

VII OTWARTE MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: VII Otwarte Mistrzostwa Polski w Maratonie
Organiser: Polska Federacja Nordic Walking; Urząd Miasta i Gminy Biały Bór
Date: 2020-10-10
Place: Biały Bór
Distance: 42.195 km



Classification: M-OPEN

Split point: 37,8 km

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Lap_1 4.2km	Lap_2 8.4km	Lap_3 12.6km	Lap_4 16.8km	Lap_5 21km	Lap_6 25.2km	Lap_7 29.4km	Lap_8 33.6km	Lap_9 37.8km
1	ROSAK Marcin	1	BACHUS NORDICUS ZIELONA GÓRA	M40-44			00:26:49	00:54:16	01:21:56	01:49:33	02:17:01	02:43:36	03:10:41	03:38:15	04:06:15
2	CZERSKI Krzysztof	13		M40-44			00:28:27	00:56:37	01:24:23	01:51:59	02:19:30	02:47:05	03:14:37	03:42:43	04:11:17
3	CZŁONKOWSKI Krzysztof	3	OLIMPIJCZYK SZCZECOCINY	M40-44			00:27:15	00:54:50	01:22:45	01:50:49	02:18:38	02:47:10	03:15:44	03:44:38	04:14:58
4	BOGACKI Sławek	4	TORUŃ - IDZIEMY BEZ RYZYKA	M45-49			00:27:05	00:54:41	01:22:36	01:50:38	02:18:29	02:47:01	03:15:52	03:45:36	04:15:31
5	MACKIEWICZ Dariusz	23	AKTYWNY KODEŃ	M45-49			00:28:38	00:56:52	01:25:10	01:53:13	02:21:48	02:50:34	03:19:19	03:48:05	04:18:02
6	WILCZEK Krzysztof	17	CIDRY LATAJOM	M45-49			00:29:44	00:58:17	01:26:37	01:54:41	02:22:54	02:51:17	03:20:39	03:50:13	04:20:22
7	WETOSZKA Piotr	5	TKKF KRZNA	M18-34			00:28:22	00:56:47	01:25:24	01:53:55	02:22:55	02:51:53	03:21:11	03:50:37	04:20:29
8	HAŁAS Marcin	8		M35-39			00:28:59	00:57:25	01:25:52	01:54:10	02:22:39	02:52:23	03:23:14	03:53:30	04:24:56
9	LASKOWSKI Mirosław	33	LKS MILANÓW	M50-54			00:30:18	01:00:26	01:29:42	01:59:05	02:28:07	02:58:02	03:28:14	03:58:20	04:27:56
10	BORKOWSKI Dariusz	35	NOWI SIEDLCE	M50-54			00:30:10	01:00:17	01:29:38	01:58:58	02:28:02	02:58:01	03:28:14	03:59:03	04:29:53
11	ŻACZEK Władysław	44		M55-59			00:29:44	00:59:29	01:28:39	01:58:05	02:27:29	02:57:27	03:27:41	04:00:16	04:33:34
12	ZYCH Witold	31		M50-54			00:30:22	01:00:36	01:30:03	01:59:28	02:29:10	02:59:47	03:31:02	04:02:32	04:33:54
13	LIPIŃSKI Karol	14	POGODNI NORDIKOWCY SZCZECIN	M40-44			00:29:57	00:59:52	01:30:02	02:00:02	02:30:13	03:01:13	03:32:49	04:05:27	04:38:15
14	PARZYBUT Jan	48	POSTEP PNIEWY TEAM	M55-59			00:30:19	01:00:10	01:29:51	01:59:47	02:30:12	03:01:49	03:34:09	04:07:46	04:40:54
15	FRĄCKOWIAK Krzysztof	2	NOWI SIEDLCE	M50-54			00:30:23	01:00:07	01:28:46	01:58:36	02:29:43	03:01:42	03:34:25	04:07:09	04:41:20
16	SZYMAŃSKI Jacek	29	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M50-54			00:30:38	01:00:33	01:29:54	02:00:11	02:31:12	03:03:20	03:36:12	04:09:32	04:43:06
17	MĄDRY Grzegorz	52	KIJKOWE TRZEMESZNO	M60-64			00:30:07	01:00:28	01:31:11	02:02:13	02:33:36	03:04:56	03:36:52	04:10:36	04:43:48
18	KLUCZYŃSKI Remigiusz	27	KIJKOWY KLUB SPORTOWY	M50-54			00:29:57	00:59:12	01:28:40	01:58:35	02:29:19	03:01:29	03:34:54	04:08:51	04:44:11

