



# VII BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT

Organizator:

Data:

Miejsce:

Dystans:

Rowerowa Brzoza

2016-09-17

Przyłęki-Brzoza

10 km

B4SPORT  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Split 5k 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>CICHOŃSKA-BAZAK Marzena</b>	<b>243</b>	CZARNE STOPY.SM	K4	1	Straż Miejska Bydgoszcz	Bazak		00:00:12	00:23:52	<b>00:47:44.20</b>	<b>00:47:56.50</b>		4:46	12.6 (100%)
2	<b>SUCHOMSKA Beata</b>	<b>288</b>	OPENTAX24.PL	K4	2				00:00:20	00:25:26	<b>00:51:07.95</b>	<b>00:51:28.70</b>	+00:03:23 (6.6%)	5:06	11.7 (92.9%)
3	<b>RYBKA Ilona</b>	<b>36</b>		K4	3				00:00:14	00:25:36	<b>00:51:36.10</b>	<b>00:51:51.00</b>	+00:03:51 (7.5%)	5:09	11.6 (92.1%)
4	<b>STERNAL Elżbieta</b>	<b>246</b>		K4	4		STERNAL		00:00:12	00:25:19	<b>00:52:06.00</b>	<b>00:52:18.85</b>	+00:04:21 (8.4%)	5:12	11.5 (91.3%)
5	<b>KĘPIŃSKA Katarzyna</b>	<b>96</b>	RUN PASJA	K4	5			RUN PASJA	00:00:16	00:25:31	<b>00:54:23.85</b>	<b>00:54:39.90</b>	+00:06:39 (12.2%)	5:26	11 (87.3%)
6	<b>WOJCIECHOWSKA Emilia</b>	<b>194</b>		K4	6	KWP BYDGOSZCZ	Wojciechowscy		00:00:17	00:26:55	<b>00:54:33.10</b>	<b>00:54:50.90</b>	+00:06:48 (12.5%)	5:27	11 (87.3%)
7	<b>MAKUCH Urszula</b>	<b>404</b>	12 WOG	K4	7	12 WOG			00:00:21	00:27:26	<b>00:56:12.80</b>	<b>00:56:34.45</b>	+00:08:28 (15.1%)	5:37	10.7 (84.9%)
8	<b>CZĘSTOCHOWSKA Ilona</b>	<b>397</b>	BRAK	K4	8				00:00:14	00:28:32	<b>00:57:00.15</b>	<b>00:57:14.90</b>	+00:09:15 (16.3%)	5:42	10.5 (83.3%)
9	<b>ŁUGOWSKA Agnieszka</b>	<b>79</b>		K4	9		Ługowscy		00:00:26	00:29:40	<b>00:58:30.10</b>	<b>00:58:56.40</b>	+00:10:45 (18.4%)	5:51	10.3 (81.7%)
10	<b>LONG-KUCHARCZYK Setha</b>	<b>59</b>		K4	10		Kucharczyk		00:00:18	00:28:56	<b>00:58:46.95</b>	<b>00:59:05.00</b>	+00:11:02 (18.8%)	5:52	10.2 (81.0%)
11	<b>MALATYŃSKA Barbara</b>	<b>33</b>		K4	11				00:00:23	00:30:35	<b>01:00:26.50</b>	<b>01:00:50.25</b>	+00:12:42 (21.0%)	6:02	9.9 (78.6%)
12	<b>AUGUSTYNOWICZ Aurelia</b>	<b>233</b>	REGION WSPARCIA TELEINFORMATYCZNEGO W BYDGOSZCZY	K4	12	Region Wsparcia Teleinformatycznego w Bydgoszczy			00:00:19	00:29:32	<b>01:00:28.75</b>	<b>01:00:48.10</b>	+00:12:44 (21.1%)	6:02	9.9 (78.6%)
13	<b>KOŹUCHOWSKA Katarzyna</b>	<b>114</b>	RUN BYDGOSZCZ	K4	13			Run Bdg	00:00:13	00:29:09	<b>01:00:33.95</b>	<b>01:00:47.90</b>	+00:12:49 (21.2%)	6:03	9.9 (78.6%)
14	<b>DAŃCZUK Agnieszka</b>	<b>300</b>		K4	14				00:00:19	00:30:07	<b>01:02:06.10</b>	<b>01:02:25.10</b>	+00:14:21 (23.1%)	6:12	9.7 (77.0%)
15	<b>MOCZADŁO Maria</b>	<b>408</b>		K4	15				00:00:19	00:31:06	<b>01:02:33.65</b>	<b>01:02:53.15</b>	+00:14:49 (23.7%)	6:15	9.6 (76.2%)
16	<b>ANASZEWICZ Marzena</b>	<b>132</b>		K4	16				00:00:24	00:31:40	<b>01:06:25.75</b>	<b>01:06:49.85</b>	+00:18:41 (28.1%)	6:38	9 (71.4%)
17	<b>GRABOWSKA Lucyna</b>	<b>335</b>	BRZOZA BIEGA	K4	17				00:00:23	00:32:54	<b>01:07:31.55</b>	<b>01:07:54.55</b>	+00:19:47 (29.3%)	6:45	8.9 (70.6%)
18	<b>KUBIAK Agata</b>	<b>195</b>		K4	18	KWP BYDGOSZCZ			00:00:10	00:31:35	<b>01:08:32.00</b>	<b>01:08:42.20</b>	+00:20:47 (30.3%)	6:51	8.8 (69.8%)
19	<b>BIELASZEWSKA Agnieszka</b>	<b>105</b>		K4	19				00:00:06	00:33:06	<b>01:08:40.05</b>	<b>01:08:46.50</b>	+00:20:55 (30.5%)	6:52	8.7 (69.0%)

Znaleziono 19 wynik(ów)

