



**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
**Data:** 2015-12-27  
**Miejsce:** Koszalin  
**Dystans:** 5.37 km

## VII KOSZALIŃSKI BIEG SYLWESTROWY - 5.37 KM

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
1	KOTARA-PAŁKA Małgorzata	160		K-3	1	00:21:06.55	00:21:06.55		3:55	15.3 (100%)
2	HRYCYK Anna	409		K-0	1	00:21:11.60	00:21:11.60	+00:00:05 (0.4%)	3:56	15.2 (99.3%)
3	MURAWSKA Nikola	216	MKL SZCZECIN	K-0	2	00:21:21.35	00:21:21.35	+00:00:14 (1.2%)	3:58	15.1 (98.7%)
4	MURAWSKA Wioleta	435		K-4	1	00:22:22.00	00:22:22.00	+00:01:15 (5.6%)	4:09	14.4 (94.1%)
5	CHODOR Martyna	33	4RUN TTKF KOSZALIN	K-3	2	00:23:46.05	00:23:46.05	+00:02:39 (11.2%)	4:25	13.6 (88.9%)
6	KONIECZNA Anka	148		K-4	2	00:23:53.40	00:23:53.40	+00:02:46 (11.6%)	4:26	13.5 (88.2%)
7	KASPROWICZ Małgorzata	134	STOPA SŁUPSK	K-3	3	00:23:54.65	00:23:54.65	+00:02:48 (11.7%)	4:27	13.5 (88.2%)
8	KUC Jolanta	394		K-2	1	00:24:06.90	00:24:06.90	+00:03:00 (12.5%)	4:29	13.4 (87.6%)
9	FRONTCZAK Izabela	64	4RUN TTKF KOSZALIN	K-2	2	00:24:07.95	00:24:07.95	+00:03:01 (12.5%)	4:29	13.4 (87.6%)
10	KOŚLA Sara	159	ZSP1 SŁUPSK	K-0	3	00:24:13.95	00:24:13.95	+00:03:07 (12.9%)	4:30	13.3 (86.9%)
11	WOJCIECHOWSKA-HRYCYK Agata	359		K-4	3	00:24:17.55	00:24:17.55	+00:03:11 (13.1%)	4:31	13.3 (86.9%)
12	SAMOŁ-KOWALSKA Irena	277	TKKF KOSZALIN BOBOLICE	K-4	4	00:24:22.45	00:24:22.45	+00:03:15 (13.4%)	4:32	13.2 (86.3%)
13	LESZCZYŃSKA Weronika	182		K-3	4	00:24:38.80	00:24:38.80	+00:03:32 (14.4%)	4:35	13.1 (85.6%)
14	KUCZYŃSKA Anetta	388	KB MANIAC	K-4	5	00:24:51.65	00:24:51.65	+00:03:45 (15.1%)	4:37	13 (85.0%)
15	SPELAK Katarzyna	294		K-3	5	00:24:53.75	00:24:53.75	+00:03:47 (15.2%)	4:38	12.9 (84.3%)
16	MACHELSKA Sylwia	191		K-3	6	00:25:00.05	00:25:00.05	+00:03:53 (15.6%)	4:39	12.9 (84.3%)
17	KRZEWIŃSKA Małgorzata	174	4RUN TTKF KOSZALIN	K-5	1	00:25:03.40	00:25:03.40	+00:03:56 (15.8%)	4:39	12.9 (84.3%)
18	DĄBROWSKA Anna	45		K-3	7	00:25:28.85	00:25:28.85	+00:04:22 (17.2%)	4:44	12.7 (83.0%)
19	MĘDEL Marta	205		K-3	8	00:25:50.05	00:25:50.05	+00:04:43 (18.3%)	4:48	12.5 (81.7%)
20	SŁAWIŃSKA Natalia	399		K-3	9	00:25:52.30	00:25:52.30	+00:04:45 (18.4%)	4:49	12.5 (81.7%)