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Lap_1 4.2km	Lap_2 8.4km	Lap_3 12.6km	Lap_4 16.8km	Lap_5 21km	Lap_6 25.2km	Lap_7 29.4km	Lap_8 33.6km	Lap_9 37.8km
19	GOŁĘBIEWSKI Krzysztof	37	ZAWSZE MŁODZI NORDIC WALKING	M55-59			00:32:04	01:03:23	01:34:23	02:05:34	02:36:49	03:08:20	03:40:47	04:13:13	04:46:10
20	ŚWISŁOCKI Bogdan	46	FACE NORDIC WALKING TEAM	M55-59			00:30:26	01:00:29	01:30:34	02:01:33	02:33:40	03:05:39	03:38:51	04:12:56	04:46:22
21	RAKOWIECKI Zbigniew	50	FACE NORDIC WALKING TEAM	M55-59			00:30:24	01:00:51	01:31:38	02:02:45	02:34:15	03:06:22	03:39:53	04:14:28	04:48:10
22	LAJTER Jerzy	61	4 RUN TEAM PIŁA	M70+			00:34:20	01:07:47	01:40:54	02:13:42	02:46:53	03:19:59	03:52:49	04:25:23	04:58:27
23	CYRUS Bogdan	28	SILESIA NORDIC TEAM	M50-54			00:30:40	01:01:43	01:34:12	02:07:17	02:40:48	03:14:11	03:48:57	04:24:11	05:00:23
24	CHUDZIŃSKI Andrzej	64	K.S.ELBLĄSKIE WŁÓCZY-KIJE	M70+			00:33:50	01:06:59	01:39:18	02:12:46	02:46:19	03:19:40	03:52:36	04:26:15	05:02:55
25	CIESIELSKI Jan	18	TORUŃ - IDZIEMY BEZ RYZYKA	M45-49			00:30:19	01:00:48	01:31:36	02:03:29	02:36:28	03:10:46	03:48:32	04:26:36	05:03:29
26	SKIERA Krzysztof	15	ŁĄCZĄ NAS PASJE	M40-44			00:29:47	00:59:19	01:29:53	02:00:10	02:33:14	03:06:55	03:43:08	04:21:19	05:03:53
27	TOMCZYK Edward	59	MARSZ PO ZDROWIE POZNAŃ	M70+			00:32:42	01:05:51	01:38:58	02:11:48	02:44:39	03:18:28	03:52:22	04:27:07	05:04:46
28	BIEGAŃSKI Jakub	21	NORDIC WALKING KIEKRZ	M45-49			00:31:16	01:02:33	01:35:01	02:08:12	02:42:26	03:17:12	03:54:23	04:30:36	05:06:28
29	WENDT Jarosław	30	POLIPACK TEAM GWE	M50-54			00:31:36	01:03:59	01:37:14	02:10:35	02:44:52	03:21:03	03:58:37	04:37:17	05:14:14
30	GAUDEN Piotr	19	TORUŃ - IDZIEMY BEZ RYZYKA	M45-49			00:34:11	01:07:44	01:42:18	02:15:49	02:50:57	03:26:44	04:01:46	04:39:47	05:15:29
31	OLECH Marcin	22		M45-49			00:33:35	01:07:24	01:40:50	02:14:58	02:48:55	03:24:29	04:02:33	04:41:32	05:18:55
32	BRYLIŃSKI Piotr	16	NW BEŁCHATÓW	M45-49			00:34:05	01:06:43	01:39:26	02:13:24	02:49:14	03:26:32	04:04:43	04:42:48	05:20:55
33	KRAWCZYK Jakub	11	MORSY KROSNO	M35-39			00:33:00	01:05:47	01:38:44	02:12:20	02:47:15	03:23:29	04:02:23	04:42:49	05:22:14
34	MARCHEWKA Andrzej	54	13 ŚLĄSKA BRYGADA OT KATOWICE	M60-64			00:33:01	01:06:27	01:40:46	02:15:37	02:50:50	03:28:25	04:05:37	04:44:15	05:22:35
35	RUSINOWICZ Andrzej	62	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M70+			00:34:10	01:07:20	01:40:52	02:14:16	02:49:35	03:26:57	04:05:41	04:45:07	05:24:39
36	PŁACZEK Filip	7	BARLINEK TO MNIE RUSZA	M18-34			00:32:34	01:04:23	01:38:19	02:13:14	02:50:21	03:28:27	04:08:29	04:49:07	05:28:05
37	PRZYBYLSKI Krzysztof	12		M35-39			00:34:20	01:08:55	01:44:32	02:20:56	02:57:09	03:34:17	04:12:48	04:51:52	05:30:56
38	ŁOPIŃSKI Aleksy	63	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M70+			00:38:19	01:16:38	01:54:28	02:31:23	03:08:41	03:46:40	04:23:23	05:00:10	05:37:20
39	CZMOCH Marian	58	PUKS JEDYNKA ŁOSICE	M65-69			00:33:04	01:06:07	01:39:36	02:13:52	02:49:00	03:27:11	04:06:26	04:50:37	05:38:14
40	KRUGIOŁKA Grzegorz	10	AKTYWNIE W PNIEWACH	M35-39			00:30:44	01:01:46	01:33:08	02:05:23	02:39:19	03:16:54	04:29:36	05:07:11	05:49:53
41	BILIK Wojciech	26	SAMOTNI WĘDROWCY	M50-54			00:35:45	01:12:22	01:50:04	02:29:07	03:11:14	03:55:58	04:42:02	05:27:29	06:13:06
42	WĄTROBA Sebastian	24	BEL MARE RESORT NORDIC WALKING TEAM	M45-49			00:39:33	01:19:53	02:00:50	02:45:19	03:27:13	04:12:04	04:59:19	05:43:05	06:26:53
43	MÓRAWSKI Sławomir	45	TORUŃ- IDZIEMY BEZ RYZYKA	M55-59			00:44:09	01:29:30	02:14:58	03:01:25	03:48:15	04:35:59	05:28:07	06:18:41	07:12:01
	DYWELSKI Marek	36	BRAK	M55-59			00:34:36 DNF	01:09:18 DNF	01:45:05 DNF	02:21:44 DNF	02:59:53 DNF	03:39:47 DNF	04:42:57 DNF	DNF	DNF
	KOP Wiesław	47	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M55-59			00:30:37 DNF	01:00:24 DNF	01:29:53 DNF	01:59:18 DNF	02:28:49 DNF	03:00:33 DNF	03:33:59 DNF	04:10:46 DNF	DNF

Total 45 results.