



VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - II SERIA

B4SPORT

Event: Otwarte Mistrzostwa Koszalina / Bieg Mikołajkowy
Organiser: TKKF Koszalin
Date: 2022-12-06
Place: Koszalin
Distance: 5 km



Classification: All

Split point: 1,4 km

Place	Participant	Number	Club	Category	Seria	200m 0.2km	Lap_1 0.6km	Lap_2 1km	Lap_3 1.4km
1	PROWANCKI Patryk	47	WILKI POMORSKIE	M16-39		00:00:39	00:02:03	00:03:30	00:04:56
2	KOZAK Arkadiusz	33	TKKF KOSZALIN	M50-59		00:00:41	00:02:05	00:03:31	00:04:58
3	NEJMAN Jerzy	40		M16-39		00:00:40	00:02:04	00:03:30	00:04:59
4	FOLTYNIEWICZ Maciej	65	LITWIN TRIATHLON TEAM	M40-49		00:00:41	00:02:07	00:03:36	00:05:06
5	SMAGOWSKI Wojtek	57	OSP RĄBINO	M40-49		00:00:40	00:02:08	00:03:39	00:05:10
6	PICK Tomasz	45	BIEGOLAS / KORONA	M50-59		00:00:43	00:02:13	00:03:43	00:05:15
7	WALEŃSKI Michał	61	TKKF KOSZALIN	M40-49		00:00:41	00:02:11	00:03:44	00:05:15
8	PIENIAWSKI Mateusz	46		M16-39		00:00:48	00:02:15	00:03:48	00:05:24
9	BOREJKO Łukasz	5		M16-39		00:00:48	00:02:27	00:04:07	00:05:45
10	ADASZYŃSKI Wiesław	1	BIEGOLAS KOSZALIN	M50-59		00:00:46	00:02:22	00:04:04	00:05:52
11	BARTH Krystian	3	FUNDACJA ZASTOPUJ	M16-39		00:00:39	00:02:11	00:04:07	00:05:58
12	KRUPIŃSKI Krzysztof	35		M50-59		00:00:49	00:02:30	00:04:15	00:06:01
13	ROZMIARKOWSKI Damian	52		M16-39		00:00:43	00:02:21	00:04:11	00:06:04
14	ORLIKOWSKI Robert	42	POŁCZYN BIEGA ♥	M16-39		00:00:49	00:02:32	00:04:21	00:06:09
15	SUDER-MAKSYMOWICZ Grzegorz	58		M40-49		00:00:49	00:02:34	00:04:28	00:06:22
16	SZCZYPEK Arkadiusz	59	FUNDACJA ZASTOPUJ	M16-39		00:00:55	00:02:43	00:04:33	00:06:25
17	PANASZEWSKI Przemysław	43		M16-39		00:00:54	00:02:42	00:04:35	00:06:29
18	KASPRZYK Bogdan	25		M40-49		00:00:50	00:02:37	00:04:35	00:06:32
19	SZYPRYT Karol	60	DREAM TEAM	M16-39		00:00:51	00:02:39	00:04:36	00:06:33
20	KISIELIŃSKI Igor	27		M50-59		00:00:58	00:02:53	00:04:50	00:06:47
21	ROGAŁA Jacek	49	FUNDACJA ZASTOPUJ	M50-59		00:01:00	00:02:57	00:05:00	00:07:02
22	ROZMIARKOWSKI Robert	51		M50-59		00:01:01	00:02:58	00:05:02	00:07:07
23	GUTOWSKI Marek	15		M40-49		00:01:11	00:03:34	00:05:55	00:08:15
24	HARASYM Daniel	17	FUNDACJA ZASTOPUJ	M40-49		00:01:12	00:03:35	00:06:02	00:08:30

Total 24 results.