

VII BIEG NAJEŻONY PRZESZKODAMI „JEŻYK”

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organiser: MUKS „Start” Solec Kujawski
Date: 2023-09-16
Place: Solec Kujawski
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Open K

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	ANDRZEJEWSKA Sylwia	1	TEAMOCHAL	Seria Diamentowa - K	1	00:36:49.90		7:21	8.1 (100%)
2	PODBIELSKA Alina	150	KM UMK TORUŃ	Seria Diamentowa - K	2	00:38:50.40	+00:02:00 (5.2%)	7:46	7.7 (95.1%)
3	SIKORSKA Magda	172	POLKRYŚ TEAM	Seria Złota - K	1	00:39:19.25	+00:02:29 (6.3%)	7:51	7.6 (93.8%)
4	MISIAK Agata	113		Seria Diamentowa - K	3	00:40:45.65	+00:03:55 (9.6%)	8:09	7.4 (91.4%)
5	SAK Joanna	166	DRUŻYNA SZPIKU	Seria Diamentowa - K	4	00:43:01.25	+00:06:11 (14.4%)	8:36	7 (86.4%)
6	BIEGAŁA Agnieszka	7		Seria Diamentowa - K	5	00:43:16.40	+00:06:26 (14.9%)	8:39	6.9 (85.2%)
7	ZDANOWICZ Asia	220		Seria Diamentowa - K	6	00:43:32.40	+00:06:42 (15.4%)	8:42	6.9 (85.2%)
8	SAK Ewa	165		Seria Diamentowa - K	7	00:44:25.95	+00:07:36 (17.1%)	8:53	6.8 (84.0%)
9	CIESIELSKA Agnieszka	26		Seria Diamentowa - K	8	00:45:55.55	+00:09:05 (19.8%)	9:11	6.5 (80.2%)
10	JAKUBIEC Adrianna	55		Seria Srebrna - K	1	00:47:15.60	+00:10:25 (22.1%)	9:27	6.3 (77.8%)
11	SZULC - TRAWIŃSKA Katarzyna	191		Seria Diamentowa - K	9	00:47:49.85	+00:10:59 (23.0%)	9:33	6.3 (77.8%)
12	PISKORSKA Marta	145	KOLOROWE GACIE	Seria Diamentowa - K	10	00:49:12.00	+00:12:22 (25.1%)	9:50	6.1 (75.3%)
13	SPYCHALSKA Kinga	179		Seria Diamentowa - K	11	00:50:19.95	+00:13:30 (26.8%)	10:03	6 (74.1%)
14	JAKUBOWSKA Lucyna	56		Seria Złota - K	2	00:50:55.10	+00:14:05 (27.7%)	10:11	5.9 (72.8%)
15	ŁAWNICZAK Patrycja	97		Seria Złota - K	3	00:51:36.40	+00:14:46 (28.6%)	10:19	5.8 (71.6%)
16	ANDRZEJEWSKA Beata	2		Seria Diamentowa - K	12	00:52:10.95	+00:15:21 (29.4%)	10:26	5.8 (71.6%)
17	DROSDOWSKA Klara	34		Seria Złota - K	4	00:54:45.60	+00:17:55 (32.7%)	10:57	5.5 (67.9%)
18	SAK Anna	167	SOLANKOWI BIEGACZE	Seria Diamentowa - K	13	00:55:47.05	+00:18:57 (34.0%)	11:09	5.4 (66.7%)
19	ZIELIŃSKA Justyna	223	KOLOROWE GACIE	Seria Diamentowa - K	14	00:55:56.40	+00:19:06 (34.2%)	11:11	5.4 (66.7%)
20	WOŹNIACKA Beata	216	AZYL DLA JEŻY	Seria Diamentowa - K	15	00:55:56.70	+00:19:06 (34.2%)	11:11	5.4 (66.7%)
