

VII HYUNDAI ULTRAMARATON BIESZCZADZKI - 90 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Maraton Bieszczadzki 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-10-12
Miejsce: Cisna
Dystans: 90 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki 12km	P3_Solinka 26km	P2_Roztoki 38km	P5_Wetlina 60km	P6_Smerek 72km	Czas netto 90km	Czas brutto 90km	Różn	Tempo min/km	Tempo km/h
1	SEDLAK Michał	152		M40	1	00:54:59	02:16:55	03:32:37	06:09:35	07:37:03	09:32:28.15	09:32:30.05		6:21	9.4 (100%)
2	DYBEK Paweł	2	SALOMON SUUNTO TEAM	M40	2	00:54:59	02:20:18	03:42:25	06:11:58	07:56:12	09:56:27.20	09:56:29.50	+00:23:59 (4.0%)	6:37	9.1 (96.8%)
3	WIERNUSZ Krzysztof	10	FINISZ RYMANÓW	M40	3	00:56:28	02:22:38	03:51:17	06:49:11	08:30:02	10:41:59.30	10:42:02.05	+01:09:32 (10.8%)	7:08	8.4 (89.4%)
4	KRUŻEL Rafał	88	RYŚ KARPATY	M40	4	00:54:59	02:18:38	03:48:09	06:50:34	08:39:34	10:58:24.20	10:58:26.95	+01:25:56 (13.1%)	7:18	8.2 (87.2%)
5	ŚCIESZKA Wojciech	8	13 ELT KRAKÓW-BALICE	M40	5	00:58:21	02:26:57	03:59:22	07:05:08	08:48:39	11:04:28.10	11:04:30.85	+01:32:00 (13.8%)	7:22	8.1 (86.2%)
6	DEJAS Tomasz	32		M40	6	00:59:32		04:10:13	07:16:15	09:05:07	11:24:25.00	11:24:25.00	+01:51:54 (16.4%)	7:36	7.9 (84.0%)
7	WYSOKIŃSKI Konrad	185	MESM	M40	7	00:56:28	02:28:45	04:05:14	07:06:36	09:05:37	11:27:56.15	11:28:00.00	+01:55:29 (16.8%)	7:38	7.8 (83.0%)
8	MARZEC Grzegorz	107	GMINA STRZELCE OPOLSKIE	M40	8	01:00:17	02:37:21	04:16:34	07:26:24	09:15:41	11:28:17.20	11:28:20.95	+01:55:50 (16.8%)	7:38	7.8 (83.0%)
9	MIKA Tomasz	111	LABOSPORT TEAM	M40	9	01:03:11	02:42:50	04:21:37	07:22:06	09:09:02	11:28:41.70	11:28:44.65	+01:56:14 (16.9%)	7:39	7.8 (83.0%)
10	PLISZKA Bartosz	136	OLA TEAM	M40	10	00:58:20	02:32:15	04:10:40	07:32:29	09:16:45	11:39:51.65	11:39:54.25	+02:07:24 (18.2%)	7:46	7.7 (81.9%)
11	SNARSKI Dariusz	156		M40	11	01:05:03	02:47:17	04:21:28	07:32:34	09:23:46	11:47:12.75	11:47:25.80	+02:14:55 (19.1%)	7:51	7.6 (80.9%)
12	FELUCH Krzysztof	39	JACEK BIEGA RUNNING TEAM	M40	12	01:08:26	02:55:40	04:37:57	07:42:39	09:38:37	12:01:58.05	12:02:04.80	+02:29:34 (20.7%)	8:01	7.5 (79.8%)
13	ŁACIAK Marcin	96	MESMERIK RUNNERS	M40	13	00:56:26	02:28:45	04:10:20	07:28:25	09:32:23	12:04:50.70	12:04:54.05	+02:32:24 (21.0%)	8:03	7.4 (78.7%)
14	KOŁDER Tomasz	78		M40	14	01:08:57	02:59:23	04:38:23	07:46:33	09:51:24	12:13:54.70	12:14:01.45	+02:41:31 (22.0%)	8:09	7.4 (78.7%)
15	WALASIK Jarosław	174		M40	15	01:05:44	02:46:47	04:31:51	07:47:37	09:46:08	12:26:27.60	12:26:38.45	+02:54:08 (23.3%)	8:17	7.2 (76.6%)
