



VII BIEG RYBAKA - 10 KM

B4SPORT

Wydarzenie:
Organizator:

VII Bieg Rybaka
Stowarzyszenie Sportowe Grupa Biegowa
Rundorfina, Gmina Czaplinek

Data:
Miejsce:
Dystans:

2024-09-21
Czaplinek
10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	ZYGOŃ Artur	196	ZACHODNIOPOMORSKI URZĄD WOJEWÓDZKI	M30-39	1	00:18:34	00:38:08.30		3:48	15.7 (100%)
2	SOBCZAK Adrian	159		M30-39	2	00:19:07	00:38:36.60	+00:00:28 (1.2%)	3:51	15.5 (98.7%)
3	MAKUCH Krzysztof	111	EL TORO DE ORO	M40-49	1	00:19:23	00:38:53.45	+00:00:45 (1.9%)	3:53	15.4 (98.1%)
4	CIASTOŃ Tomasz	32		M40-49	2	00:20:26	00:40:46.70	+00:02:38 (6.5%)	4:04	14.7 (93.6%)
5	SZAFRANEK Krzysztof	169		M30-39	3	00:20:09	00:41:23.60	+00:03:15 (7.9%)	4:08	14.5 (92.4%)
6	NAGLACKI Grzegorz	121	MALI PROFI	M50-59	1	00:21:16	00:43:00.10	+00:04:51 (11.3%)	4:18	14 (89.2%)
7	ARENDARSKI Dariusz	4		M40-49	3	00:21:05	00:43:15.75	+00:05:07 (11.8%)	4:19	13.9 (88.5%)
8	MAZUR Tomasz	119	I LO SZCZECINEK	M40-49	4	00:21:39	00:43:29.55	+00:05:21 (12.3%)	4:20	13.8 (87.9%)
9	GAŁAN Leszek	47		M60-69	1	00:22:31	00:44:43.70	+00:06:35 (14.7%)	4:28	13.4 (85.4%)
10	WOJCIECHOWSKI Krzysztof	187		M50-59	2	00:21:17	00:45:13.45	+00:07:05 (15.7%)	4:31	13.3 (84.7%)
11	KOPCZAK Grzegorz	88	52BREM	M40-49	5	00:21:51	00:45:25.90	+00:07:17 (16.1%)	4:32	13.2 (84.1%)
12	SZKOPEK Krzysztof	171		M60-69	2	00:22:07	00:45:32.00	+00:07:23 (16.2%)	4:33	13.2 (84.1%)
13	BOŃKOWSKI Jakub	22		M30-39	4	00:22:06	00:45:54.80	+00:07:46 (16.9%)	4:35	13.1 (83.4%)
14	SIELATYCKA Olga	158	EL TORO DE ORO	K40-49	1	00:22:49	00:46:03.60	+00:07:55 (17.2%)	4:36	13 (82.8%)
15	ECKERT Zbigniew	43	TEAM BIEGOWY SZCZECINEK	M50-59	3	00:22:35	00:47:03.35	+00:08:55 (19.0%)	4:42	12.8 (81.5%)
16	TOMASZEWICZ Filip	176		M18-29	1	00:23:08	00:47:11.05	+00:09:02 (19.2%)	4:43	12.7 (80.9%)
17	KSIĄŻEK Teresa	94		K60-69	1	00:23:39	00:47:19.25	+00:09:10 (19.4%)	4:43	12.7 (80.9%)
18	SZYMAŃSKI Adam	173	KRÓLICZKI W PLECAKU	M30-39	5	00:23:32	00:47:25.25	+00:09:16 (19.6%)	4:44	12.7 (80.9%)
19	KŁACZKIEWICZ Alicja	84	WY-BIEGANI SZCZECIN	K30-39	1	00:23:35	00:48:13.05	+00:10:04 (20.9%)	4:49	12.4 (79.0%)
