



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
21.1 km

VII PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 7,2 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|---------------------------|------------|---|-----------|-------------|----------|----------|
| 1 | WOLNIK Mateusz | 578 | AKTYWNI LYSKI | M-30 | 00:00:02 | 00:09:11 | 00:25:38 |
| 2 | DULINIEC Tomasz | 98 | GNIOTPOL TEAM | M-40 | 00:00:02 | 00:09:16 | 00:25:46 |
| 3 | MRACHACZ Piotr | 580 | STUDIO PROJEKTOWE SPART | M-20 | 00:00:03 | 00:09:11 | 00:25:53 |
| 4 | TRESKA Piotr | 488 | RUNHOGS TYCHY / SPLA TYCHY / BIEGNEPO230.PL | M-30 | 00:00:02 | 00:09:30 | 00:26:19 |
| 5 | HARĘŻA Marek | 628 | | M-30 | 00:00:02 | 00:09:41 | 00:27:06 |
| 6 | WIKTORSKI Mieszko | 620 | TRENUJZNAMI.PL | M-40 | 00:00:03 | 00:09:41 | 00:27:06 |
| 7 | FOLTYN Jakub | 110 | WYTRZYMALI.COACH | M-20 | 00:00:04 | 00:09:39 | 00:27:08 |
| 8 | BARTOSIK Sebastian | 13 | FORMA WODZISŁAW ŚLĄSKI / MOJŻYSZ TEAM | M-30 | 00:00:03 | 00:09:39 | 00:27:09 |
| 9 | IWANCA Leszek | 174 | | M-40 | 00:00:02 | 00:09:42 | 00:27:10 |
| 10 | ROZMUS Norbert | 411 | | M-30 | 00:00:03 | 00:09:40 | 00:27:10 |
| 11 | URBAŃCZYK Karol | 496 | NON STOP TRAIL | M-30 | 00:00:03 | 00:09:39 | 00:27:14 |
| 12 | SIKOŃCZYK Miłosz | 437 | RUNNING PERFORMANCE | M-20 | 00:00:02 | 00:09:30 | 00:27:26 |
| 13 | KAMIŃSKI Dominik | 203 | HARPAGAN SOSNOWIEC - FICOSA | M-40 | 00:00:20 | 00:09:46 | 00:27:42 |
| 14 | GRYCMAN Marek | 153 | LOVE THE PAIN | M-40 | 00:00:03 | 00:09:57 | 00:27:53 |
| 15 | DENICKI Przemek | 93 | EX TEAM | M-30 | 00:00:03 | 00:10:05 | 00:27:58 |
| 16 | BAGSIK Mateusz | 7 | | M-30 | 00:00:13 | 00:10:02 | 00:27:58 |
| 17 | BUJNOWSKI Artur | 59 | TL ROW RYBNIK | M-30 | 00:00:02 | 00:10:04 | 00:27:59 |
| 18 | BUCHTA Adam | 54 | | M-40 | 00:00:03 | 00:09:58 | 00:28:05 |
| 19 | PRZELIORZ Tomasz | 400 | INŻYNIERIA BIEGANIA | M-30 | 00:00:02 | 00:09:59 | 00:28:06 |
| 20 | OSETEK Paweł | 369 | RADLINIOKI W BIEGU | M-30 | 00:00:04 | 00:09:57 | 00:28:15 |
| 21 | GRIMAN Joanna | 149 | MOJŻYSZ TEAM/ERIGO | K-40 | 00:00:03 | 00:10:03 | 00:28:17 |
| 22 | MUSKAŁA Mateusz | 343 | AUGUSTEAM | M-20 | 00:00:04 | 00:10:05 | 00:28:26 |
| 23 | JANCEWICZ Marcin | 178 | | M-20 | 00:00:04 | 00:10:07 | 00:28:26 |
| 24 | BOGATZKI Marek | 39 | | M-30 | 00:00:05 | 00:10:05 | 00:28:35 |
| 25 | KOZIARSKI Michał | 249 | LKS SIERAKÓW ŚLĄSKI | M-30 | 00:00:15 | 00:10:30 | 00:29:03 |
| 26 | GRZYWACZ Marcin | 162 | MKS CZECHOWICE-DZIEDZICE | M-40 | 00:00:03 | 00:10:19 | 00:29:12 |
| 27 | BIEGUN Marcin | 29 | AKTYWNA PSZCZYNA | M-40 | 00:00:03 | 00:10:22 | 00:29:14 |
| 28 | SMITH Kelli | 635 | | K-30 | 00:00:03 | 00:10:24 | 00:29:19 |
| 29 | GORAUS Kamil | 141 | RUN RUN RUN | M-30 | 00:00:06 | 00:10:31 | 00:29:20 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|------------------------------|------------|----------------------------------|-----------|-------------|----------|----------|
| 30 | FAŁEK Adam | 105 | ŁAMIGNATY | M-20 | 00:00:14 | 00:10:12 | 00:29:23 |
| 31 | CHYBA Szymon | 72 | KS KROTOSZ KROTOSZYN | M-40 | 00:00:05 | 00:10:34 | 00:29:25 |
| 32 | JÓZEFIK Dawid | 196 | JKLA JAWOR | M-30 | 00:00:04 | 00:10:33 | 00:29:27 |
| 33 | WIECHUŁA Marcin | 510 | | M-40 | 00:00:06 | 00:10:08 | 00:29:28 |
| 34 | CZERNY Tomasz | 88 | AKTYWNE ZABRZE | M-40 | 00:00:05 | 00:10:29 | 00:29:30 |
| 35 | ZIELIŃSKI Ireneusz | 544 | DKMS JASTRZĘBIE | M-50 | 00:00:04 | 00:10:30 | 00:29:31 |
| 36 | FURMANEK Łukasz | 114 | | M-40 | 00:00:04 | 00:10:44 | 00:29:46 |
| 37 | KLIMA Adam | 229 | RUNHOGS TYCHY | M-30 | 00:00:05 | 00:10:30 | 00:29:50 |
| 38 | SPRUTTA Robert | 458 | | M-30 | 00:00:05 | 00:10:55 | 00:29:52 |
| 39 | JANOWSKA Michalina | 182 | MOJŻYSZ TEAM / JEJKOWICE BIEGAJĄ | K-30 | 00:00:04 | 00:10:51 | 00:30:05 |
| 40 | NOWICKI Szymon | 361 | | M-30 | 00:00:07 | 00:11:00 | 00:30:32 |
| 41 | GALILEJCZYK Mariusz | 118 | | M-20 | 00:00:36 | 00:10:57 | 00:30:43 |
| 42 | PILNY Karol | 387 | AKTYWNI RYDUŁTOWY | M-20 | 00:00:04 | 00:10:51 | 00:30:48 |
| 43 | BROL Dominika | 48 | | K-30 | 00:00:06 | 00:11:01 | 00:30:54 |
| 44 | WARDZAŁA Michał | 501 | MARATON TEAM WIELICZKA | M-40 | 00:00:08 | 00:10:58 | 00:30:57 |
| 45 | PACOŃ Sebastian | 593 | DAGMA | M-40 | 00:00:02 | 00:10:49 | 00:30:58 |
| 46 | BAŃBOR Aleksandra | 11 | EX TEAM | K-20 | 00:00:03 | 00:11:02 | 00:30:58 |
| 47 | GOŁĄBEK Rafał | 137 | MARATON TEAM WIELICZKA | M-40 | 00:00:08 | 00:11:00 | 00:30:58 |
| 48 | PASTWA Piotr | 379 | BIEGAJ Z TRENERAMI | M-50 | 00:00:17 | 00:11:09 | 00:30:59 |
| 49 | OCHMAN Rafał | 362 | OPEL ACTIVE TEAM | M-40 | 00:00:04 | 00:11:01 | 00:31:03 |
| 50 | SKOCZEK Jakub | 443 | | M-30 | 00:00:31 | 00:11:12 | 00:31:08 |
| 51 | BIAŁY Kamil | 28 | FAST FOOT TEAM SIEWIERZ | M-30 | 00:00:09 | 00:11:01 | 00:31:09 |
| 52 | ŻOŁĄDŹ Piotr | 554 | TEAM ARTIVENT | M-30 | 00:00:09 | 00:11:00 | 00:31:09 |
| 53 | MIRONOWICZ Bartłomiej | 335 | | M-30 | 00:00:12 | 00:10:57 | 00:31:09 |
| 54 | CHOMIK Rafał | 70 | PACEMAKER | M-40 | 00:00:06 | 00:11:00 | 00:31:10 |
| 55 | MASŁOŃ Błażej | 315 | | M-50 | 00:00:07 | 00:11:02 | 00:31:10 |
| 56 | PSZCZOŁA Marcin | 403 | | M-40 | 00:00:07 | 00:11:00 | 00:31:10 |
| 57 | KWIATKOWSKI Grzegorz | 271 | | M-40 | 00:00:18 | 00:11:11 | 00:31:10 |
| 58 | STASIKOWSKI Łukasz | 463 | | M-30 | 00:00:06 | 00:11:01 | 00:31:11 |
| 59 | GRZESIKIEWICZ Mariusz | 157 | | M-40 | 00:00:07 | 00:11:03 | 00:31:11 |
| 60 | BUJAK Marcin | 57 | | M-40 | 00:00:08 | 00:11:01 | 00:31:11 |
| 61 | WRĘCZYCKI Ireneusz | 571 | | M-50 | 00:00:09 | 00:11:00 | 00:31:11 |
| 62 | GRZYB Dariusz | 158 | | M-50 | 00:00:07 | 00:11:01 | 00:31:12 |
| 63 | STĄPOR Sławomir | 465 | TAURON | M-40 | 00:00:05 | 00:11:05 | 00:31:13 |
| 64 | ŁOZIŃSKI Wojciech | 287 | PARKRUN CHRZANÓW | M-20 | 00:00:07 | 00:11:01 | 00:31:13 |
| 65 | KAMIŃSKI Jacek | 204 | ROMET FACTORY TEAM | M-40 | 00:00:06 | 00:11:02 | 00:31:14 |
| 66 | HOFFMANN Nikodem | 167 | | M-30 | 00:00:26 | 00:11:20 | 00:31:14 |
| 67 | GARUS Bartłomiej | 124 | YNO 1 | M-30 | 00:00:14 | 00:11:14 | 00:31:16 |
| 68 | PYKA Marek | 639 | CHOP ZE ŻELAZA TRI TEAM | M-40 | 00:00:06 | 00:11:01 | 00:31:18 |
| 69 | KORZUSZNIK Wojciech | 241 | LUXTORPEDA CZERWIONKA | M-30 | 00:00:06 | 00:11:03 | 00:31:18 |
| 70 | TEKLA Krzysztof | 484 | | M-30 | 00:00:10 | 00:11:07 | 00:31:23 |
