



VII BIEG TRZEŹWOŚCI - NORDIC WALKING 5 KM

B4SPORT

Organiser: Rowerowa Brzoza
Date: 2016-09-17
Place: Przyłęki-Brzoza
Distance: 5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Classification: K46-55

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	MIELECKA Agnieszka	738	SOKÓŁ GAŚAWA	K46-55	1	00:00:01	00:32:17.55	00:32:18.75		6:27	9.3 (100%)
2	MOŹDZEŃ Barbara	751		K46-55	2	00:00:02	00:35:12.45	00:35:14.65	+00:02:54 (8.3%)	7:02	8.5 (91.4%)
3	KWIATKOWSKA Elżbieta	749	NIEZRZESZONA	K46-55	3	00:00:03	00:37:35.75	00:37:38.75	+00:05:18 (14.1%)	7:31	8 (86.0%)
4	KROŚNICKA Grażyna	736		K46-55	4	00:00:03	00:37:47.75	00:37:51.40	+00:05:30 (14.6%)	7:33	7.9 (84.9%)
5	SZYMAŃSKA Halina	773		K46-55	5	00:00:00	00:38:02.10	00:38:02.90	+00:05:44 (15.1%)	7:36	7.9 (84.9%)
6	SŁOWIK Ewa	734		K46-55	6	00:00:03	00:39:51.95	00:39:55.65	+00:07:34 (19.0%)	7:58	7.5 (80.6%)
7	KACZMAREK Zofia	718		K46-55	7	00:00:04	00:39:59.15	00:40:03.80	+00:07:41 (19.2%)	7:59	7.5 (80.6%)
8	NALASEK Grażyna	747		K46-55	8	00:00:05	00:41:33.30	00:41:38.30	+00:09:15 (22.3%)	8:18	7.2 (77.4%)
9	BONIECKA Ewa	731	WIŚNIEWSKY	K46-55	9	00:00:04	00:42:02.80	00:42:07.00	+00:09:45 (23.2%)	8:24	7.1 (76.3%)
10	WIŚNIEWSKA Magdalena	770		K46-55	10	00:00:02	00:42:14.85	00:42:17.60	+00:09:57 (23.6%)	8:27	7.1 (76.3%)
11	BIERYT Joanna	714	AGENCJA REKLAMOWA POLI-FAX UL. BOCZNA 10 BYDGOSZCZ	K46-55	11	00:00:06	00:43:12.10	00:43:18.15	+00:10:54 (25.3%)	8:38	6.9 (74.2%)
12	KULPIŃSKA Wiesława	769		K46-55	12	00:00:03	00:46:03.40	00:46:06.65	+00:13:45 (29.9%)	9:12	6.5 (69.9%)
13	KOLASIŃSKA Danuta	716	BRAK	K46-55	13	00:00:06	00:51:09.50	00:51:16.05	+00:18:51 (36.9%)	10:14	5.9 (63.4%)

Total 13 results.