16	PRZYPOLSKI Paweł	144	IM-POSSIBLE TEAM	M40	16	01:09:14	03:00:48	04:51:44	08:06:52	10:02:46	12:30:13.70	12:30:23.20	+02:57:53 (23.7%)	8:20	7.2 (76.6%)
17	SZCZYPEK Mariusz	194		M40	17	01:06:22	02:51:38	04:38:11	07:54:02	10:03:52	12:44:16.25	12:44:28.35	+03:11:58 (25.1%)	8:29	7.1 (75.5%)
18	PIETLUSZENKO Darek	133		M40	18	01:05:41	02:49:58	04:40:01	08:01:31	10:10:35	12:50:50.90	12:51:07.50	+03:18:37 (25.8%)	8:33	7 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki	P3_Solinka	P2_Roztoki	P5_Wetlina	P6_Smerek	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	26km	38km	60km	72km	90km	90km			
19	JARMOLIŃSKI Piotr	65	WIECZORNE BIEGANIE W SZCZECINIE	M40	19	00:56:38	02:28:44	04:16:00	07:52:12	10:13:32	12:54:49.60	12:54:53.15	+03:22:23 (26.1%)	8:36	7 (74.5%)
20	STĄNCZAK Szymon	160	LASKI WINO I KASYNO	M40	20	01:05:04	02:50:59	04:48:52	08:11:59	10:16:47	12:58:16.65	12:58:23.20	+03:25:53 (26.5%)	8:38	6.9 (73.4%)
21	KMAK Sławek	76	PAPIKI	M40	21	01:00:20	02:50:07	04:49:54	08:08:29	10:19:24	13:03:22.30	13:03:25.55	+03:30:55 (26.9%)	8:42	6.9 (73.4%)
22	OLESKI Arkadiusz	121	WKB FRAJDA	M40	22	01:03:36	02:44:25	04:29:50	07:59:43	10:10:16	13:04:34.35	13:04:42.20	+03:32:12 (27.0%)	8:43	6.9 (73.4%)
23	CEBULA Leszek	23		M40	23	01:02:13	02:44:25	04:29:49	08:15:06	10:19:33	13:05:10.45	13:05:16.15	+03:32:46 (27.1%)	8:43	6.9 (73.4%)
24	WIERZBICKI Tomasz	176		M40	24	01:10:29	03:05:40	05:07:13	08:43:08	10:56:21	13:52:21.45	13:52:39.90	+04:20:09 (31.2%)	9:14	6.5 (69.1%)
25	POTRZESZCZ Grzegorz	140		M40	25	01:09:56	03:09:13	05:12:02	08:54:54	11:09:43	13:59:23.80	14:00:01.55	+04:27:31 (31.8%)	9:19	6.4 (68.1%)
26	POTRZESZCZ Tomasz	141		M40	26	01:10:00	03:09:19	05:12:08	08:54:30	11:09:53	13:59:29.90	14:00:02.10	+04:27:32 (31.8%)	9:19	6.4 (68.1%)
27	MAJEWICZ Grzegorz	102		M40	27	01:18:39	03:19:58	05:18:35	08:58:33	11:19:55	14:20:25.90	14:20:31.10	+04:48:01 (33.5%)	9:33	6.3 (67.0%)
28	GAWLEWICZ Tomasz	363	GAWĘŁKI TEAM / POZYTYWNIIE ZABIEGANI SANOK	M40	28	01:03:04	02:53:07	04:47:40	08:32:40	10:56:04	14:20:35.05	14:20:43.95	+04:48:13 (33.5%)	9:33	6.3 (67.0%)
29	KOWALSKI Maciej	86		M40	29	01:09:13	03:03:58	05:06:55	08:49:09	11:07:08	14:33:11.45	14:33:30.80	+05:01:00 (34.5%)	9:42	6.2 (66.0%)
30	KONOPKA Bartosz	79	TRÓJKA/BIEGAMBOLUBIĘ	M40	30	01:14:44	03:16:01	05:18:28	08:55:54	11:22:52	14:34:34.10	14:34:39.00	+05:02:08 (34.5%)	9:43	6.2 (66.0%)
31	PRŪFER Paweł	142		M40	31	01:09:18	03:08:43	05:17:54	09:05:44	11:33:47	14:40:11.40	14:40:22.90	+05:07:52 (35.0%)	9:46	6.1 (64.9%)
32	BANASIK Grzegorz	195	SBG PODBIEG	M40	32	01:08:29	03:00:35	05:01:48	08:54:37	11:27:09	14:44:43.60	14:45:00.80	+05:12:30 (35.3%)	9:49	6.1 (64.9%)
