



Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2015-12-27
Miejsce: Koszalin
Dystans: 5.37 km

VII KOSZALIŃSKI BIEG SYLWESTROWY - 5.37 KM

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
1	KOTARA-PAŁKA Małgorzata	160		K-3	1	00:21:06.55	00:21:06.55		3:55	15.3 (100%)
2	HRYCYK Anna	409		K-0	1	00:21:11.60	00:21:11.60	+00:00:05 (0.4%)	3:56	15.2 (99.3%)
3	MURAWSKA Nikola	216	MKL SZCZECIN	K-0	2	00:21:21.35	00:21:21.35	+00:00:14 (1.2%)	3:58	15.1 (98.7%)
4	MURAWSKA Wioleta	435		K-4	1	00:22:22.00	00:22:22.00	+00:01:15 (5.6%)	4:09	14.4 (94.1%)
5	CHODOR Martyna	33	4RUN TTKF KOSZALIN	K-3	2	00:23:46.05	00:23:46.05	+00:02:39 (11.2%)	4:25	13.6 (88.9%)
6	KONIECZNA Anka	148		K-4	2	00:23:53.40	00:23:53.40	+00:02:46 (11.6%)	4:26	13.5 (88.2%)
7	KASPROWICZ Małgorzata	134	STOPA SŁUPSK	K-3	3	00:23:54.65	00:23:54.65	+00:02:48 (11.7%)	4:27	13.5 (88.2%)
8	KUC Jolanta	394		K-2	1	00:24:06.90	00:24:06.90	+00:03:00 (12.5%)	4:29	13.4 (87.6%)
9	FRONTCZAK Izabela	64	4RUN TTKF KOSZALIN	K-2	2	00:24:07.95	00:24:07.95	+00:03:01 (12.5%)	4:29	13.4 (87.6%)
10	KOŚLA Sara	159	ZSP1 SŁUPSK	K-0	3	00:24:13.95	00:24:13.95	+00:03:07 (12.9%)	4:30	13.3 (86.9%)
11	WOJCIECHOWSKA-HRYCYK Agata	359		K-4	3	00:24:17.55	00:24:17.55	+00:03:11 (13.1%)	4:31	13.3 (86.9%)
12	SAMOŁ-KOWALSKA Irena	277	TKKF KOSZALIN BOBOLICE	K-4	4	00:24:22.45	00:24:22.45	+00:03:15 (13.4%)	4:32	13.2 (86.3%)
13	LESZCZYŃSKA Weronika	182		K-3	4	00:24:38.80	00:24:38.80	+00:03:32 (14.4%)	4:35	13.1 (85.6%)
14	KUCZYŃSKA Anetta	388	KB MANIAC	K-4	5	00:24:51.65	00:24:51.65	+00:03:45 (15.1%)	4:37	13 (85.0%)
15	SPELAK Katarzyna	294		K-3	5	00:24:53.75	00:24:53.75	+00:03:47 (15.2%)	4:38	12.9 (84.3%)
16	MACHELSKA Sylwia	191		K-3	6	00:25:00.05	00:25:00.05	+00:03:53 (15.6%)	4:39	12.9 (84.3%)
17	KRZEWIŃSKA Małgorzata	174	4RUN TTKF KOSZALIN	K-5	1	00:25:03.40	00:25:03.40	+00:03:56 (15.8%)	4:39	12.9 (84.3%)
18	DĄBROWSKA Anna	45		K-3	7	00:25:28.85	00:25:28.85	+00:04:22 (17.2%)	4:44	12.7 (83.0%)
19	MĘDEL Marta	205		K-3	8	00:25:50.05	00:25:50.05	+00:04:43 (18.3%)	4:48	12.5 (81.7%)
20	SŁAWIŃSKA Natalia	399		K-3	9	00:25:52.30	00:25:52.30	+00:04:45 (18.4%)	4:49	12.5 (81.7%)
21	ZIENTARSKA Joanna	372	ŚWIAT PŁYTEK U KRYSPIŃA	K-NIEPEŁNOSPRAWNI	1	00:26:23.25	00:26:23.25	+00:05:16 (20.0%)	4:54	12.2 (79.7%)
22	MATYJASEK Lucyna	200		K-4	6	00:26:34.30	00:26:34.30	+00:05:27 (20.6%)	4:56	12.1 (79.1%)
23	WALCZAK Agnieszka	330		K-3	10	00:26:34.85	00:26:34.85	+00:05:28 (20.6%)	4:56	12.1 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