| 71 | WYLEŻAŁEK Alina | 528 | | K-30 | 00:00:10 | 00:11:19 | 00:31:24 |
| 72 | DZIDA Dominik | 101 | | M-20 | 00:00:15 | 00:11:05 | 00:31:24 |
| 73 | SITEK Krzysztof | 439 | | M-40 | 00:00:09 | 00:11:14 | 00:31:26 |
| 74 | FRANKIEWICZ Artur | 111 | | M-30 | 00:00:08 | 00:11:01 | 00:31:27 |
| 75 | MAJEK Krzysztof | 299 | AUGUSTEAM | M-50 | 00:00:08 | 00:11:09 | 00:31:31 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|-----------------------|-------|---|-----------|-------------|----------|----------|
| 76 | WYMYSŁO Andrzej | 529 | RADA MIASTA | M-60 | 00:00:04 | 00:11:14 | 00:31:34 |
| 77 | WACŁAWSKI Jacek | 640 | | M-40 | 00:00:14 | 00:11:07 | 00:31:34 |
| 78 | KONIECZNA Anna | 236 | | K-20 | 00:00:08 | 00:11:04 | 00:31:37 |
| 79 | GUZY Andrzej | 579 | | M-60 | 00:00:04 | 00:11:03 | 00:31:40 |
| 80 | JAWOREK Adam | 189 | | M-30 | 00:00:06 | 00:11:00 | 00:31:41 |
| 81 | PUC Paweł | 404 | TRUCHTACZE GZICHÓW | M-40 | 00:00:16 | 00:11:12 | 00:31:53 |
| 82 | KAWELCZYK Robert | 219 | | M-50 | 00:00:11 | 00:11:27 | 00:31:56 |
| 83 | JAWOREK Jacek | 190 | SPRYTNA BANIA SPONTAN TEAM // JBC365 | M-30 | 00:00:13 | 00:11:24 | 00:31:56 |
| 84 | LEPIARCZYK Sławomir | 280 | | M-30 | 00:00:13 | 00:11:28 | 00:32:00 |
| 85 | BEDNAREK Martin | 21 | STARY HANGAR | M-20 | 00:00:03 | 00:10:34 | 00:32:01 |
| 86 | SPYRA Kamil | 459 | SPYROWKA | M-30 | 00:00:14 | 00:11:16 | 00:32:02 |
| 87 | GORCZYCKI Arkadiusz | 142 | MIECHOWICKA GRUPA BIEGOWA/RESHAPE RUNNERS | M-30 | 00:00:08 | 00:11:18 | 00:32:04 |
| 88 | WIERZCHOWSKI Jędrzej | 511 | | M-30 | 00:00:09 | 00:11:21 | 00:32:05 |
| 89 | HOLONA Maciej | 647 | FORMA WODZISŁAW | M-50 | 00:00:14 | 00:11:27 | 00:32:11 |
| 90 | JASICKI Krzysztof | 186 | RUNHOGS TYCHY | M-40 | 00:00:07 | 00:11:00 | 00:32:19 |
| 91 | GĄSZCZAK Michał | 127 | RUNHOGS TYCHY | M-30 | 00:00:07 | 00:11:01 | 00:32:19 |
| 92 | ZALEWSKI Wojciech | 534 | | M-40 | 00:00:25 | 00:11:38 | 00:32:21 |
| 93 | CZAJKOWSKI Paweł | 82 | WIKI&MAKS | M-40 | 00:00:10 | 00:11:37 | 00:32:26 |
| 94 | STRAMA Adam | 467 | | M-40 | 00:00:12 | 00:11:29 | 00:32:29 |
| 95 | SZYMAŃSKI Piotr | 479 | | M-40 | 00:00:09 | 00:11:30 | 00:32:31 |
| 96 | MADEJSKI Sylwester | 297 | | M-40 | 00:00:11 | 00:11:33 | 00:32:44 |
| 97 | BIELA Grzegorz | 31 | NIGHT RUNNERS PYSKOWICE | M-30 | 00:00:07 | 00:11:26 | 00:32:50 |
| 98 | RATAJCZAK Aleksander | 407 | LECYMY DURS | M-50 | 00:00:12 | 00:11:40 | 00:32:55 |
| 99 | BARAŃSKI Rafał | 12 | | M-40 | 00:00:13 | 00:11:39 | 00:32:55 |
| 100 | NIKODON Paweł | 349 | NIKODON DREAM TEAM | M-40 | 00:00:12 | 00:11:41 | 00:32:56 |
| 101 | LONKA Michał | 574 | | M-40 | 00:00:07 | 00:11:44 | 00:32:59 |
| 102 | CZYŻ Wojciech | 89 | | M-40 | 00:00:17 | 00:11:41 | 00:33:00 |
| 103 | CIEŚLAK Jacek | 74 | | M-40 | 00:00:15 | 00:12:04 | 00:33:03 |
| 104 | MIECZNIKOWSKI Jacek | 329 | | M-40 | 00:00:09 | 00:11:38 | 00:33:07 |
| 105 | SIEJA Zbyszek | 434 | LECYMY DURŚ | M-50 | 00:00:16 | 00:11:54 | 00:33:10 |
| 106 | SZEWCZYK Urszula | 474 | GREEN BELT RUNNER TEAM | K-40 | 00:00:11 | 00:11:34 | 00:33:18 |
| 107 | MIRATYŃSKI Adam | 627 | | M-40 | 00:00:23 | 00:12:18 | 00:33:18 |
| 108 | CHOJNA Zygmunt | 69 | SOCIOS SILESIA | M-60 | 00:00:11 | 00:11:32 | 00:33:23 |
| 109 | NOGA Jacek | 643 | | M-40 | 00:00:15 | 00:11:47 | 00:33:24 |
| 110 | SKLORZ Marcin | 442 | | M-20 | 00:00:18 | 00:11:50 | 00:33:24 |
| 111 | NIŻNIKIEWICZ Grzegorz | 352 | | M-40 | 00:00:18 | 00:11:50 | 00:33:25 |
| 112 | MEOSI Alessandro | 321 | MONAR GRACZE | M-20 | 00:00:21 | 00:12:30 | 00:33:26 |
| 113 | WARDZYK Damian | 502 | ZŁOTA MARKA | M-20 | 00:00:23 | 00:12:30 | 00:33:32 |
| 114 | HYRKIEL Paweł | 172 | IL GATTO RAMPANTE | M-40 | 00:00:11 | 00:11:46 | 00:33:33 |
| 115 | MYNARSKI Sylwester | 601 | DALEKO JESZCZE? | M-40 | 00:01:23 | 00:12:35 | 00:33:37 |
| 116 | BINIENDA Agnieszka | 32 | KOBIETY WATAHY | K-40 | 00:00:25 | 00:11:56 | 00:33:41 |
| 117 | DREWNIAK Marcin | 638 | | M-20 | 00:00:22 | 00:11:55 | 00:33:42 |
| 118 | SZOŁTYSEK Adrian | 556 | | M-30 | 00:00:20 | 00:11:45 | 00:33:44 |
| 119 | TABIŚ Bartosz | 611 | | M-30 | 00:00:20 | 00:11:47 | 00:33:46 |
| 120 | MARCINIAK Rafał | 308 | 8A.PL | M-30 | 00:00:39 | 00:12:16 | 00:33:46 |
| 121 | DUDA Jacek | 97 | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | M-50 | 00:00:16 | 00:11:50 | 00:33:48 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|------------------------------|------------|---------------------------------------|-----------|-------------|----------|----------|
| 122 | MEKIER Bartek | 591 | | M-30 | 00:00:25 | 00:12:11 | 00:33:48 |
| 123 | ZAKRZOWSKI Krzysztof | 532 | | M-30 | 00:00:16 | 00:11:49 | 00:33:50 |
| 124 | WOJTUKIEWICZ Artur | 518 | DHL RUN CLUB | M-40 | 00:00:35 | 00:11:58 | 00:33:50 |
| 125 | HYRA Robert | 171 | ZALEW BLACHOWNIA | M-50 | 00:00:14 | 00:11:52 | 00:33:51 |
| 126 | KRUK Grzegorz | 561 | PRESS GLASS BIEGAMY I WSPIERAMY | M-50 | 00:00:14 | 00:11:52 | 00:33:51 |
| 127 | MACHOWSKI Dariusz | 291 | | M-50 | 00:00:10 | 00:11:54 | 00:33:52 |
| 128 | MARKOWSKI Przemysław | 311 | PACEMAKER / SZLABANOWCY RUNNING TEAM | M-30 | 00:00:10 | 00:11:54 | 00:33:53 |
| 129 | MEDES Marcin | 319 | | M-30 | 00:00:12 | 00:12:11 | 00:33:53 |
| 130 | LECHOCKA Patrycja | 278 | INŻYNIERIA BIEGANIA/ EKO-OKNA RUNNERS | K-30 | 00:00:13 | 00:11:56 | 00:33:53 |
| 131 | WILK Dawid | 514 | PACEMAKER | M-30 | 00:00:09 | 00:11:54 | 00:33:54 |
| 132 | CZAJKA Tomasz | 80 | | M-40 | 00:00:10 | 00:11:55 | 00:33:54 |
| 133 | MACHURA Arkadiusz | 292 | | M-40 | 00:00:10 | 00:11:56 | 00:33:54 |
| 134 | SZCZEPANEK Łukasz | 473 | | M-20 | 00:00:15 | 00:12:09 | 00:33:54 |
| 135 | WILK Piotr | 645 | | M-40 | 00:00:08 | 00:11:57 | 00:33:55 |
| 136 | WILK Mirosław | 515 | | M-40 | 00:00:22 | 00:12:16 | 00:33:55 |
| 137 | JAGIEŁA Michał | 177 | | M-30 | 00:00:45 | 00:12:11 | 00:33:56 |
| 138 | GRZELCZAK Sławek | 156 | | M-40 | 00:00:11 | 00:11:54 | 00:34:00 |
| 139 | MARCZAK Krzysztof | 570 | | M-50 | 00:00:13 | 00:12:11 | 00:34:00 |
| 140 | PAWLACZYK Lesław | 380 | SII RUNNING TEAM | M-40 | 00:00:26 | 00:12:28 | 00:34:00 |
| 141 | KAWA Mariusz | 217 | | M-40 | 00:00:11 | 00:11:55 | 00:34:03 |
| 142 | STAŃCZYK Przemek | 462 | | M-30 | 00:00:09 | 00:12:03 | 00:34:04 |
| 143 | GALL Kacper | 119 | | M-20 | 00:00:11 | 00:11:55 | 00:34:04 |
