



# VII RAJD NORDIC WALKING NA MOUNT EVEREST- PIĘKNO NATURY

B4SPORT

**Event:** VII Bieg i Rajd Nordic Walking na Mount Everest - Piękno Natury Bytów  
**Organiser:** Klub Biegacza „GOCH” Bytów  
**Date:** 2018-04-29  
**Place:** Bytów  
**Distance:** 8.85 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Net time		Pace min/km	Pace km/h
						8.85km	Gap		
1	KUŚMIEREK Patryk	209	BŁĘKITNI DZIEMIANY	M-18	1	01:00:56.80		6:53	8.7 (100%)
2	ŚWISŁOCKI Bogdan	246	FACE NORDIC WALKING TEAM	M-50	1	01:01:55.95	+00:00:59 (1.6%)	6:59	8.6 (98.9%)
3	TRZCIŃSKI Eugeniusz	248		M-60	1	01:02:48.00	+00:01:51 (3.0%)	7:05	8.5 (97.7%)
4	KOWALCZUK Robert	265	ELITE TEAM	M-50	2	01:03:42.10	+00:02:45 (4.3%)	7:11	8.3 (95.4%)
5	PRZERWA Adrian	229	LUBELSKIE MORSY	M-18	2	01:05:20.75	+00:04:23 (6.7%)	7:22	8.1 (93.1%)
6	WOJTACHNIO Edyta	255	FACE NORDIC WALKING TEAM	K-40	1	01:05:39.10	+00:04:42 (7.2%)	7:25	8.1 (93.1%)
7	NOWAK Maciej 'Rumcajs'	221	PILSCY MIŁOŚNICY NORDIC WALKING	M-40	1	01:06:00.30	+00:05:03 (7.7%)	7:27	8 (92.0%)
8	STOPA Joanna	237	BŁĘKITNI DZIEMIANY	K-18	1	01:06:21.80	+00:05:25 (8.2%)	7:29	8 (92.0%)
9	TOMCZYK Edward	247	MARSZ PO ZDROWIE POZNAŃ	M-70+	1	01:06:57.35	+00:06:00 (9.0%)	7:33	7.9 (90.8%)
10	ZIELIŃSKA Jolanta	259	GOSIR OSIELSKO	K-50	1	01:07:11.85	+00:06:15 (9.3%)	7:35	7.9 (90.8%)
11	DOLNA Ewelina	18	KSK KOŁCZYGŁOWY	K-30	1	01:07:15.35	+00:06:18 (9.4%)	7:36	7.9 (90.8%)
12	KRĘCKA Irena	203	FACE NORDIC WALKING TEAM	K-50	2	01:07:18.40	+00:06:21 (9.4%)	7:36	7.9 (90.8%)
13	KOMAR Beata	196	FACE NORDIC WALKING TEAM	K-40	2	01:07:18.55	+00:06:21 (9.5%)	7:36	7.9 (90.8%)
14	SZYMANOWSKA Anna	243	LĘBORSKIE KIJKI	K-50	3	01:07:32.85	+00:06:36 (9.8%)	7:37	7.9 (90.8%)
15	SZYMANOWSKI Eugeniusz	244	LĘBORSKIE KIJKI	M-60	2	01:07:48.65	+00:06:51 (10.1%)	7:39	7.8 (89.7%)
16	BUCZKOWSKI Jerzy	169	KS SOKÓŁ GAŚAWA	M-60	3	01:08:21.80	+00:07:25 (10.8%)	7:43	7.8 (89.7%)
17	KLUCZAK Sławomir	194	FORMA NA PIĄTKĘ NW	M-40	2	01:08:23.80	+00:07:27 (10.9%)	7:43	7.8 (89.7%)
18	HAWRYLUK Beata	185	STOWARZYSZENIE NORDIC WALKING 'ORŁY' WICKO	K-40	3	01:08:32.65	+00:07:35 (11.1%)	7:44	7.7 (88.5%)