21	ZIENTARSKA Joanna	372	ŚWIAT PŁYTEK U KRYSPIŃ	K-NIEPEŁNOSPRAWNI	1	00:26:23.25	00:26:23.25	+00:05:16 (20.0%)	4:54	12.2 (79.7%)
22	MATYJASEK Lucyna	200		K-4	6	00:26:34.30	00:26:34.30	+00:05:27 (20.6%)	4:56	12.1 (79.1%)
23	WALCZAK Agnieszka	330		K-3	10	00:26:34.85	00:26:34.85	+00:05:28 (20.6%)	4:56	12.1 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
24	<b>KASZTELAN Urszula</b>	<b>526</b>		K-2	3	<b>00:26:35.90</b>	<b>00:26:35.90</b>	+00:05:29 (20.6%)	4:57	12.1 (79.1%)
25	<b>SZTORC-KACHLICKA Marzena</b>	<b>308</b>		K-4	7	<b>00:26:40.15</b>	<b>00:26:40.15</b>	+00:05:33 (20.8%)	4:57	12.1 (79.1%)
26	<b>WITKA Grażyna</b>	<b>352</b>		K-4	8	<b>00:26:41.55</b>	<b>00:26:41.55</b>	+00:05:35 (20.9%)	4:58	12.1 (79.1%)
27	<b>SAMOŁ-KOWALSKA Gerda</b>	<b>276</b>		K-0	4	<b>00:27:18.80</b>	<b>00:27:18.80</b>	+00:06:12 (22.7%)	5:05	11.8 (77.1%)
28	<b>POLAŃSKA Katarzyna</b>	<b>246</b>	DZIKI KOSZALIN	K-3	11	<b>00:27:24.35</b>	<b>00:27:24.35</b>	+00:06:17 (23.0%)	5:06	11.8 (77.1%)
29	<b>KACZMAREK Patrycja</b>	<b>116</b>	RUNGRYF GRYFICE	K-2	4	<b>00:27:34.85</b>	<b>00:27:34.85</b>	+00:06:28 (23.5%)	5:08	11.7 (76.5%)
30	<b>MAZUREK Barbara</b>	<b>202</b>		K-3	12	<b>00:27:36.00</b>	<b>00:27:36.00</b>	+00:06:29 (23.5%)	5:08	11.7 (76.5%)
31	<b>DĄBROWSKA Alicja</b>	<b>46</b>		K-4	9	<b>00:28:03.25</b>	<b>00:28:03.25</b>	+00:06:56 (24.8%)	5:13	11.5 (75.2%)
32	<b>UZNAŃSKA Agata</b>	<b>326</b>		K-5	2	<b>00:28:03.55</b>	<b>00:28:03.55</b>	+00:06:57 (24.8%)	5:13	11.5 (75.2%)
33	<b>KACAŁA Olga</b>	<b>114</b>		K-2	5	<b>00:28:11.65</b>	<b>00:28:11.65</b>	+00:07:05 (25.1%)	5:14	11.4 (74.5%)
34	<b>BROVCHENKO Sylwia</b>	<b>25</b>	ŚWIAT PŁYTEK U KRYSPIŃA	K-2	6	<b>00:28:20.90</b>	<b>00:28:20.90</b>	+00:07:14 (25.5%)	5:16	11.4 (74.5%)
35	<b>WOLF Weronika</b>	<b>264</b>		K-2	7	<b>00:28:21.35</b>	<b>00:28:21.35</b>	+00:07:14 (25.6%)	5:16	11.4 (74.5%)
36	<b>KOSOWSKA-PACHURA Ewelina</b>	<b>94</b>		K-2	8	<b>00:28:22.80</b>	<b>00:28:22.80</b>	+00:07:16 (25.6%)	5:16	11.4 (74.5%)
37	<b>KONIECZNA Marzena</b>	<b>449</b>		K-2	9	<b>00:28:23.40</b>	<b>00:28:23.40</b>	+00:07:16 (25.6%)	5:17	11.4 (74.5%)
38	<b>SIKORSKA Grażyna</b>	<b>284</b>	OTKKF BICYKL	K-5	3	<b>00:28:24.10</b>	<b>00:28:24.10</b>	+00:07:17 (25.7%)	5:17	11.3 (73.9%)
