



VII MARSZ MIKOŁAJKOWY

B4SPORT

Wydarzenie: IX Bieg Mikołajkowy
Organizator: Stowarzyszenie BiegamBoLubie Team Police
Data: 2021-12-05
Miejsce: Police
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 60+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MISIEWICZ Bożena	152		60+	1		00:36:22.50	00:36:22.95		7:16	8.2 (100%)
2	KAROLAK Andrzej	88		60+	2		00:37:08.90	00:37:10.30	+00:00:47 (2.1%)	7:25	8.1 (98.8%)
3	LENER Sławomir	116		60+	3		00:38:10.05	00:38:12.00	+00:01:49 (4.8%)	7:38	7.9 (96.3%)
4	MARTYNA Ewa	148		60+	4		00:39:19.25	00:39:21.90	+00:02:58 (7.6%)	7:51	7.6 (92.7%)
5	PARCHIMOWICZ Janusz	173		60+	5		00:41:23.05	00:41:23.80	+00:05:00 (12.1%)	8:16	7.2 (87.8%)
6	CETERA Janusz	29	EKSPEDYCJA NORDIC TEAM SZCZECIN	60+	6	Ekspedycja Nordic Team Szczecin 3	00:42:01.85	00:42:05.40	+00:05:42 (13.6%)	8:24	7.1 (86.6%)
7	ZIEMNIEWICZ Krystyna	254		60+	7		00:42:52.65	00:42:55.30	+00:06:32 (15.2%)	8:34	7 (85.4%)
8	PANAS Tomasz	265		60+	8		00:43:06.35	00:43:12.95	+00:06:50 (15.8%)	8:37	7 (85.4%)
9	SZCZERBIŃSKA Barbara	216		60+	9		00:43:13.40	00:43:19.75	+00:06:56 (16.0%)	8:38	6.9 (84.1%)
10	LINHARD Bożena	120		60+	10		00:43:19.15	00:43:25.35	+00:07:02 (16.2%)	8:39	6.9 (84.1%)
11	BURZYCH Ireneusz	27	STOWARZYSZENIE WODNE LEŃ POLICE	60+	11		00:43:54.10	00:43:59.55	+00:07:36 (17.3%)	8:46	6.8 (82.9%)
12	SALA Mirosława	199		60+	12		00:44:04.40	00:44:08.45	+00:07:45 (17.6%)	8:48	6.8 (82.9%)
13	BARTYNA Krystyna	9		60+	13		00:44:29.30	00:44:30.80	+00:08:07 (18.3%)	8:53	6.7 (81.7%)
14	FIGIEL Danuta	52	ALS SZCZECIN	60+	14		00:44:21.40	00:44:46.85	+00:08:23 (18.8%)	8:52	6.8 (82.9%)
15	KONDZIOŁA Maria	98		60+	15		00:45:01.25	00:45:09.35	+00:08:46 (19.4%)	9:00	6.7 (81.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
16	ROSNER Bożena	193	ALS SZCZECIN	60+	16		00:45:30.15	00:45:54.55	+00:09:31 (20.8%)	9:06	6.6 (80.5%)
17	PIETAŚ Sława	179	SZALONE WILCZYCE	60+	17		00:47:40.75	00:47:50.50	+00:11:27 (24.0%)	9:32	6.3 (76.8%)
18	BIERNACKA Helena	17	NIEZRZESZONA	60+	18		00:47:42.75	00:47:56.35	+00:11:33 (24.1%)	9:32	6.3 (76.8%)
19	MACIASZCZYK Zbigniew	135	SAMI SWOI	60+	19	Sami Swoi	00:48:59.20	00:49:14.20	+00:12:51 (26.1%)	9:47	6.1 (74.4%)
20	ROSIK Joanna	190	SAMI SWOI	60+	20		00:48:59.90	00:49:14.50	+00:12:51 (26.1%)	9:47	6.1 (74.4%)
21	BINDER Zbigniew	20	KS ŻYRAFY	60+	21		00:49:35.40	00:49:40.80	+00:13:17 (26.8%)	9:55	6.1 (74.4%)
22	GAZECKA Krystyna	58	NORDICOVELOVE	60+	22		00:49:39.45	00:49:42.25	+00:13:19 (26.8%)	9:55	6 (73.2%)
23	STEFANICKI Marek	211	WŁÓCZYKIJE ŚWINOUJŚCIE	60+	23		00:49:27.65	00:49:46.90	+00:13:23 (26.9%)	9:53	6.1 (74.4%)
24	KWAŚNA Teresa	110	LEWACZKI TEAM	60+	24		00:50:24.95	00:50:35.35	+00:14:12 (28.1%)	10:04	6 (73.2%)
25	CEBEREK-PŁOTCZYK Marcelina	28		60+	25		00:50:20.20	00:50:38.55	+00:14:15 (28.2%)	10:04	6 (73.2%)
26	SUSZCZEWSKA Bogumiła	215	WALKING WARRIORS	60+	26		00:48:14.90	00:52:16.90	+00:15:53 (30.4%)	9:38	6.2 (75.6%)
27	SACHARSKA Beata	197		60+	27		00:52:37.80	00:52:56.40	+00:16:33 (31.3%)	10:31	5.7 (69.5%)
28	KOTARSKA Małgorzata	100	NORDIKOWELOVE POLICE	60+	28		00:53:56.15	00:54:07.70	+00:17:44 (32.8%)	10:47	5.6 (68.3%)
29	SZYDELSKA Krystyna	219	NORDICOWELOVE	60+	29		00:53:56.05	00:54:08.30	+00:17:45 (32.8%)	10:47	5.6 (68.3%)
30	PILARSKA Elżbieta	180	NORDICOWELOVE	60+	30	NordicoweLove	00:53:56.80	00:54:08.45	+00:17:45 (32.8%)	10:47	5.6 (68.3%)
30	TOMZIK-SWINARSKA Izabela	230	NORDINCOWELOVE	60+	30	NordicoweLove	00:53:56.70	00:54:08.45	+00:17:45 (32.8%)	10:47	5.6 (68.3%)
32	WALCZAK Urszula	269		60+	32		00:55:46.00	00:55:46.00	+00:19:23 (34.8%)	11:09	5.4 (65.9%)
33	MUSZKIET Zdzisława	156	MUFFINKOWE MORSY	60+	33		00:57:18.35	00:57:30.35	+00:21:07 (36.7%)	11:27	5.2 (63.4%)
34	EUNIKA Jania	272		60+	34		00:59:31.00	00:59:31.00	+00:23:08 (38.9%)	11:54	5 (61.0%)

Znaleziono 34 wynik(ów)