

VII BIEG NAJEŻONY PRZESZKODAMI „JEŻYK”

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organiser: MUKS „Start” Solec Kujawski
Date: 2023-09-16
Place: Solec Kujawski
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Seria Złota - M

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	BRZOZOWSKI Szymon	16		Seria Złota - M	1	00:40:58.30		8:11	7.3 (100%)
2	CZAJA Jarosław	27		Seria Złota - M	2	00:41:45.70	+00:00:47 (1.9%)	8:21	7.2 (98.6%)
3	LEWANDOWSKI Dariusz	91		Seria Złota - M	3	00:44:37.75	+00:03:39 (8.2%)	8:55	6.7 (91.8%)
4	KIEŁPIŃSKI Wojciech	66		Seria Złota - M	4	00:45:14.20	+00:04:15 (9.4%)	9:02	6.6 (90.4%)
5	ZACNIEWSKI Paweł	218		Seria Złota - M	5	00:46:07.05	+00:05:08 (11.2%)	9:13	6.5 (89.0%)
6	BIELECKI Karol	8		Seria Złota - M	6	00:46:07.15	+00:05:08 (11.2%)	9:13	6.5 (89.0%)
7	KOTYRBA Wojciech	68		Seria Złota - M	7	00:46:30.65	+00:05:32 (11.9%)	9:18	6.5 (89.0%)
8	WOLAK Piotr	214		Seria Złota - M	8	00:47:41.45	+00:06:43 (14.1%)	9:32	6.3 (86.3%)
9	GRACZ Adam	49		Seria Złota - M	9	00:47:41.55	+00:06:43 (14.1%)	9:32	6.3 (86.3%)
10	PIWOŃSKI Robert	146	PARAFIALNY KLUB BIEGACZA	Seria Złota - M	10	00:48:01.35	+00:07:03 (14.7%)	9:36	6.2 (84.9%)
11	PECZKOWSKI Arkadiusz	137		Seria Złota - M	11	00:48:07.80	+00:07:09 (14.9%)	9:37	6.2 (84.9%)
12	SIEKIERKA Jarosław	170		Seria Złota - M	12	00:48:31.50	+00:07:33 (15.6%)	9:42	6.2 (84.9%)
13	BEREŻNICKI Andrzej	6		Seria Złota - M	13	00:48:47.70	+00:07:49 (16.0%)	9:45	6.1 (83.6%)
14	GAWROŃSKI Mateusz	40		Seria Złota - M	14	00:48:47.95	+00:07:49 (16.0%)	9:45	6.1 (83.6%)
15	ŁUKASZEWICZ Arkadiusz	100	REBEL	Seria Złota - M	15	00:50:27.20	+00:09:28 (18.8%)	10:05	5.9 (80.8%)
16	STACHOWIAK Dawid	180		Seria Złota - M	16	00:50:29.80	+00:09:31 (18.9%)	10:05	5.9 (80.8%)
17	SKORUPA Sebastian	176	REBEL	Seria Złota - M	17	00:50:36.10	+00:09:37 (19.0%)	10:07	5.9 (80.8%)
18	BARCIKOWSKI Michał	3	REBEL	Seria Złota - M	18	00:50:39.55	+00:09:41 (19.1%)	10:07	5.9 (80.8%)
19	MALINOWSKI Tomasz	106		Seria Złota - M	19	00:50:56.40	+00:09:58 (19.6%)	10:11	5.9 (80.8%)
20	ŁAWNICZAK Łukasz	98		Seria Złota - M	20	00:51:36.15	+00:10:37 (20.6%)	10:19	5.8 (79.5%)
21	ŁATA Bartłomiej	96		Seria Złota - M	21	00:51:36.35	+00:10:38 (20.6%)	10:19	5.8 (79.5%)
22	SIEJNA Michał	169	REBEL	Seria Złota - M	22	00:52:50.20	+00:11:51 (22.5%)	10:34	5.7 (78.1%)
23	KRZEWINA Paweł	73	ORLEN RUNNING TEAM	Seria Złota - M	23	00:53:15.50	+00:12:17 (23.1%)	10:39	5.6 (76.7%)
24	TOMPOROWSKI Oskar	230		Seria Złota - M	24	00:53:32.65	+00:12:34 (23.5%)	10:42	5.6 (76.7%)
25	WAŃDOCH Mateusz	198		Seria Złota - M	25	00:53:33.85	+00:12:35 (23.5%)	10:42	5.6 (76.7%)
26	KOSIOR Marcel	67		Seria Złota - M	26	00:54:17.65	+00:13:19 (24.5%)	10:51	5.5 (75.3%)
27	GAPIŃSKI Maciej	39		Seria Złota - M	27	00:54:17.85	+00:13:19 (24.5%)	10:51	5.5 (75.3%)
28	PAWLAK Daniel	135		Seria Złota - M	28	00:54:53.00	+00:13:54 (25.3%)	10:58	5.5 (75.3%)
29	PIATRUSHA Andrei	139	RENEGAT	Seria Złota - M	29	00:55:13.35	+00:14:15 (25.8%)	11:02	5.4 (74.0%)
30	SIEMIANOWSKI Jan	171	TEAM Z KANGURA	Seria Złota - M	30	00:55:59.35	+00:15:01 (26.8%)	11:11	5.4 (74.0%)