39	<b>VON BARDELEBEN Agnieszka</b>	<b>328</b>	BABECZKI KOSZALIN	K-4	10	<b>00:28:29.10</b>	<b>00:28:29.10</b>	+00:07:22 (25.9%)	5:18	11.3 (73.9%)
40	<b>HAMER Paulina</b>	<b>87</b>		K-1	1	<b>00:28:33.75</b>	<b>00:28:33.75</b>	+00:07:27 (26.1%)	5:18	11.3 (73.9%)
41	<b>POTRZEBOWSKA Agata</b>	<b>250</b>		K-NIEPEŁNOSPRAWNI	2	<b>00:28:36.70</b>	<b>00:28:36.70</b>	+00:07:30 (26.2%)	5:19	11.3 (73.9%)
42	<b>MEJER Aleksandra</b>	<b>204</b>	GIMNAZJUM W MANOWIE	K-0	5	<b>00:28:37.25</b>	<b>00:28:37.25</b>	+00:07:30 (26.2%)	5:19	11.3 (73.9%)
43	<b>POLETAJEW Wiktoria</b>	<b>247</b>		K-3	13	<b>00:28:38.85</b>	<b>00:28:38.85</b>	+00:07:32 (26.3%)	5:19	11.3 (73.9%)
44	<b>MROCZKOWSKA Marta</b>	<b>213</b>		K-3	14	<b>00:28:43.85</b>	<b>00:28:43.85</b>	+00:07:37 (26.5%)	5:20	11.2 (73.2%)
45	<b>HRANKOWSKA Monika</b>	<b>93</b>		K-2	10	<b>00:28:43.90</b>	<b>00:28:43.90</b>	+00:07:37 (26.5%)	5:20	11.2 (73.2%)
46	<b>GZELA Olga</b>	<b>382</b>		K-3	15	<b>00:28:52.05</b>	<b>00:28:52.05</b>	+00:07:45 (26.9%)	5:22	11.2 (73.2%)
47	<b>HIROWICZ Agnieszka</b>	<b>1</b>		K-3	16	<b>00:28:55.85</b>	<b>00:28:55.85</b>	+00:07:49 (27.0%)	5:23	11.1 (72.5%)
48	<b>SOKOŁOWSKA Małgorzata</b>	<b>290</b>		K-2	11	<b>00:28:56.00</b>	<b>00:28:56.00</b>	+00:07:49 (27.0%)	5:23	11.1 (72.5%)
49	<b>PSTRĄGOWSKA Marlena</b>	<b>253</b>		K-3	17	<b>00:29:04.55</b>	<b>00:29:04.55</b>	+00:07:58 (27.4%)	5:24	11.1 (72.5%)
50	<b>GRAJ Joanna</b>	<b>80</b>		K-2	12	<b>00:29:09.80</b>	<b>00:29:09.80</b>	+00:08:03 (27.6%)	5:25	11.1 (72.5%)
51	<b>ZIENTARSKA Martyna</b>	<b>371</b>	ŚWIAT PŁYTEK U KRYSPIŃA	K-NIEPEŁNOSPRAWNI	3	<b>00:29:12.20</b>	<b>00:29:12.20</b>	+00:08:05 (27.7%)	5:26	11 (71.9%)
52	<b>GÓRSKA Daria</b>	<b>78</b>		K-2	13	<b>00:29:18.00</b>	<b>00:29:18.00</b>	+00:08:11 (28.0%)	5:27	11 (71.9%)
53	<b>KUBIŃSKA Beata</b>	<b>176</b>		K-4	11	<b>00:29:25.95</b>	<b>00:29:25.95</b>	+00:08:19 (28.3%)	5:28	11 (71.9%)
54	<b>DUK Magdalena</b>	<b>57</b>		K-4	12	<b>00:29:28.70</b>	<b>00:29:28.70</b>	+00:08:22 (28.4%)	5:29	10.9 (71.2%)
55	<b>SIMONOWICZ Aneta</b>	<b>285</b>		K-3	18	<b>00:29:32.65</b>	<b>00:29:32.65</b>	+00:08:26 (28.6%)	5:29	10.9 (71.2%)