21	MAREK Anna	109		Seria Złota - K	5	00:56:05.15	+00:19:15 (34.3%)	11:13	5.3 (65.4%)
22	LICAU Magdalena	93		Seria Złota - K	6	00:58:12.60	+00:21:22 (36.7%)	11:38	5.2 (64.2%)
23	NOWACKA Aneta	124	MENTOR	Seria Diamentowa - K	16	00:58:20.20	+00:21:30 (36.9%)	11:40	5.1 (63.0%)
24	MALINOWSKA Hanna	105	MALINOWSCY TEAM	Seria Złota - K	7	00:58:48.45	+00:21:58 (37.4%)	11:45	5.1 (63.0%)
25	HAN Agnieszka	51		Seria Złota - K	8	00:59:24.20	+00:22:34 (38.0%)	11:52	5.1 (63.0%)
26	MAGIERA Joanna	101		Seria Złota - K	9	00:59:37.30	+00:22:47 (38.2%)	11:55	5 (61.7%)
27	MALINOWSKA Joanna	104	MALINOWSCY TEAM	Seria Złota - K	10	00:59:39.75	+00:22:49 (38.3%)	11:55	5 (61.7%)
28	PAWLAK Aleksandra	134		Seria Złota - K	11	01:01:39.80	+00:24:49 (40.3%)	12:19	4.9 (60.5%)
29	LEWANDOWSKA Monika	89		Seria Złota - K	12	01:01:43.85	+00:24:53 (40.3%)	12:20	4.9 (60.5%)
30	RUMIŃSKA Milena	228		Seria Złota - K	13	01:01:57.75	+00:25:07 (40.6%)	12:23	4.8 (59.3%)

						Net time 5km		Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat		Gap		
31	HAŃSKA Izabela	53	WARIOTY	Seria Diamentowa - K	17	01:02:15.20	+00:25:25 (40.8%)	12:27	4.8 (59.3%)
32	GRABOWSKA Beata	48	FUCK THE PESEL	Seria Diamentowa - K	18	01:02:23.05	+00:25:33 (41.0%)	12:28	4.8 (59.3%)
33	PLATA Agnieszka	147	FUCKTHEPESEL	Seria Diamentowa - K	19	01:02:23.15	+00:25:33 (41.0%)	12:28	4.8 (59.3%)
34	MURASZEWSKA Kinga	118	FUCK THE PESEL	Seria Diamentowa - K	20	01:02:23.35	+00:25:33 (41.0%)	12:28	4.8 (59.3%)
35	WOŻNY Agnieszka	229		Seria Złota - K	14	01:02:27.10	+00:25:37 (41.0%)	12:29	4.8 (59.3%)
36	TUZIAK Barbara	197		Seria Złota - K	15	01:02:30.45	+00:25:40 (41.1%)	12:30	4.8 (59.3%)
37	DUDEK Katarzyna	35		Seria Złota - K	16	01:02:49.25	+00:25:59 (41.4%)	12:33	4.8 (59.3%)
38	GŁOWALA Agnieszka	42		Seria Złota - K	17	01:03:04.10	+00:26:14 (41.6%)	12:36	4.8 (59.3%)
39	ROSIŃSKA Oliwia	154	PIEKŁO	Seria Złota - K	18	01:06:39.50	+00:29:49 (44.7%)	13:19	4.5 (55.6%)
40	RYDZYŃSKA Kaja	157	PIEKŁO	Seria Złota - K	19	01:06:39.55	+00:29:49 (44.7%)	13:19	4.5 (55.6%)
41	WIŚNIEWSKA Oliwia	209	CWZS ZAWISZA BYDGOSZCZ	Seria Srebrna - K	2	01:10:00.90	+00:33:11 (47.4%)	14:00	4.3 (53.1%)
42	SIMINSKA Monika	234		Open K	1	01:10:53.55	+00:34:03 (48.0%)	14:10	4.2 (51.9%)
43	SUJKOWSKA Iwona	235		Open K	2	01:10:54.05	+00:34:04 (48.1%)	14:10	4.2 (51.9%)