24	KASZTELAN Urszula	526		K-2	3	00:26:35.90	00:26:35.90	+00:05:29 (20.6%)	4:57	12.1 (79.1%)
25	SZTORC-KACHLICKA Marzena	308		K-4	7	00:26:40.15	00:26:40.15	+00:05:33 (20.8%)	4:57	12.1 (79.1%)
26	WITKA Grażyna	352		K-4	8	00:26:41.55	00:26:41.55	+00:05:35 (20.9%)	4:58	12.1 (79.1%)
27	SAMOŃ-KOWALSKA Gerda	276		K-0	4	00:27:18.80	00:27:18.80	+00:06:12 (22.7%)	5:05	11.8 (77.1%)
28	POLAŃSKA Katarzyna	246	DZIKI KOSZALIN	K-3	11	00:27:24.35	00:27:24.35	+00:06:17 (23.0%)	5:06	11.8 (77.1%)
29	KACZMAREK Patrycja	116	RUNGRYF GRYFICE	K-2	4	00:27:34.85	00:27:34.85	+00:06:28 (23.5%)	5:08	11.7 (76.5%)
30	MAZUREK Barbara	202		K-3	12	00:27:36.00	00:27:36.00	+00:06:29 (23.5%)	5:08	11.7 (76.5%)
31	DĄBROWSKA Alicja	46		K-4	9	00:28:03.25	00:28:03.25	+00:06:56 (24.8%)	5:13	11.5 (75.2%)
32	UZNAŃSKA Agata	326		K-5	2	00:28:03.55	00:28:03.55	+00:06:57 (24.8%)	5:13	11.5 (75.2%)
33	KACAŁA Olga	114		K-2	5	00:28:11.65	00:28:11.65	+00:07:05 (25.1%)	5:14	11.4 (74.5%)
34	BROVCHENKO Sylwia	25	ŚWIAT PŁYTEK U KRYSPIŃ	K-2	6	00:28:20.90	00:28:20.90	+00:07:14 (25.5%)	5:16	11.4 (74.5%)
35	WOLF Weronika	264		K-2	7	00:28:21.35	00:28:21.35	+00:07:14 (25.6%)	5:16	11.4 (74.5%)
36	KOSOWSKA-PACHURA Ewelina	94		K-2	8	00:28:22.80	00:28:22.80	+00:07:16 (25.6%)	5:16	11.4 (74.5%)
37	KONIECZNA Marzena	449		K-2	9	00:28:23.40	00:28:23.40	+00:07:16 (25.6%)	5:17	11.4 (74.5%)
38	SIKORSKA Grażyna	284	OTKKF BICYKL	K-5	3	00:28:24.10	00:28:24.10	+00:07:17 (25.7%)	5:17	11.3 (73.9%)
39	VON BARDELEBEN Agnieszka	328	BABECZKI KOSZALIN	K-4	10	00:28:29.10	00:28:29.10	+00:07:22 (25.9%)	5:18	11.3 (73.9%)
40	HAMER Paulina	87		K-1	1	00:28:33.75	00:28:33.75	+00:07:27 (26.1%)	5:18	11.3 (73.9%)
41	POTRZEBOWSKA Agata	250		K-NIEPEŁNOSPRAWNI	2	00:28:36.70	00:28:36.70	+00:07:30 (26.2%)	5:19	11.3 (73.9%)
42	MEJER Aleksandra	204	GIMNAZJUM W MANOWIE	K-0	5	00:28:37.25	00:28:37.25	+00:07:30 (26.2%)	5:19	11.3 (73.9%)
43	POLETAJEW Wiktoria	247		K-3	13	00:28:38.85	00:28:38.85	+00:07:32 (26.3%)	5:19	11.3 (73.9%)
44	MROCZKOWSKA Marta	213		K-3	14	00:28:43.85	00:28:43.85	+00:07:37 (26.5%)	5:20	11.2 (73.2%)
45	HRANKOWSKA Monika	93		K-2	10	00:28:43.90	00:28:43.90	+00:07:37 (26.5%)	5:20	11.2 (73.2%)
46	GZELA Olga	382		K-3	15	00:28:52.05	00:28:52.05	+00:07:45 (26.9%)	5:22	11.2 (73.2%)
47	HIROWICZ Agnieszka	1		K-3	16	00:28:55.85	00:28:55.85	+00:07:49 (27.0%)	5:23	11.1 (72.5%)
48	SOKOŁOWSKA Małgorzata	290		K-2	11	00:28:56.00	00:28:56.00	+00:07:49 (27.0%)	5:23	11.1 (72.5%)