56	<b>PASTERNAK Joanna</b>	<b>234</b>		K-2	14	<b>00:29:33.15</b>	<b>00:29:33.15</b>	+00:08:26 (28.6%)	5:30	10.9 (71.2%)
57	<b>ORŁOWSKA Małgorzata</b>	<b>226</b>	DZIKI KOSZALIN	K-3	19	<b>00:29:48.25</b>	<b>00:29:48.25</b>	+00:08:41 (29.2%)	5:32	10.8 (70.6%)
58	<b>CHODOR Anna</b>	<b>445</b>		K-3	20	<b>00:29:57.90</b>	<b>00:29:57.90</b>	+00:08:51 (29.6%)	5:34	10.8 (70.6%)
59	<b>BROMIŃSKA Wiesława</b>	<b>23</b>		K-5	4	<b>00:29:58.85</b>	<b>00:29:58.85</b>	+00:08:52 (29.6%)	5:34	10.8 (70.6%)
60	<b>MĄDRZYK Magdalena</b>	<b>203</b>		K-3	21	<b>00:29:59.85</b>	<b>00:29:59.85</b>	+00:08:53 (29.6%)	5:35	10.7 (69.9%)
61	<b>CHODOR Izabela</b>	<b>446</b>		K-3	22	<b>00:30:02.60</b>	<b>00:30:02.60</b>	+00:08:56 (29.7%)	5:35	10.7 (69.9%)
62	<b>WOLSKA Aleksandra</b>	<b>414</b>		K-3	23	<b>00:30:09.95</b>	<b>00:30:09.95</b>	+00:09:03 (30.0%)	5:36	10.7 (69.9%)
63	<b>KARPIŃSKA Hanna</b>	<b>132</b>		K-3	24	<b>00:30:15.05</b>	<b>00:30:15.05</b>	+00:09:08 (30.2%)	5:37	10.7 (69.9%)
64	<b>DĄBROWSKA Katarzyna</b>	<b>44</b>		K-2	15	<b>00:30:22.35</b>	<b>00:30:22.35</b>	+00:09:15 (30.5%)	5:39	10.6 (69.3%)
65	<b>KONDRAT Joanna</b>	<b>147</b>		K-2	16	<b>00:30:23.85</b>	<b>00:30:23.85</b>	+00:09:17 (30.6%)	5:39	10.6 (69.3%)
66	<b>STRZELECKA-DRAGUN Halina</b>	<b>304</b>		K-6	1	<b>00:30:30.85</b>	<b>00:30:30.85</b>	+00:09:24 (30.8%)	5:40	10.6 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 5.37km	brutto 5.37km			
66	<b>DYRCZ Marika</b>	<b>59</b>	MKS ŚWIĘC SŁAWNO	K-3	25	<b>00:30:30.85</b>	<b>00:30:30.85</b>	+00:09:24 (30.8%)	5:40	10.6 (69.3%)
68	<b>KUKIOŁCZYŃSKA Lidia</b>	<b>179</b>		K-3	26	<b>00:30:43.05</b>	<b>00:30:43.05</b>	+00:09:36 (31.3%)	5:43	10.5 (68.6%)
69	<b>RETKA Natalia</b>	<b>364</b>		K-4	13	<b>00:30:45.90</b>	<b>00:30:45.90</b>	+00:09:39 (31.4%)	5:43	10.5 (68.6%)
70	<b>ŁOSIEWICZ Paulina</b>	<b>187</b>		K-2	17	<b>00:30:51.25</b>	<b>00:30:51.25</b>	+00:09:44 (31.6%)	5:44	10.4 (68.0%)
71	<b>BULKA Marta</b>	<b>437</b>		K-1	2	<b>00:30:54.35</b>	<b>00:30:54.35</b>	+00:09:47 (31.7%)	5:45	10.4 (68.0%)
72	<b>BORSUK Dorota</b>	<b>20</b>		K-4	14	<b>00:30:57.60</b>	<b>00:30:57.60</b>	+00:09:51 (31.8%)	5:45	10.4 (68.0%)