| 144 | ODOSZEWSKI Roman | 363 | OASIS SORT TEAM | M-40 | 00:00:14 | 00:11:55 | 00:34:06 |
| 145 | UJMA Michał | 494 | SII RUNNING TEAM | M-30 | 00:00:00 | 00:12:17 | 00:34:09 |
| 146 | RAWŁUSZEWICZ Waldemar | 408 | | M-50 | 00:00:21 | 00:12:16 | 00:34:10 |
| 147 | ADAMCZYK Daniel | 2 | NIGHT RUNNERS PYSKOWICE | M-20 | 00:00:26 | 00:12:10 | 00:34:13 |
| 148 | STANISZ Marcin | 460 | NIGHT RUNNERS PYSKOWICE | M-30 | 00:00:26 | 00:12:10 | 00:34:14 |
| 149 | NOWAKOWSKI Arek | 358 | | M-30 | 00:00:20 | 00:12:24 | 00:34:17 |
| 150 | ŻMIJEWSKI Dariusz | 551 | | M-50 | 00:00:43 | 00:12:20 | 00:34:18 |
| 151 | GIESE Michał | 132 | | M-40 | 00:00:12 | 00:12:10 | 00:34:21 |
| 152 | NITARSKI Patryk | 350 | | M-40 | 00:00:12 | 00:12:11 | 00:34:21 |
| 153 | ZAJĄC Mateusz | 531 | | M-40 | 00:00:20 | 00:12:18 | 00:34:21 |
| 154 | RÓŻAŃSKI Michał | 413 | | M-30 | 00:00:18 | 00:12:18 | 00:34:22 |
| 155 | CZAJKA Roman | 79 | | M-40 | 00:00:13 | 00:12:02 | 00:34:23 |
| 156 | ŻAAK Michał | 549 | | M-30 | 00:00:12 | 00:12:04 | 00:34:26 |
| 157 | KRZANOWSKI Marcin | 257 | OASIS SPORT TEAM | M-30 | 00:00:20 | 00:12:17 | 00:34:26 |
| 158 | MERES Jarek | 323 | | M-40 | 00:00:14 | 00:12:14 | 00:34:33 |
| 159 | MACYSZYN Waldemar | 293 | GLIWICE | M-50 | 00:00:15 | 00:12:16 | 00:34:35 |
| 160 | SCHAB Bartłomiej | 430 | | M-30 | 00:00:00 | 00:12:55 | 00:34:37 |
| 161 | KOWOLIK Łukasz | 247 | TAURON TEAM | M-30 | 00:00:20 | 00:12:26 | 00:34:37 |
| 162 | TOCZYDŁOWSKI Łukasz | 486 | ROZBIEGANA LIGOTA | M-40 | 00:01:10 | 00:13:07 | 00:34:37 |
| 163 | NAWROCKI Paweł | 344 | | M-50 | 00:00:16 | 00:12:15 | 00:34:41 |
| 164 | NAJWER Tomasz | 613 | | M-40 | 00:00:18 | 00:12:14 | 00:34:41 |
| 165 | BROJA Rafał | 47 | | M-30 | 00:00:06 | 00:10:49 | 00:34:47 |
| 166 | PIKUŁA Jacek | 386 | BIEGNĘ BYLE DOBIEC | M-40 | 00:01:13 | 00:13:22 | 00:34:47 |
| 167 | BOHM Mariusz | 40 | | M-50 | 00:00:22 | 00:12:30 | 00:34:50 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|----------------------------|------------|---------------------------------------|-----------|-------------|----------|----------|
| 168 | BABIUCH Karol | 6 | | M-30 | 00:00:23 | 00:12:16 | 00:34:51 |
| 169 | POWROŻNA Mariola | 397 | NIGHT RUNNERS ŚLĄSK | K-40 | 00:00:20 | 00:12:32 | 00:34:52 |
| 170 | KOŚCIELNY Sebastian | 242 | WATAHA | M-40 | 00:00:29 | 00:12:39 | 00:34:59 |
| 171 | PŁONKA Krzysztof | 392 | DKMS JASTRZĘBIE | M-50 | 00:00:21 | 00:12:30 | 00:35:02 |
| 172 | CIEŚLIK Jarosław | 75 | | M-30 | 00:00:28 | 00:12:19 | 00:35:02 |
| 173 | KOWALCZYK Jordan | 245 | | M-30 | 00:00:28 | 00:12:39 | 00:35:04 |
| 174 | KURCZEK Tomasz | 265 | RUN FOREST RIUM! | M-40 | 00:00:16 | 00:12:34 | 00:35:06 |
| 175 | MICHALAK Wojciech | 576 | KTW TEAM | M-30 | 00:00:23 | 00:12:33 | 00:35:06 |
| 176 | KOMÓR Kinga | 235 | | K-20 | 00:00:27 | 00:12:25 | 00:35:08 |
| 177 | JANOWSKA Karolina | 183 | KB ORLY Z KNUROW | K-20 | 00:00:33 | 00:12:19 | 00:35:08 |
| 178 | KUBIŚ Mateusz | 261 | JÓZEFINKA | M-20 | 00:00:16 | 00:12:18 | 00:35:10 |
| 179 | SARNECKI Adam | 429 | | M-30 | 00:00:26 | 00:12:27 | 00:35:10 |
| 180 | TYSZKIEWICZ Cuma | 492 | | M-40 | 00:00:19 | 00:12:31 | 00:35:12 |
| 181 | GAJDA Patryk | 116 | | M-20 | 00:00:20 | 00:12:29 | 00:35:13 |
| 182 | KIDA Marek | 221 | | M-30 | 00:00:20 | 00:12:30 | 00:35:13 |
| 183 | NOREK-CISZAK Beata | 353 | LAKE RUNNERS TYCHY | K-40 | 00:00:19 | 00:12:37 | 00:35:14 |
| 184 | BRODAKCI Paweł | 45 | | M-30 | 00:00:19 | 00:12:32 | 00:35:14 |
| 185 | KUŻMA Andrzej | 269 | TEAM ARTIVENT | M-20 | 00:00:22 | 00:12:29 | 00:35:14 |
| 186 | SKOTNICKI Paweł | 447 | | M-30 | 00:00:17 | 00:12:24 | 00:35:15 |
| 187 | ŁATKA Łukasz | 285 | PACEMAKER | M-30 | 00:00:17 | 00:12:32 | 00:35:15 |
| 188 | RUSAKOWICZ Sylwia | 415 | GARAGEGYM KRAPKOWICE | K-40 | 00:00:19 | 00:12:33 | 00:35:15 |
| 189 | NOWACKI Wojciech | 354 | PACEMAKER // WOJTAS BIEGACZ STOPOWICZ | M-30 | 00:00:17 | 00:12:33 | 00:35:16 |
| 190 | KANIA Michał | 208 | | M-40 | 00:00:18 | 00:12:32 | 00:35:16 |
| 191 | BUŁAWA Grzegorz | 60 | GB-ARCH | M-40 | 00:00:18 | 00:12:31 | 00:35:16 |
| 192 | BOBROWSKA Małgosia | 602 | ROZWADZA PŁYWANIE | K-40 | 00:00:19 | 00:12:32 | 00:35:16 |
| 193 | WOŁOWSKI Lech | 633 | | M-40 | 00:00:17 | 00:12:34 | 00:35:17 |
| 194 | MAZUR Kamil | 567 | PKO BANK POLSKI | M-30 | 00:00:18 | 00:12:33 | 00:35:17 |
| 195 | SALAMON Emil | 426 | OPEL ACTIVE TEAM | M-30 | 00:00:14 | 00:12:36 | 00:35:18 |
| 196 | WIETRZYCKI Mariusz | 512 | | M-30 | 00:00:24 | 00:13:03 | 00:35:19 |
| 197 | SZKLORZ Sylwester | 581 | ROZBIEGANA LIGOTA | M-50 | 00:01:11 | 00:13:16 | 00:35:20 |
| 198 | PIZNAL Kamil | 391 | | M-30 | 00:00:36 | 00:12:34 | 00:35:21 |
| 199 | BUJAK Magdalena | 58 | NIGHT RUNNERS PYSKOWICE / KP LABS | K-30 | 00:00:29 | 00:12:57 | 00:35:23 |
| 200 | ORDOŃ Bartłomiej | 367 | | M-30 | 00:00:17 | 00:12:33 | 00:35:28 |
| 201 | DZWINCZYK Zbigniew | 103 | | M-40 | 00:00:20 | 00:13:04 | 00:35:31 |
| 202 | GROCHOT Arkadiusz | 150 | | M-20 | 00:00:24 | 00:12:29 | 00:35:32 |
| 203 | BIELAK Michał | 566 | PKO BANK POLSKI | M-30 | 00:00:38 | 00:12:47 | 00:35:32 |
| 204 | RYCHLIK Sebastian | 417 | LISY PUSTYNI | M-40 | 00:00:11 | 00:12:24 | 00:35:33 |
| 205 | NIESZWIC Terencjusz | 348 | | M-20 | 00:00:29 | 00:12:52 | 00:35:33 |
| 206 | SPIECHOWICZ Andrzej | 457 | KMP ZABRZE | M-30 | 00:00:30 | 00:12:37 | 00:35:33 |
| 207 | BRODEK Andrzej | 46 | CERTUM | M-50 | 00:00:31 | 00:12:53 | 00:35:33 |
| 208 | DABROWSKI Bartosz | 90 | | M-30 | 00:00:58 | 00:13:07 | 00:35:34 |
| 209 | MAZUR Grzegorz | 318 | | M-50 | 00:00:25 | 00:12:47 | 00:35:35 |
| 210 | RÓWNICKI Marcin | 412 | #BYLEDOMETRY | M-30 | 00:00:23 | 00:12:35 | 00:35:36 |
| 211 | KŁYSZ Bartek | 231 | SEGIECKI NINJA | M-30 | 00:01:04 | 00:13:10 | 00:35:36 |
| 212 | DZIABOR Andrzej | 100 | #BYLEDOMETRY | M-40 | 00:00:27 | 00:12:52 | 00:35:38 |
| 213 | TISZBIEREK Marek | 485 | | M-40 | 00:00:20 | 00:12:38 | 00:35:39 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|----------------------|-------|---|-----------|-------------|----------|----------|
| 214 | JANECZEK Marek | 179 | | M-40 | 00:00:18 | 00:12:48 | 00:35:40 |
| 215 | SACHNIK Marek | 425 | DYNAMIK SILESIA | M-20 | 00:00:24 | 00:12:41 | 00:35:40 |
| 216 | DZIWAK Dariusz | 102 | TIMOTHY | M-30 | 00:00:27 | 00:12:39 | 00:35:40 |
| 217 | SALASOWICZ Jerzy | 427 | BIEGAM Z ENDO | M-60 | 00:00:16 | 00:12:49 | 00:35:42 |