49	PSTRĄGOWSKA Marlena	253		K-3	17	00:29:04.55	00:29:04.55	+00:07:58 (27.4%)	5:24	11.1 (72.5%)
50	GRAJ Joanna	80		K-2	12	00:29:09.80	00:29:09.80	+00:08:03 (27.6%)	5:25	11.1 (72.5%)
51	ZIENTARSKA Martyna	371	ŚWIAT PŁYTEK U KRYSPIŃ	K-NIEPEŁNOSPRAWNI	3	00:29:12.20	00:29:12.20	+00:08:05 (27.7%)	5:26	11 (71.9%)
52	GÓRSKA Daria	78		K-2	13	00:29:18.00	00:29:18.00	+00:08:11 (28.0%)	5:27	11 (71.9%)
53	KUBIŃSKA Beata	176		K-4	11	00:29:25.95	00:29:25.95	+00:08:19 (28.3%)	5:28	11 (71.9%)
54	DUK Magdalena	57		K-4	12	00:29:28.70	00:29:28.70	+00:08:22 (28.4%)	5:29	10.9 (71.2%)
55	SIMONOWICZ Aneta	285		K-3	18	00:29:32.65	00:29:32.65	+00:08:26 (28.6%)	5:29	10.9 (71.2%)
56	PASTERNAK Joanna	234		K-2	14	00:29:33.15	00:29:33.15	+00:08:26 (28.6%)	5:30	10.9 (71.2%)
57	ORŁOWSKA Małgorzata	226	DZIKI KOSZALIN	K-3	19	00:29:48.25	00:29:48.25	+00:08:41 (29.2%)	5:32	10.8 (70.6%)
58	CHODOR Anna	445		K-3	20	00:29:57.90	00:29:57.90	+00:08:51 (29.6%)	5:34	10.8 (70.6%)
59	BROMIŃSKA Wiesława	23		K-5	4	00:29:58.85	00:29:58.85	+00:08:52 (29.6%)	5:34	10.8 (70.6%)
60	MĄDRZYK Magdalena	203		K-3	21	00:29:59.85	00:29:59.85	+00:08:53 (29.6%)	5:35	10.7 (69.9%)
61	CHODOR Izabela	446		K-3	22	00:30:02.60	00:30:02.60	+00:08:56 (29.7%)	5:35	10.7 (69.9%)
62	WOLSKA Aleksandra	414		K-3	23	00:30:09.95	00:30:09.95	+00:09:03 (30.0%)	5:36	10.7 (69.9%)
63	KARPIŃSKA Hanna	132		K-3	24	00:30:15.05	00:30:15.05	+00:09:08 (30.2%)	5:37	10.7 (69.9%)
64	DĄBROWSKA Katarzyna	44		K-2	15	00:30:22.35	00:30:22.35	+00:09:15 (30.5%)	5:39	10.6 (69.3%)
65	KONDRAT Joanna	147		K-2	16	00:30:23.85	00:30:23.85	+00:09:17 (30.6%)	5:39	10.6 (69.3%)
66	STRZELECKA-DRAGUN Halina	304		K-6	1	00:30:30.85	00:30:30.85	+00:09:24 (30.8%)	5:40	10.6 (69.3%)

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						netto 5.37km	brutto 5.37km			
66	DYRCZ Marika	59	MKS ŚWIĘC SŁAWNO	K-3	25	00:30:30.85	00:30:30.85	+00:09:24 (30.8%)	5:40	10.6 (69.3%)
68	KUKIOŁCZYŃSKA Lidia	179		K-3	26	00:30:43.05	00:30:43.05	+00:09:36 (31.3%)	5:43	10.5 (68.6%)
69	RETKA Natalia	364		K-4	13	00:30:45.90	00:30:45.90	+00:09:39 (31.4%)	5:43	10.5 (68.6%)
70	ŁOSIEWICZ Paulina	187		K-2	17	00:30:51.25	00:30:51.25	+00:09:44 (31.6%)	5:44	10.4 (68.0%)
71	BULKA Marta	437		K-1	2	00:30:54.35	00:30:54.35	+00:09:47 (31.7%)	5:45	10.4 (68.0%)
72	BORSUK Dorota	20		K-4	14	00:30:57.60	00:30:57.60	+00:09:51 (31.8%)	5:45	10.4 (68.0%)
72	MARSCHAŁKOWSKA Dorota	389	TKKF KOSZALIN	K-5	5	00:30:57.60	00:30:57.60	+00:09:51 (31.8%)	5:45	10.4 (68.0%)
