



VII BIEG TRZEŹWOŚCI - NORDIC WALKING 5 KM

B4SPORT

Organizator: Rowerowa Brzoza
Data: 2016-09-17
Miejsce: Przyłęki-Brzoza
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	TRZCIŃSKI Franciszek	715	SPORT I REKREACJA START CHEŁMNO	M46-55	1	00:00:00	00:31:52.60	00:31:53.15		6:22	9.4 (100%)
2	SZYMANSKI Zbigniew	737		M56+	1	00:00:01	00:32:06.65	00:32:08.00	+00:00:14 (0.7%)	6:25	9.3 (98.9%)
3	KRZYŻANOWSKI Robert	727	ANDRO	M46-55	2	00:00:00	00:32:06.70	00:32:07.60	+00:00:14 (0.7%)	6:25	9.3 (98.9%)
4	MIELECKA Agnieszka	738	SOKÓŁ GAŚAWA	K46-55	1	00:00:01	00:32:17.55	00:32:18.75	+00:00:24 (1.3%)	6:27	9.3 (98.9%)
5	NOWAK Grzegorz	709		M36-45	1	00:00:01	00:32:56.65	00:32:57.70	+00:01:04 (3.2%)	6:35	9.1 (96.8%)
6	TRZCIŃSKI Eugeniusz	725		M56+	2	00:00:01	00:33:57.05	00:33:58.25	+00:02:04 (6.1%)	6:47	8.8 (93.6%)
7	WOŹNIAK Marek	772	FLORIAN CHOJNICE	M46-55	3	00:00:00	00:34:29.40	00:34:29.80	+00:02:36 (7.6%)	6:53	8.7 (92.6%)
8	KĘDZIERSKA Agnieszka	748		K36-45	1	00:00:01	00:34:43.75	00:34:44.75	+00:02:51 (8.2%)	6:56	8.6 (91.5%)
9	MOŹDZEŃ Barbara	751		K46-55	2	00:00:02	00:35:12.45	00:35:14.65	+00:03:19 (9.5%)	7:02	8.5 (90.4%)
10	KRZYŻANOWSKI Wojciech	744	AZS UMK COLLEGIUM MEDICUM W BYDGOSZCZY	M46-55	4	00:00:01	00:35:38.90	00:35:40.30	+00:03:46 (10.6%)	7:07	8.4 (89.4%)
11	KRETKOWSKI Waldemar	740		M56+	3	00:00:00	00:35:43.00	00:35:43.80	+00:03:50 (10.8%)	7:08	8.4 (89.4%)
12	KOLBERG Kamila	742		K36-45	2	00:00:01	00:35:57.15	00:35:59.00	+00:04:04 (11.3%)	7:11	8.3 (88.3%)
13	ANTCZAK-KRETKOWSKA Maria	739		K56+	1	00:00:02	00:36:02.20	00:36:04.35	+00:04:09 (11.5%)	7:12	8.3 (88.3%)
14	WALCZAK Maria	741	KS SOKÓŁ GAŚAWA	K35	1	00:00:01	00:36:05.45	00:36:06.80	+00:04:12 (11.7%)	7:13	8.3 (88.3%)
15	KUTRZUBA Joanna	730		K35	2	00:00:01	00:36:22.70	00:36:24.10	+00:04:30 (12.4%)	7:16	8.2 (87.2%)
16	GRYCZKA Maciej	723		M35	1	00:00:05	00:36:44.95	00:36:50.75	+00:04:52 (13.3%)	7:21	8.2 (87.2%)

