



# VII BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT

**Organizator:** Rowerowa Brzoza  
**Data:** 2016-09-17  
**Miejsce:** Przyłęki-Brzoza  
**Dystans:** 10 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Mundur M46+

| Msc | Zawodnik                   | Numer      | Klub   | Kategoria | Mkat | Drużyna mundurowa                                | Rodzina   | Drużyna      | Czas startu | Split_5k 5km | Czas netto 10km    | Czas brutto 10km   | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------------|------------|--|-----------|------|--|-----------|--------------|-------------|--------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1   | <b>DUCHIŃSKI Wojciech</b>  | <b>44</b>  | BRZOZA BIEGA                                     | M4        | 7    | Wsp SZ Bydgoszcz                                 |           | Brzoza Biega | 00:00:02    | 00:19:28     | <b>00:39:08.20</b> | <b>00:39:10.40</b> |                   | 3:54         | 15.3 (100%)  |
| 2   | <b>KOPEĆ Waldemar</b>      | <b>344</b> | 3RBLOG   | M4        | 12   | 3 Regionalna Baza Logistyczna                    |           |              | 00:00:07    | 00:20:53     | <b>00:41:17.95</b> | <b>00:41:25.85</b> | +00:02:09 (5.2%)  | 4:07         | 14.5 (94.8%) |
| 3   | <b>CICHONCZUK Antoni</b>   | <b>2</b>   | AKADEMIA MARYNARKI WOJENNEJ                      | M6        | 1    | Akademia Marynarki Wojennej                      |           |              | 00:00:02    | 00:20:49     | <b>00:41:33.70</b> | <b>00:41:36.45</b> | +00:02:25 (5.8%)  | 4:09         | 14.4 (94.1%) |
| 4   | <b>PAWŁOWSKI Radosław</b>  | <b>182</b> | JFTC SU  | M4        | 16   | JFTC SU  | PAWŁOWSKI |              | 00:00:06    | 00:21:24     | <b>00:42:31.70</b> | <b>00:42:38.35</b> | +00:03:23 (8.0%)  | 4:15         | 14.1 (92.2%) |
| 5   | <b>DAŃCZUK Jerzy</b>       | <b>301</b> | REGION WSPARCIA TELEINFORMATYCZNEGO W BYDGOSZCZY | M5        | 6    | Region Wsparcia Teleinformatycznego w Bydgoszczy |           |              | 00:00:07    | 00:21:39     | <b>00:42:34.55</b> | <b>00:42:41.85</b> | +00:03:26 (8.1%)  | 4:15         | 14.1 (92.2%) |
| 6   | <b>BAZAK Cezary</b>        | <b>269</b> | CDIS SZ  | M5        | 7    | Centrum Doktryn i Szkolenia SZ                   | Bazak     |              | 00:00:12    | 00:22:09     | <b>00:43:43.30</b> | <b>00:43:55.70</b> | +00:04:35 (10.5%) | 4:22         | 13.7 (89.5%) |
| 7   | <b>SADOWSKI Jarosław</b>   | <b>189</b> |  | M4        | 24   | KWP BYDGOSZCZ                                    |           |              | 00:00:08    | 00:21:30     | <b>00:43:46.00</b> | <b>00:43:54.25</b> | +00:04:37 (10.6%) | 4:22         | 13.7 (89.5%) |
| 8   | <b>WYSOCKI Jerzy</b>       | <b>241</b> | CZARNE STOPY.SM                                  | M5        | 12   | Straż Miejska Bydgoszcz                          |           |              | 00:00:13    | 00:24:10     | <b>00:47:52.25</b> | <b>00:48:06.05</b> | +00:08:44 (18.2%) | 4:47         | 12.5 (81.7%) |
| 9   | <b>WALENCIAK Jarosław</b>  | <b>242</b> | CZARNE STOPY.SM                                  | M4        | 47   | Straż Miejska Bydgoszcz                          |           |              | 00:00:05    | 00:24:01     | <b>00:48:23.60</b> | <b>00:48:28.65</b> | +00:09:15 (19.1%) | 4:50         | 12.4 (81.0%) |