74	KRYGIER Małgorzata	172	W.P.K. SŁOŃ TEAM USTKA	K-0	6	00:31:00.70	00:31:00.70	+00:09:54 (31.9%)	5:46	10.4 (68.0%)
75	POPŁAWSKA Krystyna	248		K-5	6	00:31:22.15	00:31:22.15	+00:10:15 (32.7%)	5:50	10.3 (67.3%)
76	ZWOLAK Barbara	376		K-4	15	00:31:49.30	00:31:49.30	+00:10:42 (33.7%)	5:55	10.1 (66.0%)
77	SZULC Martyna	311		K-2	18	00:31:50.10	00:31:50.10	+00:10:43 (33.7%)	5:55	10.1 (66.0%)
78	PASEK Paula	232		K-2	19	00:31:50.90	00:31:50.90	+00:10:44 (33.7%)	5:55	10.1 (66.0%)
79	WŁODARCZYK Paulina	426		K-1	3	00:32:07.80	00:32:07.80	+00:11:01 (34.3%)	5:58	10 (65.4%)
80	KOMEL Natalia	523		K-2	20	00:32:11.30	00:32:11.30	+00:11:04 (34.4%)	5:59	10 (65.4%)
81	LITWIN Joanna	425		K-3	27	00:32:13.55	00:32:13.55	+00:11:07 (34.5%)	5:59	10 (65.4%)
82	LUBAWIŃSKA Ilona	184	K.B.SPRINT ŚWIDWIN	K-2	21	00:32:21.15	00:32:21.15	+00:11:14 (34.8%)	6:01	10 (65.4%)
83	MICHALCZYK Małgorzata	207		K-2	22	00:32:24.10	00:32:24.10	+00:11:17 (34.9%)	6:02	9.9 (64.7%)
84	SKIERŚ Wanda	286		K-5	7	00:32:35.00	00:32:35.00	+00:11:28 (35.2%)	6:04	9.9 (64.7%)
85	KŁOSOWSKA Lidia	503		K-3	28	00:32:45.25	00:32:45.25	+00:11:38 (35.6%)	6:05	9.8 (64.1%)
86	KORPAL Grażyna	154		K-5	8	00:32:54.25	00:32:54.25	+00:11:47 (35.8%)	6:07	9.8 (64.1%)
87	IWANKIEWICZ Justyna	507		K-3	29	00:32:55.15	00:32:55.15	+00:11:48 (35.9%)	6:07	9.8 (64.1%)
88	FELKOWSKA Karolina	529		K-3	30	00:33:00.10	00:33:00.10	+00:11:53 (36.0%)	6:08	9.8 (64.1%)
89	PLATA Katarzyna	242		K-3	31	00:33:00.35	00:33:00.35	+00:11:53 (36.0%)	6:08	9.8 (64.1%)
90	ŁUBNIEWSKA Natalia	188		K-3	32	00:33:02.55	00:33:02.55	+00:11:56 (36.1%)	6:09	9.8 (64.1%)
91	JUSZCZYK Agnieszka	113		K-3	33	00:33:02.95	00:33:02.95	+00:11:56 (36.1%)	6:09	9.8 (64.1%)
92	RAMA Ewa	260		K-5	9	00:33:03.95	00:33:03.95	+00:11:57 (36.2%)	6:09	9.7 (63.4%)
93	ŁUKASIEWICZ Aleksandra	189	DZIKI KOSZALIN	K-3	34	00:33:10.30	00:33:10.30	+00:12:03 (36.4%)	6:10	9.7 (63.4%)
94	KOWALCZUK Natalia	161	ŚWIAT PŁYTEK U KRYSPIŃNA	K-2	23	00:33:15.25	00:33:15.25	+00:12:08 (36.5%)	6:11	9.7 (63.4%)
95	KONDRAT Aleksandra	146		K-2	24	00:33:16.10	00:33:16.10	+00:12:09 (36.5%)	6:11	9.7 (63.4%)
96	KRAWCZUK-KIEŁB Anna	168		K-4	16	00:33:17.80	00:33:17.80	+00:12:11 (36.6%)	6:11	9.7 (63.4%)
97	MICHALAK Olimpia	91		K-2	25	00:33:18.95	00:33:18.95	+00:12:12 (36.6%)	6:12	9.7 (63.4%)
98	STAWISZYŃSKA Anna	297	FORUM ROZWOJU KOSZALINA	K-2	26	00:33:25.55	00:33:25.55	+00:12:19 (36.8%)	6:13	9.6 (62.7%)
99	CIOS Agnieszka	40		K-2	27	00:33:31.15	00:33:31.15	+00:12:24 (37.0%)	6:14	9.6 (62.7%)