44	OKULICZ Anita	129	MUD FOXES	Seria Brązowa - K	1	01:11:11.90	+00:34:22 (48.3%)	14:14	4.2 (51.9%)
45	KAMPER Małgorzata	61		Seria Srebrna - K	3	01:13:36.90	+00:36:47 (50.0%)	14:43	4.1 (50.6%)
46	CZYŻEWSKA Honorata	28		Seria Srebrna - K	4	01:14:08.90	+00:37:19 (50.3%)	14:49	4 (49.4%)
47	STODÓLSKA Olga	182		Seria Srebrna - K	5	01:14:09.20	+00:37:19 (50.3%)	14:49	4 (49.4%)
48	DENUŚ Daria	242		Open K	3	01:14:53.20	+00:38:03 (50.8%)	14:58	4 (49.4%)
49	KUCHARSKA Dorota	77		Seria Złota - K	20	01:14:53.85	+00:38:03 (50.8%)	14:58	4 (49.4%)
50	POLITOWSKA Magdalena	151		Seria Złota - K	21	01:14:53.90	+00:38:04 (50.8%)	14:58	4 (49.4%)
51	JASKOWSKA Danuta	58		Seria Złota - K	22	01:14:54.65	+00:38:04 (50.8%)	14:58	4 (49.4%)
52	SUSZEK Kasia	185		Seria Złota - K	23	01:14:54.80	+00:38:04 (50.8%)	14:58	4 (49.4%)
53	WASILEWSKA Amelia	199		Seria Złota - K	24	01:14:54.90	+00:38:05 (50.8%)	14:58	4 (49.4%)
54	DABROWSKA-SZWAJA Aleksandra	30		Seria Złota - K	25	01:14:55.00	+00:38:05 (50.8%)	14:59	4 (49.4%)
55	DĄBROWSKA Magdalena	31		Seria Złota - K	26	01:14:55.55	+00:38:05 (50.8%)	14:59	4 (49.4%)
56	BOGDANÓW Karolina	13		Seria Brązowa - K	2	01:15:21.20	+00:38:31 (51.1%)	15:04	4 (49.4%)
57	MATUSZEWSKA Agnieszka	110		Seria Brązowa - K	3	01:15:21.85	+00:38:31 (51.1%)	15:04	4 (49.4%)
58	KONICZYŃSKA Zuzanna	238		Open K	4	01:16:20.55	+00:39:30 (51.8%)	15:16	3.9 (48.1%)
59	PŁOTALSKA Bernadeta	149		Seria Złota - K	27	01:17:55.70	+00:41:05 (52.7%)	15:35	3.9 (48.1%)
60	BARTOSIK LUDWISZEWSKA Ewa	4		Seria Złota - K	28	01:20:19.65	+00:43:29 (54.1%)	16:03	3.7 (45.7%)
61	PIETRZAK Róża	142		Seria Srebrna - K	6	01:20:23.80	+00:43:33 (54.2%)	16:04	3.7 (45.7%)
62	PIETRZAK Małgorzata	141		Seria Srebrna - K	7	01:20:24.20	+00:43:34 (54.2%)	16:04	3.7 (45.7%)
63	PIETRZAK-PIJEWSKA Sylwia	143		Seria Złota - K	29	01:20:38.20	+00:43:48 (54.3%)	16:07	3.7 (45.7%)
63	ROSZAK Anna	156		Seria Złota - K	29	01:20:38.20	+00:43:48 (54.3%)	16:07	3.7 (45.7%)
65	KWASIK Marlena	82		Seria Złota - K	31	01:20:38.40	+00:43:48 (54.3%)	16:07	3.7 (45.7%)
66	WILK Magdalena	231		Seria Brązowa - K	4	01:23:08.80	+00:46:18 (55.7%)	16:37	3.6 (44.4%)
67	NOWACKA Katarzyna	125		Seria Srebrna - K	8	01:23:20.00	+00:46:30 (55.8%)	16:40	3.6 (44.4%)
68	SKIBICKA Anna	174		Seria Brązowa - K	5	01:23:27.90	+00:46:38 (55.9%)	16:41	3.6 (44.4%)