19	STRZELECKA Małgorzata	239	SAILING TEAM FERAJNA	K-40	4	01:08:42.05	+00:07:45 (11.3%)	7:45	7.7 (88.5%)
20	WOJCIEKIAN Stanisław	252	WATAHA	M-60	4	01:09:09.85	+00:08:13 (11.9%)	7:48	7.7 (88.5%)
21	NOWAK Bartłomiej	219	SAILING TEAM FERAJNA	M-40	3	01:09:25.45	+00:08:28 (12.2%)	7:50	7.6 (87.4%)
22	ZWOLENKIEWICZ Joanna	260	KS SOKÓŁ GAŚAWA	K-40	5	01:09:44.35	+00:08:47 (12.6%)	7:52	7.6 (87.4%)
23	GRONALEWSKI Krzysztof	184	BŁĘKITNI DZIEMIANY	M-30	1	01:09:56.45	+00:08:59 (12.9%)	7:54	7.6 (87.4%)
24	WÓJCIK Piotr	256	MORSIK WETERAN	M-50	3	01:10:05.05	+00:09:08 (13.0%)	7:55	7.6 (87.4%)
25	MOTOCZYŃSKI Krzysztof	217	GOSIR OSIELSKO	M-60	5	01:10:15.35	+00:09:18 (13.3%)	7:56	7.6 (87.4%)
26	TUR Irena	249	KLUB BIEGACZA 'GOCH' BYTÓW	K-50	4	01:10:22.90	+00:09:26 (13.4%)	7:57	7.5 (86.2%)
27	KREFFT Barbara	202		K-50	5	01:10:46.00	+00:09:49 (13.9%)	7:59	7.5 (86.2%)

Place	Participant	Number	Club	Category	MCat	Net time		Pace min/km	Pace km/h
						8.85km	Gap		
28	<b>BIALK Roman</b>	<b>166</b>		M-60	6	<b>01:11:04.00</b>	+00:10:07 (14.2%)	8:01	7.5 (86.2%)
29	<b>OSIEJA Elżbieta</b>	<b>222</b>	FORMA NA PIĄTKĘ NW	K-50	6	<b>01:11:21.95</b>	+00:10:25 (14.6%)	8:03	7.4 (85.1%)
30	<b>BARCHANOWSKI Andrzej</b>	<b>165</b>	SAMOTNY BIAŁY ŻAGIEL	M-40	4	<b>01:11:29.90</b>	+00:10:33 (14.8%)	8:04	7.4 (85.1%)
31	<b>BRACISZEWSKI Krzysztof</b>	<b>168</b>		M-30	2	<b>01:11:41.15</b>	+00:10:44 (15.0%)	8:05	7.4 (85.1%)
32	<b>LESZCZY SZYN Krystyna</b>	<b>211</b>		K-60	1	<b>01:11:49.20</b>	+00:10:52 (15.1%)	8:06	7.4 (85.1%)
33	<b>MAŁKIEWICZ Jacek</b>	<b>214</b>		M-50	4	<b>01:11:54.85</b>	+00:10:58 (15.3%)	8:07	7.4 (85.1%)
34	<b>GAWRON Piotr</b>	<b>181</b>	KLUB BIEGACZA 'GOCH' BYTÓW	M-40	5	<b>01:12:02.50</b>	+00:11:05 (15.4%)	8:08	7.4 (85.1%)
35	<b>OSIEJA Tomasz</b>	<b>223</b>	FORMA NA PIĄTKĘ NW	M-50	5	<b>01:12:44.40</b>	+00:11:47 (16.2%)	8:13	7.3 (83.9%)
36	<b>KLUCZAK Marzena</b>	<b>193</b>	FORMA NA PIĄTKĘ NW	K-40	6	<b>01:13:13.60</b>	+00:12:16 (16.8%)	8:16	7.3 (83.9%)
37	<b>NOWAK Beata</b>	<b>220</b>	SAILING TEAM FERAJNA	K-40	7	<b>01:13:14.10</b>	+00:12:17 (16.8%)	8:16	7.3 (83.9%)
