



# VII BIEG TRZEŹWOŚCI - NORDIC WALKING 5 KM

B4SPORT

**Organizator:** Rowerowa Brzoza  
**Data:** 2016-09-17  
**Miejsce:** Przyłęki-Brzoza  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MIELECKA Agnieszka	738	SOKÓŁ GAŚAWA	K46-55	1	00:00:01	00:32:17.55	00:32:18.75		6:27	9.3 (100%)
2	KĘDZIERSKA Agnieszka	748		K36-45	1	00:00:01	00:34:43.75	00:34:44.75	+00:02:26 (7.0%)	6:56	8.6 (92.5%)
3	MOŹDZEŃ Barbara	751		K46-55	2	00:00:02	00:35:12.45	00:35:14.65	+00:02:54 (8.3%)	7:02	8.5 (91.4%)
4	KOLBERG Kamila	742		K36-45	2	00:00:01	00:35:57.15	00:35:59.00	+00:03:39 (10.2%)	7:11	8.3 (89.2%)
5	ANTCZAK-KRETKOWSKA Maria	739		K56+	1	00:00:02	00:36:02.20	00:36:04.35	+00:03:44 (10.4%)	7:12	8.3 (89.2%)
6	WALCZAK Maria	741	KS SOKÓŁ GAŚAWA	K35	1	00:00:01	00:36:05.45	00:36:06.80	+00:03:47 (10.5%)	7:13	8.3 (89.2%)
7	KUTRZUBA Joanna	730		K35	2	00:00:01	00:36:22.70	00:36:24.10	+00:04:05 (11.2%)	7:16	8.2 (88.2%)
8	BŁĘDOWSKA Agata	767	GOSIR OSIELSKO	K36-45	3	00:00:01	00:36:46.05	00:36:47.70	+00:04:28 (12.2%)	7:21	8.2 (88.2%)
9	NOWACKA Małgorzata	754		K35	3	00:00:02	00:36:56.85	00:36:59.30	+00:04:39 (12.6%)	7:23	8.1 (87.1%)
10	KWIATKOWSKA Elżbieta	749	NIEZRZESZONA	K46-55	3	00:00:03	00:37:35.75	00:37:38.75	+00:05:18 (14.1%)	7:31	8 (86.0%)
11	WARDECKA-HOŁTYN Justyna	704		K35	4	00:00:02	00:37:43.25	00:37:45.25	+00:05:25 (14.4%)	7:32	8 (86.0%)
12	ZWOLENKIEWICZ Joanna	728	SOKÓŁ GAŚAWA	K36-45	4	00:00:01	00:37:44.80	00:37:46.75	+00:05:27 (14.4%)	7:33	7.9 (84.9%)
13	KROŚNICKA Grażyna	736		K46-55	4	00:00:03	00:37:47.75	00:37:51.40	+00:05:30 (14.6%)	7:33	7.9 (84.9%)
14	SZYMAŃSKA Halina	773		K46-55	5	00:00:00	00:38:02.10	00:38:02.90	+00:05:44 (15.1%)	7:36	7.9 (84.9%)
15	NOWICKA Maria	735		K36-45	5	00:00:00	00:38:21.90	00:38:22.80	+00:06:04 (15.8%)	7:40	7.8 (83.9%)
16	KACZMAREK Aleksandra	719		K35	5	00:00:05	00:38:54.90	00:38:59.90	+00:06:37 (17.0%)	7:46	7.7 (82.8%)

