



VII BIEG TRZEŹWOŚCI - NORDIC WALKING 5 KM

B4SPORT

Organizator: Rowerowa Brzoza
Data: 2016-09-17
Miejsce: Przyłęki-Brzoza
Dystans: 5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K36-45

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KĘDZIERSKA Agnieszka	748		K36-45	1	00:00:01	00:34:43.75	00:34:44.75		6:56	8.6 (100%)
2	KOLBERG Kamila	742		K36-45	2	00:00:01	00:35:57.15	00:35:59.00	+00:01:13 (3.4%)	7:11	8.3 (96.5%)
3	BŁĘDOWSKA Agata	767	GOSIR OSIELSKO	K36-45	3	00:00:01	00:36:46.05	00:36:47.70	+00:02:02 (5.5%)	7:21	8.2 (95.3%)
4	ZWOLENKIEWICZ Joanna	728	SOKÓŁ GAŚAWA	K36-45	4	00:00:01	00:37:44.80	00:37:46.75	+00:03:01 (8.0%)	7:33	7.9 (91.9%)
5	NOWICKA Maria	735		K36-45	5	00:00:00	00:38:21.90	00:38:22.80	+00:03:38 (9.5%)	7:40	7.8 (90.7%)
6	NOWIŃSKA Jolanta	712	GÓRZYSKOWO TEAM	K36-45	6	00:00:02	00:40:33.05	00:40:35.30	+00:05:49 (14.4%)	8:06	7.4 (86.0%)
7	WIŚNIEWSKA Ewa	732	WIŚNIEWSCY	K36-45	7	00:00:04	00:42:02.90	00:42:07.00	+00:07:19 (17.4%)	8:24	7.1 (82.6%)
8	SYNAKIEWICZ Magdalena	705	ES-TEAM	K36-45	8	00:00:01	00:42:13.00	00:42:14.95	+00:07:29 (17.7%)	8:26	7.1 (82.6%)
9	LIKOWSKA Lidia	743		K36-45	9	00:00:04	00:42:49.05	00:42:53.50	+00:08:05 (18.9%)	8:33	7 (81.4%)
10	JĘDRA Ewa	713		K36-45	10	00:00:04	00:43:08.05	00:43:12.45	+00:08:24 (19.5%)	8:37	7 (81.4%)
11	LEWICKA Agnieszka	733		K36-45	11	00:00:06	00:44:52.45	00:44:58.80	+00:10:08 (22.6%)	8:58	6.7 (77.9%)
12	MACIEJEWSKA Katarzyna	721		K36-45	12	00:00:06	00:45:30.20	00:45:36.30	+00:10:46 (23.7%)	9:06	6.6 (76.7%)
13	ORLOWSKA-ZAJAC Joanna	746	RUN PASJA	K36-45	13	00:00:05	00:46:13.00	00:46:18.55	+00:11:29 (24.9%)	9:14	6.5 (75.6%)
14	ZNANIECKA Asia	726		K36-45	14	00:00:03	00:47:12.70	00:47:15.80	+00:12:28 (26.4%)	9:26	6.4 (74.4%)
15	PLISZKA Żaneta	766	MATOWI	K36-45	15	00:00:03	00:48:32.95	00:48:36.20	+00:13:49 (28.5%)	9:42	6.2 (72.1%)

Znaleziono 15 wynik(ów)