100	ŻUCHOWSKA Maria	380		K-3	35	00:33:39.70	00:33:39.70	+00:12:33 (37.3%)	6:15	9.6 (62.7%)
101	SZAFIROWICZ-CHOJNACKA	518		K-3	36	00:33:50.70	00:33:50.70	+00:12:44 (37.6%)	6:18	9.5 (62.1%)
102	KRAMARZ Aneta	442		K-3	37	00:33:53.40	00:33:53.40	+00:12:46 (37.7%)	6:18	9.5 (62.1%)
102	STASZYŃSKA Marianna	392		K-5	10	00:33:53.40	00:33:53.40	+00:12:46 (37.7%)	6:18	9.5 (62.1%)
104	NEJMAN Małgorzata	408		K-4	17	00:33:55.70	00:33:55.70	+00:12:49 (37.8%)	6:18	9.5 (62.1%)
105	KOZŁOWIECKA Małgorzata	164	TKKF KOSZALIN	K-NIEPEŁNOSPRAWNI	4	00:33:59.05	00:33:59.05	+00:12:52 (37.9%)	6:19	9.5 (62.1%)
106	RATAJCZYK Grażyna	262		K-6	2	00:34:13.30	00:34:13.30	+00:13:06 (38.3%)	6:22	9.4 (61.4%)
107	JARCZAK Katarzyna	108		K-2	28	00:34:15.90	00:34:15.90	+00:13:09 (38.4%)	6:22	9.4 (61.4%)
108	IWANIEK Wioleta	98		K-3	38	00:34:26.40	00:34:26.40	+00:13:19 (38.7%)	6:24	9.4 (61.4%)
109	SAWICKA Alicja	278		K-5	11	00:35:03.40	00:35:03.40	+00:13:56 (39.8%)	6:31	9.2 (60.1%)
110	CICHOCKA Marta	508		K-2	29	00:35:05.70	00:35:05.70	+00:13:59 (39.9%)	6:31	9.2 (60.1%)

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111	MARKOWSKA Lidia	193		K-3	39	00:36:15.00	00:36:15.00	+00:15:08 (41.8%)	6:45	8.9 (58.2%)
112	PEŁKA Iwona	236		K-4	18	00:36:16.30	00:36:16.30	+00:15:09 (41.8%)	6:45	8.9 (58.2%)
113	WŁAŚNIAK Agnieszka	354	ZSP1 SŁUPSK	K-0	7	00:36:32.50	00:36:32.50	+00:15:25 (42.2%)	6:48	8.8 (57.5%)
114	DĘBSKA Dorota	50		K-4	19	00:36:38.75	00:36:38.75	+00:15:32 (42.4%)	6:49	8.8 (57.5%)
115	WILKOWSKA Małgorzata	347		K-3	40	00:36:40.25	00:36:40.25	+00:15:33 (42.4%)	6:49	8.8 (57.5%)
116	WILKOWSKA Beata	348		K-3	41	00:36:40.70	00:36:40.70	+00:15:34 (42.4%)	6:49	8.8 (57.5%)
117	ZIMNIAK Krystyna	374	KRYSTYNA TEAM POZNAŃ	K-5	12	00:37:00.50	00:37:00.50	+00:15:53 (43.0%)	6:53	8.7 (56.9%)
118	KOPREK Marzena	151	SZYBKIE ŻÓŁWIE	K-2	30	00:37:27.35	00:37:27.35	+00:16:20 (43.6%)	6:58	8.6 (56.2%)
119	DĘBOWSKA Anna	49	BORYSY	K-1	4	00:37:46.60	00:37:46.60	+00:16:40 (44.1%)	7:01	8.5 (55.6%)
120	KANIA Ania	128	BORYSY	K-2	31	00:37:46.75	00:37:46.75	+00:16:40 (44.1%)	7:01	8.5 (55.6%)
121	WĄTRUCKA Krystyna	334	ŚWIAT PŁYTEK U KRYSPINA	K-6	3	00:38:03.70	00:38:03.70	+00:16:57 (44.5%)	7:05	8.5 (55.6%)
122	CHOLCHA Halina	417		K-6	4	00:40:02.00	00:40:02.00	+00:18:55 (47.3%)	7:27	8 (52.3%)
123	SOLAK Halina	291	ŚWIAT PŁYTEK U KRYSPINA	K-NIEPEŁNOSPRAWNI	5	00:40:22.50	00:40:22.50	+00:19:15 (47.7%)	7:31	8 (52.3%)
124	SZYSZKOWSKA Katarzyna	315		K-3	42	00:41:12.95	00:41:12.95	+00:20:06 (48.8%)	7:40	7.8 (51.0%)

Znaleziono 124 wynik(ów)