72	<b>MARSCHAŁKOWSKA Dorota</b>	<b>389</b>	TKKF KOSZALIN	K-5	5	<b>00:30:57.60</b>	<b>00:30:57.60</b>	+00:09:51 (31.8%)	5:45	10.4 (68.0%)
74	<b>KRYGIER Małgorzata</b>	<b>172</b>	W.P.K. SŁOŃ TEAM USTKA	K-0	6	<b>00:31:00.70</b>	<b>00:31:00.70</b>	+00:09:54 (31.9%)	5:46	10.4 (68.0%)
75	<b>POPŁAWSKA Krystyna</b>	<b>248</b>		K-5	6	<b>00:31:22.15</b>	<b>00:31:22.15</b>	+00:10:15 (32.7%)	5:50	10.3 (67.3%)
76	<b>ZWOLAK Barbara</b>	<b>376</b>		K-4	15	<b>00:31:49.30</b>	<b>00:31:49.30</b>	+00:10:42 (33.7%)	5:55	10.1 (66.0%)
77	<b>SZULC Martyna</b>	<b>311</b>		K-2	18	<b>00:31:50.10</b>	<b>00:31:50.10</b>	+00:10:43 (33.7%)	5:55	10.1 (66.0%)
78	<b>PASEK Paula</b>	<b>232</b>		K-2	19	<b>00:31:50.90</b>	<b>00:31:50.90</b>	+00:10:44 (33.7%)	5:55	10.1 (66.0%)
79	<b>WŁODARCZYK Paulina</b>	<b>426</b>		K-1	3	<b>00:32:07.80</b>	<b>00:32:07.80</b>	+00:11:01 (34.3%)	5:58	10 (65.4%)
80	<b>KOMEL Natalia</b>	<b>523</b>		K-2	20	<b>00:32:11.30</b>	<b>00:32:11.30</b>	+00:11:04 (34.4%)	5:59	10 (65.4%)
81	<b>LITWIN Joanna</b>	<b>425</b>		K-3	27	<b>00:32:13.55</b>	<b>00:32:13.55</b>	+00:11:07 (34.5%)	5:59	10 (65.4%)
82	<b>LUBAWIŃSKA Ilona</b>	<b>184</b>	K.B.SPRINT ŚWIDWIN	K-2	21	<b>00:32:21.15</b>	<b>00:32:21.15</b>	+00:11:14 (34.8%)	6:01	10 (65.4%)
83	<b>MICHALCZYK Małgorzata</b>	<b>207</b>		K-2	22	<b>00:32:24.10</b>	<b>00:32:24.10</b>	+00:11:17 (34.9%)	6:02	9.9 (64.7%)
84	<b>SKIERŚ Wanda</b>	<b>286</b>		K-5	7	<b>00:32:35.00</b>	<b>00:32:35.00</b>	+00:11:28 (35.2%)	6:04	9.9 (64.7%)
85	<b>KŁOSOWSKA Lidia</b>	<b>503</b>		K-3	28	<b>00:32:45.25</b>	<b>00:32:45.25</b>	+00:11:38 (35.6%)	6:05	9.8 (64.1%)
86	<b>KORPAL Grażyna</b>	<b>154</b>		K-5	8	<b>00:32:54.25</b>	<b>00:32:54.25</b>	+00:11:47 (35.8%)	6:07	9.8 (64.1%)
87	<b>IWANKIEWICZ Justyna</b>	<b>507</b>		K-3	29	<b>00:32:55.15</b>	<b>00:32:55.15</b>	+00:11:48 (35.9%)	6:07	9.8 (64.1%)
88	<b>FELKOWSKA Karolina</b>	<b>529</b>		K-3	30	<b>00:33:00.10</b>	<b>00:33:00.10</b>	+00:11:53 (36.0%)	6:08	9.8 (64.1%)
89	<b>PLATA Katarzyna</b>	<b>242</b>		K-3	31	<b>00:33:00.35</b>	<b>00:33:00.35</b>	+00:11:53 (36.0%)	6:08	9.8 (64.1%)
90	<b>ŁUBNIEWSKA Natalia</b>	<b>188</b>		K-3	32	<b>00:33:02.55</b>	<b>00:33:02.55</b>	+00:11:56 (36.1%)	6:09	9.8 (64.1%)
