



VII KOSZALIŃSKI BIEG SYLWESTROWY - 5.37 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2015-12-27
Miejsce: Koszalin
Dystans: 5.37 km



Klasyfikacja: M-2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
1	WITKOWSKI Mateusz	385	KL ISKRA BIAŁOGARD	M-2	1	00:17:22.60	00:17:22.60		3:14	18.6 (100%)
2	WIRKUS Łukasz	317		M-2	2	00:17:38.05	00:17:38.05	+00:00:15 (1.5%)	3:17	18.3 (98.4%)
3	GAŁKOWSKI Damian	436		M-2	3	00:17:47.50	00:17:47.50	+00:00:24 (2.3%)	3:18	18.1 (97.3%)
4	KRUCZKOWSKI Damian	170	2 BRYGADA ZMECHANIZOWANA ZŁOCENIEC	M-2	4	00:17:59.95	00:17:59.95	+00:00:37 (3.5%)	3:20	17.9 (96.2%)
5	GUZOWSKI Denis	421		M-2	5	00:18:44.40	00:18:44.40	+00:01:21 (7.3%)	3:29	17.2 (92.5%)
6	NIEWIADOMSKI Igor	222	KMKL SZTORM KOŁOBRZEG	M-2	6	00:19:29.65	00:19:29.65	+00:02:07 (10.9%)	3:37	16.5 (88.7%)
7	KĘPKA Adrian	138		M-2	7	00:19:48.25	00:19:48.25	+00:02:25 (12.3%)	3:41	16.3 (87.6%)
8	IGNACZAK Piotr	424		M-2	8	00:19:58.55	00:19:58.55	+00:02:35 (13.0%)	3:43	16.1 (86.6%)
9	GOSTKOWSKI Łukasz	72	GOCH BYTÓW	M-2	9	00:20:03.85	00:20:03.85	+00:02:41 (13.4%)	3:44	16.1 (86.6%)
10	WILCZEWSKI Mariusz	345		M-2	10	00:20:06.60	00:20:06.60	+00:02:44 (13.6%)	3:44	16 (86.0%)
11	USTIANOWSKI Wojciech	325	JW1223	M-2	11	00:20:17.90	00:20:17.90	+00:02:55 (14.4%)	3:46	15.9 (85.5%)
12	RETKA Bartosz	505		M-2	12	00:20:37.15	00:20:37.15	+00:03:14 (15.7%)	3:50	15.6 (83.9%)
13	WAŚICKI Sebastian	333	AMBITIOUS RUNNERS TEAM	M-2	13	00:20:46.05	00:20:46.05	+00:03:23 (16.3%)	3:52	15.5 (83.3%)
14	WASZKIEWICZ Piotr	332		M-2	14	00:20:50.20	00:20:50.20	+00:03:27 (16.6%)	3:52	15.5 (83.3%)
15	KLIMOWICZ Michał	141		M-2	15	00:20:57.40	00:20:57.40	+00:03:34 (17.1%)	3:54	15.4 (82.8%)
16	ROKOSZ Radosław	504		M-2	16	00:21:15.45	00:21:15.45	+00:03:52 (18.3%)	3:57	15.2 (81.7%)
17	CHMIELEWSKI Bartosz	32		M-2	17	00:21:28.60	00:21:28.60	+00:04:06 (19.1%)	3:59	15 (80.6%)
18	CHWIAŁKOWSKI Cyprian	38		M-2	18	00:21:35.55	00:21:35.55	+00:04:12 (19.5%)	4:01	14.9 (80.1%)
19	ROMAŃCZUK Kamil	268		M-2	19	00:21:45.10	00:21:45.10	+00:04:22 (20.1%)	4:03	14.8 (79.6%)
20	ŚNIADECKI Dawid	427		M-2	20	00:21:50.05	00:21:50.05	+00:04:27 (20.4%)	4:03	14.8 (79.6%)
21	SIERACKI Paweł	283	OGIEŃ W SZOPIE	M-2	21	00:21:56.95	00:21:56.95	+00:04:34 (20.8%)	4:05	14.7 (79.0%)
22	ŻYLICZ Paweł	381	STOPA SŁUPSK	M-2	22	00:22:06.85	00:22:06.85	+00:04:44 (21.4%)	4:06	14.6 (78.5%)
23	SABISZ Krzysztof	274		M-2	23	00:22:10.75	00:22:10.75	+00:04:48 (21.7%)	4:07	14.5 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.37km	Czas brutto 5.37km	Różn	Tempo min/km	Tempo km/h
24	KORCZYŃSKI Sławomir	153	DECATHLON KOSZALIN	M-2	24	00:22:12.60	00:22:12.60	+00:04:50 (21.8%)	4:08	14.5 (78.0%)
25	KALKOWSKI Piotr	123		M-2	25	00:22:18.15	00:22:18.15	+00:04:55 (22.1%)	4:09	14.4 (77.4%)
26	KISIELEWICZ Krzysztof	429	KORZYBSKIE REKINY	M-2	26	00:22:21.10	00:22:21.10	+00:04:58 (22.3%)	4:09	14.4 (77.4%)
27	PRUS Mikołaj	402		M-2	27	00:22:35.85	00:22:35.85	+00:05:13 (23.1%)	4:12	14.3 (76.9%)
28	MICKIEWICZ Adam	209		M-2	28	00:22:43.10	00:22:43.10	+00:05:20 (23.5%)	4:13	14.2 (76.3%)