69	KOWALSKA Izabela	69		Seria Brązowa - K	6	01:23:42.05	+00:46:52 (56.0%)	16:44	3.6 (44.4%)
70	NOWAK Magdalena	126		Seria Złota - K	32	01:24:23.95	+00:47:34 (56.4%)	16:52	3.6 (44.4%)
71	BEDNAREK Angelika	232	WARIOTY TEAM	Seria Złota - K	33	01:24:24.15	+00:47:34 (56.4%)	16:52	3.6 (44.4%)
71	WAWRZYNIAK Milena	202	RENEGAT INOWROCŁAW	Seria Złota - K	33	01:24:24.15	+00:47:34 (56.4%)	16:52	3.6 (44.4%)
73	SZABLEWSKA Aleksandra	187		Seria Srebrna - K	9	01:24:24.80	+00:47:34 (56.4%)	16:52	3.6 (44.4%)
74	KRZYWDZINSKA Magdalena	74		Seria Złota - K	35	01:24:25.00	+00:47:35 (56.4%)	16:53	3.6 (44.4%)

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75	JENDRZEJCZAK Małgorzata	60		Seria Złota - K	36	01:24:25.55	+00:47:35 (56.4%)	16:53	3.6 (44.4%)
76	SUDRAWSKA-NIZWANTOWSKA Malwina	184		Seria Srebrna - K	10	01:24:40.85	+00:47:50 (56.5%)	16:56	3.5 (43.2%)
77	CHEŁMINIAK Martyna	23		Seria Brązowa - K	7	01:25:19.50	+00:48:29 (56.8%)	17:03	3.5 (43.2%)
78	CHEŁMINIAK Monika	22	TKKF KOLEJARZ BYDGOSZCZ	Seria Brązowa - K	8	01:25:19.70	+00:48:29 (56.8%)	17:03	3.5 (43.2%)
79	WAZ Agnieszka	203		Seria Brązowa - K	9	01:25:40.40	+00:48:50 (57.0%)	17:08	3.5 (43.2%)
80	LAMPARSKA Agnieszka	86		Seria Brązowa - K	10	01:25:40.90	+00:48:51 (57.0%)	17:08	3.5 (43.2%)
81	BUJNOWSKA Agata	19		Seria Brązowa - K	11	01:26:22.45	+00:49:32 (57.4%)	17:16	3.5 (43.2%)
82	LANGMESSER Danuta	87	MORSY ZBLEWO	Seria Srebrna - K	11	01:27:24.30	+00:50:34 (57.9%)	17:28	3.4 (42.0%)
83	WICEK Aneta	207	MOTSY ZBLEWO	Seria Srebrna - K	12	01:27:24.40	+00:50:34 (57.9%)	17:28	3.4 (42.0%)
84	BIELIŃSKA Bożena	9		Seria Srebrna - K	13	01:27:24.45	+00:50:34 (57.9%)	17:28	3.4 (42.0%)
85	LEWANDOWSKA Ewa	88		Seria Srebrna - K	14	01:27:24.70	+00:50:34 (57.9%)	17:28	3.4 (42.0%)
86	MURAWSKA Katarzyna	120	MORSY ZBLEWO	Seria Srebrna - K	15	01:27:24.85	+00:50:34 (57.9%)	17:28	3.4 (42.0%)
87	SABINIARZ Beata	163	MORSY ZBLEWO	Seria Srebrna - K	16	01:27:25.00	+00:50:35 (57.9%)	17:29	3.4 (42.0%)
88	LOOSE Anna	94	MORSY ZBLEWO	Seria Srebrna - K	17	01:27:25.05	+00:50:35 (57.9%)	17:29	3.4 (42.0%)
89	OSSOWSKA Ewa	132	MORSY ZBLEWO	Seria Srebrna - K	18	01:27:25.10	+00:50:35 (57.9%)	17:29	3.4 (42.0%)
90	SZCZERBIŃSKA Małgorzata	188		Seria Brązowa - K	12	01:29:29.35	+00:52:39 (58.8%)	17:53	3.4 (42.0%)