38	<b>KLOSKA Kazimierz</b>	<b>192</b>		M-70+	2	<b>01:13:19.30</b>	+00:12:22 (16.9%)	8:17	7.2 (82.8%)
39	<b>NITKA Wacław</b>	<b>218</b>		M-60	7	<b>01:13:22.85</b>	+00:12:26 (16.9%)	8:17	7.2 (82.8%)
40	<b>MALKIEWICZ Małgorzata</b>	<b>264</b>	ŻYJ AKTYWNIE	K-50	7	<b>01:13:39.25</b>	+00:12:42 (17.3%)	8:19	7.2 (82.8%)
41	<b>KWAPISIEWICZ Joanna</b>	<b>210</b>	FACE NORDIC WALKING TEAM	K-40	8	<b>01:13:50.60</b>	+00:12:53 (17.5%)	8:20	7.2 (82.8%)
42	<b>KRÓL Joanna</b>	<b>204</b>	FACE NORDIC WALKING TEAM	K-40	9	<b>01:13:52.60</b>	+00:12:55 (17.5%)	8:20	7.2 (82.8%)
43	<b>CZECZOTT Anita</b>	<b>175</b>	'ORŁY WICKO'	K-50	8	<b>01:14:31.15</b>	+00:13:34 (18.2%)	8:25	7.1 (81.6%)
44	<b>STRZELECKI Sebastian 'Kaszana'</b>	<b>240</b>	SAILING TEAM FERAJNA	M-40	6	<b>01:14:41.25</b>	+00:13:44 (18.4%)	8:26	7.1 (81.6%)
45	<b>WOJEWSKA Alicja</b>	<b>254</b>		K-18	2	<b>01:14:46.00</b>	+00:13:49 (18.5%)	8:26	7.1 (81.6%)
46	<b>FISZER Justyna</b>	<b>179</b>	FACE NORDIC WALKING TEAM	K-30	2	<b>01:15:03.40</b>	+00:14:06 (18.8%)	8:28	7.1 (81.6%)
47	<b>KORONA-BRACISZEWSKA Beata</b>	<b>199</b>	KS SOKÓŁ GAŚAWA	K-18	3	<b>01:15:05.00</b>	+00:14:08 (18.8%)	8:29	7.1 (81.6%)
48	<b>SIKORRA Janina</b>	<b>233</b>	'ORŁY WICKO'	K-70+	1	<b>01:15:12.80</b>	+00:14:16 (19.0%)	8:29	7.1 (81.6%)
49	<b>WITKOWSKA Tatiana</b>	<b>263</b>		K-50	9	<b>01:15:12.85</b>	+00:14:16 (19.0%)	8:29	7.1 (81.6%)
50	<b>CIŻMOWSKA Barbara</b>	<b>262</b>		K-60	2	<b>01:15:31.10</b>	+00:14:34 (19.3%)	8:31	7 (80.5%)
51	<b>KUSIAK Włodzimierz</b>	<b>208</b>		M-60	8	<b>01:15:39.90</b>	+00:14:43 (19.5%)	8:32	7 (80.5%)
52	<b>JASIŁEK Przemysław</b>	<b>187</b>		M-40	7	<b>01:15:52.35</b>	+00:14:55 (19.7%)	8:34	7 (80.5%)
53	<b>ANGIELCZYK Małgorzata</b>	<b>161</b>	MARSZ PO ZDROWIE POZNAŃ	K-60	3	<b>01:16:10.20</b>	+00:15:13 (20.0%)	8:36	7 (80.5%)
54	<b>JASIŁEK Kama</b>	<b>188</b>		K-30	3	<b>01:16:24.25</b>	+00:15:27 (20.2%)	8:37	7 (80.5%)
55	<b>CHOLEWKA Jolanta</b>	<b>171</b>	MARSZ PO ZDROWIE POZNAŃ	K-60	4	<b>01:16:28.30</b>	+00:15:31 (20.3%)	8:38	6.9 (79.3%)
56	<b>WAKSZYŃSKI Bogdan</b>	<b>266</b>		M-60	9	<b>01:16:37.55</b>	+00:15:40 (20.5%)	8:39	6.9 (79.3%)