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17	ANDRYSZAK Vanessa	750		K35	6	00:00:04	00:39:19.75	00:39:24.25	+00:07:02 (17.9%)	7:52	7.6 (81.7%)
18	SŁOWIK Ewa	734		K46-55	6	00:00:03	00:39:51.95	00:39:55.65	+00:07:34 (19.0%)	7:58	7.5 (80.6%)
19	KACZMAREK Zofia	718		K46-55	7	00:00:04	00:39:59.15	00:40:03.80	+00:07:41 (19.2%)	7:59	7.5 (80.6%)
20	PAWLACZYK-MATELA Emilia	701	BYDGOSKA GAZELA	K35	7	00:00:02	00:40:03.00	00:40:05.40	+00:07:45 (19.4%)	8:00	7.5 (80.6%)
21	PAWLACZYK Grażyna	702		K56+	2	00:00:03	00:40:31.85	00:40:35.10	+00:08:14 (20.3%)	8:06	7.4 (79.6%)
22	OLSZEWSKA Anna	700		K56+	3	00:00:02	00:40:32.80	00:40:35.55	+00:08:15 (20.4%)	8:06	7.4 (79.6%)
23	NOWIŃSKA Jolanta	712	GÓRZYSKOWO TEAM	K36-45	6	00:00:02	00:40:33.05	00:40:35.30	+00:08:15 (20.4%)	8:06	7.4 (79.6%)
24	WIŚNIEWSKA Agnieszka	764	WIŚNIEWSCY	K35	8	00:00:04	00:41:29.10	00:41:33.90	+00:09:11 (22.2%)	8:17	7.2 (77.4%)
25	NALASEK Grażyna	747		K46-55	8	00:00:05	00:41:33.30	00:41:38.30	+00:09:15 (22.3%)	8:18	7.2 (77.4%)
26	STANKOWSKA Katarzyna	755		K35	9	00:00:02	00:41:48.10	00:41:50.90	+00:09:30 (22.7%)	8:21	7.2 (77.4%)
27	WIKTOROWICZ Dominika	752		K35	10	00:00:05	00:41:52.00	00:41:57.30	+00:09:34 (22.9%)	8:22	7.2 (77.4%)
28	BONIECKA Ewa	731	WIŚNIEWSCY	K46-55	9	00:00:04	00:42:02.80	00:42:07.00	+00:09:45 (23.2%)	8:24	7.1 (76.3%)
29	WIŚNIEWSKA Ewa	732	WIŚNIEWSCY	K36-45	7	00:00:04	00:42:02.90	00:42:07.00	+00:09:45 (23.2%)	8:24	7.1 (76.3%)
30	SYNAKIEWICZ Magdalena	705	ES-TEAM	K36-45	8	00:00:01	00:42:13.00	00:42:14.95	+00:09:55 (23.5%)	8:26	7.1 (76.3%)
31	WIŚNIEWSKA Magdalena	770		K46-55	10	00:00:02	00:42:14.85	00:42:17.60	+00:09:57 (23.6%)	8:27	7.1 (76.3%)
32	LIKOWSKA Lidia	743		K36-45	9	00:00:04	00:42:49.05	00:42:53.50	+00:10:31 (24.6%)	8:33	7 (75.3%)
33	JĘDRA Ewa	713		K36-45	10	00:00:04	00:43:08.05	00:43:12.45	+00:10:50 (25.1%)	8:37	7 (75.3%)
34	BIERYT Joanna	714	AGENCJA REKLAMOWA POLI-FAX UL. BOCZNA 10 BYDGOSZCZ	K46-55	11	00:00:06	00:43:12.10	00:43:18.15	+00:10:54 (25.3%)	8:38	6.9 (74.2%)
35	LEWICKA Julia	757		K35	11	00:00:06	00:43:42.25	00:43:48.80	+00:11:24 (26.1%)	8:44	6.9 (74.2%)
36	LEWICKA Agnieszka	733		K36-45	11	00:00:06	00:44:52.45	00:44:58.80	+00:12:34 (28.0%)	8:58	6.7 (72.0%)
37	MACIEJEWSKA Katarzyna	721		K36-45	12	00:00:06	00:45:30.20	00:45:36.30	+00:13:12 (29.0%)	9:06	6.6 (71.0%)
38	KULPIŃSKA Wiesława	769		K46-55	12	00:00:03	00:46:03.40	00:46:06.65	+00:13:45 (29.9%)	9:12	6.5 (69.9%)
39	ORLOWSKA-ZAJAC Joanna	746	RUN PASJA	K36-45	13	00:00:05	00:46:13.00	00:46:18.55	+00:13:55 (30.1%)	9:14	6.5 (69.9%)

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40	<b>ŁUDZIŃSKA Małgorzata</b>	<b>724</b>	KLUB SENIORA KRUSZYN KRAJEŃSKI	K56+	4	00:00:05	<b>00:46:18.95</b>	<b>00:46:24.05</b>	+00:14:01 (30.3%)	9:15	6.5 (69.9%)
41	<b>ZNANIECKA Asia</b>	<b>726</b>		K36-45	14	00:00:03	<b>00:47:12.70</b>	<b>00:47:15.80</b>	+00:14:55 (31.6%)	9:26	6.4 (68.8%)
42	<b>JÓZEFOWICZ Aleksandra</b>	<b>759</b>	KLUB SENIORA W BRZOZIE	K56+	5	00:00:02	<b>00:47:30.90</b>	<b>00:47:32.90</b>	+00:15:13 (32.0%)	9:30	6.3 (67.7%)
43	<b>KOLASIŃSKA Maja</b>	<b>771</b>	NIEZRZESZONA	K35	12	00:00:06	<b>00:48:03.95</b>	<b>00:48:10.30</b>	+00:15:46 (32.8%)	9:36	6.2 (66.7%)
44	<b>KOCH-GLASNER Magdalena</b>	<b>753</b>	WEEKENDOWY BIEGACZ	K35	13	00:00:07	<b>00:48:30.10</b>	<b>00:48:37.40</b>	+00:16:12 (33.4%)	9:42	6.2 (66.7%)
45	<b>PLISZKA Żaneta</b>	<b>766</b>	MATOWI	K36-45	15	00:00:03	<b>00:48:32.95</b>	<b>00:48:36.20</b>	+00:16:15 (33.5%)	9:42	6.2 (66.7%)
46	<b>KOLASIŃSKA Danuta</b>	<b>716</b>	BRAK	K46-55	13	00:00:06	<b>00:51:09.50</b>	<b>00:51:16.05</b>	+00:18:51 (36.9%)	10:14	5.9 (63.4%)
47	<b>DĘBSKA Urszula</b>	<b>729</b>		K56+	6	00:00:06	<b>00:51:10.95</b>	<b>00:51:17.90</b>	+00:18:53 (36.9%)	10:14	5.9 (63.4%)

Znaleziono 47 wynik(ów)