91	SZYCHOWSKA Joanna	192	KARATECARDIO	Seria Brązowa - K	13	01:29:30.95	+00:52:41 (58.9%)	17:54	3.4 (42.0%)
92	SZULC Aleksandra	190	KARATE CARDIO	Seria Brązowa - K	14	01:29:32.30	+00:52:42 (58.9%)	17:54	3.4 (42.0%)
92	BOLINSKA Agnieszka	14	KARATE CARDIO	Seria Brązowa - K	14	01:29:32.30	+00:52:42 (58.9%)	17:54	3.4 (42.0%)
94	PĘCZKOWSKA Elżbieta	138		Seria Brązowa - K	16	01:29:42.15	+00:52:52 (58.9%)	17:56	3.3 (40.7%)
95	MAJDA Karolina	103		Seria Brązowa - K	17	01:29:42.60	+00:52:52 (58.9%)	17:56	3.3 (40.7%)
95	PIĄTKOWSKA Daria	140		Seria Brązowa - K	17	01:29:42.60	+00:52:52 (58.9%)	17:56	3.3 (40.7%)
97	BIŁOSZEWSKA Natalia	10		Seria Brązowa - K	19	01:30:12.15	+00:53:22 (59.2%)	18:02	3.3 (40.7%)
98	KSIĄŻEK Agnieszka	75	ROZBIEGANE TUCZNO	Seria Srebrna - K	19	01:31:42.35	+00:54:52 (59.8%)	18:20	3.3 (40.7%)
99	MURAWIAK Agnieszka	119	ROZBIEGANE TUCZNO	Seria Srebrna - K	20	01:31:43.35	+00:54:53 (59.8%)	18:20	3.3 (40.7%)
100	ŻURAWSKA Patrycja	227	ROZBIEGANE TUCZNO	Seria Srebrna - K	21	01:31:44.00	+00:54:54 (59.8%)	18:20	3.3 (40.7%)
101	JELIŃSKA Natalia	59	ROZBIEGANE TUCZNO	Seria Srebrna - K	22	01:31:44.70	+00:54:54 (59.9%)	18:20	3.3 (40.7%)
102	GUŚCIORA Anita	50		Seria Srebrna - K	23	01:31:52.60	+00:55:02 (59.9%)	18:22	3.3 (40.7%)
103	BARTOSZEWICZ Justyna	5		Seria Srebrna - K	24	01:31:52.75	+00:55:02 (59.9%)	18:22	3.3 (40.7%)
104	RZESZUTO Monika	159		Seria Brązowa - K	20	01:32:03.50	+00:55:13 (60.0%)	18:24	3.3 (40.7%)
105	JARZĘBSKA Gabriela	57		Seria Brązowa - K	21	01:32:03.75	+00:55:13 (60.0%)	18:24	3.3 (40.7%)
106	ZDUNIAK Anna	222		Seria Brązowa - K	22	01:32:52.20	+00:56:02 (60.3%)	18:34	3.2 (39.5%)
107	NAJMOWICZ-ZIĘTARA Monika	121	MOPSY	Seria Srebrna - K	25	01:33:19.00	+00:56:29 (60.5%)	18:39	3.2 (39.5%)
108	SZYMCZYK Joanna	194	KARATE CARDIO	Seria Brązowa - K	23	01:33:58.40	+00:57:08 (60.8%)	18:47	3.2 (39.5%)
109	RZEŹNIK Aldona	161		Seria Srebrna - K	26	01:36:15.80	+00:59:25 (61.7%)	19:15	3.1 (38.3%)
110	STIMMA Anna	181	MOPSY	Seria Srebrna - K	27	01:36:16.10	+00:59:26 (61.7%)	19:15	3.1 (38.3%)
111	PAWŁOWSKA Małgorzata	136	MOPSY	Seria Srebrna - K	28	01:36:16.15	+00:59:26 (61.7%)	19:15	3.1 (38.3%)
112	KARBOWSKA Emilia	62		Seria Złota - K	37	01:39:26.45	+01:02:36 (63.0%)	19:53	3 (37.0%)

Total 112 results.