29	NACHYŁA Paweł	220	DZIKI KOSZALIN	M-2	29	00:22:43.30	00:22:43.30	+00:05:20 (23.5%)	4:13	14.2 (76.3%)
30	MARKUSZEWSKI Kuba	196	DZIKI KOSZALIN	M-2	30	00:23:00.85	00:23:00.85	+00:05:38 (24.5%)	4:16	14 (75.3%)
31	WICENS Jacek	338	JACEK - BIEGAM BO LUBIĘ	M-2	31	00:23:09.25	00:23:09.25	+00:05:46 (25.0%)	4:18	13.9 (74.7%)
32	STYŚ Adam	305		M-2	32	00:23:10.30	00:23:10.30	+00:05:47 (25.0%)	4:18	13.9 (74.7%)
33	BROVCHENKO Jurii	24	ŚWIAT PŁYTEK U KRYSPIŃA	M-2	33	00:23:41.30	00:23:41.30	+00:06:18 (26.6%)	4:24	13.6 (73.1%)
34	KOPREK Łukasz	152	SŁONECZNY PATROL KOSZALIN	M-2	34	00:23:41.55	00:23:41.55	+00:06:18 (26.7%)	4:24	13.6 (73.1%)
35	JAŚKIEWICZ Dawid	111		M-2	35	00:24:08.80	00:24:08.80	+00:06:46 (28.0%)	4:29	13.4 (72.0%)
36	WRONIERSKI Jakub	366		M-2	36	00:24:13.05	00:24:13.05	+00:06:50 (28.2%)	4:30	13.3 (71.5%)
37	KALKOWSKI Paweł	124		M-2	37	00:24:13.55	00:24:13.55	+00:06:50 (28.3%)	4:30	13.3 (71.5%)
38	KURŁOWICZ Robert	520		M-2	38	00:24:15.30	00:24:15.30	+00:06:52 (28.4%)	4:30	13.3 (71.5%)
39	WOJCIECHOWSKI Adrian	360	AMADEUS CROSSTRaining GYM	M-2	39	00:24:29.25	00:24:29.25	+00:07:06 (29.0%)	4:33	13.2 (71.0%)
40	KARBOWNICZEK Mateusz	405		M-2	40	00:24:41.45	00:24:41.45	+00:07:18 (29.6%)	4:35	13.1 (70.4%)
41	DZIESZUK Mateusz	60		M-2	41	00:24:48.80	00:24:48.80	+00:07:26 (30.0%)	4:37	13 (69.9%)
42	MILEWSKI Jan	514		M-2	42	00:24:56.05	00:24:56.05	+00:07:33 (30.3%)	4:38	12.9 (69.4%)
43	RAWINEK Dawid	512		M-2	43	00:25:02.00	00:25:02.00	+00:07:39 (30.6%)	4:39	12.9 (69.4%)
44	KOŚKA Maciej	158		M-2	44	00:25:20.80	00:25:20.80	+00:07:58 (31.4%)	4:43	12.7 (68.3%)
45	DZIĘBOWSKI Mariusz	62		M-2	45	00:25:41.00	00:25:41.00	+00:08:18 (32.3%)	4:46	12.5 (67.2%)
46	WENCŁAWSKI Michał	336	ARAGORTEAM	M-2	46	00:25:48.15	00:25:48.15	+00:08:25 (32.7%)	4:48	12.5 (67.2%)
47	JACEWICZ Hubert	145		M-2	47	00:25:49.55	00:25:49.55	+00:08:26 (32.7%)	4:48	12.5 (67.2%)
48	DUDEK Mateusz	54		M-2	48	00:25:55.45	00:25:55.45	+00:08:32 (33.0%)	4:49	12.4 (66.7%)
49	BRZEZIŃSKI Robert	215		M-2	49	00:26:38.45	00:26:38.45	+00:09:15 (34.8%)	4:57	12.1 (65.1%)
50	SZULC Szymon	312		M-2	50	00:26:42.75	00:26:42.75	+00:09:20 (34.9%)	4:58	12.1 (65.1%)
51	KUC Szymon	395		M-2	51	00:26:43.05	00:26:43.05	+00:09:20 (35.0%)	4:58	12.1 (65.1%)
52	RATAJCZYK Robert	261	4RUN TEAM PIŁA	M-2	52	00:26:43.40	00:26:43.40	+00:09:20 (35.0%)	4:58	12.1 (65.1%)
53	MICHALSKI Paweł	208		M-2	53	00:27:28.90	00:27:28.90	+00:10:06 (36.8%)	5:06	11.7 (62.9%)
54	MARSZAŁKOWSKI Radosław	197		M-2	54	00:28:39.05	00:28:39.05	+00:11:16 (39.4%)	5:20	11.2 (60.2%)
55	GAWROŃSKI Paweł	68	OGIEŃ W SZOPIE	M-2	55	00:28:43.55	00:28:43.55	+00:11:20 (39.5%)	5:20	11.2 (60.2%)
56	JAŚKIEWICZ Filip	110		M-2	56	00:28:59.40	00:28:59.40	+00:11:36 (40.1%)	5:23	11.1 (59.7%)
57	KOTARSKI Kamil	501		M-2	57	00:29:56.80	00:29:56.80	+00:12:34 (42.0%)	5:34	10.8 (58.1%)
58	WIERZBICKI Kacper	342		M-2	58	00:30:28.05	00:30:28.05	+00:13:05 (43.0%)	5:40	10.6 (57.0%)
59	STELMASZYK Paweł	300	SZYBKE ŻÓŁWIE	M-2	59	00:37:17.70	00:37:17.70	+00:19:55 (53.4%)	6:56	8.6 (46.2%)

Znaleziono 59 wynik(ów)