



VII KOSZALIŃSKI BIEG SYLWESTROWY - 5.37 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2015-12-27
Miejsce: Koszalin
Dystans: 5.37 km



Klasyfikacja: K-3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
1	KOTARA-PAŁKA Małgorzata	160		K-3	1	00:21:06.55	00:21:06.55		3:55	15.3 (100%)
2	CHODOR Martyna	33	4RUN TKKF KOSZALIN	K-3	2	00:23:46.05	00:23:46.05	+00:02:39 (11.2%)	4:25	13.6 (88.9%)
3	KASPROWICZ Małgorzata	134	STOPA SŁUPSK	K-3	3	00:23:54.65	00:23:54.65	+00:02:48 (11.7%)	4:27	13.5 (88.2%)
4	LESZCZYŃSKA Weronika	182		K-3	4	00:24:38.80	00:24:38.80	+00:03:32 (14.4%)	4:35	13.1 (85.6%)
5	SPELAK Katarzyna	294		K-3	5	00:24:53.75	00:24:53.75	+00:03:47 (15.2%)	4:38	12.9 (84.3%)
6	MACHELSKA Sylwia	191		K-3	6	00:25:00.05	00:25:00.05	+00:03:53 (15.6%)	4:39	12.9 (84.3%)
7	DĄBROWSKA Anna	45		K-3	7	00:25:28.85	00:25:28.85	+00:04:22 (17.2%)	4:44	12.7 (83.0%)
8	MĘDEL Marta	205		K-3	8	00:25:50.05	00:25:50.05	+00:04:43 (18.3%)	4:48	12.5 (81.7%)
9	SŁAWIŃSKA Natalia	399		K-3	9	00:25:52.30	00:25:52.30	+00:04:45 (18.4%)	4:49	12.5 (81.7%)
10	WALCZAK Agnieszka	330		K-3	10	00:26:34.85	00:26:34.85	+00:05:28 (20.6%)	4:56	12.1 (79.1%)
11	POLAŃSKA Katarzyna	246	DZIKI KOSZALIN	K-3	11	00:27:24.35	00:27:24.35	+00:06:17 (23.0%)	5:06	11.8 (77.1%)
12	MAZUREK Barbara	202		K-3	12	00:27:36.00	00:27:36.00	+00:06:29 (23.5%)	5:08	11.7 (76.5%)
13	POLETAJEW Wiktoria	247		K-3	13	00:28:38.85	00:28:38.85	+00:07:32 (26.3%)	5:19	11.3 (73.9%)
14	MROCZKOWSKA Marta	213		K-3	14	00:28:43.85	00:28:43.85	+00:07:37 (26.5%)	5:20	11.2 (73.2%)
15	GZELA Olga	382		K-3	15	00:28:52.05	00:28:52.05	+00:07:45 (26.9%)	5:22	11.2 (73.2%)
16	HIROWICZ Agnieszka	1		K-3	16	00:28:55.85	00:28:55.85	+00:07:49 (27.0%)	5:23	11.1 (72.5%)
17	PSTRĄGOWSKA Marlena	253		K-3	17	00:29:04.55	00:29:04.55	+00:07:58 (27.4%)	5:24	11.1 (72.5%)
18	SIMONOWICZ Aneta	285		K-3	18	00:29:32.65	00:29:32.65	+00:08:26 (28.6%)	5:29	10.9 (71.2%)
19	ORŁOWSKA Małgorzata	226	DZIKI KOSZALIN	K-3	19	00:29:48.25	00:29:48.25	+00:08:41 (29.2%)	5:32	10.8 (70.6%)
20	CHODOR Anna	445		K-3	20	00:29:57.90	00:29:57.90	+00:08:51 (29.6%)	5:34	10.8 (70.6%)
21	MĄDRZYK Magdalena	203		K-3	21	00:29:59.85	00:29:59.85	+00:08:53 (29.6%)	5:35	10.7 (69.9%)
22	CHODOR Izabela	446		K-3	22	00:30:02.60	00:30:02.60	+00:08:56 (29.7%)	5:35	10.7 (69.9%)
23	WOLSKA Aleksandra	414		K-3	23	00:30:09.95	00:30:09.95	+00:09:03 (30.0%)	5:36	10.7 (69.9%)

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24	KARPIŃSKA Hanna	132		K-3	24	00:30:15.05	00:30:15.05	+00:09:08 (30.2%)	5:37	10.7 (69.9%)
25	DYRCZ Marika	59	MKS ŚWIĘC SŁAWNO	K-3	25	00:30:30.85	00:30:30.85	+00:09:24 (30.8%)	5:40	10.6 (69.3%)
26	KUKIOŁCZYŃSKA Lidia	179		K-3	26	00:30:43.05	00:30:43.05	+00:09:36 (31.3%)	5:43	10.5 (68.6%)
27	LITWIN Joanna	425		K-3	27	00:32:13.55	00:32:13.55	+00:11:07 (34.5%)	5:59	10 (65.4%)
28	KŁOSOWSKA Lidia	503		K-3	28	00:32:45.25	00:32:45.25	+00:11:38 (35.6%)	6:05	9.8 (64.1%)
29	IWANKIEWICZ Justyna	507		K-3	29	00:32:55.15	00:32:55.15	+00:11:48 (35.9%)	6:07	9.8 (64.1%)
30	FELKOWSKA Karolina	529		K-3	30	00:33:00.10	00:33:00.10	+00:11:53 (36.0%)	6:08	9.8 (64.1%)
31	PLATA Katarzyna	242		K-3	31	00:33:00.35	00:33:00.35	+00:11:53 (36.0%)	6:08	9.8 (64.1%)
32	ŁUBNIEWSKA Natalia	188		K-3	32	00:33:02.55	00:33:02.55	+00:11:56 (36.1%)	6:09	9.8 (64.1%)
33	JUSZCZYK Agnieszka	113		K-3	33	00:33:02.95	00:33:02.95	+00:11:56 (36.1%)	6:09	9.8 (64.1%)
34	ŁUKASIEWICZ Aleksandra	189	DZIKI KOSZALIN	K-3	34	00:33:10.30	00:33:10.30	+00:12:03 (36.4%)	6:10	9.7 (63.4%)
35	ŻUCHOWSKA Maria	380		K-3	35	00:33:39.70	00:33:39.70	+00:12:33 (37.3%)	6:15	9.6 (62.7%)
36	SZAFIROWICZ-CHOJNACKA	518		K-3	36	00:33:50.70	00:33:50.70	+00:12:44 (37.6%)	6:18	9.5 (62.1%)
37	KRAMARZ Aneta	442		K-3	37	00:33:53.40	00:33:53.40	+00:12:46 (37.7%)	6:18	9.5 (62.1%)
38	IWANIEK Wioleta	98		K-3	38	00:34:26.40	00:34:26.40	+00:13:19 (38.7%)	6:24	9.4 (61.4%)
39	MARKOWSKA Lidia	193		K-3	39	00:36:15.00	00:36:15.00	+00:15:08 (41.8%)	6:45	8.9 (58.2%)
40	WILKOWSKA Małgorzata	347		K-3	40	00:36:40.25	00:36:40.25	+00:15:33 (42.4%)	6:49	8.8 (57.5%)
41	WILKOWSKA Beata	348		K-3	41	00:36:40.70	00:36:40.70	+00:15:34 (42.4%)	6:49	8.8 (57.5%)
42	SZYSZKOWSKA Katarzyna	315		K-3	42	00:41:12.95	00:41:12.95	+00:20:06 (48.8%)	7:40	7.8 (51.0%)

Znaleziono 42 wynik(ów)