33	SKRABURSKI Piotr	155		M40	33	01:08:48	03:12:50	05:19:28	09:13:07	11:48:17	14:52:57.00	14:53:15.70	+05:20:45 (35.9%)	9:55	6 (63.8%)
34	JAMA Rafał	63	WATER TEAM	M40	34	01:10:27	03:12:45	05:21:38	09:08:46	11:39:27	14:52:58.45	14:53:16.80	+05:20:46 (35.9%)	9:55	6 (63.8%)
35	JOSZCZAK Michał	71		M40	35	01:08:41	03:12:53	05:19:46	09:13:00	11:49:11	14:58:11.00	14:58:29.85	+05:25:59 (36.3%)	9:58	6 (63.8%)
36	BIAŁEK Rafał	17		M40	36	01:15:26	03:18:10	05:27:21	09:16:43	11:47:51	14:58:13.30	14:58:30.15	+05:26:00 (36.3%)	9:58	6 (63.8%)
37	URACZ Łukasz	172	HARPAGAN SOSNOWIEC	M40	37	01:11:52	03:12:38	05:17:20	09:07:39	11:48:17	14:59:40.70	15:00:02.00	+05:27:31 (36.4%)	9:59	6 (63.8%)
38	SZAREK Rafał	166	KB MCKIS JAWORZNO	M40	38	01:09:23	03:01:07	05:13:34	08:58:53	11:25:03	15:00:17.20	15:00:36.45	+05:28:06 (36.4%)	10:00	6 (63.8%)
39	PUCHACZ Piotr	1316	MPK WYBIEGANIE	M40	39	01:10:13	03:15:56	05:20:15	09:06:07	11:47:43	15:01:18.95	15:01:24.35	+05:28:54 (36.5%)	10:00	6 (63.8%)
40	MALISZEWSKI Jacek	104	SMASHING PĄPKINS	M40	40	01:10:14	03:15:55	05:20:10	09:05:57	11:47:47	15:01:20.60	15:01:25.40	+05:28:55 (36.5%)	10:00	6 (63.8%)
41	DADAŚ Janusz	29	NIGHT RUNNERS GLIWICE	M40	41	01:12:23	03:18:29	05:31:51	09:17:26	11:49:57	15:06:29.10	15:06:35.40	+05:34:05 (36.9%)	10:04	6 (63.8%)
42	PAWLAK Maciej	128	3TEAMKONIN/MPEC KONIN	M40	42	01:11:51	03:19:56	05:37:31	09:49:52	12:21:19	15:22:19.20	15:22:37.15	+05:50:07 (37.9%)	10:14	5.9 (62.8%)
43	FROŁOW Jakub	45		M40	43	01:05:29	02:59:16	05:07:08	08:55:15	11:52:50	15:27:31.05	15:27:57.05	+05:55:27 (38.3%)	10:18	5.8 (61.7%)
44	MALESA Radosław	103	LESZKOWICE BIEGAJĄ	M40	44	01:25:38	03:57:13	06:12:47	09:52:38	12:24:48	15:29:42.35	15:29:54.75	+05:57:24 (38.4%)	10:19	5.8 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P2_Roztoki	P3_Solinka	P2_Roztoki	P5_Wetlina	P6_Smerek	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	26km	38km	60km	72km	90km	90km			
45	ŻYCIŃSKI Paweł	192	BADBULL RUNNIG TEAM	M40	45	01:11:51	03:18:17	05:40:15	09:41:04	12:11:43	15:31:02.95	15:31:17.15	+05:58:47 (38.5%)	10:20	5.8 (61.7%)
46	SULEWSKI Maciej	164	BIEGAM BO LUBIĘ OSTROŁĘKA	M40	46	01:19:39	03:26:28	05:40:38	09:40:21	12:20:53	15:45:51.25	15:45:56.75	+06:13:26 (39.5%)	10:30	5.7 (60.6%)
47	GAŚECKI Daniel	48	AKTYWNY DYNÓW	M40	47	01:19:14	03:36:00	05:55:22	10:06:50	12:38:15	15:45:58.10	15:46:18.05	+06:13:48 (39.5%)	10:30	5.7 (60.6%)
48	GAŚIOROWSKI Jacek	49	DRUŻYNA SZPIKU	M40	48	01:07:43	03:08:39	05:21:47	09:21:20	12:08:00	15:55:34.15	15:55:41.95	+06:23:11 (40.1%)	10:37	5.7 (60.6%)
