	M-60	20					00:36:59	01:17:25.65	01:18:05.60	+00:42:55 (55.0%)	7:44	7.7 (45.0%)
792	WOJDAK Żaneta	869	MONIAGYM	K-30	154					00:35:31	01:17:38.65	01:18:10.35	+00:43:00 (55.0%)	7:45	7.7 (45.0%)
793	ZAJĄC Bożena	895	LEGENDARY POWERSZEWC	K-50	23					00:36:18	01:18:09.25	01:18:25.60	+00:43:15 (55.2%)	7:48	7.7 (45.0%)
794	WIELIŃSKI Krzysztof	843	KB HERMES GRYFINO	M-60	21	KB Hermes Gryfino				00:35:45	01:17:36.60	01:18:25.95	+00:43:15 (55.2%)	7:45	7.7 (45.0%)
795	PIASECKA Renata	617		K-40	107					00:36:35	01:18:01.70	01:18:31.75	+00:43:21 (55.2%)	7:48	7.7 (45.0%)
796	KASPRZAK Elżbieta	331		K-60	7					00:36:42	01:18:49.45	01:19:02.55	+00:43:52 (55.5%)	7:52	7.6 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
									5km	10km						
797	ŚWIĄTEK Joanna	804		K-30	155						00:44:01	01:18:18.50	01:19:09.55	+00:43:59 (55.6%)	7:49	7.7 (45.0%)
798	KIELISZEK Anna	338	WIECZORNE BIEGANIE W SZCZECINIE	K-30	156						00:35:53	01:18:35.90	01:19:25.60	+00:44:15 (55.7%)	7:51	7.6 (44.4%)
799	JARNUCZAK Monika	286		K-30	157						00:37:22	01:19:19.90	01:19:39.70	+00:44:29 (55.8%)	7:56	7.6 (44.4%)
800	WIELOCH Anna	844		K-30	158						00:37:22	01:19:20.60	01:19:40.10	+00:44:29 (55.9%)	7:56	7.6 (44.4%)
801	LIGOCKI Tomasz	464	BIO-SPA ALEKSANDRA BURKOWSKA	M-40	135						00:37:34	01:19:18.95	01:20:04.85	+00:44:54 (56.1%)	7:55	7.6 (44.4%)
802	WIKA Marta	849	WIECZORNE BIEGANIE W SZCZECINIE	K-20	64						00:37:27	01:19:53.40	01:20:29.50	+00:45:19 (56.3%)	7:59	7.5 (43.9%)
803	STROJNA Karolina	7		K-20	65						00:38:15	01:20:34.05	01:20:49.80	+00:45:39 (56.5%)	8:03	7.4 (43.3%)
804	PŁOSA Monika	638		K-30	159						00:37:44	01:20:33.70	01:21:02.25	+00:45:51 (56.6%)	8:03	7.4 (43.3%)
805	WARTALSKA Daria	834		K-30	160						00:39:07	01:22:04.25	01:22:04.25	+00:46:53 (57.1%)	8:12	7.3 (42.7%)
806	BOROWSKA Karolina	70		K-30	161						00:38:45	01:22:02.70	01:22:30.75	+00:47:20 (57.4%)	8:12	7.3 (42.7%)
807	BEBKO Daniel	47		M-30	177						00:37:39	01:22:42.00	01:23:22.85	+00:48:12 (57.8%)	8:16	7.3 (42.7%)
808	ANTOL Ewa	24		K-30	162						00:37:39	01:22:45.40	01:23:26.45	+00:48:16 (57.8%)	8:16	7.3 (42.7%)
809	GÓRSKA Magdalena	223		K-40	108						00:40:27	01:23:33.60	01:24:03.15	+00:48:52 (58.2%)	8:21	7.2 (42.1%)
810	SOKOŁOWSKA Anna	727		K-50	24						00:39:54	01:23:57.70	01:24:24.50	+00:49:14 (58.3%)	8:23	7.1 (41.5%)
811	BRONICKA Małgorzata	74		K-40	109						00:40:15	01:24:00.65	01:24:42.00	+00:49:31 (58.5%)	8:24	7.1 (41.5%)
812	KALICIAK Marta	320		K-30	163						00:40:15	01:24:00.85	01:24:42.15	+00:49:31 (58.5%)	8:24	7.1 (41.5%)
813	JANUSZEWSKA Magdalena	95	KB HERMES GRYFINO	K-30	164	KB Hermes Gryfino					00:40:14	01:24:00.65	01:24:42.65	+00:49:32 (58.5%)	8:24	7.1 (41.5%)
814	CAŁKA Barbara	94	KOBIECE BIEGANIE	K-40	110						00:40:48	01:24:47.30	01:25:34.10	+00:50:23 (58.9%)	8:28	7.1 (41.5%)
815	WIERZBA Ewa	846	KOBIECE BIEGANIE	K-30	165						00:40:51	01:24:49.30	01:25:34.45	+00:50:24 (58.9%)	8:28	7.1 (41.5%)
816	TRĘDOWICZ Małgorzata	815	KOBIECE BIEGANIE	K-50	25						00:40:53	01:24:47.75	01:25:34.50	+00:50:24 (58.9%)	8:28	7.1 (41.5%)