| 218 | GAWLIK Tomasz | 126 | | M-40 | 00:00:36 | 00:12:57 | 00:35:43 |
| 219 | SIDORSKI Robert | 433 | OPEL ACTIVE TEAM | M-40 | 00:00:17 | 00:12:46 | 00:35:49 |
| 220 | MOSZ Tomasz | 338 | W POGONI ZA DUCHEM | M-40 | 00:00:23 | 00:12:55 | 00:35:51 |
| 221 | SKOCZEK Michał | 573 | HARD BOX OTWOCK | M-30 | 00:00:36 | 00:13:18 | 00:35:52 |
| 222 | IWASZKOWSKI Dawid | 175 | | M-30 | 00:00:27 | 00:13:18 | 00:35:55 |
| 223 | KLAPETEK Jacek | 227 | HURAGAN LIGOTA | M-50 | 00:00:00 | 00:13:15 | 00:35:58 |
| 224 | PRENZENA Paweł | 398 | | M-30 | 00:00:19 | 00:12:35 | 00:35:58 |
| 225 | JAROS Marcin | 184 | OPP KATOWICE | M-30 | 00:00:29 | 00:13:47 | 00:35:58 |
| 226 | MICHALSKI Łukasz | 327 | | M-30 | 00:00:24 | 00:12:53 | 00:36:00 |
| 227 | WÓJCIK Rafał | 525 | | M-40 | 00:00:20 | 00:12:52 | 00:36:01 |
| 228 | BERGER Jurek | 25 | | M-50 | 00:00:07 | 00:12:40 | 00:36:03 |
| 229 | CHLISTAŁA Jarosław | 68 | RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM | M-30 | 00:00:21 | 00:12:56 | 00:36:04 |
| 230 | KRAJEWSKI Radosław | 251 | | M-30 | 00:00:21 | 00:12:57 | 00:36:04 |
| 231 | BEDNARZ Krzysztof | 22 | | M-30 | 00:00:19 | 00:12:35 | 00:36:05 |
| 232 | ŁOZIŃSKI Jerzy | 288 | PARKRUN CHRZANÓW | M-40 | 00:00:25 | 00:12:51 | 00:36:06 |
| 233 | JANIKOWSKI Michał | 181 | | M-40 | 00:00:40 | 00:12:55 | 00:36:08 |
| 234 | SZCZABEL Krystian | 472 | | M-30 | 00:00:12 | 00:11:53 | 00:36:09 |
| 235 | PANZ Krzysztof | 623 | | M-30 | 00:00:20 | 00:12:35 | 00:36:09 |
| 236 | PISZCZ Marek | 390 | OPEL ACTIVE TEAM | M-40 | 00:00:17 | 00:12:47 | 00:36:10 |
| 237 | GRONDYS Andrzej | 152 | ZATYRANI GMINA PILCHOWICE | M-40 | 00:00:22 | 00:12:45 | 00:36:10 |
| 238 | NOWALIŃSKI Grzegorz | 360 | HOLBOX RUNNERS | M-30 | 00:00:25 | 00:12:57 | 00:36:12 |
| 239 | URBASIK Mariusz | 497 | AKTYWNI RYDUŁTOWY | M-50 | 00:00:20 | 00:12:41 | 00:36:13 |
| 240 | DALGIEWICZ Dariusz | 91 | | M-60 | 00:00:35 | 00:13:04 | 00:36:20 |
| 241 | NOWAKOWSKI Dominik | 359 | | M-20 | 00:00:39 | 00:13:00 | 00:36:26 |
| 242 | ZARZYCKI Robert | 537 | | M-30 | 00:00:47 | 00:12:46 | 00:36:35 |
| 243 | KULCZYK Adam | 264 | SG SQUAD | M-40 | 00:00:37 | 00:13:18 | 00:36:41 |
| 244 | PIKOŃ Krzysztof | 644 | JAISALMER | M-50 | 00:00:21 | 00:12:39 | 00:36:42 |
| 245 | MAJEWSKI Antoni | 300 | | M-20 | 00:00:15 | 00:12:49 | 00:36:48 |
| 246 | KOPEL Tomasz | 562 | | M-40 | 00:00:46 | 00:13:38 | 00:36:53 |
| 247 | KANDEFER Michał | 207 | | M-30 | 00:00:27 | 00:13:09 | 00:36:54 |
| 248 | KĘDZIORA Łukasz | 220 | NIEZRZESZONY | M-40 | 00:00:46 | 00:13:38 | 00:36:54 |
| 249 | OLEŚ-ZDECHLIK Beata | 365 | | K-30 | 00:00:24 | 00:13:11 | 00:36:55 |
| 250 | RAKOWSKI Michał | 406 | | M-20 | 00:00:32 | 00:13:16 | 00:36:55 |
| 251 | OZYP Mariusz | 372 | | M-30 | 00:00:05 | 00:13:10 | 00:36:58 |
| 252 | ŻABICKI Mariusz | 550 | X-REHAB GLIWICKIE CENTRUM REHABILITACJI | M-40 | 00:00:23 | 00:12:58 | 00:36:59 |
| 253 | ZALESKI Arkadiusz | 533 | | M-50 | 00:00:29 | 00:13:00 | 00:37:01 |
| 254 | PIETRZYK Aleksandra | 384 | LAKE RUNNERS TYCHY | K-40 | 00:00:32 | 00:13:19 | 00:37:11 |
| 255 | WAWRZYNIAK Mariusz | 505 | | M-40 | 00:00:33 | 00:13:59 | 00:37:13 |
| 256 | KIEŁBASA Artur | 223 | | M-40 | 00:00:33 | 00:14:00 | 00:37:13 |
| 257 | MACHEJ Marius | 290 | | M-50 | 00:00:45 | 00:13:43 | 00:37:13 |
| 258 | SZKLARSKI Przemysław | 641 | LET'S WOD | M-40 | 00:00:19 | 00:12:46 | 00:37:15 |
| 259 | PACZKA Michał | 374 | GLIWICE | M-50 | 00:01:06 | 00:13:53 | 00:37:16 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|-----------------------------|------------|-------------------------|-----------|-------------|----------|----------|
| 260 | CETERA Łukasz | 64 | #HUTATEAM | M-30 | 00:01:12 | 00:13:26 | 00:37:16 |
| 261 | MARCELA Marcin | 307 | | M-40 | 00:00:43 | 00:14:03 | 00:37:18 |
| 262 | CZAPLA Arkadiusz | 83 | FAT MAMAS SPORT | M-50 | 00:00:44 | 00:14:02 | 00:37:18 |
| 263 | STELMASZCZYK Konrad | 616 | | M-20 | 00:00:50 | 00:14:02 | 00:37:19 |
| 264 | BROZYNA Magdalena | 621 | CO JA TU ROBIE? | K-30 | 00:00:30 | 00:13:57 | 00:37:21 |
| 265 | BATKO Janusz | 17 | | M-40 | 00:00:53 | 00:13:07 | 00:37:27 |
| 266 | GOŁKOWSKI Radosław | 139 | | M-30 | 00:00:17 | 00:12:52 | 00:37:28 |
| 267 | RYŚ Dariusz | 420 | HUTATEAM | M-40 | 00:00:24 | 00:13:13 | 00:37:30 |
| 268 | SEKIENDA Grzegorz | 431 | | M-40 | 00:00:46 | 00:13:03 | 00:37:31 |
| 269 | SULKOWSKI Arkadiusz | 559 | | M-40 | 00:01:08 | 00:14:19 | 00:37:31 |
| 270 | BORYCZKA Szymon | 595 | | M-40 | 00:00:54 | 00:13:42 | 00:37:32 |
| 271 | WRÓBLEWSKA Ewa | 526 | | K-50 | 00:00:28 | 00:13:45 | 00:37:34 |
| 272 | DREWUSZEWSKI Maciej | 615 | 4M | M-40 | 00:00:23 | 00:13:17 | 00:37:36 |
| 273 | GĘBCZYŃSKI Paweł | 128 | GO4IT | M-40 | 00:00:22 | 00:13:19 | 00:37:37 |
| 274 | CIUMAN Piotr | 78 | PHD RUNNERS | M-30 | 00:00:41 | 00:13:22 | 00:37:38 |
| 275 | KASZUBSKI Andrzej | 216 | | M-40 | 00:00:22 | 00:13:26 | 00:37:40 |
| 276 | PURCZYŃSKI Jan | 405 | RYBNIK | M-50 | 00:00:35 | 00:13:40 | 00:37:40 |
| 277 | MUSIL Mike | 341 | ENDURANCE TEAM | M-50 | 00:00:22 | 00:13:24 | 00:37:43 |
| 278 | SEMIK Jakub | 432 | | M-30 | 00:00:37 | 00:13:25 | 00:37:43 |
| 279 | CIEŚLA Arkadiusz | 73 | BIEGAMY Z SERCEM | M-40 | 00:00:37 | 00:13:45 | 00:37:44 |
| 280 | KOSIŃSKI Marcin | 596 | | M-30 | 00:00:31 | 00:13:08 | 00:37:45 |
| 281 | LEWANDOWSKI Henryk | 281 | | M-40 | 00:00:38 | 00:13:06 | 00:37:45 |
| 282 | MIKOS Wojciech | 331 | | M-20 | 00:00:16 | 00:12:41 | 00:37:46 |
| 283 | KASPRZAK Martyna | 214 | GREEN BELT RUNNER TEAM | K-30 | 00:00:37 | 00:13:50 | 00:37:46 |
| 284 | KASPRZAK Michał | 213 | | M-20 | 00:00:16 | 00:12:42 | 00:37:47 |
| 285 | CABAŃSKA Dorota | 62 | | K-40 | 00:00:35 | 00:13:38 | 00:37:47 |
| 286 | PISULA Beata | 389 | | K-50 | 00:00:38 | 00:13:42 | 00:37:48 |
| 287 | BRZozowski Jan | 51 | NIE ZRZESZONY | M-60 | 00:00:24 | 00:13:22 | 00:37:49 |
| 288 | BURY Andrzej | 61 | TEAM BLACHOWNIA | M-60 | 00:00:30 | 00:13:15 | 00:37:49 |
| 289 | KLUBA Łukasz | 230 | NGB KŁOBUCK | M-30 | 00:00:31 | 00:13:22 | 00:37:49 |
| 290 | MATYSZCZAK Krzysztof | 604 | TEAM WĄSACZA | M-20 | 00:00:32 | 00:13:17 | 00:37:49 |
| 291 | KOBIERSKI Szymon | 610 | EMPI | M-40 | 00:00:30 | 00:13:17 | 00:37:50 |
| 292 | MARCINIAK Krzysztof | 310 | KS PEREŁECZKI | M-30 | 00:00:33 | 00:13:30 | 00:37:50 |