57	<b>POSTEK Danuta</b>	<b>227</b>	MARSZ PO ZDROWIE POZNAŃ	K-50	10	<b>01:17:04.00</b>	+00:16:07 (20.9%)	8:42	6.9 (79.3%)
58	<b>APPEL Jerzy</b>	<b>162</b>	GOSIR OSIELSKO	M-70+	3	<b>01:17:05.35</b>	+00:16:08 (20.9%)	8:42	6.9 (79.3%)
59	<b>LEWAŃCZYK Sylwia</b>	<b>212</b>	METROŻERCY	K-30	4	<b>01:17:11.50</b>	+00:16:14 (21.0%)	8:43	6.9 (79.3%)
60	<b>KOŻYKOWSKA Aniela</b>	<b>201</b>		K-50	11	<b>01:17:17.10</b>	+00:16:20 (21.1%)	8:43	6.9 (79.3%)
61	<b>BADOWSKA-STEFAŃSKA Barbara</b>	<b>164</b>		K-60	5	<b>01:18:03.40</b>	+00:17:06 (21.9%)	8:49	6.8 (78.2%)
62	<b>CIEMNA Julita</b>	<b>174</b>	KS SOKÓŁ GAŚAWA	K-30	5	<b>01:19:44.35</b>	+00:18:47 (23.6%)	9:00	6.7 (77.0%)
63	<b>BORZYSKOWSKI Franciszek</b>	<b>167</b>		M-60	10	<b>01:20:24.20</b>	+00:19:27 (24.2%)	9:05	6.6 (75.9%)
64	<b>KUBIAK Wojciech</b>	<b>206</b>	KS SOKÓŁ GAŚAWA	M-50	6	<b>01:20:28.25</b>	+00:19:31 (24.3%)	9:05	6.6 (75.9%)
65	<b>ZELEWSKA Karolina</b>	<b>258</b>		K-18	4	<b>01:20:52.85</b>	+00:19:56 (24.6%)	9:08	6.6 (75.9%)
66	<b>WOJEWSKA Natalia</b>	<b>253</b>	BIEGAMYRAZEM.PL	K-18	5	<b>01:21:09.65</b>	+00:20:12 (24.9%)	9:10	6.5 (74.7%)
67	<b>STEFAŃSKI Andrzej</b>	<b>236</b>	FACE NORDIC WALKING TEAM	M-50	7	<b>01:21:12.50</b>	+00:20:15 (25.0%)	9:10	6.5 (74.7%)
68	<b>KRYŚKIEWICZ Janina</b>	<b>205</b>		K-50	12	<b>01:21:15.30</b>	+00:20:18 (25.0%)	9:10	6.5 (74.7%)
69	<b>KONDEJ Sylwia</b>	<b>198</b>	ORŁOWO	K-40	10	<b>01:22:06.10</b>	+00:21:09 (25.8%)	9:16	6.5 (74.7%)
70	<b>KOMOROWSKA-FISZER Iwona</b>	<b>197</b>	FACE NORDIC WALKING TEAM	K-30	6	<b>01:23:26.85</b>	+00:22:30 (27.0%)	9:25	6.4 (73.6%)
71	<b>SMARUJ-SADOWSKA Janina</b>	<b>234</b>		K-60	6	<b>01:24:32.45</b>	+00:23:35 (27.9%)	9:33	6.3 (72.4%)

Place	Participant	Number	Club	Category	MCat	Net	Gap	Pace	Pace	
						time				min/km
						8.85km				
72	<b>WIADERSKI Wojciech</b>	<b>251</b>		M-60	11	<b>01:25:16.25</b>	+00:24:19 (28.5%)	9:38	6.2 (71.3%)	
73	<b>JANISZEWSKA Teresa</b>	<b>186</b>		K-60	7	<b>01:26:44.85</b>	+00:25:48 (29.7%)	9:48	6.1 (70.1%)	
