



VII OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M - II SERIA

B4SPORT

Event: Otwarte Mistrzostwa Koszalina / Bieg Mikołajkowy
Organiser: TKKF Koszalin
Date: 2022-12-06
Place: Koszalin
Distance: 5 km



Classification: M50-59

Split point: 4,6 km

Place	Participant	Number	Club	Category	Seria	200m 0.2km	Lap_1 0.6km	Lap_2 1km	Lap_3 1.4km	Lap_4 1.8km	Lap_5 2.2km	Lap_6 2.6km	Lap_7 3km	Lap_8 3.4km	Lap_9 3.8km	Lap_10 4.2km	Lap_11 4.6km
1	KOZAK Arkadiusz	33	TKKF KOSZALIN	M50-59		00:00:41	00:02:05	00:03:31	00:04:58	00:06:25	00:07:51	00:09:18	00:10:46	00:12:14	00:13:41	00:15:08	00:16:33
2	PICK Tomasz	45	BIEGOLAS / KORONA	M50-59		00:00:43	00:02:13	00:03:43	00:05:15	00:06:48	00:08:20	00:09:53	00:11:26	00:13:00	00:14:33	00:16:06	00:17:38
3	KRUPIŃSKI Krzysztof	35		M50-59		00:00:49	00:02:30	00:04:15	00:06:01	00:07:50	00:09:41	00:11:33	00:13:23	00:15:14	00:17:07	00:18:59	00:20:50
4	ADASZYŃSKI Wiesław	1	BIEGOLAS KOSZALIN	M50-59		00:00:46	00:02:22	00:04:04	00:05:52	00:07:42	00:09:37	00:11:33	00:13:29	00:15:26	00:17:25	00:19:24	00:21:19
5	KISIELIŃSKI Igor	27		M50-59		00:00:58	00:02:53	00:04:50	00:06:47	00:08:43	00:10:39	00:12:34	00:14:30	00:16:26	00:18:22	00:20:19	00:22:17
6	ROGAŁA Jacek	49	FUNDACJA ZASTOPIJ	M50-59		00:01:00	00:02:57	00:05:00	00:07:02	00:09:09	00:11:15	00:13:23	00:15:30	00:17:37	00:19:45	00:21:56	00:24:06
7	ROZMIARKOWSKI Robert	51		M50-59		00:01:01	00:02:58	00:05:02	00:07:07	00:09:14	00:11:22	00:13:33	00:15:43	00:17:54	00:20:07	00:22:19	00:24:25

Total 7 results.