



# VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - II SERIA

B4SPORT

**Event:** Otwarte Mistrzostwa Koszalina / Bieg Mikołajkowy  
**Organiser:** TKKF Koszalin  
**Date:** 2022-12-06  
**Place:** Koszalin  
**Distance:** 5 km



Classification: M40-49

Split point: 3,8 km

Place	Participant	Number	Club	Category	Seria	200m 0.2km	Lap_1 0.6km	Lap_2 1km	Lap_3 1.4km	Lap_4 1.8km	Lap_5 2.2km	Lap_6 2.6km	Lap_7 3km	Lap_8 3.4km	Lap_9 3.8km
1	<b>FOLTYNIEWICZ Maciej</b>	<b>65</b>	LITWIN TRIHTHON TEAM	M40-49		00:00:41	00:02:07	00:03:36	00:05:06	00:06:35	00:08:05	00:09:34	00:11:04	00:12:32	00:14:01
2	<b>SMAGOWSKI Wojtek</b>	<b>57</b>	OSP RĄBINO	M40-49		00:00:40	00:02:08	00:03:39	00:05:10	00:06:43	00:08:15	00:09:48	00:11:21	00:12:55	00:14:27
3	<b>WALEŃSKI Michał</b>	<b>61</b>	TKKF KOSZALIN	M40-49		00:00:41	00:02:11	00:03:44	00:05:15	00:06:50	00:08:24	00:09:55	00:11:30	00:13:05	00:14:35
4	<b>SUDER-MAKSYMOWICZ Grzegorz</b>	<b>58</b>		M40-49		00:00:49	00:02:34	00:04:28	00:06:22	00:08:15	00:10:06	00:12:00	00:13:54	00:15:51	00:17:45
5	<b>KASPRZYK Bogdan</b>	<b>25</b>		M40-49		00:00:50	00:02:37	00:04:35	00:06:32	00:08:30	00:10:30	00:12:30	00:14:30	00:16:30	00:18:32
6	<b>GUTOWSKI Marek</b>	<b>15</b>		M40-49		00:01:11	00:03:34	00:05:55	00:08:15	00:10:34	00:12:50	00:15:06	00:17:23	00:19:39	00:21:55
7	<b>HARASYM Daniel</b>	<b>17</b>	FUNDACJA ZASTOPIJ	M40-49		00:01:12	00:03:35	00:06:02	00:08:30	00:11:02	00:13:31	00:16:05	00:18:39	00:21:19	00:24:04

Total 7 results.