49	SUDER Michał	163	BEZNAPIŃY	M40	49	01:15:32	03:17:57	05:29:07	09:50:15	12:42:07	16:12:08.30	16:12:15.95	+06:39:45 (41.1%)	10:48	5.6 (59.6%)
50	WSZELAK Tomasz	184	ŁUBUDUBU	M40	50	01:18:17	03:36:45	06:00:07	09:56:17	12:46:01	16:14:40.80	16:14:49.15	+06:42:19 (41.3%)	10:49	5.5 (58.5%)
50	PACUSZKA Krzysztof	124	ŁUBUDUBU	M40	50	01:18:17	03:36:43	06:00:04	09:57:08	12:45:58	16:14:40.70	16:14:49.15	+06:42:19 (41.3%)	10:49	5.5 (58.5%)
52	KOKOT Roman	77	WKURW_TEAM	M40	52	01:19:13	03:35:58	05:55:27	10:06:48	12:57:23	16:26:47.25	16:27:07.85	+06:54:37 (42.0%)	10:57	5.5 (58.5%)
53	SOFUŁ Tomasz	159		M40	53	01:12:02	03:23:12	05:50:53	10:20:24		16:31:37.30	16:31:50.95	+06:59:20 (42.3%)	11:01	5.4 (57.4%)
54	JANISZEWSKI Jakub	64	SPC	M40	54	01:21:34	03:43:04	05:56:57	10:03:05	12:58:11	16:36:28.65	16:36:44.25	+07:04:14 (42.6%)	11:04	5.4 (57.4%)
55	KSIĘŻAK Bartosz	89	BEAUTY SPORT TEAM	M40	55	01:15:17	03:29:56	05:47:47	10:02:17	13:03:14	16:40:48.55	16:41:05.80	+07:08:35 (42.8%)	11:07	5.4 (57.4%)
56	JAGODZIŃSKI Paweł	62	VIKMED 3TEAM KONIN	M40	56	01:11:53	03:20:12	05:49:25	10:11:52	13:00:38	16:45:43.45	16:46:01.20	+07:13:31 (43.1%)	11:10	5.4 (57.4%)
57	PODLASZEWSKI Jacek	138	SPC	M40	57	01:21:37	03:57:07	06:30:53	10:54:34	13:44:34	16:59:06.60	16:59:20.70	+07:26:50 (43.8%)	11:19	5.3 (56.4%)
Przekroczony limit czasu: 17:00:00															
58	CIECIELĄG Piotr	28	WKURW_TEAM	M40	58	01:16:15	03:23:12	05:40:09	10:09:31	13:16:28	17:37:14.30	17:37:29.00	+08:04:58 (45.9%)	11:44	5.1 (54.3%)
59	LEWANDOWSKI Paweł	93		M40	59	01:09:11	03:12:43	05:36:19	10:28:58	13:37:09	17:55:48.45	17:55:58.00	+08:23:27 (46.8%)	11:57	5 (53.2%)
DQ	SOBCZAK Mikołaj	158	WYBIEGANI TEAM	M40		01:29:04 DQ	03:57:08 DQ	06:36:57 DQ	DQ	DQ	09:31:12.35 DQ	DQ		0:00	9.5 (101.1%)
	CENDROWSKI Mariusz	24	WKURW_TEAM	M40		01:19:44 DNF	03:40:40 DNF	06:09:04 DNF	11:19:32 DNF	DNF	DNF	DNF		-	- (0.0%)
	DONIEC Sebastian	36	WWW.ADWOKATDONIEC.PL	M40		01:08:58 DNF	03:16:18 DNF	05:38:39 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOPEĆ Karol	80		M40		01:22:39 DNF	04:02:49 DNF	06:30:40 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WRUK Remigiusz	183	BBL OPOLE	M40		01:14:36 DNF	03:34:21 DNF	06:31:01 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NADULSKI Piotr	193	GOODSPACE	M40		01:20:56 DNF	03:51:35 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TALMA Paweł	169		M40		01:25:38 DNF	03:57:13 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MUCHA Tomasz	116	MW	M40		01:31:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 67 wynik(ów)