| 293 | KUBICA Gerard | 607 | | M-50 | 00:00:40 | 00:13:00 | 00:37:50 |
| 294 | DOBOSZ Krzysztof | 95 | AKMB PĘDZIWIATR GLIWICE | M-50 | 00:00:27 | 00:13:21 | 00:37:51 |
| 295 | KARWOT Piotr | 210 | TEAM REDYNA | M-30 | 00:00:30 | 00:13:20 | 00:37:52 |
| 296 | GARBACZ Damian | 122 | | M-30 | 00:00:30 | 00:13:20 | 00:37:52 |
| 297 | MICHALAK Grzegorz | 324 | TOTALNY AMATOR | M-40 | 00:00:33 | 00:13:32 | 00:37:52 |
| 298 | KACZOR Rafał | 568 | PKO BANK POLSKI | M-40 | 00:00:28 | 00:13:21 | 00:37:53 |
| 299 | FILIPCZYK Przemysław | 109 | | M-40 | 00:00:28 | 00:13:39 | 00:37:54 |
| 300 | KAMSKA Małgorzata | 206 | GAMBAZ TEAM | K-30 | 00:00:45 | 00:13:49 | 00:37:54 |
| 301 | ROSADA Zdzisław | 594 | BIEGAJ Z KS SOŚNICA | M-60 | 00:00:26 | 00:13:27 | 00:37:55 |
| 302 | ANTOSZ Wojciech | 5 | | M-30 | 00:00:22 | 00:13:23 | 00:37:56 |
| 303 | GRACH Aleksandra | 148 | | K-40 | 00:00:23 | 00:13:23 | 00:37:56 |
| 304 | GOŹDZIŃSKA Magdalena | 143 | | K-40 | 00:00:24 | 00:13:28 | 00:37:57 |
| 305 | BLASZKE Beata | 34 | PACEMAKER | K-40 | 00:00:21 | 00:13:22 | 00:37:58 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|-----------------------|-------|--|-----------|-------------|----------|----------|
| 306 | WAWRZAK Ryszard | 504 | PACEMAKER | M-40 | 00:00:21 | 00:13:27 | 00:37:58 |
| 307 | LUBICKI Wojciech | 283 | DBS | M-50 | 00:00:22 | 00:13:23 | 00:37:58 |
| 308 | NIŻNIKIEWICZ Elżbieta | 351 | | K-40 | 00:00:37 | 00:13:27 | 00:38:00 |
| 309 | MOCEK Roman | 337 | | M-60 | 00:01:11 | 00:14:06 | 00:38:01 |
| 310 | CZARDYBON Laura | 84 | | K-40 | 00:00:33 | 00:13:33 | 00:38:02 |
| 311 | CISZEWSKI Krzysztof | 77 | | M-30 | 00:00:30 | 00:13:20 | 00:38:03 |
| 312 | RYŚ Kamil | 421 | HUTATEAM | M-30 | 00:00:34 | 00:13:58 | 00:38:03 |
| 313 | RUTKOWSKI Michał | 416 | | M-30 | 00:00:24 | 00:13:29 | 00:38:04 |
| 314 | STAROSTKA Jacek | 564 | PKO BANK POLSKI BIEGAJMY RAZEM | M-40 | 00:00:30 | 00:13:46 | 00:38:04 |
| 315 | ZACHARIASZ Agnieszka | 530 | | K-30 | 00:00:14 | 00:13:28 | 00:38:05 |
| 316 | BELICA Daniel | 23 | | M-30 | 00:01:08 | 00:13:59 | 00:38:05 |
| 317 | PIĘTA Krzysztof | 385 | BIEG BIELAWA | M-60 | 00:00:35 | 00:13:32 | 00:38:10 |
| 318 | PACUŁA Piotr | 373 | AKMB PĘDZIWIATR GLIWICE/OPEL ACTIVE TEAM | M-60 | 00:00:05 | 00:13:43 | 00:38:13 |
| 319 | KOŁODZIEJCZYK Monika | 234 | JURA TEAM | K-30 | 00:00:32 | 00:13:57 | 00:38:13 |
| 320 | MICHALSKI Marek | 326 | | M-40 | 00:00:18 | 00:13:14 | 00:38:14 |
| 321 | ZAMORA Marek | 535 | | M-50 | 00:01:28 | 00:13:50 | 00:38:14 |
| 322 | KUTRZYK Przemysław | 267 | | M-40 | 00:00:35 | 00:13:35 | 00:38:16 |
| 323 | KOCUR Robert | 232 | | M-50 | 00:00:38 | 00:13:42 | 00:38:17 |
| 324 | RYSZCZYK Adam | 419 | RUN2BFREE | M-40 | 00:00:50 | 00:14:20 | 00:38:19 |
| 325 | POKRYSZKA Bartosz | 395 | | M-30 | 00:00:27 | 00:13:21 | 00:38:22 |
| 326 | GRZYBOWSKI Damian | 159 | | M-30 | 00:00:41 | 00:13:20 | 00:38:27 |
| 327 | GAŁECZKA Michał | 120 | | M-30 | 00:00:31 | 00:13:37 | 00:38:28 |
| 328 | RYZIŃSKI Wojciech | 423 | CLONMEL AC | M-40 | 00:00:36 | 00:13:50 | 00:38:29 |
| 329 | RYZIŃSKA Aneta | 422 | | K-40 | 00:00:36 | 00:13:51 | 00:38:30 |
| 330 | HRYNISZYN Mariusz | 170 | | M-30 | 00:00:36 | 00:14:26 | 00:38:39 |
| 331 | SKOP Michał | 637 | | M-50 | 00:01:15 | 00:14:54 | 00:38:39 |
| 332 | STALICA Wojciech | 569 | | M-50 | 00:00:38 | 00:13:47 | 00:38:41 |
| 333 | LEDWOŃ Aneta | 279 | | K-40 | 00:00:23 | 00:13:29 | 00:38:43 |
| 334 | MRZYGŁÓD Robert | 339 | | M-30 | 00:00:39 | 00:13:40 | 00:38:47 |
| 335 | WOLIŃSKI Piotr | 520 | JSB | M-40 | 00:00:32 | 00:13:50 | 00:38:49 |
| 336 | MIKUŁA Leszek | 333 | | M-40 | 00:00:30 | 00:13:44 | 00:38:50 |
| 337 | SMUDA Andrzej | 451 | AKMB PĘDZIWIATR GLIWICE | M-40 | 00:00:53 | 00:14:09 | 00:38:54 |
| 338 | KWIATKOWSKA Katarzyna | 270 | | K-40 | 00:00:25 | 00:13:48 | 00:38:57 |
| 339 | PALKA Dominik | 377 | | M-40 | 00:01:01 | 00:14:23 | 00:38:57 |
| 340 | MAJOR Stefan | 301 | | M-60 | 00:00:47 | 00:14:28 | 00:39:03 |
| 341 | ZBYTNIEWSKI Paweł | 541 | MORSY | M-40 | 00:00:52 | 00:14:28 | 00:39:03 |
| 342 | DOMAŃSKI Marcin | 96 | RUNNINGFISH74 | M-40 | 00:00:44 | 00:14:33 | 00:39:06 |
| 343 | GÓRECKI Janusz | 144 | | M-50 | 00:00:55 | 00:14:02 | 00:39:06 |
| 344 | CHROBASIK Monika | 71 | | K-40 | 00:00:30 | 00:13:58 | 00:39:09 |
| 345 | BELUCH Witold | 24 | | M-50 | 00:00:43 | 00:14:09 | 00:39:09 |
| 346 | NOWAK Katarzyna | 356 | | K-20 | 00:00:47 | 00:14:29 | 00:39:11 |
| 347 | JAWORSKI Jakub | 191 | | M-20 | 00:00:31 | 00:14:05 | 00:39:13 |
| 348 | GOMOLA Zbigniew | 140 | ŁAMIGNATY | M-50 | 00:00:28 | 00:14:07 | 00:39:18 |
| 349 | ŁAZARZ Grzegorz | 622 | | M-40 | 00:00:28 | 00:13:42 | 00:39:18 |
| 350 | BIAŁAS Krzysztof | 26 | ŁAMIGNATY | M-40 | 00:00:27 | 00:14:07 | 00:39:19 |
| 351 | FAŁEK Krzysztof | 106 | ŁAMIGNATY | M-40 | 00:00:27 | 00:14:08 | 00:39:19 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|----------------------------|-------|-------------------------|-----------|-------------|----------|----------|
| 352 | CADER Wojciech | 63 | LATAJĄCY KLIMZOWIEC | M-50 | 00:00:47 | 00:14:23 | 00:39:19 |
| 353 | GAJEWSKI Jacek | 117 | KURCZAK I AGATKA | M-50 | 00:00:38 | 00:14:03 | 00:39:21 |
| 354 | KULCZYK Anna | 263 | | K-30 | 00:00:36 | 00:13:57 | 00:39:22 |
| 355 | KONIORCZYK Maciej | 237 | | M-30 | 00:00:44 | 00:14:14 | 00:39:22 |
| 356 | CIOK Anna | 76 | | K-40 | 00:00:50 | 00:14:12 | 00:39:22 |
| 357 | BUCHAL Grzegorz | 52 | TRIDIVISION | M-50 | 00:00:26 | 00:14:04 | 00:39:23 |
| 358 | KRZYWICKI Jan | 260 | | M-60 | 00:00:34 | 00:14:08 | 00:39:23 |
| 359 | JOŃSKI Tomasz | 194 | | M-20 | 00:00:56 | 00:13:59 | 00:39:23 |
| 360 | STRZELCZYK Grażyna | 469 | | K-40 | 00:00:50 | 00:14:21 | 00:39:24 |
| 361 | MUSIOŁ Helena | 342 | | K-40 | 00:00:35 | 00:13:55 | 00:39:26 |
| 362 | MARCINIAK Paulina | 309 | | K-30 | 00:00:39 | 00:14:21 | 00:39:26 |
| 363 | MUSIAŁ Bożena | 340 | | K-40 | 00:00:13 | 00:14:06 | 00:39:28 |
| 364 | REWIUK-KOCUR Anna | 409 | | K-40 | 00:01:22 | 00:14:28 | 00:39:28 |
| 365 | KORDYŚ Adam | 240 | KLUB BIEGOWY SZUSZARNIA | M-30 | 00:00:12 | 00:14:08 | 00:39:29 |
| 366 | OZDARSKI Krzysztof | 371 | OPEL ACTIVE TEAM | M-50 | 00:00:12 | 00:14:07 | 00:39:29 |
| 367 | SNACHOWSKI Kamil | 452 | NEXTEER RUNNERS GLIWICE | M-30 | 00:01:18 | 00:15:05 | 00:39:29 |