| 10  | <b>MAŁKIŃSKI Józef</b>     | <b>54</b>  | REGION WSPARCIA TELEINFORMATYCZNEGO W BYDGOSZCZY | M5        | 14   | Region Wsparcia Teleinformatycznego w Bydgoszczy |           |              | 00:00:16    | 00:23:52     | <b>00:48:30.95</b> | <b>00:48:47.80</b> | +00:09:22 (19.3%) | 4:51         | 12.4 (81.0%) |
| 11  | <b>DRZYMAŁA Marek</b>      | <b>339</b> | GEOGRAFIA WOJSKOWA JW 1440 TORUŃ                 | M5        | 18   | Geografia Wojskowa JW 1440 Toruń                 |           |              | 00:00:05    | 00:24:21     | <b>00:49:07.15</b> | <b>00:49:12.75</b> | +00:09:58 (20.3%) | 4:54         | 12.2 (79.7%) |
| 12  | <b>MIRGOS Sławomir</b>     | <b>331</b> |  | M4        | 60   | 3 Regionalna Baza Logistyczna                    |           |              | 00:00:17    | 00:25:18     | <b>00:51:12.25</b> | <b>00:51:29.45</b> | +00:12:04 (23.6%) | 5:07         | 11.7 (76.5%) |
| 13  | <b>HOLICZKO Mirosław</b>   | <b>65</b>  | REGION WSPARCIA TELEINFORMATYCZNEGO W BYDGOSZCZY | M5        | 20   | Region Wsparcia Teleinformatycznego w Bydgoszczy |           |              | 00:00:11    | 00:25:29     | <b>00:51:21.90</b> | <b>00:51:32.90</b> | +00:12:13 (23.8%) | 5:08         | 11.7 (76.5%) |
| 14  | <b>LITKE Marek</b>         | <b>365</b> | 3 REGIONALNA BAZA LOGISTYCZNA                    | M4        | 67   | 3 Regionalna Baza Logistyczna                    |           |              | 00:00:17    | 00:25:19     | <b>00:52:02.30</b> | <b>00:52:19.75</b> | +00:12:54 (24.8%) | 5:12         | 11.5 (75.2%) |
| 15  | <b>KARPIŃSKI Adam</b>      | <b>367</b> | 12 WOG   | M4        | 70   | 12 WOG   |           |              | 00:00:18    | 00:25:11     | <b>00:52:44.60</b> | <b>00:53:03.10</b> | +00:13:36 (25.8%) | 5:16         | 11.4 (74.5%) |
| 16  | <b>ŚWIERCZYŃSKI Robert</b> | <b>120</b> |  | M5        | 24   | 2. RWT SP  |           |              | 00:00:10    | 00:25:08     | <b>00:53:12.15</b> | <b>00:53:22.60</b> | +00:14:03 (26.4%) | 5:19         | 11.3 (73.9%) |
| 17  | <b>KWAŚNY Wojciech</b>     | <b>355</b> | 4 RBLOG SKŁAD SKWIERZYNA                         | M4        | 75   | 4 RBLog Skład Skwierzyzna                        |           |              | 00:00:16    | 00:26:31     | <b>00:54:35.65</b> | <b>00:54:51.95</b> | +00:15:27 (28.3%) | 5:27         | 11 (71.9%)   |
| 18  | <b>MATUSZAK Radosław</b>   | <b>142</b> | JFTC SU  | M4        | 82   | JFTC SU  |           |              | 00:00:23    | 00:26:56     | <b>00:56:23.00</b> | <b>00:56:46.70</b> | +00:17:14 (30.6%) | 5:38         | 10.6 (69.3%) |

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|-----|--------------------------|------------|--------------|-----------|------|---------------------|---------|---------|-------------|--------------|--------------------|--------------------|-------------------|--------------|-------------|
| 19  | <b>HARACEWIAT Cezary</b> | <b>368</b> | JFTC SU      | M5        | 35   | JFTC SU             |         |         | 00:00:17    | 00:29:43     | <b>01:02:21.30</b> | <b>01:02:38.75</b> | +00:23:13 (37.2%) | 6:14         | 9.6 (62.7%) |
| 20  | <b>JASEWICZ Tadeusz</b>  | <b>284</b> | NIEZRZESZONY | M6        | 12   | WK KWP w Bydgoszczy |         |         | 00:00:09    | 00:30:30     | <b>01:07:30.20</b> | <b>01:07:39.50</b> | +00:28:22 (42.0%) | 6:45         | 8.9 (58.2%) |

Znaleziono 20 wynik(ów)