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17	BŁĘDOWSKA Agata	767	GOSIR OSIELSKO	K36-45	3	00:00:01	00:36:46.05	00:36:47.70	+00:04:53 (13.3%)	7:21	8.2 (87.2%)
18	NOWACKA Małgorzata	754		K35	3	00:00:02	00:36:56.85	00:36:59.30	+00:05:04 (13.7%)	7:23	8.1 (86.2%)
19	GABRYSZAK Marek	762	BETTY ACCOUNT SERVICE GMBH	M56+	4	00:00:00	00:37:05.10	00:37:05.80	+00:05:12 (14.0%)	7:25	8.1 (86.2%)
20	PERLIK Wiesław	703	TAD-MAX	M56+	5	00:00:03	00:37:11.60	00:37:15.50	+00:05:19 (14.3%)	7:26	8.1 (86.2%)
21	KWIATKOWSKA Elżbieta	749	NIEZRZESZONA	K46-55	3	00:00:03	00:37:35.75	00:37:38.75	+00:05:43 (15.2%)	7:31	8 (85.1%)
22	WARDECKA-HOŁTYN Justyna	704		K35	4	00:00:02	00:37:43.25	00:37:45.25	+00:05:50 (15.5%)	7:32	8 (85.1%)
23	ZWOLENKIEWICZ Joanna	728	SOKÓŁ GAŚAWA	K36-45	4	00:00:01	00:37:44.80	00:37:46.75	+00:05:52 (15.6%)	7:33	7.9 (84.0%)
24	KROŚNICKA Grażyna	736		K46-55	4	00:00:03	00:37:47.75	00:37:51.40	+00:05:55 (15.7%)	7:33	7.9 (84.0%)
25	SZYMAŃSKA Halina	773		K46-55	5	00:00:00	00:38:02.10	00:38:02.90	+00:06:09 (16.2%)	7:36	7.9 (84.0%)
26	NOWICKA Maria	735		K36-45	5	00:00:00	00:38:21.90	00:38:22.80	+00:06:29 (16.9%)	7:40	7.8 (83.0%)
27	NOWIŃSKI Jarosław	711	GÓRZYSKOWO TEAM	M36-45	2	00:00:02	00:38:54.65	00:38:57.40	+00:07:02 (18.1%)	7:47	7.7 (81.9%)
28	KACZMAREK Aleksandra	719		K35	5	00:00:05	00:38:54.90	00:38:59.90	+00:07:02 (18.1%)	7:46	7.7 (81.9%)
29	ANDRYSZAK Vanessa	750		K35	6	00:00:04	00:39:19.75	00:39:24.25	+00:07:27 (18.9%)	7:52	7.6 (80.9%)
30	SŁOWIK Ewa	734		K46-55	6	00:00:03	00:39:51.95	00:39:55.65	+00:07:59 (20.0%)	7:58	7.5 (79.8%)
31	URBANOWICZ Dariusz	722		M46-55	5	00:00:03	00:39:56.90	00:40:00.60	+00:08:04 (20.2%)	7:59	7.5 (79.8%)
32	KACZMAREK Zofia	718		K46-55	7	00:00:04	00:39:59.15	00:40:03.80	+00:08:06 (20.3%)	7:59	7.5 (79.8%)
33	PAWLACZYK-MATELA Emilia	701	BYDGOSKA GAZELA	K35	7	00:00:02	00:40:03.00	00:40:05.40	+00:08:10 (20.4%)	8:00	7.5 (79.8%)
34	KACZMAREK Jarosław	717		M46-55	6	00:00:04	00:40:18.10	00:40:22.90	+00:08:25 (20.9%)	8:03	7.4 (78.7%)
35	PAWLACZYK Grażyna	702		K56+	2	00:00:03	00:40:31.85	00:40:35.10	+00:08:39 (21.4%)	8:06	7.4 (78.7%)
36	OLSZEWSKA Anna	700		K56+	3	00:00:02	00:40:32.80	00:40:35.55	+00:08:40 (21.4%)	8:06	7.4 (78.7%)
37	NOWIŃSKA Jolanta	712	GÓRZYSKOWO TEAM	K36-45	6	00:00:02	00:40:33.05	00:40:35.30	+00:08:40 (21.4%)	8:06	7.4 (78.7%)
38	STANKOWSKI Michał	756		M35	2	00:00:03	00:40:43.30	00:40:46.90	+00:08:50 (21.7%)	8:08	7.4 (78.7%)
39	PLISZKA Tomasz	765	MATOWI	M36-45	3	00:00:03	00:41:06.90	00:41:10.45	+00:09:14 (22.5%)	8:13	7.3 (77.7%)