| 368 | RYBACKI Marcin | 617 | | M-30 | 00:01:16 | 00:15:06 | 00:39:30 |
| 369 | GÓRECKI Ryszard | 558 | NIEZRZESZONY | M-50 | 00:00:53 | 00:14:28 | 00:39:35 |
| 370 | MALCZYK Radosław | 302 | | M-30 | 00:01:07 | 00:14:47 | 00:39:41 |
| 371 | MICHAŁOWSKI Rafał | 626 | | M-30 | 00:00:38 | 00:14:20 | 00:39:42 |
| 372 | JARUGA Damian | 185 | | M-30 | 00:00:33 | 00:14:01 | 00:39:43 |
| 373 | KISIEL Tomasz | 226 | | M-50 | 00:00:31 | 00:14:14 | 00:39:51 |
| 374 | ORLIK Jerzy | 368 | | M-60 | 00:00:52 | 00:14:17 | 00:39:51 |
| 375 | SIEKIERKA Janusz | 435 | | M-40 | 00:00:45 | 00:14:18 | 00:39:52 |
| 376 | ROWINSKA Ewa | 410 | | K-30 | 00:00:41 | 00:14:32 | 00:39:53 |
| 377 | SIEKIERKA Karolina | 436 | | K-40 | 00:00:45 | 00:14:18 | 00:39:53 |
| 378 | PATEROK Marcin | 634 | | M-40 | 00:01:04 | 00:14:56 | 00:39:53 |
| 379 | CZERNEK Marek | 87 | BIEGAJ Z TRENERAMI | M-40 | 00:00:32 | 00:14:11 | 00:39:54 |
| 380 | MAGNER Bartłomiej | 298 | BB | M-40 | 00:01:05 | 00:14:56 | 00:39:54 |
| 381 | KOC Daniel | 560 | | M-20 | 00:00:49 | 00:14:46 | 00:39:55 |
| 382 | MIKULA Wojciech | 332 | | M-30 | 00:00:15 | 00:13:54 | 00:39:56 |
| 383 | DROZD Krystian | 584 | | M-40 | 00:00:44 | 00:14:25 | 00:39:56 |
| 384 | BAK-CESARZ Damian | 19 | | M-40 | 00:00:33 | 00:14:19 | 00:39:57 |
| 385 | KREMPA Sławomir | 254 | | M-30 | 00:00:34 | 00:14:14 | 00:40:00 |
| 386 | IGNACZAK Robert | 173 | | M-40 | 00:00:41 | 00:14:19 | 00:40:00 |
| 387 | HOLECZEK Marcin | 168 | BORN TU BI LOTAC | M-40 | 00:00:42 | 00:14:09 | 00:40:00 |
| 388 | MIECZNIKOWSKA Agnieszka | 328 | | K-40 | 00:00:43 | 00:14:08 | 00:40:00 |
| 389 | PALMOWSKA Agnieszka | 378 | PHD RUNNERS | K-30 | 00:00:42 | 00:14:16 | 00:40:02 |
| 390 | JABŁOŃSKI Łukasz | 176 | | M-30 | 00:00:37 | 00:14:02 | 00:40:03 |
| 391 | RYNIO Jessica | 418 | | K-20 | 00:00:23 | 00:13:59 | 00:40:05 |
| 392 | KASPEREK Magdalena | 211 | | K-40 | 00:00:35 | 00:14:04 | 00:40:06 |
| 393 | KOZIELSKA Magdalena | 250 | | K-20 | 00:00:32 | 00:14:12 | 00:40:07 |
| 394 | KIERA Szymon | 224 | TS RUNNERS | M-40 | 00:00:40 | 00:14:30 | 00:40:09 |
| 395 | SKOREK-BILCZYŃSKA Patrycja | 446 | | K-40 | 00:00:40 | 00:14:32 | 00:40:16 |
| 396 | ŚCIBISZ Marta | 480 | TKKF SATURN CZELADZ | K-40 | 00:00:24 | 00:14:19 | 00:40:17 |
| 397 | OSIŃSKI Paweł | 370 | BIEGAJ Z TRENERAMI | M-40 | 00:00:52 | 00:14:12 | 00:40:17 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|------------------------|-------|------------------|-----------|-------------|----------|----------|
| 398 | KOCUR Aleksander | 233 | | M-40 | 00:01:31 | 00:14:22 | 00:40:17 |
| 399 | TYROL Tomasz | 491 | | M-40 | 00:00:42 | 00:14:47 | 00:40:18 |
| 400 | JĘDRZEJEWSKA Beata | 193 | MIRAZ RACE TEAM | K-40 | 00:00:24 | 00:14:07 | 00:40:19 |
| 401 | RZESZOWSKI Arkadiusz | 424 | | M-40 | 00:00:37 | 00:14:35 | 00:40:20 |
| 402 | SZYMURA Jacek | 590 | | M-40 | 00:00:44 | 00:14:28 | 00:40:23 |
| 403 | GRZEGORCZYK Wojciech | 154 | #HUTATEAM | M-40 | 00:01:12 | 00:15:18 | 00:40:23 |
| 404 | JURASZCZYK Jan | 197 | #HUTATEAM | M-30 | 00:01:11 | 00:15:18 | 00:40:24 |
| 405 | KRZYSZKOWSKA Agnieszka | 258 | | K-40 | 00:00:29 | 00:14:22 | 00:40:27 |
| 406 | JURETKO Agata | 198 | | K-20 | 00:00:50 | 00:14:25 | 00:40:27 |
| 407 | KAŁAMARZ Mariusz | 201 | | M-40 | 00:01:07 | 00:14:35 | 00:40:29 |
| 408 | SMARUJ Piotr | 450 | | M-30 | 00:01:10 | 00:14:59 | 00:40:37 |
| 409 | WÓJCIK Rafał | 523 | | M-40 | 00:00:38 | 00:14:30 | 00:40:45 |
| 410 | MATULICZ Damian | 316 | | M-40 | 00:00:41 | 00:14:34 | 00:40:45 |
| 411 | AKSAMIT Witold | 3 | BLEES | M-30 | 00:00:43 | 00:14:18 | 00:40:45 |
| 412 | BAJKACZ Krzysztof | 9 | | M-30 | 00:00:28 | 00:14:31 | 00:40:50 |
| 413 | BAJKACZ Tomasz | 8 | | M-20 | 00:00:28 | 00:14:32 | 00:40:51 |
| 414 | GABOR Robert | 115 | | M-30 | 00:00:48 | 00:14:46 | 00:40:51 |
| 415 | SIKORA Michał | 438 | | M-40 | 00:00:55 | 00:14:30 | 00:40:54 |
| 416 | JANIEC Witold | 180 | | M-50 | 00:00:46 | 00:14:52 | 00:40:58 |
| 417 | TEICHMANN Norbert | 483 | | M-60 | 00:00:58 | 00:14:59 | 00:40:58 |
| 418 | ZWIERZYŃSKI Piotr | 547 | UNATCO | M-50 | 00:00:46 | 00:14:51 | 00:40:59 |
| 419 | PODSTUFKA Szymon | 393 | | M-20 | 00:00:21 | 00:14:42 | 00:41:00 |
| 420 | ZASIEK Amadeusz | 538 | | M-30 | 00:00:33 | 00:14:34 | 00:41:04 |
| 421 | URBANEK Martin | 495 | ISTA BIEGAMY | M-30 | 00:00:40 | 00:14:17 | 00:41:05 |
| 422 | ŁOSEK Adam | 286 | | M-30 | 00:00:41 | 00:14:32 | 00:41:05 |
| 423 | TROCHIMCZYK Marcin | 489 | | M-30 | 00:00:41 | 00:14:32 | 00:41:05 |
| 424 | MAJEWSKA Gizela | 577 | NRP | K-50 | 00:00:50 | 00:14:45 | 00:41:11 |
| 425 | KROTOS Krzysztof | 255 | OQS | M-40 | 00:00:42 | 00:14:29 | 00:41:13 |
| 426 | KOSIAK Maciej | 612 | | M-40 | 00:01:02 | 00:15:04 | 00:41:13 |
| 427 | SOBIECH Sebastian | 608 | | M-20 | 00:00:40 | 00:14:53 | 00:41:14 |
| 428 | BASIAGA Anita | 609 | | K-20 | 00:00:40 | 00:14:53 | 00:41:15 |
| 429 | GRZYWACZ Sebastian | 161 | | M-40 | 00:00:43 | 00:14:53 | 00:41:15 |
| 430 | KWAPIEŃ Paweł | 588 | | M-40 | 00:00:53 | 00:15:06 | 00:41:16 |
| 431 | KWAPIEŃ Aleksander | 598 | | M-30 | 00:00:54 | 00:15:06 | 00:41:16 |
| 432 | DESZCZYŃSKI Łukasz | 94 | | M-30 | 00:00:33 | 00:14:39 | 00:41:21 |
| 433 | KAIM Rafał | 199 | | M-20 | 00:01:12 | 00:15:15 | 00:41:23 |
| 434 | WIEKIERA Adam | 624 | | M-30 | 00:00:25 | 00:14:54 | 00:41:29 |
| 435 | GAPIŃSKI Robert | 121 | | M-20 | 00:00:38 | 00:14:44 | 00:41:29 |
| 436 | GUZGAN Wojciech | 164 | | M-40 | 00:00:58 | 00:15:04 | 00:41:33 |
| 437 | WOSIAK Katarzyna | 521 | | K-30 | 00:00:18 | 00:14:45 | 00:41:34 |
| 438 | PIKUL Przemysław | 67 | | M-30 | 00:00:54 | 00:14:40 | 00:41:34 |
| 439 | JEZIOR Bartosz | 192 | | M-30 | 00:01:08 | 00:14:31 | 00:41:37 |
| 440 | MADEJSKI Sebastian | 296 | BORN TU BI LOTAĆ | M-40 | 00:00:42 | 00:14:50 | 00:41:38 |
| 441 | STRZELECKI Rafał | 470 | SOCIOS SILESIA | M-30 | 00:01:03 | 00:15:23 | 00:41:46 |
| 442 | KOPPEL Bartłomiej | 238 | | M-30 | 00:00:54 | 00:15:01 | 00:41:51 |
| 443 | WYCISK Dagmara | 527 | | K-30 | 00:00:49 | 00:14:47 | 00:41:52 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|---------------------------|-------|----------------------------------|-----------|-------------|----------|----------|
| 444 | WACHOWSKI Damian | 499 | | M-40 | 00:00:56 | 00:15:18 | 00:41:52 |
| 445 | SZYMAŃSKA Magdalena | 599 | | K-30 | 00:00:58 | 00:14:58 | 00:41:54 |