74	<b>GACZKOWSKA-KSIAŹKIEWICZ Magdalena</b>	<b>180</b>	KS SOKÓŁ GAŚAWA	K-30	7	<b>01:26:54.30</b>	+00:25:57 (29.9%)	9:49	6.1 (70.1%)	
75	<b>KARALUS Paulina</b>	<b>190</b>	KS SOKÓŁ GAŚAWA	K-30	8	<b>01:26:57.05</b>	+00:26:00 (29.9%)	9:49	6.1 (70.1%)	
76	<b>OWCZAREK Henryka</b>	<b>224</b>	MARSZ PO ZDROWIE POZNAŃ	K-70+	2	<b>01:27:32.55</b>	+00:26:35 (30.4%)	9:53	6.1 (70.1%)	
77	<b>MOTOCZYŃSKA Aleksandra</b>	<b>216</b>	GOSIR OSIELSKO	K-50	13	<b>01:29:17.90</b>	+00:28:21 (31.7%)	10:05	5.9 (67.8%)	
78	<b>SAPA Dariusz</b>	<b>230</b>	BYDGOSKIE ŻÓŁWIE	M-50	8	<b>01:30:55.95</b>	+00:29:59 (33.0%)	10:16	5.8 (66.7%)	
79	<b>SAPA Stefania</b>	<b>231</b>	BYDGOSKIE ŻÓŁWIE	K-50	14	<b>01:30:56.10</b>	+00:29:59 (33.0%)	10:16	5.8 (66.7%)	
80	<b>STRZELECKA Antonina</b>	<b>238</b>	SAILING TEAM FERAJNA	K-18	6	<b>01:31:03.90</b>	+00:30:07 (33.1%)	10:17	5.8 (66.7%)	
81	<b>WIADERSKA Grażyna</b>	<b>250</b>		K-60	8	<b>01:32:43.65</b>	+00:31:46 (34.3%)	10:28	5.7 (65.5%)	
82	<b>KULCZYCKI Jan</b>	<b>207</b>		M-60	12	<b>01:35:27.55</b>	+00:34:30 (36.2%)	10:47	5.6 (64.4%)	
83	<b>MILACHOWSKA Agnieszka</b>	<b>261</b>		K-30	9	<b>01:35:39.05</b>	+00:34:42 (36.3%)	10:48	5.6 (64.4%)	
84	<b>CZECZOTT-SZYMAŃSKA Aleksandra</b>	<b>176</b>	'ORŁY WICKO'	K-50	15	<b>01:38:05.85</b>	+00:37:09 (37.9%)	11:05	5.4 (62.1%)	
85	<b>GNYBA Ewelina</b>	<b>183</b>	METROŻERCY	K-30	10	<b>01:38:37.35</b>	+00:37:40 (38.2%)	11:08	5.4 (62.1%)	
86	<b>ŚWISŁOCKA Ewa</b>	<b>245</b>	FACE NORDIC WALKING TEAM	K-50	16	<b>01:39:01.00</b>	+00:38:04 (38.4%)	11:11	5.4 (62.1%)	
87	<b>LIP Arkadiusz</b>	<b>213</b>		M-50	9	<b>01:40:21.60</b>	+00:39:24 (39.3%)	11:20	5.3 (60.9%)	
88	<b>BACZYŃSKA Sabina</b>	<b>163</b>		K-50	17	<b>01:40:21.65</b>	+00:39:24 (39.3%)	11:20	5.3 (60.9%)	
89	<b>KOŁACZ Iwona</b>	<b>195</b>	AC&AC	K-40	11	<b>01:45:49.55</b>	+00:44:52 (42.4%)	11:57	5 (57.5%)	
90	<b>CEPIŃSKA Anna</b>	<b>170</b>	POLSKA	K-40	12	<b>01:45:52.90</b>	+00:44:56 (42.4%)	11:57	5 (57.5%)	
91	<b>SIKORRA Iwona</b>	<b>232</b>	AC&AC	K-40	13	<b>01:45:53.10</b>	+00:44:56 (42.4%)	11:57	5 (57.5%)	
92	<b>GAWRON Barbara</b>	<b>182</b>	KLUB BIEGACZA 'GOCH' BYTÓW	K-30	11				(0.0%)	

Total 92 results.