20	AUGUSTOWSKI Krzysztof	5	STOWARZYSZENIE NASZA ŚWIERCZYNA	M50-59	4	00:23:23	00:48:25.65	+00:10:17 (21.2%)	4:50	12.4 (79.0%)
21	SUBERLAK Damian	164	FLASH	M30-39	6	00:24:14	00:48:40.80	+00:10:32 (21.7%)	4:52	12.3 (78.3%)
22	PUCEK Paweł	146		M30-39	7	00:23:25	00:48:46.05	+00:10:37 (21.8%)	4:52	12.3 (78.3%)
23	PADŁO Patrycja	133	OSP LOTYŃ	K18-29	1	00:24:27	00:49:35.90	+00:11:27 (23.1%)	4:57	12.1 (77.1%)
24	WOJCIECHOWSKA Wanda	186		K50-59	1	00:23:51	00:49:40.20	+00:11:31 (23.2%)	4:58	12.1 (77.1%)
25	BARTE Mateusz	13	ZABIEGANINOCA	M30-39	8	00:23:55	00:50:02.75	+00:11:54 (23.8%)	5:00	12 (76.4%)
26	JADRYCH Zbigniew	67	NO NAMES	M40-49	6	00:24:26	00:50:15.65	+00:12:07 (24.1%)	5:01	11.9 (75.8%)
27	GOTOWIEC Tomasz	54		M50-59	5	00:25:08	00:50:25.40	+00:12:17 (24.4%)	5:02	11.9 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	SPERA Hubert	160		M30-39	9	00:24:42	00:50:43.45	+00:12:35 (24.8%)	5:04	11.8 (75.2%)
29	DAWIDOWICZ Wojciech	38		M30-39	10	00:24:42	00:50:58.60	+00:12:50 (25.2%)	5:05	11.8 (75.2%)
30	SELIGA Piotr	156	LUDWIG CZEKOLADA TUCZNO TEAM	M40-49	7	00:26:53	00:53:09.80	+00:15:01 (28.3%)	5:18	11.3 (72.0%)
31	SZYMAŃSKI Aleksander	174	OLEKSY BIEGA	M50-59	6	00:26:47	00:53:25.75	+00:15:17 (28.6%)	5:20	11.2 (71.3%)
32	MANKIEWICZ Robert	116		M30-39	11	00:26:44	00:54:27.70	+00:16:19 (30.0%)	5:26	11 (70.1%)
33	BORKOWSKA Alicja	24		K50-59	2	00:27:13	00:57:21.90	+00:19:13 (33.5%)	5:44	10.5 (66.9%)
34	GIERSZEWSKI Mateusz	51		M30-39	12	00:28:26	00:58:50.35	+00:20:42 (35.2%)	5:53	10.2 (65.0%)
35	MAZIEC Patrycja	117		K40-49	2	00:29:02	01:00:10.30	+00:22:02 (36.6%)	6:01	10 (63.7%)
36	KLEJDA Agnieszka	81	BIEGACZE JÓZEFA NOJI	K30-39	2	00:28:33	01:00:56.00	+00:22:47 (37.4%)	6:05	9.8 (62.4%)
37	KOŁAKOWSKI Dariusz	86		M50-59	7	00:29:50	01:01:18.90	+00:23:10 (37.8%)	6:07	9.8 (62.4%)
38	BUJNICKI Kazimierz	27	MORSY ZIELONKA	M60-69	3	00:30:31	01:02:01.25	+00:23:52 (38.5%)	6:12	9.7 (61.8%)
39	POCZĄTEK Michał	137		M60-69	4	00:30:32	01:02:27.95	+00:24:19 (38.9%)	6:14	9.6 (61.1%)
40	HELLER Zdzisław	60	NIEZRZESZONY	M60-69	5	00:34:25	01:11:14.05	+00:33:05 (46.5%)	7:07	8.4 (53.5%)
41		205								(0.0%)
DNC	JADRYCH Magdalena	68	NO NAME	K40-49		00:31:04				(0.0%)

Znaleziono 42 wynik(ów)