| 446 | BASZUN Michał | 15 | | M-40 | 00:00:47 | 00:14:46 | 00:41:57 |
| 447 | KUCHARCZYK Tomasz | 582 | | M-50 | 00:00:26 | 00:15:01 | 00:41:58 |
| 448 | JANUSZ Agnieszka | 583 | TAURON TEAM | K-40 | 00:00:26 | 00:15:01 | 00:41:58 |
| 449 | ZAWISZA Beata | 540 | | K-50 | 00:00:41 | 00:14:55 | 00:41:58 |
| 450 | JORDANEK Marcin | 195 | | M-30 | 00:00:49 | 00:15:02 | 00:41:58 |
| 451 | NIESPOREK Marian | 347 | LECYMY DURŚ | M-60 | 00:01:05 | 00:15:36 | 00:41:59 |
| 452 | DĄBROWSKI Marcin | 92 | TEAM KORNEL | M-40 | 00:01:07 | 00:15:38 | 00:42:00 |
| 453 | MARMURA Marek | 313 | SILESIA MARATON CLUB | M-40 | 00:00:51 | 00:15:33 | 00:42:02 |
| 454 | KOPRUCKI Łukasz | 239 | | M-30 | 00:00:52 | 00:15:06 | 00:42:02 |
| 455 | MYNARSKA Ligia | 600 | DALEKO JESZCZE? | K-40 | 00:00:52 | 00:15:24 | 00:42:05 |
| 456 | SZELAĞ Monika | 632 | | K-20 | 00:00:56 | 00:15:34 | 00:42:05 |
| 457 | ZIAJKA Kamil | 631 | | M-20 | 00:00:57 | 00:15:34 | 00:42:05 |
| 458 | PIĄTY Kamil | 381 | | M-40 | 00:00:42 | 00:14:52 | 00:42:06 |
| 459 | SAWICKA Anna | 589 | | K-20 | 00:01:01 | 00:15:31 | 00:42:06 |
| 460 | ZARYCHTA Łukasz | 536 | FAT MAMA'S SPORT KLUB | M-40 | 00:00:41 | 00:14:53 | 00:42:07 |
| 461 | CZAJKA Edward | 81 | SREBRNI BIEGACZE TARNOWSKIE GÓRY | M-50 | 00:01:05 | 00:15:37 | 00:42:07 |
| 462 | METERA Kamil | 586 | SPARTAN KNURÓW | M-30 | 00:01:01 | 00:15:33 | 00:42:08 |
| 463 | POPIEL-KRUK Aleksandra | 396 | | K-40 | 00:00:34 | 00:14:56 | 00:42:09 |
| 464 | SKUPIEŃ Iza | 449 | ALBATROSY | K-40 | 00:00:34 | 00:14:57 | 00:42:09 |
| 465 | LASKOWSKA Katarzyna | 273 | PACEMAKER | K-40 | 00:00:35 | 00:14:56 | 00:42:09 |
| 466 | PIETRZAK Marcin | 383 | | M-40 | 00:00:36 | 00:14:56 | 00:42:09 |
| 467 | KIDABIONEK Olga | 222 | | K-30 | 00:00:42 | 00:15:04 | 00:42:09 |
| 468 | BĄK Krzysztof | 18 | SILESIA MARATHON CLUB | M-40 | 00:00:42 | 00:14:39 | 00:42:09 |
| 469 | KRAJEWSKI Michał | 252 | | M-40 | 00:00:37 | 00:14:57 | 00:42:10 |
| 470 | MARKOWSKI Kamil | 312 | | M-40 | 00:00:34 | 00:14:57 | 00:42:11 |
| 471 | FEDEROWICZ Piotr | 107 | | M-50 | 00:01:07 | 00:15:06 | 00:42:11 |
| 472 | KRAŃSKA Sandra | 253 | | K-30 | 00:00:51 | 00:14:45 | 00:42:12 |
| 473 | CHAFFARI Messaoud | 66 | | M-20 | 00:00:47 | 00:15:12 | 00:42:13 |
| 474 | STRZODKA Adam | 471 | | M-30 | 00:00:50 | 00:15:23 | 00:42:13 |
| 475 | GLIŃSKI Michał | 135 | | M-30 | 00:00:50 | 00:15:22 | 00:42:13 |
| 476 | BUFNAL Krzysztof | 55 | | M-40 | 00:01:09 | 00:15:11 | 00:42:14 |
| 477 | KALINOWSKI Krzysztof | 200 | SREBRNI BIEGACZE TARNOWSKIE GÓRY | M-40 | 00:00:45 | 00:15:05 | 00:42:15 |
| 478 | WÓJCIK Józefa | 524 | GCE GLIWICE | K-50 | 00:00:51 | 00:15:03 | 00:42:15 |
| 479 | STAŃCO Jakub | 614 | | M-20 | 00:00:51 | 00:15:30 | 00:42:19 |
| 480 | BRZEZINA Arkadiusz | 50 | SREBRNI BIEGACZE TARNOWSKIE GÓRY | M-40 | 00:00:50 | 00:15:25 | 00:42:23 |
| 481 | KOWALCZYK Tomasz | 244 | AKMB PĘDZIWIATR GLIWICE | M-30 | 00:01:04 | 00:15:24 | 00:42:23 |
| 482 | GLADKOWSKA Malgorzata | 134 | | K-30 | 00:00:30 | 00:14:54 | 00:42:30 |
| 483 | MISZTAL Rafał | 336 | LOS PANTALONES ROJOS | M-50 | 00:00:46 | 00:14:59 | 00:42:31 |
| 484 | MERDA Wiktoria | 322 | | K-20 | 00:00:47 | 00:14:58 | 00:42:31 |
| 485 | MICHALSKA Bogna | 325 | | K-30 | 00:00:54 | 00:15:39 | 00:42:36 |
| 486 | BARWICKA-BŁASZCZYK Joanna | 14 | | K-40 | 00:00:39 | 00:15:10 | 00:42:40 |
| 487 | GĘBCZYŃSKI Oliwier | 129 | GO4IT | M-20 | 00:00:48 | 00:15:20 | 00:42:41 |
| 488 | ZMARZLY Wiktor | 546 | | M-40 | 00:00:42 | 00:15:12 | 00:42:46 |
| 489 | OSTROWSKI Zygmunt | 557 | | M-60 | 00:00:57 | 00:15:08 | 00:42:51 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|----------------------------|-------|-------------------------|-----------|-------------|----------|----------|
| 490 | SAPA Lucjan | 428 | | M-50 | 00:00:50 | 00:15:15 | 00:42:53 |
| 491 | SUSEL Alek | 646 | | M-30 | 00:00:02 | 00:17:09 | 00:42:55 |
| 492 | GIBAS Dawid | 130 | SOCIOS SILESIA | M-40 | 00:00:18 | 00:14:48 | 00:42:56 |
| 493 | BUGAJ Katarzyna | 56 | LAKE RUNNERS | K-40 | 00:00:47 | 00:15:36 | 00:42:56 |
| 494 | GROMADZKA Justyna | 151 | KOBIETY WATAHY | K-30 | 00:00:41 | 00:14:55 | 00:42:59 |
| 495 | DYGOŃ Małgorzata | 99 | BIEGAJ Z TRENERAMI | K-40 | 00:00:49 | 00:15:23 | 00:43:02 |
| 496 | MARYNIAK- KOLINSKI Mariola | 314 | | K-40 | 00:16:52 | 00:14:59 | 00:43:02 |
| 497 | STAWSKA Joanna | 464 | BIEGAJ Z TRENERAMI | K-50 | 00:00:48 | 00:15:23 | 00:43:04 |
| 498 | GOŁĘBIEWSKI Kazimierz | 138 | KEMPER TEAM | M-40 | 00:01:04 | 00:15:35 | 00:43:11 |
| 499 | BOBKOWSKI Maciej | 37 | NIGHT RUNNERS PYSKOWICE | M-40 | 00:00:56 | 00:15:52 | 00:43:20 |
| 500 | KILAR-HOSZOWSKA Sabina | 225 | MEDUZY | K-30 | 00:00:53 | 00:15:32 | 00:43:25 |
| 501 | MENDLA Anna | 320 | | K-30 | 00:00:44 | 00:15:12 | 00:43:26 |
| 502 | LAUBACH Anna | 276 | RAAN | M-30 | 00:01:02 | 00:15:54 | 00:43:29 |
| 503 | LAUBACH Radosław | 277 | RAAN | M-30 | 00:01:02 | 00:15:54 | 00:43:29 |
| 504 | KUZMYNSKA Kateryna | 619 | | K-30 | 00:00:24 | 00:15:11 | 00:43:31 |
| 505 | WOJDANOWSKA Małgorzata | 517 | LECYMY DURŚ | K-30 | 00:01:04 | 00:15:38 | 00:43:33 |
| 506 | BŁAUT Jerzy | 36 | IX LO | M-50 | 00:00:58 | 00:15:24 | 00:43:40 |
| 507 | MAĆKOWIAK Mirosław | 295 | NIEZRZESZONY | M-60 | 00:00:59 | 00:15:35 | 00:43:50 |
| 508 | BAJOR Agnieszka | 10 | | K-30 | 00:01:03 | 00:15:41 | 00:43:56 |
| 509 | GUŚCIORA Maciej | 163 | | M-20 | 00:00:45 | 00:14:53 | 00:43:57 |
| 510 | ZWOLIŃSKA Katarzyna | 642 | HURAGAN LIGOTA | K-40 | 00:00:48 | 00:16:46 | 00:43:57 |
| 511 | TYRKA Anna | 490 | | K-40 | 00:01:00 | 00:15:37 | 00:43:58 |
| 512 | ŻMUDA Marcin | 552 | | M-20 | 00:01:08 | 00:15:51 | 00:44:00 |
| 513 | ŻMUDA Krzysztof | 553 | | M-20 | 00:01:08 | 00:15:51 | 00:44:01 |
| 514 | GIERAS Mirosław | 131 | | M-40 | 00:00:49 | 00:15:37 | 00:44:03 |
| 515 | BIAŁASIK Monika | 27 | | K-30 | 00:01:03 | 00:15:36 | 00:44:03 |
| 516 | ONOPIUK Natalia | 366 | | K-30 | 00:01:03 | 00:15:35 | 00:44:04 |
| 517 | OGAZA Małgorzata | 364 | | K-40 | 00:01:03 | 00:15:38 | 00:44:05 |
| 518 | HEINRICH Żaneta | 165 | | K-20 | 00:01:03 | 00:15:36 | 00:44:06 |
| 519 | CIEŚLIK Jakub | 603 | | M-30 | 00:00:44 | 00:15:49 | 00:44:07 |
| 520 | SITKO Grzegorz | 441 | | M-30 | 00:00:34 | 00:15:23 | 00:44:08 |
| 521 | LINDENBERG Jarosław | 587 | | M-30 | 00:00:59 | 00:15:36 | 00:44:10 |