91	<b>JUSZCZYK Agnieszka</b>	<b>113</b>		K-3	33	<b>00:33:02.95</b>	<b>00:33:02.95</b>	+00:11:56 (36.1%)	6:09	9.8 (64.1%)
92	<b>RAMA Ewa</b>	<b>260</b>		K-5	9	<b>00:33:03.95</b>	<b>00:33:03.95</b>	+00:11:57 (36.2%)	6:09	9.7 (63.4%)
93	<b>ŁUKASIEWICZ Aleksandra</b>	<b>189</b>	DZIKI KOSZALIN	K-3	34	<b>00:33:10.30</b>	<b>00:33:10.30</b>	+00:12:03 (36.4%)	6:10	9.7 (63.4%)
94	<b>KOWALCZUK Natalia</b>	<b>161</b>	ŚWIAT PŁYTEK U KRYSPIŃNA	K-2	23	<b>00:33:15.25</b>	<b>00:33:15.25</b>	+00:12:08 (36.5%)	6:11	9.7 (63.4%)
95	<b>KONDRAT Aleksandra</b>	<b>146</b>		K-2	24	<b>00:33:16.10</b>	<b>00:33:16.10</b>	+00:12:09 (36.5%)	6:11	9.7 (63.4%)
96	<b>KRAWCZUK-KIEŁB Anna</b>	<b>168</b>		K-4	16	<b>00:33:17.80</b>	<b>00:33:17.80</b>	+00:12:11 (36.6%)	6:11	9.7 (63.4%)
97	<b>MICHALAK Olimpia</b>	<b>91</b>		K-2	25	<b>00:33:18.95</b>	<b>00:33:18.95</b>	+00:12:12 (36.6%)	6:12	9.7 (63.4%)
98	<b>STAWISZYŃSKA Anna</b>	<b>297</b>	FORUM ROZWOJU KOSZALINA	K-2	26	<b>00:33:25.55</b>	<b>00:33:25.55</b>	+00:12:19 (36.8%)	6:13	9.6 (62.7%)
99	<b>CIOS Agnieszka</b>	<b>40</b>		K-2	27	<b>00:33:31.15</b>	<b>00:33:31.15</b>	+00:12:24 (37.0%)	6:14	9.6 (62.7%)
100	<b>ŻUCHOWSKA Maria</b>	<b>380</b>		K-3	35	<b>00:33:39.70</b>	<b>00:33:39.70</b>	+00:12:33 (37.3%)	6:15	9.6 (62.7%)
101	<b>SZAFIROWICZ-CHOJNACKA</b>	<b>518</b>		K-3	36	<b>00:33:50.70</b>	<b>00:33:50.70</b>	+00:12:44 (37.6%)	6:18	9.5 (62.1%)
102	<b>KRAMARZ Aneta</b>	<b>442</b>		K-3	37	<b>00:33:53.40</b>	<b>00:33:53.40</b>	+00:12:46 (37.7%)	6:18	9.5 (62.1%)
102	<b>STASZYŃSKA Marianna</b>	<b>392</b>		K-5	10	<b>00:33:53.40</b>	<b>00:33:53.40</b>	+00:12:46 (37.7%)	6:18	9.5 (62.1%)
104	<b>NEJMAN Małgorzata</b>	<b>408</b>		K-4	17	<b>00:33:55.70</b>	<b>00:33:55.70</b>	+00:12:49 (37.8%)	6:18	9.5 (62.1%)
105	<b>KOZŁOWIECKA Małgorzata</b>	<b>164</b>	TKKF KOSZALIN	K-NIEPEŁNOSPRAWNI	4	<b>00:33:59.05</b>	<b>00:33:59.05</b>	+00:12:52 (37.9%)	6:19	9.5 (62.1%)
106	<b>RATAJCZYK Grażyna</b>	<b>262</b>		K-6	2	<b>00:34:13.30</b>	<b>00:34:13.30</b>	+00:13:06 (38.3%)	6:22	9.4 (61.4%)
107	<b>JARCZAK Katarzyna</b>	<b>108</b>		K-2	28	<b>00:34:15.90</b>	<b>00:34:15.90</b>	+00:13:09 (38.4%)	6:22	9.4 (61.4%)