817	KACZMAREK Arleta	316	KOBIECE BIEGANIE	K-30	166						00:40:49	01:24:49.70	01:25:35.10	+00:50:24 (58.9%)	8:29	7.1 (41.5%)
818	REDLARSKA Anna	668	KOBIECE BIEGANIE	K-30	167						00:40:51	01:24:49.25	01:25:35.40	+00:50:25 (58.9%)	8:28	7.1 (41.5%)
819	BIRGER Agata	58	KOBIECE BIEGANIE	K-30	168						00:40:53	01:24:49.55	01:25:35.45	+00:50:25 (58.9%)	8:29	7.1 (41.5%)
820	CHUDYNKA Paulina	109	KOBIECE BIEGANIE	K-30	169						00:40:48	01:24:49.45	01:25:35.60	+00:50:25 (58.9%)	8:28	7.1 (41.5%)
821	MODELSKA Justyna	543	KOBIECE BIEGANIE	K-40	111						00:40:54	01:24:50.30	01:25:35.65	+00:50:25 (58.9%)	8:29	7.1 (41.5%)
822	STELMASZYK Ewa	745	KOBIECE BIEGANIE	K-50	26						00:40:55	01:24:50.20	01:25:35.90	+00:50:25 (58.9%)	8:29	7.1 (41.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klasyfikacja Rodzinna	Klasyfikacja Mundurowa	Klasyfikacja IV M.P. Grupy Azoty S.A.		5km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
823	OLEJNIK Kamila	580	KOBIECE BIEGANIE	K-30	170						00:40:51	01:24:49.00	01:25:36.05	+00:50:25 (58.9%)	8:28	7.1 (41.5%)
824	PLACHTA Monika	633	KOBIECE BIEGANIE	K-40	112						00:40:49	01:24:53.95	01:25:39.10	+00:50:28 (58.9%)	8:29	7.1 (41.5%)
825	SOŁTYS Krzysztof	731	DECATHLON SZCZECIN	M-20	46						00:39:46	01:26:12.05	01:26:51.15	+00:51:40 (59.5%)	8:37	7 (40.9%)
826	KOŁAKOWSKA Magdalena	352		K-30	171						00:40:57	01:26:49.00	01:27:31.35	+00:52:21 (59.8%)	8:40	6.9 (40.4%)
827	KUREK Karolina	430		K-20	66						00:40:58	01:26:50.70	01:27:33.30	+00:52:23 (59.8%)	8:41	6.9 (40.4%)
828	PROCHACKI Marcin	651		M-20	47						00:39:02	01:28:02.80	01:28:37.20	+00:53:26 (60.3%)	8:48	6.8 (39.8%)
828	SUROVOVA Anastazja	759		K-20	67						00:39:02	01:28:03.15	01:28:37.20	+00:53:26 (60.3%)	8:48	6.8 (39.8%)
830	STANEJKO Agata	740		K-30	172						00:41:16	01:28:19.35	01:28:44.60	+00:53:34 (60.4%)	8:49	6.8 (39.8%)
831	LEJKOWSKA Daria	446		K-30	173						00:41:43	01:30:23.30	01:30:37.20	+00:55:26 (61.2%)	9:02	6.6 (38.6%)
832	WAMKA Anna	831		K-30	174						00:41:44	01:30:23.45	01:30:37.40	+00:55:27 (61.2%)	9:02	6.6 (38.6%)
833	KUCIER Katarzyna	420		K-30	175						00:43:08	01:31:07.75	01:31:44.55	+00:56:34 (61.7%)	9:06	6.6 (38.6%)
834	SZCZEPAŃSKA Aleksandra	769		K-20	68						00:43:04	01:31:08.45	01:31:44.70	+00:56:34 (61.7%)	9:06	6.6 (38.6%)
835	LIWUŚ-ŁAPIŃSKA Asia	469	NIEZDIAGNOZOWANI W SZALE	K-30	176						00:45:39	01:34:27.90	01:35:10.45	+01:00:00 (63.0%)	9:26	6.4 (37.4%)
836	MALEC Edyta	500	NIEZDIAGNOZOWANI W SZALE	K-40	113						00:45:32	01:34:28.15	01:35:10.70	+01:00:00 (63.0%)	9:26	6.4 (37.4%)
836	MARKOWICZ Marlena	941		K-30	177						00:44:24	01:34:26.55	01:35:10.70	+01:00:00 (63.0%)	9:26	6.4 (37.4%)
836	MALEC Mariusz	499	NIEZDIAGNOZOWANI W SZALE	M-40	136						00:45:35	01:34:27.15	01:35:10.70	+01:00:00 (63.0%)	9:26	6.4 (37.4%)
	ROSIAK Marcin	5	WIECZORNE BIEGANIE W SZCZECINIE	M-30							00:44:59 DNF	DNF	DNF	-	-	- (0.0%)
	KRYGIER-ROSIAK Monika	6	WIECZORNE BIEGANIE W SZCZECINIE	K-30							00:45:00 DNF	DNF	DNF	-	-	- (0.0%)
	ROSIK Sebastian	681	WIECZORNE BIEGANIE W SZCZECINIE	M-30							DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 841 wynik(ów)