| 522 | ŻYGŁOWICZ Sylwia | 555 | | K-30 | 00:01:01 | 00:15:47 | 00:44:11 |
| 523 | LATA Monika | 275 | | K-40 | 00:01:02 | 00:16:22 | 00:44:11 |
| 524 | SZYMALA Piotr | 478 | | M-20 | 00:00:58 | 00:15:37 | 00:44:12 |
| 525 | SZPYRKA Tomasz | 476 | | M-30 | 00:00:57 | 00:15:46 | 00:44:14 |
| 526 | WDZIĘKOŃSKI Rafał | 506 | | M-40 | 00:00:48 | 00:15:33 | 00:44:17 |
| 527 | SEREDA Maciej | 575 | | M-20 | 00:00:53 | 00:15:48 | 00:44:17 |
| 528 | PIŁAT Jarosław | 388 | PACEMAKER | M-40 | 00:00:44 | 00:15:47 | 00:44:22 |
| 529 | ZIAJA Robert | 543 | ROBERT ALKOHOLIK | M-40 | 00:00:49 | 00:15:45 | 00:44:22 |
| 530 | BUCHAL Katarzyna | 53 | | K-50 | 00:00:27 | 00:15:44 | 00:44:23 |
| 531 | ŁATAK - SKRABUT Basia | 284 | PACEMAKER | K-40 | 00:00:43 | 00:15:49 | 00:44:23 |
| 532 | MACZUGA Bartłomiej | 294 | PACEMAKER | M-30 | 00:00:44 | 00:15:48 | 00:44:23 |
| 533 | KRZYWDA Tomasz | 259 | | M-50 | 00:00:48 | 00:15:45 | 00:44:23 |
| 534 | WHITE Ashley | 508 | KLUB BIEGACZA FARTLEK | K-40 | 00:00:59 | 00:15:42 | 00:44:23 |
| 535 | CETERA Kamila | 65 | | K-40 | 00:00:44 | 00:15:49 | 00:44:24 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|----------------------------------|------------|----------------------------------|-----------|-------------|----------|----------|
| 536 | BLAUT-KUBANEK Anna | 35 | | K-40 | 00:00:46 | 00:15:46 | 00:44:25 |
| 537 | SOBIERAJ Wojciech | 454 | VIASAT MONITORING | M-40 | 00:00:46 | 00:15:47 | 00:44:26 |
| 538 | WOŹNIAK Paweł | 522 | W POGONI ZA DUCHEM | M-40 | 00:01:06 | 00:15:51 | 00:44:27 |
| 539 | BRUDKOWSKI Tomasz | 49 | MOKA | M-30 | 00:01:00 | 00:15:38 | 00:44:28 |
| 540 | UH Kuba | 493 | | M-30 | 00:01:06 | 00:15:51 | 00:44:28 |
| 541 | WILCZEK Małgorzata | 513 | | K-30 | 00:00:51 | 00:15:57 | 00:44:30 |
| 542 | KACZKIEWICZ Damian | 630 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:59 | 00:15:36 | 00:44:30 |
| 543 | ZAWIŁA Agnieszka | 539 | | K-30 | 00:01:08 | 00:16:14 | 00:44:30 |
| 544 | MAŃKA Zofia | 305 | | K-20 | 00:01:04 | 00:15:53 | 00:44:31 |
| 545 | BRZOZOWSKA Katarzyna | 592 | | K-40 | 00:01:01 | 00:16:47 | 00:44:32 |
| 546 | KOKOT Justyna | 572 | | K-40 | 00:01:06 | 00:15:46 | 00:44:42 |
| 547 | KOZACZKA Włodzimierz | 248 | | M-40 | 00:01:02 | 00:16:09 | 00:44:47 |
| 548 | BATEJKO Beata | 16 | SPORT WSPIERAMY NAUKOWO | K-40 | 00:00:54 | 00:15:46 | 00:44:48 |
| 549 | ANTCZAK Krzysztof | 4 | | M-40 | 00:00:36 | 00:15:58 | 00:44:50 |
| 550 | LISZKA Ela | 282 | PACEMAKER | K-40 | 00:00:51 | 00:15:49 | 00:44:50 |
| 551 | WLACH Anna | 516 | PACEMAKER | K-40 | 00:00:51 | 00:15:48 | 00:44:50 |
| 552 | KLEPCZYŃSKA Sabina | 228 | | K-40 | 00:00:53 | 00:15:48 | 00:44:50 |
| 553 | SKOCZYLAS Tomasz | 444 | WOLNOBIEGACZE | M-50 | 00:00:52 | 00:15:50 | 00:44:52 |
| 554 | SKOPOWSKA Klaudia | 445 | SREBRNI BIEGACZE TARNOWSKIE GÓRY | K-50 | 00:01:03 | 00:16:04 | 00:44:55 |
| 555 | GARBACZ Asia | 123 | | K-30 | 00:00:54 | 00:15:50 | 00:45:13 |
| 556 | NIEDBALSKA Sandra | 345 | | K-30 | 00:00:52 | 00:15:50 | 00:45:25 |
| 557 | NOWAK Sebastian | 357 | MIECHOWICKA GRUPA BIEGOWA | M-40 | 00:01:05 | 00:16:30 | 00:45:25 |
| 558 | SKRZĄTEK Katarzyna | 448 | | K-20 | 00:00:52 | 00:16:02 | 00:45:28 |
| 559 | WACŁAWIK Leszek | 500 | | M-30 | 00:00:47 | 00:16:02 | 00:45:34 |
| 560 | TLON Marcin | 597 | | M-20 | 00:00:54 | 00:16:38 | 00:45:34 |
| 561 | LATA Piotr | 274 | | M-40 | 00:01:02 | 00:16:22 | 00:45:41 |
| 562 | SZEWCZYK Zbigniew | 475 | | M-30 | 00:00:57 | 00:16:03 | 00:45:58 |
| 563 | WACŁAWEK Tomek | 399 | TEAM TOMSON | M-20 | 00:00:27 | 00:15:52 | 00:46:01 |
| 564 | BEDNAREK Krzysztof | 20 | | M-30 | 00:00:59 | 00:16:25 | 00:46:14 |
| 565 | WOLIŃSKI Józef | 519 | | M-50 | 00:00:55 | 00:16:43 | 00:46:21 |
| 566 | FRUK Natalia | 113 | | K-30 | 00:00:47 | 00:16:19 | 00:46:24 |
| 567 | FRUK Kamil | 585 | | M-30 | 00:00:47 | 00:16:19 | 00:46:25 |
| 568 | HEINE Andrzej | 565 | PKO BANK POLSKI | M-40 | 00:00:13 | 00:13:05 | 00:46:37 |
| 569 | BIEGUN Krzysztof | 30 | | M-50 | 00:01:06 | 00:16:40 | 00:47:04 |
| 570 | JASIŃSKA Klaudia | 187 | AKTYWNI SUCHA GÓRA | K-40 | 00:01:10 | 00:16:48 | 00:47:24 |
| 571 | MIGDAŁ Iwona | 330 | SLOW JOGGING GLIWICE | K-40 | 00:01:00 | 00:16:36 | 00:47:30 |
| 572 | ZEMŁA Piotr | 542 | | M-50 | 00:00:58 | 00:16:23 | 00:47:36 |
| 573 | CIUK Iwona | 618 | BIEGAJ Z TRENERAMI! | K-50 | 00:00:50 | 00:16:41 | 00:47:57 |
| 574 | STANKIEWICZ Jakub | 461 | | M-20 | 00:01:09 | 00:17:22 | 00:47:57 |
| 575 | ŚWIDEREK Aleksandra | 481 | | K-30 | 00:00:55 | 00:17:28 | 00:48:44 |
| 576 | KARNIA Agnieszka | 209 | | K-30 | 00:00:55 | 00:17:28 | 00:48:44 |
| 577 | PIECHOWICZ-KUROWSKA Agata | 382 | | K-30 | 00:00:55 | 00:17:28 | 00:48:45 |
| 578 | MAŁOTA Bartłomiej | 304 | | M-30 | 00:00:34 | 00:16:47 | 00:49:07 |
| 579 | KRUKOWSKA Monika | 256 | | K-30 | 00:00:33 | 00:16:47 | 00:49:08 |
| 580 | FABRY Rafał | 104 | | M-40 | 00:01:06 | 00:16:53 | 00:49:26 |
| 581 | SITKO Dagmara | 440 | | K-30 | 00:01:13 | 00:17:24 | 00:49:48 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 2.5km | 7.2km |
|-----|--------------------------------|------------|-------------------|-----------|-------------|----------|----------|
| 582 | POGORZELSKA-KLIKS Agata | 394 | | K-40 | 00:01:08 | 00:17:28 | 00:49:53 |
| 583 | KASPEREK Ireneusz | 212 | | M-40 | 00:01:08 | 00:17:30 | 00:49:54 |
| 584 | KUZIA Bogusław | 268 | | M-50 | 00:01:02 | 00:17:28 | 00:50:06 |
| 585 | JUNGA Joanna | 629 | | K-20 | 00:01:15 | 00:17:47 | 00:50:27 |
| 586 | BRODA Zuzanna | 43 | | K-20 | 00:01:09 | 00:18:46 | 00:50:49 |
| 587 | GŁĄB Mariola | 136 | | K-30 | 00:00:57 | 00:17:46 | 00:52:47 |
| 588 | KASPRZYK Agnieszka | 215 | | K-30 | 00:00:31 | 00:17:37 | 00:52:58 |
| 589 | BRODA Hanna | 44 | #FLOWBEZBARIER | K-30 | 00:01:24 | 00:21:04 | 00:53:48 |
| 590 | WĘGIEL Kacper | 507 | KB ORŁY Z KNUROWA | M-20 | 00:01:10 | 00:18:30 | 00:54:07 |
| 591 | GÓRKA Grzegorz | 145 | | M-50 | 00:00:52 | 00:18:48 | 00:56:33 |
| 592 | WÓJCIK Tomasz | 563 | FDG SA | M-30 | 00:00:00 | 01:05:34 | 01:30:37 |
| 593 | PALAK Rafał | 375 | | M-30 | 00:01:13 | 01:21:53 | 01:54:29 |
| 594 | GAWEŁ Krzysztof | 125 | | M-50 | 00:00:00 | 01:05:12 | |
| 595 | GRABA Katarzyna | 146 | TURBORÓWKA | K-20 | 00:00:00 | 01:17:01 | |
| 596 | KAMIŃSKI Marcin | 205 | | M-20 | 00:00:00 | | |

Znaleziono 596 wynik(ów)