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
31	ZDRENKA Dennis	221	TEAM Z KANGURA	Seria Złota - M	31	00:56:01.35	+00:15:03 (26.9%)	11:12	5.4 (74.0%)
32	MAREK Lucjan	108		Seria Złota - M	32	00:56:05.65	+00:15:07 (27.0%)	11:13	5.3 (72.6%)
33	BUTRYM Adam	21	T.S OPATRUNKI	Seria Złota - M	33	00:57:46.00	+00:16:47 (29.1%)	11:33	5.2 (71.2%)
34	LICAU Krzysztof	92		Seria Złota - M	34	00:58:12.00	+00:17:13 (29.6%)	11:38	5.2 (71.2%)
35	MALINOWSKI Michał	107	MALINOWSCY TEAM	Seria Złota - M	35	00:58:48.35	+00:17:50 (30.3%)	11:45	5.1 (69.9%)
36	MUCHA Marcin	117		Seria Złota - M	36	01:01:28.50	+00:20:30 (33.4%)	12:17	4.9 (67.1%)
37	MAGIERA Tomasz	102		Seria Złota - M	37	01:01:40.30	+00:20:42 (33.6%)	12:20	4.9 (67.1%)
38	MICHALCZYK Szymon	111	WARIOTY	Seria Złota - M	38	01:02:15.05	+00:21:16 (34.2%)	12:27	4.8 (65.8%)
39	GŁOWALA Grzegorz	41		Seria Złota - M	39	01:03:04.30	+00:22:06 (35.0%)	12:36	4.8 (65.8%)
40	WOJCIECHOWSKI Paweł	212		Seria Złota - M	40	01:04:24.25	+00:23:25 (36.4%)	12:52	4.7 (64.4%)
41	TAFELSKI Piotr	196	PIEKŁO	Seria Złota - M	41	01:06:38.85	+00:25:40 (38.5%)	13:19	4.5 (61.6%)
42	TAFELSKI Krzysztof	195	PIEKŁO	Seria Złota - M	42	01:06:39.00	+00:25:40 (38.5%)	13:19	4.5 (61.6%)
43	RYDZYŃSKI Emil	158	PIEKŁO	Seria Złota - M	43	01:06:39.20	+00:25:40 (38.5%)	13:19	4.5 (61.6%)
44	KUCHARSKI Krzysztof	78		Seria Złota - M	44	01:14:54.55	+00:33:56 (45.3%)	14:58	4 (54.8%)
45	WASILEWSKI Ariel	200		Seria Złota - M	45	01:14:55.25	+00:33:56 (45.3%)	14:59	4 (54.8%)
45	DERON Łukasz	32		Seria Złota - M	45	01:14:55.25	+00:33:56 (45.3%)	14:59	4 (54.8%)
47	KWASIK Wojciech	81		Seria Złota - M	47	01:19:58.60	+00:39:00 (48.8%)	15:59	3.8 (52.1%)
48	WASILUK Tomasz	201		Seria Złota - M	48	01:20:00.10	+00:39:01 (48.8%)	16:00	3.8 (52.1%)
49	LUDWISZEWSKI Adam	95	TATANKA	Seria Złota - M	49	01:20:19.45	+00:39:21 (49.0%)	16:03	3.7 (50.7%)
50	ZIELIŃSKI Andrzej	225		Seria Złota - M	50	01:20:39.65	+00:39:41 (49.2%)	16:07	3.7 (50.7%)

Total 50 results.