

VII HYUNDAI ULTRAMARATON BIESZCZADZKI - 17 KM

B4SPORT

Wydarzenie: Maraton Bieszczadzki 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-10-12
Miejsce: Cisna
Dystans: 17 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 17km	Czas brutto 17km	Różn	Tempo min/km	Tempo km/h
1	SZMIST Szymon	1831	KB ATHLETIC ZRĘCIN	M40	1	01:32:44.15	01:32:46.60		5:27	11 (100%)
2	RACHWALSKI Tomasz	1785		M40	2	01:36:01.80	01:36:06.85	+00:03:20 (3.5%)	5:38	10.6 (96.4%)
3	RAKSZAWA Krzysztof	1893	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40	3	01:40:47.65	01:40:51.15	+00:08:04 (8.0%)	5:55	10.1 (91.8%)
4	KIPER Maciej	1700	JAROSLAWSKI BIEGACZ	M40	4	01:41:13.15	01:41:14.60	+00:08:28 (8.4%)	5:57	10.1 (91.8%)
5	BRÓG Wojciech	1602		M40	5	01:42:37.75	01:42:40.05	+00:09:53 (9.6%)	6:02	9.9 (90.0%)
6	NOWOMIEJSKI Marcin	1759	BIEGACZ CEGŁÓW	M40	6	01:44:10.90	01:44:16.60	+00:11:30 (11.0%)	6:07	9.8 (89.1%)
7	BISZCZAN Rafał	1613	BIEGAMY DZISIAJ?/ CHEŁM BIEGA	M40	7	01:48:38.65	01:48:38.65	+00:15:52 (14.6%)	6:23	9.4 (85.5%)
8	SZCZOT Andrzej	1891	KB SOBÓTKA	M40	8	01:51:00.30	01:51:03.70	+00:18:17 (16.5%)	6:31	9.2 (83.6%)
9	PRUSKI Zbigniew	1781		M40	9	01:55:30.75	01:56:31.50	+00:23:44 (20.4%)	6:47	8.8 (80.0%)
10	KARDASZ Marek	1698	SOLINA TEAM	M40	10	02:00:17.65	02:00:29.00	+00:27:42 (23.0%)	7:04	8.5 (77.3%)
11	PINKOWSKI Dariusz	1775	KPP LUBLINIEC	M40	11	02:00:04.25	02:02:30.65	+00:29:44 (24.3%)	7:03	8.5 (77.3%)
12	FURS Teodor	1656	PIERDZĄCE ZAJĄCE	M40	12	02:03:46.65	02:04:07.15	+00:31:20 (25.3%)	7:16	8.2 (74.5%)
13	WRÓBEL Bartłomiej	1884		M40	13	02:07:23.45	02:07:23.45	+00:34:36 (27.2%)	7:29	8 (72.7%)
14	ŁABUZ Paweł	1738	PAVLO TEAM	M40	14	02:08:17.50	02:08:45.80	+00:35:59 (27.9%)	7:32	8 (72.7%)
15	FLASKA Zdenek	1905		M40	15	02:08:28.25	02:09:16.45	+00:36:29 (28.2%)	7:33	7.9 (71.8%)
16	BANASIAK Marcin	1607	DKB (DEKABRYŚCI)	M40	16	02:09:00.40	02:09:17.00	+00:36:30 (28.2%)	7:35	7.9 (71.8%)
17	JANKOWSKI Michał	1687		M40	17	02:10:01.95	02:10:07.50	+00:37:20 (28.7%)	7:38	7.8 (70.9%)
18	KRUSZYŃSKI Tomasz	1721	CROSSFITTER BOX CHEŁM	M40	18	02:09:30.90	02:10:37.20	+00:37:50 (29.0%)	7:37	7.9 (71.8%)
19	STEFAŃSKI Robert	1820		M40	19	02:10:19.60	02:10:52.05	+00:38:05 (29.1%)	7:40	7.8 (70.9%)
20	DUDZIAK Dariusz	1646	CROSSFITER BOX CHEŁM	M40	20	02:10:55.85	02:12:01.85	+00:39:15 (29.7%)	7:42	7.8 (70.9%)
21	SITEK Arkadiusz	1801		M40	21	02:11:25.15	02:12:23.00	+00:39:36 (29.9%)	7:43	7.8 (70.9%)
22	PIETRUSZEWSKI Bartłomiej	1874		M40	22	02:16:16.20	02:16:54.45	+00:44:07 (32.2%)	8:00	7.5 (68.2%)
23	KRZYŻANOWSKI-ZAJĄC Tomasz	1722	DKB (DEKABRYŚCI)	M40	23	02:15:57.45	02:16:55.00	+00:44:08 (32.2%)	7:59	7.5 (68.2%)
24	TADROWSKI Tomasz	1835		M40	24	02:16:42.25	02:17:31.90	+00:44:45 (32.5%)	8:02	7.5 (68.2%)
25	BARTYŃSKI Wojciech	1610	PGE RUN OBRÓT	M40	25	02:17:35.10	02:18:07.25	+00:45:20 (32.8%)	8:05	7.4 (67.3%)
26	DRAŻEK Sławomir	1645		M40	26	02:18:05.45	02:18:12.55	+00:45:25 (32.9%)	8:07	7.4 (67.3%)
27	PERLAN Robert	1771	DYSTANS LESZNO	M40	27	02:18:41.70	02:18:51.95	+00:46:05 (33.2%)	8:09	7.4 (67.3%)
28	STASZAK Marcin	1819	WITKOWO BIEGA	M40	28	02:20:36.65	02:21:34.95	+00:48:48 (34.5%)	8:16	7.3 (66.4%)
29	PANEK Piotr	1766	DZIKIE MUSTANGI	M40	29	02:21:17.65	02:21:42.80	+00:48:56 (34.5%)	8:18	7.2 (65.5%)