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40	WIŚNIEWSKA Agnieszka	764	WIŚNIEWSKY	K35	8	00:00:04	00:41:29.10	00:41:33.90	+00:09:36 (23.2%)	8:17	7.2 (76.6%)
41	NALASEK Grażyna	747		K46-55	8	00:00:05	00:41:33.30	00:41:38.30	+00:09:40 (23.3%)	8:18	7.2 (76.6%)
42	STANKOWSKA Katarzyna	755		K35	9	00:00:02	00:41:48.10	00:41:50.90	+00:09:55 (23.7%)	8:21	7.2 (76.6%)
43	WIKTOROWICZ Dominika	752		K35	10	00:00:05	00:41:52.00	00:41:57.30	+00:09:59 (23.9%)	8:22	7.2 (76.6%)
44	BONIECKA Ewa	731	WIŚNIEWSKY	K46-55	9	00:00:04	00:42:02.80	00:42:07.00	+00:10:10 (24.2%)	8:24	7.1 (75.5%)
45	WIŚNIEWSKA Ewa	732	WIŚNIEWSKY	K36-45	7	00:00:04	00:42:02.90	00:42:07.00	+00:10:10 (24.2%)	8:24	7.1 (75.5%)
46	KULPIŃSKI Sławomir	768		M46-55	7	00:00:03	00:42:03.00	00:42:06.10	+00:10:10 (24.2%)	8:24	7.1 (75.5%)
47	CICHOŃCZUK Dariusz	720	GDYNIA-WITOMINO	M36-45	4	00:00:05	00:42:06.80	00:42:12.05	+00:10:14 (24.3%)	8:25	7.1 (75.5%)
48	SYNAKIEWICZ Magdalena	705	ES-TEAM	K36-45	8	00:00:01	00:42:13.00	00:42:14.95	+00:10:20 (24.5%)	8:26	7.1 (75.5%)
49	WIŚNIEWSKA Magdalena	770		K46-55	10	00:00:02	00:42:14.85	00:42:17.60	+00:10:22 (24.5%)	8:27	7.1 (75.5%)
50	KUPER Mariusz	708		M35	3	00:00:02	00:42:17.00	00:42:19.40	+00:10:24 (24.6%)	8:27	7.1 (75.5%)
51	LIKOWSKA Lidia	743		K36-45	9	00:00:04	00:42:49.05	00:42:53.50	+00:10:56 (25.6%)	8:33	7 (74.5%)
52	JĘDRA Ewa	713		K36-45	10	00:00:04	00:43:08.05	00:43:12.45	+00:11:15 (26.1%)	8:37	7 (74.5%)
53	BIERYT Joanna	714	AGENCJA REKLAMOWA POLI-FAX UL. BOCZNA 10 BYDGOSZCZ	K46-55	11	00:00:06	00:43:12.10	00:43:18.15	+00:11:19 (26.2%)	8:38	6.9 (73.4%)
54	LEWICKA Julia	757		K35	11	00:00:06	00:43:42.25	00:43:48.80	+00:11:49 (27.1%)	8:44	6.9 (73.4%)
55	LEWICKA Agnieszka	733		K36-45	11	00:00:06	00:44:52.45	00:44:58.80	+00:12:59 (29.0%)	8:58	6.7 (71.3%)
56	MACIEJEWSKA Katarzyna	721		K36-45	12	00:00:06	00:45:30.20	00:45:36.30	+00:13:37 (29.9%)	9:06	6.6 (70.2%)
57	PLISZKA Tobiasz	763	MATOWI	M35	4	00:00:02	00:45:40.75	00:45:43.30	+00:13:48 (30.2%)	9:08	6.6 (70.2%)
58	KULPIŃSKA Wiesława	769		K46-55	12	00:00:03	00:46:03.40	00:46:06.65	+00:14:10 (30.8%)	9:12	6.5 (69.1%)
59	ORLOWSKA-ZAJAC Joanna	746	RUN PASJA	K36-45	13	00:00:05	00:46:13.00	00:46:18.55	+00:14:20 (31.0%)	9:14	6.5 (69.1%)
60	ŁUDZIŃSKA Małgorzata	724	KLUB SENIORA KRUSZYN KRAJEŃSKI	K56+	4	00:00:05	00:46:18.95	00:46:24.05	+00:14:26 (31.2%)	9:15	6.5 (69.1%)
61	ZNANIECKA Asia	726		K36-45	14	00:00:03	00:47:12.70	00:47:15.80	+00:15:20 (32.5%)	9:26	6.4 (68.1%)
62	JÓZEFOWICZ Aleksandra	759	KLUB SENIORA W BRZOZIE	K56+	5	00:00:02	00:47:30.90	00:47:32.90	+00:15:38 (32.9%)	9:30	6.3 (67.0%)

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63	KOLASIŃSKA Maja	771	NIEZRZESZONA	K35	12	00:00:06	00:48:03.95	00:48:10.30	+00:16:11 (33.7%)	9:36	6.2 (66.0%)
64	KOCH-GLASNER Magdalena	753	WEEKENDOWY BIEGACZ	K35	13	00:00:07	00:48:30.10	00:48:37.40	+00:16:37 (34.3%)	9:42	6.2 (66.0%)
65	PLISZKA Żaneta	766	MATOWI	K36-45	15	00:00:03	00:48:32.95	00:48:36.20	+00:16:40 (34.3%)	9:42	6.2 (66.0%)
66	KOLASIŃSKA Danuta	716	BRAK	K46-55	13	00:00:06	00:51:09.50	00:51:16.05	+00:19:16 (37.7%)	10:14	5.9 (62.8%)
67	DĘBSKA Urszula	729		K56+	6	00:00:06	00:51:10.95	00:51:17.90	+00:19:18 (37.7%)	10:14	5.9 (62.8%)

Znaleziono 67 wynik(ów)