108	<b>IWANIEK Wioleta</b>	<b>98</b>		K-3	38	<b>00:34:26.40</b>	<b>00:34:26.40</b>	+00:13:19 (38.7%)	6:24	9.4 (61.4%)
109	<b>SAWICKA Alicja</b>	<b>278</b>		K-5	11	<b>00:35:03.40</b>	<b>00:35:03.40</b>	+00:13:56 (39.8%)	6:31	9.2 (60.1%)
110	<b>CICHOCKA Marta</b>	<b>508</b>		K-2	29	<b>00:35:05.70</b>	<b>00:35:05.70</b>	+00:13:59 (39.9%)	6:31	9.2 (60.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
111	<b>MARKOWSKA Lidia</b>	<b>193</b>		K-3	39	<b>00:36:15.00</b>	<b>00:36:15.00</b>	+00:15:08 (41.8%)	6:45	8.9 (58.2%)
112	<b>PEŁKA Iwona</b>	<b>236</b>		K-4	18	<b>00:36:16.30</b>	<b>00:36:16.30</b>	+00:15:09 (41.8%)	6:45	8.9 (58.2%)
113	<b>WŁAŚNIAK Agnieszka</b>	<b>354</b>	ZSP1 SŁUPSK	K-0	7	<b>00:36:32.50</b>	<b>00:36:32.50</b>	+00:15:25 (42.2%)	6:48	8.8 (57.5%)
114	<b>DĘBSKA Dorota</b>	<b>50</b>		K-4	19	<b>00:36:38.75</b>	<b>00:36:38.75</b>	+00:15:32 (42.4%)	6:49	8.8 (57.5%)
115	<b>WILKOWSKA Małgorzata</b>	<b>347</b>		K-3	40	<b>00:36:40.25</b>	<b>00:36:40.25</b>	+00:15:33 (42.4%)	6:49	8.8 (57.5%)
116	<b>WILKOWSKA Beata</b>	<b>348</b>		K-3	41	<b>00:36:40.70</b>	<b>00:36:40.70</b>	+00:15:34 (42.4%)	6:49	8.8 (57.5%)
117	<b>ZIMNIAK Krystyna</b>	<b>374</b>	KRYSTYNA TEAM POZNAŃ	K-5	12	<b>00:37:00.50</b>	<b>00:37:00.50</b>	+00:15:53 (43.0%)	6:53	8.7 (56.9%)
118	<b>KOPREK Marzena</b>	<b>151</b>	SZYBKIE ŻÓŁWIE	K-2	30	<b>00:37:27.35</b>	<b>00:37:27.35</b>	+00:16:20 (43.6%)	6:58	8.6 (56.2%)
119	<b>DĘBOWSKA Anna</b>	<b>49</b>	BORYSY	K-1	4	<b>00:37:46.60</b>	<b>00:37:46.60</b>	+00:16:40 (44.1%)	7:01	8.5 (55.6%)
120	<b>KANIA Ania</b>	<b>128</b>	BORYSY	K-2	31	<b>00:37:46.75</b>	<b>00:37:46.75</b>	+00:16:40 (44.1%)	7:01	8.5 (55.6%)
121	<b>WĄTRUCKA Krystyna</b>	<b>334</b>	ŚWIAT PŁYTEK U KRYSPINA	K-6	3	<b>00:38:03.70</b>	<b>00:38:03.70</b>	+00:16:57 (44.5%)	7:05	8.5 (55.6%)
122	<b>CHOLCHA Halina</b>	<b>417</b>		K-6	4	<b>00:40:02.00</b>	<b>00:40:02.00</b>	+00:18:55 (47.3%)	7:27	8 (52.3%)
123	<b>SOLAK Halina</b>	<b>291</b>	ŚWIAT PŁYTEK U KRYSPINA	K-NIEPEŁNOSPRAWNI	5	<b>00:40:22.50</b>	<b>00:40:22.50</b>	+00:19:15 (47.7%)	7:31	8 (52.3%)
124	<b>SZYSZKOWSKA Katarzyna</b>	<b>315</b>		K-3	42	<b>00:41:12.95</b>	<b>00:41:12.95</b>	+00:20:06 (48.8%)	7:40	7.8 (51.0%)

Znaleziono 124 wynik(ów)