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30	MASZKOWSKI Rafał	1751		M40	30	02:21:17.20	02:22:36.50	+00:49:49 (34.9%)	8:18	7.2 (65.5%)
31	KOTŁOWSKI Rafał	1712	EVENT STUDIO	M40	31	02:26:07.15	02:26:55.10	+00:54:08 (36.9%)	8:35	7 (63.6%)
32	GAWLE Mirosław	1661		M40	32	02:29:26.95	02:29:51.60	+00:57:05 (38.1%)	8:47	6.8 (61.8%)
33	PODGAJNY Zbyszek	1777		M40	33	02:29:49.55	02:30:34.40	+00:57:47 (38.4%)	8:48	6.8 (61.8%)
34	GAŁASZKIEWICZ Grzegorz	1903		M40	34	02:31:30.90	02:32:34.65	+00:59:48 (39.2%)	8:54	6.7 (60.9%)
35	SZCZERBICKI Michał	1828		M40	35	02:33:17.00	02:33:49.25	+01:01:02 (39.7%)	9:01	6.7 (60.9%)
36	CICHECKI Michał	1626	DKB (DEKABRYŚCI)	M40	36	02:32:52.85	02:33:51.95	+01:01:05 (39.7%)	8:59	6.7 (60.9%)
37	JABŁONKA Radosław	1685	DZIADY OCR	M40	37	02:34:52.70	02:35:38.65	+01:02:52 (40.4%)	9:06	6.6 (60.0%)
38	CZERNIK Piotr	1634		M40	38	02:35:15.10	02:36:27.65	+01:03:41 (40.7%)	9:07	6.6 (60.0%)
39	JARMUDA Marcin	1690	JARMUDKA TEAM	M40	39	02:38:05.75	02:38:27.50	+01:05:40 (41.5%)	9:18	6.5 (59.1%)
40	KROLIK Roman	1719		M40	40	02:38:33.30	02:39:17.85	+01:06:31 (41.8%)	9:19	6.4 (58.2%)
41	PAWLAK Wojciech	1769		M40	41	02:38:57.60	02:40:16.95	+01:07:30 (42.1%)	9:21	6.4 (58.2%)
42	SAGANOWSKI Adam	1795	AZS GDAŃSK	M40	42	02:38:57.30	02:40:17.25	+01:07:30 (42.1%)	9:21	6.4 (58.2%)
43	KLUZ Wojciech	1706		M40	43	02:39:30.25	02:40:43.30	+01:07:56 (42.3%)	9:22	6.4 (58.2%)
44	KOŁTUNICKI Krzysztof	1889		M40	44	02:39:48.65	02:40:54.30	+01:08:07 (42.3%)	9:24	6.4 (58.2%)
45	SIPIERA Tomasz	1800		M40	45	02:40:16.30	02:41:17.55	+01:08:30 (42.5%)	9:25	6.4 (58.2%)
46	NAPIÓRKOWSKI Michał	1756	BOAT CITY TEAM	M40	46	02:43:26.40	02:43:31.00	+01:10:44 (43.3%)	9:36	6.2 (56.4%)
47	RYŻYŃSKI Tomasz	1793	CHEŁM BIEGA	M40	47	02:47:10.40	02:48:29.45	+01:15:42 (44.9%)	9:50	6.1 (55.5%)
48	LEŚNIEWSKI Tomek	1733	LAFIRYNDY I GAMONIE	M40	48	02:52:07.75	02:53:25.40	+01:20:38 (46.5%)	10:07	5.9 (53.6%)
49	GRANOS Sławomir	1672	LAFIRYNDY I GAMONIE	M40	49	02:52:08.60	02:53:25.75	+01:20:39 (46.5%)	10:07	5.9 (53.6%)
50	PIECH Adam	1774	PORANNY PATROL	M40	50	02:56:15.45	02:57:36.95	+01:24:50 (47.8%)	10:22	5.8 (52.7%)
51	GÓRKA Bogusław	1668		M40	51	02:58:16.45	02:58:45.35	+01:25:58 (48.1%)	10:29	5.7 (51.8%)
52	LUBAS Grzegorz	1737	LEŚNI OLIMPIJCZYCY	M40	52	02:57:30.20	02:58:53.15	+01:26:06 (48.1%)	10:26	5.7 (51.8%)
53	SMACZYŃSKI Artur	1810		M40	53	02:57:30.75	02:58:53.40	+01:26:06 (48.1%)	10:26	5.7 (51.8%)
54	KACZMARCZYK Paweł	1695	NEGAP	M40	54	02:58:02.60	02:58:54.15	+01:26:07 (48.1%)	10:28	5.7 (51.8%)
55	JEZIOREK Jozi	1693		M40	55	03:00:13.95	03:00:54.95	+01:28:08 (48.7%)	10:36	5.7 (51.8%)
56	ŁYŻWA Paweł	539	WKURW_TEAM	M40	56	03:02:47.70	03:03:37.00	+01:30:50 (49.5%)	10:45	5.6 (50.9%)
57	HEJMAN Maciej	1898	WKURW TEAM	M40	57	03:02:47.20	03:03:37.25	+01:30:50 (49.5%)	10:45	5.6 (50.9%)
58	BAŁAGA Marcin	1606		M40	58	03:02:34.15	03:03:46.90	+01:31:00 (49.5%)	10:44	5.6 (50.9%)
59	CZASAK Grzegorz	1632	WITKOWO BIEGA	M40	59	03:09:47.30	03:10:32.00	+01:37:45 (51.3%)	11:09	5.4 (49.1%)
60	WILKOS Marcin	1849		M40	60	03:10:58.35	03:12:11.10	+01:39:24 (51.7%)	11:14	5.3 (48.2%)
61	DASZUK Dariusz	1638		M40	61	03:10:57.65	03:12:11.85	+01:39:25 (51.7%)	11:13	5.3 (48.2%)
62	APANASIEWICZ Bartosz	1882		M40	62	03:11:20.95	03:12:25.85	+01:39:39 (51.8%)	11:15	5.3 (48.2%)
63	BUFF Tomasz	1620		M40	63	03:23:41.35	03:24:07.15	+01:51:20 (54.5%)	11:58	5 (45.5%)
64	KOPERA Bartosz	1708		M40	64	03:25:56.55	03:26:37.35	+01:53:50 (55.1%)	12:06	5 (45.5%)
65	SAJNÓG Marek	1796	PANDA & KULECZKA	M40	65	03:38:22.75	03:39:30.50	+02:06:43 (57.7%)	12:50	4.7 (42.7%)

Znaleziono 65 wynik(ów)